## Omri Sarig

## Lecture Notes on Ergodic Theory

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If you find additional errors please let me know! O.S.

## Contents

1 Basic definitions and constructions . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1
1.1 What is ergodic theory and how it came about. . . . . . . . . . . . . . . . . . . 1
1.2 The abstract setup of ergodic theory .................................. . . . 3
1.3 The probabilistic point of view. . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 4
1.4 Ergodicity and mixing ....................................................... 5
1.5 Examples . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8
1.5.1 Circle rotations . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8
1.5.2 The angle doubling map . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 9
1.5.3 Bernoulli Schemes . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 9
1.5.4 Finite Markov Chains. . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 11
1.5.5 The geodesic flow on a hyperbolic surface . . . . . . . . . . . . . . . 17
1.6 Basic constructions . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 19
1.6.1 Skew-products . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 21
1.6.2 Factors . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 22
1.6.3 The natural extension . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 23
1.6.4 Induced transformations . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 28
1.6.5 Suspensions and Kakutani skyscrapers . . . . . . . . . . . . . . . . . . 30

Problems ........................................................................... . . . 31
References ................................................................................ . . . . 33
2 Ergodic Theorems................................................................ . . 35
2.1 The Mean Ergodic Theorem . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 35
2.2 The Pointwise Ergodic Theorem . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 37
2.3 The non-ergodic case . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 39
2.3.1 Conditional expectations and the limit in the ergodic theorem 40
2.3.2 Conditional probabilities . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 41
2.3.3 The ergodic decomposition . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 43
2.4 An Ergodic Theorem for $\mathbb{Z}^{d}$-actions . . . . . . . . . . . . . . . . . . . . . . . . . . . . 44
2.5 The Subadditive Ergodic Theorem ....................................... . . . 48
2.6 The Multiplicative Ergodic Theorem . . . . . . . . . . . . . . . . . . . . . . . . . . . 52
2.6.1 Preparations from Multilinear Algebra . . . . . . . . . . . . . . . . . . . 52
2.6.2 Proof of the Multiplicative Ergodic Theorem ..... 57
2.6.3 The Multiplicative Ergodic Theorem for Invertible Cocycles ..... 66
2.7 The Karlsson-Margulis ergodic theorem ..... 69
2.7.1 The boundary of a non-compact proper metric space ..... 69
2.7.2 An ergodic theorem for isometric actions on $\mathrm{CAT}(0)$ spaces . ..... 77
2.7.3 A geometric proof of the multiplicative ergodic theorem ..... 81
Problems ..... 84
References ..... 88
3 Spectral Theory ..... 89
3.1 The spectral approach to ergodic theory ..... 89
3.2 Weak mixing ..... 91
3.2.1 Definition and characterization ..... 91
3.2.2 Spectral measures and weak mixing ..... 92
3.3 The Koopman operator of a Bernoulli scheme ..... 95
Problems ..... 98
References ..... 102
4 Entropy ..... 103
4.1 Information content and entropy ..... 103
4.2 Properties of the entropy of a partition ..... 104
4.2.1 The entropy of $\alpha \vee \beta$ ..... 104
4.2.2 Convexity properties ..... 106
4.2.3 Information and independence ..... 106
4.3 The Metric Entropy ..... 107
4.3.1 Definition and meaning ..... 107
4.3.2 The Shannon-McMillan-Breiman Theorem ..... 109
4.3.3 Sinai's Generator theorem ..... 111
4.4 Examples ..... 113
4.4.1 Bernoulli schemes ..... 113
4.4.2 Irrational rotations ..... 114
4.4.3 Markov measures ..... 114
4.4.4 Expanding Markov Maps of the Interval ..... 115
4.5 Abramov's Formula ..... 116
4.6 Topological Entropy ..... 118
4.6.1 The Adler-Konheim-McAndrew definition ..... 118
4.6.2 Bowen's definition ..... 121
4.6.3 The variational principle ..... 122
4.7 Ruelle's inequality ..... 123
4.7.1 Preliminaries on singular values ..... 124
4.7.2 Proof of Ruelle's inequality ..... 125
Problems ..... 130
References ..... 131
A The isomorphism theorem for standard measure spaces ..... 133
A. 1 Polish spaces ..... 133
A. 2 Standard probability spaces ..... 134
A. 3 Atoms ..... 135
A. 4 The isomorphism theorem ..... 136
A The Monotone Class Theorem ..... 141
Index ..... 143

## Chapter 1

Basic definitions and constructions

### 1.1 What is ergodic theory and how it came about

Dynamical systems and ergodic theory. Ergodic theory is a part of the theory of dynamical systems. At its simplest form, a dynamical system is a function $T$ defined on a set $X$. The iterates of the map are defined by induction $T^{0}:=i d, T^{n}:=T \circ T^{n-1}$, and the aim of the theory is to describe the behavior of $T^{n}(x)$ as $n \rightarrow \infty$.

More generally one may consider the action of a semi-group of transformations, namely a family of maps $T_{g}: X \rightarrow X(g \in G)$ satisfying $T_{g_{1}} \circ T_{g_{2}}=T_{g_{1} g_{2}}$. In the particular case $G=\mathbb{R}^{+}$or $G=\mathbb{R}$ we have a family of maps $T_{t}$ such that $T_{t} \circ T_{s}=T_{t+s}$, and we speak of a semi-flow or a flow.

The original motivation was classical mechanics. There $X$ is the set of all possible states of given dynamical system (sometimes called configuration space) or phase space), and $T: X \rightarrow X$ is the law of motion which prescribes that if the system is at state $x$ now, then it will evolve to state $T(x)$ after one unit of time. The orbit $\left\{T^{n}(x)\right\}_{n \in \mathbb{Z}}$ is simply a record of the time evolution of the system, and the understanding the behavior of $T^{n}(x)$ as $n \rightarrow \infty$ is the same as understanding the behavior of the system at the far future. Flows $T_{t}$ arise when one insists on studying continuous, rather than discrete time. More complicated group actions, e.g. $\mathbb{Z}^{d}$-actions, arise in material science. There $x \in X$ codes the configuration of a $d$-dimensional lattice (e.g. a crystal), and $\left\{T_{\underline{v}}: \underline{v} \in \mathbb{Z}^{d}\right\}$ are the symmetries of the lattice.

The theory of dynamical systems splits into subfields which differ by the structure which one imposes on $X$ and $T$ :

1. Differentiable dynamics deals with actions by differentiable maps on smooth manifolds;
2. Topological dynamics deals with actions of continuous maps on topological spaces, usually compact metric spaces;
3. Ergodic theory deals with measure preserving actions of measurable maps on a measure space, usually assumed to be finite.

It may seem strange to assume so little on $X$ and $T$. The discovery that such meagre assumptions yield non trivial information is due to Poincaré, who should be considered the progenitor of the field.

Poincaré's Recurrence Theorem and the birth of ergodic theory. Imagine a box filled with gas, made of $N$ identical molecules. Classical mechanics says that if we know the positions $\underline{q}_{i}=\left(q_{i}^{1}, q_{i}^{2}, q_{i}^{3}\right)$ and momenta $\underline{p}_{i}=\left(p_{i}^{1}, p_{i}^{2}, p_{i}^{3}\right)$ of the $i$-th molecule for all $i=1, \ldots, N$, then we can determine the positions and momenta of each particle at time $t$ by solving Hamilton's equations

$$
\begin{align*}
\dot{p}_{i}^{j}(t) & =-\partial H / \partial q_{i}^{j} \\
\dot{q}_{i}^{j}(t) & =\partial H / \partial p_{i}^{j} . \tag{1.1}
\end{align*}
$$

$H=H\left(\underline{q}_{1}, \ldots, \underline{q}_{N} ; \underline{p}_{1}, \ldots, \underline{p}_{N}\right)$, the Hamiltonian, is the total energy of the system.
It is natural to call $(\underline{q}, \underline{p}):=\left(\underline{q}_{1}, \ldots, \underline{q}_{N} ; \underline{p}_{1}, \ldots, \underline{p}_{N}\right)$ the state of the system. Let $X$ denote the collection of all possible states. If we assume (as we may) that the total energy is bounded above, then for many reasonable choices of $H$ this is a open bounded subset of $\mathbb{R}^{6 N}$. Let

$$
T_{t}:(\underline{q}, \underline{p}) \mapsto(\underline{q}(t), \underline{p}(t))
$$

denote the map which gives solution of (1.1) with initial condition $(\underline{q}(0), \underline{p}(0))$. If $H$ is sufficiently regular, then (1.1) had a unique solution for all $t$ and every initial condition. The uniqueness of the solution implies that $T_{t}$ is a flow. The law of conservation of energy implies that $\underline{x} \in X \Rightarrow T_{t}(\underline{x}) \in X$ for all $t$.

Question: Suppose the system starts at a certain state $(\underline{q}(0), \underline{p}(0))$, will it eventually return to a state close to $(\underline{q}(0), \underline{p}(0))$ ?

For general $H$, the question seems intractable because (1.1) is strongly coupled system of an enormous number of equations ( $N \sim 10^{24}$ ). Poincaré's startling discovery is that the question is trivial, if viewed from the right perspective. To understand his solution, we need to recall a classical fact, known as Liouville's theorem: The Lebesgue measure $m$ on $X$ satisfies $m\left(T_{t} E\right)=m(E)$ for all $t$ and all measurable $E \subset X$ (problem 1.1).

Here is Poincaré's solution. Define $T:=T_{1}$, and observe that $T^{n}=T_{n}$. Fix $\varepsilon>0$ and consider the set $W$ of all states $\underline{x}=(\underline{q}, \underline{p})$ such that $d\left(\underline{x}, T^{n}(\underline{x})\right)>\varepsilon$ for all $n \geq 1$ (here $d$ is the Euclidean distance). Divide $W$ into finitely many disjoint pieces $W_{i}$ of diameter less than $\varepsilon$.

For each fixed $i$, the sets $T^{-n}\left(W_{i}\right)(n \geq 1)$ are pairwise disjoint: Otherwise $T^{-n}\left(W_{i}\right) \cap T^{-(n+k)}\left(W_{i}\right) \neq \varnothing$, so $W_{i} \cap T^{-k}\left(W_{i}\right) \neq \varnothing$, and there exists $\underline{x} \in W_{i} \cap$ $T^{-k}\left(W_{i}\right)$. But this leads to a contradiction:

1. $\underline{x} \in T^{-k}\left(W_{i}\right)$ implies that $T^{k}(\underline{x}) \in W_{i}$ whence $d\left(\underline{x}, T^{k} \underline{x}\right) \leq \operatorname{diam}\left(W_{i}\right)<\varepsilon$, whereas 2. $\underline{x} \in W_{i} \subset W$ implies that $d\left(\underline{x}, T^{k} \underline{x}\right)>\varepsilon$ by the definition of $W$.

So $T^{-n}\left(W_{i}\right)(n \geq 1)$ are pairwise disjoint.

Since $\left\{T^{-n} W_{i}\right\}_{n \geq 1}$ are pairwise disjoint, $m(X) \geq \sum_{k \geq 1} m\left(T^{-k} W_{i}\right)$. But $T^{-k}\left(W_{i}\right)$ all have the same measure (Liouville theorem), and $m(X)<\infty$, so we must have $m\left(W_{i}\right)=0$. Summing over $i$ we get that $m(W)=0$. In summary, a.e. $\underline{x}$ has the property that $d\left(T^{n}(\underline{x}), \underline{x}\right)<\varepsilon$ for some $n \geq 1$. Considering the countable collection $\varepsilon=1 / n$, we obtain the following result:

Poincarés Recurrence Theorem: For almost every $\underline{x}=(\underline{q}(0), \underline{p}(0))$, if the system is at state $\underline{x}$ at time zero, then it will return arbitrarily close to this state infinitely many times in the arbitrarily far future.

Poincaré's Recurrence Theorem is a tour de force, because it turns a problem which looks intractable to a triviality by simply looking at it from a different angle. The only thing the solution requires is the existence of a finite measure on $X$ such that $m\left(T^{-1} E\right)=m(E)$ for all measurable sets $E$. This startling realization raises the following mathematical question: What other dynamical information can one extract from the existence of a measure $m$ such that $m=m \circ T^{-1}$ ? Of particular interest was the justification of the following "assumption" made by Boltzmann in his work on statistical mechanics:

The Ergodic Hypothesis: For certain invariant measures $\mu$, many functions $f: X \rightarrow$ $\mathbb{R}$, and many states $\underline{x}=(\underline{q}, \underline{p})$, the time average $\lim _{T \rightarrow \infty} \frac{1}{T} \int_{0}^{T} f\left(T_{t}(\underline{x})\right) d t$ exists, and equals the space average $\frac{1}{\mu(X)} \int f d \mu$.
(This is not Boltzmann's original formulation.) The ergodic hypothesis is a quantitative version of Poincare's recurrence theorem: If $f$ is the indicator of the $\varepsilon$-ball around a state $\underline{x}$, then the time average of $f$ is the frequency of times when $T_{t}(\underline{x})$ is $\varepsilon$-away from $\underline{x}$, and the ergodic hypothesis is a statement on its value.

### 1.2 The abstract setup of ergodic theory

The proof of Poincaré's Recurrence Theorem suggests the study of the following setup.

Definition 1.1. A measure space is a triplet $(X, \mathscr{B}, \mu)$ where

1. $X$ is a set, sometime called the space.
2. $\mathscr{B}$ is a $\sigma$-algebra: a collection of subsets of $X$ which contains the empty set, and which is closed under complements, countable unions and countable intersections. The elements of $\mathscr{B}$ are called measurable sets.
3. $\mu: \mathscr{B} \rightarrow[0, \infty]$, called the measure, is a $\sigma$-additive function: if $E_{1}, E_{2}, \ldots \in \mathscr{B}$ are pairwise disjoint, then $\mu\left(\biguplus_{i} E_{i}\right)=\sum_{i} \mu\left(E_{i}\right)$.

If $\mu(X)=1$ then we say that $\mu$ is a probability measure and $(X, \mathscr{B}, \mu)$ is a probability space.

In order to avoid measure theoretic pathologies, we will always assume that $(X, \mathscr{B}, \mu)$ is the completion (see problem 1.2) of a standard measure space: a mea-
sure space $\left(X, \mathscr{B}^{\prime}, \mu^{\prime}\right)$, where $X$ is a complete and separable metric space and $\mathscr{B}^{\prime}$ is its Borel $\sigma$-algebra.

It can be shown that such spaces are Lebesgue spaces: They are isomorphic to the union of a compact interval equipped with the Lebesgue's $\sigma$-algebra and Lebesgue's measure, and a finite or countable or empty collection of points with positive measure. See the appendix for details.

Definition 1.2. A measure preserving transformation (mpt) is a quartet $(X, \mathscr{B}, \mu, T)$ where $(X, \mathscr{B}, \mu)$ is a measure space, and

1. $T$ is measurable: $E \in \mathscr{B} \Rightarrow T^{-1} E \in \mathscr{B}$;
2. $m$ is $T$-invariant: $\mu\left(T^{-1} E\right)=\mu(E)$ for all $E \in \mathscr{B}$.

A probability preserving transformation (ppt) is a mpt on a probability space.
This is the minimal setup needed to prove (problem 1.3):
Theorem 1.1 (Poincaré's Recurrence Theorem). Suppose $(X, \mathscr{B}, \mu, T)$ is a p.p.t. If $E$ is a measurable set, then for almost every $x \in E$ there is a sequence $n_{k} \rightarrow \infty$ such that $T^{n_{k}}(x) \in E$.

Poincaré's theorem is not true for general infinite measure preserving transformations, as the example $T(x)=x+1$ on $\mathbb{Z}$ demonstrates.

Having defined the objects of the theory, we proceed to declare when do we consider two objects to be isomorphic:

Definition 1.3. Two m.p.t. $\left(X_{i}, \mathscr{B}_{i}, \mu_{i}, T_{i}\right)$ are called measure theoretically isomorphic, if there exists a measurable map $\pi: X_{1} \rightarrow X_{2}$ such that

1. there are $X_{i}^{\prime} \in \mathscr{B}_{i}$ such that $m_{i}\left(X_{i} \backslash X_{i}^{\prime}\right)=0$ and such that $\pi: X_{1}^{\prime} \rightarrow X_{2}^{\prime}$ is invertible with measurable inverse;
2. for every $E \in \mathscr{B}_{2}, \pi^{-1}(E) \in \mathscr{B}_{1}$ and $m_{1}\left(\pi^{-1} E\right)=m_{2}(E)$;
3. $T_{2} \circ \pi=\pi \circ T_{1}$ on $X_{1}$.

One of the main aims of ergodic theorists is to develop tools for deciding whether two mpt's are isomorphic.

### 1.3 The probabilistic point of view.

Much of the power and usefulness of ergodic theory is due to the following probabilistic interpretation of the abstract set up discussed above. Suppose $(X, \mathscr{B}, \mu, T)$ is a ppt.

1. We imagine $X$ to be a sample space: the collection of all possible outcomes $\omega$ of a random experiment.
2. We interpret $\mathscr{B}$ as the collection of all measurable events: all sets $E \subset X$ such that we have enough information to answer the question "is $\omega \in E$ ?."
3. We use $\mu$ to define the probability law: $\operatorname{Pr}[\omega \in E]:=\mu(E)$;
4. Measurable functions $f: X \rightarrow \mathbb{R}$ are random variables $f(\omega)$;
5. The sequence $X_{n}:=f \circ T^{n}(n \geq 1)$ is a stochastic process, whose distribution is given by the formula

$$
\operatorname{Pr}\left[X_{i_{1}} \in E_{i_{1}}, \ldots, X_{i_{k}} \in E_{i_{k}}\right]:=\mu\left(\bigcap_{j=1}^{k}\left\{\omega \in X: f\left(T^{i_{j}} \omega\right) \in E_{i_{j}}\right\}\right) .
$$

The invariance of $\mu$ guarantees that such stochastic processes are always stationary: $\operatorname{Pr}\left[X_{i_{1}+m} \in E_{i_{1}+m}, \ldots, X_{i_{k}} \in E_{i_{k}+m}\right]=\operatorname{Pr}\left[X_{i_{1}} \in E_{i_{1}}, \ldots, X_{i_{k}} \in E_{i_{k}+m}\right]$ for all $m$.

The point is that we can ask what are the properties of the stochastic processes $\left\{f \circ T^{n}\right\}_{n \geq 1}$ arising out of the ppt $(X, \mathscr{B}, \mu, T)$, and bring in tools and intuition from probability theory to the study of dynamical systems.

Note that we have found a way of studying stochastic phenomena in a context which is, a priori, completely deterministic (if we know the state of the system at time zero is $x$, then we know with full certainty that its state at time $n$ is $T^{n}(x)$ ). The modern treatment of the question "how come a deterministic system can behave randomly" is based on this idea.

### 1.4 Ergodicity and mixing

Suppose $(X, \mathscr{B}, \mu, T)$ is a mpt. A measurable set $E \in \mathscr{B}$ is called invariant, if $T^{-1}(E)=E$. Evidently, in this case $T$ can be split into two measure preserving transformations $\left.T\right|_{E}: E \rightarrow E$ and $\left.T\right|_{E^{c}}: E^{c} \rightarrow E^{c}$, which can be analyzed separately.

Definition 1.4. A mpt $(X, \mathscr{B}, \mu, T)$ is called ergodic, if every invariant set $E$ satisfies $\mu(E)=0$ or $\mu(X \backslash E)=0$. We say $\mu$ is an ergodic measure.

Proposition 1.1. Suppose $(X, \mathscr{B}, \mu, T)$ is a mpt on a complete measure space, then the following are equivalent:

1. $\mu$ is ergodic;
2. if $E \in \mathscr{B}$ and $\mu\left(T^{-1} E \triangle E\right)=0$, then $\mu(E)=0$ or $\mu(X \backslash E)=0$;
3. if $f: X \rightarrow \mathbb{R}$ is measurable and $f \circ T=f$ a.e., then there is $c \in \mathbb{R}$ s.t. $f=c$ a.e.

Proof. Suppose $\mu$ is ergodic, and $E$ is measurable s.t. $\mu\left(E \triangle T^{-1} E\right)=0$. We construct a measurable set $E_{0}$ such that $T^{-1} E_{0}=E_{0}$ and $\mu\left(E_{0} \triangle E\right)=0$. By ergodicity $\mu\left(E_{0}\right)=0$ or $\mu\left(X \backslash E_{0}\right)=0$. Since $\mu\left(E \triangle E_{0}\right)=0$ implies that $\mu(E)=\mu\left(E_{0}\right)$ and $\mu(X \backslash E)=\mu\left(X \backslash E_{0}\right)$ we get that either $\mu(E)=0$ or $\mu(X \backslash E)=0$.

The set $E_{0}$ we use is $E_{0}:=\left\{x \in X: T^{k}(x) \in E\right.$ infinitely often. $\}$. It is obvious that this set is measurable and invariant. To estimate $\mu\left(E_{0} \triangle E\right)$ note that
(a) if $x \in E_{0} \backslash E$, then there exists some $k$ s.t. $x \in T^{-k}(E) \backslash E$;
(b) if $x \in E \backslash E_{0}$, then there exists some $k$ s.t. $x \notin T^{-k}(E)$, whence $x \in E \backslash T^{-k}(E)$.

Thus $E_{0} \triangle E \subset \bigcup_{k \geq 1} E \triangle T^{-k}(E)$.
We now use the following "triangle inequality" :

$$
\mu\left(A_{1} \triangle A_{3}\right) \leq \mu\left(A_{1} \triangle A_{2}\right)+\mu\left(A_{2} \triangle A_{3}\right) \quad\left(A_{i} \in \mathscr{B}\right)
$$

(This is because $\mu\left(A_{i} \triangle A_{i}\right)=\left\|1_{A_{i}}-1_{A_{j}}\right\|_{1}$ where $1_{A_{i}}$ is the indicator function of $A_{i}$, equal to one on $A_{i}$ and to zero outside $A_{i}$ ). The triangle inequality implies that

$$
\begin{aligned}
\mu\left(E_{0} \triangle E\right) & \leq \sum_{k=1}^{\infty} \mu\left(E \triangle T^{-k} E\right) \leq \sum_{k=1}^{\infty} \sum_{i=0}^{k-1} \mu\left(T^{-i} E \triangle T^{-(i+1)} E\right) \\
& =\sum_{k=1}^{\infty} k \mu\left(E \triangle T^{-1} E\right) \quad\left(\because \mu \circ T^{-1}=\mu\right)
\end{aligned}
$$

Since $\mu\left(E \triangle T^{-1} E\right)=0, \mu\left(E_{0} \triangle E\right)=0$ and we have shown that (1) implies (2).
Next assume (2). and let $f$ be a measurable function s.t. $f \circ T=f$ almost everywhere. For every $t,[f>t] \triangle T^{-1}[f>t] \subset[f \neq f \circ T]$, so

$$
\mu\left([f>t] \triangle T^{-1}[f>t]\right)=0 .
$$

By assumption, this implies that either $\mu[f>t]=0$ or $\mu[f \leq t]=0$. In other words, either $f>t$ a.e., or $f \leq t$ a.e. Define $c:=\sup \{t: f>t$ a.e. $\}$, then $f=c$ almost everywhere, proving (3). The implication $(3) \Rightarrow(1)$ is obvious: take $f=1_{E}$.

An immediate corollary is that ergodicity is an invariant of measure theoretic isomorphism: If two mpt are isomorphic, then the ergodicity of one implies the ergodicity of the other.

The next definition is motivated by the probabilistic notion of independence. Suppose $(X, \mathscr{B}, \mu)$ is a probability space. We think of elements of $\mathscr{B}$ as of "events", we interpret measurable functions $f: X \rightarrow \mathbb{R}$ as "random variables", and we view $\mu$ as a "probability law" $\mu(E)=\mathbb{P}[x \in E]$. Two events $E, F \in \mathscr{B}$ are called independent, if $\mu(E \cap F)=\mu(E) \mu(F)$ (because in the case $\mu(E), \mu(F) \neq 0$ this is equivalent to saying that $\mu(E \mid F)=\mu(E), \mu(F \mid E)=\mu(F))$.

Definition 1.5. A probability preserving transformation $(X, \mathscr{B}, \mu, T)$ is called mixing (or strongly mixing), if for all $E, F \in \mathscr{B}, \mu\left(E \cap T^{-k} F\right) \underset{k \rightarrow \infty}{\longrightarrow} \mu(E) \mu(F)$.

In other words, $T^{-k}(F)$ is "asymptotically independent" of $E$. It is easy to see that strong mixing is an invariant of measure theoretic isomorphism.

It can be shown that the sets $E, F$ in the definition of mixing can be taken to be equal (problem 1.12).

Proposition 1.2. Strong mixing implies ergodicity.
Proof. Suppose $E$ is invariant, then $\mu(E)=\mu\left(E \cap T^{-n} E\right) \xrightarrow[n \rightarrow \infty]{\longrightarrow} \mu(E)^{2}$, whence $\mu(E)^{2}=\mu(E)$. It follows that $\mu(E)=0$ or $\mu(E)=1=\mu(X)$.

Just like ergodicity, strong mixing can be defined in terms of functions. Before we state the condition, we recall a relevant notion from statistics. The correlation coefficient of non-constant $f, g \in L^{2}(\mu)$ is defined to be

$$
\rho(f, g):=\frac{\int f g d \mu-\int f d \mu \cdot \int g d \mu}{\left\|f-\int f d \mu\right\|_{2}\left\|g-\int g d \mu\right\|_{2}} .
$$

The numerator is equal to

$$
\operatorname{Cov}(f, g):=\int\left[\left(f-\int f\right)\left(g-\int g\right)\right] d \mu
$$

called the covariance of $f, g$. This works as follows: If $f, g$ are weakly correlated then they will not always deviate from their means in the same direction, leading to many cancelations in the integral, and a small net result. If $f, g$ are strongly correlated, there will be less cancelations, and a larger absolute value for the net result. Positive covariance signifies that the deviations from the mean are often in the same direction, and negative covariance indicates that that they are often in opposite directions. The denominator in the definition of $\rho$ is not important. It is there to force $\rho(f, g)$ to have values in $[-1,1]$ (Cauchy-Schwarz).
Proposition 1.3. A ppt $(X, \mathscr{B}, \mu, T)$ is strongly mixing iff for every $f, g \in L^{2}$, $\int f g \circ T^{n} d \mu \underset{n \rightarrow \infty}{\longrightarrow} \int f d \mu \int g d \mu$, equivalently $\operatorname{Cov}\left(f, g \circ T^{n}\right) \xrightarrow[n \rightarrow \infty]{\longrightarrow} 0$.

Proof. We need the following trivial observations:

1. Since $\mu \circ T^{-1}=\mu,\|f \circ T\|_{p}=\|f\|_{p}$ for all $f \in L^{p}$ and $1 \leq p \leq \infty$;
2. $\operatorname{Cov}(f, g)$ is bilinear in $f, g$;
3. $|\operatorname{Cov}(f, g)| \leq 4\left\|f-\int f\right\|_{2}\left\|g-\int g\right\|_{2}$.

The first two statements are left as an exercise. For the third we use the CauchySchwarz inequality: $|\operatorname{Cov}(f, g)| \leq\left\|f-\int f\right\|_{2}\left\|g-\int g\right\|_{2} \leq\left(\|f\|_{2}+\|f\|_{1}\right)\left(\|g\|_{2}+\right.$ $\left.\|g\|_{1}\right) \stackrel{!}{\leq}\left(2\|f\|_{2}\right)\left(2\|g\|_{2}\right)$, where $\stackrel{!}{\leq}$ is because $\|\varphi\|_{1}=\|\varphi \cdot 1\|_{1} \leq\|\varphi\|_{2}\|1\|_{2}=\|\varphi\|_{2}$. Now for the proof of the proposition. The condition that $\operatorname{Cov}\left(f, g \circ T^{n}\right) \xrightarrow{n \rightarrow \infty} 0$ for all $f, g \in L^{2}$ implies mixing by substituting $f=1_{E}, g=1_{F}$. For the other direction, assume that $\mu$ is mixing, and let $f, g$ be two elements of $L^{2}$. If $f, g$ are indicators of measurable sets, then $\operatorname{Cov}\left(f, g \circ T^{n}\right) \rightarrow 0$ by mixing. If $f, g$ are finite linear combinations of indicators, $\operatorname{Cov}\left(f, g \circ T^{n}\right) \rightarrow 0$ because of the bilinearity of the covariance. For general $f, g \in L^{2}$, we can find for every $\varepsilon>0$ finite linear combinations of indicators $f_{\varepsilon}, g_{\varepsilon}$ s.t. $\left\|f-f_{\varepsilon}\right\|_{2},\left\|g-g_{\varepsilon}\right\|_{2}<\varepsilon$. By the observations above,

$$
\begin{aligned}
\left|\operatorname{Cov}\left(f, g \circ T^{n}\right)\right| & \leq\left|\operatorname{Cov}\left(f-f_{\varepsilon}, g \circ T^{n}\right)\right|+\left|\operatorname{Cov}\left(f_{\varepsilon}, g_{\varepsilon} \circ T^{n}\right)\right|+\left|\operatorname{Cov}\left(f_{\varepsilon},\left(g-g_{\varepsilon}\right) \circ T^{n}\right)\right| \\
& \leq 4 \varepsilon\|g\|_{2}+o(1)+4\left(\|f\|_{2}+\varepsilon\right) \varepsilon, \text { as } n \rightarrow \infty .
\end{aligned}
$$

It follows that $\lim \sup \left|\operatorname{Cov}\left(f, g \circ T^{n}\right)\right| \leq 4 \varepsilon\left(\|f\|_{2}+\|g\|_{2}+\varepsilon\right)$. Since $\varepsilon$ is arbitrary, the limsup, whence the limit itself, is equal to zero.

### 1.5 Examples

### 1.5.1 Circle rotations

Let $\mathbb{T}:=[0,1)$ equipped with the Lebesgue measure $m$, and define for $\alpha \in[0,1)$ $R_{\alpha}: \mathbb{T} \rightarrow \mathbb{T}$ by $R_{\alpha}(x)=x+\alpha \bmod 1 . R_{\alpha}$ is called a circle rotation, because the map $\pi(x)=\exp [2 \pi i x]$ is an isomorphism between $R_{\alpha}$ and the rotation by the angle $2 \pi \alpha$ on the unit circle $S^{1}$.

## Proposition 1.4.

1. $R_{\alpha}$ is measure preserving for every $\alpha$;
2. $R_{\alpha}$ is ergodic iff $\alpha \notin \mathbb{Q}$;
3. $R_{\alpha}$ is never strongly mixing.

Proof. A direct calculation shows that the Lebesgue measure $m$ satisfies $m\left(R_{\alpha}^{-1} I\right)=$ $m(I)$ for all intervals $I \subset[0,1)$. Thus the collection $\mathscr{M}:=\left\{E \in \mathscr{B}: m\left(R_{\alpha}^{-1} E\right)=\right.$ $m(E)\}$ contains the algebra of finite disjoint unions of intervals. It is easy to check $\mathscr{M}$ is a monotone class, so by the monotone class theorem (see appendix) $\mathscr{M}$ contains all Borel sets. It clearly contains all null sets. Therefore it contains all Lebesgue measurable sets. Thus $\mathscr{M}=\mathscr{B}$ and (1) is proved.

We prove (2). Suppose first that $\alpha=p / q$ for $p, q \in \mathbb{N}$. Then $R_{\alpha}^{q}=i d$. Fix some $x \in$ $[0,1)$, and pick $\varepsilon$ so small that the $\varepsilon$-neighborhoods of $x+k \alpha$ for $k=0, \ldots, q-1$ are disjoint. The union of these neighborhoods is an invariant set of positive measure, and if $\varepsilon$ is sufficiently small then it is not equal to $\mathbb{T}$. Thus $R_{\alpha}$ is not ergodic.

Next assume that $\alpha \notin \mathbb{Q}$. Suppose $E$ is an invariant set, and set $f=1_{E}$. Expand $f$ to a Fourier series:

$$
f(t)=\sum_{n \in \mathbb{Z}} \widehat{f}(n) e^{2 \pi i n t} \quad\left(\text { convergence in } L^{2}\right)
$$

The invariance of $E$ dictates $f=f \circ R_{\alpha}$. The Fourier expansion of $f \circ R_{\alpha}$ is

$$
\left(f \circ R_{\alpha}\right)(t)=f(t+\alpha \quad \bmod 1)=\sum_{n \in \mathbb{Z}} e^{2 \pi i n \alpha} \widehat{f}(n) e^{2 \pi i n t}
$$

Equating coefficients, we see that $\widehat{f}(n)=\widehat{f}(n) \exp [2 \pi i n \alpha]$. Thus either $\widehat{f}(n)=0$ or $\exp [2 \pi i n \alpha]=1$. Since $\alpha \notin \mathbb{Q}, \widehat{f}(n)=0$ for all $n \neq 0$. We obtain that $f=\widehat{f}(0)$ a.e., whence $1_{E}=m(E)$ almost everywhere. This can only happen if $m(E)=0$ or $m(E)=1$, proving the ergodicity of $m$.

To show that $m$ is not mixing, we consider the function $f(x)=\exp [2 \pi i x]$. This function satisfies $f \circ R_{\alpha}=\lambda f$ with $\lambda=\exp [2 \pi i \alpha]$ (such a function is called an eigenfunction). For every $\alpha$ there is a sequence $n_{k} \rightarrow \infty$ s.t. $n_{k} \alpha \bmod 1 \rightarrow 0$ (Dirichlet theorem), thus $\left\|f \circ R_{\alpha}^{n_{k}}-f\right\|_{2}=\left|\lambda^{n_{k}}-1\right| \underset{k \rightarrow \infty}{\longrightarrow} 0$. It follows that $F:=\operatorname{Re}(f)=$ $\cos (2 \pi x)$ satisfies $\left\|F \circ R_{\alpha}^{n_{k}}-F\right\|_{2} \underset{k \rightarrow \infty}{\longrightarrow} 0$, whence $\int F \circ R_{\alpha}^{n_{k}} F d m \underset{k \rightarrow \infty}{\longrightarrow} \int F^{2} d m \neq$ $\left(\int F\right)^{2}$, and $m$ is not mixing.

### 1.5.2 The angle doubling map

Again, we work with $\mathbb{T}:=[0,1]$ equipped with the Lebesgue measure $m$, and define $T: \mathbb{T} \rightarrow \mathbb{T}$ by $T(x)=2 x \bmod 1 . T$ is called the angle doubling map, because the map $\pi(x):=\exp [2 \pi i x]$ is an isomorphism between $T$ and the map $e^{i \theta} \mapsto e^{2 i \theta}$ on $S^{1}$.

Proposition 1.5. The angle doubling map is probability preserving, and strong mixing, whence ergodic.

Proof. It is convenient to work with binary expansions $x=\left(0 . d_{1} d_{2} d_{3} \ldots\right),\left(d_{i}=\right.$ $0,1)$, because with this representation $T\left(0 . d_{1} d_{2} \ldots\right)=\left(0 . d_{2} d_{3} \ldots\right)$. For every finite $n$-word of zeroes and ones $\left(d_{1}, \ldots, d_{n}\right)$, define the sets (called "cylinders")

$$
\left[d_{1}, \ldots, d_{n}\right]:=\left\{x \in[0,1): x=\left(0 . d_{1} \cdots d_{n} \varepsilon_{1} \varepsilon_{2} \ldots\right), \text { for some } \varepsilon_{i} \in\{0,1\}\right\}
$$

This is a (dyadic) interval, of length $1 / 2^{n}$.
It is clear that $T^{-1}\left[d_{1}, \ldots, d_{n}\right]=\left[*, d_{1}, \ldots, d_{n}\right]$ where $*$ stands for " 0 or 1 ". Thus, $m\left(T^{-1}[\underline{d}]\right)=m[0, \underline{d}]+m[1, \underline{d}]=2 \cdot 2^{-(n+1)}=2^{-n}=m[\underline{d}]$. We see that $\mathscr{M}:=\{E \in$ $\left.\mathscr{B}: m\left(T^{-1} E\right)=m(E)\right\}$ contains the algebra of finite disjoint unions of cylinders. Since $\mathscr{M}$ is obviously a monotone class, and since the cylinders generate the Borel $\sigma$-algebra (prove!), we get that $\mathscr{M}=\mathscr{B}$, whence $T$ is measure preserving.

We prove that $T$ is mixing. Suppose $f, g$ are indicators of cylinders: $f=1_{\left[a_{1}, \ldots, a_{n}\right]}$, $g=1_{\left[b_{1}, \ldots, b_{m}\right]}$. Then for all $k>n$,

$$
\int f \cdot g \circ T^{k} d m=m[\underline{a}, \underbrace{* \cdots *}_{k-n}, \underline{b}]=m[\underline{a}] m[\underline{b}] .
$$

Thus $\operatorname{Cov}\left(f, g \circ T^{k}\right) \xrightarrow[k \rightarrow \infty]{\longrightarrow} 0$ for all indicators of cylinders. Every $L^{2}$-function can be approximated in $L^{2}$ by a finite linear combination of indicators of cylinders (prove!). One can therefore proceed as in the proof of proposition 1.3 to show that $\operatorname{Cov}(f, g \circ$ $\left.T^{k}\right) \underset{k \rightarrow \infty}{\longrightarrow} 0$ for all $L^{2}$ functions.

### 1.5.3 Bernoulli Schemes

Let $S$ be a finite set, called the alphabet, and let $X:=S^{\mathbb{N}}$ be the set of all one-sided infinite sequences of elements of $S$. Impose the following metric on $X$ :

$$
\begin{equation*}
d\left(\left(x_{n}\right)_{n \geq 0},\left(y_{n}\right)_{n \geq 0}\right):=2^{-\min \left\{k: x_{k} \neq y_{k}\right\}} . \tag{1.2}
\end{equation*}
$$

The resulting topology is generated by the collection of cylinders:

$$
\left[a_{0}, \ldots, a_{n-1}\right]:=\left\{\underline{x} \in X: x_{i}=a_{i}(0 \leq i \leq n-1)\right\} .
$$

It can also be characterized as being the product topology on $S^{\mathbb{N}}$, when $S$ is given the discrete topology. In particular this topology is compact.

The left shift is the transformation $T:\left(x_{0}, x_{1}, x_{2}, \ldots\right) \mapsto\left(x_{1}, x_{2}, \ldots\right)$. The left shift is continuous.

Next fix a vector $\underline{p}=\left(p_{a}\right)_{a \in S}$ of positive numbers whose sum is equal to one.
Definition 1.6. The Bernoulli measure corresponding to $p$ is the unique measure on the Borel $\sigma$-algebra of $X$ such that $\mu\left[a_{0}, \ldots, a_{n-1}\right]=p_{a_{0}} \cdots p_{a_{n-1}}$ for all cylinders.

It is useful to recall why such a measure exists. Here is a review of the necessary tools from measure theory.

Definition 1.7. Let $X$ be a non-empty set.

1. A semi-algebra on $X$ is a collection $\mathscr{S}$ os subsets of $X$ such that
a. $\varnothing, X \in \mathscr{S}$
b. $\mathscr{S}$ is closed under intersections, and
c. for every $A \in \mathscr{S}, X \backslash A$ is a finite disjoint union of elements from $\mathscr{S}$.
2. The $\sigma$-algebra generated by $\mathscr{S}$ is the smallest $\sigma$-algebra of subsets of $X$ which contains $\mathscr{S}$. Equivalently, this is the $\sigma$-algebra equal to the intersection of all $\sigma$-algebras which contain $\mathscr{S}$ (e.g. the power set of $X$ ).
3. A function $\mu: \mathscr{S} \rightarrow[0, \infty]$ is called $\sigma$-finite if $X$ is a countable disjoint union of elements $A_{i} \in \mathscr{S}$ such that $\mu\left(A_{i}\right)<\infty$ for all $i$. This always happens if $\mu(X)<\infty$.
4. A function $\mu: \mathscr{S} \rightarrow[0, \infty]$ is called $\sigma$-additive on $\mathscr{S}$ if for all pairwise disjoint countable collection of $A_{i} \in \mathscr{S}$, if $\biguplus A_{i} \in \mathscr{S}$ then $\mu\left(\biguplus A_{i}\right)=\sum \mu\left(A_{i}\right)$.

Theorem 1.2 (Carathéodory's Extension Theorem). Let $X$ be a set and $\mathscr{S}$ a semialgebra of subsets of $X$. Every $\sigma$-additive $\sigma$-finite $\mu: \mathscr{S} \rightarrow[0, \infty]$ has a unique extension to a $\sigma$-additive $\sigma$-finite function on the $\sigma$-algebra generated by $\mathscr{S}$.

In our case $X=\left\{\left(x_{0}, x_{1}, \ldots\right): x_{i} \in S\right.$ for all $\left.i\right\}, \mathscr{S}=\{\varnothing, X\} \cup\{$ cylinders $\}$, and $\mu: \mathscr{S} \rightarrow[0, \infty]$ is defined by $\mu(\varnothing):=0, \mu(X):=1, \mu\left[a_{0}, \ldots, a_{n-1}\right]:=p_{a_{0}} \cdots p_{a_{n-1}}$.
$\mathscr{S}$ is a semi-algebra, because the intersection of cylinders is empty or a cylinder, and because the complement of a cylinder $\left[a_{0}, \ldots, a_{n-1}\right]$ is the finite disjoint union of cylinders $\left[b_{0}, \ldots, b_{n-1}\right]$ such that for some $i, b_{i} \neq a_{i}$.

It is also clear that $\mu: \mathscr{S} \rightarrow[0, \infty]$ is $\sigma$-finite. Indeed it is finite $(\mu(X)<\infty)$ ! It remain to check that $\mu$ is $\sigma$-additive on $\mathscr{S}$.

Suppose $[\underline{a}]$ is a countable disjoint union of cylinders $\left[\underline{b}^{j}\right]$. Each cylinder is open and compact (prove!), so such unions are necessarily finite. Let $N$ be the maximal length of the cylinder $\left[\underline{b}^{j}\right]$. Since $\left[\underline{b}^{j}\right] \subseteq[\underline{a}]$, we can write $\left[\underline{b}^{j}\right]=\left[\underline{a}, \underline{\beta}^{j}\right]=$ $\biguplus_{|\underline{c}|=N-\left|\underline{b^{j}}\right|}\left[\underline{a}, \underline{\beta}^{j}, \underline{c}\right]$, and a direct calculation shows that

$$
\sum_{|\underline{c}|=N-\left|\underline{b}^{j}\right|} \mu\left[\underline{a}, \underline{\beta}^{j}, \underline{c}\right]=\mu\left[\underline{a}, \underline{\beta}^{j}\right]\left(\sum_{c} p_{c}\right)^{N-\left|\underline{b}^{j}\right|}=\mu\left[\underline{a}, \underline{\beta}^{j}\right] \equiv \mu\left[\underline{b}^{j}\right] .
$$

Summing over $j$, we get that $\sum_{j} \mu\left[\underline{b}^{j}\right]=\sum_{j} \sum_{|\underline{c}|=N-\mid \underline{b}} \mid \underline{ } \mu\left[\underline{a}, \underline{\beta}^{j}, \underline{c}\right]$.

Now $[\underline{a}]=\biguplus_{j}\left[\underline{b}^{j}\right]=\biguplus_{j} \biguplus_{|\underline{c}|=N-\left|\underline{b}^{j}\right|}\left[\underline{a}, \underline{\beta}^{j}, \underline{c}\right]$, so the collection of $\left(\underline{\beta}^{j}, \underline{c}\right)$ is equal to the collection of all possible words $\underline{w}$ of length $N-|\underline{a}|$ (otherwise the right hand side misses some sequences). Thus

$$
\sum_{j} \mu\left[\underline{b}^{j}\right]=\sum_{|\underline{w}|=N-|\underline{a}|} \mu[\underline{a}, \underline{w}]=\mu[\underline{a}]\left(\sum_{c} p_{c}\right)^{N-|\underline{a}|}=\mu[\underline{a}],
$$

proving the $\sigma$-additivity of $\mu$ on $\mathscr{S}$.
It now follows from the Carathéodory's Extension Theorem that $\mu: \mathscr{S} \rightarrow[0, \infty]$ has a unique extension to a probability measure on the smallest $\sigma$-algebra containing the cylinders.

Call this $\sigma$-algebra $\mathscr{B}$. Since the cylinders generate the topology of $X$, every open set is a union of cylinders. This union is countable, because there are only countably many cylinders. So every open set belongs to $\mathscr{B}$. It follows that $\mathscr{B}$ contains the Borel $\sigma$-algebra of $X$ (which equals by definition to the smallest $\sigma$-algebra containing all open sets). So $\mu$ extends uniquely to a non-negative $\sigma$-additive function on the Borel $\sigma$-algebra of $X$. Definition probability measure. Definition 1.6 is justified.

Proposition 1.6. Suppose $X=\{0,1\}^{\mathbb{N}}, \mu$ is the $\left(\frac{1}{2}, \frac{1}{2}\right)$-Bernoulli measure, and $\sigma$ is the left shift, then $(X, \mathscr{B}(X), \mu, T)$ is measure theoretically isomorphic to the angle doubling map.

Proof. The isomorphism is $\pi\left(x_{0}, x_{1}, \ldots,\right):=\sum 2^{-n} x_{n}$. This is a bijection between

$$
X^{\prime}:=\left\{\underline{x} \in\{0,1\}^{\mathbb{N}}: \nexists n \text { s.t. } x_{m}=1 \text { for all } m \geq n\right\}
$$

and $[0,1)$ (prove that $\mu\left(X^{\prime}\right)=1$ ), and it is clear that $\pi \circ \sigma=T \circ \pi$. Since the image of a cylinder of length $n$ is a dyadic interval of length $2^{-n}, \pi$ preserves the measures of cylinders. The collection of measurable sets which are mapped by $\pi$ to sets of the same measure is a $\sigma$-algebra. Since this $\sigma$-algebra contains all the cylinders and all the null sets, it contains all measurable sets.

Proposition 1.7. Every Bernoulli scheme is mixing, whence ergodic.
The proof is the same as in the case of the angle doubling map. Alternatively, it follows from the mixing of the angle doubling map and the fact that the two are isomorphic.

### 1.5.4 Finite Markov Chains

We saw that the angle doubling map is isomorphic to a dynamical system acting as the left shift on a space of sequences (a Bernoulli scheme). Such representations appear frequently in the theory of dynamical systems, but more often than not, the space of sequences is slightly more complicated than the set of all sequences.

### 1.5.4.1 Subshifts of finite type

Let $S$ be a finite set, and $A=\left(t_{i j}\right)_{S \times S}$ a matrix of zeroes and ones without columns or rows made entirely of zeroes.

Definition 1.8. The subshift of finite type (SFT) with alphabet $S$ and transition ma$\operatorname{trix} A$ is the set $\Sigma_{A}^{+}=\left\{\underline{x}=\left(x_{0}, x_{1}, \ldots\right) \in S^{\mathbb{N}}: t_{x_{i} x_{i+1}}=1\right.$ for all $\left.i\right\}$, together with the metric $d(\underline{x}, \underline{y}):=2^{-\min \left\{k: x_{k} \neq y_{k}\right\}}$ and the action $\sigma\left(x_{0}, x_{1}, x_{2}, \ldots\right)=\left(x_{1}, x_{2}, \ldots\right)$.

This is a compact metric space, and the left shift map $\sigma: \Sigma_{A}^{+} \rightarrow \Sigma_{A}^{+}$is continuous. We think of $\Sigma_{A}^{+}$as of the space of all infinite paths on a directed graph with vertices $S$ and edge $a \rightarrow b$ connecting $a, b \in S$ such that $t_{a b}=1$.

Let $\Sigma_{A}^{+}$be a SFT with set of states $S,|S|<\infty$, and transition matrix $A=\left(A_{a b}\right)_{S \times S}$.

- A stochastic matrix is a matrix $P=\left(p_{a b}\right)_{a, b \in S}$ with non-negative entries, such that $\sum_{b} p_{a b}=1$ for all $a$, i.e. $P 1=1$. The matrix is called compatible with $A$, if $A_{a b}=0 \Rightarrow p_{a b}=0$.
- A probability vector is a vector $\underline{p}=\left\langle p_{a}: a \in S\right\rangle$ of non-negative entries, s.t. $\sum p_{a}=1$
- A stationary probability vector is a probability vector $\underline{p}=\left\langle p_{a}: a \in S\right\rangle$ s.t. $\underline{p} P=\underline{p}$ : $\sum_{a} p_{a} p_{a b}=p_{b}$.
Given a probability vector $\underline{p}$ and a stochastic matrix $P$ compatible with $A$, one can define a Markov measure $\mu$ on $\Sigma_{A}^{+}$(or $\Sigma_{A}$ ) by

$$
\mu\left[a_{0}, \ldots, a_{n-1}\right]:=p_{a_{0}} p_{a_{0} a_{1}} \cdots p_{a_{n-2} a_{n-1}},
$$

where $\left[a_{0}, \ldots, a_{n-1}\right]=\left\{\underline{x} \in \Sigma_{A}^{+}: x_{i}=a_{i}(i=0, \ldots, n-1)\right\}$. The stochasticity of $P$ guarantees that this measure is finitely additive on the algebra of cylinders, and $\sigma-$ subadditivity can be checked as for Bernoulli measures using compactness. Thus this gives a Borel probability measure on $\Sigma_{A}^{+}$.
Proposition 1.8. $\mu$ is shift invariant iff $\underline{p}$ is stationary w.r.t. P. Any stochastic matrix has a stationary probability vector.

Proof. To see the first half of the statement, we note that $\mu$ is shift invariant iff $\mu[*, \underline{b}]=\mu[\underline{b}]$ for all $[\underline{b}]$, which is equivalent to

$$
\sum_{a} p_{a} p_{a b_{0}} p_{b_{0} b_{1}} \cdots p_{b_{n-2} b_{n-1}}=p_{b_{0}} p_{b_{0} b_{1}} \cdots p_{b_{n-2} b_{n-1}}
$$

Canceling the identical terms on both sides gives $\sum_{a} p_{a} p_{a b_{0}}=p_{b_{0}}$. Thus $\mu$ is shift invariant iff $\underline{p}$ is $P$-stationary.

We now show that every stochastic matrix has a stationary probability vector. Consider the right action of $P$ on the simplex $\Delta$ of probability vectors in $\mathbb{R}^{N}$ :

$$
\Delta:=\left\{\left(x_{1}, \ldots, x_{N}\right): x_{i} \geq 0, \sum x_{i}=1\right\}, T(\underline{x})=\underline{x} P .
$$

We have $T(\Delta) \subseteq \Delta$, since $\sum_{a}(T \underline{x})_{a}=\sum_{a} \sum_{b} x_{b} p_{b a}=\sum_{b} x_{b} \sum_{a} p_{b a}=\sum_{b} x_{b}=1$. Recall Brouwer's fixed point theorem: A continuous mapping of a compact convex
subset of $\mathbb{R}^{d}$ into itself has a fixed point. Applying this to $T: \Delta \rightarrow \Delta$ we find $\underline{x} \in \Delta$ such that $\underline{x} P=\underline{x}$. This is the stationary probability vector.

Thus every stochastic matrix determines (at least one) shift invariant measure. Such measures are called Markov measures We ask when is this measure ergodic, and when is it mixing.

### 1.5.4.2 Ergodicity and mixing of Markov measures

There are obvious obstructions to ergodicity and mixing. To state them concisely, we introduce some terminology. Suppose $P=\left(p_{a b}\right)_{S \times S}$ is a stochastic matrix. We say that $a$ connects to $b$ in $n$ steps, and write $a \xrightarrow{n} b$, if there is a path of length $n+1$ $\left(a, \xi_{1}, \ldots, \xi_{n-1}, b\right) \in S^{n+1}$ s.t. $p_{a \xi_{1}} p_{\xi_{1} \xi_{2}} \cdot \ldots \cdot p_{\xi_{n-1} b}>0$ (see problem 1.5).
Definition 1.9. A stochastic matrix $P=\left(p_{a b}\right)_{a, b \in S}$ is called irreducible, if for every $a, b \in S$ there exists an $n$ s.t. $a \xrightarrow{n} b$.

Lemma 1.1. If $A$ is irreducible, then $p:=\operatorname{gcd}\{n: a \xrightarrow{n} a\}$ is independent of $a$. ( $\mathrm{gcd}=$ greatest common divisor).

Proof. Let $p_{a}:=\operatorname{gcd}\{n: a \xrightarrow{n} a\}, p_{b}:=\operatorname{gcd}\{n: b \xrightarrow{n} b\}$, and $\Lambda_{b}:=\{n: b \xrightarrow{n} b\}$. Then $\Lambda_{b}+\Lambda_{b} \subset \Lambda_{b}$, and therefore $\Lambda_{b}-\Lambda_{b}$ is a subgroup of $\mathbb{Z}$. Necessarily $\Lambda_{b}-\Lambda_{b}=p_{b} \mathbb{Z}$. By irreducibility, there are $\alpha, \beta$ s.t. $a \xrightarrow{\alpha} b \xrightarrow{\beta} a$. So for all $n \in \Lambda_{b}, a \xrightarrow{\alpha} b \xrightarrow{n} b \xrightarrow{\beta} a$, whence $p_{a} \mid \operatorname{gcd}\left(\alpha+\beta+\Lambda_{b}\right)$. This clearly implies that $p_{a}$ divides every number in $\Lambda_{b}-\Lambda_{b}=p_{b} \mathbb{Z}$. So $p_{a} \mid p_{b}$. Similarly one shows that $p_{b} \mid p_{a}$, whence $p_{a}=p_{b}$.

Definition 1.10. The period of an irreducible stochastic matrix $P$ is the number $p:=$ $\operatorname{gcd}\{n: a \xrightarrow{n} a\}$ (this is independent of $a$ by the lemma). An irreducible stochastic matrix is called aperiodic if its period is equal to one.

For example, the SFT with transition matrix $\left(\begin{array}{ll}0 & 1 \\ 1 & 0\end{array}\right)$ is irreducible with period two.
If $P$ is not irreducible, then any Markov measure of $P$ and a strictly positive stationary probability vector of $P$ is non-ergodic. To see why, pick $a, b \in S$ s.t. $a$ does not connect to $b$ in any number of steps. The set

$$
E:=\left\{\underline{x} \in \Sigma_{A}^{+}: x_{i} \neq b \text { for all } i \text { sufficiently large }\right\}
$$

is a shift invariant set which contains $[a]$, but which is disjoint from $[b]$. So $E$ is an invariant set with such that $0<p_{a} \leq \mu(E) \leq 1-p_{b}<1$. So $\mu$ is not ergodic.

If $P$ is irreducible, but not aperiodic, then any Markov measure on $\Sigma_{A}^{+}$is nonmixing, because the function $f:=1_{[a]}$ satisfies $f f \circ T^{n} \equiv 0$ for all $n$ not divisible by the period. This means that $\int f f \circ T^{n} d \mu$ is equal to zero on a subsequence, and therefore cannot converge to $\mu[a]^{2}$.

We claim that these are the only possible obstructions to ergodicity and mixing. The proof is based on the following fundamental fact, whose proof will be given at the next section.

Theorem 1.3 (Ergodic Theorem for Markov Chains). Suppose $P$ is a stochastic matrix, and write $P^{n}=\left(p_{a b}^{(n)}\right)$, then $P$ has a stationary probability vector $\underline{p}$, and

1. if $P$ is irreducible, then $\frac{1}{n} \sum_{k=1}^{n} p_{a b}^{(k)} \xrightarrow[n \rightarrow \infty]{\longrightarrow} p_{b} \quad(a, b \in S)$;
2. if $P$ is irreducible and aperiodic, then $p_{a b}^{(k)} \underset{n \rightarrow \infty}{\longrightarrow} p_{b} \quad(a, b \in S)$.

Corollary 1.1. A shift invariant Markov measure on a SFT $\Sigma_{A}^{+}$is ergodic iff its stochastic matrix is irreducible, and mixing iff its stochastic matrix is irreducible and aperiodic.

Proof. Let $\mu$ be a Markov measure with stochastic matrix $P$ and stationary probability vector $\underline{p}$. For all cylinders $[\underline{a}]=\left[a_{0}, \ldots, a_{n-1}\right]$ and $[\underline{b}]=\left[b_{0}, \ldots, b_{m-1}\right]$,

$$
\begin{aligned}
\mu\left([\underline{a}] \cap \sigma^{-k}[\underline{b}]\right) & =\mu\left(\biguplus_{\underline{\xi} \in \mathscr{W}_{k-n}}[\underline{a}, \underline{\xi}, \underline{b}]\right), \mathscr{W}_{\ell}:=\left\{\underline{\xi}=\left(\xi_{1}, \ldots, \xi_{\ell}\right):[\underline{a}, \underline{\xi}, \underline{b}] \neq \varnothing\right\} \\
& =\mu[\underline{a}] \cdot \sum_{\underline{\xi} \in \mathscr{W}_{k-n}} p_{a_{n-1} \xi_{1}} \cdots p_{\xi_{k-n} b_{0}} \cdot \frac{\mu[\underline{b}]}{p_{b_{0}}}=\mu[\underline{a}] \mu[\underline{b}] \cdot \frac{p_{a_{n-1} b_{0}}^{(k-n)}}{p_{b_{0}}} .
\end{aligned}
$$

If $P$ is irreducible, then by theorem 1.3, $\frac{1}{n} \sum_{k=0}^{n-1} \mu\left([\underline{a}] \cap \sigma^{-k}[\underline{b}]\right) \underset{n \rightarrow \infty}{\longrightarrow} \mu[\underline{a}] \mu[\underline{b}]$.
We claim that this implies ergodicity. Suppose $E$ is an invariant set, and fix $\varepsilon>0$, arbitrarily small. There are cylinders $A_{1}, \ldots, A_{N} \in \mathscr{S}$ s.t. $\mu\left(E \triangle \biguplus_{i=1}^{N} A_{i}\right)<\varepsilon$. ${ }^{1}$ Thus

$$
\mu(E)=\mu\left(E \cap \sigma^{-k} E\right)=\sum_{i=1}^{N} \mu\left(A_{i} \cap \sigma^{-k} E\right) \pm \varepsilon=\sum_{i, j=1}^{N} \mu\left(A_{i} \cap \sigma^{-k} A_{j}\right) \pm 2 \varepsilon
$$

Averaging over $k$, and passing to the limit, we get

$$
\begin{aligned}
\mu(E) & =\sum_{i, j=1}^{N} \lim _{n \rightarrow \infty} \frac{1}{n} \sum_{k=1}^{n} \mu\left(A_{i} \cap \sigma^{-k} A_{j}\right) \pm 2 \varepsilon=\sum_{i, j=1}^{N} \mu\left(A_{i}\right) \mu\left(A_{j}\right) \pm 2 \varepsilon \\
& =\left(\sum_{i=1}^{N} \mu\left(A_{i}\right)\right)^{2} \pm 2 \varepsilon=[\mu(E) \pm \varepsilon]^{2} \pm 2 \varepsilon
\end{aligned}
$$

Passing to the limit $\varepsilon \rightarrow 0^{+}$, we obtain $\mu(E)=\mu(E)^{2}$, whence $\mu(E)=0$ or 1 .
Now assume that that $P$ is irreducible and aperiodic. The ergodic theorem for Markov chains says that $\mu\left([\underline{a}] \cap \sigma^{-k}[\underline{b}]\right) \underset{k \rightarrow \infty}{\longrightarrow} \mu[\underline{a}] \mu[\underline{b}]$. Since any measurable sets $E, F$ can approximated by finite disjoint unions of cylinders, an argument similar to the previous one shows that $\mu\left(E \cap \sigma^{-k} F\right) \underset{k \rightarrow \infty}{\longrightarrow} \mu(E) \mu(F)$ for all $E, F \in \mathscr{B}$. This is is mixing.

[^0]Remark 1. The ergodic theorem for Markov chains can be visualized as follows. Imagine that we distribute mass on the states of $S$ according to a probability distribution $\underline{q}=\left(q_{a}\right)_{a \in S}$. Now shift mass from one state to another using the rule that a $p_{a b}$-fraction of the mass at $a$ is moved to $b$. The new mass distribution is $q P$ (check). After $n$ steps, the mass distribution is $\underline{q} P^{n}$. The previous theorem says that, in the aperiodic case, the mass distribution converges to the stationary distribution -- the equilibrium state. It can be shown that the rate of convergence is exponential (problem 1.7).

Remark 2: The ergodic theorem for Markov chains has an important generalization to all matrices with non-negative entries, see problem 1.6.

### 1.5.4.3 Proof of the Ergodic Theorem for Markov chains

Suppose first that $P$ is an irreducible and aperiodic stochastic matrix. This implies that there is some power $m$ such that all the entries of $P^{m}$ are strictly positive. ${ }^{2}$

Let $N:=|S|$ denote the number of states, and consider the set of all probability vectors $\Delta:=\left\{\left(x_{1}, \ldots, x_{N}\right): x_{i} \geq 0, \sum x_{i}=1\right\}$. Since $P$ is stochastic, the map $T(\underline{x})=$ $\underline{x} P$ maps $\Delta$ continuously into itself. By the Brouwer Fixed Point Theorem, there is a probability vector $\underline{p}$ s.t. $\underline{p} P=\underline{p}$ (this is the stationary probability vector).

The irreducibility of $P$ implies that all the coordinates of $\underline{p}$ are strictly positive. Indeed, $\sum p_{k}=1$ so at least one coordinate $p_{i}$ is positive. For any other coordinate $p_{j}$ there is by irreducibility a path $\left(i, \xi_{1}, \ldots, \xi_{n-1}, j\right)$ such that

$$
p_{i \xi_{1}} p_{\xi_{1} \xi_{2}} \cdots p_{\xi_{n-2} \xi_{n-1}} p_{\xi_{n-1} j}>0
$$

So $p_{j}=\left(\underline{p}^{n}\right)_{j}=\sum_{k} p_{k} p_{k j}^{(n)} \geq p_{i} p_{i \xi_{1}} p_{\xi_{1} \xi_{2}} \cdots p_{\xi_{n-2} \xi_{n-1}} p_{\xi_{n-1} j}>0$.
So $\underline{p}$ lies in the interior of $\Delta$, and the set $C:=\Delta-\underline{p}$ is a compact convex neighborhood of the origin such that $T(C) \subset C, T^{m}(C) \subset \overline{\operatorname{in}} t[C]$. (We mean the relative interior in the $(N-1)$-dimensional body $C$, not the ambient space $\mathbb{R}^{N}$.)

Now consider $L:=\operatorname{span}(C)$ (an $N-1-$ dimensional space). This is an invariant space for $T$, whence for $P^{t}$ (the transpose of $P$ ). We claim that all the eigenvalues of $\left.P^{t}\right|_{L}$ have absolute value less than 1 :

1. Eigenvalues of modulus larger than one are impossible, because $P$ is stochastic, so $\|\underline{v} P\|_{1} \leq\|\underline{v}\|_{1}$, so the spectral radius of $P^{t}$ cannot be more than 1 .
2. Roots of unity are impossible, because in this case for some $k, P^{k m}$ has a real eigenvector $\underline{v}$ with eigenvalue one. There is no loss of generality in assuming that $\underline{v} \in \partial C$, otherwise multiply $\underline{v}$ by a suitable scalar. But $P^{k m}$ cannot have fixed points on $\partial C$, because $P^{k m}(C) \subset$ int $[C]$
3. Eigenvalues $e^{i \theta}$ with $\theta \notin 2 \pi \mathbb{Q}$ are impossible, because if $e^{i \theta}$ is an eigenvalue then there are two real eigenvectors $\underline{u}, \underline{v} \in \partial C$ such that the action of $P$ on $\operatorname{span}\{\underline{u}, \underline{v}\}$
[^1]is conjugate to $\left(\begin{array}{cc}\cos \theta & \sin \theta \\ -\sin \theta & \cos \theta\end{array}\right)$, an irrational rotation. This means $\exists k_{n} \rightarrow \infty$ s.t. $\underline{u} P^{m k_{n}} \rightarrow \underline{u} \in \partial C$. But this cannot be the case because $P^{m}[C] \subset$ int $[C]$, and by compactness, this cannot intersect $\partial C$.

In summary the spectral radius of $\left.P^{t}\right|_{L}$ is less than one.
But $\mathbb{R}^{N}=L \oplus \operatorname{span}\{\underline{p}\}$. If we decompose a general vector $\underline{v}=\underline{q}+t \underline{p}$ with $\underline{q} \in$ $L$, then the above implies that $\underline{v} P^{n}=t \underline{p}+O\left(\left\|\left.P^{n}\right|_{L}\right\|\right)\|\underline{q}\| \xrightarrow[n \rightarrow \infty]{\longrightarrow} t \underline{p}$. It follows that $p_{a b}^{(n)} \xrightarrow[n \rightarrow \infty]{\longrightarrow} p_{b}$ for all $a, b$.

This is almost the ergodic theorem for irreducible aperiodic Markov chains, the only thing which remains is to show that $P$ has a unique stationary vector. Suppose $\underline{q}$ is another probability vector s.t. $\underline{q} P=\underline{q}$. We can write $p_{a b}^{(n)} \rightarrow p_{b}$ in matrix form as follows:

$$
P^{n} \underset{n \rightarrow \infty}{\longrightarrow} Q, \text { where } Q=\left(q_{a b}\right)_{S \times S} \text { and } q_{a b}=p_{b} .
$$

This means that $\underline{q}=\underline{q} P^{n} \rightarrow \underline{q} Q$, whence $\underline{q} Q=\underline{q}$, so $q_{a}=\sum_{b} q_{b} q_{b a}=\sum_{b} q_{b} p_{a}=p_{a}$.
Consider now the periodic irreducible case. Let $A$ be the transition matrix associated to $P$ (with entries $t_{a b}=1$ when $p_{a b}>0$ and $t_{a b}=0$ otherwise), and let $p$ denote the period of $P$. Fix once and for all a state $v$. Working with the SFT $\Sigma_{A}^{+}$, we let

$$
S_{k}:=\{b \in S: v \xrightarrow{n} b \text { for some } n=k \bmod p\}(k=0, \ldots, p-1) .
$$

$S_{k}$ are pairwise disjoint, because if $b \in S_{k_{1}} \cap S_{k_{2}}$, then $\exists \alpha_{i}=k_{i} \bmod p$ and $\exists \beta$ s.t. $v \xrightarrow{\alpha_{i}} b \xrightarrow{\beta} v$ for $i=1,2$. By the definition of the period, $p \mid \alpha_{i}+\beta$ for $i=1,2$, whence $k_{1}=\alpha_{1}=-\beta=\alpha_{2}=k_{2} \bmod p$.

It is also clear that every path of length $\ell$ which starts at $S_{k}$, ends at $S_{k^{\prime}}$ where $k^{\prime}=k+\ell \bmod p$. In particular, every path of length $p$ which starts at $S_{k}$ ends at $S_{k}$. This means that if $p_{a b}^{(p)}>0$, then $a, b$ belong to the same $S_{k}$.

It follows that $P^{P}$ is conjugate, via a coordinate permutation, to a block matrix with blocks $\left(p_{a b}^{(p)}\right) s_{k} \times s_{k}$. Each of the blocks is stochastic, irreducible, and aperiodic. Let $\boldsymbol{\pi}^{(k)}$ denote the stationary probability vectors of the blocks.

By the first part of the proof, $p_{a b}^{(\ell p)} \underset{\ell \rightarrow \infty}{\longrightarrow} \pi_{b}^{(k)}$ for all $a, b$ in the same $S_{k}$, and $p_{a b}^{(n)}=0$ for $n \neq 0 \bmod p$. More generally, if $a \in S_{k_{1}}$ and $b \in S_{k_{2}}$, then

$$
\begin{aligned}
\lim _{\ell \rightarrow \infty} p_{a b}^{\left(\ell p+k_{2}-k_{1}\right)} & =\lim _{\ell \rightarrow \infty} \sum_{\xi \in S_{k_{2}}} p_{a \xi}^{\left(k_{2}-k_{1}+p\right)} p_{\xi b}^{(\ell \ell-1) p)} \\
& =\sum_{\xi \in S_{K_{2}}} p_{a \xi}^{\left(k_{2}-k_{1}+p\right)} \pi_{b}^{\left(k_{2}\right)}(\text { by the above }) \\
& =\pi_{b}^{\left(k_{2}\right)} \sum_{\xi \in S} p_{a \xi}^{\left(k_{2}-k_{1}+p\right)}=\pi_{b}^{\left(k_{2}\right)} . \quad\left(\because p_{a \xi}^{\left(k_{2}-k_{1}+p\right)}=0 \text { when } \xi \notin S_{k_{2}}\right)
\end{aligned}
$$

Similarly, $p_{a b}^{(\ell p+\alpha)}=0$ when $\alpha \neq k_{2}-k_{1} \bmod p$. Thus

$$
\lim _{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n} p_{a b}^{(k)}=\frac{1}{p} \pi_{b}^{(k)} \text { for the unique } k \text { s.t. } S_{k} \ni b
$$

The limiting vector $\underline{\pi}$ is a probability vector, because $\sum_{k=1}^{p} \sum_{b \in S_{k}} \frac{1}{p} \pi_{b}^{(k)}=1$.
We claim that $\underline{\pi}$ is the unique stationary probability vector of $P$. The limit theorem for $p_{a b}^{(n)}$ can be written in the form $\frac{1}{n} \sum_{k=0}^{n-1} P^{k} \rightarrow Q$ where $Q=\left(q_{a b}\right)_{S \times S}$ and $q_{a b}=\pi_{b}$. As before this implies that $\underline{\pi} P=\underline{\pi}$ and that any probability vector $\underline{q}$ such that $\underline{q} P=\underline{q}$, we also have $\underline{q} Q=\underline{q}$, whence $\underline{q}=\underline{p}$.

### 1.5.5 The geodesic flow on a hyperbolic surface

The hyperbolic plane is the surface $\mathbb{H}:=\{z \in \mathbb{C}: \operatorname{Im}(z)>0\}$ equipped with the Riemannian metric $d s=|d z| / \operatorname{Im}(z)$, which gives it constant curvature $(-1)$.

It is known that the orientation preserving isometries (i.e. distance preserving maps) are the Möbius transformations which preserve $\mathbb{H}$. They form the group

$$
\begin{aligned}
\operatorname{Möb}(\mathbb{H}) & =\left\{z \mapsto \frac{a z+b}{c z+d}: a, b, c, d \in \mathbb{R}, a d-b c=1\right\} \\
& \simeq\left\{\left(\begin{array}{ll}
a & b \\
c & d
\end{array}\right): a, b, c, d \in \mathbb{R}, a d-b c=1\right\} /\{ \pm i d\}=: \operatorname{PSL}(2, \mathbb{R}) .
\end{aligned}
$$

(We quotient by $\{ \pm i d\}$ to identify $\left(\begin{array}{l}a \\ a \\ c\end{array}\right),\left(\begin{array}{cc}-a & -b \\ -c & -d\end{array}\right)$ which represent the same Möbius transformation.)

The geodesics (i.e. length minimizing curves) on the hyperbolic plane are vertical half-lines, or circle arcs which meet $\partial \mathbb{H}$ at right angles. Here is why: Suppose $\omega \in$ $T M$ is a unit tangent vector which points directly up, then it is not difficult to see that the geodesic at direction $\omega$ is a vertical line. For general unit tangent vectors $\omega$, find an element $\varphi \in \operatorname{Möb}(\mathbb{H})$ which rotates them so that $d \varphi(\omega)$ points up. The geodesic in direction $\omega$ is the $\varphi$-preimage of the geodesic in direction $d \varphi(\omega)$ (a vertical half-line). Since Möbius transformations map lines to lines or circles in a conformal way, the geodesic of $\omega$ is a circle meeting $\partial \mathbb{H}$ at right angles.

The geodesic flow of $\mathbb{H}$ is the flow $g^{t}$ on the unit tangent bundle of $\mathbb{H}$,

$$
T^{1} \mathbb{H}:=\{\text { tangent vectors with length one }\}
$$

which moves $\omega$ along the geodesic it determines at unit speed.
To describe this flow it useful to find a convenient parametrization for $T^{1} \mathbb{H}$. Fix $\omega_{0} \in T^{1} \mathbb{H}$ (e.g. the unit vector based at $i$ and pointing up). For every $\omega$, there is a unique $\varphi_{\omega} \in \operatorname{Möb}(\mathbb{H})$ such that $\omega=d \varphi_{\omega}\left(\omega_{0}\right)$, thus we can identify

$$
T^{1} \mathbb{H} \simeq \operatorname{Möb}(\mathbb{H}) \simeq \operatorname{PSL}(2, \mathbb{R})
$$

It can be shown that in this coordinate system the geodesic flow takes the form

$$
g^{t}\left(\begin{array}{ll}
a & b \\
c & d
\end{array}\right)=\left(\begin{array}{ll}
a & b \\
c & d
\end{array}\right)\left(\begin{array}{cc}
e^{t / 2} & 0 \\
0 & e^{-t / 2}
\end{array}\right)
$$

To verify this, it is enough to calculate the geodesic flow on $\omega_{0} \simeq\left(\begin{array}{ll}1 & 0 \\ 0 & 1\end{array}\right)$.
Next we describe the Riemannian volume measure on $T^{1} \mathbb{H}$ (up to normalization). Such a measure must be invariant under the action of all isometries. In our coordinate system, the isometry $\varphi(z)=(a z+b) /(c z+d)$ acts by

$$
\varphi\left(\begin{array}{ll}
x & y \\
z & w
\end{array}\right)=\left(\begin{array}{ll}
a & b \\
c & d
\end{array}\right)\left(\begin{array}{ll}
x & y \\
z & w
\end{array}\right)
$$

Since $\operatorname{PSL}(2, \mathbb{R})$ is a locally compact topological group, there is only one Borel measure on $\operatorname{PSL}(2, \mathbb{R})$ (up to normalization), which is left invariant by all left translations on the group: the Haar measure of $\operatorname{PSL}(2, \mathbb{R})$. Thus the Riemannian volume measure is a left Haar measure of $\operatorname{PSL}(2, \mathbb{R})$, and this determines it up to normalization.

It is a convenient feature of $\operatorname{PSL}(2, \mathbb{R})$ that its left Haar measure is also invariant under right translations. It follows that the geodesic flow preserves the volume measure on $T^{1} \mathbb{H}$. But this measure is infinite, and it is not ergodic (prove!).

To obtain ergodic flows, we need to pass to compact quotients of $\mathbb{H}$. These are called hyperbolic surfaces.

A hyperbolic surface is a Riemannian surface $M$ such that every point in $M$ has a neighborhood $V$ which is isometric to an open subset of $\mathbb{H}$. Recall that a Riemannian surface is called complete, if every geodesic can be extended indefinitely in both directions.

Theorem 1.4 (Killing-Hopf Theorem). Every complete connected hyperbolic surface is isometric to $\Gamma^{\backslash^{\mathbb{H}}}:=\{\Gamma z: z \in \mathbb{H}\}$, where

1. $\Gamma$ is a subgroup of $M o ̈ b(\mathbb{H})$ and $\Gamma z:=\{g(z): g \in \Gamma\}$.
2. Every point $z \in \mathbb{H}$ is in the interior of some open set $U \subset P S L(2, \mathbb{R})$ s.t. $\{g(U)$ : $g \in \Gamma\}$ are pairwise disjoint. So $\Gamma z^{\prime} \mapsto$ the unique point in $\Gamma z^{\prime} \cap U$ is a bijection.
3. the Riemannian structure on $\left\{\Gamma z^{\prime}: z^{\prime} \in U\right\}$ is the one induced by the Riemannian structure on $U$.

If we identify $\Gamma$ with a subgroup of $\operatorname{PSL}(2, \mathbb{R})$, then we get the identification $T^{1}\left(\Gamma \backslash^{\mathbb{H}}\right) \simeq{ }_{\Gamma} \backslash^{\operatorname{PSL}(2, \mathbb{R})}$. It is clear that the Haar measure on $\operatorname{PSL}(2, \mathbb{R})$ induces a unique locally finite measure on $\Gamma \backslash^{\mathrm{PSL}(2, \mathbb{R})}$, and that the geodesic flow on $T^{1}\left(\Gamma \backslash^{\mathbb{H}}\right)$ takes the form

$$
g^{t}(\Gamma \omega)=\Gamma \omega\left(\begin{array}{cc}
e^{t / 2} & 0 \\
0 & e^{-t / 2}
\end{array}\right)
$$

and preserves this measure.
Definition 1.11. A measure preserving flow $g^{t}: X \rightarrow X$ is called ergodic, if every measurable set $E$ such that $g^{-t}(E)=E$ for all $t$ satisfies $m(E)=0$ or $m\left(E^{c}\right)=0$.

Theorem 1.5. If $\Gamma \backslash^{\mathbb{H}}$ is compact, then the geodesic flow on $T^{1}\left(\Gamma \backslash^{\mathbb{H}}\right)$ is ergodic.
Proof. If $\Gamma \backslash^{\mathbb{H}}$ is compact, then ${ }_{\Gamma} \backslash^{\mathbb{H}}$ has finite volume. In this case, ergodicity is equivalent to the following property: Every square integrable function $f$ such that for a.e. $x, f\left(g^{t} x\right)=f(x)$ for all $t \in \mathbb{R}$, is equal a.e. to a constant function (prove!).

Consider the following flows:

$$
\begin{aligned}
& h_{s t}^{t}(\Gamma \omega)=\Gamma \omega\left(\begin{array}{ll}
1 & t \\
0 & 1
\end{array}\right) \\
& h_{u n}^{t}(\Gamma \omega)=\Gamma \omega\left(\begin{array}{ll}
1 & 0 \\
t & 1
\end{array}\right)
\end{aligned}
$$

If we can show that any geodesic invariant function $f$ is also invariant under these flows then we are done, because it is known that

$$
\left\langle\left(\begin{array}{ll}
1 & t \\
0 & 1
\end{array}\right),\left(\begin{array}{ll}
1 & 0 \\
t & 1
\end{array}\right),\left(\begin{array}{ll}
\lambda & 0 \\
0 & \lambda^{-1}
\end{array}\right)\right\rangle=\operatorname{PSL}(2, \mathbb{R})
$$

(prove!), and any $\operatorname{PSL}(2, \mathbb{R})$-invariant function on ${ }_{\Gamma} \backslash^{\operatorname{PSL}(2, \mathbb{R})}$ is constant.
Since our measure is induced by the the Haar measure, the flows $h_{u n}^{t}, h_{s t}^{t}$ are measure preserving. A matrix calculation shows:

$$
\begin{aligned}
& g^{s} h_{s t}^{t} g^{-s}=h_{s t}^{t e^{-s}} \xrightarrow[s \rightarrow \infty]{\longrightarrow} i d \\
& g^{-s} h_{u n}^{t} g^{s}=h_{u n}^{t e^{s}} \xrightarrow[s \rightarrow-\infty]{\longrightarrow} i d
\end{aligned}
$$

Step 1. If $f \in L^{2}$, then $f \circ h^{t e^{-s}} \underset{s \rightarrow \infty}{L^{2}} f$.
Proof. Approximate by continuous functions of compact support, and observe that $h^{t}$ is an isometry of $L^{2}$.

Step 2. If $f \in L^{2}$ and $f \circ g^{s}=f$, then $f \circ h_{u n}^{t}=f$ and $f \circ h_{s t}^{t}=f$.
Proof. $\left\|f \circ h_{s t}^{t}-f\right\|_{2}=\left\|f \circ g^{s} \circ h_{s t}^{t}-f\right\|_{2}=\left\|f \circ g^{s} \circ h_{s t}^{t} \circ g^{-s}-f\right\|_{2} \rightarrow 0$.
Thus $f$ is $h_{s t}^{t}$-invariant. A similar calculation shows that it is $h_{u n}^{t}-$ invariant, and we are done.

### 1.6 Basic constructions

In this section we discuss several standard methods for creating new measure preserving transformations from old ones. These constructions appear quite frequently in applications.

## Products

Recall that the product of two measure spaces $\left(X_{i}, \mathscr{B}_{i}, \mu_{i}\right)(i=1,2)$ is the measure space $\left(X_{1} \times X_{2}, \mathscr{B}_{1} \otimes \mathscr{B}_{2}, \mu_{1} \times \mu_{2}\right)$ where $\mathscr{B}_{1} \times \mathscr{B}_{2}$ is the smallest $\sigma$-algebra which contains all sets of the form $B_{1} \times B_{2}$ where $B_{i} \in \mathscr{B}_{i}$, and $\mu_{1} \times \mu_{2}$ is the unique measure such that $\left(\mu_{1} \times \mu_{2}\right)\left(B_{1} \times B_{2}\right)=\mu_{1}\left(B_{1}\right) \mu_{2}\left(B_{2}\right)$.

This construction captures the idea of independence from probability theory: if $\left(X_{i}, \mathscr{B}_{i}, \mu_{i}\right)$ are the probability models of two random experiments, and these experiments are "independent", then $\left(X_{1} \times X_{2}, \mathscr{B}_{1} \otimes \mathscr{B}_{2}, \mu_{1} \times \mu_{2}\right)$ is the probability model of the pair of the experiments, because for every $E_{1} \in \mathscr{B}_{1}, E_{2} \in \mathscr{B}_{2}$,

$$
\begin{aligned}
F_{1} & :=E_{1} \times X_{2} \quad \text { is the event "in experiment } 1, E_{1} \text { happened" } \\
F_{2} & :=X_{1} \times E_{2} \quad \text { is the event "in experiment } 2, E_{2} \text { happened" } \\
F_{1} \cap F_{2} & =E_{1} \times E_{2}
\end{aligned}
$$

and $F_{1} \cap F_{2}=E_{1} \times E_{2}$; so $\left(\mu_{1} \times \mu_{2}\right)\left(F_{1} \cap F_{2}\right)=\left(\mu_{1} \times \mu_{2}\right)\left(F_{1}\right)\left(\mu_{1} \times \mu_{2}\right)\left(F_{2}\right)$, showing that the events $F_{1}, F_{2}$ are independent.

Definition 1.12. The product of two measure preserving systems $\left(X_{i}, \mathscr{B}_{i}, \mu_{i}, T_{i}\right)(i=$ $1,2)$ is the measure preserving system $\left(X_{1} \times X_{2}, \mathscr{B}_{1} \otimes \mathscr{B}_{2}, \mu_{1} \times \mu_{2}, T_{1} \times T_{2}\right)$, where $\left(T_{1} \times T_{2}\right)\left(x_{1}, x_{2}\right)=\left(T_{1} x_{1}, T_{2} x_{2}\right)$.
(Check that $S$ is measure preserving.)
Proposition 1.9. The product of two ergodic mpt is not always ergodic. The product of two mixing mpt is always mixing.

Proof. The product of two (ergodic) irrational rotations $S:=R_{\alpha} \times R_{\alpha}: \mathbb{T}^{2} \rightarrow \mathbb{T}^{2}$, $S(x, y)=(x+\alpha, y+\alpha) \bmod 1$ is not ergodic: $F(x, y)=y-x \bmod 1$ is a nonconstant invariant function. (See problem 1.8.)

The product of two mixing mpt is however mixing. To see this set $\mu=\mu_{1} \times \mu_{2}$, $S=T_{1} \times T_{2}$, and $\mathscr{S}:=\left\{A \times B: A \in \mathscr{B}_{1}, B \in \mathscr{B}_{2}\right\}$. For any $E_{1}:=A_{1} \times B_{1}, E_{2}:=$ $A_{2} \times B_{2} \in \mathscr{S}$,

$$
\begin{aligned}
\mu\left(E_{1} \cap S^{-n} E_{2}\right) & =\mu\left(\left(A_{1} \times B_{1}\right) \cap\left(T_{1} \times T_{2}\right)^{-n}\left(A_{2} \times B_{2}\right)\right) \\
& =\mu\left(\left(A_{1} \cap T^{-n} A_{2}\right) \cap\left(B_{1} \cap T^{-n} B_{2}\right)\right) \\
& =\mu_{1}\left(A_{1} \cap T^{-n} A_{2}\right) \mu_{2}\left(B_{1} \cap T^{-n} B_{2}\right) \\
& \xrightarrow[n \rightarrow \infty]{ } \mu_{1}\left(A_{1}\right) \mu_{2}\left(B_{1}\right) \mu_{1}\left(A_{2}\right) \mu_{2}\left(B_{2}\right)=\mu\left(A_{1} \times B_{1}\right) \mu\left(A_{2} \times B_{2}\right) .
\end{aligned}
$$

Since $\mathscr{S}$ is a semi-algebra which generates $\mathscr{B}_{1} \otimes \mathscr{B}_{2}$, any element of $\mathscr{B}_{1} \otimes \mathscr{B}_{2}$ can be approximated by a finite disjoint elements of $\mathscr{S}$, and a routine approximation argument shows that $\mu\left(E \cap S^{-n} F\right) \rightarrow \mu(E) \mu(F)$ for all $E, F \in \mathscr{B}$.

### 1.6.1 Skew-products

We start with an example. Let $\mu$ be the $\left(\frac{1}{2}, \frac{1}{2}\right)$-Bernoulli measure on the two shift $\Sigma_{2}^{+}:=\{0,1\}^{\mathbb{N}}$. Let $f: \Sigma_{2}^{+} \rightarrow \mathbb{Z}$ be the function $f\left(x_{0}, x_{1}, \ldots\right)=(-1)^{x_{0}}$. Consider the transformation

$$
T_{f}: \Sigma_{2}^{+} \times \mathbb{Z} \rightarrow \Sigma_{2}^{+} \times \mathbb{Z}, T_{f}(\underline{x}, k)=(\sigma(\underline{x}), k+f(x))
$$

where $\sigma: \Sigma_{2}^{+} \rightarrow \Sigma_{2}^{+}$is the left shift. This system preserves the (infinite) measure $\mu \times m_{\mathbb{Z}}$ where $m_{\mathbb{Z}}$ is the counting measure on $\mathbb{Z}$. The $n$-th iterate is

$$
T_{f}^{n}(\underline{x}, k)=\left(\sigma^{n} \underline{x}, k+X_{0}+\cdots+X_{n-1}\right), \text { where } X_{i}:=(-1)^{x_{i}} .
$$

What we see in the second coordinate is the symmetric random walk on $\mathbb{Z}$, started at $k$, because (1) the steps $X_{i}$ take the values $\pm 1$, and (2) $\left\{X_{i}\right\}$ are independent because of the choice of $\mu$. We say that the second coordinate is a "random walk on $\mathbb{Z}$ driven by the noise process $\left(\Sigma_{2}^{+}, \mathscr{B}, \mu, \sigma\right) . "$

Here is a variation on this example. Suppose $T_{0}, T_{1}$ are two measure preserving transformations of the same measure space $(Y, \mathscr{C}, v)$. Consider the transformation $\left(X \times Y, \mathscr{B} \otimes \mathscr{C}, \mu \times v, T_{f}\right)$, where

$$
T_{f}(x, y)=\left(T x, T_{f(x)} y\right)
$$

The $n$-th iterate takes the form $T_{f}^{n}(x, y)=\left(\sigma^{n} x, T_{x_{n-1}} \cdots T_{x_{0}} y\right)$. The second coordinate looks like the random concatenation of elements of $\left\{T_{0}, T_{1}\right\}$. We say that $T_{f}$ is a "random dynamical system driven by the noise process $(X, \mathscr{B}, \mu, T)$."

These examples suggest the following abstract constructions.
Suppose $(X, \mathscr{B}, \mu, T)$ is a mpt, and $G$ is a locally compact Polish ${ }^{3}$ topological group, equipped with a left invariant Haar measure $m_{G}$. Suppose $f: X \rightarrow G$ is measurable.

Definition 1.13. The skew-product with cocycle $f$ over the basis $(X, \mathscr{B}, \mu, T)$ is the $\operatorname{mpt}\left(X \times G, \mathscr{B} \otimes \mathscr{B}(G), \mu \times m_{G}, T_{f}\right)$, where $T_{f}: X \times G \rightarrow X \times G$ is the transformation $T_{f}(x, g)=(T x, g \cdot f(x))$.
(Check, using Fubini's theorem, that this is a mpt.) The $n$-th iterate $T_{f}^{n}(x, g)=$ $\left(T^{n-1} x, g \cdot f(x) \cdot f(T x) \cdots f\left(T^{n-1} x\right)\right)$, is a "random walk on $G$ driven by the noise process $(X, \mathscr{B}, \mu, T)$."

Now imagine that the group $G$ is acting in a measure preserving way on some space $(Y, \mathscr{C}, v)$. This means that there are measurable maps $T_{g}: Y \rightarrow Y$ such that $v \circ T_{g}^{-1}=v, T_{g_{1} g_{2}}=T_{g_{1}} T_{g_{2}}$, and $(g, y) \mapsto T_{g}(y)$ is a measurable from $X \times G$ to $Y$.

Definition 1.14. The random dynamical system on $(Y, \mathscr{C}, v)$ with action $\left\{T_{g}: g \in\right.$ $G\}$, cocycle $f: X \rightarrow G$, and noise process $(X, \mathscr{B}, \mu, T)$, is the system $(X \times Y, \mathscr{B} \otimes$ $\left.\mathscr{C}, \mu \times v, T_{f}\right)$ given by $T_{f}(x, y)=\left(T x, T_{f(x)} y\right)$.

[^2](Check using Fubini's theorem that this is measure preserving.) Here the $n$-th iterate is $T_{f}^{n}(x, y)=\left(T^{n} x, T_{f\left(T^{n} x\right)} \cdots T_{f(T x)} T_{f(x)} y\right)$.

It is obvious that if a skew-product (or a random dynamical system) is ergodic or mixing, then its base is ergodic or mixing. The converse is not always true. The ergodic properties of a skew-product depend in a subtle way on the interaction between the base and the cocycle.

Here are two important obstructions to ergodicity and mixing for skew-products. In what follows $G$ is a polish group and $\widehat{G}$ is its group of characters,

$$
\widehat{G}:=\left\{\gamma: G \rightarrow S^{1}: \gamma \text { is a continuous homomorphism }\right\} .
$$

Definition 1.15. Suppose $(X, \mathscr{B}, \mu, T)$ is a ppt and $f: X \rightarrow G$ is Borel.

1. $f$ is called arithmetic w.r.t. $\mu$, if $\exists h: X \rightarrow S^{1}$ measurable, and $\gamma \in \widehat{G}$ non-constant, such that $\gamma \circ f=h / h \circ T$ a.e.
2. $f$ is called periodic w.r.t. $\mu$, if $\exists h: X \rightarrow S^{1}$ measurable, $|\lambda|=1$, and $\gamma \in \widehat{G}$ nonconstant, such that $\gamma \circ f=\lambda h / h \circ T$ a.e.
Proposition 1.10. Let $(X, \mathscr{B}, \mu, T)$ be a ppt, $f: X \rightarrow G$ Borel, and $(X \times G, \mathscr{B} \otimes$ $\left.\mathscr{B}(G), \mu \times m_{G}, T_{f}\right)$ the corresponding skew-product. If $f$ is arithmetic, then $T_{f}$ is not ergodic, and if $f$ is periodic, then $T_{f}$ is not mixing.
Proof. Suppose $f$ is arithmetic. The function $F(x, y):=h(x) \gamma(y)$ satisfies

$$
F(T x, y f(x))=h(T x) \gamma(y) \gamma(f(x))=h(T x) \gamma(y) h(x) / h(T x)=F(x, y)
$$

and we have a non-constant invariant function. So arithmeticity $\Rightarrow$ non-ergodicity. Similarly, if $f$ is periodic, then $F(x, y)=h(x) \gamma(y)$ satisfies $F(T x, y f(x))=\lambda F(x, y)$, whence $F \circ T_{f}=\lambda F$. Pick $n_{k} \rightarrow \infty$ s.t. $\lambda^{n_{k}} \rightarrow 1$, then $\operatorname{Cov}\left(F, F \circ T_{f}^{n_{k}}\right) \underset{k \rightarrow \infty}{\longrightarrow} \int F^{2}-$ $\left(\int F\right)^{2}$. Since $F \neq \int F$ a.e., the limit is non-zero and we get a contradiction to mixing. So periodicity $\Rightarrow$ non-mixing.

### 1.6.2 Factors

When we construct skew-products over a base, we enrich the space. A factor is a constructions which depletes the space.
Definition 1.16. A mpt transformation $(X, \mathscr{B}, \mu, T)$ is called a (measure theoretic) factor of a mpt transformation $(Y, \mathscr{C}, v, S)$, if there are sets of full measure $X^{\prime} \subset$ $X, Y^{\prime} \subset Y$ such that $T\left(X^{\prime}\right) \subset X^{\prime}, S\left(Y^{\prime}\right) \subset Y^{\prime}$, and a measurable onto map $\pi: Y^{\prime} \rightarrow X^{\prime}$ such that $v \circ \pi^{-1}=\mu$ and $\pi \circ S=T \circ \pi$ on $Y^{\prime}$. We call $\pi$ the factor map.


If $(X, \mathscr{B}, \mu, T)$ is a factor of $(Y, \mathscr{C}, v, S)$, then it is customary to call $(Y, \mathscr{C}, v, S)$ an extension of $(X, \mathscr{B}, \mu, T)$ and $\pi$ the factor map.

There are three principle examples:

1. Any measure theoretic isomorphism between two mpt is a factor map between them. But some factor maps are not isomorphisms because they are not injective.
2. A skew product $T_{f}: X \times Y \rightarrow X \times Y$ is an extension of its base $T: X \rightarrow X$. The factor map is $\pi: X \times G \rightarrow X, \pi(x, y)=x$.
3. Suppose $(X, \mathscr{B}, \mu, T)$ is an mpt and $T$ is measurable w.r.t. a smaller $\sigma$-algebra $\mathscr{C} \subset \mathscr{B}$ (i.e. $\left.T^{-1} \mathscr{C} \subset \mathscr{C}\right)$, then $(X, \mathscr{C}, \mu, T)$ is a factor of $(X, \mathscr{B}, \mu, T)$. The factor map is the identity.

We dwell a bit more on the third example. In probability theory, $\sigma$-algebras model information: a set $E$ is "measurable", if we can answer the question "is $\omega$ in $E$ ?" using the information available to use. For example, if a real number $x \in \mathbb{R}$ is unknown, but we can "measure" $|x|$, then the information we have on $x$ is modeled by the $\sigma$-algebra $\{E \subset \mathbb{R}: E=-E\}$, because we can determined whether $x \in E$ only for symmetric sets $E$. By decreasing the $\sigma$-algebra, we are forgetting some information. For example if instead of knowing $|x|$, we only know whether $0 \leq|x| \leq$ 1 or not, then our $\sigma$-algebra is the finite $\sigma$-algebra $\{\varnothing, \mathbb{R},[-1,1], \mathbb{R} \backslash[-1,1]\}$.

Here is a typical example. Suppose we have a dynamical system $(X, \mathscr{B}, \mu, T)$, and we cannot "measure" $x$, but we can "measure" $f(x)$ for some measurable $f: X \rightarrow \mathbb{R}$. Then the information we have by observing the dynamical system is encoded in the smallest $\sigma$-algebra $\mathscr{C} \subset \mathscr{B}$ with respect to which $f \circ T^{n}$ are all measurable. ${ }^{4}$ The dynamical properties we feel in this case are those of the factor $(X, \mathscr{C}, \mu, T)$ and not of the $(X, \mathscr{B}, \mu, T)$. For example, it could be the case that $\mu\left(E \cap T^{-n} F\right) \rightarrow \mu(E) \mu(F)$ for all $E, F \in \mathscr{C}$ but not for all $E, F \in \mathscr{B}$ - and then we will observe "mixing" simply because our information is not sufficient to observe the non-mixing in the system.

### 1.6.3 The natural extension

An invertible mpt is a mpt $(X, \mathscr{B}, \mu, T)$ such that for some invariant set $X^{\prime} \subset X$ of full measure, $T: X^{\prime} \rightarrow X^{\prime}$ is invertible, and $T, T^{-1}: X^{\prime} \rightarrow X^{\prime}$ are measurable. Invertible mpt are more convenient to handle than general mpt because they have the following properties: If $(X, \mathscr{B}, \mu)$ is a complete measure space, then the forward image of a measurable set is measurable, and for any countable collection of measurable sets $A_{i}, T\left(\bigcap A_{i}\right)=\bigcap T\left(A_{i}\right)$ up to a set of measure zero. This is not true in general for non-invertible maps. Luckily, every "reasonable" non-invertible mpt is the factor of an invertible mpt. Here is the construction.

[^3]Definition 1.17. Suppose $(X, \mathscr{B}, \mu, T)$ is a ppt defined on a Lebesgue measure space, and assume $T(X)=X$. The natural extension of $(X, \mathscr{B}, \mu, T)$ is the system $(\widetilde{X}, \widetilde{\mathscr{B}}, \widetilde{\mu}, \widetilde{T})$, where

1. $\widetilde{\sim}:=\left\{\underline{x}=\left(\ldots, x_{-1}, x_{0}, x_{1}, x_{2}, \ldots\right): x_{i} \in X, T\left(x_{i}\right)=x_{i+1}\right.$ for all $\left.i\right\} ;$
2. $\widetilde{\mathscr{B}}$ is the smallest $\sigma$-algebra which contains all sets of the form $\left\{\underline{x} \in \widetilde{X}: x_{i} \in E\right\}$ with $i \leq 0$ and $E \in \mathscr{B}$ (see below);
3. $\widetilde{\mu}$ is the unique probability measure on $\widetilde{\mathscr{B}}$ such that $\mu\left\{\underline{x} \in \widetilde{X}: x_{i} \in E_{i}\right\}=\mu\left(E_{i}\right)$ for all $i \leq 0$ and $E_{i} \in T^{-i} \mathscr{B}$;
4. $\widetilde{T}$ is the left shift.

Lemma 1.2. The measure $\widetilde{\mu}$ exists and is unique.
Proof (the proof can be omitted on first reading). Let $\mathscr{S}$ denote the collection of all sets of the form $\left[E_{-n}, \ldots, E_{0}\right]:=\left\{\underline{x} \in \widetilde{X}: x_{-i} \in E_{-i}(i=0, \ldots, n)\right\}$ where $n \geq 0$ and $E_{-n}, \ldots, E_{-1}, E_{0} \in \mathscr{B}$. We call the elements of $\mathscr{S}$ cylinders.

It is easy to see that $\mathscr{S}$ is a semi-algebra. Our plan is to define $\tilde{\mu}$ on $\mathscr{S}$ and then apply Carathéodory's extension theorem. To do this we first observe the following important identity:

$$
\begin{equation*}
\left[E_{-n}, \ldots, E_{0}\right]=\left\{\underline{x} \in \widetilde{X}: x_{-n} \in \bigcap_{i=0}^{n} T^{-(n-i)} E_{-i}\right\} \tag{1.3}
\end{equation*}
$$

The inclusion $\subseteq$ is because for every $\underline{x} \in\left[E_{-n}, \ldots, E_{0}\right], x_{-n} \equiv T^{-(n-i)} x_{-i} \in T^{-(n-i)} E_{-i}$ by the definition of $\widetilde{X}$; and $\supseteq$ is because if $x_{-n} \in T^{-(n-i)} E_{-i}$ then $x_{-i} \equiv T^{(n-i)}\left(x_{-n}\right) \in$ $E_{-i}$ for $i=0, \ldots, n$. Motivated by this identity we define $\widetilde{\mu}: \mathscr{S} \rightarrow[0, \infty]$ by

$$
\widetilde{\mu}\left[E_{-n}, \ldots, E_{0}\right]:=\mu\left(\bigcap_{i=0}^{n} T^{-(n-i)} E_{-i}\right) .
$$

Since $\widetilde{\mu}(\widetilde{X})=\mu(X)=1, \widetilde{\mu}$ is $\sigma$-finite on $\widetilde{X}$. We will check that $\widetilde{\mu}$ is $\sigma$-additive on $\mathscr{S}$ and deduce the lemma from Carathéodory's extension theorem. We begin with simpler finite statements.
STEP 1. Suppose $C_{1}, \ldots, C_{\alpha}$ are pairwise disjoint cylinders and $D_{1}, \ldots, D_{\beta}$ are pairwise disjoint cylinders. If $\biguplus_{i=1}^{\alpha} C_{i}=\biguplus_{i=1}^{\beta} D_{i}$, then $\sum \widetilde{\mu}\left(C_{i}\right)=\sum \widetilde{\mu}\left(D_{i}\right)$.
Proof. Notice that $\left[E_{-n}, \ldots, E_{0}\right] \equiv\left[X, \ldots, X, E_{-n}, \ldots, E_{0}\right]$ and (by the $T$-invariance of $\mu) \widetilde{\mu}\left[E_{-n}, \ldots, E_{0}\right]=\widetilde{\mu}\left[X, \ldots, X, E_{-n}, \ldots, E_{0}\right]$, no matter how many $X$ 's we add to the left. So there is no loss of generality in assuming that $C_{i}, D_{i}$ all have the same length: $C_{i}=\left[C_{-n}^{(i)}, \ldots, C_{0}^{(i)}\right], D_{j}=\left[D_{-n}^{(i)}, \ldots, D_{0}^{(i)}\right]$.

By (1.3), since $C_{i}$ are pairwise disjoint, $\bigcap_{k=0}^{n} T^{-(n-k)} C_{-k}^{(i)}$ are pairwise disjoint. Similarly, $\bigcap_{k=0}^{n} T^{-(n-k)} D_{-k}^{(i)}$ are pairwise disjoint. Since $\biguplus_{i=1}^{\alpha} C_{i}=\biguplus_{i=1}^{\beta} D_{i}$, the identity (1.3) also implies that $\biguplus_{i=1}^{\alpha} \bigcap_{k=0}^{n} T^{-(n-k)} C_{-k}^{(i)}=\biguplus_{j=1}^{\beta} \bigcap_{k=0}^{n} T^{-(n-k)} D_{-k}^{(i)}$. So

$$
\sum_{i=1}^{\alpha} \widetilde{\mu}\left(C_{i}\right)=\sum_{i=1}^{\alpha} \mu\left(\bigcap_{k=0}^{n} T^{-(n-k)} C_{-k}^{(i)}\right)=\sum_{j=1}^{\beta} \mu\left(\bigcap_{k=0}^{n} T^{-(n-k)} D_{-k}^{(j)}\right)=\sum_{j=1}^{\alpha} \widetilde{\mu}\left(D_{j}\right),
$$

which proves our claim.
STEP 2. Suppose $C, C_{1}, \ldots, C_{n}$ are cylinders. If $C \subset \biguplus_{i=1}^{n} C_{i}$, then $\widetilde{\mu}(C) \leq \sum_{i=1}^{n} \widetilde{\mu}\left(C_{i}\right)$.
Proof. Notice that $\bigcup_{i=1}^{n} C_{i}=\biguplus_{i=1}^{n}\left(C_{i} \cap \bigcap_{j=1}^{i-1} C_{j}^{c}\right)$. Using the fact that $\mathscr{S}$ is a semialgebra, it is not difficult to see that $C_{i} \cap \bigcap_{j=1}^{i-1} C_{j}^{c}$ is a finite pairwise disjoint union of cylinders: $C_{i} \cap \bigcap_{j=1}^{i-1} C_{j}^{c}=\biguplus_{k=1}^{n_{i}} C_{i k}$. So

$$
\bigcup_{i=1}^{n} C_{i}=\biguplus_{i=1}^{n} \biguplus_{k=1}^{n_{i}} C_{i k} \text { where } \biguplus_{k=1}^{n_{i}} C_{i k} \subset C_{i}
$$

Look at the inclusion $C \subset \bigcup_{i=1}^{n} C_{i} \equiv \biguplus_{i=1}^{n} \biguplus_{k=1}^{n_{i}} C_{i k}$. The set difference of the two sides of the equation is a finite pairwise disjoint union of cylinders because $\mathscr{S}$ is a semi-algebra. So by step $1 \widetilde{\mu}(C) \leq \sum_{i=1}^{n}\left(\sum_{k=1}^{n_{i}} \widetilde{\mu}\left(C_{i k}\right)\right)$.

Similarly, $\biguplus_{k=1}^{n_{i}} C_{i k} \subset C_{i}$ and the set difference of the two sides of the inclusion is a finite pairwise disjoint union of cylinders. So by step $1, \sum_{j=1}^{n_{i}} \widetilde{\mu}\left(C_{i k}\right) \leq \widetilde{\mu}\left(C_{i}\right)$. In summary $\widetilde{\mu}(C) \leq \sum \widetilde{\mu}\left(C_{i}\right)$.

We are finally ready to prove $\sigma$-additivity. Suppose $C_{k}=\left[E_{-n_{k}}^{(k)}, \ldots, E_{0}^{(k)}\right]$ are a countable collection of pairwise disjoint cylinders such that $\biguplus_{k=1}^{\infty} C_{k}=C=$ $\left[E_{-n}, \ldots, E_{0}\right]$. Our aim is to show that $\mu(C)=\sum \mu\left(C_{k}\right)$.

STEP 3. $\mu(C) \geq \sum \mu\left(C_{k}\right)$
Proof. Without loss of generality $n_{k} \geq n$ for all $k$, otherwise we can replace $C_{k}$ by the equal cylinder $\left[X, \ldots, X, E_{-n_{k}}^{(k)}, \ldots, E_{0}^{(k)}\right]$ with $X$ repeated $n-n_{k}-1$ times.

For every $K$, let $N_{K}:=\max \left\{n_{k}: 1 \leq k \leq K\right\}$, then $N_{K} \geq n$. Define $E_{-m}:=X$ for $m>n$ and $E_{-m}^{(k)}:=X$ for $m>n_{k}$. If $m>N_{K}$ and $1 \leq k \leq K$ then $C=\left[E_{-m}, \ldots, E_{0}\right]$ and $C_{k}=\left[E_{-m}^{(k)}, \ldots, E_{0}^{(k)}\right]$. So $\left[E_{-m}, \ldots, E_{0}\right] \supseteq \biguplus_{k=1}^{K}\left[E_{-m}^{(k)}, \ldots, E_{0}^{(k)}\right]$.

It now follows from (1.3) that $\bigcap_{i=0}^{m} T^{-(m-i)} E_{-i} \supseteq \biguplus_{k=1}^{K} \bigcap_{i=0}^{m} T^{-(m-i)} E_{-i}^{(k)}$, whence $\mu\left(\bigcap_{i=0}^{m} T^{-(m-i)} E_{-i}\right) \geq \mu\left(\biguplus_{k=1}^{K} \bigcap_{i=0}^{m} T^{-(m-i)} E_{-i}^{(k)}\right)$.

Since $\mu$ is $\sigma$-additive on $\mathscr{B}$ and $\mu \circ T^{-1}=\mu$, the left-hand-side equals $\widetilde{\mu}(C)$ and the right-hand-side equals $\sum_{k=1}^{K} \widetilde{\mu}\left(C_{k}\right)$.

STEP 2. $\mu(C) \leq \sum \mu\left(C_{k}\right)$.
Proof. It is here that we use the assumption that $(X, \mathscr{B}, \mu)$ is a Lebesgue measure space. The assumption allows us to assume without loss of generality that $X$ is a compact metric space and $\mathscr{B}$ is the completion of the Borel $\sigma$-algebra (because any union of an interval and a countable collection of atoms can be isomorphically embedded in such a space). In this case $\mu$ is regular: for every $E \in \mathscr{B}$ and for every $\varepsilon>0$ there is an open set $U$ and a compact set $F$ such that $F \subset E \subset U$ and $\mu(E \backslash F), \mu(U \backslash E)<\varepsilon$.

In particular, given $\varepsilon>0$ there is no problem in finding a compact set $F \subset$ $\bigcap_{i=0}^{n} T^{-(n-i)} E_{-i}$ and open sets $U_{k} \supset \bigcap_{i=0}^{n_{k}} T^{-\left(n_{k}-i\right)} E_{-i}^{(k)}$ open so that

$$
\mu(F) \geq \widetilde{\mu}(C)-\varepsilon \text { and } \mu\left(U_{k}\right) \leq \widetilde{\mu}\left(C_{k}\right)+\frac{\varepsilon}{2^{k}}
$$

By (1.3), $[F, \underbrace{X, \ldots, X}_{n}] \subset C=\biguplus_{k=1}^{\infty} C_{k} \subset \bigcup_{k=1}^{\infty}[U_{k}, \underbrace{X, \ldots, X}_{n_{k}}]$, and with respect to the product topology on $\widetilde{X},[F, X, \ldots, X]$ is compact and $\left[U_{k}, X, \ldots, X\right]$ are open. So there is a finite $N$ s.t. $[F, \underbrace{X, \ldots, X}_{n}] \subset \bigcup_{k=1}^{N}[U_{k}, \underbrace{X, \ldots, X}_{n_{k}}]$. By step 2

$$
\widetilde{\mu}[F, \underbrace{X, \ldots, X}_{n}] \leq \sum_{k=1}^{N} \widetilde{\mu}[U_{k}, \underbrace{X, \ldots, X}_{n_{k}}]
$$

So $\mu(F) \leq \sum_{k=1}^{N} \mu\left(U_{k}\right)$, whence $\widetilde{\mu}(C) \leq \sum_{k=1}^{N} \widetilde{\mu}\left(C_{k}\right)+2 \varepsilon \leq \sum_{k=1}^{\infty} \widetilde{\mu}\left(C_{k}\right)+2 \varepsilon$.
The step follows by taking $\varepsilon \rightarrow 0$.
Theorem 1.6. The natural extension of $(X, \mathscr{B}, \mu, T)$ is an invertible extension of $(X, \mathscr{B}, \mu, T)$, and is the factor of any other invertible extension of $(X, \mathscr{B}, \mu, T) . \widetilde{T}$ is ergodic iff $T$ is ergodic, and $\widetilde{T}$ is mixing iff $T$ is mixing.

Proof. It is clear that the natural extension is an invertible ppt. Let $\pi: \widetilde{X} \rightarrow X$ denote the map $\pi(\underline{x})=x_{0}$, then $\pi$ is measurable and $\pi \circ \widetilde{T}=T \circ \pi$. Since $T X=X$, every point has a pre-image, and so $\pi$ is onto. Finally, for every $E \in \mathscr{B}$,

$$
\widetilde{\mu}\left(\pi^{-1}(E)\right)=\widetilde{\mu}\left(\left\{\widetilde{x} \in \widetilde{X}: x_{0} \in E\right\}\right)=\mu(E)
$$

by construction. So $(\widetilde{X}, \widetilde{\mathscr{B}}, \widetilde{\mu}, \widetilde{T})$ is an invertible extension of $(X, \mathscr{B}, \mu, T)$.
Suppose $(Y, \mathscr{C}, v, S)$ is another invertible extension, and let $\pi_{Y}: Y \rightarrow X$ be the factor map (defined a.e. on $Y$ ). We show that $(Y, \mathscr{C}, v, S)$ extends $(\widetilde{X}, \widetilde{\mathscr{B}}, \widetilde{\mu}, \widetilde{T})$.

Let $(\widetilde{Y}, \widetilde{\mathscr{C}}, \widetilde{v}, \widetilde{S})$ be the natural extension of $(Y, \mathscr{C}, v, S)$. It is isomorphic to $(Y, \mathscr{C}, v, S)$, with the isomorphism given by $\vartheta(y)=\left(y_{k}\right)_{k \in \mathbb{Z}}, y_{k}:=S^{k}(y)$. Thus it is enough to show that $(\widetilde{X}, \widetilde{\mathscr{B}}, \widetilde{\mu}, \widetilde{T})$ is a factor of $(\widetilde{Y}, \widetilde{\mathscr{C}}, \widetilde{v}, \widetilde{T})$. Here is the factor map: $\underset{\sim}{\theta}:\left(y_{k}\right)_{k \in \mathbb{Z}} \mapsto\left(\pi_{Y}\left(y_{k}\right)\right)_{k \in \mathbb{Z}}$.

If $\widetilde{T}$ is ergodic, then $T$ is ergodic, because every $T$-invariant set $E$ lifts to a $\widetilde{T}$ invariant set $\widetilde{E}:=\pi^{-1}(E)$. The ergodicity of $\widetilde{T}$ implies that $\widetilde{\mu}(\widetilde{E})=0$ or 1 , whence $\mu(E)=\widetilde{\mu}\left(\pi^{-1}(E)\right)=\widetilde{\mu}(\widetilde{E})=0$ or 1 .

To see the converse ( $T$ is ergodic $\Rightarrow \widetilde{T}$ is ergodic) we make use of the following observation:
CLAIM: Let $\widetilde{\mathscr{B}}_{n}:=\left\{\left\{\widetilde{x} \in \widetilde{X}: x_{-n} \in E\right\}: E \in \mathscr{B}\right\}$, then

1. $\widetilde{\mathscr{B}}_{n}$ are $\sigma$-algebras
2. $\widetilde{B}_{1} \subset \widetilde{\mathscr{B}}_{2} \subset \cdots$ and $\bigcup_{n \geq 0} \widetilde{\mathscr{B}}_{n}$ generate $\widetilde{\mathscr{B}}$
3. $\widetilde{T}^{-1}\left(\widetilde{\mathscr{B}}_{n}\right) \subset \widetilde{\mathscr{B}}_{n}$ and $\left(\widetilde{X}, \widetilde{\mathscr{B}}_{n}, \widetilde{\mu}, \widetilde{T}\right)$ is a ppt
4. if $T$ is ergodic then $\left(\widetilde{X}, \widetilde{B}_{n}, \widetilde{\mu}, \widetilde{T}\right)$ is ergodic.

Proof. We leave the first three items as exercises to the reader. To see the last item suppose $T$ is ergodic and $\widetilde{E} \in \widetilde{\mathscr{B}}_{n}$ is $\widetilde{T}$-invariant. By the definition of $\widetilde{\mathscr{B}}_{n}, \widetilde{E}=\{\widetilde{x}$ : $\left.\widetilde{x}_{-n} \in E\right\}$ with $E \in \mathrm{~B}$, and it is not difficult to see that $E$ must be $T$-invariant. Since $T$ is ergodic, $\mu(E)=0$ or 1 . So $\widetilde{\mu}(\widetilde{E})=\mu(E)=0$ or 1 . So $\left(\widetilde{X}, \widetilde{B}_{n}, \widetilde{\mu}, \widetilde{T}\right)$ is ergodic.

We can now prove the ergodicity of $(\widetilde{X}, \widetilde{B}, \widetilde{\mu}, \widetilde{T})$ as follows. Suppose $\widetilde{f}$ is absolutely integrable and $\widetilde{T}$-invariant, and let

$$
\widetilde{f}_{n}:=\mathbb{E}\left(\widetilde{f} \mid \widetilde{\mathscr{B}}_{n}\right)
$$

(readers who are not familiar with conditional expectations can find their definition in section 2.3.1).

We claim that $\widetilde{f}_{n} \circ \widetilde{T}=\widetilde{f}_{n}$. This is because for every bounded $\widetilde{\mathscr{B}}_{n}-$ measurable test function $\widetilde{\varphi}$,

$$
\begin{aligned}
& \int\left[\widetilde{\varphi} \cdot \widetilde{f}_{n} \circ \widetilde{T}^{-1}\right] d \widetilde{\mu} \stackrel{(1)}{=} \int\left(\widetilde{\varphi} \cdot \widetilde{f}_{n} \circ \widetilde{T}^{-1}\right) \circ \widetilde{T} d \widetilde{\mu}=\int \widetilde{\varphi} \circ \widetilde{T} \cdot \widetilde{f}_{n} d \widetilde{\mu} \stackrel{(2)}{=} \int \widetilde{\varphi} \circ \widetilde{T} \cdot \widetilde{f} d \widetilde{\mu} \\
& \stackrel{(3)}{=} \int(\widetilde{\varphi} \circ \widetilde{T} \cdot \widetilde{f} \circ \widetilde{T}) d \widetilde{\mu} \stackrel{(4)}{=} \int \widetilde{\varphi} \widetilde{f} d \widetilde{\mu} \stackrel{(5)}{=} \int \widetilde{\varphi} \widetilde{f}_{n} d \widetilde{\mu}
\end{aligned}
$$

Justifications: (1) is because $\widetilde{\mu} \circ \widetilde{T}^{-1}=\widetilde{\mu} ;(2)$ is because $\widetilde{f}_{n}=\mathbb{E}\left(\widetilde{f} \mid \widetilde{B}_{n}\right)$ and $\widetilde{\varphi} \circ \widetilde{T}$ is $\widetilde{\mathscr{B}}_{n}$-measurable by part (3) of the claim; (3) is because $\widetilde{f} \circ \widetilde{T}=\widetilde{f}$; (4) is because $\widetilde{\mu} \circ \widetilde{T}^{-1}=\widetilde{\mu}$; and (5) is by the definition of the conditional expectation.

In summary $\int\left[\widetilde{\varphi} \cdot \widetilde{f}_{n} \circ \widetilde{T}^{-1}\right] d \widetilde{\mu}=\int \widetilde{\varphi} \widetilde{f}_{n} d \widetilde{\mu}$ for all bounded $\widetilde{\mathscr{B}}_{n}$-measurable functions, whence $\widetilde{f}_{n} \circ \widetilde{T}=\widetilde{f}_{n}$ a.e. as claimed.

We saw above that $(\widetilde{X}, \widetilde{\mathscr{B}}, \widetilde{\mu}, \widetilde{T})$ is ergodic. Therefore, the invariance $\widetilde{\mathscr{B}}_{n^{-}}$ measurability of $\widetilde{f}_{n}$ imply that $\widetilde{f}_{n}=\int \widetilde{f} d \widetilde{\mu}$ almost everywhere. By the martingale convergence theorem,

$$
\widetilde{f}_{n} \underset{n \rightarrow \infty}{\longrightarrow} \widetilde{f} \text { almost everywhere }
$$

So $\widetilde{f}$ is constant almost everywhere. This shows that every $\widetilde{T}$-invariant integrable function is constant a.e., so $\widetilde{T}$ is ergodic.

Next we consider the mixing of $T, \widetilde{T} . \widetilde{T}$ mixing $\Rightarrow T$ mixing because for every $A, B \in \mathscr{B}, \mu\left(A \cap T^{-n} B\right)=\widetilde{\mu}\left(\pi^{-1} A \cap T^{-n} \pi^{-1} B\right) \underset{n \rightarrow \infty}{\longrightarrow} \widetilde{\mu}\left(\pi^{-1} A\right) \widetilde{\mu}\left(\pi^{-1} B\right) \equiv$ $\mu(A) \mu(B)$. We show the other direction. Suppose $T$ is mixing and consider $\widetilde{A}, \widetilde{B} \in$ $\mathscr{B}_{n}$ with $\mathscr{B}_{n}$ defined as before. Then $\widetilde{A}=\left\{\widetilde{x}: x_{-n} \in A\right\}$ and $\widetilde{B}=\left\{\widetilde{x}: x_{-n} \in B\right\}$ with $A, B \in \mathscr{B}$ and using the identity $(\widetilde{T} \widetilde{x})_{i}=T\left(\widetilde{x}_{i}\right)$ it is easy to see that

$$
\widetilde{A} \cap \widetilde{T}^{-k} \widetilde{B}=\left\{\underline{x} \in \widetilde{X}: \widetilde{x}_{-n} \in A \cap T^{-k} B\right\}
$$

So $\widetilde{\mu}\left(\widetilde{A} \cap \widetilde{T}^{-k} \widetilde{B}\right)=\mu\left(A \cap T^{-k} B\right) \underset{k \rightarrow \infty}{\longrightarrow} \mu(A) \mu(B) \equiv \widetilde{\mu}(\widetilde{A}) \widetilde{\mu}(\widetilde{B})$.

This proves mixing for $\widetilde{A}, \widetilde{B} \in \mathscr{B}_{n}$. To get mixing for general $\widetilde{A}, \widetilde{B} \in \mathscr{B}$ we note $\cup \widetilde{B}_{n}$ generates $\widetilde{\mathscr{B}}$ so for any $\widetilde{E}$ and for every $\varepsilon>0$ there are $n$ and $\widetilde{E}^{\prime} \in \widetilde{\mathscr{B}}_{n}$ such that $\widetilde{\mu}\left(\widetilde{E} \triangle \widetilde{E}^{\prime}\right)<\varepsilon$ (because the collection of sets $\widetilde{E}$ with such $n$ and $\widetilde{E}^{\prime}$ forms a $\sigma$-algebra which contains $\bigcup_{\widetilde{A}} \widetilde{\mathscr{B}}_{n}$ ). A standard approximation argument now shows that $\widetilde{\mu}\left(\widetilde{A} \cap \widetilde{T}^{-k} \widetilde{B}\right) \underset{k \rightarrow \infty}{\longrightarrow} \widetilde{\mu}(\widetilde{A}) \widetilde{\mu}(\widetilde{B})$ for all $\widetilde{A}, \widetilde{B} \in \widetilde{\mathscr{B}}$.

### 1.6.4 Induced transformations

Suppose $(X, \mathscr{B}, \mu, T)$ is a probability preserving transformation, and let $A \in \mathscr{B}$ be a set of positive measure. By Poincaré's Recurrence Theorem, for a.e. $x \in A$ there is some $n \geq 1$ such that $T^{n}(x) \in A$. Define

$$
\varphi_{A}(x):=\min \left\{n \geq 1: T^{n} x \in A\right\}
$$

with the minimum of the empty set being understood as infinity. Note that $\varphi_{A}<\infty$ a.e. on $A$, hence $A_{0}:=\left\{x \in A: \varphi_{A}(x)<\infty\right\}$ is equal to $A$ up to a set of measure zero.

Definition 1.18. The induced transformation on $A$ is $\left(A_{0}, \mathscr{B}(A), \mu_{A}, T_{A}\right)$, where $A_{0}:=\left\{x \in A: \varphi_{A}(x)<\infty\right\}, \mathscr{B}(A):=\left\{E \cap A_{0}: E \in \mathscr{B}\right\}, \mu_{A}$ is the measure $\mu_{A}(E):=$ $\mu(E \mid A)=\mu(E \cap A) / \mu(A)$, and $T_{A}: A_{0} \rightarrow A_{0}$ is $T_{A}(x)=T^{\varphi_{A}(x)}(x)$.

Theorem 1.7. Suppose $(X, \mathscr{B}, \mu, T)$ is a ppt, and $A \in \mathscr{B}$ has positive finite measure.

1. $\mu_{A} \circ T_{A}^{-1}=\mu_{A}$;
2. if $T$ is ergodic, then $T_{A}$ is ergodic (but the mixing of $T \nRightarrow$ the mixing of $T_{A}$ );
3. Kac Formula: If $\mu$ is ergodic, then $\int f d \mu=\int_{A} \sum_{k=0}^{\varphi_{A}-1} f \circ T^{k} d \mu$ for every $f \in$ $L^{1}(X)$. In particular $\int_{A} \varphi_{A} d \mu_{A}=1 / \mu(A)$.

Proof. Given $E \subset A$ measurable, $\mu(E)=\underbrace{\mu\left(T^{-1} E \cap A\right)}_{\mu\left(T_{A}^{-1} E \cap\left[\varphi_{A}=1\right]\right)}+\mu\left(T^{-1} E \cap A^{c}\right)=$

$$
\begin{aligned}
& =\underbrace{\mu\left(T^{-1} E \cap A\right)}_{\mu\left(T_{A}^{-1} E \cap\left[\varphi_{A}=1\right]\right)}+\underbrace{\mu\left(T^{-2} E \cap T^{-1} A^{c} \cap A\right)}_{\mu\left(T_{A}^{-1} E \cap\left[\varphi_{A}=2\right]\right)}+\mu\left(T^{-2} E \cap T^{-1} A^{c} \cap A^{c}\right) \\
& =\cdots=\sum_{j=1}^{N} \mu\left(T_{A}^{-1} E \cap\left[\varphi_{A}=j\right]\right)+\mu\left(T^{-N} E \cap \bigcap_{j=0}^{N-1} T^{-j} A^{c}\right) .
\end{aligned}
$$

Passing to the limit as $N \rightarrow \infty$, we see that $\mu(E) \geq \mu_{A}\left(T_{A}^{-1} E\right)$. Working with $A \backslash$ $E$, and using the assumption that $\mu(X)<\infty$, we get that $\mu(A)-\mu(E) \geq \mu(A)-$ $\mu\left(T_{A}^{-1} E\right)$ whence $\mu(E)=\mu\left(T_{A}^{-1} E\right)$. Since $\mu_{A}$ is proportional to $\mu$ on $\mathscr{B}(A)$, we get $\mu_{A}=\mu_{A} \circ T_{A}^{-1}$.

We assume that $T$ is ergodic, and prove that $T_{A}$ is ergodic. The set

$$
\Omega:=\left\{x: T^{n}(x) \in A \text { for infinitely many } n \geq 0\right\}
$$

is a $T$-invariant set of non-zero measure (bounded below by $\mu(A)$ ), so it must has full measure. Thus a.e. $x \in X$ has some $n \geq 0$ s.t. $T^{n}(x) \in A$, and

$$
r_{A}(x):=\min \left\{n \geq 0: T^{n} x \in A\right\}<\infty \text { a.e. in } X
$$

Suppose $f: A_{0} \rightarrow \mathbb{R}$ is a $T_{A}$-invariant $L^{2}$-function. Define

$$
F(x):=f\left(T^{r_{A}(x)} x\right)
$$

This makes sense a.e. in $X$, because $r_{A}<\infty$ almost everywhere. This function is $T-$ invariant, because either $x, T x \in A$ and then $F(T x)=f(T x)=f\left(T_{A} x\right)=f(x)=F(x)$ or one of $x, T x$ is outside $A$ and then $F(T x)=f\left(T^{r_{A}(T x)} T x\right)=f\left(T^{r_{A}(x)} x\right)=F(x)$. Since $T$ is ergodic, $F$ is constant a.e. on $X$, and therefore $f=\left.F\right|_{A}$ is constant a.e. on $A$. Thus the ergodicity of $T$ implies the ergodicity of $T_{A}$.

Here is an example showing that the mixing of $T$ does not imply the mixing of $T_{A}$. Let $\Sigma^{+}$be a SFT with states $\{a, 1,2, b\}$ and allowed transitions

$$
a \rightarrow 1 ; 1 \rightarrow 1, b ; b \rightarrow 2 ; 2 \rightarrow a .
$$

Let $A=\left\{\underline{x}: x_{0}=a, b\right\}$. Any shift invariant Markov measure $\mu$ on $\Sigma^{+}$is mixing, because $\Sigma^{+}$is irreducible and aperiodic $(1 \rightarrow 1)$. But $T_{A}$ is not mixing, because $T_{A}[a]=[b]$ and $T_{A}[b]=[a]$, so $[a] \cap T_{A}^{-n}[a]=\varnothing$ for all $n$ odd.

Next we prove the Kac formula. Suppose first that $f \in L^{\infty}(X, \mathscr{B}, \mu)$ and $f \geq 0$.

$$
\begin{aligned}
\int f d \mu & =\int_{A} f d \mu+\int f \cdot 1_{A^{c}} d \mu=\int_{A} f d \mu+\int f \circ T \cdot 1_{T^{-1} A^{c}} d \mu \\
& =\int_{A} f d \mu+\int f \circ T \cdot 1_{T^{-1} A^{c} \cap A} d \mu+\int f \circ T \cdot 1_{T^{-1} A^{c} \cap A^{c}} d \mu \\
& =\int_{A} f d \mu+\int_{A} f \circ T \cdot 1_{\left[\varphi_{A}>1\right]} d \mu+\int f \circ T^{2} \cdot 1_{T^{-2} A^{c} \cap T^{-1} A^{c}} d \mu \\
& =\cdots=\int_{A} \sum_{j=0}^{N-1} f \circ T^{j} \cdot 1_{\left[\varphi_{A}>j\right]} d \mu+\int f \circ T^{N} \cdot 1_{\cap_{j=1}^{N} T^{-j} A^{c}} d \mu
\end{aligned}
$$

The first term tends, as $N \rightarrow \infty$, to

$$
\int_{A} \sum_{j=0}^{\infty} f \circ T^{j} \sum_{i=j+1}^{\infty} 1_{\left[\varphi_{A}=i\right]} d \mu \equiv \int_{A} \sum_{j=0}^{\varphi_{A}-1} f \circ T^{j} d \mu
$$

The second term is bounded by $\|f\|_{\infty} \mu\left\{x: T^{j}(x) \notin A\right.$ for all $\left.k \leq N\right\}$. This bound tends to zero, because $\mu\left\{x: T^{j}(x) \notin A\right.$ for all $\left.k\right\}=0$ because $T$ is ergodic and recurrent (fill in the details). This proves the Kac formula for all $L^{\infty}$ functions.

Every non-negative $L^{1}$-function is the increasing limit of $L^{\infty}$ functions. By the monotone convergence theorem, the Kac formula must hold for all non-negative $L^{1}$-function. Every $L^{1}$-function is the difference of two non-negative $L^{1}$-functions $\left(f=f \cdot 1_{[f>0]}-|f| \cdot 1_{[f<0]}\right)$. It follows that the Kac formula holds for all $f \in L^{1}$.

### 1.6.5 Suspensions and Kakutani skyscrapers

The operation of inducing can be "inverted", as follows. Let $(X, \mathscr{B}, \mu, T)$ be a ppt, and $r: X \rightarrow \mathbb{N}$ an integrable measurable function.

Definition 1.19. The Kakutani skyscraper with base $(X, \mathscr{B}, \mu, T)$ and height function $r$ is the system $\left.\left(X_{r}\right), \mathscr{B}\left(X_{r}\right), v, S\right)$, where

1. $X_{r}:=\{(x, n): x \in X, 0 \leq n \leq r(x)-1\} ;$
2. $\mathscr{B}\left(X_{r}\right)=\left\{E \in \mathscr{B}(X) \otimes \mathscr{B}(\mathbb{N}): E \subseteq X_{r}\right\}$, where $\mathscr{B}(\mathbb{N})=2^{\mathbb{N}}$;
3. $v$ is the unique measure such that $\bar{v}(B \times\{k\})=\mu(B) / \int r d \mu$;
4. $S$ is defined by $S(x, n)=(x, n+1)$, when $n<r(x)-1$, and $S(x, n)=(T x, 0)$, when $n=r(x)-1$.
(Check that this is a ppt.)
We think of $X_{r}$ as a skyscraper made of stories $\{(x, k): r(x)>k\}$; the orbits of $S$ climb up the skyscraper until the reach the top floor possible, and then move to the ground floor according to $T$.

If we induce a Kakutani skyscraper on $\{(x, 0): x \in X\}$, we get a system which is isomorphic to $(X, \mathscr{B}, \mu, T)$.

Proposition 1.11. A Kakutani skyscraper over an ergodic base is ergodic, but there are non-mixing skyscrapers over mixing bases.

The proof is left as an exercise.
There is a straightforward important continuous-time version of this construction: Suppose $(X, \mathscr{B}, \mu, T)$ is a ppt, and $r: X \rightarrow \mathbb{R}^{+}$is a measurable function such that $\inf r>0$.

Definition 1.20. The suspension semi-flow with base $(X, \mathscr{B}, \mu, T)$ and height function $r$ is the semi-flow $\left(X_{r}, \mathscr{B}\left(X_{r}\right), v, T_{s}\right)$, where

1. $X_{r}:=\{(x, t) \in X \times \mathbb{R}: 0 \leq t<r(x)\} ;$
2. $\mathscr{B}\left(X_{r}\right)=\left\{E \in \mathscr{B}(X) \otimes \mathscr{B}(\mathbb{R}): E \subseteq X_{r}\right\}$;
3. $v$ is the measure such that $\int_{X_{r}} f d v=\int_{X} \int_{0}^{r(x)} f(x, t) d t d \mu(x) / \int_{X} r d \mu$;
4. $T_{s}(x, t)=\left(T^{n} x, t+s-\sum_{k=0}^{n-1} r\left(T^{k} x\right)\right)$, where $n$ is s.t. $0 \leq t+s-\sum_{k=0}^{n-1} r\left(T^{k} x\right)<r\left(T^{n} x\right)$.
(Check that this is a measure preserving semi-flow.)
Suspension flows appear in applications in the following way. Imagine a flow $T_{t}$ on a manifold $X$. It is often possible to find a submanifold $S \subset X$ such that (almost) every orbit of the flow intersects $S$ transversally infinitely many times. Such a submanifold is called a Poincaré section. If it exists, then one can define a map $T_{S}: S \rightarrow S$ which maps $x \in S$ into $T_{t} x$ with $t:=\min \left\{s>0: T_{s}(x) \in S\right\}$. This map is called the Section map. The flow itself is isomorphic to a suspension flow over its Poincaré section.

## Problems

### 1.1. Proof of Liouville's theorem in section 1.1

(a) Write $\underline{x}:=(\underline{q}, \underline{p})$ and $\underline{y}:=T_{t}(\underline{q}, \underline{p})$. Use Hamilton's equations to show that the Jacobian matrix of $\underline{y}=\underline{y}(\underline{x})$ satisfies $\frac{\partial y}{\partial \underline{x}}=I+t A+O\left(t^{2}\right)$ as $t \rightarrow 0$, where $\operatorname{tr}(A)=0$.
(b) Show that for every matrix $A, \operatorname{det}\left(I+t A+O\left(t^{2}\right)\right)=1+t \operatorname{tr}(A)+O\left(t^{2}\right)$ as $t \rightarrow 0$.
(c) Prove that the Jacobian of $T_{t}$ is equal to one for all $t$. Deduce Liouville's theorem.
1.2. The completion of a measure space. Suppose $(X, \mathscr{B}, \mu)$ is a measure space. A set $N \subset X$ is called a null set, if there is a measurable set $E \supseteq N$ such that $\mu(E)=0$. A measure space is called complete, if every null set is measurable. Every measure space can be completed, and this exercise shows how to do this.
(a) Let $\mathscr{B}_{0}$ denote the the collection of all sets of the form $E \cup N$ where $E \in \mathscr{B}$ and $N$ is a null set. Show that $\mathscr{B}_{0}$ is a $\sigma$-algebra.
(b) Show that $\mu$ has a unique extension to a $\sigma$-additive measure on $\mathscr{B}_{0}$.
1.3. Prove Poincaré's Recurrence Theorem for a general probability preserving transformation (theorem 1.1).
1.4. Fill in the details in the proof above that the Markov measure corresponding to a stationary probability vector and a stochastic matrix exists, and is shift invariant measure.
1.5. Suppose $\Sigma_{A}^{+}$is a SFT with stochastic matrix $P$. Let $A=\left(t_{a b}\right)_{S \times S}$ denote the matrix of zeroes and ones where $t_{a b}=1$ if $p_{a b}>0$ and $t_{a b}=0$ otherwise. Write $A^{n}=\left(t_{a b}^{(n)}\right)$. Prove that $t_{a b}^{(n)}$ is the number of paths of length $n$ starting at $a$ and ending at $b$. In particular: $a \xrightarrow{n} b \Leftrightarrow t_{a b}^{(n)}>0$.
1.6. The Perron-Frobenius Theorem ${ }^{5}$ : Suppose $A=\left(a_{i j}\right)$ is a matrix all of whose entries are non-negative, and let $B:=\left(b_{i j}\right)$ be the matrix $b_{i j}=1$ if $a_{i j}>0$ and $b_{i j}=0$ if $a_{i j}=0$. Assume that $B$ is irreducible, then $A$ has a positive eigenvalue $\lambda$ with the following properties:
(i) There are positive vectors $\underline{r}$ and $\underline{\ell}$ s.t. $\underline{\ell} A=\lambda \underline{\ell}, A \underline{r}=\lambda \underline{r}$.
(ii) The eigenvalue $\lambda$ is simple.
(iii) The spectrum of $\lambda^{-1} A$ consists of 1 , several (possibly zero) roots of unity, and a finite subset of the open unit disc. In this case the limit $\lim _{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} \lambda^{-k} A^{k}$ exists.
(iv) If $B$ is irreducible and aperiodic, then the spectrum of $\lambda^{-1} A$ consists of 1 and a finite subset of the open unit disc. In this case the limit $\lim _{n \rightarrow \infty} \lambda^{-n} A^{n}$ exists.

1. Prove the Perron-Frobenius theorem in case $A$ is stochastic, first in the aperiodic case, then in the general case.
2. Now consider the case of a non-negative matrix:

[^4]a. Use a fixed point theorem to show that $\lambda, \underline{\ell}, \underline{r}$ exist;
b. Set $\underline{1}:=(1, \ldots, 1)$ and let $V$ be the diagonal matrix such that $V \underline{1}=\underline{r}$. Prove that $\lambda^{-1} V^{-1} A V$ is stochastic.
c. Prove the Perron-Frobenius theorem.
1.7. Suppose $P=\left(p_{a b}^{(n)}\right)_{S \times S}$ is an irreducible aperiodic stochastic matrix. Use the spectral description of $P$ obtained in problem 1.6 to show that $p_{a b}^{(n)} \rightarrow p_{b}$ exponentially fast.
1.8. Show that the product of $n$ irrational rotations $R_{\alpha_{1}}, \ldots, R_{\alpha_{n}}$ is ergodic iff $\left(\alpha_{1}, \ldots, \alpha_{n}\right)$ are independent over the irrationals.
1.9. Suppose $g^{t}: X \rightarrow X$ is a measure preserving flow. The time one map of the flow is the measure preserving map $g^{1}: X \rightarrow X$. Give an example of an ergodic flow whose time one map is not ergodic.

### 1.10. The adding machine

Let $X=\{0,1\}^{\mathbb{N}}$ equipped with the $\sigma$-algebra $\mathscr{B}$ generated by the cylinders, and the Bernoulli $\left(\frac{1}{2}, \frac{1}{2}\right)$-measure $\mu$. The adding machine is the ppt $(X, \mathscr{B}, \mu, T)$ defined by the rule $T\left(1^{n} 0 *\right)=\left(0^{n} 1 *\right), T\left(1^{\infty}\right)=0^{\infty}$. Prove that the adding machine is invertible and probability preserving. Show that $T(\underline{x})=\underline{x} \oplus\left(10^{\infty}\right)$ where $\oplus$ is "addition with carry to the right".
1.11. Prove proposition 1.11 .
1.12. Show that a ppt $(X, \mathscr{B}, \mu, T)$ is mixing whenever $\mu\left(A \cap T^{-n} A\right) \underset{n \rightarrow \infty}{\longrightarrow} \mu(A)^{2}$ for all $A \in \mathscr{B}$. Guidence:

1. $\int 1_{A} f \circ T^{n} d \mu \underset{n \rightarrow \infty}{\longrightarrow} \mu(A) \int f d \mu$ for all $f \in \overline{\operatorname{span}}_{L^{2}}\left\{1,1_{A} \circ T, 1_{A} \circ T^{2}, \ldots\right\}$.
2. $\int 1_{A} f \circ T^{n} d \mu \underset{n \rightarrow \infty}{\longrightarrow} \mu(A) \int f d \mu$ for all $f \in L^{2}$.
3. $\int g f \circ T^{n} d \mu \underset{n \rightarrow \infty}{\longrightarrow} \int g d \mu \int f d \mu$ for all $f, g \in L^{2}$.
1.13. Show that a Kakutani skyscraper over an invertible transformation is invertible, and find a formula for its inverse.

### 1.14. Conservativity

Let $(X, \mathscr{B}, \mu, T)$ be a measure preserving transformation on an infinite $\sigma$-finite, measure space. ${ }^{6}$ A set $W \in \mathscr{B}$ is called wandering, if $\left\{T^{-n} W: n \geq 0\right\}$ are pairwise disjoint. A mpt is called conservative, if every wandering set has measure zero.

1. Show that any ppt is conservative. Give an example of a non-conservative mpt on a $\sigma$-finite infinite measure space.
2. Show that Poincare's recurrence theorem extends to conservative mpt.
3. Suppose $(X, \mathscr{B}, \mu, T)$ is a conservative ergodic mpt, and let $A$ be a set of finite positive measure. Show that the induced transformation $T_{A}: A \rightarrow A$ is welldefined a.e. on $A$, and is an ergodic ppt.
4. Prove Kac formula for conservative ergodic transformations under the previous set of assumptions.
[^5]
## Notes for chapter 1

The standard references for measure theory are [7] and [4], and the standard references for ergodic theory of probability preserving transformations are [6] and [8]. For ergodic theory on infinite measure spaces, see [1]. Our proof of the PerronFrobenius theorem is taken from [3]. Kac's formula has very simple proof when $T$ is invertible. The proof we use (taken from [5]) works for non-invertible transformations, and extends to the conservative infinite measure setting. The ergodicity of the geodesic flow was first proved by E. Hopf by other means. The short proof we gave is due to Gelfand \& Fomin and is reproduced in [2].

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## Chapter 2

## Ergodic Theorems

### 2.1 The Mean Ergodic Theorem

Theorem 2.1 (von Neumann's Mean Ergodic Theorem). Suppose $(X, \mathscr{B}, \mu, T)$ is a ppt. If $f \in L^{2}$, then $\frac{1}{N} \sum_{k=0}^{N-1} f \circ T^{k} \xrightarrow[n \rightarrow \infty]{L^{2}} \bar{f}$ where $\bar{f} \in L^{2}$ is invariant. If $T$ is ergodic, then $\bar{f}=\int f d \mu$.

Proof. Observe that since $T$ is measure preserving, then $\int f \circ T d \mu=\int f d \mu$ for every $f \in L^{1}$, and $\|f \circ T\|_{2}=\|f\|_{2}$ for all $f \in L^{2}$ (prove this, first for indicator functions, then for all $L^{2}$-functions).

Suppose $f=g-g \circ T$ where $g \in L^{2}$ (in this case we say that $f$ is a coboundary with transfer function $g \in L^{2}$ ), then it is obvious that

$$
\left\|\frac{1}{N} \sum_{k=0}^{N-1} f \circ T^{k}\right\|_{2}=\frac{1}{N}\left\|g \circ T^{n}-g\right\|_{2} \leq 2\|g\|_{2} / N \underset{N \rightarrow \infty}{\longrightarrow} 0
$$

Thus the theorem holds for all elements of $\mathscr{C}:=\left\{g-g \circ T: g \in L^{2}\right\}$.
We claim that the theorem holds for all elements of $\overline{\mathscr{C}}$ ( $L^{2}$-closure). Suppose $f \in \overline{\mathscr{C}}$, then for every $\varepsilon>0$, there is an $F \in \mathscr{C}$ s.t. $\|f-F\|_{2}<\varepsilon$. Choose $N_{0}$ such that for every $N>N_{0},\left\|\frac{1}{N} \sum_{k=0}^{N-1} F \circ T^{k}\right\|_{2}<\varepsilon$, then for all $N>N_{0}$

$$
\begin{aligned}
\left\|\frac{1}{N} \sum_{k=0}^{N-1} f \circ T^{k}\right\|_{2} & \leq\left\|\frac{1}{N} \sum_{k=0}^{N-1}(f-F) \circ T^{k}\right\|_{2}+\left\|\frac{1}{N} \sum_{k=0}^{N-1} F \circ T^{k}\right\|_{2} \\
& \leq \frac{1}{N} \sum_{k=0}^{N-1}\left\|(f-F) \circ T^{k}\right\|_{2}+\varepsilon<2 \varepsilon
\end{aligned}
$$

This shows that $\left\|\frac{1}{N} \sum_{k=0}^{N-1} f \circ T^{k}\right\|_{2} \xrightarrow[N \rightarrow \infty]{ } 0$.
Next we claim that $\overline{\mathscr{C}}^{\perp}=\{$ invariant functions $\}$. Suppose $f \perp \overline{\mathscr{C}}$, then

$$
\begin{aligned}
\|f-f \circ T\|_{2}^{2} & =\langle f-f \circ T, f-f \circ T\rangle=\|f\|_{2}-2\langle f, f \circ T\rangle+\|f \circ T\|_{2}^{2} \\
& =2\|f\|_{2}^{2}-2\langle f, f-(f-f \circ T)\rangle=2\|f\|_{2}^{2}-2\|f\|_{2}^{2}=0 \Longrightarrow f=f \circ T \text { a.e. }
\end{aligned}
$$

So $\overline{\mathscr{C}}^{\perp} \subseteq\{$ invariant functions $\}$. Conversely, if $f$ is invariant then for every $g \in L^{2}$

$$
\langle f, g-g \circ T\rangle=\langle f, g\rangle-\langle f, g \circ T\rangle=\langle f, g\rangle-\langle f \circ T, g \circ T\rangle=\langle f, g\rangle-\langle f, g\rangle=0
$$

so $f \perp \mathscr{C}$, whence $f \perp \overline{\mathscr{C}}$. In summary, $\overline{\mathscr{C}}=\{$ invariant functions $\}$, and

$$
L^{2}=\overline{\mathscr{C}} \oplus\{\text { invariant functions }\}
$$

We saw above that the MET holds for all elements of $\overline{\mathscr{C}}$ with zero limit, and holds for all invariant functions $f$ with limit $f$. Therefore the MET holds for all $L^{2}-$ functions, and the limit $\bar{f}$ is the orthogonal projection of $f$ on the space of invariant functions.

In particular $\bar{f}$ is invariant. If $T$ is ergodic, then $\bar{f}$ is constant and $\bar{f}=\int \bar{f} d \mu$ almost everywhere. Also, since $\frac{1}{N} \sum_{n=1}^{N} f \circ T^{n} \rightarrow f$ in $L^{2}$, then

$$
\int f d \mu=\frac{1}{N} \sum_{n=1}^{N}\left\langle 1, f \circ T^{n}\right\rangle=\left\langle 1, \frac{1}{N} \sum_{n=1}^{N} f \circ T^{n}\right\rangle \rightarrow\langle 1, \bar{f}\rangle=\int \bar{f} d \mu
$$

so $\int \bar{f} d \mu=\int f d \mu$ whence $\bar{f}=\int f d \mu$ almost everywhere.
Remark 1. The proof shows that the limit $\bar{f}$ is the projection of $f$ on the space of invariant functions.
Remark 2. The proof only uses the fact that $U f=f \circ T$ is an isometry of $L^{2}$. In fact it works for all linear operators $U: H \rightarrow H$ on separable Hilbert spaces s.t. $\|U\| \leq 1$, see problem 2.1.
Remark 3. If $f_{n} \xrightarrow[n \rightarrow \infty]{L^{2}} f$, then $\left\langle f_{n}, g\right\rangle \xrightarrow[n \rightarrow \infty]{ }\langle f, g\rangle$ for all $g \in L^{2}$. Specializing to the case $f_{n}=\frac{1}{n} \sum_{k=0}^{n-1} 1_{B} \circ T^{k}, g=1_{A}$ we obtain the following corollary of the MET:
Corollary 2.1. A ppt $(X, \mathscr{B}, \mu, T)$ is ergodic iff for all $A, B \in \mathscr{B}$,

$$
\frac{1}{n} \sum_{k=0}^{n-1} \mu\left(A \cap T^{-k} B\right) \underset{n \rightarrow \infty}{\longrightarrow} \mu(A) \mu(B)
$$

So ergodicity is mixing "on the average." We will return to this point when we discuss the definition of weak mixing in the next chapter.

### 2.2 The Pointwise Ergodic Theorem

Theorem 2.2 (Birkhoff's Pointwise Ergodic Theorem). Let $(X, \mathscr{B}, \mu, T)$ be a ppt. If $f \in L^{1}$, then the limit $\bar{f}(x):=\lim _{N \rightarrow \infty} \frac{1}{N} \sum_{k=0}^{N-1} f\left(T^{k} x\right)$ exists for a.e. $x$, and $\frac{1}{N} \sum_{k=0}^{N-1} f \circ$ $T^{k} \rightarrow \bar{f}$ in $L^{1}$. The function $\bar{f}$ is $T$-invariant, absolutely integrable, and $\int \bar{f} d \mu=$ $\int f d \mu$. If $T$ is ergodic, then $\bar{f}=\int f d \mu$ almost everywhere.

Proof. Since every $f \in L^{1}$ is the difference of two non-negative $L^{1}$-functions, there is no loss of generality in assuming that $f \geq 0$. Define

$$
A_{n}(x):=\frac{1}{n} \sum_{k=0}^{n-1} f\left(T^{k} x\right), \bar{A}(x):=\limsup _{n \rightarrow \infty} A_{n}(x), \underline{A}(x):=\liminf _{n \rightarrow \infty} A_{n}(x) .
$$

$\bar{A}(x), \underline{A}(x)$ take values in $[0, \infty]$, are measurable, and are $T$-invariant, as can be easily checked by taking the limits on both sides of $A_{n}(x)=\frac{n-1}{n} A_{n-1}(T x)+O\left(\frac{1}{n}\right)$.

STEP 1. $\int f d \mu \geq \int \bar{A} d \mu$.
Proof. Fix $\varepsilon, L, M>0$, and set $\bar{A}_{L}(x):=\bar{A}(x) \wedge L=\min \{\bar{A}(x), L\}$ (an invariant function). The following function is well-defined and finite everywhere:

$$
\tau_{L}(x):=\min \left\{n>0: A_{n}(x)>\bar{A}_{L}(x)-\varepsilon\right\} .
$$

For a given $N$, we "color" the time interval $0,1,2, \ldots, N-1$ as follows:

- If $\tau_{L}\left(T^{0} x\right)>M$, color 0 red; If $\tau_{L}\left(T^{0} x\right) \leq M$ color the next $\tau_{L}(x)$ times blue, and move to the first uncolored $k$
- If $\tau_{L}\left(T^{k} x\right)>M$, color $k$ red; Otherwise color the next $\tau_{L}\left(T^{k} x\right)$ times blue, and move to the first uncolored $k$

Continue in this way until all times colored, or until $\tau_{L}\left(T^{k} x\right)>N-k$.
This partitions $\{0,1, \ldots, N-1\}$ into red segments, and (possibly consecutive) blue segments of length $\leq M$, plus (perhaps) one last segment of length $\leq M$. Note:

- If $k$ is red, then $T^{k} x \in\left[\tau_{L}>M\right]$, so $\sum_{\operatorname{red} k \text { 's }} 1_{\left[\tau_{L}>M\right]}\left(T^{k} x\right) \geq$ number of red $k$ 's
- The average of $f$ on each blue segment of length $\tau_{L}\left(T^{k} x\right)$ is larger than $\bar{A}_{L}\left(T^{k} x\right)-$ $\varepsilon=\bar{A}_{L}(x)-\varepsilon$. So for each blue segment

$$
\sum_{k \in \text { blue segment }} f\left(T^{k} x\right) \geq \text { length of segment } \times\left(\bar{A}_{L}(x)-\varepsilon\right) .
$$

Summing over all segments: $\sum_{\text {blue } k \text { 's }} f\left(T^{k} x\right) \geq\left(\bar{A}_{L}(x)-\varepsilon\right) \times$ number of blue $k$ 's.
We can combine these two estimates as follows.

$$
\begin{array}{r}
\sum_{k=0}^{N-1}\left(f+\bar{A}_{L} 1_{\left[\tau_{L}>M\right]}\right)\left(T^{k} x\right) \geq \#(\text { blues }) \cdot\left(\bar{A}_{L}(x)-\varepsilon\right)+\#(\text { reds }) \cdot \bar{A}_{L}(x) \\
\geq \#(\text { blues and reds }) \cdot\left(\bar{A}_{L}(x)-\varepsilon\right) \geq(N-M)\left(\bar{A}_{L}(x)-\varepsilon\right)
\end{array}
$$

Next we divide by $N$, integrate, and obtain from the $T$-invariance of $\mu$ that

$$
\int f d \mu+\int_{\left[\tau_{L}>M\right]} \bar{A}_{L} d \mu \geq\left(1-\frac{M}{N}\right)\left(\int \bar{A}_{L} d \mu-\varepsilon\right) \stackrel{!}{\geq} \int \bar{A}_{L} d \mu-\frac{M L}{N}-\varepsilon
$$

where $\stackrel{!}{\geq}$ is because $0 \leq \bar{A}_{L} \leq L$. Subtracting from both sides of the inequality the (finite) quantity $\int_{\left[\tau_{L}>M\right]} \bar{A}_{L} d \mu$, we find that

$$
\int f d \mu \geq \int_{\left[\tau_{L} \leq M\right]} \bar{A}_{L} d \mu-\frac{M L}{N}-\varepsilon
$$

We now take the following limits in the following order: $N \rightarrow \infty ; M \rightarrow \infty ; L \rightarrow \infty$; and $\varepsilon \rightarrow 0$, using the monotone convergence theorem where appropriate. The result is $\int f d \mu \geq \int \bar{A} d \mu$.
STEP 2. $\int f d \mu \leq \int \underline{A} d \mu$
Proof. First observe, using Fatou's Lemma, that $\int \underline{A} d \mu \leq\|f\|_{1}<\infty$. So $\underline{A}(x)<\infty$ almost everywhere. For every $\varepsilon>0$,

$$
\theta(x):=\min \left\{n>0: A_{n}(x)<\underline{A}(x)+\varepsilon\right\}
$$

is well-defined and finite for a.e. $x$. We now repeat the coloring argument of step 1 , with $\theta$ replacing $\tau$ and $\underline{A}$ replacing $\bar{A}_{M}$. Let $f_{M}(x):=f(x) \wedge M$, then as before

$$
\begin{aligned}
\sum_{k=0}^{N-1} f_{M}\left(T^{k} x\right) 1_{[\theta \leq M]}\left(T^{k} x\right) \leq & \sum_{k \text { blue }} f\left(T^{k} x\right)+\sum_{k \text { red }} 0+\sum_{\text {no color }} M \\
& \leq \#(\text { blues })(\underline{A}(x)+\varepsilon)+M^{2} \leq N(\underline{A}(x)+\varepsilon)+M^{2}
\end{aligned}
$$

Integrating and dividing by $N$, we obtain $\int 1_{[\theta \leq M]} f \wedge M \leq \int \underline{A}+\varepsilon+O(1 / N)$. Passing to the limits $N \rightarrow \infty$ and then $M \rightarrow \infty$ (by the monotone convergence theorem), we get $\int f \leq \int \underline{A}+\varepsilon$. Since $\varepsilon$ was arbitrary, $\int f \leq \int \underline{A}$.
STEP 3. $\lim _{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} f\left(T^{k} x\right)$ exists almost everywhere
Together, steps 1 and 2 imply that $\int(\bar{A}-\underline{A}) d \mu \leq 0$. But $\bar{A} \geq \underline{A} \underline{\text {, so necessarily } \bar{A}=\underline{A}}$ $\mu$-almost everywhere (if $\mu[\bar{A}>\underline{A}]>0$, the integral would be strictly positive). So

$$
\limsup _{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} f\left(T^{k} x\right)=\liminf _{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} f\left(T^{k} x\right) \text { a.e. }
$$

which proves that the limit exists almost everywhere.

STEP 4. $\bar{f}(x):=\lim _{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} f\left(T^{k} x\right)$ is $T$-invariant, absolutely integrable, and $\frac{1}{n} \sum_{k=0}^{n-1} f \circ T^{k} \rightarrow \bar{f}$ in $L^{1}$. Consequently, $\int \bar{f} d \mu=\int f d \mu$ and if $T$ is ergodic, then $\bar{f}=\int f d \mu$ almost everywhere.

Proof. The $T$-invariance of $\bar{f}$ follows by taking the limit as $n \rightarrow \infty$ in the identity $A_{n}(x)=\frac{n-1}{n} A_{n-1}(T x)+\frac{1}{n} f(x)$. Absolute integrability is because of step 1 .

To see that $\frac{1}{n} \sum_{k=0}^{n-1} f \circ T^{k} \xrightarrow[n \rightarrow \infty]{L^{1}} \bar{f}$, fix $\varepsilon>0$ and construct $\varphi \in L^{\infty}$ such that $\| f-$ $\varphi \|_{1}<\varepsilon$. Notice that $\left\|\frac{1}{n} \sum_{k=0}^{n-1} \varphi \circ T^{k}\right\|_{\infty} \leq\|\varphi\|_{\infty}$, therefore by step 3 and the bounded convergence theorem,

$$
\begin{equation*}
\frac{1}{n} \sum_{k=0}^{n-1} \varphi \circ T^{k} \xrightarrow[n \rightarrow \infty]{L^{1}} \bar{\varphi} \tag{2.1}
\end{equation*}
$$

for some bounded invariant function $\bar{\varphi}$. So

$$
\begin{aligned}
& \left\|\frac{1}{n} \sum_{k=0}^{n-1} f \circ T^{k}-\bar{f}\right\|_{1} \leq\left\|\frac{1}{n} \sum_{k=0}^{n-1}(f-\varphi) \circ T^{k}\right\|_{1}+\left\|\frac{1}{n} \sum_{k=0}^{n-1} \varphi \circ T^{k}-\bar{\varphi}\right\|_{1}+\|\bar{\varphi}-\bar{f}\|_{1} \\
& \leq\|f-\varphi\|_{1}+o(1)+\int \lim _{n \rightarrow \infty} \frac{1}{N} \sum_{k=0}^{N-1}\left|(\varphi-f) \circ T^{k}\right| d \mu, \text { by (2.1) } \\
& \leq\|f-\varphi\|_{1}+o(1)+\lim _{N \rightarrow \infty} \int \frac{1}{N} \sum_{k=0}^{n-1}\left|(\varphi-f) \circ T^{k}\right| d \mu, \text { by Fatou’s Lemma } \\
& \leq 2 \varepsilon+o(1)
\end{aligned}
$$

Since $\varepsilon$ was arbitrary, $\left\|\frac{1}{n} \sum_{k=0}^{n-1} f \circ T^{k}-\bar{f}\right\|_{1} \rightarrow 0$.
It is easy to see that if $g_{n} \xrightarrow[n \rightarrow \infty]{L^{1}} g$, then $\int g_{n} \rightarrow \int g$. So $\int \bar{f} d \mu=\lim A_{n}(f) d \mu=$ $\int f d \mu$. Necessarily, in the ergodic case, $\bar{f}=$ const $=\int \bar{f} d \mu=\int f d \mu$.

### 2.3 The non-ergodic case

The almost sure limit in the pointwise ergodic theorem is clear when the map is ergodic: $\frac{1}{N} \sum_{k=0}^{N-1} f \circ T^{k} \xrightarrow[N \rightarrow \infty]{\longrightarrow} \int f d \mu$. In this section we ask what is the limit in the non-ergodic case.

If $f$ belongs to $L^{2}$, the limit is the projection of $f$ on the space of invariant functions, because of the Mean Ergodic Theorem and the fact that every sequence of functions which converges in $L^{2}$ has a subsequence which converges almost everywhere to the same limit. ${ }^{1}$ But if $f \in L^{1}$ we cannot speak of projections. The right notion in this case is that of the conditional expectation.

[^6]
### 2.3.1 Conditional expectations and the limit in the ergodic theorem

Let $(X, \mathscr{B}, \mu)$ be a probability space. Let $\mathscr{F} \subset \mathscr{B}$ be a $\sigma$-algebra. We think of $F \in \mathscr{F}$ as of the collection of all sets $F$ for which we have sufficient information to answer the question " is $x \in F$ ?". The functions we have sufficient information to calculate are exactly the $\mathscr{F}$-measurable functions, as can be seen from the formula

$$
f(x):=\inf \{t: x \in[f<t]\} .
$$

Suppose $g$ is not $\mathscr{F}$-measurable. What is the 'best guess' for $g(x)$ given the information $\mathscr{F}$ ?

Had $g$ been in $L^{2}$, then the "closest" $\mathscr{F}$-measurable function (in the $L^{2}$-sense) is the projection of $g$ on $L^{2}(X, \mathscr{F}, \mu)$. The defining property of the projection $P g$ of $g$ is $\langle P g, h\rangle=\langle g, h\rangle$ for all $h \in L^{2}(X, \mathscr{F}, \mu)$. The following definition mimics this case when $g$ is not necessarily in $L^{2}$ :

Definition 2.1. The conditional expectation of $f \in L^{1}(X, \mathscr{B}, \mu)$ given $\mathscr{F}$ is the unique $L^{1}(X, \mathscr{F}, \mu)$-element $\mathbb{E}(f \mid \mathscr{F})$ which is

1. $\mathbb{E}(f \mid \mathscr{F})$ is $\mathscr{F}$-measurable;
2. $\forall \varphi \in L^{\infty} \mathscr{F}$-measurable, $\int \varphi \mathbb{E}(f \mid \mathscr{F}) d \mu=\int \varphi f d \mu$.

Note: $\mathbb{E}(f \mid \mathscr{F})$ is only determined almost everywhere.
Proposition 2.1. The conditional expectation exists for every $L^{1}$ element, and is unique up sets of measure zero.

Proof. Consider the measures $v_{f}:=\left.f d \mu\right|_{\mathscr{F}}$ and $\left.\mu\right|_{\mathscr{F}}$ on $(X, \mathscr{F})$. Then $v_{f} \ll \mu$. The function $\mathbb{E}(f \mid \mathscr{F}):=\frac{d \nu_{f}}{d \mu}$ (Radon-Nikodym derivative) is $\mathscr{F}$-measurable, and it is easy to check that it satisfies the conditions of the definition of the conditional expectation. The uniqueness of the conditional expectation is left as an exercise.

Proposition 2.2. Suppose $f \in L^{1}$.

1. $f \mapsto \mathbb{E}(f \mid \mathscr{F})$ is linear, and a contraction in the $L^{1}$-metric;
2. $f \geq 0 \Rightarrow \mathbb{E}(f \mid \mathscr{F}) \geq 0$ a.e.;
3. if $\varphi$ is convex and $\varphi \circ f \in L^{1}$, then $\mathbb{E}(\varphi \circ f \mid \mathscr{F}) \geq \varphi(\mathbb{E}(f \mid \mathscr{F}))$;
4. if $h$ is $\mathscr{F}$-measurable and bounded, then $\mathbb{E}(h f \mid \mathscr{F})=h \mathbb{E}(f \mid \mathscr{F})$;
5. If $\mathscr{F}_{1} \supset \mathscr{F}_{2}$, then $\mathbb{E}\left[\mathbb{E}\left(f\left|\mathscr{F}^{\prime}\right| \mathscr{F}_{2}\right]=\mathbb{E}\left(f \mid \mathscr{F}_{2}\right)\right.$.

We leave the proof as an exercise.
Theorem 2.3. Let $(X, \mathscr{B}, \mu, T)$ be a p.p.t, and $f \in L^{1}(X, \mathscr{B}, \mu)$. Then

$$
\lim _{N \rightarrow \infty} \frac{1}{N} \sum_{k=0}^{N-1} f \circ T^{k}=\mathbb{E}(f \mid \Im \mathfrak{I n v}(T)) \text { a.e. and in } L^{1}
$$

where $\mathfrak{I n v}(T):=\left\{E \in \mathscr{B}: E=T^{-1} E\right\}$. Alternatively, $\mathfrak{I n v}(T)$ is the $\sigma$-algebra generated by all $T$-invariant functions.

Proof. Set $\bar{f}:=\lim _{N \rightarrow \infty} \frac{1}{N} \sum_{k=0}^{N-1} f \circ T^{k}$ on the set where the limit exists, and zero otherwise. Then $\bar{f}$ is $\mathfrak{I n v}$-measurable and $T$-invariant. For every $T$-invariant $\varphi \in L^{\infty}$,

$$
\begin{aligned}
& \int \varphi \bar{f} d \mu=\int \varphi \frac{1}{N} \sum_{k=0}^{N-1} f \circ T^{k} d \mu+O\left(\|\varphi\|_{\infty}\left\|\frac{1}{N} \sum_{k=0}^{N-1} f \circ T^{k}-\bar{f}\right\|_{1}\right)= \\
&=\frac{1}{N} \sum_{k=0}^{N-1} \int \varphi \circ T^{k} f \circ T^{k} d \mu+o(1) \xrightarrow[N \rightarrow \infty]{\longrightarrow} \int \varphi f d \mu
\end{aligned}
$$

because the convergence in the ergodic theorem is also in $L^{1}$.

### 2.3.2 Conditional probabilities

Recall that a standard probability space is a probability space $(X, \mathscr{B}, \mu)$ where $X$ is a complete, metric, separable space, and $\mathscr{B}$ is its Borel $\sigma$-algebra.

Theorem 2.4 (Existence of Conditional Probabilities). Let $\mu$ by a Borel probability measure on a standard probability space $(X, \mathscr{B}, \mu)$, and let $\mathscr{F} \subset \mathscr{B}$ be a $\sigma$-algebra. There exist Borel probability measures $\left\{\mu_{x}\right\}_{x \in X}$ s.t.:

1. $x \mapsto \mu_{x}(E)$ is $\mathscr{F}$-measurable for every $E \in \mathscr{B}$;
2. if $f$ is $\mu$-integrable, then $x \mapsto \int f d \mu_{x}$ is integrable, and $\int f d \mu=\int_{X}\left(\int_{X} f d \mu_{x}\right) d \mu$;
3. if $f$ is $\mu$-intergable, then $\int f d \mu_{x}=\mathbb{E}(f \mid \mathscr{F})(x)$ for $\mu$-a.e. $x$.

Definition 2.2. The measures $\mu_{x}$ are called the conditional probabilities of $\mathscr{F}$. Note that they are only determined almost everywhere.

Proof. By the isomorphism theorem for standard spaces, there is no loss of generality in assuming that $X$ is compact. Indeed, we may take $X$ to be a compact interval. Recall that for compact metric spaces $X$, the space of continuous functions $C(X)$ with the maximum norm is separable. ${ }^{2}$

Fix a countable dense set $\left\{f_{n}\right\}_{n=0}^{\infty}$ in $C(X)$ s.t. $f_{0} \equiv 1$. Let $\mathscr{A}_{\mathbb{Q}}$ be the algebra generated by these functions over $\mathbb{Q}$. It is still countable.

Choose for every $g \in \mathscr{A}_{\mathbb{Q}}$ an $\mathscr{F}$-measurable version $\overline{\mathbb{E}}(g \mid \mathscr{F})$ of $\mathbb{E}(g \mid \mathscr{F})$ (recall that $\mathbb{E}(g \mid \mathscr{F})$ is an $L^{1}$-function, namely not a function at all but an equivalence class of functions). Consider the following collection of conditions:

1. $\forall \alpha, \beta \in \mathbb{Q}, g_{1,2} \in \mathscr{A}_{\mathbb{Q}}, \overline{\mathbb{E}}\left(\alpha g_{1}+\beta g_{2} \mid \mathscr{F}\right)(x)=\alpha \overline{\mathbb{E}}\left(g_{1} \mid \mathscr{F}\right)(x)+\beta \overline{\mathbb{E}}\left(g_{2} \mid \mathscr{F}\right)(x)$
2. $\forall g \in \mathscr{A}_{\mathbb{Q}}, \min g \leq \overline{\mathbb{E}}(g \mid \mathscr{F})(x) \leq \max g$
[^7]This is countable collection of $\mathscr{F}$-measurable conditions, each of which holds with full $\mu$-probability. Let $X_{0}$ be the set of $x$ 's which satisfies all of them. This is an $\mathscr{F}$-measurable set of full measure.

We see that for each $x \in X_{0}, \varphi_{x}[g]:=\overline{\mathbb{E}}(g \mid \mathscr{F})(x)$ is linear functional on $\mathscr{A}_{\mathbb{Q}}$, and $\left\|\varphi_{x}\right\| \leq 1$. It follows that $\varphi_{x}$ extends uniquely to a positive bounded linear functional on $C(X)$. This is a measure $\mu_{x}$.
Step 1. $\int\left(\int f d \mu_{x}\right) d \mu(x)=\int f d \mu$ for all $f \in C(X)$.
Proof. This is true for all $f \in \mathscr{A}_{\mathbb{Q}}$ by definition, and extends to all $C(X)$ because $\mathscr{A}_{\mathbb{Q}}$ is dense in $C(X)$. (But for $f \in L^{1}$ it is not even clear that the statement makes sense, because $\mu_{x}$ could live on a set with zero $\mu$-measure!)
Step 2. $x \mapsto \mu_{x}(E)$ is $\mathscr{F}$-measurable for all $E \in \mathscr{B}$.
Exercise: Prove this using the following steps

1. The indicator function of any open set is the pointwise limit of a sequence of continuous functions $0 \leq h_{n} \leq 1$, thus the step holds for open sets.
2. The collection of sets whose indicators are pointwise limits of a bounded sequence of continuous functions forms an algebra. The step holds for every set in this algebra.
3. The collection of sets for which step 1 holds is a monotone class which contains a generating algebra.

Step 3. If $f=g \mu$-a.e., then $f=g \mu_{x}$-a.e. for $\mu$-a.e. $x$.
Proof. Suppose $\mu(E)=0$. Choose open sets $U_{n} \supseteq E$ such that $\mu\left(U_{n}\right) \rightarrow 0$. Choose continuous functions $0 \leq h_{n}^{\varepsilon} \leq 1$ s.t. $h_{n}^{\varepsilon}$ vanish outside $U_{n}, h_{n}^{\varepsilon}$ are non-zero inside $U_{n}$, and $h_{n}^{\varepsilon} \xrightarrow[\varepsilon \rightarrow 0^{+}]{\longrightarrow} 1_{U_{n}}$ (e.g. $\left.h_{n}^{\varepsilon}(\cdot):=\left[\operatorname{dist}\left(x, U_{n}^{c}\right) / \operatorname{diam}(X)\right]^{\varepsilon}\right)$.

By construction $1_{E} \leq 1_{U_{n}} \equiv \lim _{\varepsilon \rightarrow 0^{+}} h_{n}^{\varepsilon}$, whence

$$
\begin{aligned}
& \int \mu_{x}(E) d \mu(x) \leq \iint \lim _{\varepsilon \rightarrow 0^{+}} h_{n}^{\varepsilon} d \mu_{x} d \mu \leq \\
& \quad \leq \lim _{\varepsilon \rightarrow 0^{+}} \iint h_{n}^{\varepsilon} d \mu_{x} d \mu=\lim _{\varepsilon \rightarrow 0^{+}} \int h_{n}^{\varepsilon} d \mu \leq \lim _{\varepsilon \rightarrow 0^{+}} \int h_{n}^{\varepsilon} d \mu \leq \mu\left(U_{n}\right) \underset{n \rightarrow \infty}{\longrightarrow} 0
\end{aligned}
$$

It follows that $\mu_{x}(E)=0$ a.e.
Step 4. For all $f \mu$-absolutely integrable, $\mathbb{E}(f \mid \mathscr{F})(x)=\int f d \mu_{x} \mu$-a.e.
Proof. Find $g_{n} \in C(X)$ such that

$$
f=\sum_{n=1}^{\infty} g_{n} \mu \text {-a.e., and } \sum\left\|g_{n}\right\|_{L^{1}(\mu)}<\infty
$$

Then

$$
\begin{aligned}
\mathbb{E}(f \mid \mathscr{F}) & =\sum_{n=1}^{\infty} \mathbb{E}\left(g_{n} \mid \mathscr{F}\right), \text { because } \mathbb{E}(\cdot \mid \mathscr{F}) \text { is a bounded operator on } L^{1} \\
& =\sum_{n=1}^{\infty} \int_{X} g_{n} d \mu_{x} \text { a.e., because } g_{n} \in C(X) \\
& =\int_{X} \sum_{n=1}^{\infty} g_{n} d \mu_{x} \text { a.e., (justification below) } \\
& =\int_{X} f d \mu_{x} \text { a.e. }
\end{aligned}
$$

Here is the justification: $\int \sum\left|g_{n}\right| d \mu_{x}<\infty$, because the integral of this expression, by the monotone convergence theorem is less than $\sum\left\|g_{n}\right\|_{1}<\infty$.

### 2.3.3 The ergodic decomposition

Theorem 2.5 (The Ergodic Decomposition). Let $\mu$ be an invariant Borel probability measure of a Borel map $T$ on a standard probability space $X$. Let $\left\{\mu_{x}\right\}_{x \in X}$ be the conditional probabilities w.r.t. $\mathfrak{I n v}(T)$. Then

1. $\mu=\int_{X} \mu_{x} d \mu(x)$ (i.e. this holds when applies to $L^{1}-$ functions or Borel sets);
2. $\mu_{x}$ is invariant for $\mu$-a.e. $x \in X$;
3. $\mu_{x}$ is ergodic for $\mu-a . e . ~ x \in X$.

Proof. By the isomorphism theorem for standard probability spaces, there is no loss of generality in assuming that $X$ is a compact metric space, and that $\mathscr{B}$ is its $\sigma$-algebra of Borel sets.

For every $f \in L^{1}, \int f d \mu=\int \mathbb{E}(f \mid \mathfrak{I n v}(T)) d \mu(x)=\int_{X} \int_{X} f d \mu_{x} d \mu(x)$. This shows (1). We have to show that $\mu_{x}$ is invariant and ergodic for $\mu$-a.e. $x$.

Fix a countable set $\left\{f_{n}\right\}$ which is dense in $C(X)$, and choose Borel versions $\overline{\mathbb{E}}_{\mu}\left(f_{n} \mid \mathfrak{I n v}(T)\right)(x)$. By the ergodic theorem, there is a set of full measure $\Omega$ such that for all $x \in \Omega$,

$$
\int f_{n} d \mu_{x}=\overline{\mathbb{E}}_{\mu}\left(f_{n} \mid \mathfrak{I n v}(T)\right)(x)=\lim _{N \rightarrow \infty} \frac{1}{N} \sum_{k=0}^{N-1} f_{n}\left(T^{k} x\right) \text { for all } n
$$

Step 1. $\mu_{x}$ is $T$-invariant for a.e. $x \in \Omega$.
Proof. For every n,

$$
\begin{aligned}
\int f_{n} \circ T d \mu_{x} & =\lim _{N \rightarrow \infty} \frac{1}{N} \sum_{k=0}^{N-1} f_{n}\left(T^{k+1} x\right) \text { a.e. (by the PET) } \\
& =\lim _{N \rightarrow \infty} \frac{1}{N} \sum_{k=0}^{N-1} f_{n}\left(T^{k} x\right)=\overline{\mathbb{E}_{\mu}}\left(f_{n} \mid \Im \mathfrak{I n v}(T)\right)(x)=\int f_{n} d \mu_{x} .
\end{aligned}
$$

Let $\Omega^{\prime}$ be the set of full measure for which the above holds for all $n$, and fix $x \in \Omega^{\prime}$. Since $\left\{f_{n}\right\}$ is $\|\cdot\|_{\infty}$-dense in $C(X)$, we have $\int f \circ T d \mu_{x}=\int f d \mu_{x}$ for all $f \in C(X)$. Using the density of $C(X)$ in $L^{1}\left(\frac{\mu_{x}+\mu_{x} \circ T^{-1}}{2}\right)$, it is routine to see that $\int f \circ T d \mu_{x}=$ $\int f d \mu_{x}$ for all $\mu_{x}$-integrable functions. This means that $\mu_{x} \circ T^{-1}=\mu_{x}$ for all $x \in \Omega^{\prime}$.

Step 2. $\mu_{x}$ is ergodic for all $x \in \Omega$.
Proof. With $\left\{f_{n}\right\}_{n=1}^{\infty}$ as above, let $\Omega^{\prime \prime}:=\left\{x \in \Omega^{\prime}: \forall k, \lim _{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} f_{k}\left(T^{k} x\right)=\right.$ $\left.\int f_{k} d \mu_{x}\right\}$. This is a set of full measure because of the ergodic theorem. Now

$$
\begin{aligned}
0 & =\lim _{N \rightarrow \infty}\left\|\frac{1}{N} \sum_{k=0}^{N-1} f_{n} \circ T^{k}-\int_{X} f_{n} d \mu_{x}\right\|_{L^{1}(\mu)} \quad\left(\because L^{1} \text {-convergence in the PET }\right) \\
& =\lim _{N \rightarrow \infty} \int_{X}\left\|\frac{1}{N} \sum_{k=0}^{N-1} f_{n} \circ T^{k}-\int_{X} f_{n} d \mu_{x}\right\|_{L^{1}\left(\mu_{x}\right)} d \mu(x)\left(\because \mu=\int_{X} \mu_{x} d \mu\right) \\
& \geq \int_{X} \operatorname{limin}_{N \rightarrow \infty}\left\|\frac{1}{N} \sum_{k=0}^{N-1} f_{n} \circ T^{k}-\int_{X} f_{n} d \mu_{x}\right\|_{L^{1}\left(\mu_{x}\right)} d \mu(x)(\because \text { Fatou's Lemma })
\end{aligned}
$$

It follows that $\liminf _{n \rightarrow \infty}\left\|\frac{1}{n} \sum_{k=0}^{n-1} f_{n} \circ T^{k}-\int_{X} f_{n} d \mu_{x}\right\|_{L^{1}\left(\mu_{x}\right)}=0 \mu$-a.e. Let

$$
\Omega:=\left\{x \in \Omega^{\prime \prime}: \liminf _{n \rightarrow \infty}\left\|\frac{1}{n} \sum_{k=0}^{n-1} f_{n} \circ T^{k}-\int_{X} f_{n} d \mu_{x}\right\|_{L^{1}\left(\mu_{x}\right)}=0 \text { for all } n,\right\}
$$

then $\Omega$ has full measure.
Fix $x \in \Omega$. Since $\left\{f_{n}\right\}_{n \geq 1}$ is dense in $C(X)$, and $C(X)$ is dense in $L^{1}\left(\mu_{x}\right),\left\{f_{n}\right\}$ is dense in $L^{1}\left(\mu_{x}\right)$. A standard approximation argument shows that

$$
\liminf _{n \rightarrow \infty}\left\|\frac{1}{n} \sum_{k=0}^{n-1} f \circ T^{k}-\int_{X} f d \mu_{x}\right\|_{L^{1}\left(\mu_{x}\right)}=0 \text { for all } f \in L^{1}\left(\mu_{x}\right)
$$

In particular, every $f \in L^{1}\left(\mu_{x}\right)$ such that $f \circ T=f \mu_{x}$-a.e. must be constant $\mu_{x^{-}}$ almost everywhere. So $\mu_{x}$ is ergodic for $x \in \Omega^{\prime \prime \prime}$.

### 2.4 An Ergodic Theorem for $\mathbb{Z}^{d}$-actions

Let $T_{1}, \ldots, T_{d}$ denote $d$ measure preserving transformations on a probability space $(\Omega, \mathscr{F}, \mu)$. We say that $T_{1}, \ldots, T_{d}$ commute if $T_{i} \circ T_{j}=T_{j} \circ T_{i}$ for all $i, j$. Let $\mathbb{Z}_{+}^{d}:=$ $(\mathbb{N} \cup\{0\})^{d}$ and define for $\underline{n}=\left(n_{1}, \ldots, n_{d}\right) \in \mathbb{Z}_{+}^{d}$

$$
T^{\underline{n}}:=T_{1}^{n_{1}} \circ \cdots \circ T_{d}^{n_{d}} .
$$

If $T_{1}, \ldots, T_{d}$ commute, then $T^{\underline{n}} \circ T^{\underline{m}}=T^{\underline{n}+\underline{m}}$. An algebraist would say that the semigroup $\left(\mathbb{Z}_{+}^{d},+\right)$ acts on $(\Omega, \mathscr{F}, \mu)$ by $\underline{n} \cdot x=T^{\underline{n}}(x)$. This is called the $\mathbb{Z}_{+}^{d}$-semi-action generated by $T_{1}, \ldots, T_{d}$. If $T_{i}$ are invertible, this extends naturally to a $\mathbb{Z}^{d}$-action.

A pointwise ergodic theorem for $d$-commuting maps is an almost sure convergence statement for averages of the type

$$
\frac{1}{\left|I_{r}\right|} S_{I_{r}} f:=\frac{1}{\left|I_{r}\right|} \sum_{\underline{n} \in I_{r}} f \circ T^{\underline{n}}
$$

where $I_{r}$ is a sequence of subsets of $\mathbb{Z}_{+}^{d}$ which "tends to $\mathbb{Z}_{+}^{d}$ ", and $\left|I_{r}\right|=$ cardinality of $I_{r}$. Such statements are not true for any choice of $\left\{I_{r}\right\}$ (even when $d=1$ ). Here we prove the following pointwise ergodic theorem for increasing boxes: Boxes are sets of the form

$$
[\underline{n}, \underline{m}):=\left\{\underline{k}=\left(k_{1}, \ldots, k_{d}\right) \in \mathbb{Z}_{+}^{d}: n_{i} \leq k_{i} \nsupseteq m_{i}(1 \leq i \leq d)\right\} \quad\left(\underline{n}, \underline{m} \in \mathbb{Z}_{+}^{d}\right) .
$$

A sequence of boxes $\left\{I_{r}\right\}_{r \geq 1}$ is said to be increasing if $I_{r} \subset I_{r+1}$ for all $r$. An increasing sequence of boxes is said to tend to $\mathbb{Z}_{+}^{d}$ if $\mathbb{Z}_{+}^{d}=\bigcup_{r \geq 1} I_{r}$.

Theorem 2.6 (Tempelman). Let $T_{1}, \ldots, T_{d}$ be $d$-commuting probability preserving maps on a probability space $(\Omega, \mathscr{F}, \mu)$, and suppose $\left\{I_{r}\right\}_{r \geq 1}$ is an increasing sequence of boxes which tends to $\mathbb{Z}_{+}^{d}$. If $f \in L^{1}$, then

$$
\frac{1}{\left|I_{r}\right|} \sum_{\underline{n} \in I_{r}} f \circ T^{n} \underset{r \rightarrow \infty}{\longrightarrow} \mathbb{E}\left(f \mid \mathfrak{I n v}\left(T_{1}\right) \cap \cdots \cap \mathfrak{I n v}\left(T_{d}\right)\right) \text { almost surely. }
$$

For convergence along more general sequences of boxes, see problem 2.8.
Proof. Fix $f \in L^{1}$. Almost sure convergence is obvious in the following two cases:

1. Invariant functions: If $f \circ T_{i}=f$ for $i=1, \ldots, d$, then $\frac{1}{\left|I_{r}\right|} S_{I_{r}} f=f$ for all $r$, so the limit exists and is equal to $f$.
2. Coboundries: Suppose $f=g-g \circ T_{i}$ for some $g \in L^{\infty}$ and some $i$,

$$
\begin{aligned}
\left|\frac{1}{\left|I_{r}\right|} S_{I_{r}} f\right| & =\frac{1}{\left|I_{r}\right|}\left|S_{I_{r}} g_{i}-S_{I_{r}+e_{i}} g_{i}\right|, \text { where } \underline{e}_{1}, \ldots \underline{e}_{d} \text { is the standard basis of } \mathbb{R}^{d} \\
& =\frac{1}{\left|I_{r}\right|}\left|S_{I_{r} \backslash\left(I_{r}+\underline{e}_{i}\right)} g_{i}-S_{\left(I_{r}+\underline{e}_{i}\right) \backslash I_{r}} g_{i}\right| \leq \frac{\left|I_{r} \triangle\left(I_{r}+e_{i}\right)\right|}{\left|I_{r}\right|}\left\|g_{i}\right\|_{\infty} .
\end{aligned}
$$

Now $\left|I_{r} \triangle\left(I_{r}+\underline{e}_{i}\right)\right| /\left|I_{r}\right| \xrightarrow[r \rightarrow \infty]{ } 0$, because the lengths $\ell_{1}(r), \ldots, \ell_{d}(r)$ of the sides of the box $I_{r}$ tend to infinity, and so

$$
\frac{\left|I_{r} \triangle\left(I_{r}+e_{i}\right)\right|}{\left|I_{r}\right|}=\frac{2}{\ell_{i}(r)} \underset{r \rightarrow \infty}{\longrightarrow} 0 .
$$

So the limit exists and is equal to zero.

Step 1. Any $f \in L^{1}$ can put in the form $f=\sum_{i=1}^{d}\left(g_{i}-g_{i} \circ T_{i}\right)+h+\varphi$, where $g_{i} \in L^{\infty}$, $h$ is $T_{i}$-invariant for all $i$, and $\|\varphi\|_{1}<\varepsilon$ with $\varepsilon$ arbitrarily small.
Proof. One checks, as in the proof of the Mean Value Theorem, that

$$
\overline{\operatorname{span}}\left\{g-g \circ T_{i}: g \in L^{2},(1 \leq i \leq d)\right\}^{\perp}=\left\{f \in L^{2}: f \circ T_{i}=f(1 \leq i \leq d)\right\}
$$

whence $L^{2}=\left\{f \in L^{2}: f \circ T_{i}=f(1 \leq i \leq d)\right\} \oplus \overline{\operatorname{span}}\left\{g-g \circ T_{i}: g \in L^{2},(1 \leq i \leq d)\right\}$ (orthogonal sum).

This means that any $f^{\prime} \in L^{2}$ can be put in the form $f^{\prime}=\sum_{i=1}^{d}\left(g_{i}^{\prime}-g_{i}^{\prime} \circ T_{i}\right)+h+\varphi^{\prime}$, where $g_{i}^{\prime} \in L^{2}, h \in L^{2}$ is $T_{i}$-invariant for all $i$, and $\left\|\varphi^{\prime}\right\|_{2}<\varepsilon / 3$.

Since $L^{\infty}$ is dense in $L^{2}$, it is no problem to replace $g_{i}^{\prime}$ by $L^{\infty}$-functions $g_{i}$ so that $f^{\prime}=\sum_{i=1}^{d}\left(g_{i}-g_{i} \circ T_{i}\right)+h+\varphi$, where $\|\varphi\|_{2}<\varepsilon / 2$. By Cauchy-Schwarz, $\|\varphi\|_{1}<$ $\varepsilon / 2$. This proves the step when $f$ is in $L^{2}$. If $f$ is in $L^{1}$, find $f^{\prime} \in L^{2}$ s.t. $\left\|f-f^{\prime}\right\|_{1}<$ $\varepsilon / 2$ and apply the above to $f^{\prime}$.
Step 2 (Maximal Inequality). For every non-negative $\varphi \in L^{1}$ and $t>0$,

$$
\begin{equation*}
\mu\left[\sup _{r} \frac{1}{\left|I_{r}\right|} S_{I_{r}} \varphi>t\right] \leq \frac{2^{d}\|\varphi\|_{1}}{t} \tag{2.2}
\end{equation*}
$$

We give the proof later.
Step 3. How to use the maximal inequality to complete the proof.
For every $f \in L^{1}$, let $\Delta(f)(\omega):=\limsup _{r \rightarrow \infty} \frac{1}{\left|I_{r}\right|}\left(S_{I_{r}} f\right)(\omega)-\liminf _{r \rightarrow \infty} \frac{1}{\left|I_{r}\right|}\left(S_{I_{r}} f\right)(\omega)$. To show that $\lim \frac{1}{\left|I_{r}\right|} S_{I_{r}} f$ exists almost surely, one needs to show that $\Delta(f)=0$ a.e.

Notice that $\Delta$ is subadditive: $\Delta\left(f_{1}+f_{2}\right) \leq \Delta\left(f_{1}\right)+\Delta\left(f_{2}\right)$. If we express $f$ as in the first step, then we get $\Delta(f) \leq \Delta(\varphi)$. It follows that for every $\delta>0$,

$$
\begin{aligned}
\mu[\Delta(f)>\delta] & \leq \mu[\Delta(\varphi)>\delta] \leq \mu\left[2 \sup _{r} \frac{1}{\left|I_{r}\right|} S_{I_{r}}|\varphi|>\delta\right] \\
& \leq \frac{2^{d}\|\varphi\|_{1}}{(\delta / 2)} \text { by the maximal inequality. }
\end{aligned}
$$

Taking $\delta:=\sqrt{\varepsilon}$ and recalling that $\varphi$ was constructed so that $\|\varphi\|_{1}<\varepsilon$, we see that

$$
\mu[\Delta(f)>\sqrt{\varepsilon}]<2^{d+1} \sqrt{\varepsilon}
$$

But $\varepsilon$ was arbitrary, so we must have $\Delta(f)=0$ almost everywhere. In other words, $\lim \frac{1}{\left|I_{r}\right|} S_{I_{r}} f$ exists almost everywhere. The proof also shows that the value of the limit $\bar{f}$ equals $h$, so it is an invariant function.

To identify $h$, we argue as in the proof of Birkhoff's theorem. First we claim that $\frac{1}{\left|I_{r}\right|} S_{I_{r}} f \xrightarrow[r \rightarrow \infty]{L^{1}} h$. If $f$ is bounded, this is a consequence of pointwise convergence and the bounded convergence theorem. For general $L^{1}$-functions, write $f=f^{\prime}+\varphi$ with $f^{\prime} \in L^{\infty}$ and $\|\varphi\|_{1}<\varepsilon$. The averages of $f^{\prime}$ converge in $L^{1}$, and the averages of
$\varphi$ remain small in $L^{1}$ norm. It follows that $\frac{1}{\left|I_{r}\right|} S_{I_{r}} f$ converge in $L^{1}$. The limit must agree with the pointwise limit $\bar{f}$ (see the footnote on page 39).

Integrate $\frac{1}{\left|I_{r}\right|} S_{I_{1}} f$ against a bounded invariant function $g$ and pass to the limit. By $L^{1}$-covergence, $\int f g=\int h g$. It follows that $h=\mathbb{E}\left(f \mid \bigcap_{i=1}^{d} \mathfrak{I n v}\left(T_{i}\right)\right)$. In particular, if the $\mathbb{Z}_{+}^{d}$-action generated by $T_{1}, \ldots, T_{d}$ is ergodic, then $h=\int f$. This finishes the proof, assuming the maximal inequality.

Proof of the maximal inequality. Let $\varphi \in L^{1}$ be a non-negative function, fix $N$ and $\alpha>0$. We will estimate the measure of $E_{N}(\alpha):=\left\{\omega \in \Omega: \max _{1 \leq k \leq N} \frac{1}{\left|I_{k}\right|} S_{I_{k}} \varphi>\alpha\right\}$.

Pick a large box $I$, and let $A(\omega):=\left\{\underline{n} \in I: T \underline{n}(\omega) \in E_{N}(\alpha)\right\}$. For every $\underline{n} \in A(\omega)$ there is a $1 \leq k(\underline{n}) \leq N$ such that $\left(S_{I_{k(\underline{n})}+\underline{n}} \varphi\right)(\omega)>\alpha\left|I_{k(\underline{n})}\right|$.

Imagine that we were able to find a disjoint subcollection $\left\{\underline{n}+I_{k(\underline{n})}: \underline{n} \in A^{\prime}(\omega)\right\}$ which is "large" in the sense that there is some global constant $K$ s.t.

$$
\begin{equation*}
\sum_{\underline{n} \in A^{\prime}(\omega)}\left|\underline{n}+I_{k(\underline{n})}\right| \geq \frac{1}{K}|A(\omega)| . \tag{2.3}
\end{equation*}
$$

The sets $\underline{n}+I_{k(\underline{n})}\left(\underline{n} \in A^{\prime}(\omega)\right)$ are included in the box $J \supset I$ obtained by increasing the sides of $I$ by $2 \max \left\{\operatorname{diam}\left(I_{1}\right), \ldots, \operatorname{diam}\left(I_{N}\right)\right\}$. This, the non-negativity of $\varphi$, and the invariance of $\mu$ implies that

$$
\begin{aligned}
\|\varphi\|_{1} & \geq \int \frac{1}{|J|}\left(S_{J} \varphi\right)(\omega) d \mu \geq \frac{1}{|J|} \int \sum_{\underline{n} \in A^{\prime}(\omega)}\left(S_{I_{k(\underline{n})}+\underline{n}} \varphi\right)(\omega) d \mu \\
& \geq \frac{1}{|J|} \int \sum_{\underline{n} \in A^{\prime}(\omega)} \alpha\left|I_{k(\underline{n})}+\underline{n}\right| d \mu \\
& \geq \frac{\alpha}{K|J|} \int|A(\omega)| d \mu=\frac{\alpha}{K|J|} \int \sum_{\underline{n} \in I} 1_{E_{N}(\alpha)}\left(T^{\underline{n}} \omega\right) d \mu=\frac{\alpha|I|}{K|J|} \mu\left[E_{N}(\alpha)\right] .
\end{aligned}
$$

It follows that $\mu\left[E_{N}(\alpha)\right] \leq K \frac{|J|}{|I|}\|\varphi\|_{1} / \alpha$. Now $I$ was arbitrary, and by construction $|J| \sim|I|$ as $|I| \rightarrow \infty$, so $\mu\left[E_{N}(\alpha)\right] \leq K\|\varphi\|_{1} / \alpha$. In the limit $N \rightarrow \infty$, we get the maximal inequality (except for the identification $K=2^{d}$ ).

We now explain how to find the disjoint subcollection $\left\{\underline{n}+I_{k(\underline{n})}: \underline{n} \in A^{\prime}(\omega)\right\}$. We use the "greedy" approach by first adding as many translates of $I_{N}$ (the largest of $\left.I_{1}, \ldots, I_{N}\right)$ as possible, then as many translates of $I_{N-1}$ as possible, and so on:
$(N)$ Let $\mathscr{M}_{N}$ be a maximal disjoint collection of sets of the form $I_{N}+\underline{n}$ with $k(\underline{n})=N$. $(N-1)$ Let $\mathscr{M}_{N-1}$ be a maximal disjoint collection of sets of the form $I_{N-1}+\underline{n}$ with $k(\underline{n})=N-1$ and such that all elements of $\mathscr{M}_{N-1}$ are disjoint from $\cup \mathscr{M}_{N}$.
(1) Let $\mathscr{M}_{1}$ be a maximal disjoint collection of sets of the form $I_{1}+\underline{n}$ where $k(\underline{n})=1$ and such that all elements of $\mathscr{M}_{1}$ are disjoint from $\bigcup\left(\mathscr{M}_{N} \cup \cdots \cup M_{2}\right)$.

Now let $A^{\prime}(\omega):=\left\{\underline{n}: I_{k(\underline{n})}+\underline{n} \in \mathscr{M}_{1} \cup \cdots \cup \mathscr{M}_{N}\right\}$. This is a disjoint collection.
We show that $A(\omega) \subseteq \bigcup_{\underline{n} \in A^{\prime}(\omega)}\left(\underline{n}+I_{k(\underline{n})}-I_{k(\underline{n})}\right)$ (where $I-I=\{\underline{n}-\underline{m}: \underline{n}, \underline{m} \in I\}$ ). Suppose $\underline{n} \in A(\omega)$. By the maximality of $\mathscr{M}_{k(\underline{n})}$, either $\underline{n}+I_{k(\underline{n})} \in \mathscr{M}_{k(\underline{n})}$, or $\underline{n}+I_{k(\underline{n})}$ intersects some $\underline{m}+I_{k(\underline{m})} \in \mathscr{M}_{k(\underline{m})}$ s.t. $k(\underline{m}) \geq k(\underline{n})$.

- In the first case $\underline{n} \in \underline{n}+I_{k(\underline{n})}-I_{k(\underline{n})} \in \bigcup_{\underline{n} \in A^{\prime}(\omega)}\left(\underline{n}+I_{k(\underline{n})}-I_{k(\underline{n})}\right)$
- In the second case there $\operatorname{are} \underline{u} \in I_{k(\underline{n})}, \underline{v} \in I_{k(\underline{m})}$ s.t. $\underline{n}+\underline{u}=\underline{m}+\underline{v}$, and again we get $\underline{n} \in \underline{m}+I_{k(\underline{m})}-I_{k(\underline{n})} \subseteq \underline{m}+I_{k(\underline{m})}-I_{k(\underline{m})}$ (since $k(\underline{m}) \geq k(\underline{n})$ and $I_{r}$ is increasing).

For a $d$-dimensional box $I,|I-I|=2^{d}|I|$. Since $A(\omega) \subseteq \underset{\underline{n} \in A^{\prime}(\omega)}{\bigcup}\left(\underline{n}+I_{k(\underline{n})}-I_{k(\underline{n})}\right)$, $|A(\omega)| \leq \sum_{\underline{n} \in A^{\prime}(\omega)} 2^{d}\left|I_{k(\underline{n})}\right|$, and we get (2.3) with $K=2^{d}$.

### 2.5 The Subadditive Ergodic Theorem

We begin with two examples.
Example 1 (Random walks on groups) Let $(X, \mathscr{B}, \mu, T)$ be the Bernoulli scheme with probability vector $\underline{p}=\left(p_{1}, \ldots, p_{d}\right)$. Suppose $G$ is a group, and $f: X \rightarrow G$ is the function $f\left(x_{0}, x_{2}, \ldots\right)=g_{x_{0}}$, where $g_{1}, \ldots, g_{n} \in G$. The expression

$$
f_{n}(x):=f(x) f(T x) \cdots f\left(T^{n-1} x\right)
$$

describes the position of a random walk on $G$, which starts at the identity, and whose steps have the distribution $\operatorname{Pr}\left[\operatorname{step}=g_{i}\right]=p_{i}$. What can be said on the behavior of this random walk?

In the special case $G=\mathbb{Z}^{d}$ or $G=\mathbb{R}^{d}, f_{n}(x)=f(x)+f(T x)+\cdots+f\left(T^{n-1} x\right)$, and the ergodic theorem ${ }^{3}$ says that $\frac{1}{n} f_{n}(x)$ has an almost sure limit, equal to $\int f d \mu=$ $\sum p_{i} g_{i}$. So: the random walk has speed $\left\|\sum p_{i} g_{i}\right\|$, and direction $\sum p_{i} g_{i} /\left\|\sum p_{i} g_{i}\right\|$. (Note that if $G=\mathbb{Z}^{d}$, the direction need not lie in $G$.)
Example 2 (The derivative cocycle) Suppose $T: V \rightarrow V$ is a diffeomorphism acting on an open set $V \subset \mathbb{R}^{d}$. The derivative of $T$ at $x \in V$ is a linear transformation $(d T)(x)$ on $\mathbb{R}^{d}, \underline{v} \mapsto[(d T)(x)] \underline{v}$. By the chain rule,

$$
\left(d T^{n}\right)(x)=(d T)\left(T^{n-1} x\right) \circ(d T)\left(T^{n-2} x\right) \circ \cdots \circ(d T)(x)
$$

If we write $f(x):=(d T)(x) \in \operatorname{GL}(d, \mathbb{R})$, then we see that

$$
\left(d T^{n}\right)(x)=f\left(T^{n-1} x\right) f\left(T^{n-2} x\right) \cdots f(T x) f(x)
$$

is a "random walk" on $\operatorname{GL}(d, \mathbb{R}):=\{$ invertible $d \times d$ matrices with real entries $\}$. Notice the order of multiplication!

[^8]What is the "speed" of this random walk? Does it have an asymptotic "direction"? The problem of describing the "direction" of random walk on a group is deep, and remain somewhat mysterious to this day, even in the case of groups of matrices. We postpone it for the moment, and focus on the conceptually easier task of defining the "speed." Suppose $G$ is a group of $d \times d$ matrices with real-entries. Then $G$ can be viewed to be group of linear operators on $\mathbb{R}^{d}$, and we can endow $A \in G$ with the operator norm $\|A\|:=\max \left\{\|A v\|_{2} /\|v\|_{2}: 0 \neq v \in \mathbb{R}^{d}\right\}$. Notice that $\|A B\| \leq\|A\|\|B\|$. We will measure the speed of $f_{n}(x):=f(x) f(T x) \cdots f\left(T^{n-1} x\right)$ by analyzing

$$
g^{(n)}(x):=\log \left\|f_{n}(x)\right\| \text { as } n \rightarrow \infty
$$

Key observation: $g^{(n+m)} \leq g^{(n)}+g^{(m)} \circ T^{n}$, because

$$
\begin{aligned}
g^{(n+m)}(x) & =\log \left\|f_{n+m}(x)\right\|=\log \left\|f_{n}(x) f_{m}\left(T^{n} x\right)\right\| \leq \log \left(\left\|f_{n}(x)\right\| \cdot\left\|f_{m}\left(T^{n} x\right)\right\|\right) \\
& \leq \log \left\|f_{n}(x)\right\|+\log \left\|f_{m}\left(T^{n} x\right)\right\|=g^{(n)}(x)+g^{(m)}\left(T^{n} x\right)
\end{aligned}
$$

We say that $\left\{g^{(n)}\right\}_{n}$ is a subadditive cocycle.
Theorem 2.7 (Kingman's Subadditive Ergodic Theorem). Let $(X, \mathscr{B}, m, T)$ be a probability preserving transformation, and suppose $g^{(n)}: X \rightarrow \mathbb{R}$ is a sequence of measurable functions such that $g^{(n+m)} \leq g^{(n)}+g^{(m)} \circ T^{n}$ for all $n, m$, and $g^{(1)} \in L^{1}$. Then the limit $g:=\lim _{n \rightarrow \infty} g^{(n)} / n$ exists almost surely, and is an invariant function.

Proof. We begin by observing that it is enough to treat the case when $g^{(n)}$ are all non-positive. This is because $h^{(n)}:=g^{(n)}-\left(g^{(1)}+g^{(1)} \circ T+\cdots+g^{(1)} \circ T^{n-1}\right)$ are non-positive, sub-additive, and differ from $g^{(n)}$ by the ergodic sums of $g^{(1)}$ whose asymptotic behavior we know by Birkhoff's ergodic theorem.

Assume then that $g^{(n)}$ are all non-negative. Define $G(x):=\liminf _{n \rightarrow \infty} g^{(n)}(x) / n$ (the limit may be equal to $-\infty$ ). We claim that $G \circ T=G$ almost surely.

Starting from the subadditivity inequality $g^{(n+1)} \leq g^{(n)} \circ T+g^{(1)}$, we see that $G \leq G \circ T$. Suppose there were a set of positive measure $E$ where $G \circ T>G+\varepsilon$. Then for every $x \in E, G\left(T^{n} x\right) \geq G\left(T^{n-1} x\right) \geq \cdots \geq G(T x)>G(x)+\varepsilon$. But this is impossible, because by Poincaré's Recurrence Theorem, for a.e. $x$ there is some $n>0$ such that $G\left(T^{n} x\right)=\infty$ or $\left|G\left(T^{n} x\right)-G(x)\right|<\varepsilon$ (prove!). This contradiction shows that $G=G \circ T$ almost surely. Henceforth we work the set of full measure

$$
X_{0}:=\bigcap_{n \geq 1}\left[G \circ T^{n}=G\right] .
$$

Fix $M>0$, and define $G_{M}:=G \vee(-M)$. This is an invariant function on $X_{0}$. We aim at showing $\limsup _{n \rightarrow \infty} \frac{g^{(n)}}{n} \leq G_{M}$ a.s.. Since $M$ is arbitrary, this implies that $\limsup _{n \rightarrow \infty} g^{(n)} / n \leq G=\liminf _{n \rightarrow \infty} g^{(n)} / n$, whence almost sure convergence.

Fix $x \in X_{0}, N \in \mathbb{N}$, and $\varepsilon>0$. Call $k \in \mathbb{N} \cup\{0\}$

- "good", if $\exists \ell \in\{1, \ldots, N\}$ s.t. $g^{(\ell)}\left(T^{k} x\right) / \ell \leq G_{M}\left(T^{k} x\right)+\varepsilon=G_{M}(x)+\varepsilon$;
- "bad", if it's not good: $g^{(\ell)}\left(T^{k} x\right) / \ell>G_{M}(x)+\varepsilon$ for all $\ell=1, \ldots N$.

Color the integers $0, \ldots, n-1$ inductively as follows, starting from $k=1$. Let $k$ be the smallest non-colored integer,
(a) If $k \leq n-N$ and $k$ is "bad", color it red;
(b) If $k \leq n-N$ and $k$ is "good", find the smallest $1 \leq \ell \leq N$ s.t. $g^{(\ell)}\left(T^{k} x\right) / \ell \leq$ $G_{M}\left(T^{k} x\right)+\varepsilon$ and color the segment $[k, k+\ell)$ blue;
(c) If $k>n-N$, color $k$ white.

Repeat this procedure until all integers $0, \ldots, n-1$ are colored.
The "blue" part can be decomposed into segments $\left[\tau_{i}, \tau_{i}+\ell_{i}\right)$, with $\ell_{i}$ s.t. $g^{\left(\ell_{i}\right)}\left(T^{\tau_{i}} x\right) / \ell_{i} \leq G_{M}(x)+\varepsilon$. Let $b$ denote the number of these segments.

The "red" part has size $\leq \sum_{k=1}^{n} 1_{B(N, M, \varepsilon)}\left(T^{k} x\right)$, where

$$
B(N, M, \varepsilon):=\left\{x \in X_{0}: g^{(\ell)}(x) / \ell>G_{M}(x)+\varepsilon \text { for all } 1 \leq \ell \leq N\right\} .
$$

Let $r$ denote the size of the red part. The "white" part has size $w \leq N$.
By the sub-additivity condition

$$
\begin{aligned}
\frac{g^{(n)}(x)}{n} & \leq \frac{1}{n} \sum_{i=1}^{b} g^{\left(\ell_{i}\right)}\left(T^{\tau_{i}} x\right)+\underbrace{\frac{1}{n} \sum_{k \text { red }} g^{(1)}\left(T^{k} x\right)+\frac{1}{n} \sum_{k \text { white }} g^{(1)}\left(T^{k} x\right)}_{\text {non-positive }} \\
& \leq \frac{1}{n} \sum_{i=1}^{b} g^{\left(\ell_{i}\right)}\left(T^{\tau_{i}} x\right) \leq \frac{1}{n} \sum_{i=1}^{b}\left(G_{M}(x)+\varepsilon\right) \ell_{i}=\frac{\#\{\text { blues }\}}{n}\left(G_{M}(x)+\varepsilon\right) .
\end{aligned}
$$

Now \#\{blues $\} \leq n-(r+w)=n-\sum_{k=1}^{n} 1_{B(N, M, \varepsilon)}\left(T^{k} x\right)+O(1)$, so by the Birkhoff ergodic theorem, for almost every $x$, $\#\{$ blues $\} / n \underset{n \rightarrow \infty}{\longrightarrow} 1-\mathbb{E}\left(1_{B(N, M, \varepsilon)} \mid \mathfrak{I n v}\right)$. Thus

$$
\limsup _{n \rightarrow \infty} \frac{g^{(n)}(x)}{n} \leq\left(G_{M}(x)+\varepsilon\right)\left(1-\mathbb{E}\left(1_{B(N, M, \varepsilon} \mid \mathfrak{I n v}\right)\right) \text { almost surely. }
$$

Now $N$ was arbitrary, and for fixed $M$ and $\varepsilon, B(N, M, \varepsilon) \downarrow \varnothing$ as $N \uparrow \infty$, because $G_{M} \geq$ $G=\liminf _{\ell \rightarrow \infty} g^{(\ell)} / \ell$. It is not difficult to deduce from this that $\mathbb{E}\left(1_{B(N, M, \varepsilon)} \mid \mathfrak{I n v}\right) \underset{N \rightarrow \infty}{\longrightarrow} 0$ almost surly. ${ }^{4}$ Thus

$$
\limsup _{n \rightarrow \infty} \frac{g^{(n)}(x)}{n} \leq G_{M}(x)+\varepsilon \text { almost surely }
$$

Since $\varepsilon$ was arbitrary, $\limsup g^{(n)} / n \leq G_{M}$ almost surely, which proves almost sure convergence by the discussion above.

[^9]Proposition 2.3. Suppose $m$ is ergodic, and $g^{(n)} \in L^{1}$ for all $n$, then the limit in Kingman's ergodic theorem is the constant $\inf \left[(1 / n) \int g^{(n)} d m\right] \in[-\infty, \infty)$.

Proof. Let $G:=\lim g^{(n)} / n$. Subadditivity implies that $G \circ T \leq G$. Recurrence implies that $G \circ T=T$. Ergodicity implies that $G=c$ a.e., for some constant $c=c(g) \geq$ $-\infty$. We claim that $c \leq \inf \left[(1 / n) \int g^{(n)} d m\right]$. This is because

$$
\begin{aligned}
c & =\lim _{k \rightarrow \infty} \frac{1}{k n} g^{(k n)} \leq \lim _{k \rightarrow \infty} \frac{1}{k}\left(\frac{g^{(n)}}{n}+\frac{g^{(n)}}{n} \circ T^{n}+\cdots \frac{g^{(n)}}{n} \circ T^{n(k-1)}\right) \\
& =\frac{1}{n} \int g^{(n)} d m \text { (Birkhoff's ergodic theorem) },
\end{aligned}
$$

proving that $c \leq(1 / n) \int g^{(n)} d m$ for all $n$.
To prove the other inequality we first note (as in the proof of Kingman's subadditive theorem) that it is enough to treat the case when $g^{(n)}$ are all non-positive. Otherwise work with $h^{(n)}:=g^{(n)}-\left(g^{(1)}+\cdots+g^{(1)} \circ T^{n-1}\right)$. Since $g^{(1)} \in L^{1}$,

$$
\frac{1}{n}\left(g^{(1)}+\cdots+g^{(1)} \circ T^{n-1}\right) \underset{n \rightarrow \infty}{\longrightarrow} \int g^{(1)} d m \text { pointwise and in } L^{1}
$$

Thus $c(g)=\lim \frac{g^{(n)}}{n}=c(h)+\int g^{(1)}=\inf (1 / n)\left[\int h^{(n)}+\int S_{n} g^{(1)}\right]=\inf \left[(1 / n) \int g^{(n)}\right] d m$.
Suppose then that $g^{(n)}$ are all non-positive. Fix $N$, and set $g_{N}^{(n)}:=\max \left\{g^{(n)},-n N\right\}$. This is, again, subadditive because

$$
\begin{aligned}
g_{N}^{(n+m)} & =\max \left\{g^{(n+m)},-(n+m) N\right\} \leq \max \left\{g^{(n)}+g^{(m)} \circ T^{n},-(n+m) N\right\} \\
& \leq \max \left\{g_{N}^{(n)}+g_{N}^{(m)} \circ T^{n},-(n+m) N\right\} \equiv g_{N}^{(n)}+g_{N}^{(m)} \circ T^{n} .
\end{aligned}
$$

By Kingman's theorem, $g_{N}^{(n)} / n$ converges pointwise to a constant $c\left(g_{N}\right)$. By definition, $-N \leq g_{N}^{(n)} / n \leq 0$, so by the bounded convergence theorem,

$$
\begin{equation*}
c\left(g_{N}\right)=\lim _{n \rightarrow \infty} \frac{1}{n} \int g_{N}^{(n)} d m \geq \inf \frac{1}{n} \int g_{N}^{(n)} d m \geq \inf \frac{1}{n} \int g^{(n)} d m \tag{2.4}
\end{equation*}
$$

Case 1: $c(g)=-\infty$. In this case $g^{(n)} / n \rightarrow-\infty$, and for every $N$ there exists $N(x)$ s.t. $n>N(x) \Rightarrow g_{N}^{(n)}(x)=-N$. Thus $c\left(g_{N}\right)=-N$, and (2.4) implies inf[(1/n) $\left.\int g^{(n)} d m\right]=$ $-\infty=c(g)$.
Case 2: $c(g)$ is finite. Take $N>|c(g)|+1$, then for a.e. $x$, if $n$ is large enough, then $g^{(n)} / n>c(g)-\varepsilon>-N$, whence $g_{N}^{(n)}=g^{(n)}$. Thus $c(g)=c\left(g_{N}\right) \geq \inf \frac{1}{n} \int g^{(n)} d m$ and we get the other inequality.

Here is a direct consequence of the subadditive ergodic theorem (historically, it predates the subadditive ergodic theorem):

Theorem 2.8 (Furstenberg-Kesten). Let $(X, \mathscr{B}, \mu, T)$ be a ppt, and $A: X \rightarrow \operatorname{GL}(d, R)$ be a measurable function s.t. $\log \left\|A^{ \pm 1}\right\| \in L^{1}$. If $A_{n}(x):=A\left(T^{n-1} x\right) \cdots A(x)$, then the following limit exists a.e. and is invariant: $\lim _{n \rightarrow \infty} \frac{1}{n} \log \left\|A_{n}(x)\right\|$.

The following immediate consequence will be used in the proof of the Oseledets theorem for invertible cocycles:
Remark: Suppose $(X, \mathscr{B}, m, T)$ is invertible, and let $g^{(n)}$ be a subadditive cocycle s.t. $g^{(1)} \in L^{1}$. Then for a.e. $x$, $\lim _{n \rightarrow \infty} g^{(n)} \circ T^{-n} / n$ exists and equals $\lim _{n \rightarrow \infty} g^{(n)} / n$.

Proof. Since $g^{(n)}$ is subadditive, $g^{(n)} \circ T^{-n}$ is subadditive:

$$
g^{(n+m)} \circ T^{-(n+m)} \leq\left[g^{(n)} \circ T^{m}+g^{(m)}\right] \circ T^{-(n+m)}=g^{(n)} \circ T^{-n}+\left[g^{(m)} \circ T^{-m}\right] \circ T^{-n}
$$

Let $m=\int m_{y} d \pi(y)$ be the ergodic decomposition of $m$. Kingman's ergodic theorem and the previous remark say that for $\pi$-a.e. $y$,

$$
\begin{aligned}
\lim _{n \rightarrow \infty} \frac{g^{(n)} \circ T^{-n}}{n} & =\inf \frac{1}{n} \int g^{(n)} \circ T^{-n} d m_{y}=\inf \frac{1}{n} \int g^{(n)} d m_{y} m_{y} \text { a.e. } \\
& =\lim _{n \rightarrow \infty} \frac{g^{(n)}}{n} m_{y} \text { a.e. }
\end{aligned}
$$

Thus the set where the statement of the remark fails has zero measure with respect to all the ergodic components of $m$, and this means that the statement is satisfied on a set of full $m$-measure.

### 2.6 The Multiplicative Ergodic Theorem

### 2.6.1 Preparations from Multilinear Algebra

Multilinear forms. Let $V=\mathbb{R}^{n}$ equipped with the Euclidean inner product $\langle v, w\rangle=$ $\sum v_{k} w_{k}$. A linear functional on $V$ is a linear map $\omega: V \rightarrow \mathbb{R}$. The set of linear functionals is denoted by $V^{*}$. Any $v \in V$ determines $v^{*} \in V^{*}$ via $v^{*}=\langle v, \cdot\rangle$. Any linear function is of this form.

A $k$-multilinear function is a function $T: V^{k} \rightarrow \mathbb{R}$ such that for all $i$ and $v_{1}, \ldots, v_{i-1}, v_{i+1}, \ldots, v_{k} \in V, T\left(v_{1}, \ldots, v_{i-1}, \cdot, v_{i+1}, \ldots, v_{k}\right)$ is a linear functional.

The set of all $k$-multilinear functions on $V$ is denoted by $T^{k}(V)$. The tensor product of $\omega \in T^{k}(V)$ and $\eta \in T^{\ell}(V)$ is $\omega \otimes \eta \in T^{k+\ell}(V)$ given by

$$
(\omega \otimes \eta)\left(v_{1}, \ldots, v_{k+l}\right):=\omega\left(v_{1}, \ldots, v_{k}\right) \eta\left(v_{k+1}, \ldots, v_{k+l}\right) .
$$

The tensor product is bilinear and associative, but it is not commutative.

The dimension of $T^{k}(V)$ is $n^{k}$. Here is a basis: $\left\{e_{i_{1}}^{*} \otimes \cdots \otimes e_{i_{k}}^{*}: 1 \leq i_{1}, \ldots, i_{k} \leq n\right\}$. To see this note that every element in $T^{k}(\Omega)$ is completely determined by its action on $\left\{\left(e_{i_{1}}, \cdots, e_{i_{k}}\right): 1 \leq i_{1}, \ldots, i_{k} \leq n\right\}$.

Define an inner product on $T^{k}(V)$ by declaring the above basis to be an orthogonal collection of vectors of length $\frac{1}{\sqrt{k!}}$ (the reason for the normalization will become clear later).
Alternating multilinear forms. A multilinear form $\omega$ is called alternating, if it satisfies $\exists i \neq j\left(v_{i}=v_{j}\right) \Rightarrow \omega\left(v_{1}, \ldots, v_{n}\right)=0$. Equivalently,

$$
\omega\left(v_{1}, \ldots, v_{i}, \ldots, v_{j}, \ldots v_{n}\right)=-\omega\left(v_{1}, \ldots, v_{j}, \ldots, v_{i}, \ldots v_{n}\right)
$$

(to see the equivalence, expand $\omega\left(v_{1}, \ldots, v_{i}+v_{j}, \ldots, v_{j}+v_{i}, \ldots v_{n}\right)$ ). The set of all $k$-alternating forms is denoted by $\Omega^{k}(V)$.

Any multilinear form $\omega$ gives rise to an alternating form $\operatorname{Alt}(\omega)$ via

$$
\operatorname{Alt}(\omega):=\frac{1}{k!} \sum_{\sigma \in S_{k}} \operatorname{sgn}(\sigma) \sigma \cdot \omega
$$

where $S_{k}$ is the group of $k$-permutations, and the action of a permutation $\sigma$ on $\omega \in T^{k}(V)$ is given by $(\sigma \cdot \omega)\left(v_{1}, \ldots, v_{k}\right)=\omega\left(v_{\sigma(1)}, \ldots, v_{\sigma(k)}\right)$. The normalization $k$ ! is to guarantee $\mathrm{Alt}_{\Omega^{k}(V)}=i d$, and $\mathrm{Alt}^{2}=$ Alt. Note that Alt is linear.

Lemma 2.1. $\operatorname{Alt}\left[\operatorname{Alt}\left(\omega_{1} \otimes \omega_{2}\right) \otimes \omega_{3}\right]=\operatorname{Alt}\left(\omega_{1} \otimes \omega_{2} \otimes \omega_{3}\right)$.
Proof. We show that if $\operatorname{Alt}(\omega)=0$, then $\operatorname{Alt}(\omega \otimes \eta)=0$ for all $\eta$. Specializing to the case $\omega=\operatorname{Alt}\left(\omega_{1} \otimes \omega_{2}\right)-\omega_{1} \otimes \omega_{2}$ and $\eta=\omega_{3}$, we get (since Alt ${ }^{2}=$ Alt $)$

$$
\operatorname{Alt}\left[\left(\operatorname{Alt}\left(\omega_{1} \otimes \omega_{2}\right)-\omega_{1} \otimes \omega_{2}\right) \otimes \omega_{3}\right]=0
$$

which is equivalent to the statement of the lemma.
Suppose $\omega \in T^{k}(V), \eta \in T^{\ell}(V)$, and $\operatorname{Alt}(\omega)=0$. Let $G:=\left\{\sigma \in S_{k+\ell}: \sigma(i)=\right.$ $i$ for all $i=k+1, \ldots, k+\ell\}$. This is a subgroup of $S_{k+l}$, and there is natural isomorphism $\sigma \mapsto \sigma^{\prime}:=\left.\sigma\right|_{\{1, \ldots, k\}}$ from $G$ to $S_{k}$. Let $S_{k+l}=\biguplus_{j} G \sigma_{j}$ be the corresponding coset decomposition, then

$$
\begin{aligned}
& (k+\ell)!\operatorname{Alt}(\omega \otimes \eta)\left(v_{1}, \ldots, v_{k+\ell}\right)= \\
& =\sum_{j} \sum_{\sigma \in G} \operatorname{sgn}\left(\sigma \sigma_{j}\right)\left(\sigma \sigma_{j}\right) \cdot(\omega \otimes \eta)\left(v_{1}, \ldots, v_{k+\ell}\right) \\
& =\sum_{j} \operatorname{sgn}\left(\sigma_{j}\right) \eta\left(v_{\sigma_{j}(k+1)}, \ldots, v_{\sigma_{j}(k+\ell)}\right) \sum_{\sigma \in G} \operatorname{sgn}(\sigma)(\sigma \cdot \omega)\left(v_{\sigma_{j}(1)}, \ldots, v_{\sigma_{j}(k)}\right) \\
& =\sum_{j} \operatorname{sgn}\left(\sigma_{j}\right) \eta\left(v_{\sigma_{j}(k+1)}, \ldots, v_{\sigma_{j}(k+\ell)}\right) \sum_{\sigma^{\prime} \in S_{k}} \operatorname{sgn}\left(\sigma^{\prime}\right)\left(\sigma^{\prime} \cdot \omega\right)\left(v_{\sigma_{j}(1)}, \ldots, v_{\sigma_{j}(k)}\right) \\
& =\sum_{j} \operatorname{sgn}\left(\sigma_{j}\right) \eta\left(v_{\sigma_{j}(k+1)}, \ldots, v_{\sigma_{j}(k+\ell)}\right) k!\operatorname{Alt}(\omega)\left(v_{\sigma_{j}(1)}, \ldots, v_{\sigma_{j}(k)}\right)=0 .
\end{aligned}
$$

Using this "antisymmetrization operator", we define the following product, called the exterior product or the wedge product: If $\omega \in \Omega^{k}(V), \eta \in \Omega^{l}(V)$, then

$$
\omega \wedge \eta:=\frac{(k+l)!}{k!\ell!} \operatorname{Alt}(\omega \otimes \eta)
$$

The wedge product is bilinear, and the previous lemma shows that it is associative. It is almost anti commutative: If $\omega \in \Omega^{k}(V), \eta \in \Omega^{\ell}(V)$, then

$$
\omega \wedge \eta=(-1)^{k \ell} \eta \wedge \omega
$$

We'll see the reason for the peculiar normalization later.
Proposition 2.4. $\left\{e_{i_{1}}^{*} \wedge \cdots \wedge e_{i_{k}}^{*}: 1 \leq i_{1}<\cdots<i_{k} \leq n\right\}$ is an orthonormal basis for $\Omega^{k}(V)$, whence $\operatorname{dim} \Omega^{k}(V)=\binom{n}{k}$.

Proof. Suppose $\omega \in \Omega^{k}(V)$, then $\omega \in T^{k}(V)$ and so $\omega=\sum a_{i_{1}, \ldots, i_{k}} e_{i_{1}}^{*} \otimes \cdots \otimes e_{i_{k}}^{*}$, where the sum ranges over all $k$-tuples of numbers between 1 and $n$. If $\omega \in \Omega^{k}(V)$, then $\operatorname{Alt}(\omega)=\omega$ and so

$$
\omega=\sum a_{i_{1}, \ldots, i_{k}} \operatorname{Alt}\left(e_{i_{1}}^{*} \otimes \cdots \otimes e_{i_{k}}^{*}\right)
$$

Fix $\xi:=e_{i_{1}}^{*} \otimes \cdots \otimes e_{i_{k}}^{*}$. If $i_{\alpha}=i_{\beta}$ for some $\alpha \neq \beta$, then the permutation $\sigma_{0}$ which switches $\alpha \leftrightarrow \beta$ preserves $\xi$. Thus for all $\sigma \in S_{k}$,

$$
\operatorname{sgn}\left(\sigma \sigma_{0}\right)\left(\sigma \sigma_{0}\right) \cdot \xi=-\operatorname{sgn}(\sigma) \sigma \cdot \xi
$$

and we conclude that $\operatorname{Alt}(\xi)=0$. If, on the other hand, $i_{1}, \ldots, i_{k}$ are all different, then it is easy to see using lemma 2.1 that $\operatorname{Alt}\left(e_{i_{1}}^{*} \otimes e_{i_{2}}^{*} \otimes \cdots \otimes e_{i_{k}}^{*}\right)=\frac{1}{k!} e_{i_{1}}^{*} \wedge \cdots \wedge e_{i_{k}}^{*}$.

Thus $\omega=\frac{1}{k!} \sum a_{i_{1}, \ldots, i_{k}} e_{i_{1}}^{*} \wedge \cdots \wedge e_{i_{k}}^{*}$, and we have proved that the set of forms in the statement spans $\Omega^{k}(V)$.

To see that this set is independent, we show that it is orthonormal. Suppose $\left\{i_{1}, \ldots, i_{k}\right\} \neq\left\{j_{1}, \ldots, j_{k}\right\}$, then the sets $\left\{\sigma \cdot e_{i_{1}}^{*} \otimes \cdots \otimes e_{i_{k}}^{*}\right\},\left\{\sigma \cdot e_{j_{1}}^{*} \otimes \cdots \otimes e_{j_{k}}^{*}\right\}$ are disjoint, so $\operatorname{Alt}\left(e_{i_{1}}^{*} \otimes \cdots \otimes e_{i_{k}}^{*}\right) \perp \operatorname{Alt}\left(e_{j_{1}}^{*} \otimes \cdots \otimes e_{j_{k}}^{*}\right)$. This proves orthogonality. Orthonormality is because $\left\|e_{i_{1}}^{*} \wedge \cdots \wedge e_{i_{k}}^{*}\right\|_{2}=k!\left\|\operatorname{Alt}\left(e_{i_{1}}^{*} \wedge \cdots \wedge e_{i_{k}}^{*}\right)\right\|_{2}=$ $k!\left\|\frac{1}{k!} \sum_{\sigma \in S_{k}} \operatorname{sgn}(\sigma) \sigma \cdot\left(e_{i_{1}}^{*} \otimes \cdots \otimes e_{i_{k}}^{*}\right)\right\|_{2}=\sum_{\sigma \in S_{k}} \operatorname{sgn}(\sigma)^{2}\left(\frac{1}{\sqrt{k!}}\right)^{2}=1$. (This explains why we chose to define $\left.\left\|e_{i_{1}}^{*} \otimes \cdots \otimes e_{i_{k}}^{*}\right\|_{2}:=\frac{1}{\sqrt{k!}}\right)$

Corollary 2.2. $e_{1}^{*} \wedge \cdots \wedge e_{n}^{*}$ is the determinant. This is the reason for the peculiar normalization in the definition of $\wedge$.

Proof. The determinant is an alternating $n$-form, and $\operatorname{dim} \Omega^{n}(V)=1$, so the determinant is proportional to $e_{1}^{*} \wedge \cdots \wedge e_{n}^{*}$. Since the values of both forms on the standard basis is one (because $e_{1}^{*} \wedge \cdots \wedge e_{n}^{*}=n!\operatorname{Alt}\left(e_{1}^{*} \otimes \cdots \otimes e_{n}^{*}\right)$ ), they are equal.

We define an inner product on $\Omega^{k}(V)$ by declaring the basis in the proposition to be orthonormal. Let $\|\cdot\|$ be the resulting norm.

Lemma 2.2. For $v \in V$, let $v^{*}:=\langle v, \cdot\rangle$, then
(a) $\|\omega \wedge \eta\| \leq\|\omega\|\|\eta\|$.
(b) $\left\langle v_{1}^{*} \wedge \cdots \wedge v_{k}^{*}, w_{1}^{*} \wedge \cdots \wedge w_{k}^{*}\right\rangle=\operatorname{det}\left(\left\langle v_{i}, w_{j}\right\rangle\right)$.
(c) If $\left\{u_{1}, \ldots, u_{n}\right\}$ is an orthonormal basis for $V$, then $\left\{u_{i_{1}}^{*} \wedge \cdots \wedge u_{i_{k}}^{*}: 1 \leq i_{1}<\cdots<\right.$ $\left.i_{k} \leq n\right\}$ is an orthonormal basis for $\Omega^{k}(V)$.
(d) If $\operatorname{span}\left\{v_{1}, \ldots, v_{k}\right\}=\operatorname{span}\left\{u_{1}, \ldots, u_{k}\right\}$, then $v_{1}^{*} \wedge \cdots \wedge v_{k}^{*}$ and $u_{1}^{*} \wedge \cdots \wedge u_{k}^{*}$ are proportional.

Proof. Write for $I=\left(i_{1}, \ldots, i_{k}\right)$ such that $1 \leq i_{1}<\cdots<i_{k} \leq n, e_{I}^{*}:=e_{i_{1}}^{*} \wedge \cdots \wedge e_{i_{k}}^{*}$. Represent $\omega:=\sum \alpha_{I} e_{I}^{*}, \eta:=\sum \beta_{J} e_{J}^{*}$, then

$$
\|\omega \wedge \eta\|^{2}=\left\|\sum_{I, J} \alpha_{I} \beta_{J} e_{I}^{*} \wedge e_{J}^{*}\right\|^{2}=\left\|\sum_{I \cap J=\varnothing} \pm \alpha_{I} \beta_{J} e_{I \cup J}^{*}\right\|^{2}=\sum_{I \cap J=\varnothing} \alpha_{I}^{2} \beta_{J}^{2} \leq\|\omega\|^{2}\|\eta\|^{2}
$$

Take two multi indices $I, J$. If $I=J$, then the inner product matrix is the identity matrix. If $I \neq J$, then $\exists \alpha \in I \backslash J$ and then the $\alpha$-row and column of the inner product matrix will be zero. Thus the formula holds for any pair $e_{I}^{*}, e_{J}^{*}$. Since part (b) of the lemma holds for all basis vectors, it holds for all vectors. Part (c) immediately follows.

Next we prove part (d). Represent $v_{i}=\sum \alpha_{i j} u_{j}$, then

$$
\begin{aligned}
v_{1}^{*} \wedge \cdots \wedge v_{k}^{*} & =\text { const. } \operatorname{Alt}\left(v_{1}^{*} \otimes \cdots \otimes v_{k}^{*}\right)=\text { const. Alt }\left(\sum_{j} \alpha_{1 j} u_{j}^{*} \otimes \cdots \otimes \sum_{j} \alpha_{k j} u_{j}^{*}\right) \\
& =\text { const. } \sum \alpha_{1 j_{1}} \cdots \alpha_{k j_{k}} \operatorname{Alt}\left(u_{j_{1}}^{*} \otimes \cdots \otimes u_{j_{k}}^{*}\right)
\end{aligned}
$$

The terms where $j_{1}, \ldots, j_{k}$ are not all different are annihilated by Alt. The terms where $j_{1}, \ldots, j_{k}$ are all different are mapped by Alt to a form which proportional to $u_{1}^{*} \wedge \cdots \wedge u_{k}^{*}$. Thus the result of the sum is proportional to $u_{1}^{*} \wedge \cdots \wedge u_{k}^{*}$.

Exterior product of linear operators Let $A: V \rightarrow V$ be a linear operator. The $k$ - th exterior product of $A$ is $A^{\wedge k}: \Omega^{k}(V) \rightarrow \Omega^{k}(V)$ given by

$$
\left(A^{\wedge k} \omega\right)\left(v_{1}, \ldots, v_{k}\right):=\omega\left(A^{t} v_{1}, \ldots, A^{t} v_{k}\right)
$$

The transpose is used to get $A^{\wedge k}\left(v_{1}^{*} \wedge \cdots \wedge v_{k}^{*}\right)=\left(A v_{1}\right)^{*} \wedge \cdots \wedge\left(A v_{k}\right)^{*}$.
Theorem 2.9. $\left\|A^{\wedge k}\right\|=\lambda_{1} \cdots \lambda_{k}$, where $\lambda_{1} \geq \lambda_{2} \geq \cdots \geq \lambda_{n}$ are the eigenvalues of $\left(A^{t} A\right)^{1 / 2}$, listed in decreasing order with multiplicities.

Proof. The matrix $A A^{t}$ is symmetric, so it can be orthogonally diagonalized. Let $\left\{v_{1}, \ldots, v_{n}\right\}$ be an orthonormal basis of eigenvectors, listed so that $\left(A A^{t}\right) v_{i}=\lambda_{i}^{2} v_{i}$. Then $\left\{v_{I}^{*}: I \subseteq\{1, \ldots, d\},|I|=k\right\}$ is an orthonormal basis for $\Omega^{k}\left(\mathbb{R}^{d}\right)$, where we are using the multi index notation

$$
v_{I}^{*}=v_{i_{1}}^{*} \wedge \cdots \wedge v_{i_{k}}^{*},
$$

where $i_{1}<\cdots<i_{k}$ is an ordering of $I$.
Given $\omega \in \Omega^{k}\left(\mathbb{R}^{d}\right)$, write $\omega=\sum \omega_{I} v_{I}^{*}$, then

$$
\begin{aligned}
\left\|A^{\wedge k} \omega\right\|^{2} & =\left\langle A^{\wedge k} \omega, A^{\wedge k} \omega\right\rangle=\left\langle\sum_{I} \omega_{I} A^{\wedge k} v_{I}^{*}, \sum_{J} \omega_{J} A^{\wedge k} v_{J}^{*}\right\rangle \\
& =\sum_{I, J} \omega_{I} \omega_{J}\left\langle A^{\wedge k} v_{I}^{*}, A^{\wedge k} v_{J}^{*}\right\rangle .
\end{aligned}
$$

Now,

$$
\begin{aligned}
\left\langle A^{\wedge k} v_{I}^{*}, A^{\wedge k} v_{J}^{*}\right\rangle & =\left\langle\left(A v_{i_{1}}\right)^{*} \wedge \cdots \wedge\left(A v_{i_{k}}\right)^{*},\left(A v_{j_{1}}\right)^{*} \wedge \cdots \wedge\left(A v_{j_{k}}\right)^{*}\right\rangle \\
& =\operatorname{det}\left(\left\langle A v_{i_{\alpha}}, A v_{j_{\beta}}\right\rangle\right) \quad(\text { Lemma 2.2(b)) } \\
& =\operatorname{det}\left(\left\langle v_{i_{\alpha}}, A^{t} A v_{j_{\beta}}\right\rangle\right)=\operatorname{det}\left(\left\langle v_{i_{\alpha}}, \lambda_{i_{\beta}}^{2} v_{j_{\beta}}\right\rangle\right) \\
& =\prod_{j \in J} \lambda_{j}^{2} \operatorname{det}\left(\left\langle v_{i_{\alpha}}, v_{i_{\beta}}\right\rangle\right) \\
& =\prod_{j \in J} \lambda_{j}^{2}\left\langle v_{I}^{*}, v_{J}^{*}\right\rangle= \begin{cases}\prod_{i \in I} \lambda_{i}^{2} & I=J \\
0 & I \neq J\end{cases}
\end{aligned}
$$

Thus $\left\|A^{\wedge k} \omega\right\|^{2}=\sum_{I} \omega_{I}^{2} \prod_{i \in I} \lambda_{i}^{2} \leq\|\omega\|^{2} \prod_{i=1}^{k} \lambda_{i}^{2}$. It follows that $\left\|A^{\wedge k}\right\| \leq \lambda_{1} \cdots \lambda_{k}$.
To see that the inequality is in fact an equality, consider the case $\omega=v_{I}^{*}$ where $I=\{1, \ldots, k\}:\left\|A^{\wedge k} \omega\right\|=\left\langle v_{I}^{*}, v_{I}^{*}\right\rangle=\left(\lambda_{1} \cdots \lambda_{k}\right)^{2}=\left(\lambda_{1} \cdots \lambda_{k}\right)^{2}\|\omega\|^{2}$.

Exterior products and angles between vector spaces The angle between vector spaces $V, W \subset \mathbb{R}^{d}$ is

$$
\measuredangle(V, W):=\min \{\arccos \langle v, w\rangle: v \in V, w \in W,\|v\|=\|w\|=1\} .
$$

So if $V \cap W \neq\{0\}$ iff $\measuredangle(V, W)=0$, and $V \perp W$ iff $\measuredangle(V, W)=\pi / 2$.
Proposition 2.5. If $\left(w_{1}, \ldots, w_{k}\right)$ is a basis of $W$, and $\left(v_{1}, \ldots, v_{\ell}\right)$ is a basis of $W$, then $\left\|\left(v_{1}^{*} \wedge \cdots \wedge v_{\ell}^{*}\right) \wedge\left(w_{1}^{*} \wedge \cdots \wedge w_{k}^{*}\right)\right\| \leq\left\|v_{1}^{*} \wedge \cdots \wedge v_{\ell}^{*}\right\| \cdot\left\|w_{1}^{*} \wedge \cdots \wedge w_{k}^{*}\right\| \cdot|\sin \measuredangle(V, W)|$.

Proof. If $V \cap W \neq\{0\}$ then both sides are zero, so suppose $V \cap W=\{0\}$, and pick an orthonormal basis $e_{1}, \ldots, e_{n+k}$ for $V \oplus W$. Let $w \in W, v \in V$ be unit vectors s.t. $\measuredangle(V, W)=\measuredangle(v, w)$, and write $v=\sum v_{i} e_{i}, w=\sum w_{j} e_{j}$, then

$$
\begin{aligned}
\left\|v^{*} \wedge w^{*}\right\|^{2} & =\left\|\sum_{i, j} v_{i} w_{j} e_{i}^{*} \wedge e_{j}^{*}\right\|^{2}=\left\|\sum_{i<j}\left(v_{i} w_{j}-v_{j} w_{i}\right) e_{i}^{*} \wedge e_{j}^{*}\right\|^{2}=\sum_{i<j}\left(v_{i} w_{j}-v_{j} w_{i}\right)^{2} \\
& \left.=\frac{1}{2} \sum_{i, j}\left(v_{i} w_{j}-v_{j} w_{i}\right)^{2} \quad \quad \text { the terms where } i=j \text { vanish }\right) \\
& =\frac{1}{2} \sum_{i, j}\left(v_{i}^{2} w_{j}^{2}+v_{j}^{2} w_{i}^{2}-2 v_{i} w_{i} \cdot v_{j} w_{j}\right)=\frac{1}{2}\left[2 \sum_{i} v_{i}^{2} \sum_{j} w_{j}^{2}-2\left(\sum_{i} v_{i} w_{i}\right)^{2}\right] \\
& =\|v\|^{2}\|w\|^{2}-\langle v, w\rangle^{2}=1-\cos ^{2} \measuredangle(v, w)=\sin ^{2} \measuredangle(V, W) .
\end{aligned}
$$

Complete $v$ to an orthonormal basis $\left(v, v_{2}^{\prime}, \ldots, v_{\ell}^{\prime}\right)$ of $V$, and complete $w$ to an orthonormal basis $\left(w, w_{2}^{\prime}, \ldots, w_{k}^{\prime}\right)$ of $W$. Then

$$
\begin{aligned}
\|\left(v^{*} \wedge v_{2}^{\prime *}\right. & \left.\wedge \cdots \wedge v_{\ell}^{\prime}\right) \wedge\left(w^{*} \wedge w_{2}^{\prime *} \wedge \cdots \wedge v_{k}^{\prime *}\right) \| \\
& \leq\left\|v^{*} \wedge w^{*}\right\| \cdot\left\|v_{2}^{\prime *} \wedge \cdots \wedge v_{\ell}^{\prime *}\right\| \cdot\left\|w_{2}^{\prime *} \wedge \cdots \wedge v_{k}^{\prime *}\right\|=|\sin \measuredangle(V, W)| \cdot 1 \cdot 1
\end{aligned}
$$

because of orthonormality. By lemma 2.2

$$
\begin{aligned}
v_{1}^{*} \wedge \cdots \wedge v_{\ell}^{*} & = \pm\left\|v_{1}^{*} \wedge \cdots \wedge v_{\ell}^{*}\right\| \cdot v^{*} \wedge v_{2}^{\prime *} \wedge \cdots \wedge v_{\ell}^{\prime *} \\
w_{1}^{*} \wedge \cdots \wedge w_{k}^{*} & = \pm\left\|w_{1}^{*} \wedge \cdots \wedge w_{k}^{*}\right\| \cdot w^{*} \wedge w_{2}^{\prime *} \wedge \cdots \wedge w_{k}^{\prime *}
\end{aligned}
$$

and the proposition follows.

### 2.6.2 Proof of the Multiplicative Ergodic Theorem

Let $(X, \mathscr{B}, m, f)$ be a ppt, and $A: X \rightarrow \mathrm{GL}(d, \mathbb{R})$ some Borel map. We define $A_{n}:=$ $A \circ f^{n-1} \cdots A$, then the cocycle identity holds: $A_{n+m}(x)=A_{n}\left(f^{m} x\right) A_{m}(x)$.

Theorem 2.10 (Multiplicative Ergodic Theorem). Let $(X, \mathscr{B}, T, m)$ be a ppt, and $A: X \rightarrow \mathrm{GL}(d, \mathbb{R})$ a Borel function s.t. $\ln \left\|A(x)^{ \pm 1}\right\| \in L^{1}(m)$, then

$$
\Lambda(x):=\lim _{n \rightarrow \infty}\left[A_{n}(x)^{t} A_{n}(x)\right]^{1 / 2 n}
$$

exists a.e., and $\lim _{n \rightarrow \infty} \frac{1}{n} \ln \left\|A_{n}(x) \Lambda(x)^{-n}\right\|=\lim _{n \rightarrow \infty} \frac{1}{n} \ln \left\|\left(A_{n}(x) \Lambda(x)^{-n}\right)^{-1}\right\|=0$ a.s.
Proof. The matrix $B_{n}(x):=\sqrt{A_{n}(x)^{t} A_{n}(x)}$ is symmetric, therefore it can be orthogonally diagonalized. Let $\exists \lambda_{n}^{1}(x)<\cdots<\lambda_{n}^{s_{n}(x)}(x)$ be its different eigenvalues, and $\mathbb{R}^{d}=W_{n}^{\lambda_{n}^{1}(x)}(x) \oplus \cdots \oplus W_{n}^{\lambda_{n}^{S_{n}(x)}(x)}(x)$ the orthogonal decomposition ot $\mathbb{R}^{d}$ into the corresponding eigenspaces. The proof has the following structure:
Part 1: Let $t_{n}^{1}(x) \leq \cdots \leq t_{n}^{d}(x)$ be a list of the eigenvalues of $B_{n}(x):=\sqrt{A_{n}(x)^{t} A_{n}(x)}$ with multiplicities, then for a.e. $x$, there is a limit $t_{i}(x)=\lim _{n \rightarrow \infty}\left[t_{n}^{i}(x)\right]^{1 / n}, i=$ $1, \ldots, d$.

Part 2: Let $\lambda_{1}(x)<\cdots<\lambda_{s(x)}(x)$ be a list of the different values of $\left\{t_{i}(x)\right\}_{i=1}^{d}$. Divide $\left\{t_{n}^{i}(x)\right\}_{i=1}^{d}$ into $s(x)$ subsets of values $\left\{t_{n}^{i}(x): i \in I_{n}^{j}\right\},(1 \leq j \leq s(x))$ in such a way that $t_{n}^{i}(x)^{1 / n} \rightarrow \lambda_{j}(x)$ for all $i \in I_{n}^{j}$. Let

$$
\begin{aligned}
U_{n}^{j}(x) & :=\text { sum of the eigenspaces of } t_{n}^{i}(x), i \in I_{n}^{j} \\
& =\text { the part of the space where } B_{n}(x) \text { dilates by approximately } \lambda_{j}(x)^{n}
\end{aligned}
$$

We show that the spaces $U_{n}^{j}(x)$ converge as $n \rightarrow \infty$ to some limiting spaces $U^{j}(x)$ (in the sense that the orthogonal projections on $U_{n}^{j}(x)$ converge to the orthogonal projection on $U^{j}(x)$ ).
Part 3: The theorem holds with $\Lambda(x): \mathbb{R}^{d} \rightarrow \mathbb{R}^{d}$ given by $v \mapsto \lambda_{i}(x) v$ on $U^{i}(x)$.
Part 1 is proved by applying the sub additive ergodic theorem for a cleverly chosen sub-additive cocyle ("Raghunathan's trick"). Parts 2 and 3 are (non-trivial) linear algebra.
Part 1: Set $g_{i}^{(n)}(x):=\sum_{j=d-i+1}^{d} \ln t_{n}^{j}(x)$. This quantity is finite, because $A_{n}^{t} A_{n}$ is invertible, so none of its eigenvalues vanish.

The sequence $g_{i}^{(n)}$ is subadditive! This is because the theory of exterior products says that $\exp g_{i}^{(n)}=$ product of the $i$ largest e.v.'s of $\sqrt{A_{n}(x)^{t} A_{n}(x)}=\left\|A_{n}(x)^{\wedge i}\right\|$, so

$$
\begin{aligned}
& \qquad \begin{aligned}
\exp g_{i}^{(n+m)}(x) & =\left\|A_{n+m}^{\wedge i}(x)\right\|=\left\|A_{m}\left(T^{n} x\right)^{\wedge i} A_{n}(x)^{\wedge i}\right\| \leq\left\|A_{m}\left(T^{n} x\right)^{\wedge i}\right\|\left\|A_{n}(x)^{\wedge i}\right\| \\
& =\exp \left[g_{i}^{(m)}\left(T^{n} x\right)+g_{i}^{(n)}(x)\right], \\
\text { whence } g_{i}^{(n+m)} & \leq g_{i}^{(n)}+g_{i}^{(m)} \circ T^{n} .
\end{aligned} . . .
\end{aligned}
$$

We want to apply Kingman's subadditive ergodic theorem. First we need to check that $g_{i}^{(1)} \in L^{1}$. We use the following fact from linear algebra: if $\lambda$ is an eigenvalue of a matrix $B$, then $\left\|B^{-1}\right\|^{-1} \leq|\lambda| \leq\|B\| .^{5}$ Therefore

$$
\begin{align*}
\left|\ln t_{n}^{i}(x)\right| & \leq \frac{1}{2} \max \left\{\left|\ln \left\|A_{n}^{t} A_{n}\right\|\right|,\left|\ln \left\|\left(A_{n}^{t} A_{n}\right)^{-1}\right\|\right|\right\} \\
& \leq \max \left\{\left|\ln \left\|A_{n}(x)\right\|\right|,\left|\ln \left\|A_{n}(x)^{-1}\right\|\right|\right\} \\
& \leq \sum_{k=0}^{n-1}\left(\left|\ln \left\|A\left(T^{k} x\right)\right\|+\left|\ln \left\|A\left(T^{k} x\right)^{-1}\right\|\right|\right)\right. \\
\therefore\left|g_{i}^{(n)}(x)\right| & \leq i \sum_{k=0}^{n-1}\left(\left|\ln \left\|A\left(T^{k} x\right)\right\|+\left|\ln \left\|A\left(T^{k} x\right)^{-1}\right\|\right|\right) .\right. \tag{2.5}
\end{align*}
$$

So $\left\|g^{(n)}\right\|_{1} \leq n\left(\|\ln \| A\| \|_{1}+\|\ln \| A^{-1}\| \|_{1}\right)<\infty$.
Thus Kingman's ergodic theorem says that $\lim \frac{1}{n} g_{i}^{(n)}(x)$ exists almost surely, and belongs to $[-\infty, \infty)$. In fact the limit is finite almost everywhere, because (2.5) and

[^10]the Pointwise Ergodic Theorem imply that
$$
\lim _{n \rightarrow \infty} \frac{1}{n}\left|g_{i}^{(n)}\right| \leq i \mathbb{E}\left(|\ln \|A\||+\left|\ln \left\|A^{-1}\right\| \|\right| \mathfrak{I n v}\right)<\infty \text { a.e. }
$$

Taking differences, we see that the following limit exists a.e.:

$$
\ln t_{i}(x):=\lim _{n \rightarrow \infty} \frac{1}{n}\left[g_{d-i+1}^{(n)}(x)-g_{d-i}^{(n)}(x)\right]=\lim _{n \rightarrow \infty} \frac{1}{n} \ln t_{n}^{i}(x)
$$

Thus $\left[t_{n}^{i}(x)\right]^{1 / n} \underset{n \rightarrow \infty}{\longrightarrow} t_{i}(x)$ almost surely, for some $t_{i}(x) \in \mathbb{R}$.
Part 2: Fix $x$ s.t. $\left[t_{n}^{i}(x)\right]^{1 / n} \underset{n \rightarrow \infty}{\longrightarrow} t_{i}(x)$ for all $1 \leq i \leq d$. Henceforth we work with this $x$ only, and write for simplicity $A_{n}=A_{n}(x), t_{i}=t_{i}(x)$ etc.

Let $s=s(x)$ be the number of the different $t_{i}$. List the different values of these quantities an increasing order: $\lambda_{1}<\lambda_{2}<\cdots<\lambda_{s}$. Set $\chi_{j}:=\log \lambda_{j}$. Fix $0<\delta<$ $\frac{1}{2} \min \left\{\chi_{j+1}-\chi_{j}\right\}$. Since for all $i$ there is a $j$ s.t. $\left(t_{n}^{i}\right)^{1 / n} \rightarrow \lambda_{j}$, the following sets eventually stabilize and are independent of $n$ :

$$
I_{j}:=\left\{i:\left|\left(t_{n}^{i}\right)^{1 / n}-\lambda_{j}\right|<\delta\right\} \quad(j=1, \ldots, s) .
$$

Define, relative to $\sqrt{A_{n}^{t} A_{n}}$,

- $U_{n}^{j}:=\sum_{i \in I_{j}}\left[\right.$ eigenspace of $\left.t_{n}^{i}(x)\right]$ (this sum is not necessarily direct);
- $V_{n}^{r}:=\oplus_{j \leq r} U_{n}^{j}$
- $\widetilde{V}_{n}^{r}:=\oplus_{j \geq r} U_{n}^{j}$

The linear spaces $U_{n}^{1}, \ldots, U_{n}^{s}$ are orthogonal, since they are eigenspaces of different eigenvalues for a symmetric matrix $\left(\sqrt{A_{n}^{t} A_{n}}\right)$. We show that they converge as $n \rightarrow \infty$, in the sense that their orthogonal projections converge.

The proof is based on the following technical lemma. Denote the projection of a vector $v$ on a subspace $W$ by $v \mid W$, and write $\chi_{i}:=\log \lambda_{i}$.

Technical lemma: For every $\delta>0$ there exists constants $K_{1}, \ldots, K_{s}>1$ and $N$ s.t. for all $n>N, t=1, \ldots, s, k \in \mathbb{N}$, and $u \in V_{n}^{r}$,

$$
\left\|u \mid \widetilde{V}_{n+k}^{r+t}\right\| \leq K_{t}\|u\| \exp \left(-n\left(\chi_{r+t}-\chi_{r}-\delta t\right)\right)
$$

We give the proof later. First we show how it can be used to finish parts 2 and 3.
We show that $V_{n}^{r}$ converge as $n \rightarrow \infty$. Since the projection on $U_{n}^{i}$ is the projection on $V_{n}^{i}$ minus the projection on $V_{n}^{i-1}$, it will then follow that the projections of $U_{n}^{i}$ converge.

Fix $N$ large. We need it to be so large that

1. $I_{j}$ are independent of $n$ for all $n>N$;
2. The technical lemma works for $n>N$ with $\delta$ as above.

There will be other requirements below.

Fix an orthonormal basis $\left(v_{n}^{1}, \ldots, v_{n}^{d_{r}}\right)$ for $V_{n}^{r}\left(d_{r}=\operatorname{dim}\left(V_{n}^{r}\right)=\sum_{j \leq r}\left|I_{j}\right|\right)$. Write

$$
v_{n}^{i}=\alpha_{n}^{i} w_{n+1}^{i}+u_{n+1}^{i}, \text { where } w_{n+1}^{i} \in V_{n+1}^{r},\left\|w_{n+1}^{i}\right\|=1, u_{n+1}^{i} \in \widetilde{V}_{n+1}^{r+1} .
$$

Note that $\left\|u_{n+1}^{i}\right\|=\left\|v_{n}^{i} \mid \widetilde{V}_{n+1}^{r+1}\right\| \leq K_{1} \exp \left(-n\left(\chi_{r+1}-\chi_{r}-\delta\right)\right)$. Using the identity $\alpha_{n}^{i}=\sqrt{1-\left\|u_{n+1}^{i}\right\|^{2}}$, it is easy to see that for some constants $C_{1}$ and $0<\theta<1$ independent of $n$ and $\left(v_{n}^{i}\right)$,

$$
\left\|v_{n}^{i}-w_{n+1}^{i}\right\| \leq C_{1} \theta^{n} .
$$

( $\theta:=\max _{r} \exp \left[-\left(\chi_{r+1}-\chi_{r}-\delta\right)\right]$ and $C_{1}:=2 K_{1}$ should work.)
The system $\left\{w_{n+1}^{i}\right\}$ is very close to being orthonormal:

$$
\left\langle w_{n+1}^{i}, w_{n+1}^{j}\right\rangle=\left\langle w_{n+1}^{i}-v_{n}^{i}, w_{n+1}^{j}\right\rangle+\left\langle v_{n}^{i}, v_{n}^{j}\right\rangle+\left\langle v_{n}^{i}, w_{n+1}^{j}-v_{n}^{j}\right\rangle=\delta_{i j}+O\left(\theta^{n}\right)
$$

because $\left\{v_{n}^{i}\right\}$ is an orthonormal system. It follows that for all $n$ large enough, $w_{n+1}^{i}$ are linearly independent. A quick way to see this is to note that

$$
\begin{aligned}
\left\|\left(w_{n+1}^{1}\right)^{*} \wedge \cdots \wedge\left(w_{n+1}^{d_{r}}\right)^{*}\right\|^{2} & =\operatorname{det}\left(\left\langle w_{n+1}^{i}, w_{n+1}^{j}\right\rangle\right) \quad(\text { lemma 2.2 }) \\
& =\operatorname{det}\left(I+O\left(\theta^{n}\right)\right) \neq 0, \text { provided } n \text { is large enough }
\end{aligned}
$$

and to observe that wedge produce of a linearly dependent system vanishes.
It follows that $\left\{w_{n+1}^{1}, \ldots, w_{n+1}^{d_{r}}\right\}$ is a linearly independent subset of $V_{n+1}^{r}$. Since $\operatorname{dim}\left(V_{n+1}^{r}\right)=\sum_{j \leq r}\left|I_{j}\right|=d_{r}$, this is a basis for $V_{n+1}^{r}$.

Let $\left(v_{n+1}^{i}\right)$ be the orthonormal basis obtained by applying the Gram-Schmidt procedure to $\left(w_{n+1}^{i}\right)$. We claim that there is a global constant $C_{2}$ such that

$$
\begin{equation*}
\left\|v_{n}^{i}-v_{n+1}^{i}\right\| \leq C_{2} \theta^{n} \tag{2.6}
\end{equation*}
$$

Write $v_{i}=v_{n+1}^{i}, w_{i}=w_{n+1}^{i}$, then the Gram-Schmidt process is to set $\bar{v}_{i}=u_{i} /\left\|u_{i}\right\|$, where $u_{i}$ are defined by induction by $u_{1}:=w_{1}, u_{i}:=w_{i}-\sum_{j<i}\left\langle w_{i}, \bar{v}_{j}\right\rangle \bar{v}_{j}$. We construct by induction global constants $C_{2}^{i}$ s.t. $\left\|\bar{v}_{i}-w_{i}\right\| \leq C_{2}^{i} \theta^{n}$, and then take $C_{2}:=$ $\max \left\{C_{2}^{i}\right\}$. When $i=1$, we can take $C_{2}^{1}:=C_{1}$, because $\bar{v}_{1}=w_{1}$, and $\left\|w_{1}-v_{n}^{1}\right\| \leq$ $C_{1} \theta^{n}$. Suppose we have constructed $C_{2}^{1}, \ldots, C_{2}^{i-1}$. Then

$$
\left\|u_{i}-w_{i}\right\| \leq \sum_{j<i}\left|\left\langle w_{i}, \bar{v}_{j}\right\rangle\right| \leq \sum_{j<i}\left|\left\langle w_{i}, w_{j}\right\rangle\right|+\left\|w_{j}-\bar{v}_{j}\right\| \leq\left(2 C_{1}(i-1)+\sum_{j<i} C_{2}^{j}\right) \theta^{n}
$$

because $\left|\left\langle w_{i}, w_{j}\right\rangle\right|=\left|\left\langle w_{i}-v_{n}^{i}, w_{j}\right\rangle+\left\langle v_{n}^{i}, w_{j}-v_{n}^{j}\right\rangle+\left\langle v_{n}^{i}, v_{n}^{j}\right\rangle\right| \leq 2 C_{1} \theta^{n}$. Call the term in the brackets $K$, and assume $n$ is so large that $K \theta^{n}<1 / 2$, then $\left|\left\|u_{i}\right\|-1\right| \leq \| u_{i}-$ $w_{i} \| \leq K \theta^{n}$, whence

$$
\left\|\bar{v}_{i}-w_{i}\right\|=\left\|\frac{u_{i}-\left\|u_{i}\right\| w_{i}}{\left\|u_{i}\right\|}\right\| \leq \frac{\left\|u_{i}-w_{i}\right\|+\left|1-\left\|u_{i}\right\|\right|}{\left\|u_{i}\right\|} \leq 4 K \theta^{n}
$$

and we can take $C_{2}^{i}:=4 K$. This proves (2.6).
Starting from the orthonormal basis $\left(v_{n}^{i}\right)$ for $V_{n}^{r}$, we have constructed an orthonormal basis $\left(v_{n+1}^{i}\right)$ for $V_{n+1}^{r}$ such that $\left\|v_{n}^{i}-v_{n+1}^{i}\right\| \leq C_{2} \theta^{n}$. Continue this procedure by induction, and construct the orthonormal bases $\left(v_{n+k}^{i}\right)$ for $V_{n+k}^{r}$. By (2.6), these bases form Cauchy sequences: $v_{n+k}^{i} \underset{k \rightarrow \infty}{\longrightarrow} v^{i}$.

The limit vectors must also be orthonormal. Denote their span by $V^{r}$. The projection on $V^{r}$ takes the form

$$
\sum_{i=1}^{d_{r}}\left\langle v^{i}, \cdot\right\rangle v^{i}=\lim _{k \rightarrow \infty} \sum_{i=1}^{d_{r}}\left\langle v_{n+k}^{i}, \cdot\right\rangle v_{n+k}^{i}=\lim _{k \rightarrow \infty} \operatorname{proj}_{V_{n+k}^{r}}
$$

Thus $V_{n+k}^{r} \rightarrow V^{r}$.
Part 3: We saw that $\operatorname{proj}_{U_{n}^{i}(x)} \xrightarrow[n \rightarrow \infty]{ } \operatorname{proj}_{U^{i}(x)}$ for some linear spaces $U_{i}(x)$. Set $\Lambda(x) \in \mathrm{GL}\left(\mathbb{R}^{d}\right)$ to be the matrix representing

$$
\Lambda(x)=\sum_{j=1}^{s(x)} e^{\chi_{j}(x)} \operatorname{proj}_{U_{i}(x)}
$$

Since $U_{i}(x)$ are limits of $U_{n}^{i}$, they are orthogonal, and they sum up to $\mathbb{R}^{d}$. It follows that $\Lambda$ is invertible, symmetric, and positive.

Choose an orthogonal basis $\left\{v_{n}^{1}(x), \ldots, v_{n}^{d}(x)\right\}$ of $B_{n}(x):=\sqrt{A_{n}(x)^{t} A_{n}(x)}$ so that $B_{n} v_{n}^{i}=t_{n}^{i} v_{n}^{i}$ for all $i$, and let $W_{n}^{i}:=\operatorname{span}\left\{v_{n}^{i}\right\}$. Then for all $v \in \mathbb{R}^{d}$,

$$
\begin{aligned}
\left(A_{n}^{t} A_{n}\right)^{1 / 2 n} v & =\left(\sqrt{A_{n}^{t} A_{n}}\right)^{1 / n} v=\sum_{i=1}^{d} t_{n}^{i}(x)^{1 / n} \operatorname{proj}_{W_{n}^{i}}(v) \\
& =\sum_{j=1}^{s} \sum_{i \in I_{j}} t_{n}^{i}(x)^{1 / n} \operatorname{proj}_{W_{n}^{i}}(v) \\
& =\sum_{j=1}^{s} e^{\chi_{j}(x)} \sum_{i \in I_{j}} \operatorname{proj}_{W_{n}^{i}}(v)+o(\|v\|),
\end{aligned}
$$

where $o(\|v\|)$ denotes a vector with norm $o(\|v\|)$

$$
=\sum_{j=1}^{s} e^{\chi_{j}(x)} \operatorname{proj}_{U_{n}^{j}}(v)+o(\|v\|) \xrightarrow[n \rightarrow \infty]{ } \Lambda(x) v
$$

Thus $\left(A_{n}^{t} A_{n}\right)^{1 / 2 n} \rightarrow \Lambda$.
We show that $\frac{1}{n} \log \left\|\left(A_{n} \Lambda^{-n}\right)^{ \pm 1}\right\| \underset{n \rightarrow \infty}{\longrightarrow} 0$. It's enough to show that

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \frac{1}{n} \log \left\|A_{n} v\right\|=\chi_{r}:=\log \lambda_{r} \text { uniformly on the unit ball in } U_{r} . \tag{2.7}
\end{equation*}
$$

To see that this is enough, note that $\Lambda v=\sum_{r=1}^{s} e^{\chi_{r}}\left(v \mid U_{r}\right)$; for all $\delta>0$, if $n$ is large enough, then for every $v$,

$$
\begin{array}{ll}
\left\|A_{n} \Lambda^{-n} v\right\| \leq \sum_{r=1}^{s} e^{-n \chi_{r}}\left\|A_{n}\left(v \mid U_{r}\right)\right\|=\sum_{r=1}^{s} e^{-n \chi_{r}} e^{n\left(\chi_{r}+\delta\right)}\|v\| \leq s e^{n \delta}\|v\| & \left(v \in \mathbb{R}^{d}\right) \\
\left\|A_{n} \Lambda^{-n} v\right\|=e^{-n \chi_{r}}\left\|A_{n} v\right\|=e^{ \pm n \delta}\|v\| & \left(v \in U_{r}\right)
\end{array}
$$

Thus $\left\|A_{n} \Lambda^{-n}\right\| \asymp e^{-n \delta}$ for all $\delta$, whence $\frac{1}{n} \log \left\|A_{n} \Lambda^{-n}\right\| \rightarrow 0$ a.e.
To see that $\frac{1}{n} \log \left\|\left(A_{n} \Lambda^{-n}\right)^{-1}\right\| \rightarrow 0$, we use a duality trick.
Define for a matrix $C, C^{\#}:=\left(C^{-1}\right)^{t}$, then $\left(C_{1} C_{2}\right)^{\#}=C_{1}^{\#} C_{2}^{\#}$. Thus $\left(A^{\#}\right)_{n}=\left(A_{n}\right)^{\#}$, and $B_{n}^{\#}:=\sqrt{\left(A^{\#}\right)_{n}^{t}\left(A^{\#}\right)_{n}}=\left(\sqrt{A_{n}^{t} A_{n}}\right)^{\#}=\left(\sqrt{A_{n}^{t} A_{n}}\right)^{-1}$. Thus we have the following relation between the objects associated to $A^{\#}$ and $A$ :

1. the eigenvalues of $B_{n}^{\#}$ are $1 / t_{n}^{d} \leq \cdots \leq 1 / t_{n}^{1}$ (the order is flipped)
2. the eigenspace of $1 / t_{n}^{i}$ for $B_{n}^{\#}$ is the eigenspace of $t_{n}^{i}$ for $B_{n}$
3. $\chi_{j}^{\#}=-\chi_{s-j+1}$
4. $\left(U_{n}^{j}\right)^{\#}=U_{n}^{s-j+1},\left(V_{n}^{r}\right)^{\#}=\widetilde{V}_{n}^{s-r+1},\left(\widetilde{V}_{n}^{r}\right)^{\#}=V_{n}^{s-r+1}$
5. $\Lambda^{\#}=\Lambda^{-1}$.

Thus $\left\|\left(\Lambda^{n} A_{n}^{-1}\right)\right\|=\left\|\left(\Lambda^{n} A_{n}^{-1}\right)^{t}\right\|=\left\|A_{n}^{\#}\left(\Lambda^{\#}\right)^{-n}\right\|$, so the claim $\frac{1}{n} \log \left\|\Lambda^{n} A_{n}^{-1}\right\| \xrightarrow[n \rightarrow \infty]{\longrightarrow} 0$ a.e. follows from what we did above, applied to $A^{\#}$.

Here is another consequence of this duality: There exist $K_{1}^{\#}, \ldots, K_{t}^{\#}$ s.t. for all $\delta$, there is an $N$ s.t. for all $n>N$, if $u \in U_{n}^{r}$, then for all $k$

$$
\begin{equation*}
\left\|u \mid V_{n+k}^{r-t}\right\| \leq K_{t}^{\#} \exp \left[-n\left(\chi_{r}-\chi_{r-t}-\delta\right)\right] \tag{2.8}
\end{equation*}
$$

To see this note that $V_{n+k}^{r-t}=\left(\widetilde{V}_{n+k}^{s-r+t+1}\right)^{\#}$ and $U_{n}^{r} \subset\left(V_{n}^{s-r+1}\right)^{\#}$, and apply the technical lemma to the cocycle generated by $A^{\#}$.

We prove (2.7). Fix $\delta>0$ and $N$ large (we see how large later), and assume $n>N$. Suppose $v \in U_{r}$ and $\|v\|=1$. Write $v=\lim v_{n+k}$ with $v_{n+k}:=v \mid U_{n+k}^{k} \in U_{n+k}^{r}$. Note that $\left\|v_{n+k}\right\| \leq 1$. We decompose $v_{n+k}$ as follows

$$
v_{n+k}=\left(v_{n+k} \mid V_{n}^{r-1}\right)+\left(v_{n+k} \mid U_{n}^{r}\right)+\sum_{t=1}^{s-r}\left(v_{n+k} \mid U_{n}^{r+t}\right)
$$

and estimate the size of the image of each of the summands under $A_{n}$.
First summand:

$$
\begin{aligned}
\left\|A_{n}\left(v_{n+k} \mid V_{n}^{r-1}\right)\right\|^{2} & \equiv\left\langle B_{n}^{2}\left(v_{n+k} \mid V_{n}^{r-1}\right),\left(v_{n+k} \mid V_{n}^{r-1}\right)\right\rangle \\
& =e^{2 n\left(\chi_{r-1}+o(1)\right)}\left\|v_{n+k} \mid V_{n}^{r-1}\right\| \leq e^{2 n\left(\chi_{r-1}+o(1)\right)} .
\end{aligned}
$$

Thus the first summand is less than $\exp \left[n\left(\chi_{r-1}+o(1)\right)\right]$.
Second Summand:

$$
\begin{aligned}
\left\|A_{n}\left(v_{n+k} \mid U_{n}^{r}\right)\right\|^{2} & =\left\langle B_{n}^{2}\left(v_{n+k} \mid U_{n}^{r}\right),\left(v_{n+k} \mid U_{n}^{r}\right)\right\rangle \\
& =e^{2 n\left(\chi_{r}+o(1)\right)}\left\|v_{n+k} \mid U_{n}^{r}\right\|^{2}=e^{2 n\left(\chi_{r}+o(1)\right)}\left(\left\|v \mid U_{n}^{r}\right\| \pm\left(\left\|\left(v_{n+k}-v\right) \mid U_{n}^{r}\right\|\right)^{2}\right. \\
& =e^{2 n\left(\chi_{r} \pm \delta\right)}\left(\left\|v \mid U_{n}^{r}\right\| \pm\left\|v_{n+k}-v\right\|\right)^{2}=e^{2 n\left(\chi_{r} \pm \delta\right)}[1+o(1)] \text { uniformly in } v .
\end{aligned}
$$

Thus the second summand is $[1+o(1)] \exp \left[n\left(\chi_{r} \pm \delta\right)\right]$ uniformly in $v \in U_{r},\|v\|=1$.
Third Summand: For every $t$,

$$
\begin{aligned}
\left\|A_{n}\left(v_{n+k} \mid U_{n}^{t}\right)\right\|^{2} & =\left\langle B_{n}^{2}\left(v_{n+k} \mid U_{n}^{t}\right),\left(v_{n+k} \mid U_{n}^{t}\right)\right\rangle \\
& \leq e^{2 n\left(\chi_{r+t}+o(1)\right)}\left\|v_{n+k} \mid U_{n}^{r+t}\right\|^{2} \\
& \equiv e^{2 n\left(\chi_{r+t}+o(1)\right)}\left(\sup _{u \in U_{n}^{r+t},\|u\|=1}\left\langle v_{n+k}, u\right\rangle\right)^{2}, \text { because }\|x \mid W\|=\sup _{w \in W,\|w\|=1}\langle x, w\rangle \\
& \leq e^{2 n\left(\chi_{r+t}+o(1)\right)}\left(\sup _{u \in U_{n}^{r+t},\|u\|=1} \sup _{v \in V_{n+k}^{r},\|v\| \leq 1}\langle v, u\rangle\right)^{2} \\
& =e^{2 n\left(\chi_{r+t}+o(1)\right)} \sup _{u \in U_{n}^{r+t},\|u\|=1}\left\|u \mid V_{n+k}^{r}\right\|^{2} \\
& \leq\left(K_{t}^{\#}\right)^{2} e^{2 n\left(\chi_{r+t}+o(1)\right)} \exp \left[-2 n\left(\chi_{r+t}-\chi_{r}-o(1)\right)\right], \text { by (2.8)} \\
& =\left(K_{t}^{\#}\right)^{2} e^{2 n\left(\chi_{r}+o(1)\right) .}
\end{aligned}
$$

Note that the cancellation of $\chi_{r+t}$ - this is the essence of the technical lemma. We get: $\left\|A_{n}\left(v_{n+k} \mid U_{n}^{t}\right)\right\|=O\left(\exp \left[n\left(\chi_{r}+o(1)\right)\right]\right)$. Summing over $t=1, \ldots, s-r$, we get that third summand is $O\left(\exp \left[n\left(\chi_{r}+o(1)\right)\right]\right)$.

Putting these estimates together, we get that
$\left\|A_{n} v_{n+k}\right\| \leq$ const. $\exp \left[n\left(\chi_{r}+o(1)\right)\right]$ uniformly in $k$, and on the unit ball in $U_{r}$.
"Uniformity" means that the $o(1)$ can be made independent of $v$ and $k$. It allows us to pass to the limit as $k \rightarrow \infty$ and obtain

$$
\left\|A_{n} v\right\| \leq \text { const. } \exp \left[n\left(\chi_{r}+o(1)\right)\right] \text { uniformly on the unit ball in } U_{r} .
$$

On the other hand, an orthogonality argument shows that

$$
\begin{aligned}
\left\|A_{n} v_{n+k}\right\|^{2} & =\left\langle B_{n}^{2} v_{n+k}, v_{n+k}\right\rangle \\
& =\| 1 \text { st summand }\left\|^{2}+\right\| 2 \text { nd summand }\left\|^{2}+\right\| 3 \text { rd summand } \|^{2} \\
& \geq \| 2 \text { nd summand } \|^{2}=[1+o(1)] \exp \left[2 n\left(\chi_{r}+o(1)\right)\right] .
\end{aligned}
$$

Thus $\left\|A_{n} v_{n+k}\right\| \geq[1+o(1)] \exp \left[n\left(\chi_{r}+o(1)\right)\right]$ uniformly in $v, k$. Passing to the limit as $k \rightarrow \infty$, we get $\left\|A_{n} v\right\| \geq$ const. $\exp \left[n\left(\chi_{r}+o(1)\right)\right]$ uniformly on the unit ball in $U_{r}$. These estimates imply (2.7).

Proof of the technical lemma: We are asked to estimate the norm of the projection of a vector in $V_{n}^{r}$ on $V_{n+k}^{r+t}$. We so this in three steps:

1. $V_{n}^{r} \rightarrow V_{n+1}^{r+t}$, all $t>0$;
2. $V_{n}^{r} \rightarrow V_{n+k}^{r+1}$, all $k>0$;
3. $V_{n}^{r} \rightarrow V_{n+k}^{r+t}$, all $t, k>0$.

Step 1. The technical lemma for $k=1$ : Fix $\delta>0$, then for all $n$ large enough and for all $r^{\prime}>r$, if $u \in V_{n}^{r}$, then $\left\|u \mid V_{n+1}^{r^{\prime}}\right\| \leq\|u\| \exp \left(-n\left(\chi_{r^{\prime}}-\chi_{r}-\delta\right)\right)$.
Proof. Fix $\varepsilon$, and choose $N=N(\varepsilon)$ so large that $t_{n}^{i}=e^{ \pm n \varepsilon} t_{i}$ for all $n>N, i=1, \ldots, d$. For every $t=1, \ldots, s$, if $u \in V_{n}^{r}$, then

$$
\begin{aligned}
\left\|A_{n+1} u\right\| & =\sqrt{\left\langle A_{n+1}^{t} A_{n+1} u, u\right\rangle} \\
& =\sqrt{\left\langle A_{n+1}^{t} A_{n+1}\left(u \mid \widetilde{V}_{n+1}^{r+t}\right),\left(u \mid \widetilde{V}_{n+1}^{r+t}\right)\right\rangle+\left\langle A_{n+1}^{t} A_{n+1}\left(u \mid V_{n+1}^{r+t-1}\right),\left(u \mid V_{n+1}^{r+t-1}\right)\right\rangle}
\end{aligned}
$$

(because $V_{n+1}^{r+t-1}, \widetilde{V}_{n+1}^{r+t}$ are orthogonal, $A_{n+1}^{t} A_{n+1}$-invariant,

$$
\text { and } \left.\mathbb{R}^{d}=V_{n+1}^{r+t-1} \oplus \widetilde{V}_{n+1}^{r+t}\right)
$$

$=\sqrt{\left\|A_{n+1}\left(u \mid \widetilde{V}_{n+1}^{r+t}\right)\right\|^{2}+\left\|A_{n+1}\left(u \mid V_{n+1}^{r+t-1}\right)\right\|^{2}}$
$\geq\left\|A_{n+1}\left(u \mid \widetilde{V}_{n+1}^{r+t}\right)\right\|=e^{\left(\chi_{r+t} \pm \varepsilon\right)(n+1)}\left\|u \mid \widetilde{V}_{n+1}^{r+t}\right\|$.
On the other hand

$$
\begin{aligned}
\left\|A_{n+1} u\right\| & =\left\|A\left(T^{n} x\right) A_{n}(x) u\right\| \leq\left\|A\left(T^{n} x\right)\right\| \sqrt{\left\langle A_{n}^{t} A_{n} u, u\right\rangle} \\
& \leq\left\|A\left(T^{n} x\right)\right\| e^{n\left(\chi_{r} \pm \varepsilon\right)}\|u\| \\
& =e^{n\left(\chi_{r} \pm \varepsilon\right)+o(n)}\|u\|,
\end{aligned}
$$

because by the ergodic theorem

$$
\frac{1}{n} \log \left\|A\left(T^{n} x\right)\right\|=\frac{1}{n} \sum_{k=0}^{n} \log \left\|A\left(T^{k} x\right)\right\|-\frac{1}{n} \sum_{k=0}^{n-1} \log \left\|A\left(T^{k} x\right)\right\| \underset{n \rightarrow \infty}{\longrightarrow} 0 \text { a.e. }
$$

By further increasing $N$, we can arrange $|o(n)|<n \varepsilon$, which gives

$$
e^{\left(\chi_{r+t}-\varepsilon\right)(n+1)}\left\|u \mid \widetilde{V}_{n+1}^{r+t}\right\| \leq e^{n\left(\chi_{r}+2 \varepsilon\right)}
$$

whence $\left\|u \mid \widetilde{V}_{n+1}^{r+t}\right\| \leq e^{-n\left(\chi_{r+t}-\chi_{r}-3 \varepsilon\right)}$. Now take $\varepsilon:=\delta / 3$.
Step 2. Fix $\delta>0$. Then for all $n$ large enough and for all $k$, if $u \in V_{n}^{r}$, then $\left\|u \mid \widetilde{V}_{n+k}^{r+1}\right\| \leq\|u\| \sum_{j=0}^{k-1} \exp \left(-(n+j)\left(\chi_{r+1}-\chi_{r}-\delta\right)\right)$. Thus $\exists K_{1}$ s.t.

$$
\left\|u \mid \widetilde{V}_{n+k}^{r+1}\right\| \leq K_{1}\|u\| \exp \left[-n\left(\chi_{r+1}-\chi_{r}-\delta\right)\right] .
$$

Proof. We use induction on $k$. The case $k=1$ is dealt with in step 1. We assume by induction that the statement holds for $k-1$, and prove it for $k$. Decompose

$$
u \mid \widetilde{V}_{n+k}^{r+1}=\left[\left(u \mid V_{n+k-1}^{r}\right) \mid \widetilde{V}_{n+k}^{r+1}\right]+\left[\left(u \mid \widetilde{V}_{n+k-1}^{r+1}\right) \mid \widetilde{V}_{n+k}^{r+1}\right]
$$

- First summand: $u \mid V_{n+k-1}^{r} \in V_{n+k-1}^{r}$, so by step 1 the norm of the first summand is less than $\left\|u \mid V_{n+k-1}^{r}\right\| \exp \left[-(n+k-1)\left(\chi_{r+1}-\chi_{r}-\delta\right)\right]$, whence less than $\|u\| \exp \left[-(n+k-1)\left(\chi_{r+1}-\chi_{r}-\delta\right)\right]$.
- Second summand: The norm is at most $\left\|u \mid \widetilde{V}_{n+k-1}^{r+1}\right\|$. By the induction hypothesis, this is less than $\|u\| \sum_{j=0}^{k-2} \exp \left(-(n+j)\left(\chi_{r+1}-\chi_{r}-\delta\right)\right)$.
We get the statement for $k$, and step 2 follows by induction.
As a result, we obtain the existence of a constant $K_{1}>1$ for which $u \in V_{n}^{r}$ implies $\left\|u \mid \widetilde{V}_{n+k}^{r+1}\right\| \leq K_{1}\|u\| \exp \left(-n\left(\chi_{r+1}-\chi_{r}-\delta\right)\right)$.

Step 3. $\exists K_{1}, \ldots, K_{s-1}>1$ s.t. for all $n$ large enough and for all $k, u \in V_{n}^{r}$ implies $\left\|u \mid \widetilde{V}_{n+k}^{r+\ell}\right\| \leq K_{\ell}\|u\| \exp \left(-n\left(\chi_{r+\ell}-\chi_{r}-\ell \boldsymbol{\delta}\right)\right)(\ell=1, \ldots, s-r)$.

Proof. We saw that $K_{1}$ exists. We assume by induction that $K_{1}, \ldots, K_{t-1}$ exist, and construct $K_{t}$. Fix $0<\delta_{0}<\min _{j}\left\{\chi_{j+1}-\chi_{j}\right\}-\delta$; the idea is to first prove that if $u \in V_{n}^{r}$, then

$$
\begin{equation*}
\left\|u \mid \widetilde{V}_{n+k}^{r+t}\right\| \leq\|u\|\left(\sum_{\tau=1}^{t-1} K_{\tau}\right)\left(\sum_{j=0}^{k-1} e^{-\delta_{0} j}\right)\left(\sum_{j=0}^{k-1} \exp \left[-(n+j)\left(\chi_{r+t}-\chi_{r}-t \boldsymbol{\delta}\right)\right]\right) \tag{2.9}
\end{equation*}
$$

Once this is done, step 3 follows with $K_{t}:=\left(\sum_{\tau=1}^{t-1} K_{\tau}\right)\left(\sum_{j \geq 0} e^{-\delta_{0} j}\right)^{2}$.
We prove (2.9) using induction on $k$. When $k=1$ this is because of step 1 . Suppose, by induction, that (2.9) holds for $k-1$. Decompose:

$$
u \mid \widetilde{V}_{n+k}^{r+t}=\underbrace{u\left|V_{n+k-1}^{r}\right| \widetilde{V}_{n+k}^{r+t}}_{A}+\underbrace{\sum_{r<r^{\prime}<r+t} u\left|U_{n+k-1}^{r^{\prime}}\right| \widetilde{V}_{n+k}^{r+t}}_{B}+\underbrace{u\left|\widetilde{V}_{n+k-1}^{r+t}\right| \widetilde{V}_{n+k}^{r+t}}_{C}
$$

- Estimate of $\|A\|$ : By step $1,\|A\| \leq\|u\| \exp \left(-(n+k-1)\left(\chi_{r+t}-\chi_{r}-\boldsymbol{\delta}\right)\right)$.
- Estimate of $\|B\|$ : By step 1, and the induction hypothesis (on $t$ ):

$$
\begin{aligned}
& \|B\| \leq \sum_{r<r^{\prime}<r+t}\left\|u \mid U_{n+k-1}^{r^{\prime}}\right\| \exp \left(-(n+k-1)\left(\chi_{r+t}-\chi_{r^{\prime}}-\delta\right)\right) \\
& \leq \sum_{r<r^{\prime}<r+t}\left\|u \mid \widetilde{V}_{n+k-1}^{r^{\prime}}\right\| \exp \left(-(n+k-1)\left(\chi_{r+t}-\chi_{r^{\prime}}-\delta\right)\right) \\
& \leq \sum_{r<r^{\prime}<r+t} K_{r^{\prime}-r}\|u\| \exp \left(-n\left(\chi_{r^{\prime}}-\chi_{r}-\left(r^{\prime}-r\right) \delta\right)\right) \times \\
& \quad \times \exp \left(-(n+k-1)\left(\chi_{r+t}-\chi_{r^{\prime}}-\delta\right)\right)
\end{aligned}
$$

$$
\begin{aligned}
& \leq\|u\|\left(\sum_{t^{\prime}=1}^{t-1} K_{t^{\prime}}\right) e^{-(k-1)\left(\chi_{r+t}-\chi_{r^{\prime}}-\delta\right)} \exp \left(-n\left(\chi_{r+t}-\chi_{r}-t \boldsymbol{\delta}\right)\right) \\
& \leq\|u\|\left(\sum_{t^{\prime}=1}^{t-1} K_{t^{\prime}}\right) e^{-\delta_{0}(k-1)} \exp \left(-n\left(\chi_{r+t}-\chi_{r}-t \boldsymbol{\delta}\right)\right)
\end{aligned}
$$

- Estimate of $\|C\|:\|C\| \leq\left\|u \mid \widetilde{V}_{n+k-1}^{r+t}\right\|$. By the induction hypothesis on $k$,

$$
\|C\| \leq\|u\|\left(\sum_{t^{\prime}=1}^{t-1} K_{t^{\prime}}\right)\left(\sum_{j=0}^{k-2} e^{-\delta_{0} j}\right)\left(\sum_{j=0}^{k-2} \exp \left[-(n+j)\left(\chi_{r+t}-\chi_{r}-t \boldsymbol{\delta}\right)\right]\right)
$$

It is not difficult to see that when we add these bounds for $\|C\|,\|B\|$ and $\|A\|$, the result is smaller than the RHS of (2.9) for $k$. This completes the proof by induction of (2.9). As explained above, step 3 follows by induction.

Corollary 2.3. Let $\chi_{1}(x)<\cdots<\chi_{s(x)}(x)$ denote the logarithms of the (different) eigenvalues of $\Lambda(x)$. Let $U_{\chi_{i}}$ be the eigenspace of $\Lambda(x)$ corresponding to $\exp \chi_{i}$. Set $V_{\chi}:=\bigoplus_{\chi^{\prime} \leq \chi} U_{\chi^{\prime}}$.

1. $\chi(x, v):=\lim _{n \rightarrow \infty} \frac{1}{n} \log \left\|A_{n}(x) v\right\|$ exists a.s, and is invariant.
2. $\chi(x, v)=\chi_{i}$ on $V_{\chi_{i}} \backslash V_{\chi_{i-1}}$
3. If $\left\|A^{-1}\right\|,\|A\| \in L^{\infty}$, then $\frac{1}{n} \log \left|\operatorname{det} A_{n}(x)\right|=\sum k_{i} \chi_{i}$, where $k_{i}=\operatorname{dim} U_{\chi_{i}}$.
$\left\{\chi_{i}(x)\right\}$ are called the Lyapunov exponents of $x .\left\{V_{\chi_{i}}\right\}$ is called the Lyapunov filtration of $x$. Property (2) implies that $\left\{V_{\chi}\right\}$ is A-invariant: $A(x) V_{\chi}(x)=V_{\chi}(T x)$. Property (3) is sometimes called regularity.

Remark: $V_{\chi_{i}} \backslash V_{\chi_{i-1}}$ is $A$-invariant, but if $A(x)$ is not orthogonal, then $U_{\chi_{i}}$ doesn't need to be $A$-invariant. When $T$ is invertible, there is a way of writing $V_{\chi_{i}}=\bigoplus_{j \leq i} H_{j}$ so that $A(x) H_{j}(x)=H_{j}(T x)$ and $\chi(x, \cdot)=\chi_{j}$ on $H_{j}(x)$, see the next section.

### 2.6.3 The Multiplicative Ergodic Theorem for Invertible Cocycles

Suppose $A: X \rightarrow \mathrm{GL}(n, \mathbb{R})$. There is a unique extension of the definition of $A_{n}(x)$ to non-positive $n$ 's, which preserves the cocycle identity: $A_{0}:=i d, A_{-n}:=\left(A_{n} \circ\right.$ $\left.T^{-n}\right)^{-1}$. (Start from $A_{n-n}=A_{0}=i d$ and use the cocycle identity.)

The following theorem establishes a compatibility between the Lyapunov spectra and filtrations of $A_{n}$ and $A_{-n}$.

Theorem 2.11. Let $(X, \mathscr{B}, m, T)$ be an invertible probability preserving transformation, and $A: X \rightarrow \mathrm{GL}(d, \mathbb{R})$ a Borel function s.t. $\ln \left\|A(x)^{ \pm 1}\right\|$. There are invariant Borel functions $p(x), \chi_{1}(x)<\cdots<\chi_{p(x)}(x)$, and a splitting $\mathbb{R}^{d}=\bigoplus_{i=1}^{p(x)} H^{i}(x)$ s.t.

1. $A_{n}(x) H^{i}(x)=H^{i}\left(T^{n} x\right)$ for all $n \in \mathbb{Z}$
2. $\lim _{n \rightarrow \pm \infty} \frac{1}{|n|} \log \left\|A_{n}(x) v\right\|= \pm \chi_{i}(x)$ on the unit sphere in $H^{i}(x)$.
3. $\frac{1}{n} \log \sin \measuredangle\left(H^{i}\left(T^{n} x\right), H^{j}\left(T^{n} x\right)\right) \underset{n \rightarrow \infty}{\longrightarrow} 0$.

Proof. Fix $x$, and let Let $t_{n}^{1} \leq \cdots \leq t_{n}^{d}$ and $\bar{t}_{n}^{1} \leq \cdots \leq \bar{t}_{n}^{d}$ be the eigenvalues of $\left(A_{n}^{t} A_{n}\right)^{1 / 2}$ and $\left(A_{-n}^{t} A_{-n}\right)^{1 / 2}$. Let $t_{i}:=\lim \left(t_{n}^{i}\right)^{1 / n}, \bar{t}_{i}=\lim \left(\bar{t}_{n}^{i}\right)^{1 / n}$. These limits exists almost surely, and $\left\{\log t_{i}\right\},\left\{\log \bar{t}_{i}\right\}$ are lists of the Lyapunov exponents of $A_{n}$ and $A_{-n}$, repeated with multiplicity. The proof of the Oseledets theorem shows that

$$
\begin{aligned}
\sum_{k=d-i+1}^{d} \log \bar{t}_{i} & \equiv \lim _{n \rightarrow \infty} \frac{1}{n} \log \left\|A_{-n}^{\wedge i}\right\| \\
& =\lim _{n \rightarrow \infty} \frac{1}{n} \log \left(\left|\operatorname{det} A_{-n}\right| \cdot\left\|\left(\left(A_{-n}\right)^{-1}\right)^{\wedge(d-i)}\right\|\right) \quad \text { (write using e.v.'s) } \\
& \equiv \lim _{n \rightarrow \infty} \frac{1}{n} \log \left(\left|\left(\operatorname{det} A_{n} \circ T^{-n}\right)\right|^{-1} \cdot\left\|A_{n}^{\wedge(d-i)} \circ T^{-n}\right\|\right) \\
& \equiv \lim _{n \rightarrow \infty} \frac{1}{n} \log \left(\left|\operatorname{det} A_{n}\right|^{-1} \cdot\left\|A_{n}^{\wedge(d-i)}\right\|\right) \quad(\text { remark after Kingman's Theorem) } \\
& =\sum_{k=d-i+1}^{d} \log t_{k}-\sum_{k=1}^{d} \log t_{k}=-\sum_{k=1}^{d-i} \log t_{k} .
\end{aligned}
$$

Since this is true for all $i, \log t_{i}=-\log \bar{t}_{d-i+1}$.
It follows that if the Lyapunov exponents of $A_{n}$ are $\chi_{1}<\ldots<\chi_{s}$, then the Lyapunov exponents of $A_{-n}$ are $-\chi_{s}<\cdots<-\chi_{1}$.

Let $V^{1}(x) \subset V^{2}(x) \subset \cdots \subset V^{s}(x)$ be the Lyapunov filtration of $A_{n}$ :

$$
V^{i}(x):=\left\{v: \lim _{n \rightarrow \infty} \frac{1}{n} \log \left\|A_{n}(x) v\right\| \leq \chi_{i}(x)\right\}
$$

Let $\bar{V}^{1}(x) \supset \bar{V}^{2}(x) \supset \cdots \supset \bar{V}^{s}(x)$ be the following decreasing filtration, given by

$$
\bar{V}^{i}(x):=\left\{v: \lim _{n \rightarrow \infty} \frac{1}{n} \log \left\|A_{-n}(x) v\right\| \leq-\chi_{i}(x)\right\}
$$

These filtrations are invariant: $A(x) V^{i}(x)=V^{i}(T x), A(x) \bar{V}^{i}(x)=\bar{V}^{i}(T x)$.
Set $H^{i}(x):=V^{i}(x) \cap \bar{V}^{i}(x)$. We must have $A(x) H^{i}(x)=H^{i}(T x)$.
We claim that $\mathbb{R}^{d}=\bigoplus H^{i}(x)$ almost surely. It is enough to show that for a.e. $x$, $\mathbb{R}^{d}=V^{i}(x) \oplus \bar{V}^{i+1}(x)$, because

$$
\begin{array}{rlr}
\mathbb{R}^{d} & \equiv \bar{V}^{1}=\bar{V}^{1} \cap\left[V^{1} \oplus \bar{V}^{2}\right] & \left(V^{1} \oplus \bar{V}^{2}=\mathbb{R}^{d}\right) \\
& =H^{1} \oplus\left[\bar{V}^{1} \cap \bar{V}^{2}\right]=H^{1} \oplus \bar{V}^{2} & \left(\bar{V}^{1} \supseteq \bar{V}^{2}\right) \\
& =H^{1} \oplus\left[\bar{V}^{2} \cap\left(V^{2} \oplus \bar{V}^{3}\right)\right] & \left(V^{2} \oplus \bar{V}^{3}=\mathbb{R}^{d}\right) \\
& =H^{1} \oplus H^{2} \oplus \bar{V}^{3}=\cdots=H^{1} \oplus \cdots \oplus H^{s} . &
\end{array}
$$

Since the spectra of $\Lambda, \bar{\Lambda}$ agree with matching multiplicities, $\operatorname{dim} V^{i}+\operatorname{dim} \bar{V}^{i+1}=$ $d$. Thus it is enough to show that $E:=\left\{x: V^{i}(x) \cap \bar{V}^{i+1}(x) \neq\{0\}\right\}$ has zero measure for all $i$.

Assume otherwise, then by the Poincaré recurrence theorem, for almost every $x \in E$ there is a sequence $n_{k} \rightarrow \infty$ for which $T^{n_{k}}(x) \in E$. By the Oseledets theorem, for every $\delta>0$, there is $N_{\delta}(x)$ such that for all $n>N_{\delta}(x)$,

$$
\begin{align*}
\left\|A_{n}(x) u\right\| & \leq\|u\| \exp \left[n\left(\chi_{i}+\delta\right)\right] \quad \text { for all } u \in V^{i} \cap \bar{V}^{i+1}  \tag{2.10}\\
\left\|A_{-n}(x) u\right\| & \leq\|u\| \exp \left[-n\left(\chi_{i+1}-\delta\right)\right] \text { for all } u \in V^{i} \cap \bar{V}^{i+1} . \tag{2.11}
\end{align*}
$$

If $n_{k}>N_{\delta}(x)$, then $A_{n_{k}}(x) u \in V^{i}\left(T^{n_{k}} x\right) \cap \bar{V}^{i+1}\left(T^{n_{k}} x\right)$ and $T^{n_{k}}(x) \in E$, so

$$
\|u\|=\left\|A_{-n_{k}}\left(T^{n_{k}} x\right) A_{n_{k}}(x) u\right\| \leq\left\|A_{n_{k}}(x) u\right\| \exp \left[-n_{k}\left(\chi_{i+1}-\delta\right)\right]
$$

whence $\left\|A_{n_{k}}(x) u\right\| \geq\|u\| \exp \left[n_{k}\left(\chi_{i+1}-\delta\right)\right]$. By (2.10),

$$
\exp \left[n_{k}\left(\chi_{i+1}+\boldsymbol{\delta}\right)\right] \leq \exp \left[n_{k}\left(\chi_{i}+\boldsymbol{\delta}\right)\right]
$$

whence $\left|\chi_{i+1}-\chi_{i}\right|<2 \delta$. But $\delta$ was arbitrary, and could be chosen to be much smaller than the gaps between the Lyapunov exponents. With this choice, we get a contradiction which shows that $m(E)=0$.

Thus $\mathbb{R}^{d}=\bigoplus H^{i}(x)$. Evidently, $V^{i}=V^{i} \supseteq \bigoplus_{j \leq i} H^{j}$ and $V^{i} \cap \bigoplus_{j>i} H^{j} \subseteq V^{i} \cap$ $\bar{V}^{i+1}=\{0\}$, so $V^{i}=\bigoplus_{j \leq i} H^{j}$. In the same way $\bar{V}^{i}=\bigoplus_{j \geq i} H^{j}$. It follows that $H^{i} \subset$ $\left(V^{i} \backslash V^{i-1}\right) \cap\left(\bar{V}^{i} \backslash \bar{V}^{i+1}\right)$. Thus $\lim _{n \rightarrow \pm \infty} \frac{1}{|n|} \log \left\|A_{n} v\right\|= \pm \chi_{i}$ on the unit sphere in $H^{i}$.

Next we study the angle between $H^{i}(x)$ and $\widetilde{H}^{i}(x):=\bigoplus_{j \neq i} H^{j}(x)$. Pick a basis $\left(v_{1}^{i}, \ldots, v_{m_{i}}^{i}\right)$ for $H^{i}(x)$. Pick a basis $\left(w_{1}^{i}, \ldots, w_{m_{i}}^{i}\right)$ for $\widetilde{H}^{i}(x)$. Since $A_{n}(x)$ is invertible, $A_{k}(x)$ maps $\left(v_{1}^{i}, \ldots, v_{m_{i}}^{i}\right)$ onto a basis of $H^{i}\left(T^{k} x\right)$, and $\left(w_{1}^{i}, \ldots, w_{m_{i}}^{i}\right)$ onto a basis of $\widetilde{H}^{i}\left(T^{k} x\right)$. Thus if $v:=\bigwedge v_{j}^{i}, w:=\bigwedge w_{j}^{i}$, then

$$
\left|\sin \measuredangle\left(H^{i}\left(T^{k} x\right), \widetilde{H}\left(T^{k} x\right)\right)\right| \geq \frac{\left\|A_{n}(x)^{\wedge d}(v \wedge w)\right\|}{\left\|A_{n}(x)^{\wedge m_{i}} v\right\| \cdot\left\|A_{n}(x)^{\wedge\left(d-m_{i}\right)} w\right\|}
$$

We view $A_{n}^{\wedge p}$ as an invertible matrix acting on $\operatorname{span}\left\{e_{i_{1}}^{*} \wedge \cdots \wedge e_{i_{p}}^{*}: i_{1}<\cdots<i_{p}\right\}$ via $\left(A_{n}(x) e_{i_{1}}\right)^{*} \wedge \cdots \wedge\left(A_{n}(x) e_{i_{p}}\right)^{*}$. It is clear

$$
\Lambda_{p}(x):=\lim _{n \rightarrow \infty}\left(\left(A_{n}^{\wedge p}\right)^{*}\left(A_{n}^{\wedge p}\right)\right)^{1 / 2 n}=\left(\lim _{n \rightarrow \infty}\left(A_{n}^{*} A_{n}\right)^{1 / 2 n}\right)^{\wedge p}=\Lambda(x)^{\wedge p}
$$

thus the eigenspaces of $\Lambda_{p}(x)$ are the tensor products of the eigenspaces of $\Lambda(x)$. This determines the Lyapunov filtration of $A_{n}(x)^{\wedge p}$, and implies - by Oseledets theorem - that if $v_{j} \in V_{\chi_{k(j)}} \backslash V_{\chi_{k(j)-1}}$, and $v_{1}, \ldots, v_{k}$ are linearly independent, then

$$
\lim _{n \rightarrow \infty} \frac{1}{n} \log \left\|A_{n}(x)^{\wedge p} \omega\right\|=\sum_{j=1}^{p} \chi_{k(j)}, \text { for } \omega:=v_{1} \wedge \cdots \wedge v_{p}
$$

It follows that $\lim _{n \rightarrow \infty} \frac{1}{n} \log \left|\sin \measuredangle\left(H^{i}\left(T^{n} x\right), \widetilde{H}^{i}\left(T^{n} x\right)\right)\right| \geq 0$.

### 2.7 The Karlsson-Margulis ergodic theorem

Suppose $(X, d)$ is a "nice" metric space, and $\operatorname{Isom}(X)$ is the group of isometries of $X$. Let $(\Omega, \mathscr{F}, \mu, T)$ be a ppt and $f: \Omega \rightarrow \operatorname{Isom}(X)$ be a measurable map such that for some (any) $x_{0} \in X, \int_{X} d\left(f(\omega) \cdot x, x_{0}\right) d \mu(\omega)<\infty$.

Consider the "random walk" $x_{n}(\omega):=f\left(T^{n-1} \omega\right) \circ \cdots \circ f(\omega) \cdot x_{0}$. It is not difficult to see that $g^{(n)}(\omega):=d\left(x_{0}, x_{n}(\omega)\right)$ is a sub-additive cocycle. The subadditive ergodic theorem, implies the existence of almost sure asymptotic speed $s(\omega)=\lim _{n \rightarrow \infty} \frac{1}{n} d\left(x_{0}, x_{n}(\omega)\right)$. The Karlsson-Margulis theorem provides (under additional assumptions on $(X, d)$ ), the existence of an asymptotic velocity: A geodesic ray $\gamma_{\omega}(t) \subset X$ which starts at $x_{0}$ s.t. $d\left(x_{n}(\omega), \gamma_{\omega}(s(\omega) n)\right)=o(n)$ as $n \rightarrow \infty$.
Example 1 (Birkhoff Ergodic Theorem): Take an ergodic ppt ( $\Omega, \mathscr{F}, \mu, T$ ), $X=$ $\mathbb{R}^{d}$ and $f(\omega) \cdot \underline{v}:=\underline{v}+\underline{f}(\omega)$ where $\underline{f}(\omega):=\left(f_{1}(\omega), \ldots, f_{d}(\omega)\right)$ and $f_{i}: \Omega \rightarrow \mathbb{R}$ are absolutely integrable with non-zero integral. Then

$$
\underline{x}_{n}(\omega)=\underline{x}_{0}+n\left(\frac{1}{n} \sum_{i=0}^{n-1} f_{1}\left(T^{i} \omega\right), \ldots, \frac{1}{n} \sum_{i=0}^{n-1} f_{d}\left(T^{i}(\omega)\right)\right.
$$

so $s(\omega)=\|\underline{v}\|_{2}$ a.e. and $\gamma_{\omega}(t)=t \underline{v} /\|\underline{v}\|$ a.e., where $\underline{v}:=\left(\int f_{1} d \mu, \ldots, \int f_{d} d \mu\right)$.
Example 2 (Multiplicative Ergodic Theorem): See section 2.7.3 below.

### 2.7.1 The boundary of a non-compact proper metric space

Let $(X, d)$ be a metric space. We need some terminology:

1. $X$ is called proper is every closed bounded subset of $X$ is compact.
2. A curve is a continuous function $\gamma:[a, b] \rightarrow X$. A curve is called rectifiable if

$$
\ell(g):=\sup \left\{\sum_{i=0}^{n-1} d\left(\gamma\left(t_{i}\right), \gamma\left(t_{i+1}\right)\right): a=t_{0}<t_{1}<\cdots<t_{n}=b, n \geq 1\right\}<\infty .
$$

The number $\ell(\gamma)$ is called the length of $\gamma$.
3. A geodesic segment from $A$ to $B(A, B \in X)$ is a curve $\gamma:[0, L] \rightarrow X$ s.t. $\gamma(0)=A$, $\gamma(L)=B$, and $d\left(\gamma(t), \gamma\left(t^{\prime}\right)\right)=\left|t-t^{\prime}\right|$ for all $0 \leq t, t^{\prime} \leq L$. In particular, $L=d(x, y)$. We denote such segments by $A B$.
4. A geodesic ray is a curve $\gamma:[0, \infty) \rightarrow X$ s.t. $d\left(\gamma(t), \gamma\left(t^{\prime}\right)\right)=\left|t-t^{\prime}\right|$ for all $t, t^{\prime}$.
5. A metric space is called a geodesic space, if every $A, B \in X$ are connected by a geodesic segment.
6. A geodesic metric space is called complete if every geodesic segment can be extended to a geodesic ray in the positive direction.

Suppose $X$ is a non-compact proper geodesic metric space. We are interested in describing the different ways of "escaping to infinity" in $X$.

The idea is to compactify $X$ by adding to it a "boundary" so that tending to infinity in $X$ in a certain "direction" corresponds to tending to a point in the boundary of $X$ in $\widehat{X}$.

Fix once and for all a reference point $x_{0} \in X$ (the "origin"), and define for each $x \in X$ the function

$$
D_{x}(z):=d(z, x)-d\left(x_{0}, x\right)
$$

$D_{x}(\cdot)$ is has Lipschitz constant 1 , and $D_{x}\left(x_{0}\right)=0$. It follows that $\left\{D_{x}(\cdot): x \in X\right\}$ is equicontinuous and uniformly bounded on compact subsets of $X$.

By the Arzela-Ascoli theorem, every sequence $\left\{D_{x_{n}}\right\}_{n \geq 1}$ has a subsequence $\left\{D_{x_{n_{k}}}\right\}_{k \geq 1}$ which converges pointwise (in fact uniformly on compacts). Let

$$
\widehat{X}:=\left\{\lim _{n \rightarrow \infty} D_{x_{n}}(\cdot):\left\{x_{n}\right\}_{n \geq 1} \subset X,\left\{D_{x_{n}}\right\}_{n \geq 1} \text { converges uniformly on compacts }\right\}
$$

We put a metric on $\widehat{X}$ as follows:

$$
d(f, g):=\sum_{n=1}^{\infty} \frac{1}{2^{n}} \varphi\left(\max _{d\left(x_{0}, x\right) \leq n}|f(x)-g(x)|\right)
$$

where $\varphi(t):=\frac{1}{\pi} \arctan (t)+\frac{1}{2}$ (a homeomorphism $\varphi: \mathbb{R} \rightarrow(0,1)$ ). This metric is well-defined, since $X$ is proper. The resulting topology is the topology of uniform convergence on compacts.

Theorem 2.12. Suppose $(X, d)$ is a proper geodesic space, then $\widehat{X}$ is a compact metric space, and if $\imath: X \hookrightarrow \widehat{X}$ is the map $l(x)=D_{x}(\cdot)$, then

1. $\iota: X \rightarrow \imath(X)$ is a homeomorphism;
2. $\imath(X)$ is dense in $\widehat{X}$.

Proof. $\widehat{X}$ is compact, because it is the closure of $\left\{D_{x}(\cdot): x \in X\right\}$, which is precompact by Arzela-Ascoli.

The map $t: x \mapsto D_{x}(\cdot)$ is one-to-one because $x$ can be read of $D_{x}(\cdot)$ as the unique point where that function attains its minimum. The map $\iota$ is continuous, because if $d\left(x_{n}, x\right) \rightarrow 0$, then

$$
\begin{aligned}
\left|D_{x_{n}}(z)-D_{x}(z)\right| & \leq\left|d\left(z, x_{n}\right)-d(z, x)\right|+\left|d\left(x_{n}, x_{0}\right)-d\left(x, x_{0}\right)\right| \\
& \leq 2 d\left(x_{n}, x\right) \xrightarrow[n \rightarrow \infty]{ } 0 .
\end{aligned}
$$

To see that $l^{-1}$ is continuous, we first note that since $\widehat{X}$ is metrizable, it is enough to show that if $D_{x_{n}} \rightarrow D_{x}$ uniformly on compacts, then $x_{n} \rightarrow x$ in $X$. Suppose $D_{x_{n}} \rightarrow$ $D_{x}$ uniformly on compacts, and fix $\varepsilon>0$. Suppose by way of contradiction that $\exists n_{k} \uparrow \infty$ s.t. $d\left(x_{n_{k}}, x\right) \geq \varepsilon$. Construct $y_{n_{k}}$ on the geodesic segment connecting $x$ to $x_{n_{k}}$ s.t. $d\left(x, y_{n_{k}}\right)=\varepsilon / 2$. We have

$$
\begin{aligned}
D_{x_{n_{k}}}\left(y_{n_{k}}\right) & =d\left(y_{n_{k}}, x_{n_{k}}\right)-d\left(x_{n_{k}}, x_{0}\right)=d\left(x, x_{n_{k}}\right)-d\left(x, y_{n_{k}}\right)-d\left(x_{n_{k}}, x_{0}\right) \\
& =D_{x_{n_{k}}}(x)-\frac{\varepsilon}{2} .
\end{aligned}
$$

Since $d\left(y_{n_{k}}, x\right)=\varepsilon / 2$ and $X$ is proper, $y_{n_{k}}$ lie in a compact subset of $X$. W.l.o.g. $y_{n_{k}} \longrightarrow y \in X$. Passing to the limit we see that $D_{x}(y)=D_{x}(x)-\frac{\varepsilon}{2}<D_{x}(x)$. But this is absurd, since $D_{x}$ attains its minimum at $x$. It follows that $x_{n} \rightarrow x$.

Terminology: $\widehat{X}$ is called the horofunction compactification of $X$, and $\partial X:=$ $\widehat{X} \backslash \imath(X)$ is called the horofunction boundary of $X$. Elements of $\partial X$ are called horofunctions.

The horofunction compactification has a very nice geometric interpretation in case ( $X, d$ ) has "non-positive curvature", a notion we now proceed to make precise.

Suppose $(X, d)$ is a geodesic space, then any three points $A, B, C \in X$ determine a geodesic triangle $\triangle A B C$ obtained by connecting $A, B, C$ by geodesic segments. A euclidean triangle $\triangle \overline{A B C} \subset \mathbb{R}^{2}$ is called a (euclidean) comparison triangle for $\triangle A B C$ if it has the same lengths:

$$
d(A, B)=d_{\mathbb{R}^{2}}(A, B), d(B, C)=d_{\mathbb{R}^{2}}(B, C), d(C, A)=d_{\mathbb{R}^{2}}(C, A)
$$

A point $\bar{x} \in \overline{A B}$ is called a comparison point for $x \in A B$, if $d(x, A)=d_{\mathbb{R}^{2}}(\bar{x}, \bar{A})$ and $d(x, B)=d_{\mathbb{R}^{2}}(\bar{x}, \bar{B})$.
Definition 2.3. A geodesic metric space $(X, d)$ is called a $\operatorname{CAT}(0)$ space if for any geodesic triangle $\triangle A B C$ in $X$ and points $x \in A C, y \in B C$, if $\triangle \bar{A} \bar{B} \bar{C}$ is a euclidean comparison triangle for $\triangle A B C$, and $\bar{x} \in \bar{A} \bar{C}$ and $\bar{y} \in \bar{B} \bar{C}$ are comparison points to $x \in A B$ and $y \in B C$, then $d(x, y) \leq d_{\mathbb{R}^{2}}(\bar{x}, \bar{y})$. (See figure 2.1.)

Theorem 2.13. Suppose $(X, d)$ is a $C A T(0)$ complete proper geodesic space.

1. If $\gamma$ is a geodesic ray s.t. $\gamma(0)=x_{0}$, then the following limit exists, and is a horofunction:

$$
B_{\gamma}\left(z ; x_{0}\right)=\lim _{t \rightarrow \infty}\left[d(\gamma(t), z)-d\left(\gamma(t), x_{0}\right)\right] .
$$

2. Every horofunction arises this way.
3. If two geodesic rays $\gamma, \gamma^{\prime}$ s.t. $\gamma(0)=\gamma^{\prime}(0)=x_{0}$ determine the same horofunction, then they are equal.
Thus horofunctions are represented by geodesic rays emanating from $x_{0}$.
Proof.


Fig. 2.1 The CAT(0) inequality

Part 1. Existence of $B_{\gamma}\left(z ; x_{0}\right)$.
Suppose $\gamma$ is a geodesic ray s.t. $\gamma(0)=x_{0}$.

1. $t \mapsto d(\gamma(t), z)-d\left(\gamma(t), x_{0}\right)$ is decreasing: If $t<s$, then

$$
\begin{aligned}
d(\gamma(t), z)-d\left(\gamma(t), x_{0}\right) & \geq[d(\gamma(s), z)-d(\gamma(s), \gamma(t))]-d\left(\gamma(t), x_{0}\right) \quad \text { (triangle ineq.) } \\
& =d(\gamma(s), z)-(s-t)-t=d(\gamma(s), z)-s \\
& =d(\gamma(s), z)-d\left(\gamma(s), x_{0}\right) .
\end{aligned}
$$

2. $t \mapsto d(\gamma(t), z)-d\left(\gamma(t), x_{0}\right)$ is bounded below, by $d\left(x_{0}, z\right)$.

It follows that the limit which defines $B_{\gamma}\left(z ; x_{0}\right)$ exists pointwise. By the ArzelaAscoli theorem, this limit holds uniformly on compacts, so $B_{\gamma} \in \widehat{X}$.

To see that $B_{\gamma} \in \partial X$, we note that $B_{\gamma}\left(\gamma(s) ; x_{0}\right)=-s \underset{s \rightarrow \infty}{\longrightarrow}-\infty$ whereas every function of the form $D_{x}(\cdot)$ is bounded from below. Thus $B_{\gamma} \in \widehat{X} \backslash \iota(X)=\partial X$.

Part 2. Every horofunction is equal to $B_{\gamma}$ for some geodesic ray $\gamma$.
Suppose $D$ is a horofunction, and write $D=\lim _{k \rightarrow \infty} D_{x_{k}}$. We must have $x_{k} \rightarrow \infty$ (i.e. $x_{k}$ leaves every compact set), otherwise, since $X$ is proper, there is a convergent subsequence $x_{k_{i}} \rightarrow x$. But in this case (cf. the proof of the previous theorem) $D=$ $\lim D_{x_{k_{i}}}=D_{x} \in l(X)$, whereas we are assuming that $D$ is a horofunction.

We show that the geodesic segments $x_{0} x_{n}$ converge to a geodesic ray $\gamma$ s.t. $D(\cdot)=$ $B_{\gamma}\left(\cdot ; x_{0}\right)$, and then prove that $D=B_{\gamma}\left(\cdot ; x_{0}\right)$.

Step 1. Let $\gamma_{n}(t)$ denote the geodesic ray which starts at $x_{0}$ and passes through $x_{n}$ (it exists since $X$ is complete), then $\gamma_{n}(t) \rightarrow \gamma(t)$ uniformly on compacts in $[0, \infty)$, where $\gamma(t)$ is geodesic ray.

Proof. Fix $\varepsilon>0$ and $N$ so large that if $k>N$, then $d\left(x_{k}, x_{0}\right)>t$ and $\left|D_{x_{k}}(z)-D(z)\right|<$ $\varepsilon$ for all $z$ s.t. $d\left(z, x_{0}\right) \leq t$. Let $y_{k}:=\gamma_{k}(t)$, the point on the geodesic segment $x_{0} x_{k}$ at distance $t$ from $x_{0}$. We show that $\left\{y_{k}\right\}_{k \geq 1}$ is a Cauchy sequence.

Fix $m, n>N$, and construct the geodesic triangle $\triangle x_{m} y_{n} x_{0}$. Let $\triangle \bar{x}_{m} \bar{y}_{n} \bar{x}_{0}$ be its euclidean comparison triangle. Let $\bar{y}_{m} \in\left[\bar{x}_{m}, \bar{x}_{0}\right]$ be the comparison point to $y_{m}$ on the geodesic segment from $x_{m}$ to $x_{0}$. By the $\mathrm{CAT}(0)$ property,

$$
d\left(y_{m}, y_{n}\right) \leq\left|\bar{y}_{m} \bar{y}_{n}\right| .
$$



Fig. 2.2

Working in the euclidean plane, we drop a height $\bar{y}_{n} \bar{z}$ to the line connecting $\bar{x}_{m}$ to $\bar{x}_{0}$, and mark the point $\bar{w}$ at distance $2 t$ from $\bar{y}_{m}$ on the line passing through $\bar{x}_{m}$ and $\bar{x}_{0}$ (figure 2.2). Let $\theta:=\measuredangle \bar{y}_{n} \bar{y}_{m} \bar{x}_{0}$, then

$$
\frac{\left|\bar{y}_{n} \bar{y}_{m}\right|}{\bar{y}_{m} \bar{z}}=\frac{1}{\cos \theta}=\frac{2 t}{\left|\bar{y}_{n} \bar{y}_{m}\right|}
$$

It follows that $\left|\bar{y}_{n} \bar{y}_{m}\right| \leq \sqrt{2 t\left|\bar{y}_{m} \bar{z}\right|}$.

$$
\begin{aligned}
\left|\bar{y}_{m} \bar{z}\right| & =\left|\bar{x}_{m} \bar{z}\right|-\left|\bar{x}_{m} \bar{y}_{m}\right| \leq\left|\bar{x}_{m} \bar{y}_{n}\right|-\left|\bar{x}_{m} \bar{y}_{m}\right|\left(\because\left|\bar{x}_{m} \bar{z}\right| \text { is the hypotenuse in } \triangle \bar{x}_{m} \overline{\bar{z}} \bar{y}_{n}\right) \\
& =d\left(x_{m}, y_{n}\right)-d\left(x_{m}, y_{m}\right)=d\left(x_{m}, y_{n}\right)-d\left(x_{m}, x_{0}\right)+d\left(x_{m}, x_{0}\right)-d\left(x_{m}, y_{m}\right) \\
& =d\left(x_{m}, y_{n}\right)-d\left(x_{m}, x_{0}\right)+t \\
& =d\left(x_{m}, y_{n}\right)-d\left(x_{m}, x_{0}\right)-\left[d\left(x_{n}, y_{n}\right)-d\left(x_{n}, x_{0}\right)\right] \\
& =D_{x_{m}}\left(y_{n}\right)-D_{x_{n}}\left(y_{n}\right) \\
& \leq \sup _{d\left(y, x_{0}\right) \leq t}\left|D_{x_{m}}(y)-D_{x_{n}}(y)\right| \underset{m, n \rightarrow \infty}{\longrightarrow} 0 \text { by assumption. }
\end{aligned}
$$

This shows that $\left\{\gamma_{n}(t)\right\}_{n \geq 1}=\left\{y_{n}\right\}_{n \geq 1}$ is a Cauchy sequence. Moreover, the Cauchy criterion holds uniformly on compact subsets of $t \in[0, \infty)$.

The limit $\gamma(t)=\lim \gamma_{n}(t)$ must be a geodesic ray emanating from $x_{0}$ (exercise).
Step 2. $D(z)=B_{\gamma}\left(z ; x_{0}\right)$.
Proof. Let $t_{n}:=d\left(x_{0}, x_{n}\right)$, and define $\xi_{n}:=\left\{\begin{array}{ll}\gamma\left(t_{n}\right) & n \text { is odd } \\ x_{n} & n \text { is even. }\end{array}\right.$ Then $D_{\xi_{2 n}}(z) \rightarrow D(z)$ and $D_{\xi_{2 n-1}}(z) \rightarrow B_{\gamma}\left(z ; x_{0}\right)$.

We use the fact that the geodesic segments $x_{0} \xi_{n}$ converge to $\gamma(t)$ to show that $\left|D_{\xi_{n}}-D_{\xi_{n+1}}\right| \rightarrow 0$ uniformly on compacts. It will follow that $D(z)=B_{\gamma}\left(z ; x_{0}\right)$.

Fix $\varepsilon>0$ small and $r>\rho>0$ large. Let $\eta_{k}$ denote the point on the segment $\xi_{k} x_{0}$ at distance $r$ from $x_{0}$, then

$$
\begin{aligned}
\left|D_{\xi_{k}}(z)-D_{\xi_{k+1}}(z)\right|= & \left|d\left(\xi_{k}, z\right)-d\left(\xi_{k}, x_{0}\right)-d\left(\xi_{k+1}, z\right)+d\left(\xi_{k+1}, x_{0}\right)\right| \\
= & \left|d\left(\xi_{k}, z\right)-\left[d\left(\xi_{k}, \eta_{k}\right)+r\right]-d\left(\xi_{k+1}, z\right)+\left[d\left(\xi_{k+1}, \eta_{k+1}\right)+r\right]\right| \\
= & \left|d\left(\xi_{k}, z\right)-d\left(\xi_{k}, \eta_{k}\right)-d\left(\xi_{k+1}, z\right)+d\left(\xi_{k+1}, \eta_{k+1}\right)\right| \\
\leq & \left|d\left(\xi_{k}, z\right)-\left[d\left(\xi_{k}, \eta_{k}\right)+d\left(\eta_{k}, z\right)\right]\right| \\
& +\left|\left[d\left(\eta_{k+1}, z\right)+d\left(\xi_{k+1}, \eta_{k+1}\right)\right]-d\left(\xi_{k+1}, z\right)\right| \\
& +\left|d\left(\eta_{k}, z\right)-d\left(\eta_{k+1}, z\right)\right|
\end{aligned}
$$

The last summand tends to zero because $\eta_{k} \rightarrow \gamma(r)$. We show that the other two summands are small for all $z$ s.t. $d\left(z, x_{0}\right) \leq \rho$.

Let $\triangle \bar{\xi}_{k} \bar{x}_{0} \bar{z}$ be a euclidean comparison triangle for $\triangle \xi_{k} x_{0} z$, and let $\bar{\eta}_{k} \in \bar{\xi}_{k} \bar{x}_{0}$ be a comparison point to $\eta_{k} \in \xi_{k} x_{0}$. Let $\bar{z}^{\prime}$ be the projection of $\bar{z}$ in the line passing through $\bar{\xi}_{k} \bar{x}_{0}$ (figure 2.3).

By the $\operatorname{CAT}(0)$ property, $d\left(\eta_{k}, z\right) \leq d\left(\bar{\eta}_{k}, \bar{z}\right)$, and so

$$
\begin{aligned}
{\left[d\left(\xi_{k}, \eta_{k}\right)+d\left(\eta_{k}, z\right)\right]-d\left(\xi_{k}, z\right) } & \leq\left[d\left(\bar{\xi}_{k}, \bar{\eta}_{k}\right)+d\left(\bar{\eta}_{k}, \bar{z}\right)\right]-d\left(\bar{\xi}_{k}, \bar{z}\right) \\
& =\left[d\left(\bar{\xi}_{k}, \bar{z}^{\prime}\right)-d\left(\bar{\xi}_{k}, \bar{z}\right)\right]+\left[d\left(\bar{\eta}_{k}, \bar{z}\right)-d\left(\bar{\eta}_{k}, \bar{z}^{\prime}\right)\right]
\end{aligned}
$$

We now appeal to the following simple consequence of the Pythagorean Theorem: In a triangle $\triangle A B C$ s.t. $\measuredangle A B C=90^{\circ}$, if $|A B|>r$ and $|B C| \leq \rho$, then $0 \leq|A C|-$ $|A B|<\rho^{2} / r$. Applying this to $\triangle \bar{\xi}_{k} \bar{z}^{\prime} \bar{z}$ and $\triangle \bar{\eta}_{k} \bar{z}^{\prime} \bar{z}$, we see that


Fig. 2.3

$$
d\left(\xi_{k}, \eta_{k}\right)+d\left(\eta_{k}, z\right)-d\left(\xi_{k}, z\right) \leq 2 \rho^{2} / r
$$

Similarly, one shows that $d\left(\xi_{k+1}, \eta_{k+1}\right)+d\left(\eta_{k+1}, z\right)-d\left(\xi_{k+1}, z\right) \leq 2 \rho^{2} / r$. Choosing $r>2 \rho^{2} / \varepsilon$ sufficiently large, and $k$ large enough so that $d\left(x_{k}, x_{0}\right)>r$ we see that the two remaining terms are less than $\varepsilon$, with the result that $\left|D_{\xi_{k+1}}(z)-D_{\xi_{k}}(z)\right|<3 \varepsilon$ for all $z$ s.t. $d\left(z, x_{0}\right)<\rho$.

It follows that $B_{\gamma}\left(z ; x_{0}\right)=\lim D_{\xi_{2 n-1}}(z)=\lim D_{\xi_{2 n}}(z)=D(z)$.
Part 3. If $B_{\gamma_{1}}\left(\cdot ; x_{0}\right)=B_{\gamma_{2}}\left(\cdot ; x_{0}\right)$, then $\gamma_{1}=\gamma_{2}$.
Proof. Fix $t_{n} \uparrow \infty$, and set $x_{n}:=\left\{\begin{array}{ll}\gamma_{1}\left(t_{n}\right) & n \text { is odd } \\ \gamma_{2}\left(t_{n}\right) & n \text { is even }\end{array}\right.$. The sequences $D_{x_{2 n}}(\cdot), D_{x_{2 n-1}}(\cdot)$ have the same limit, $B_{\gamma_{1}}\left(\cdot ; x_{0}\right)=B_{\gamma_{2}}\left(\cdot ; x_{0}\right)$, therefore $\lim D_{x_{n}}$ exists. Step 1 in Part 2 shows that the geodesic segments $x_{0} x_{n}$ must converge uniformly to a geodesic ray $\gamma(t)$. But these geodesic segments lie on $\gamma_{1}$ for $n$ odd and on $\gamma_{2}$ for $n$ even; it follows that $\gamma_{1}=\gamma_{2}$.

Proposition 2.6. Let $(X, d)$ be a proper geodesic space with the CAT(0) property, and suppose $x_{n} \in X$ tend to infinity at speed s, i.e. $\frac{1}{n} d\left(x_{0}, x_{n}\right) \xrightarrow[n \rightarrow \infty]{\longrightarrow}$ s. If

$$
\frac{1}{n} D\left(x_{n}\right) \xrightarrow[n \rightarrow \infty]{\longrightarrow}-s \text { for } D \in \partial X
$$

then $d\left(x_{n}, \gamma(s n)\right)=o(n)$, where $\gamma$ is the geodesic ray s.t. $D=B_{\gamma}$.
Proof. Fix an origin $x_{0} \in X$, and suppose $\gamma$ is the geodesic ray so that

$$
D(z)=B_{\gamma}\left(z ; x_{0}\right):=\lim _{t \rightarrow \infty}\left[d(\gamma(t), z)-d\left(\gamma(t), x_{0}\right)\right]
$$

Fix $n$ and $t$ large, and consider the geodesic triangle $\triangle x_{n} x_{0} \gamma(s t)$ and the point $\gamma(s n)$ on the segment from $x_{0}$ to $\gamma(s t)$. Let $\triangle \bar{x}_{n} \bar{x}_{0} \overline{\gamma(s t)}$ be the euclidean comparison triangle, and let $\bar{\gamma}(s n)$ be the comparison point to $\gamma(s t)$. By the $\mathrm{CAT}(0)$ property,

$$
d\left(x_{n}, \gamma(s n)\right) \leq d\left(\bar{x}_{n}, \bar{\gamma}(s n)\right)
$$

Let $\bar{w}_{t}$ be the point on the segment connecting $\overline{\gamma(s t)}$ to $\bar{x}_{0}$ at the same distance from $\overline{\gamma(s t)}$ as $\bar{x}_{n}$. Drop a height $\bar{x}_{n} \bar{z}$ to that segment (figure 2.4).


Fig. 2.4

1. • $\left|\bar{w}_{t} \overline{\gamma(s n)}\right|=\left|\left|\overline{\gamma(s t)} \bar{w}_{t}\right|+\left|\overline{\gamma(s n)} \bar{x}_{0}\right|-\left|\overline{\gamma(s t)} \bar{x}_{0}\right|\right|=\left|d\left(\gamma(s t), x_{n}\right)+s n-s t\right| \underset{t \rightarrow \infty}{\longrightarrow}$ $D\left(x_{n}\right)+s n$. By assumption, $D\left(x_{n}\right) / n \rightarrow-s$, so $\exists N_{0}$ so that for all $n \geq N_{0}$, for every $t>n,\left|\bar{w}_{t} \gamma(s n)\right|=o(n)$.

- For fixed $n$, it is easy to see that $\alpha(t):=\measuredangle \bar{x}_{n} \overline{\gamma(s t)} \bar{z} \underset{t \rightarrow \infty}{\longrightarrow} 0$. It follows that $\left|\bar{z} \bar{w}_{t}\right|=\left|\bar{x}_{n} \bar{z}\right| \tan \frac{\alpha(t)}{2} \underset{t \rightarrow \infty}{\longrightarrow} 0$. So $\exists T(n)$ s.t. for all $t>T(n),\left|\bar{z} \bar{w}_{t}\right|=o(n)$.
We see that for all $n>N_{0}$ and $t>T(n),\left|\bar{z} \bar{x}_{0}\right|=s n+o(n)$.

2. By assumption $\left|\bar{x}_{n} \bar{x}_{0}\right|=d\left(x_{n}, x_{0}\right)=s n+o(n)$, so if $t>T(n)$ then

$$
\left|\bar{x}_{n} \bar{z}\right|^{2}=\left|\bar{x}_{n} \bar{x}_{0}\right|^{2}-\left|\bar{x}_{0} \bar{z}\right|^{2}=[s n+o(n)]^{2}-[s n+o(n)]^{2}=o\left(n^{2}\right),
$$

whence $\left|\bar{x}_{n} \bar{z}\right|=o(n)$.
3. $|\bar{z} \overline{\gamma(s n)}|=\left|\bar{z} \bar{x}_{0}\right|-\left|\overline{\gamma(s n)} x_{0}\right|=[s n+o(n)]-s n=o(n)$.

It follows from the above that if $t>T(n)$, then

$$
d\left(x_{n}, \gamma(s n)\right) \leq\left|\bar{x}_{n} \overline{\gamma(s n)}\right|=\sqrt{\left|\bar{x}_{n} \bar{z}\right|^{2}+|\bar{z} \overline{\gamma(s n)}|^{2}}=\sqrt{o(n)^{2}+o(n)^{2}}=o(n)
$$

Corollary 2.4. $\partial X=\{D \in \widehat{X}: D$ is not bounded below $\}$.
Proof. $D_{x}(z)=d\left(z, x_{0}\right)-d\left(x_{0}, x\right) \geq-d\left(x, x_{0}\right)$, but $B_{\gamma}\left(\gamma(s) ; x_{0}\right)=-s \rightarrow-\infty$.

### 2.7.2 An ergodic theorem for isometric actions on CAT(0) spaces

Throughout this section, $(X, d)$ is a metric space which is proper, geodesic, geodesically complete, and which has the $\operatorname{CAT}(0)$ property. We fix once and for all some point $x_{0} \in X$ ("the origin").

A map $\varphi: X \rightarrow X$ is called an isometry, if it is invertible, and $d(\varphi(x), \varphi(y))=$ $d(x, y)$ for all $x, y \in X$. The collection of isometries is a group, which we will denote by Isom $(X)$.

Suppose $(\Omega, \mathscr{B}, \mu, T)$ is a ppt and $f: \Omega \rightarrow \operatorname{Isom}(X)$ is measurable, in the sense that $(\omega, x) \mapsto f(\omega)(x)$ is a measurable map $\Omega \times X \rightarrow X$. We study the behavior of $f_{n}(\omega) x_{0}$ as $n \rightarrow \infty$, where

$$
f_{n}(\omega):=f(\omega) \circ f(T \omega) \circ \cdots \circ f\left(T^{n-1} \omega\right)
$$

The subadditive theorem implies that $\left\{f_{n}(\omega) x_{0}\right\}_{n \geq 1}$ has "asymptotic speed":

$$
s(\omega):=\lim _{n \rightarrow \infty} \frac{1}{n} d\left(x_{0}, f_{n}(\omega) x_{0}\right)
$$

We are interested in the existence of an "asymptotic direction."
Theorem 2.14 (Karlsson-Margulis). Suppose $(\Omega, \mathscr{B}, \mu, T)$ is a ppt on a standard probability space, and $f: \Omega \rightarrow \operatorname{Isom}(X)$ is a measurable map. If $\int_{\Omega} d\left(x_{0}, f(\omega) x_{0}\right) d \mu$ is finite, then for a.e. $\omega \in \Omega$ there exists a geodesic ray $\gamma_{\omega}(t)$ emanating from $x_{0}$ s.t.

$$
\frac{1}{n} d\left(f(\omega) f(T \omega) \cdots f\left(T^{n-1} \omega\right) x_{0}, \gamma_{\omega}(n s(\omega)) \underset{n \rightarrow \infty}{ } 0\right.
$$

Proof (Karlsson and Ledrappier). Some reductions: w.l.o.g. $\Omega$ is a compact metric space and $\mathscr{B}$ is the Borel $\sigma$-algebra of $\Omega$ (cf. appendix A). W.l.o.g. $\mu$ is ergodic (otherwise work with its ergodic components). In the ergodic case, $s(\omega)=s$ a.e. where $s$ is a constant. W.l.o.g. $s>0$, otherwise the theorem holds trivially.

By Proposition 2.6, to prove the theorem it is enough to find a horofunction $D_{\omega}(\cdot)$ with the property that

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \frac{1}{n} D_{\omega}\left(f_{n}(\omega) x_{0}\right)=-s(\omega) . \tag{2.12}
\end{equation*}
$$

The trick is to write the expression $D\left(f_{n}(\omega) x_{0}\right)$ as an ergodic sum for some other dynamical system, and then apply the pointwise ergodic theorem.

We first extend the action of an isometry $\varphi$ on $X$ to an action on $\widehat{X}$. Recall that every $D \in \widehat{X}$ equals $\lim _{n \rightarrow \infty} D_{x_{n}}(\cdot)$ where $D_{x_{n}}(\cdot)=d\left(x_{n}, \cdot\right)-d\left(x_{n}, x_{0}\right)$. Define

$$
\begin{aligned}
\varphi(D)(z) & :=\lim _{n \rightarrow \infty} D_{\varphi\left(x_{n}\right)}(z) \\
& =\lim _{n \rightarrow \infty} d\left(\varphi\left(x_{n}\right), z\right)-d\left(\varphi\left(x_{n}\right), x_{0}\right)=\lim _{n \rightarrow \infty} d\left(x_{n}, \varphi^{-1}(z)\right)-d\left(x_{n}, \varphi^{-1}\left(x_{0}\right)\right) \\
& =\lim _{n \rightarrow \infty} d\left(x_{n}, \varphi^{-1}(z)\right)-d\left(x_{n}, x_{0}\right)+d\left(x_{n}, x_{0}\right)-d\left(x_{n}, \varphi^{-1}\left(x_{0}\right)\right) \\
& =D\left(\varphi^{-1}(z)\right)-D\left(\varphi^{-1}\left(x_{0}\right)\right) .
\end{aligned}
$$

In particular, the definition is independent of the choice of $D_{x_{n}}$, so the definition is proper. The identity $\varphi(D):=\lim D_{\varphi\left(x_{n}\right)}$ shows that $\varphi(D) \in \widehat{X}$. We write

$$
(\varphi \cdot D)(z):=\varphi(D)(z):=D\left(\varphi^{-1}(z)\right)-D\left(\varphi^{-1}\left(x_{0}\right)\right)
$$

This action preserves $\partial X$, because by Corollary $2.4, D \in \partial X \operatorname{iff}_{\inf _{X}} D=-\infty$ iff $\inf _{X} \varphi \cdot D=\inf D-D\left(\varphi^{-1}\left(x_{0}\right)\right)=-\infty$.

Define a map $S: \Omega \times \widehat{X} \rightarrow \Omega \times \widehat{X}$ by

$$
S:(\omega, D) \mapsto\left(T(\omega), f(\omega)^{-1} \cdot D\right)
$$

Notice that the second coordinate of the iterate $S^{k}(\omega, D)=\left(T^{k}(\omega), f_{k}(\omega)^{-1} \cdot D\right)$ is the horofunction $D\left(f_{k}(\omega) z\right)-D\left(f_{k}(\omega) x_{0}\right)$. Define $F: \Omega \times \widehat{X} \rightarrow \mathbb{R}$ by

$$
F(\omega, D):=D\left(f(\omega) x_{0}\right)
$$

then $\left(F \circ S^{k}\right)(\omega, D)=F\left(T^{k}(\omega), f_{k}(\omega)^{-1} \cdot D\right)=\left(f_{k}(\omega)^{-1} \cdot D\right)\left(f\left(T^{k} \omega\right) x_{0}\right)$ $=D\left(f_{k+1}(\omega) x_{0}\right)-D\left(f_{k}(\omega) x_{0}\right)$. Summing over $k$, we see that

$$
\sum_{k=0}^{n-1}\left(F \circ S^{k}\right)(\omega, D)=D\left(f_{n}(\omega) x_{0}\right)
$$

Technical step: To construct a probability measure $\widehat{\mu}_{0}$ on $\Omega \times \widehat{X}$ such that

1. $\widehat{\mu}_{0}$ is $S$-invariant, $S$-ergodic, and $\widehat{\mu}_{0}(\Omega \times \partial X)=1$;
2. $\widehat{\mu}_{0}$ projects to $\mu$ in the sense that $\widehat{\mu}_{0}(E \times \widehat{X})=\mu(E)$ for all $E \subset \Omega$ measurable;
3. $F \in L^{1}\left(\widehat{\mu}_{0}\right)$ and $\int F d \widehat{\mu}_{0}=-s$.

We give the details later. First we explain how to use such $\widehat{\mu}_{0}$ to prove the theorem. By the pointwise ergodic theorem,

$$
U:=\left\{(\omega, D) \in \Omega \times \partial X: \frac{1}{n} D\left(f_{n}(\omega) x_{0}\right) \underset{n \rightarrow \infty}{\longrightarrow} \int F d \widehat{\mu}_{0}=-s\right\}
$$

has full $\widehat{\mu}_{0}$-measure. Let $E:=\{\omega \in \Omega: \exists D \in \partial X$ s.t. $(\omega, D) \in U\}$, then $E \times \partial X \supseteq$ $U$, whence $\widehat{\mu}_{0}(E \times \partial X)=1$. Since $\widehat{\mu}_{0}$ projects to $\mu, \mu(E)=1$. So for a.e. $\omega \in$ $\Omega, \exists D_{\omega} \in \partial X$ with property (2.12). The theorem now follows from Proposition 2.14.

We now explain how to carry out the technical step. This requires some functionaltheoretic machinery which we now develop.

Let $C(\widehat{X})$ denote the space of continuous functions on $\widehat{X}$ equipped with the supremum norm. Since $\widehat{X}$ is compact and metrizable, $C(\widehat{X})$ is a separable Banach space. By the Riesz representation theorem, the dual space $C(\widehat{X})^{*}$ can be identified with the space of signed measures on $\widehat{X}$ with finite total variation.

A function $\varphi: \Omega \rightarrow C(\widehat{X})$ will be called measurable, if $(\omega, D) \mapsto \varphi(\omega)(D)$ is measurable with respect to the Borel structures of $C(\widehat{X})$ and $\Omega \times \widehat{X}$. It is easy to check using the separability of $\widehat{X}$ that in this case $\omega \mapsto\|\varphi(\omega)\|$ is Borel.

Let $\mathscr{L}^{1}(\Omega, C(\hat{X}))$ denote the space of measurable functions $\varphi: \Omega \rightarrow C(\widehat{X})$ such that $\int\|\varphi(\omega)\| d \mu<\infty$. Identifying $\varphi, \psi$ s.t. $\int\|\varphi-\psi\| d \mu=0$, we obtain a linear vector space

$$
L^{1}(\Omega, C(\widehat{X}))
$$

of equivalence classes of measurable functions $\varphi: \Omega \rightarrow C(\widehat{X})$ with norm $\|\varphi\|_{1}:=$ $\int\|\varphi(\omega)\| d \mu<\infty$. Here are some basic facts on $L^{1}(\Omega, C(\widehat{X}))$ [1, chapter 1]:

1. $L^{1}(\Omega, C(\widehat{X}))$ is a Banach space. We leave this as an exercise.
2. $L^{1}(\Omega, C(\widehat{X}))$ is separable: Every $\varphi \in L^{1}(\Omega, C(\widehat{X}))$ can be approximated in norm by a function of the form $\sum_{i=1}^{n} \varphi_{i}(D) 1_{E_{i}}(\omega)$ where $\varphi_{i}$ belong to a countable dense subset of $C(\widehat{X})$ and $E_{i}$ belongs to a countable subset of $\mathscr{F}$.
3. The unit ball in $L^{1}(\Omega, C(\widehat{X}))^{*}$ is sequentially compact with respect to the weakstar topology on $L^{1}(\Omega, C(\widehat{X}))^{*}$. This follows from the Banach-Alaoglu Theorem.
Notice that $F(\omega, D):=D\left(f(\omega) x_{0}\right)$ belongs to $\mathscr{L}^{1}(\Omega, C(\widehat{X})):$ (a) For fixed $\omega$, $F(\omega, \cdot)$ is continuous on $\widehat{X}$, because if $D_{k} \rightarrow D$ in $\widehat{X}$ then $D_{k} \rightarrow D$ pointwise (uniformly on compacts); (b) $F(\omega, D)$ is measurable, because it is not difficult to see that $F(\omega, D)$ is a limit of simple functions; (c) $F \in L^{1}$, because $|D(z)|=\left|D(z)-D\left(x_{0}\right)\right| \leq$ $d\left(z, x_{0}\right)$, so $\|F\|_{1} \leq \int_{\Omega} d\left(f(\omega) x_{0}, x_{0}\right) d \mu(\omega)<\infty$.

We are now ready to construct $\widehat{\mu}_{0}$.
We begin by noting that $\int(-F) d \widehat{v}_{0} \leq s$ for all $S$-ergodic invariant measures $\widehat{v}$ which project to $\mu$, so the $\widehat{\mu}_{0}$ we seek maximizes $\int(-F) d \widehat{v}_{0}$. To see this note that
for every $x, z \in X, D_{x}(z)=d(z, x)-d\left(x_{0}, x\right) \geq\left[d\left(x_{0}, x\right)-d\left(x_{0}, z\right)\right]-d\left(x, x_{0}\right)$, so

$$
\begin{equation*}
D_{x}(z) \geq-d\left(x_{0}, z\right) \text { with equality iff } z=x \tag{2.13}
\end{equation*}
$$

Passing to limits we find that $D(z) \geq-d\left(x_{0}, z\right)$ for all $D \in \widehat{X}$. In particular,

$$
\begin{aligned}
& \int(-F) d \widehat{v}=\int-\frac{1}{n} \sum_{k=0}^{n-1}\left(F \circ S^{k}\right) d \widehat{v}=-\frac{1}{n} \int D\left(f_{n}(\omega) \cdot x_{0}\right) d \widehat{v}(\omega, D) \\
& \leq \frac{1}{n} \int d\left(x_{0}, f_{n}(\omega) \cdot x_{0}\right) d \mu, \text { by (2.13) and the assumption that } \widehat{v} \text { projects to } \mu .
\end{aligned}
$$

As this holds for all $n, \int(-F) d \widehat{v} \leq \inf \frac{1}{n} \int d\left(x_{0}, f_{n}(\omega) \cdot x_{0}\right) d \mu \stackrel{!}{=} s$. Equality $\stackrel{!}{=}$ is due to the subadditive ergodic theorem for the cocycle $d\left(x_{0}, f_{n}(\omega) \cdot x_{0}\right)$.

We see that the measure we seek maximizes the expectation value of $(-F)$, or equivalently, of $-\frac{1}{n} \sum_{k=0}^{n-1} F \circ S^{k}$.

Recall that $-\frac{1}{n} \sum_{k=0}^{n-1} F \circ S^{k} \equiv-\frac{1}{n} D\left(f_{n}(\omega) x_{0}\right)$. By (2.13), this expression is maximized at $D=D_{f_{n}(\omega) x_{0}}$. Let

$$
\widehat{\eta}_{n}:=\int_{\Omega} \delta_{\left(\omega, D_{f_{n}(\omega) x_{0}}\right)} d \mu(\omega), \text { where } \delta_{(\omega, D)}:=\text { point mass at }(\omega, D)
$$

We have $-\frac{1}{n} \int \sum_{k=0}^{n-1} F \circ S^{k} d \widehat{\eta}_{n}=-\frac{1}{n} \int D_{f_{n}(\omega) x_{0}}\left(f_{n}(\omega) x_{0}\right) d \mu=\frac{1}{n} \int d\left(x_{0}, f_{n}(\omega) x_{0}\right) d \mu$. So $-\frac{1}{n} \int \sum_{k=0}^{n-1} F \circ S^{k} d \widehat{\eta}_{n} \geq s$. It is easy to see that $\widehat{\eta}_{n}$ projects to $\mu$.

But $\widehat{\eta}_{n}$ is not $S$-invariant. Let $\widehat{\mu}_{n}:=\frac{1}{n} \sum_{k=0}^{n-1} \widehat{\eta}_{n} \circ S^{-k}$. This measure still projects to $\mu$ (check!); $-\int F d \widehat{\mu}_{n}=-\frac{1}{n} \int \sum_{k=0}^{n-1} F \circ S^{k} d \widehat{\eta}_{n} \geq s$; and $\left|\widehat{\mu}_{n} \circ S^{-1}-\widehat{\mu}\right| \leq 2 / n$ (total variation norm).

We may think of $\widehat{\mu}_{n}$ as of positive bounded linear functional on $L^{1}(\Omega, \widehat{X})$ with norm 1. By the Banach-Alaoglu Theorem, there is a subsequence $\mu_{n_{k}}$ which converges weak-star in $L^{1}(\Omega, \widehat{X})^{*}$ to some positive $\widehat{\mu} \in L^{1}(\Omega, \widehat{X})^{*}$. This functional restricts to a functional in $C(\Omega \times \widehat{X})^{*}$, and therefore can be viewed as a positive finite measure on $\Omega \times \widehat{X}$. Abusing notation, we call this measure $\widehat{\mu}$.

- $\widehat{\mu}$ is a probability measure, because $\widehat{\mu}(1)=\lim \widehat{\mu}_{n_{k}}(1)=1$
- $\widehat{\mu}$ projects to $\mu$, because for every $E \in \mathscr{F}, g_{E}(\omega)(D):=1_{E}(\omega)$ belongs to $\mathscr{L}^{1}(\Omega, C(\widehat{X}))$, whence $\widehat{\mu}(E)=\widehat{\mu}\left(g_{E}\right)=\lim \widehat{\mu}_{n_{k}}\left(\varphi_{E}\right)=\lim \widehat{\mu}_{n_{k}}(E)=\mu(E)$.
- $\widehat{\mu}$ is $S$-invariant, because if $g \in C(\Omega \times \widehat{X})$, then $g, g \circ S \in \mathscr{L}^{1}(\Omega, C(\widehat{X}))$, whence $|\widehat{\mu}(g)-\widehat{\mu}(g \circ S)|=\lim \left|\widehat{\mu}_{n_{k}}(g)-\widehat{\mu}_{n_{k}}(g \circ S)\right|=0$.
- $\widehat{\mu}(-F)=s$ : The inequality $\leq$ is because of the $S$-invariance of $\widehat{\mu}$. The inequality $\geq$ is because $F \in \mathscr{L}^{1}(\Omega, C(\widehat{X}))$, whence $\widehat{\mu}(-F)=\lim \widehat{\mu}_{n_{k}}(-F) \geq s$.
(These arguments require weak ${ }^{*}$ convergence in $L^{1}(\Omega, C(\widehat{X}))^{*}$, not just weak ${ }^{*}$ convergence of measures, because in general $g_{E}, F, g \circ S \notin C(\Omega \times \widehat{X})$.)

We found an $S$-invariant probability measure $\widehat{\mu}$ which projects to $\mu$ and so that $\widehat{\mu}(-F)=s$. But $\widehat{\mu}$ is not necessarily ergodic.

Let $\widehat{\mu}=\int_{\Omega \times \partial X} \widehat{\mu}_{(\omega, D)} d \widehat{\mu}$ be its ergodic decomposition. Then: (a) almost every ergodic component is ergodic and invariant; (b) Almost every ergodic component
projects to $\mu$ (prove using the extremality $\mu$ ); (c) Almost every ergodic component gives $(-F)$ integral $s$, because $\widehat{\mu}_{(\omega, D)}(-F) \leq s$ for a.e. $(\omega, D)$ by $S$-invariance, and the inequality cannot be strict on a set with positive measure as this would imply that $\widehat{\mu}(-F)<s$.

So a.e. ergodic component $\widehat{\mu}_{0}$ of $\widehat{\mu}$ is ergodic, invariant, projects to $\mu$, and satisfied $\int F d \widehat{\mu}_{0}=-s$. It remains to check that $\widehat{\mu}_{0}$ is carried by $\Omega \times \partial X$. This is because by the ergodic theorem, for $\widehat{\mu}$-a.e. $(\omega, D)$

$$
\frac{1}{n} D\left(f_{n}(\omega) x_{0}\right) \equiv-\frac{1}{n} \sum_{k=0}^{n-1}\left(F \circ S^{k}\right)(\omega, D) \underset{n \rightarrow \infty}{\longrightarrow}-s<0
$$

whence $\inf _{X} D=-\infty$. By corollary $2.4, D \in \partial X$. The construction of $\widehat{\mu}_{0}$ is complete. As explained above, the theorem follows.

### 2.7.3 A geometric proof of the multiplicative ergodic theorem

We explain how to obtain the multiplicative ergodic theorem as a special case of the Karlsson-Margulis ergodic theorem. We begin with some notation and terminology.

- $\log :=\ln , \log ^{+} t=\max \{\log t, 0\}$
- Vectors in $\mathbb{R}^{d}$ are denoted by $v, w$ etc. $\langle v, w\rangle=\sum v_{i} w_{i}$ and $\|v\|=\sqrt{\langle v, v\rangle}$.
- The space of $d \times d$ matrices with real entries will be denote by $M_{d}(\mathbb{R})$.
- $\operatorname{diag}\left(\lambda_{1}, \ldots, \lambda_{d}\right):=\left(a_{i j}\right) \in M_{d}(\mathbb{R})$ where $a_{i i}:=\lambda_{i}$ and $a_{i j}=0$ for $i \neq j$
- $I:=$ identity matrix $=\operatorname{diag}(1, \ldots, 1)$
- For a matrix $A=\left(a_{i j}\right) \in M_{d}(\mathbb{R}), \operatorname{Tr}(A):=\sum a_{i i}$ (the trace), and $\operatorname{Tr}^{1 / 2}(A):=$ $\sqrt{\operatorname{Tr}(A)} \cdot A^{t}:=\left(a_{j i}\right)$ (the transpose). $\|A\|:=\sup _{\|v\| \leq 1}\|A v\|$.

$$
\exp (A):=I+\sum_{k=1}^{\infty} A^{k} / k!
$$

- $\operatorname{GL}(d, \mathbb{R}):=\left\{A \in M_{d}(\mathbb{R}): A\right.$ is invertible $\}$
- $\operatorname{Sym}(d, \mathbb{R}):=\left\{A \in M_{d}(\mathbb{R}): A\right.$ is symmetric, i.e. $\left.A^{t}=A\right\}$
- $O_{d}(\mathbb{R}):=\left\{A \in M_{d}(\mathbb{R}): A\right.$ is orthogonal, i.e. $\left.A^{t} A=i\right\}$
- $\operatorname{Pos}_{d}(\mathbb{R}):=\left\{A \in \operatorname{Sym}_{d}(\mathbb{R}): A\right.$ positive definite, i.e. $\left.\forall v \in \mathbb{R}^{d} \backslash\{0\},\langle A v, v\rangle \supsetneqq 0\right\}$.
- Orthogonal diagonalization: $P \in \operatorname{Pos}_{d}(\mathbb{R}) \Leftrightarrow \exists O \in O_{d}(\mathbb{R})$ such that $O P O^{t}=$ $\operatorname{diag}\left(\lambda_{1}, \ldots, \lambda_{d}\right)$ and $\lambda_{i}>0$ for all $i$.
- Positive definite matrices have roots: $\forall P \in \operatorname{Pos}_{d}(\mathbb{R}), \forall m \in \mathbb{N} \exists Q \in \operatorname{Pos}_{d}(\mathbb{R})$ s.t. $P=Q^{m}$. Take $Q:=O^{t} \operatorname{diag}\left(\lambda_{1}^{1 / m}, \ldots, \lambda_{d}^{1 / m}\right) O$. We write $Q=P^{1 / m}$
- Positive definite matrices have logarithms: $\forall P \in \operatorname{Pos}_{d}(\mathbb{R}), \exists!S \in \operatorname{Sym}_{d}(\mathbb{R})$ s.t. $P=\exp (S)$. Take $S:=O^{t} \operatorname{diag}\left(\log \lambda_{1}, \ldots, \log \lambda_{d}\right) O$. We write $S:=\log P$

Proposition 2.7. $\mathrm{GL}(d, \mathbb{R})$ acts transitively on $\operatorname{Pos}_{d}(\mathbb{R})$ by $A \cdot P=A P A^{t}$, i.e.:

1. $\forall A \in \mathrm{GL}(d, \mathbb{R}), \forall P \in \operatorname{Pos}_{d}(\mathbb{R}), A \cdot P \in \operatorname{Pos}_{d}(\mathbb{R})$
2. $\forall A, B \in \mathrm{GL}(d, \mathbb{R}), \forall P \in \operatorname{Pos}_{d}(\mathbb{R}),(A B) \cdot P=A \cdot(B \cdot P)$
3. $\forall P, Q \in \operatorname{Pos}_{d}(\mathbb{R}), \exists A \in \mathrm{GL}(d, \mathbb{R})$ s.t. $A \cdot P=Q$

Proof. Suppose $A \in \mathrm{GL}(d, \mathbb{R}), P \in \operatorname{Pos}_{d}(\mathbb{R})$. Clearly $A P A^{t}$ is symmetric. It is positive definite, because for every $v \neq 0,\left\langle A P A^{t} v, v\right\rangle=\left\langle P A^{t} v, A^{t} v\right\rangle>0$ by the positive definiteness of $P$ and the invertibility of $A^{t}$. This proves (1). (2) is trivial. (3) is because $A \cdot P=Q$ for $A:=Q^{1 / 2}\left(P^{-1}\right)^{1 / 2}$. Here we use the elementary fact that $P \in \operatorname{Pos}_{d}(\mathbb{R}) \Rightarrow P$ is invertible and $P^{-1} \in \operatorname{Pos}_{d}(\mathbb{R})$.

Theorem 2.15. There exists a unique metric $d$ on $\operatorname{Pos}_{d}(\mathbb{R})$ as follows:

1. For all $A \in \mathrm{GL}(d, \mathbb{R}), P \mapsto A \cdot P$ is an isometry of $\operatorname{Pos}_{d}(\mathbb{R})$ i.e.

$$
d\left(A P A^{t}, A Q A^{t}\right)=d(P, Q) \quad\left(P, Q \in \operatorname{Pos}_{d}(\mathbb{R})\right)
$$

2. If $S$ is symmetric and $\operatorname{Tr}\left(S^{2}\right)=1$, then $\gamma(t):=\exp (t S)$ is a geodesic ray. Any geodesic which starts from the identity matrix has this form.
This metric turns $\operatorname{Pos}_{d}(\mathbb{R})$ into a proper CAT (0) geodesic space.
For details and proof, see Bridson \& Haefliger: Metric spaces of non-positive curvature, Springer 1999, chapter II. 10.

Lemma 2.3. For every $A \in \operatorname{GL}(d, \mathbb{R}), d(I, A \cdot I)=2 \sqrt{\sum_{i=1}^{d}\left(\log \lambda_{i}\right)^{2}}$, where $\lambda_{i}$ are singular values of $A$ (the eigenvalues of $\sqrt{A A^{t}}$ ).

Proof. The idea is to find the geodesic from $I$ to $A \cdot I$. Such geodesics take the form $\gamma(\tau)=\exp (\tau S)$ for $S \in \operatorname{Sym}_{d}(\mathbb{R})$ s.t. $\operatorname{Tr}\left(S^{2}\right)=1$. To find $S$ we write $A \cdot I=A A^{t}=$ $\exp \left(\log A A^{t}\right)$. This leads naturally to the solution

$$
S:=t^{-1}\left(\log A A^{t}\right), \text { and } t:=\operatorname{Tr}^{1 / 2}\left[\log A A^{t}\right]^{2}
$$

It follows that $A \cdot I=\exp (t S)$ whence $d(I, A \cdot I)=t=\operatorname{Tr}^{1 / 2}\left[\log A A^{t}\right]^{2}$.
To calculate the trace we use the well-known singular value decomposition of $A$ : $A=O_{1} \operatorname{diag}\left(\lambda_{1}, \ldots, \lambda_{d}\right) O_{2}^{t}$ for some $O_{1}, O_{2} \in O_{d}(\mathbb{R})$. So

$$
\left(\log A A^{t}\right)^{2}=O_{1} \operatorname{diag}\left(4\left(\log \lambda_{1}\right)^{2}, \ldots, 4\left(\log \lambda_{d}\right)^{2}\right) O_{1}^{t}
$$

whence $d(I, A \cdot I)=t=\operatorname{Tr}^{1 / 2}\left[\log A A^{t}\right]^{2}=2 \sqrt{\sum_{i=1}^{d}\left(\log \lambda_{i}\right)^{2}}$.
Corollary 2.5. For every $A \in \operatorname{GL}(d, \mathbb{R})$ we have the estimate

$$
\max \left\{|\log \|A\||,\left|\log \left\|A^{-1}\right\|\right|\right\} \leq d(I, A \cdot I) \leq 2 \sqrt{d} \max \left\{|\log \|A\||,\left|\log \left\|A^{-1}\right\|\right|\right\}
$$

Proof. Let $\lambda_{1}, \ldots, \lambda_{d}$ denote the singular values of $A$ (the eigenvalues of $\sqrt{A^{t} A}$ ), and let $\lambda_{\text {max }}:=\max \left\{\lambda_{1}, \ldots, \lambda_{d}\right\}, \lambda_{\text {min }}:=\min \left\{\lambda_{1}, \ldots, \lambda_{d}\right\}$.

It is well-known that $\|A\|=\lambda_{\text {max }},\left\|A^{-1}\right\|=1 / \lambda_{\text {min }} .{ }^{6}$ The corollary follows from the lemma 2.3 and the identity $\max \left\{\left(\log \lambda_{i}\right)^{2}\right\}=2 \max \left\{\left|\log \lambda_{\max }\right|,\left|\log \lambda_{\min }\right|\right\}$.
Lemma 2.4. Suppose $P_{n}, P \in \operatorname{Pos}_{d}(\mathbb{R})$. If $d\left(P_{n}, P\right) \xrightarrow[n \rightarrow \infty]{\longrightarrow} 0$ where $d$ is the metric in Theorem 2.15, then $\left\|P_{n}-P\right\| \xrightarrow[n \rightarrow \infty]{\longrightarrow} 0$.

Proof. For every $Q \in \operatorname{Pos}_{d}(\mathbb{R}), Q=Q^{1 / 2} \cdot I$. So $d\left(P_{n}, P\right) \rightarrow 0$ implies that
$\delta_{n}:=d\left(I, P^{-1 / 2} P_{n} P^{-1 / 2}\right)=d\left(I, P^{-1 / 2} P_{n}^{1 / 2} \cdot I\right)=d\left(P^{1 / 2} \cdot I, P_{n}^{1 / 2} \cdot I\right)=d\left(P, P_{n}\right) \underset{n \rightarrow \infty}{\longrightarrow} 0$.
Let $\gamma_{n}(t)$ denote the geodesic ray from $I$ to $P^{-1 / 2} P_{n} P^{-1 / 2}$, then $\gamma_{n}(t)=\exp \left(t S_{n}\right)$ for some symmetric matrix $S_{n}$ such that $\operatorname{Tr}\left[S_{n}^{2}\right]=1$. This gives us the identity

$$
P^{-1 / 2} P_{n} P^{-1 / 2}=\exp \left[\delta_{n} S_{n}\right], \text { with } \delta_{n} \rightarrow 0, S_{n} \in \operatorname{Sym}_{d}(\mathbb{R}), \operatorname{Tr}\left[S^{2}\right]=1
$$

We claim that $\exp \left[\delta_{n} S_{n}\right] \rightarrow I$ in norm. To see this we first diagonalize $S_{n}$ orthogonally: $S_{n}=O_{n} \operatorname{diag}\left(\lambda_{1}(n), \ldots, \lambda_{d}(n)\right) O_{n}^{t}$ where $O_{n} \in O_{d}(\mathbb{R}), \sum_{i=1}^{d} \lambda_{i}(n)^{2}=\operatorname{Tr}\left[S_{n}^{2}\right]=$ 1. Using the identities $\exp \operatorname{diag}\left(\lambda_{1}, \ldots, \lambda_{d}\right)=\operatorname{diag}\left(e^{\lambda_{1}}, \ldots, e^{\bar{\lambda}_{d}}\right)$ and $\exp \left(O A O^{t}\right)$ $=O(\exp A) O^{t}$ for $O \in O_{d}(\mathbb{R})$, we find that

$$
P^{-1 / 2} P_{n} P^{-1 / 2}=\exp \left[\delta_{n} S_{n}\right]=O_{n} \operatorname{diag}\left(e^{\delta_{n} \lambda_{1}(n)}, \ldots, e^{\delta_{n} \lambda_{d}(n)}\right) O_{n}^{t}
$$

Since $\sum \lambda_{i}(n)^{2}=1$, the middle term tends to $I$ in norm, whence by the orthogonality of $O_{n},\left\|P^{-1 / 2} P_{n} P^{-1 / 2}-I\right\| \rightarrow 0$. It follows that $\left\|P_{n}-P\right\| \rightarrow 0$.

Multiplicative Ergodic Theorem: Let $(\Omega, \mathscr{B}, \mu, T)$ be a ppt on a standard probability space, and $A: \Omega \rightarrow \mathrm{GL}(d, \mathbb{R})$ a measurable function s.t. $\log \|A\|, \log \left\|A^{-1}\right\|$ are absolutely integrable. If $A_{n}(\omega):=A(\omega) A(T \omega) \cdots A\left(T^{n-1} \omega\right)$ then the limit $\Lambda:=\lim _{n \rightarrow \infty}\left(A_{n} A_{n}^{t}\right)^{1 / 2 n}$ exists a.e., and $\frac{1}{n} \log \left\|\Lambda^{-n} A_{n}\right\|, \frac{1}{n} \log \left\|A_{n}^{-1} \Lambda^{n}\right\| \xrightarrow[n \rightarrow \infty]{\longrightarrow} 0$ a.e.

Proof. The idea is to apply the Karlsson-Margulis ergodic theorem to the space $X:=\operatorname{Pos}_{d}(\mathbb{R})$, the origin $x_{0}:=I$, and the isometric action $A(\omega) \cdot P:=A(\omega) P A(\omega)^{t}$. First we need to check the integrability condition:
Step 1. $\int d\left(x_{0}, A(\omega) \cdot x_{0}\right) d \mu<\infty$.
This follows from by corollary 2.5 .
Step 2. For a.e. $\omega$ the following limit exists: $s(\omega):=\lim _{n \rightarrow \infty} \frac{1}{n} d\left(I, A_{n}(\omega) \cdot I\right)$.
Proof. It is easy to see using the triangle inequality and the fact that $\operatorname{GL}(d, \mathbb{R})$ acts isometrically on $\operatorname{Pos}_{d}(\mathbb{R})$ that $g^{(n)}(\omega):=d\left(I, A_{n}(\omega) \cdot I\right)$ is a sub-additive cocycle. The step follows from the sub-additive ergodic theorem.
Step 3. Construction of $\Lambda(\omega)$ s.t. $\frac{1}{n} \log \left\|A_{n}(\omega)^{-1} \Lambda(\omega)^{n}\right\| \xrightarrow[n \rightarrow \infty]{ } 0$ a.e.

[^11]The Karlsson-Margulis ergodic theorem provides, for a.e. $\omega$, a geodesic ray $\gamma_{\omega}(t)$ emanating from $I$ such that

$$
d\left(A_{n}(\omega) \cdot I, \gamma_{\omega}(n s(\omega))=o(n)\right.
$$

By theorem 2.15, $\gamma_{\omega}(t)=\exp (t S(\omega))$, for $S(\omega) \in \operatorname{Sym}_{d}(\mathbb{R})$ s.t. $\operatorname{Tr}\left[S^{2}\right]=1$. Let

$$
\Lambda(\omega):=\exp \left(\frac{1}{2} s(\omega) S(\omega)\right)
$$

Then $\Lambda \in \operatorname{Pos}_{d}(\mathbb{R}), d\left(A_{n} \cdot I, \Lambda^{2 n}\right)=o(n)$, and by Corollary 2.5

$$
\begin{aligned}
& \max \left\{\left|\log \left\|A_{n}^{-1} \Lambda^{n}\right\|\right|,\left|\log \left\|\Lambda^{-n} A_{n}\right\|\right|\right\} \asymp d\left(I, A_{n}^{-1} \Lambda^{n} \cdot I\right)=d\left(A_{n} \cdot I, \Lambda^{n} \cdot I\right) \\
& =d\left(A_{n} \cdot I, \Lambda^{2 n}\right) \equiv d\left(A_{n} \cdot I, \gamma_{\omega}(s(\omega) n)\right)=o(n)
\end{aligned}
$$

Step 4. For a.e. $\omega,\left(A_{n}(\omega) A_{n}(\omega)^{t}\right)^{1 / 2 n} \underset{n \rightarrow \infty}{\longrightarrow} \Lambda(\omega)$.
Proof. Fix $\omega$ such that $d\left(A_{n} \cdot I, \Lambda^{2 n}\right)=o(n)$. Given $n$, consider the geodesic triangle with vertices $I, A_{n} \cdot I, \Lambda^{2 n}=\gamma_{\omega}(n s)$.

- The geodesic connecting $I, A_{n} \cdot I$ equals $\gamma_{1}(t):=\exp \left[c_{n} t \log A_{n} A_{n}^{t}\right], 0 \leq t \leq$ $d\left(I, A_{n} A_{n}^{t}\right)$, where $c_{n}:=1 / d\left(I, A_{n} A_{n}^{t}\right)$. It contains the point

$$
A_{n}^{\prime}:=\left(A_{n} A_{n}^{t}\right)^{1 / 2 n}=\exp \left[\frac{1}{2 n} \log A_{n} A_{n}^{t}\right]=\gamma_{1}\left(\frac{1}{2 n c_{n}}\right)
$$

So $d\left(I, A_{n}^{\prime}\right)=d\left(\gamma_{1}(0), \gamma_{1}\left(\frac{1}{2 n c_{n}}\right)\right)=\frac{1}{2 n c_{n}}=\frac{1}{2 n} d\left(I, A_{n} A_{n}^{t}\right)=\frac{1}{2 n} d\left(I, A_{n} \cdot I\right)$.

- The geodesic connecting $I, \Lambda^{2 n}$ is $\gamma_{\omega}(t)=\exp (t S), 0 \leq t \leq 2 n$. It contains the point $\Lambda=\gamma_{\omega}(s / 2)$. Again, $d\left(I, \Lambda^{2}\right)=s / 2=\frac{1}{2 n} d\left(I, \Lambda^{2 n}\right)$.
- The geodesic connecting $A_{n} \cdot I, \Lambda^{2 n}$ has length $d\left(A_{n} \cdot I, \gamma_{\omega}(n s)\right)=o(n)$.

We now consider the Euclidean comparison triangle $\bar{I}, \overline{A_{n} \cdot I}, \overline{\Lambda^{2 n}}$. The Euclidean triangle generated by $\bar{I}, \overline{A_{n}^{\prime}}, \bar{\Lambda}$ is similar to the euclidean triangle $\bar{I}, \overline{A_{n}^{\prime}}, \bar{\Lambda}$, and has sides $\frac{1}{2 n} \times$ the lengths of the sides of that triangle. So

$$
d_{\mathbb{R}^{2}}\left(\overline{A_{n}^{\prime}}, \bar{\Lambda}\right)=\frac{1}{2 n} d_{\mathbb{R}^{2}}\left(\overline{A_{n} \cdot I}, \overline{\Lambda^{2 n}}\right) \equiv \frac{1}{2 n} d\left(A_{n} \cdot I, \gamma_{\omega}(n s)\right)=o(1)
$$

By the $\mathrm{CAT}(0)$ property $d\left(A_{n}^{\prime}, \Lambda\right) \leq d_{\mathbb{R}^{2}}\left(\overline{A_{n}^{\prime}}, \bar{\Lambda}\right)=o(1)$.
Equivalently, $d\left(\left(A_{n} A_{n}^{t}\right)^{1 / 2 n}, \Lambda\right) \rightarrow 0$. By Lemma 2.4, $\left\|\left(A_{n} A_{n}^{t}\right)^{1 / 2 n}-\Lambda\right\| \rightarrow 0$.

## Problems

### 2.1. The Mean Ergodic Theorem for Contractions

Suppose $H$ is a Hilbert space, and $U: H \rightarrow H$ is a bounded linear operator such that
$\|U\| \leq 1$. Prove that $\frac{1}{N} \sum_{k=0}^{N-1} U^{k} f$ converges in norm for all $f \in H$, and the limit is the projection of $f$ on the space $\{f: U f=f\}$.

### 2.2. Ergodicity as a mixing property

Prove that a ppt $(X, \mathscr{B}, \mu, T)$ is ergodic, iff for every $A, B \in \mathscr{B}, \frac{1}{N} \sum_{k=0}^{N-1} \mu(A \cap$ $\left.T^{-k} B\right) \underset{N \rightarrow \infty}{\longrightarrow} \mu(A) \mu(B)$.
2.3. Use the pointwise ergodic theorem to show that any two different ergodic invariant probability measures for the same transformation are mutually singular.

### 2.4. Ergodicity and extremality

An invariant probability measure $\mu$ is called extremal, if it cannot be written in the form $\mu=t \mu_{1}+(1-t) \mu_{2}$ where $\mu_{1}, \mu_{2}$ are different invariant probability measures, and $0<t<1$. Prove that an invariant measure is extremal iff it is ergodic, using the following steps.

1. Show that if $E$ is a $T$-invariant set of non-zero measure, then $\mu(\cdot \mid E)$ is a $T$ invariant measure. Deduce that if $\mu$ is not ergodic, then it is not extremal.
2. Show that if $\mu$ is ergodic, and $\mu=t \mu_{1}+(1-t) \mu_{2}$ where $\mu_{i}$ are invariant, and $0<t<1$, then
a. For every $E \in \mathscr{B}, \frac{1}{N} \sum_{k=0}^{N-1} 1_{E} \circ T^{k} \xrightarrow[N \rightarrow \infty]{\longrightarrow} \mu(E) \mu_{i}-$ a.e. $(i=1,2)$.
b. Conclude that $\mu_{i}(E)=\mu(E)$ for all $E \in \mathscr{B}(i=1,2)$. This shows that ergodicity implies extremality.
2.5. Prove that the Bernoulli $\left(\frac{1}{2}, \frac{1}{2}\right)$-measure is the invariant probability measure for the adding machine (Problem 1.10), by showing that all cylinders of length $n$ must have the same measure as $\left[0^{n}\right]$. Deduce from the previous problem that the adic machine is ergodic.
2.6. Explain why when $f \in L^{2}, \mathbb{E}(f \mid \mathscr{F})$ is the projection of $f$ on $L^{2}(\mathscr{F})$. Prove:
3. If $\mathscr{F}=\{\varnothing, A, X \backslash A\}$, then $\mathbb{E}\left(1_{B} \mid \mathscr{F}\right)=\mu(B \mid A) 1_{A}+\mu\left(B \mid A^{c}\right) 1_{A^{c}}$
4. If $\mathscr{F}=\{\varnothing, X\}$, then $\mathbb{E}(f \mid \mathscr{F})=\int f d \mu$
5. If $X=[-1,1]$ with Lebesgue measure, and $\mathscr{F}=\{A: A$ is Borel and $-A=A\}$, then $\mathbb{E}(f \mid \mathscr{F})=\frac{1}{2}[f(x)+f(-x)]$

### 2.7. Prove:

1. $f: \mapsto \mathbb{E}(f \mid \mathscr{F})$ is linear, and a contraction in the $L^{1}$-metric
2. $f \geq 0 \Rightarrow \mathbb{E}(f \mid \mathscr{F}) \geq 0$ a.e.
3. if $\varphi$ is convex, then $\mathbb{E}(\varphi \circ f \mid \mathscr{F}) \leq \varphi(\mathbb{E}(f \mid \mathscr{F}))$
4. if $h$ is $\mathscr{F}$-measurable, then $\mathbb{E}(h f \mid \mathscr{F})=h \mathbb{E}(f \mid \mathscr{F})$
5. If $\mathscr{F}_{1} \subset \mathscr{F}_{2}$, then $\mathbb{E}\left[\mathbb{E}\left(f \mid \mathscr{F}_{2}\right) \mid \mathscr{F}_{1}\right]=\mathbb{E}\left(f \mid \mathscr{F}_{1}\right)$
2.8. $\mathbf{A} \mathbb{Z}^{d}$-PET along more general sequences of boxes (Tempelman). A family of boxes $\left\{I_{r}\right\}_{r \geq 1}$ is called regular (with constant $C$ ) if there exists an increasing sequence of boxes $\left\{I_{r}^{\prime}\right\}_{r^{\prime} \geq 1}$ which tends to $\mathbb{Z}_{+}^{d}$ s.t. $\left|I_{r}\right| \leq C\left|I_{r}^{\prime}\right|$ for all $r$
6. Show that the following sequences are regular:
a. Any increasing sequence of boxes which tends to $\mathbb{Z}_{+}^{d}$
b. $I_{r}:=\left[r, r+r^{2}\right]$ (in dimension one)
c. $I_{r}:=[\underline{0}, \underline{n}(r))$ where $\underline{n}(k) \in \mathbb{Z}_{+}^{d}$ is a sequence of vectors which tends to infinity "in a sector" in the sense that (a) $\min \left\{n_{1}(k), \ldots, n_{d}(k)\right\} \underset{k \rightarrow \infty}{\longrightarrow}$, and (b) for some constant $K \max _{1 \leq i, j \leq d}\left(\frac{n_{i}(k)}{n_{j}(k)}\right) \leq K$ for all $k$.
7. Suppose $T_{1}, \ldots, T_{d}$ are commuting measure preserving maps on a probability space $(\Omega, \mathscr{F}, \mu)$, and $\left\{I_{r}\right\}_{r \geq 1}$ is a regular sequence of boxes with constant $C$.
a. Prove the following maximal inequality: If $\varphi \in L^{1}$ is non-negative, then for all $\alpha>0, \mu\left[\sup _{r} \frac{1}{\left|I_{r}\right|} S_{I_{r}} \varphi>\alpha\right]<C 2^{d}\|\varphi\|_{1} / \alpha$.
b. Deduce that if $f \in L^{1}$, then $\frac{1}{\left|I_{r}\right|} S_{I_{r}} f \underset{r \rightarrow \infty}{ } \mathbb{E}\left(f \mid \Im \mathfrak{I n v}\left(T_{1}\right) \cap \cdots \cap \Im \mathfrak{I n v}\left(T_{d}\right)\right)$ a.e.

### 2.9. The Martingale Convergence Theorem (Doob)

Suppose $(X, \mathscr{B}, \mu)$ is a probability space, and $\mathscr{F}_{1} \subset \mathscr{F}_{2} \subset \cdots$ are $\sigma$-algebras all of which are contained in $\mathscr{B}$. Let $\mathscr{F}:=\sigma\left(\bigcup_{n \geq 1} \mathscr{F}_{n}\right)$ (the smallest $\sigma$-algebra containing the union). If $f \in L^{1}$, then $\mathbb{E}\left(f \mid \mathscr{F}_{n}\right) \xrightarrow[n \rightarrow \infty]{\longrightarrow} \mathbb{E}(f \mid \mathscr{F})$ a.e. and in $L^{1}$

Prove this theorem, using the following steps (W. Parry). It is enough to consider non-negative $f \in L^{1}$.

1. Prove that $\mathbb{E}\left(f \mid \mathscr{F}_{n}\right) \xrightarrow[n \rightarrow \infty]{L^{1}} \mathbb{E}(f \mid \mathscr{F})$ using the following observations:
a. The convergence holds for all elements of $\bigcup_{n \geq 1} L^{1}\left(X, \mathscr{F}_{n}, \mu\right)$;
b. $\bigcup_{n \geq 1} L^{1}\left(X, \mathscr{F}_{n}, \mu\right)$ is dense in $L^{1}(X, \mathscr{F}, \mu)$.
2. Set $E_{a}:=\left\{x: \max _{1 \leq n \leq N} \mathbb{E}\left(f \mid \mathscr{F}_{n}\right)(x)>a\right\}$. Show that $\mu\left(E_{a}\right) \leq \frac{1}{a} \int f d \mu$. (Hint: $E=\biguplus_{n \geq 1}\left\{x: \mathbb{E}\left(f \mid \overline{\mathscr{F}}_{n}\right)^{\prime}(x)>\lambda\right.$, and $\mathbb{E}\left(f \mid \mathscr{F}_{k}\right)(x) \leq \lambda$ for $\left.k=1, \ldots, n-1\right\}$.)
3. Prove that $\mathbb{E}\left(f \mid \mathscr{F}_{n}\right) \xrightarrow[n \rightarrow \infty]{\longrightarrow} \mathbb{E}(f \mid \mathscr{F})$ a.e. for every non-negative $f \in L^{1}$, using the following steps. Fix $f \in L^{1}$. For every $\varepsilon>0$, choose $n_{0}$ and $g \in L^{1}\left(X, \mathscr{F}_{n_{0}}, \mu\right)$ such that $\|\mathbb{E}(f \mid \mathscr{F})-g\|_{1}<\varepsilon$.
a. Show that $\left|\mathbb{E}\left(f \mid \mathscr{F}_{n}\right)-\mathbb{E}(f \mid \mathscr{F})\right| \leq \mathbb{E}\left(|f-g| \mid \mathscr{F}_{n}\right)|+|\mathbb{E}(f \mid \mathscr{F})-g|$ for all $n \geq$ $n_{0}$. Deduce that

$$
\begin{aligned}
\mu\left[\limsup _{n \rightarrow \infty}\left|\mathbb{E}\left(f \mid \mathscr{F}_{n}\right)-\mathbb{E}(f \mid \mathscr{F})\right|>\sqrt{\varepsilon}\right] & \leq \mu\left[\sup _{n}\left|\mathbb{E}\left(|f-g| \mid \mathscr{F}_{n}\right)\right|>\frac{1}{2} \sqrt{\varepsilon}\right] \\
& +\mu\left[|\mathbb{E}(f \mid \mathscr{F})-g|>\frac{1}{2} \sqrt{\varepsilon}\right]
\end{aligned}
$$

b. Show that $\mu\left[\limsup _{n \rightarrow \infty}\left|\mathbb{E}\left(f \mid \mathscr{F}_{n}\right)-\mathbb{E}(f \mid \mathscr{F})\right|>\sqrt{\varepsilon}\right] \underset{\varepsilon \rightarrow 0^{+}}{\longrightarrow} 0$. (Hint: Prove first that for every $L^{1}$ function $F, \mu[|F|>a] \leq \frac{1}{a}\|F\|_{1}$.)
c. Finish the proof.

### 2.10. Hopf's ratio ergodic theorem

Let $(X, \mathscr{B}, \mu, T)$ be a conservative ergodic mpt on a $\sigma$-finite measure space. If $f, g \in$ $L^{1}$ and $\int g \neq 0$, then $\frac{\sum_{k=0}^{n-1} f \circ T^{k}}{\sum_{k=0}^{n-1} g \circ T^{k}} \xrightarrow[n \rightarrow \infty]{\longrightarrow} \frac{\int f d \mu}{\int g d \mu}$ almost everywhere.
Prove this theorem using the following steps (R. Zweimüller). Fix a set $A \in \mathscr{B}$ s.t. $0<\mu(A)<\infty$, and let $\left(A, \mathscr{B}_{A}, T_{A}, \mu_{A}\right)$ denote the induced system on $A$ (problem 1.14). For every function $F$, set

$$
\begin{aligned}
& S_{n} F:=F+F \circ T+\cdots+F \circ T^{n-1} \\
& S_{n}^{A} F:=F+F \circ T_{A}+\cdots+F \circ T_{A}^{n-1}
\end{aligned}
$$

1. Read problem 1.14, and show that a.e. $x$ has an orbit which enters $A$ infinitely many times. Let $0<\tau_{1}(x)<\tau_{2}(x)<\cdots$ be the times when $T^{\tau}(x) \in A$.
2. Suppose $f \geq 0$. Prove that for every $n \in\left(\tau_{k-1}(x), \tau_{k}(x)\right]$ and a.e. $x \in A$,

$$
\frac{\left(S_{k-1}^{A} f\right)(x)}{\left(S_{k}^{A} 1_{A}\right)(x)} \leq \frac{\left(S_{n} f\right)(x)}{\left(S_{n} 1_{A}\right)(x)} \leq \frac{\left(S_{k}^{A} f\right)(x)}{\left(S_{k-1}^{A} 1_{A}\right)(x)}
$$

3. Verify that $S_{j}^{A} 1_{A}=j$ a.e. on $A$, and show that $\left(S_{n} f\right)(x) /\left(S_{n} 1_{A}\right)(x) \underset{n \rightarrow \infty}{\longrightarrow} \frac{1}{\mu(A)} \int f d \mu$ a.e. on $A$.
4. Finish the proof.

## Notes for chapter 2

For a comprehensive reference to ergodic theorems, see [7]. The mean ergodic theorem was proved by von Neumann, and the pointwise ergodic theorem was proved by Birkhoff. By now there are many proofs of Birkhoff's theorem; the one we use is taken from [6], where it is attributed to Kamae - who found it using ideas from nonstandard analysis. The subadditive ergodic theorem was first proved by Kingman. The proof we give is due to Steele [11]. The proof of Tempelman's pointwise ergodic theorem for $\mathbb{Z}^{d}$ is taken from [7]. For ergodic theorems for the actions of other amenable groups see [8]. The multiplicative ergodic theorem is due to Oseledets. The "linear algebra" proof is due to Raghunathan and Ruelle, and is taken from [10]. The geometric approach to the multiplicative ergodic theorem is due to Kaimanovich [3] who used it to generalize that theorem to homogeneous spaces other than $\operatorname{Pos}_{d}(\mathbb{R})$. The ergodic theorem for isometric actions on CAT( 0 ) spaces is due to Karlsson \& Margulis [5]. We proof we give is due to Karlsson \& Ledrappier [4]. The Martingale convergence theorem (problem 2.9) is due to Doob. The proof sketched in problem 2.9 is taken from [2]. The proof of Hopf's ratio ergodic theorem sketched in problem 2.10 is due to R. Zweimüller [12].

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## Chapter 3 <br> Spectral Theory

### 3.1 The spectral approach to ergodic theory

A basic problem in ergodic theory is to determine whether two ppt are measure theoretically isomorphic. This is done by studying invariants: properties, quantities, or objects which are equal for any two isomorphic systems. The idea is that if two ppt have different invariants, then they cannot be isomorphic. Ergodicity and mixing are examples of invariants for measure theoretic isomorphism.

An effective method for inventing invariants is to look for a weaker equivalence relation, which is better understood. Any invariant for the weaker equivalence relation is automatically an invariant for measure theoretic isomorphism. The spectral approach to ergodic theory is an example of this method.

The idea is to associate to the ppt $(X, \mathscr{B}, \mu, T)$ the operator $U_{T}: L^{2}(X, \mathscr{B}, \mu) \rightarrow$ $L^{2}(X, \mathscr{B}, \mu), U_{T} f=f \circ T$. This is an isometry of $L^{2}$ (i.e. $\left\|U_{T} f\right\|_{2}=\|f\|_{2}$ and $\left.\left\langle U_{T} f, U_{T} g\right\rangle=\langle f, g\rangle\right)$.

It is useful here to think of $L^{2}$ as a Hilbert space over $\mathbb{C}$, with inner product $\langle f, g\rangle:=\int f \bar{g} d \mu$. The need to consider complex numbers arises from the need to consider complex eigenvalues, see below.

Definition 3.1. Two ppt $(X, \mathscr{B}, \mu, T),(Y, \mathscr{C}, v, S)$ are called spectrally isomorphic, if their associated $L^{2}$-isometries $U_{T}$ and $U_{S}$ are unitarily equivalent: There exists a linear operator $W: L^{2}(X, \mathscr{B}, \mu) \rightarrow L^{2}(Y, \mathscr{C}, v)$ s.t.

1. $W$ is invertible;
2. $\langle W f, W g\rangle=\langle f, g\rangle$ for all $f, g \in L^{2}(X, \mathscr{B}, \mu)$;
3. $W U_{T}=U_{S} W$.

It is easy to see that any two measure theoretically isomorphic ppt are spectrally isomorphic, but we will see later that there are Bernoulli schemes which are spectrally isomorphic but not measure theoretically isomorphic.

Definition 3.2. A property of ppt is called a spectral invariant, if whenever it holds for $(X, \mathscr{B}, \mu, T)$, it holds for all ppt which are spectrally isomorphic to $(X, \mathscr{B}, \mu, T)$.

Proposition 3.1. Ergodicity and mixing are spectral invariants.
Proof. Suppose $(X, \mathscr{B}, \mu, T)$ is a ppt, and let $U_{T}$ be as above. The trick is to phrase ergodicity and mixing in terms of $U_{T}$.

Ergodicity is equivalent to the statement "all invariant $L^{2}$-functions are constant", which is the same as saying that $\operatorname{dim}\left\{f: U_{T} f=f\right\}=1$. Obviously, this is a spectral invariant.

Mixing is equivalent to the following statement:

$$
\begin{equation*}
\left\langle f, U_{T}^{n} g\right\rangle \underset{n \rightarrow \infty}{\longrightarrow}\langle f, 1\rangle \overline{\langle g, 1\rangle} \text { for all } f, g \in L^{2} \tag{3.1}
\end{equation*}
$$

To see that (3.1) is a spectral invariant, we first note that (3.1) implies:

1. $\operatorname{dim}\left\{g: U_{T} g=g\right\}=1$. One way to see this is to note that mixing implies ergodicity. Here is a more direct proof: If $U_{T} g=g$, then $\frac{1}{N} \sum_{n=0}^{N-1} U_{T}^{n} g=g$. By (3.1), $\frac{1}{N} \sum_{n=0}^{N-1} U_{T}^{n} g \xrightarrow[N \rightarrow \infty]{w}\langle g, 1\rangle 1$. Necessarily $g=\langle g, 1\rangle 1=$ const.
2. For unitary equivalences $W, W 1=c$ with $|c|=1$. Proof: $W 1$ is an eigenfunction with eigenvalue one, so $W 1=$ const by 1 . Since $\|W 1\|_{1}=\|1\|_{2}=1,|c|=1$.
Suppose now that $W: L^{2}(X, \mathscr{F}, \mu) \rightarrow L^{2}(Y, \mathscr{F}, v)$ is a unitary equivalence between $(X, \mathscr{F}, \mu, T)$ and $(Y, \mathscr{G}, v, S)$. Suppose $T$ satisfies (3.1). For every $F, G \in L^{2}(Y)$ we can write $F=W f, G=W g$ with $f, g \in L^{2}(Y)$, whence

$$
\left\langle F, U_{S}^{n} G\right\rangle=\left\langle W f, U_{S}^{n} W g\right\rangle=\left\langle W f, W U_{T}^{n} g\right\rangle=\left\langle f, U_{T}^{n} g\right\rangle \rightarrow\langle f, 1\rangle \overline{\langle g, 1\rangle}
$$

Since $W 1=c$ with $|c|^{2}=1,\langle f, 1\rangle \overline{\langle g, 1\rangle}=\langle W f, W 1\rangle \overline{\langle W g, W 1\rangle}=\langle F, c 1\rangle \overline{\langle G, c 1\rangle}=$ $\bar{c}\langle F, 1\rangle \cdot c \overline{\langle G, 1\rangle}=\langle F, 1\rangle \overline{\langle G, 1\rangle}$, and we see that $U_{S}$ satisfies (3.1).

The spectral point of view immediately suggests the following invariant.
Definition 3.3. Suppose $(X, \mathscr{B}, \mu, T)$ is a ppt. If $f: X \rightarrow \mathbb{C}, 0 \neq f \in L^{2}$ satisfies $f \circ T=\lambda f$, then we say that $f$ is an eigenfunction and that $\lambda$ is an eigenvalue. The point spectrum $T$ is the set $H(T):=\{\lambda \in \mathbb{C}: \lambda$ is an eigenvalue $\}$.
$H(T)$ is a countable subgroup of the unit circle (problem 3.1). Evidently $H(T)$ is a spectral invariant of $T$.

It is easy to see using Fourier expansions that for the irrational rotation $R_{\alpha}$, $H\left(R_{\alpha}\right)=\left\{e^{i k \alpha}: k \in \mathbb{Z}\right\}$ (problem 3.2), thus irrational rotations by different angles are non-isomorphic.

Here are other related invariants:
Definition 3.4. Given a ppt $(X, \mathscr{B}, \mu, T)$, let $V_{d}:=\overline{\operatorname{span}\{\text { eigenfunctions }\} \text {. We say }}$ that $(X, \mathscr{B}, \mu, T)$ has

1. discrete spectrum (sometime called pure point spectrum), if $V_{d}=L^{2}$,
2. continuous spectrum, if $V_{d}=\{$ constants $\}$ (i.e. is smallest possible),
3. mixed spectrum, if $V_{d} \neq L^{2},\{$ constants $\}$.

Any irrational rotation has discrete spectrum (problem 3.2). Any mixing transformation has continuous spectrum, because a non-constant eigenfunction $f \circ T=\lambda f$ satisfies

$$
\left\langle f, f \circ T^{n_{k}}\right\rangle \underset{n \rightarrow \infty}{\longrightarrow}\|f\|_{2}^{2} \neq\left|\int f\right|^{2}
$$

along any $n_{k} \rightarrow \infty$ s.t. $\lambda^{n_{k}} \rightarrow 1$. (To see that $\|f\|_{2} \neq\left|\int f d \mu\right|^{2}$ for all non-constant functions, apply Cauchy-Schwarz to $f-\int f$, or note that non-constant $L^{2}$ functions have positive variance.)

The invariant $H(T)$ is tremendously successful for transformations with discrete spectrum:

Theorem 3.1 (Discrete Spectrum Theorem). Two ppt with discrete spectrum are measure theoretically isomorphic iff they have the same group of eigenvalues.

But this invariant cannot distinguish transformations with continuous spectrum. In particular - it is unsuitable for the study of mixing transformations.

### 3.2 Weak mixing

### 3.2.1 Definition and characterization

We saw that if a transformation is mixing, then it does not have non-constant eigenfunctions. But the absence of non-constant eigenfunctions is not equivalent to mixing (see problems 3.8-3.10 for an example). Here we study the dynamical significance of this property. First we give it a name.

Definition 3.5. A ppt is called weak mixing, if every $f \in L^{2}$ s.t. $f \circ T=\lambda f$ a.e. is constant almost everywhere.

Theorem 3.2. The following are equivalent for a ppt $(X, \mathscr{B}, \mu, T)$ on a Lebesgue space:

1. weak mixing;
2. for all $E, F \in \mathscr{B}, \frac{1}{N} \sum_{n=0}^{N-1}\left|\mu\left(E \cap T^{-n} F\right)-\mu(E) \mu(F)\right| \xrightarrow[N \rightarrow \infty]{\longrightarrow} 0$;
3. for every $E, F \in \mathscr{B}, \exists \mathscr{N} \subset \mathbb{N}$ of density zero (i.e. $|\mathscr{N} \cap[1, N]| / N \underset{N \rightarrow \infty}{\longrightarrow} 0$ ) s.t.

$$
\mu\left(E \cap T^{-n} F\right) \xrightarrow[\mathscr{N} \nexists n \rightarrow \infty]{ } \mu(E) \mu(F)
$$

4. $T \times T$ is ergodic.

Proof. We prove $(2) \Rightarrow(3) \Rightarrow(4) \Rightarrow(1)$. The remaining implication (1) $\Rightarrow$ (2) requires additional preparation, and will be shown later.
$(2) \Rightarrow(3)$ is a general fact from calculus (Koopman-von Neumann Lemma): If $a_{n}$ is a bounded sequence of non-negative numbers, then $\frac{1}{N} \sum_{n=1}^{N} a_{n} \rightarrow 0$ iff there is a set of zero density $\mathscr{N} \subset \mathbb{N}$ s.t. $a_{n} \xrightarrow[N]{ } \not \nrightarrow n \rightarrow \infty \quad 0$ (Problem 3.3).

We show that $(3) \Rightarrow(4)$. Let $\mathscr{S}$ be the semi-algebra $\{E \times F: E, F \in \mathscr{B}\}$ which generates $\mathscr{B} \otimes \mathscr{B}$, and fix $E_{i} \times F_{i} \in \mathscr{S}$. By (3), $\exists \mathscr{N}_{i} \subset \mathbb{N}$ of density zero s.t.

$$
\mu\left(E_{i} \cap T^{-n} F_{i}\right) \xrightarrow[\mathscr{N}_{i} \not \not n n \rightarrow \infty]{ } \mu\left(E_{i}\right) \mu\left(F_{i}\right) \quad(i=1,2)
$$

The set $\mathscr{N}=\mathscr{N}_{1} \cup \mathscr{N}_{2}$ also has zero density, and

$$
\mu\left(E_{i} \cap T^{-n} F_{i}\right) \xrightarrow[N \nVdash \nexists n \rightarrow \infty]{ } \mu\left(E_{i}\right) \mu\left(F_{i}\right) \quad(i=1,2) .
$$

Writing $m=\mu \times \mu$ and $S=T \times T$, we see that this implies that

$$
m\left[\left(E_{1} \times E_{2}\right) \cap S^{-n}\left(F_{1} \times F_{2}\right)\right] \xrightarrow[N \not \not \not 刀 n \rightarrow \infty]{ } m\left(E_{1} \times F_{1}\right) m\left(E_{2} \times F_{2}\right),
$$

whence $\frac{1}{N} \sum_{k=0}^{N-1} m\left[\left(E_{1} \times F_{1}\right) \cap S^{-n}\left(E_{2} \times F_{2}\right)\right] \xrightarrow[N \rightarrow \infty]{\longrightarrow} m\left(E_{1} \times F_{1}\right) m\left(E_{2} \times F_{2}\right)$. In summary, $\frac{1}{N} \sum_{k=0}^{N-1} m\left[A \cap S^{-n} B\right] \underset{N \rightarrow \infty}{\longrightarrow} m(A) m(B)$ for all $A, B \in \mathscr{S}$.

Since $\mathscr{S}$ generates $\mathscr{B} \otimes \mathscr{B}$, every $A, B \in \mathscr{B} \otimes \mathscr{B}$ can be approximated up to measure $\varepsilon$ by finite disjoint unions of elements of $\mathscr{S}$. A standard approximation argument shows that $\frac{1}{N} \sum_{k=0}^{N-1} m\left[A \cap S^{-n} B\right] \underset{N \rightarrow \infty}{\longrightarrow} m(A) m(B)$ for all $A, B \in \mathscr{B} \otimes \mathscr{B}$. and this implies that $T \times T$ is ergodic.

Proof that $(4) \Rightarrow(1)$ : Suppose $T$ were not weak mixing, then $T$ has an nonconstant eigenfunction $f$ with eigenvalue $\lambda$. The eigenvalue $\lambda$ has absolute value equal to one, because $|\lambda|\|f\|_{2}=\||f| \circ T\|_{2}=\|f\|_{2}$. Thus

$$
F(x, y)=f(x) \overline{f(y)}
$$

is $T \times T$-invariant. Since $f$ is non-constant, $F$ is non-constant, and we get a contradiction to the ergodicity of $T \times T$.

The proof that $(1) \Rightarrow(2)$ is presented in the next section.

### 3.2.2 Spectral measures and weak mixing

Suppose $(X, \mathscr{B}, \mu, T)$ is an invertible ppt. We are interested in the behavior of $U_{T}^{n} f$ as $n \rightarrow \pm \infty$. Clearly, all the action takes place in the closed invariant subspace

$$
H_{f}:=\overline{\operatorname{span}}\left\{U_{T}^{n} f: n \in \mathbb{Z}\right\}
$$

It turns out that $U_{T}: H_{f} \rightarrow H_{f}$ is unitarily equivalent to the operator $M: g(z) \mapsto z g(z)$ on $L^{2}\left(S^{1}, \mathscr{B}\left(S^{1}\right), v_{f}\right)$ where $v_{f}$ a special finite measure on $S^{1}$. This measure is called the spectral measure of $f$, and it contains all the information on $U_{T}: H_{f} \rightarrow H_{f}$.

To construct it, we need the following important tool from harmonic analysis. Recall that The $n$-th Fourier coefficient of $\mu$ is the number $\widehat{\mu}(n)=\int_{S^{1}} z^{n} d \mu$.

Theorem 3.3 (Herglotz). A sequence $\left\{r_{n}\right\}_{n \in \mathbb{Z}}$ is the sequence of Fourier coefficients of a positive Borel measure on $S^{1}$ iff $r_{-n}=\overline{r_{n}}$ and $\left\{r_{n}\right\}$ is positive definite: $\sum_{n, m=-N}^{N} r_{n-m} a_{m} \overline{a_{n}} \geq 0$ for all sequences $\left\{a_{n}\right\}$ and $N$. This measure is unique.

It is easy to check that $r_{n}=\left\langle U_{T}^{n} f, f\right\rangle$ is positive definite (to see this expand $\left\langle\Sigma_{n=-N}^{N} a_{n} U_{T}^{n} f, \Sigma_{m=-N}^{N} a_{m} U_{T}^{m} f\right\rangle$ noting that $\left.\left\langle U_{T}^{n} f, U_{T}^{m} f\right\rangle=\left\langle U_{T}^{n-m} f, f\right\rangle\right)$.

Definition 3.6. Suppose $(X, \mathscr{B}, \mu, T)$ is an invertible ppt, and $f \in L^{2} \backslash\{0\}$. The spectral measure of $f$ is the unique measure $v_{f}$ on $S^{1}$ s.t. $\left\langle f \circ T^{n}, f\right\rangle=\int_{S^{1}} z^{n} d v_{f}$ for $n \in \mathbb{Z}$.

Proposition 3.2. Suppose $(X, \mathscr{B}, \mu, T)$ is an invertible ppt, $f \in L^{2} \backslash\{0\}$, and $H_{f}:=\overline{\operatorname{span}}\left\{U_{T}^{n} f: n \in \mathbb{Z}\right\}$. Then $U_{T}: H_{f} \rightarrow H_{f}$ is unitarily equivalent to the operator $g(z) \mapsto z g(z)$ on $L^{2}\left(S^{1}, \mathscr{B}\left(S^{1}\right), v_{f}\right)$.

Proof. By the definition of the spectral measure,

$$
\begin{gathered}
\left\|\sum_{n=-N}^{N} a_{n} z^{n}\right\|_{L^{2}\left(v_{f}\right)}^{2}=\left\langle\sum_{n=-N}^{N} a_{n} z^{n}, \sum_{m=-N}^{N} a_{m} z^{m}\right\rangle=\sum_{n, m=-N}^{N} a_{n} \bar{a}_{m} \int_{S^{1}} z^{n-m} d v_{f}(z) \\
=\sum_{n, m=-N}^{N} a_{n} \bar{a}_{m}\left\langle U_{T}^{n-m} f, f\right\rangle=\sum_{n, m=-N}^{N} a_{n} \bar{a}_{m}\left\langle U_{T}^{n} f, U_{T}^{m} f\right\rangle=\left\|\sum_{n=-N}^{N} a_{n} U_{T}^{n} f\right\|_{L^{2}(\mu)}^{2}
\end{gathered}
$$

In particular, if $\Sigma_{n=-N}^{N} a_{n} U_{T}^{n} f=0$ in $L^{2}(\mu)$, then $\Sigma_{n=-N}^{N} a_{n} z^{n}=0$ in $L^{2}\left(v_{f}\right)$. It follows that $W: U_{T}^{n} f \mapsto z^{n}$ extends to a linear map from $\operatorname{span}\left\{U_{T}^{n} f: n \in \mathbb{Z}\right\}$ to $L^{2}\left(v_{f}\right)$.

This map is an isometry, and it is bounded. It follows that $W$ extends to an linear isometry $W: H_{f} \rightarrow L^{2}\left(v_{f}\right)$. The image of $W$ contains all the trigonometric polynomials, therefore $W\left(H_{f}\right)$ is dense in $L^{2}\left(v_{f}\right)$. Since $W$ is an isometry, its image is closed (exercise). It follows that $W$ is an isometric bijection from $H_{f}$ onto $L^{2}\left(v_{f}\right)$.

Since $\left(W U_{t}\right)[g(z)]=z[W g(z)]$ on $\operatorname{span}\left\{U_{T}^{n} f: n \in \mathbb{Z}\right\}, W U_{T} g(z)=z g(z)$ on $H_{f}$, and so $W$ is the required unitary equivalence.

Proposition 3.3. Suppose $T$ is weak mixing invertible ppt on a Lebesgue space, then all the spectral measures of $f \in L^{2}$ s.t. $\int f=0$ are non-atomic (this explains the terminology "continuous spectrum").

Proof. Suppose $f \in L^{2}$ has integral zero and that $v_{f}$ has an atom $\lambda \in S^{1}$. We construct an eigenfunction (with eigenvalue $\lambda$ ). Consider the sequence $\frac{1}{N} \sum_{n=0}^{N-1} \lambda^{-n} U_{T}^{n} f$. This sequence is bounded in norm, therefore has a weakly convergent subsequence (here we use the fact that $L^{2}$ is separable - a consequence of the fact that $(X, \mathscr{B}, \mu)$ is a Lebesgue space):

$$
\frac{1}{N_{k}} \sum_{n=0}^{N_{k}-1} \lambda^{-n} U_{T}^{n} f \underset{N \rightarrow \infty}{w} g
$$

The limit $g$ must satisfy $\left\langle U_{T} g, h\right\rangle=\langle\lambda g, h\rangle$ for all $h \in L^{2}$ (check!), therefore it must be an eigenfunction with eigenvalue $\lambda$.

Next we claim that $g$ is not constant, and obtain a contradiction to weak mixing:

$$
\begin{aligned}
\langle g, f\rangle & =\lim _{k \rightarrow \infty} \frac{1}{N_{k}} \sum_{n=0}^{N_{k}-1} \lambda^{-n}\left\langle U_{T}^{n} f, f\right\rangle=\lim _{k \rightarrow \infty} \frac{1}{N_{k}} \sum_{n=0}^{N_{k}-1} \int \lambda^{-n} z^{n} d v_{f}(z) \\
& =v_{f}\{\lambda\}+\lim _{k \rightarrow \infty} \frac{1}{N_{k}} \sum_{n=0}^{N_{k}-1} \int_{S^{1} \backslash\{\lambda\}} \lambda^{-n} z^{n} d v_{f}(z) \\
& =v_{f}\{\lambda\}+\lim _{k \rightarrow \infty} \int_{S^{1} \backslash\{\lambda\}} \frac{1}{N_{k}} \frac{1-\lambda^{-N_{k}} z^{N_{k}}}{1-\lambda^{-1} z} d v_{f}(z)
\end{aligned}
$$

The limit is equal to zero, because the integrand tends to zero and is uniformly bounded (by one). Thus $\langle g, f\rangle=v_{f}\{\lambda\} \neq 0$, whence $g \neq$ const.

Lemma 3.1. Suppose $T$ is an invertible ppt on a Lebesgue space. If $T$ is weak mixing, then for every real-valued $f \in L^{2}, \frac{1}{N} \sum_{n=0}^{N-1}\left|\int f \cdot f \circ T^{n} d \mu-\left(\int f d \mu\right)^{2}\right| \underset{N \rightarrow \infty}{\longrightarrow} 0$.

Proof. It is enough to treat the case when $\int f d \mu=0$. Let $v_{f}$ denote the spectral measure of $f$, then

$$
\begin{aligned}
\frac{1}{N} \sum_{k=0}^{N-1}\left|\int f \cdot f \circ T^{n} d \mu\right|^{2} & =\frac{1}{N} \sum_{k=0}^{N-1}\left|\left\langle U_{T}^{n} f, f\right\rangle\right|^{2}=\frac{1}{N} \sum_{k=0}^{N-1}\left|\int_{S^{1}} z^{n} d v_{f}(z)\right|^{2} \\
& =\frac{1}{N} \sum_{k=0}^{N-1}\left(\int_{S^{1}} z^{n} d v_{f}(z)\right) \overline{\left(\int_{S^{1}} z^{n} d v_{f}(z)\right)} \\
& =\frac{1}{N} \sum_{k=0}^{N-1} \int_{S^{1}} \int_{S^{1}} z^{n} \bar{w}^{n} d v_{f}(z) d v_{f}(w) \\
& =\int_{S^{1}} \int_{S^{1}} \frac{1}{N}\left(\sum_{k=0}^{N-1} z^{n} \bar{w}^{n}\right) d v_{f}(z) d v_{f}(w)
\end{aligned}
$$

The integrand tends to zero and is bounded outside $\Delta:=\{(z, w): z=w\}$. If we can show that $\left(v_{f} \times v_{f}\right)(\Delta)=0$, then it will follow that $\frac{1}{N} \sum_{k=0}^{N-1}\left|\int f \cdot f \circ T^{n} d \mu\right|^{2} \xrightarrow[N \rightarrow \infty]{ } 0$. This is indeed the case: $T$ is weak mixing, so by the previous proposition $v_{f}$ is non-atomic, whence $\left(v_{f} \times v_{f}\right)(\Delta)=\int_{S^{1}} v_{f}\{w\} d v_{f}(w)=0$ by Fubini-Tonelli.

It remains to note that by the Koopman - von Neumann theorem, for every bounded non-negative sequence $a_{n}, \frac{1}{N} \sum_{k=1}^{N} a_{n}^{2} \rightarrow 0$ iff $\frac{1}{N} \sum_{k=1}^{N} a_{n} \rightarrow 0$, because both conditions are equivalent to saying that $a_{n}$ converges to zero outside a set of indices of density zero.

We can now complete the proof of the theorem in the previous section:
Proposition 3.4. If $T$ is weak mixing (possibly non-invertible) ppt, then for all realvalued $f, g \in L^{2}$,

$$
\begin{equation*}
\frac{1}{N} \sum_{n=0}^{N-1}\left|\int g \cdot f \circ T^{n} d \mu-\left(\int f d \mu\right)\left(\int g d \mu\right)\right| \underset{N \rightarrow \infty}{ } 0 \tag{3.2}
\end{equation*}
$$

Proof. Suppose first that $T$ is invertible. It is enough to consider $f \in L^{2}$ real valued such that $\int f d \mu=0$.

Set $S(f):=\overline{\operatorname{span}\left\{U_{T}^{k} f: k \geq 0\right\} \cup\{1\}}$. Then $L^{2}=S(f) \oplus S(f)^{\perp}$, and

1. Every $g \in S(f)$ satisfies (3.2). To see this note that if $g_{1}, \ldots, g_{m}$ satisfy (3.2) then so does $g=\sum \alpha_{k} g_{k}$ for any $\alpha_{k} \in \mathbb{R}$. Therefore it is enough to check (3.2) for $g:=U_{T}^{k} f$ and $g=$ const. Constant functions satisfy (3.2) because for such functions, $\int g f \circ T^{n} d \mu=0$ for $g$ for all $n \geq 0$. Functions of the form $g=U_{T}^{k} f$ satisfy (3.2) because for such functions for all $n>k$,

$$
\int g f \circ T^{n} d \mu=\int f \circ T^{k} f \circ T^{n} d \mu=\int f \cdot f \circ T^{n-k} d \mu \xrightarrow[N \neq \nexists n \rightarrow \infty]{ } 0
$$

for some $\mathscr{N} \subset \mathbb{N}$ of density zero, by Lemma 3.1.
2. Every $g \perp S(f) \oplus\{$ constants $\}$ satisfies (3.2) because $\left\langle g, f \circ T^{n}\right\rangle$ is eventually zero and $\int g=\langle g, 1\rangle=0$.
It follows that every $g \in L^{2}$ satisfies (3.2).
This proves the proposition for invertible ppt. Now consider the case of a noninvertible ppt. Let $(\widetilde{X}, \widetilde{\mathscr{B}}, \widetilde{\mu}, \widetilde{T})$ be the natural extension. A close look at the definition of $\widetilde{\mathscr{B}}$ shows that if $\widetilde{f}: \widetilde{X} \rightarrow \mathbb{R}$ is a $\widetilde{\mathscr{B}}$-measurable eigenfunction, then $\widetilde{f}\left(\ldots, x_{-1}, x_{0}, x_{1}, \ldots\right)$ can be approximated in $L^{2}$ by functions which depend only on $x_{0}$. Therefore $\widetilde{f}\left(\ldots, x_{-1}, x_{0}, x_{1}, \ldots\right)$ is a.e. completely determined by $x_{0}$. Let $\pi: \widetilde{X} \rightarrow X$ be the natural projection $\pi\left(\ldots, x_{-1}, x_{0}, x_{1}, \ldots\right)=x_{0}$, then $\widetilde{f}: \widetilde{X} \rightarrow \mathbb{C}$ is of the form $f \circ \widetilde{\pi}$ where $f$ is $\mathscr{B}$-measurable. Thus every eigenfunction for $\widetilde{T}$ is a lift of an eigenfunction for $T$. It follows that if $T$ is weak mixing, then $\widetilde{T}$ is weak mixing. By the first part of the proof, $\widetilde{T}$ satisfies (3.2). Since $T$ is a factor of $T$, it also satisfies (3.2).

For a direct proof of the proposition for non-invertible maps, which does not rely on the natural extension, see Exercise 3.4.

### 3.3 The Koopman operator of a Bernoulli scheme

In this section we analyze the Koopman operator of an invertible Bernoulli scheme. The idea is to produce an orthonormal basis for $L^{2}$ which makes the action of $U_{T}$ transparent.

We cannot expect to diagonalize $U_{T}$ : Bernoulli schemes are mixing, so they have no non-constant eigenfunctions. But we shall we see that we can get the following nice structure:

Definition 3.7. An invertible ppt is said to have countable Lebesgue spectrum if $L^{2}$ has an orthonormal basis of the form $\{1\} \cup\left\{f_{\lambda, j}: \lambda \in \Lambda, j \in \mathbb{Z}\right\}$ where $\Lambda$ is countable, and $U_{T} f_{\lambda, j}=f_{\lambda, j+1}$ for all $i, j$.
The reason for the terminology is that the spectral measure of each $f_{\lambda, j}$ is proportional to the Lebesgue measure on $S^{1}$ (problem 3.6).
Example. The invertible Bernoulli scheme with probability vector $\left(\frac{1}{2}, \frac{1}{2}\right)$ has countable Lebesgue spectrum.
Proof. The phase space is $X=\{0,1\}^{\mathbb{Z}}$. Define for every finite non-empty $A \subset \mathbb{Z}$ the function $\varphi_{A}(\underline{x}):=\prod_{j \in A}(-1)^{x_{j}}$. Define $\varphi_{\varnothing}:=1$. Then,

1. if $A \neq \varnothing$ then $\int \varphi_{A}=0$ (exercise)
2. if $A \neq B$, then $\varphi_{A} \perp \varphi_{B}$ because $\left\langle\varphi_{A}, \varphi_{B}\right\rangle=\int \varphi_{A \triangle B}=0$;
3. span $\left\{\varphi_{A}: A \subset \mathbb{Z}\right.$ finite $\}$ is algebra of functions which separates points, and contains the constants.

By the Stone-Weierstrass theorem, $\overline{\operatorname{span}}\left\{\varphi_{A}: A \subset \mathbb{Z}\right.$ finite $\}=L^{2}$, so $\left\{\varphi_{A}\right\}$ is an orthonormal basis of $L^{2}$. This is called the Fourier-Walsh system.

Note that $U_{T} \varphi_{A}=\varphi_{A+1}$, where $A+1:=\{a+1: a \in A\}$. Take $\Lambda$ the set of equivalence classes of the relation $A \sim B \Leftrightarrow \exists c$ s.t. $A=c+B$. Let $A_{\lambda}$ be a representative of $\lambda \in \Lambda$. The basis is $\{1\} \cup\left\{\varphi_{A_{\lambda}+n}: \lambda \in \Lambda, n \in \mathbb{Z}\right\}=\{$ Fourier Walsh functions $\}$.

It is not easy to produce such bases for other Bernoulli schemes. But they exist. To prove this we introduce the following sufficient condition for countable Lebesgue spectrum, which turns out to hold for all Bernoulli schemes as well as many smooth dynamical systems:

Definition 3.8. An invertible ppt $(X, \mathscr{B}, \mu, T)$ is called a $K$ automorphism if there is a $\sigma$-algebra $\mathscr{A} \subset \mathscr{B}$ s.t.

1. $T^{-1} \mathscr{A} \subset \mathscr{A}$;
2. $\mathscr{A}$ generates $\mathscr{B}: \sigma\left(\bigcup_{n \in \mathbb{Z}} T^{-n} \mathscr{A}\right)=\mathscr{B} \bmod \mu ;{ }^{1}$
3. the tail of $\mathscr{A}$ is trivial: $\bigcap_{n=0}^{\infty} T^{-n} \mathscr{A}=\{\varnothing, X\} \bmod \mu$.

Proposition 3.5. Every invertible Bernoulli scheme has the K property.
Proof. Let $\left(S^{\mathbb{Z}}, \mathscr{B}\left(S^{\mathbb{Z}}\right), \mu, T\right)$ be a Bernoulli scheme, i.e. $\mathscr{B}\left(S^{\mathbb{Z}}\right)$ is the sigma algebra generated by cylinders ${ }_{-k}\left[a_{-k}, \ldots, a_{\ell}\right]:=\left\{x \in S^{\mathbb{Z}}: x_{i}=a_{i} \quad(-k \leq i \leq \ell)\right\}, T$ is the left shift map, and $\mu\left({ }_{k}\left[a_{-k}, \ldots, a_{\ell}\right]\right)=p_{a_{-k}} \cdots p_{a_{\ell}}$.

Call a cylinder non-negative, if it is of the form ${ }_{0}\left[a_{0}, \ldots, a_{n}\right]$. Let $\mathscr{A}$ be the sigma algebra generated by all non-negative cylinders. It is clear that $T^{-1} \mathscr{A} \subset \mathscr{A}$ and that $\bigcup_{n \in \mathbb{Z}} T^{-n} \mathscr{A}$ generates $\mathscr{B}\left(S^{\mathbb{Z}}\right)$. We show that the measure of every element of $\bigcap_{n=0}^{\infty} T^{-n} \mathscr{A}$ is either zero or one. ${ }^{2}$

[^12]Two measurable sets $A, B$ are called independent, if $\mu(A \cap B)=\mu(A) \mu(B)$. For Bernoulli schemes, any two cylinders with non-overlapping set of indices is independent (check). Thus for every cylinder $B$ of length $|B|$,

$$
B \text { is independent of } T^{-|B|} A \text { for all non-negative cylinders } A \text {. }
$$

It follows that $B$ is independent of every element of $T^{-|B|} \mathscr{A}$ (the set of $B$ 's like that is a sigma-algebra). Thus every cylinder $B$ is independent of every element of $\bigcap_{n \geq 1} T^{-n} \mathscr{A}$. Thus every element of $\mathscr{B}$ is independent of every element of $\bigcap_{n \geq 1} \bar{T}^{-n} \mathscr{A}$ (another sigma-algebra argument).

This means that every $E \in \bigcap_{n \geq 1} T^{-n} \mathscr{A}$ is independent of itself. Thus $\mu(E)=$ $\mu(E \cap E)=\mu(E)^{2}$, whence $\mu(E)=0$ or 1 .

Proposition 3.6. Every $K$ automorphism on a non-atomic standard probability space has countable Lebesgue spectrum.

Proof. Let $(X, \mathscr{B}, \mu, T)$ be a $K$ automorphism of a non-atomic standard probability space. Since $(X, \mathscr{B}, \mu)$ is a non-atomic standard space, $L^{2}(X, \mathscr{B}, \mu)$ is (i) infinite dimensional, and (ii) separable.

Let $\mathscr{A}$ be a sigma algebra in the definition of the $K$ property. Set $V:=L^{2}(X, \mathscr{A}, \mu)$. This is a closed subspace of $L^{2}(X, \mathscr{B}, \mu)$, and

1. $U_{T}(V) \subseteq V$, because $T^{-1} \mathscr{A} \subset \mathscr{A}$;
2. $\bigcup_{n \in \mathbb{Z}} U_{T}^{n}(V)$ is dense in $L^{2}(X, \mathscr{B}, \mu)$, because $\bigcup_{n \in \mathbb{Z}} T^{-n} \mathscr{A}$ generates $\mathscr{B}$, so every
$B \in \mathscr{B}$ can be approximated by a finite disjoint union of elements of $\bigcup_{n \in \mathbb{Z}} T^{-n} \mathscr{A}$;
3. $\bigcap_{n=1}^{\infty} U_{T}^{n}(V)=\{$ constant functions $\}$, because $\bigcap_{n \geq 1} T^{-n} \mathscr{A}=\{\varnothing, X\} \bmod \mu$.

Now let $W:=V \ominus U_{T}(V)$ (the orthogonal complement of $U_{T}(V)$ in $V$ ). For all $n>0, U_{T}^{n}(W) \subset U_{T}^{n}(V) \subset U_{T}(V) \perp W$. Thus $W \perp U_{T}^{n}(W)$ for all $n>0$. Since $U_{T}^{-1}$ is an isometry, $W \perp U_{T}^{n}(W)$ for all $n<0$. It follows that

$$
L^{2}(X, \mathscr{B}, \mu)=\{\text { constants }\} \oplus \bigoplus_{n \in \mathbb{Z}} U_{T}^{n}(W) \quad \text { (orthogonal sum) }
$$

If $\left\{f_{\lambda}: \lambda \in \Lambda\right\}$ is an orthonormal basis for $W$, then the above implies that

$$
\{1\} \cup\left\{U_{T}^{n} f_{\lambda}: \lambda \in \Lambda\right\}
$$

is an orthonormal basis of $L^{2}(X, \mathscr{B}, \mu)$ (check!).
This is almost the full countable Lebesgue spectrum property. It remains to show that $|\Lambda|=\mathfrak{\aleph}_{0} .|\Lambda| \leq \mathfrak{\aleph}_{0}$ because $L^{2}(X, \mathscr{B}, \mu)$ is separable. We show that $\Lambda$ is infinite by proving $\operatorname{dim}(W)=\infty$. We use the following fact (to be proved later):

$$
\begin{equation*}
\forall N \exists A_{1}, \ldots, A_{N} \in \mathscr{A} \text { pairwise disjoint sets, with positive measure. } \tag{3.3}
\end{equation*}
$$

Suppose we know this. Pick $f \in W \backslash\{0\}\left(W \neq\{0\}\right.$, otherwise $L^{2}=\{$ constants $\}$ and $(X, \mathscr{B}, \mu)$ is atomic). Set $w_{i}:=f 1_{A_{i}} \circ T$ with $A_{1}, \ldots, A_{N}$ as above, then (i) $w_{i}$ are linearly independent (because they have disjoint supports); (ii) $w_{i} \in V$ (because
$T^{-1} A_{i} \in T^{-1} \mathscr{A} \subset \mathscr{A}$, so $w_{i}$ is $\mathscr{A}$-measurable); and (iii) $w_{i} \perp U_{T}(V)$ (check, using $f \in W)$. It follows that $\operatorname{dim}(W) \geq N$. Since $N$ was arbitrary, $\operatorname{dim}(W)=\infty$.

Here is the proof of (3.3). Since $(X, \mathscr{B}, \mu)$ is non-atomic, $\exists B_{1}, \ldots, B_{N} \in \mathscr{B}$ pairwise disjoint with positive measure. By assumption, $\bigcup_{n \in \mathbb{Z}} T^{n} \mathscr{A}$ generates $\mathscr{B}$, thus we can approximate $B_{i}$ arbitrarily well by elements of $\bigcup_{n \in \mathbb{Z}} T^{n} \mathscr{A}$. By assumption, $\mathscr{A} \subseteq T \mathscr{A}$. This means that we can approximate $B_{i}$ arbitrarily well by sets from $T^{n} \mathscr{A}$ by choosing $n$ sufficiently large. It follows that $L^{2}\left(X, T^{n} \mathscr{A}, \mu\right)$ has dimension at least $N$. This forces $T^{n} \mathscr{A}$ to contain at least $N$ pairwise disjoint sets of positive measure. It follows that $\mathscr{A}$ contains at least $N$ pairwise disjoint sets of positive measure.

Corollary 3.1. All systems with countable Lebesgue spectrum, whence all invertible Bernoulli schemes, are spectrally isomorphic.

Proof. Problem 3.7.
We see that all Bernoulli schemes are spectrally isomorphic. But it is not true that all Bernoulli schemes are measure theoretically isomorphic. To prove this one needs new (non-spectral) invariants. Enter the measure theoretic entropy, a new invariant which we discuss in the next chapter.

## Problems

3.1. Suppose $(X, \mathscr{B}, \mu, T)$ is an ergodic ppt on a Lebesgue space, and let $H(T)$ be its group of eigenvalues.

1. show that if $f$ is an eigenfunction, then $|f|=$ const. a.e., and that if $\lambda, \mu \in H(T)$, then so do $1, \lambda \mu, \lambda / \mu$.
2. Show that eigenfunctions of different eigenvalue are orthogonal. Deduce that $H(T)$ is a countable subgroup of the unit circle.
3.2. Prove that the irrational rotation $R_{\alpha}$ has discrete spectrum, and calculate $H\left(R_{\alpha}\right)$.

### 3.3. Koopman - von Neumann Lemma

Suppose $a_{n}$ is a bounded sequence of non-negative numbers. Prove that $\frac{1}{N} \sum_{n=1}^{N} a_{n} \rightarrow$ 0 iff there is a set of zero density $\mathscr{N} \subset \mathbb{N}$ s.t. $a_{n} \xrightarrow[N \not \supset \nexists n \rightarrow \infty]{\longrightarrow} 0$. Guidance: Fill in the details in the following argument.

1. Suppose $\mathscr{N} \subset \mathbb{N}$ has density zero and $a_{n} \xrightarrow[N \nexists \nexists n \rightarrow \infty]{ } 0$, then $\frac{1}{N} \sum_{n=1}^{N} a_{n} \rightarrow 0$.
2. Now assume that $\frac{1}{N} \sum_{n=1}^{N} a_{n} \rightarrow 0$.
a. Show that $\mathscr{N}_{m}:=\left\{k: a_{k}>1 / m\right\}$ form an increasing sequence of sets of density zero.
b. Fix $\varepsilon_{i} \downarrow 0$, and choose $k_{i} \uparrow \infty$ such that if $n>k_{i}$, then $(1 / n)\left|\mathscr{N}_{i} \cap[1, n]\right|<\varepsilon_{i}$. Show that $\mathscr{N}:=\bigcup_{i} \mathscr{N}_{i} \cap\left(k_{i}, k_{i+1}\right]$ has density zero.
c. Show that $a_{n} \xrightarrow[N \neq \nexists n \rightarrow \infty]{ } 0$.
3.4. Here is a sketch of an alternative proof of proposition 3.4, which avoids natural extensions (B. Parry). Fill in the details.
3. Set $H:=L^{2}, V:=\bigcap_{n \geq 0} U_{T}^{n}(H)$, and $W:=H \ominus U_{T} H:=\left\{g \in H, g \perp U_{T} H\right\}$.
a. $H=V \oplus\left[\left(U_{T} H\right)^{\perp}+\left(U_{T}^{2}\right)^{\perp}+\cdots\right]$
b. $\left\{U_{T}^{k} H\right\}$ is decreasing, $\left\{\left(U_{T}^{k} H\right)^{\perp}\right\}$ us increasing.
c. $H=V \oplus \bigoplus_{k=1}^{\infty} U_{T}^{k} W$ (orthogonal space decomposition).
4. $U_{T}: V \rightarrow V$ has a bounded inverse (hint: use the fact from Banach space theory that any bounded linear operator between mapping one Banach space onto another Banach space which is one-to-one, has a bounded inverse).
5. (3.2) holds for any $f, g \in V$.
6. if $g \in U_{T}^{k} W$ for some $k$, then (3.2) holds for all $f \in L^{2}$.
7. if $g \in V$, but $f \in U_{T}^{k} W$ for some $k$, then (3.2) holds for $f, g$.
8. (3.2) holds for all $f, g \in L^{2}$.
3.5. Show that every invertible ppt with countable Lebesgue spectrum is mixing, whence ergodic.
3.6. Suppose $(X, \mathscr{B}, \mu, T)$ has countable Lebesgue spectrum. Show that $\left\{f \in L^{2}\right.$ : $\left.\int f=0\right\}$ is spanned by functions $f$ whose spectral measures $v_{f}$ are equal to the Lebesgue measure on $S^{1}$.
3.7. Show that any two ppt with countable Lebesgue spectrum are spectrally isomorphic.

### 3.8. Cutting and Stacking and Chacon's Example

This is an example of a ppt which is weak mixing but not mixing. The example is a certain map of the unit interval, which preserves Lebesgue's measure. It is constructed using the method of "cutting and stacking" which we now explain.

Let $A_{0}=\left[1, \frac{2}{3}\right)$ and $R_{0}:=\left[\frac{2}{3}, 1\right]$ (thought of as reservoir).
Step 1: Divide $A_{0}$ into three equal subintervals of length $\frac{2}{9}$. Cut a subinterval $B_{0}$ of length $\frac{2}{9}$ from the left end of the reservoir.

- Stack the three thirds of $A_{0}$ one on top of the other, starting from the left and moving to the right.
- Stick $B_{0}$ between the second and third interval.
- Define a partial map $f_{1}$ by moving points vertically in the stack. The map is defined everywhere except on $R \backslash B_{0}$ and the top floor of the stack. It can be viewed as a partially defined map of the unit interval.

Update the reservoir: $R_{1}:=R \backslash B_{0}$. Let $A_{1}$ be the base of the new stack (equal to the rightmost third of $A_{0}$ ).
Step 2: Cut the stack vertically into three equal stacks. The base of each of these thirds has length $\frac{1}{3} \times \frac{2}{9}$. Cut an interval $B_{1}$ of length $\frac{1}{3} \times \frac{2}{9}$ from the left side of the reservoir $R_{1}$.

- Stack the three stacks one on top of the other, starting from the left and moving to the right.
- Stick $B_{1}$ between the second stack and the third stack.
- Define a partial map $f_{2}$ by moving points vertically in the stack. This map is defined everywhere except the union of the top floor floor and $R_{1} \backslash B_{1}$.

Update the reservoir: $R_{2}:=R_{1} \backslash B_{1}$. Let $A_{2}$ be the base of the new stack (equal to the rightmost third of $A_{1}$ ).
Step 3: Cut the stack vertically into three equal stacks. The base of each of these thirds has length $\frac{1}{3^{2}} \times \frac{2}{9}$. Cut an interval $B_{2}$ of length $\frac{1}{3^{2}} \times \frac{2}{9}$ from the left side of the reservoir $R_{2}$.

- Stack the three stacks one on top of the other, starting from the left and moving to the right.
- Stick $B_{2}$ between the second stack and the third stack.
- Define a partial map $f_{3}$ by moving points vertically in the stack. This map is defined everywhere except the union of the top floor floor and $R_{2} \backslash B_{2}$.

Update the reservoir: $R_{3}:=R_{2} \backslash B_{2}$. Let $A_{3}$ be the base of the new stack (equal to the rightmost third of $A_{2}$ )

step 1 (cutting)
step 1 (stacking)


Fig. 3.1 The construction of Chacon's example

Continue in this manner, to obtain a sequence of partially defined maps $f_{n}$. There is a canonical way of viewing the intervals composing the stacks as of subintervals of
the unit interval. Using this identification, we may view $f_{n}$ as partially defined maps of the unit interval.

1. Show that $f_{n}$ is measure preserving where it is defined (the measure is Lebesgue's measure). Calculate the Lebesgue measure of the domain of $f_{n}$.
2. Show that $f_{n+1}$ extends $f_{n}$ (i.e. the maps agree on the intersection of their domains). Deduce that the common extension of $f_{n}$ defines an invertible probability preserving map of the open unit interval. This is Chacon's example. Denote it by $(I, \mathscr{B}, m, T)$.
3. Let $\ell_{n}$ denote the height of the stack at step $n$. Show that the sets $\left\{T^{i}\left(A_{n}\right): i=\right.$ $\left.0, \ldots, \ell_{n}, n \geq 1\right\}$ generate the Borel $\sigma$-algebra of the unit interval.
3.9. (Continuation) Prove that Chacon's example is weak mixing using the following steps. Suppose $f$ is an eigenfunction with eigenvalue $\lambda$.
4. We first show that if $f$ is constant on $A_{n}$ for some $n$, then $f$ is constant everywhere. ( $A_{n}$ is the base of the stack at step $n$.)
a. Let $\ell_{k}$ denote the height of the stack at step $k$. Show that $A_{n+1} \subset A_{n}$, and $T^{\ell_{n}}\left(A_{n+1}\right) \subset A_{n}$. Deduce that $\lambda^{\ell_{n}}=1$.
b. Prove that $\lambda^{\ell_{n+1}}=1$. Find a recursive formula for $\ell_{n}$. Deduce that $\lambda=1$.
c. The previous steps show that $f$ is an invariant function. Show that any invariant function which constant on $A_{n}$ is constant almost everywhere.
5. We now consider the case of a general $L^{2}$ - eigenfunction.
a. Show, using Lusin's theorem, that there exists an $n$ such that $f$ is nearly constant on most of $A_{n}$. (Hint: part 3 of the previous question).
b. Modify the argument done above to show that any $L^{2}$-eigenfunction is constant almost everywhere.
3.10. (Continuation) Prove that Chacon's example is not mixing, using the following steps.
6. Inspect the image of the top floor of the stack at step $n$, and show that for every $n$ and $0 \leq k \leq \ell_{n-1}, m\left(T^{k} A_{n} \cap T^{k+\ell_{n}} A_{n}\right) \geq \frac{1}{3} m\left(T^{k} A_{n}\right)$.
7. Use problem 3.8 part 3 and an approximation argument to show that for every Borel set $E$ and $\varepsilon>0, m\left(E \cap T^{\ell_{n}} E\right) \geq \frac{1}{3} m(E)-\varepsilon$ for all $n$. Deduce that $T$ cannot be mixing.

## Notes to chapter 3

The spectral approach to ergodic theory is due to von Neumann. For a thorough modern introduction to the theory, see Nadkarni's book [1]. Our exposition follows in parts the books by Parry [2] and Petersen [1]. A proof of the discrete spectrum theorem mentioned in the text can be found in Walters' book [5]. A proof of Herglotz's theorem is given in [2].

## References

1. Nadkarni, M. G.: Spectral theory of dynamical systems. Birkhäuser Advanced Texts: Birkhäuser Verlag, Basel, 1998. x+182 pp.
2. Parry, W.: Topics in ergodic theory. Cambridge Tracts in Mathematics, 75. Cambridge University Press, Cambridge-New York, 1981. x+110 pp.
3. Petersen, K.: Ergodic theory. Corrected reprint of the 1983 original. Cambridge Studies in Advanced Mathematics 2 Cambridge University Press, Cambridge, 1989. xii +329 pp.
4. Walters, P.: An introduction to ergodic theory. Graduate Texts in Mathematics, 79 SpringerVerlag, New York-Berlin, 1982. ix+250 pp.

## Chapter 4 Entropy

We saw at the end of the last chapter that every two Bernoulli schemes are spectrally isomorphic (because they have countable Lebesgue spectrum). The question whether any two Bernoulli schemes are measure theoretically isomorphic was a major open problem until it was answered negatively by Kolmogorov and Sinai, who introduced for this purpose a new invariant: metric entropy. Later, Ornstein proved that this invariant is complete within the class of Bernoulli schemes: Two Bernoulli schemes are measure theoretically isomorphic iff their metric entropies are equal.

### 4.1 Information content and entropy

Let $(X, \mathscr{B}, \mu)$ be a probability space. Suppose $x \in X$ is unknown. How to quantify the "information content" $I(A)$ of the statement " $x$ belongs to $A$ ?"

1. $I(A)$ should be non-negative, and if $\mu(A)=1$ then $I(A)=0$;
2. If $A, B$ are independent, i.e. $\mu(A \cap B)=\mu(A) \mu(B)$, then $I(A \cap B)=I(A)+I(B)$; 3. $I(A)$ should be a Borel decreasing function of the probability of $A$.

Proposition 4.1. The only functions $\varphi:[0,1] \rightarrow \mathbb{R}^{+}$such that $I(A)=\varphi[\mu(A)]$ satisfies the above axioms for all probability spaces $(X, \mathscr{B}, \mu)$ are $c \ln t$ with $c<0$.

We leave the proof as an exercise. This leads to the following definition.
Definition 4.1 (Shannon). Let $(X, \mathscr{B}, \mu)$ be a probability space.

1. The Information Content of a set $A \in \mathscr{B}$ is $I_{\mu}(A):=-\log _{2} \mu[A]$
2. The Information Function of a countable measurable partition $\alpha$ of $X$ is

$$
I_{\mu}(\alpha)(x):=\sum_{A \in \alpha} I_{\mu}(A) 1_{A}(x)=-\sum_{A \in \alpha} \log _{2} \mu(A) 1_{A}(x)
$$

3. The Entropy of a countable measurable partition is the average of the information content of its elements: $H_{\mu}(\alpha):=\int_{X} I_{\mu}(\alpha) d \mu=-\sum_{A \in \alpha} \mu(A) \log _{2} \mu(A)$.

Conventions: Henceforth, $\log =\log _{2}, \ln =\log _{e}$ and $0 \log 0=0$.
The are important conditional versions of these notions:
Definition 4.2. Let $(X, \mathscr{B}, \mu)$ be a probability space, and suppose $\mathscr{F}$ is a sub- $\sigma$ algebra of $\mathscr{B}$. We use the notation $\mu(A \mid \mathscr{F})(x):=\mathbb{E}\left(1_{A} \mid \mathscr{F}\right)(x)$ (as $L^{1}$-elements).

1. The information content of $A$ given $\mathscr{F}$ is $I_{\mu}(A \mid \mathscr{F})(x):=-\log _{2} \mu(A \mid \mathscr{F})(x)$
2. The information function of a finite measurable partition $\alpha$ given $\mathscr{F}$ is $I_{\mu}(\alpha \mid \mathscr{F}):=$ $\sum_{A \in \alpha} I_{\mu}(A \mid \mathscr{F}) 1_{A}$
3. The conditional entropy of $\alpha$ given $\mathscr{F}$ is $H_{\mu}(\alpha \mid \mathscr{F}):=\int I_{\mu}(\alpha \mid \mathscr{F}) d \mu$.

Convention: Let $\alpha, \beta$ be partitions; We write $H_{\mu}(\alpha \mid \beta)$ for $H_{\mu}(\alpha \mid \sigma(\beta))$, where $\sigma(\beta):=$ smallest $\sigma$-algebra which contains $\beta$.

The following formulæ are immediate:

$$
\begin{aligned}
H_{\mu}(\alpha \mid \mathscr{F}) & =-\int_{X} \sum_{A \in \alpha} \mu(A \mid \mathscr{F})(x) \log \mu(A \mid \mathscr{F})(x) d \mu(x) \\
H_{\mu}(\alpha \mid \beta) & =-\sum_{B \in \beta} \mu(B) \sum_{A \in \alpha} \mu(A \mid B) \log \mu(A \mid B), \text { where } \mu(A \mid B)=\frac{\mu(A \cap B)}{\mu(B)} .
\end{aligned}
$$

### 4.2 Properties of the entropy of a partition

We need some notation and terminology. Let $\alpha, \beta$ be two countable partitions.

1. $\sigma(\alpha)$ is the smallest $\sigma$-algebra which contains $\alpha$;
2. $\alpha \leq \beta$ means that $\alpha \subseteq \sigma(\beta) \bmod \mu$, i.e. every element of $\alpha$ is equal up to a set of measure zero to an element of $\sigma(\beta)$. Equivalently, $\alpha \leq \beta$ if every element of $\alpha$ is equal up to a set of measure zero to a union of elements of $\beta$. We say that $\beta$ is finer than $\alpha$, and that $\alpha$ is coarser than $\beta$.
3. $\alpha=\beta \bmod \mu$ iff $\alpha \leq \beta$ and $\beta \leq \alpha$.
4. $\alpha \vee \beta$ is the smallest partition which is finer than both $\alpha$ and $\beta$. Equivalently, $\alpha \vee \beta:=\{A \cap B: A \in \alpha, B \in \beta\}$.

If $\mathscr{F}_{1}, \mathscr{F}_{2}$ are two $\sigma$-algebras, then $\mathscr{F}_{1} \vee \mathscr{F}_{2}$ is the smallest $\sigma$-algebra which contains $\mathscr{F}_{1}, \mathscr{F}_{2}$.

### 4.2.1 The entropy of $\alpha \vee \beta$

Suppose $\alpha=\left\{A_{1}, \ldots, A_{n}\right\}$ is a finite measurable partition of a probability space $(X, \mathscr{B}, \mu)$. Suppose $x \in X$ is unknown. It is useful to think of the information content of $\alpha$ as of the partial information on $x$ "which element of $\alpha$ contains an $x$."

We state and prove a formula which says that the information content of $\alpha$ and $\beta$ is the information content of $\alpha$ plus the information content of $\beta$ given the knowledge $\alpha$.

Theorem 4.1 (The Basic Identity). Suppose $\alpha, \beta$ are measurable countable partitions, and assume $H_{\mu}(\alpha), H_{\mu}(\beta)<\infty$, then

1. $I_{\mu}(\alpha \vee \beta \mid \mathscr{F})=I_{\mu}(\alpha \mid \mathscr{F})+I_{\mu}(\beta \mid \mathscr{F} \vee \sigma(\alpha))$;
2. $H_{\mu}(\alpha \vee \beta)=H_{\mu}(\alpha)+H_{\mu}(\beta \mid \alpha)$.

Proof. We calculate $I_{\mu}(\beta \mid \mathscr{F} \vee \sigma(\alpha))$ :

$$
I_{\mu}(\beta \mid \mathscr{F} \vee \sigma(\alpha))=-\sum_{B \in \beta} 1_{B} \log \mu(B \mid \mathscr{F} \vee \sigma(\alpha))
$$

Claim: $\mu(B \mid \mathscr{F} \vee \sigma(\alpha))=\sum_{A \in \alpha} 1_{A} \frac{\mu(B \cap A \mid \mathscr{F})}{\mu(A \mid \mathscr{F})}$ :

1. This expression is $\mathscr{F} \vee \sigma(\alpha)$-measurable
2. Observe that $\mathscr{F} \vee \sigma(\alpha)=\left\{\biguplus_{A \in \alpha} A \cap F_{A}: F_{A} \in \mathscr{F}\right\}$ (this is a $\sigma$-algebra which contains $\alpha$ and $\mathscr{F}$ ). Thus every $\mathscr{F} \vee \sigma(\alpha)$-measurable function is of the form $\sum_{A \in \alpha} 1_{A} \varphi_{A}$ with $\varphi_{A} \mathscr{F}$-measurable. It is therefore enough to check test functions of the form $1_{A} \varphi$ with $\varphi \in L^{\infty}(\mathscr{F})$. For such functions

$$
\begin{aligned}
& \int 1_{A} \varphi \sum_{A^{\prime} \in \alpha} 1_{A^{\prime}} \frac{\mu\left(B \cap A^{\prime} \mid \mathscr{F}\right)}{\mu\left(A^{\prime} \mid \mathscr{F}\right)} d \mu=\int 1_{A} \varphi \frac{\mu(B \cap A \mid \mathscr{F})}{\mu(A \mid \mathscr{F})} d \mu= \\
& =\int \mathbb{E}\left(1_{A} \mid \mathscr{F}\right) \varphi \frac{\mu(B \cap A \mid \mathscr{F})}{\mu(A \mid \mathscr{F})} d \mu=\int \varphi \mu(B \cap A \mid \mathscr{F}) d \mu=\int 1_{A} \varphi \cdot 1_{B} d \mu .
\end{aligned}
$$

So $\mu(B \mid \mathscr{F} \vee \sigma(\alpha))=\sum_{A \in \alpha} 1_{A} \frac{\mu(B \cap A \mid \mathscr{F})}{\mu(A \mid \mathscr{F})}$ as claimed.
Using the claim, we see that

$$
\begin{aligned}
I_{\mu}(\beta \mid \mathscr{F} \vee \sigma(\alpha)) & =-\sum_{B \in \beta} 1_{B} \log \sum_{A \in \alpha} 1_{A} \frac{\mu(B \cap A \mid \mathscr{F})}{\mu(A \mid \mathscr{F})} \\
& =-\sum_{B \in \beta} \sum_{A \in \alpha} 1_{A \cap B} \log \frac{\mu(B \cap A \mid \mathscr{F})}{\mu(A \mid \mathscr{F})} \\
& =-\sum_{B \in \beta} \sum_{A \in \alpha} 1_{A \cap B} \log \mu(B \cap A \mid \mathscr{F})+\sum_{A \in \alpha} \sum_{B \in \beta} 1_{A \cap B} \log \mu(A \mid \mathscr{F}) \\
& =I_{\mu}(\alpha \vee \beta \mid \mathscr{F})-I_{\mu}(\alpha \mid \mathscr{F}) .
\end{aligned}
$$

This proves the first part of the theorem.
Integrating, we get $H_{\mu}(\alpha \vee \beta \mid \mathscr{F})=H_{\mu}(\alpha \mid \mathscr{F})+H_{\mu}(\beta \mid \mathscr{F} \vee \alpha)$. If $\mathscr{F}=\{\varnothing, X\}$, then $H_{\mu}(\alpha \vee \beta)=H_{\mu}(\alpha)+H_{\mu}(\beta \mid \alpha)$.

### 4.2.2 Convexity properties

Lemma 4.1. Let $\varphi(t):=-t \log t$, then for every probability vector $\left(p_{1}, \ldots, p_{n}\right)$ and $x_{1}, \ldots, x_{n} \in[0,1] \varphi\left(p_{1} x_{1}+\cdots+p_{n} x_{n}\right) \geq p_{1} \varphi\left(x_{1}\right)+\cdots+p_{n} \varphi\left(x_{n}\right)$, with equality iff all the $x_{i}$ with is.t. $p_{i} \neq 0$ are equal.

Proof. This is because $\varphi(\cdot)$ is strictly concave. Let $m:=\sum p_{i} x_{i}$. If $m=0$ then the lemma is obvious, so suppose $m>0$. It is an exercise in calculus to see that $\varphi(t) \leq$ $\varphi(m)+\varphi^{\prime}(m)(t-m)$ for $t \in[0,1]$, with equality iff $t=m$. In the particular case $m=\sum p_{i} x_{i}$ and $t=x_{i}$ we get

$$
p_{i} \varphi\left(x_{i}\right) \leq p_{i} \varphi(m)+\varphi^{\prime}(m)\left(p_{i} x_{i}-p_{i} m\right) \text { with equality iff } p_{i}=0 \text { or } x_{i}=m
$$

Summing over $i$, we get $\sum p_{i} \varphi\left(x_{i}\right) \leq \varphi(m)+\varphi^{\prime}(m)\left(\sum p_{i} x_{i}-m\right)=\varphi(m)$. There is an equality iff for every $i p_{i}=0$ or $x_{i}=m$.

Proposition 4.2 (Convexity properties). Let $\alpha, \beta, \gamma$ be countable measurable partitions with finite entropies, then

1. $\alpha \leq \beta \Rightarrow H_{\mu}(\alpha \mid \gamma) \leq H_{\mu}(\beta \mid \gamma)$
2. $\alpha \leq \beta \Rightarrow H_{\mu}(\gamma \mid \alpha) \geq H_{\mu}(\gamma \mid \beta)$

Proof. The basic identity shows that $\beta \vee \gamma$ has finite entropy, and so $H_{\mu}(\beta \mid \gamma)=$ $H_{\mu}(\alpha \vee \beta \mid \gamma)=H_{\mu}(\alpha \mid \gamma)+H_{\mu}(\beta \mid \gamma \vee \alpha) \geq H_{\mu}(\alpha \mid \gamma)$.

For the second inequality, note that $\varphi(t)=-t \log t$ is strictly concave (i.e. its negative is convex), therefore by Jensen's inequality

$$
\begin{aligned}
& H_{\mu}(\gamma \mid \alpha)=\int \sum_{C \in \gamma} \varphi[\mathbb{E}(C \mid \sigma(\alpha))] d \mu=\int \sum_{C \in \gamma} \varphi[\mathbb{E}(\mathbb{E}(C \mid \sigma(\beta)) \mid \sigma(\alpha))] d \mu \geq \\
& \left.\geq \int \sum_{C \in \gamma} \mathbb{E}\left(\varphi\left[\mathbb{E}\left(1_{C} \mid \sigma(\beta)\right)\right] \mid \sigma(\alpha)\right)\right] d \mu=\sum_{C \in \gamma} \int \varphi\left[\mathbb{E}\left(1_{C} \mid \sigma(\beta)\right)\right] d \mu \equiv H_{\mu}(\gamma \mid \beta),
\end{aligned}
$$

proving the inequality.

### 4.2.3 Information and independence

We say that two partitions are independent, if $\forall A \in \alpha, B \in \beta, \mu(A \cap B)=\mu(A) \mu(B)$. This the same as saying that the random variables $\alpha(x), \beta(x)$ are independent.

Proposition 4.3 (Information and Independence). $H_{\mu}(\alpha \vee \beta) \leq H_{\mu}(\alpha)+H_{\mu}(\beta)$ with equality iff $\alpha, \beta$ are independent.

Proof. $H_{\mu}(\alpha \vee \beta)=H_{\mu}(\alpha)+H_{\mu}(\beta)$ iff $H_{\mu}(\alpha \mid \beta)=H_{\mu}(\alpha)$. But

$$
H_{\mu}(\alpha \mid \beta)=-\sum_{B \in \beta} \mu(B) \sum_{A \in \alpha} \mu(A \mid B) \log \mu(A \mid B) .
$$

Let $\varphi(t)=-t \log t$. We have:

$$
\sum_{A \in \alpha} \sum_{B \in \beta} \mu(B) \varphi[\mu(A \mid B)]=\sum_{A \in \alpha} \varphi[\mu(A)]
$$

But $\varphi$ is strictly concave, so $\sum_{B \in \beta} \mu(B) \varphi[\mu(A \mid B)] \leq \varphi[\mu(A)]$, with equality iff $\mu(A \mid B)$ are equal for all $B \in \beta$ s.t. $\mu(B) \neq 0$.

We conclude that $\mu(A \mid B)=c(A)$ for all $B \in \beta$ s.t. $\mu(B) \neq 0$. For such $B$, $\mu(A \cap B)=c(A) \mu(B)$. Summing over $B$, gives $c(A)=\mu(A)$ and we obtain the independence condition.

### 4.3 The Metric Entropy

### 4.3.1 Definition and meaning

Definition 4.3 (Kolmogorov, Sinai). The metric entropy of a ppt $(X, \mathscr{B}, \mu, T)$ is defined to be

$$
h_{\mu}(T):=\sup \left\{h_{\mu}(T, \alpha): \alpha \text { is a countable measurable partition s.t. } H_{\mu}(\alpha)<\infty\right\}
$$

where $h_{\mu}(T, \alpha):=\lim _{n \rightarrow \infty} \frac{1}{n} H_{\mu}\left(\bigvee_{i=0}^{n-1} T^{-i} \alpha\right)$.
It can be shown that the supremum is attained by finite measurable partitions (problem 4.9).

Proposition 4.4. The limit which defines $h_{\mu}(T, \alpha)$ exists.
Proof. Write $\alpha_{n}:=\bigvee_{i=0}^{n-1} T^{-i} \alpha$. Then $a_{n}:=H_{\mu}\left(\alpha_{n}\right)$ is subadditive, because $a_{n+m}:=$ $H_{\mu}\left(\alpha_{n+m}\right) \leq H_{\mu}\left(\alpha_{n}\right)+H_{\mu}\left(T^{-n} \alpha_{m}\right)=a_{n}+a_{m}$.

We claim that any sequence of numbers $\left\{a_{n}\right\}_{n \geq 1}$ which satisfies $a_{n+m} \leq a_{n}+a_{m}$ converges to a limit (possibly equal to minus infinity), and that this $\operatorname{limit} \operatorname{is} \inf \left[a_{n} / n\right]$. Fix $n$. Then for every $m, m=k n+r, 0 \leq r \leq n-1$, so

$$
a_{m} \leq k a_{n}+a_{r} .
$$

Dividing by $m$, we get that for all $m>n$

$$
\frac{a_{m}}{m} \leq \frac{k a_{n}+a_{r}}{k n+r} \leq \frac{a_{n}}{n}+\frac{a_{r}}{m}
$$

whence $\limsup \left(a_{m} / m\right) \leq a_{n} / n$. Since this is true for all $n, \limsup a_{m} / m \leq \inf a_{n} / n$. But it is obvious that $\liminf a_{m} / m \geq \inf a_{n} / n$, so the limsup and liminf are equal, and their common value is $\inf a_{n} / n$.

We remark that in our case the limit is not minus infinity, because $H_{\mu}\left(\bigvee_{i=0}^{n-1} T^{-i} \alpha\right)$ are all non-negative.
$H_{\mu}\left(\alpha_{n}\right)$ is the average information content in the first $n$-digits of the $\alpha$-itinerary. Dividing by $n$ gives the average "information per unit time." Thus the entropy measure the maximal rate of information production the system is capable of generating.

It is also possible to think of entropy as a measure of unpredictability. Let's think of $T$ as moving backward in time. Then $\alpha_{1}^{\infty}:=\sigma\left(\bigcup_{n=1}^{\infty} T^{-n} \alpha\right)$ contains the information on the past of the itinerary. Given the future, how unpredictable is the present, on average? This is measured by $H_{\mu}\left(\alpha \mid \alpha_{1}^{\infty}\right)$.

Theorem 4.2. If $H_{\mu}(\alpha)<\infty$, then $h_{\mu}(T, \alpha)=H_{\mu}\left(\alpha \mid \alpha_{1}^{\infty}\right)$, where $\alpha_{1}^{\infty}=\sigma\left(\bigcup_{i=1}^{\infty} T^{-i} \alpha\right)$.
Proof. We show that $h_{\mu}(T, \alpha)=H_{\mu}\left(\alpha \mid \alpha_{1}^{\infty}\right)$. Let $\alpha_{m}^{n}:=\bigvee_{i=m}^{n} T^{-i} \alpha$, then

$$
H_{\mu}\left(\alpha \mid \alpha_{0}^{n}\right)=H_{\mu}\left(\alpha_{0}^{n}\right)-H_{\mu}\left(T^{-1} \alpha_{0}^{n-1}\right)=H_{\mu}\left(\alpha_{0}^{n}\right)-H_{\mu}\left(\alpha_{0}^{n-1}\right)
$$

Summing over $n$, we obtain

$$
H_{\mu}\left(\alpha_{n}\right)-H_{\mu}(\alpha)=\sum_{k=1}^{n} H_{\mu}\left(\alpha \mid \alpha_{1}^{k}\right)
$$

Dividing by $n$ and passing to the limit we get

$$
h_{\mu}(T, \alpha)=\lim _{n \rightarrow \infty} \frac{1}{n} \sum_{k=1}^{n} H_{\mu}\left(\alpha \mid \alpha_{1}^{k}\right)
$$

It is therefore enough to show that $H_{\mu}\left(\alpha \mid \alpha_{1}^{k}\right) \underset{k \rightarrow \infty}{\longrightarrow} H_{\mu}\left(\alpha \mid \alpha_{1}^{\infty}\right)$.
This is dangerous! It is true that $H_{\mu}\left(\alpha \mid \alpha_{1}^{k}\right)=\int I_{\mu}\left(\alpha \mid \alpha_{1}^{k}\right) d \mu$ and that by the martingale convergence theorem

$$
I_{\mu}\left(\alpha \mid \alpha_{1}^{k}\right) \underset{k \rightarrow \infty}{\longrightarrow} I_{\mu}\left(\alpha \mid \alpha_{1}^{\infty}\right) \text { a.e. }
$$

But the claim that the integral of the limit is equal to the limit of the integrals requires justification.

If $|\alpha|<\infty$, then we can bypass the problem by writing

$$
H_{\mu}\left(\alpha \mid \alpha_{1}^{k}\right)=\int \sum_{A \in \alpha} \varphi\left[\mu\left(A \mid \alpha_{1}^{k}\right)\right] d \mu, \text { with } \varphi(t)=-t \log t
$$

and noting that this function is bounded $(\operatorname{by}|\alpha| \max \varphi)$. This allows us to apply the bounded convergence theorem, and deduce that $H_{\mu}\left(\alpha \mid \alpha_{1}^{k}\right) \xrightarrow[k \rightarrow \infty]{\longrightarrow} H_{\mu}\left(\alpha \mid \alpha_{1}^{\infty}\right)$.

If $|\alpha|=\infty$ (but $\left.H_{\mu}(\alpha)<\infty\right)$ then we need to be more clever, and appeal to the following lemma (proved below):

Lemma 4.2 (Chung-Neveu). Suppose $\alpha$ is a countable measurable partition with finite entropy, then the function $f^{*}:=\sup _{n \geq 1} I_{\mu}\left(\alpha \mid \alpha_{1}^{n}\right)$ is absolutely integrable.

The result now follows from the dominated convergence theorem.

Here is the proof of the Chung Neveu Lemma. Fix $A \in \alpha$, then we may decompose $A \cap\left[f^{*}>t\right]=\biguplus_{m \geq 1} A \cap B_{m}(t ; A)$, where

$$
B_{m}(t ; A):=\left\{x \in X: m \text { is the minimal natural number s.t. }-\log _{2} \mu\left(A \mid \alpha_{1}^{m}\right)>t\right\}
$$

We have

$$
\begin{aligned}
\mu\left[A \cap B_{m}(t ; A)\right] & =\mathbb{E}_{\mu}\left(1_{A} 1_{B_{m}(t ; A)}\right)=\mathbb{E}_{\mu}\left(\mathbb{E}_{\mu}\left(1_{A} 1_{B_{m}(t ; A)} \mid \sigma\left(\alpha_{1}^{m}\right)\right)\right) \\
& =\mathbb{E}_{\mu}\left(1_{B_{m}(t ; A)} \mathbb{E}_{\mu}\left(1_{A} \mid \sigma\left(\alpha_{1}^{m}\right)\right)\right), \text { because } B_{m}(t ; A) \in \sigma\left(\alpha_{1}^{m}\right) \\
& \equiv \mathbb{E}_{\mu}\left(1_{B_{m}(t ; A)} 2^{\log _{2} \mu\left(A \mid \sigma\left(\alpha_{1}^{m}\right)\right)}\right) \\
& \leq \mathbb{E}_{\mu}\left(1_{B_{m}(t ; A)} 2^{-t}\right)=2^{-t} \mu\left[B_{m}(t ; A)\right] .
\end{aligned}
$$

Summing over $m$ we see that $\mu\left(A \cap\left[f^{*}>t\right]\right) \leq 2^{-t}$. Of course we also have $\mu(A \cap$ $\left.\left[f^{*}>t\right]\right) \leq \mu(A)$. Thus $\mu\left(A \cap\left[f^{*}>t\right]\right) \leq \min \left\{\mu(A), 2^{-t}\right\}$.

We now use the following fact from measure theory: If $g \geq 0$, then $\int g d \mu=$ $\int_{0}^{\infty} \mu[g>t] d t:^{1}$

$$
\begin{aligned}
\int_{A} f^{*} d \mu & =\int_{0}^{\infty} \mu\left(A \cap\left[f^{*}>t\right]\right) d t \leq \int_{0}^{\infty} \min \left\{\mu(A), 2^{-t}\right\} d t \\
& \left.\leq \int_{0}^{-\log _{2} \mu(A)} \mu(A) d t+\int_{-\log _{2} \mu(A)}^{\infty} 2^{-t} d t=-\mu(A) \log _{2} \mu(A)-\frac{2^{-t}}{\ln 2}\right]_{-\log _{2} \mu(A)}^{\infty} \\
& =-\mu(A) \log _{2} \mu(A)+\mu(A) / \ln 2
\end{aligned}
$$

Summing over $A \in \alpha$ we get that $\int f^{*} d \mu \leq H_{\mu}(\alpha)+(\ln 2)^{-1}<\infty$.

### 4.3.2 The Shannon-McMillan-Breiman Theorem

Theorem 4.3 (Shannon-McMillan-Breiman). Let $(X, \mathscr{B}, \mu, T)$ be an ergodic ppt, and $\alpha$ a countable measurable partition of finite entropy, then

$$
\frac{1}{n} I_{\mu}\left(\alpha_{0}^{n-1}\right) \underset{n \rightarrow \infty}{\longrightarrow} h_{\mu}(T, \alpha) \text { a.e. }
$$

In particular, if $\alpha_{n}(x):=$ element of $\alpha_{n}$ which contains $x$, then

$$
-\frac{1}{n} \log \mu\left(\alpha_{n}(x)\right) \underset{n \rightarrow \infty}{\longrightarrow} h_{\mu}(T, \alpha) \text { a.e. }
$$

Proof. Let $\alpha_{0}^{n}:=\bigvee_{i=0}^{n} T^{-i} \alpha$. Recall the basic identity $I_{\mu}\left(\alpha_{0}^{n-1}\right) \equiv I_{\mu}\left(\alpha_{1}^{n-1} \vee \alpha\right)=$ $I_{\mu}\left(\alpha_{1}^{n-1}\right)+I_{\mu}\left(\alpha \mid \alpha_{1}^{n-1}\right)$. This gives
${ }^{1}$ Proof: $\int_{X} g d \mu=\int_{X} \int_{0}^{\infty} 1_{[0 \leq t<g(x)]}(x, t) d t d \mu(x)=\int_{0}^{\infty} \int_{X} 1_{[g>t]}(x, t) d \mu(x) d t=\int_{0}^{\infty} \mu[g>t] d t$.

$$
\begin{aligned}
I_{\mu}\left(\alpha_{0}^{n}\right) & =I_{\mu}\left(\alpha \mid \alpha_{1}^{n}\right)+I_{\mu}\left(\alpha_{0}^{n-1}\right) \circ T \\
& =I_{\mu}\left(\alpha \mid \alpha_{1}^{n}\right)+\left[I_{\mu}\left(\alpha \mid \alpha_{1}^{n-1}\right)+I_{\mu}\left(\alpha_{0}^{n-2}\right) \circ T\right] \circ T \\
& =\cdots=\sum_{k=0}^{n-1} I_{\mu}\left(\alpha \mid \alpha_{1}^{n-k}\right) \circ T^{k}+I_{\mu}(\alpha) \circ T^{n} \\
& =\sum_{k=1}^{n} I_{\mu}\left(\alpha \mid \alpha_{1}^{k}\right) \circ T^{n-k}+\left(\sum_{k=0}^{n} I_{\mu}(\alpha) \circ T^{k}-\sum_{k=0}^{n-1} I_{\mu}(\alpha) \circ T^{k}\right) \\
& =\sum_{k=1}^{n} I_{\mu}\left(\alpha \mid \alpha_{1}^{k}\right) \circ T^{n-k}+o(n) \text { a.e. },
\end{aligned}
$$

because $\frac{1}{n} \times$ brackets tends to zero a.e. by the pointwise ergodic theorem.
By the Martingale Convergence Theorem, $I_{\mu}\left(\alpha \mid \alpha_{1}^{k}\right) \underset{k \rightarrow \infty}{\longrightarrow} I_{\mu}\left(\alpha \mid \alpha_{1}^{\infty}\right)$. The idea of the proof is to use this to say

$$
\begin{aligned}
\lim _{n \rightarrow \infty} \frac{1}{n} I_{\mu}\left(\alpha_{0}^{n}\right) & \equiv \lim _{n \rightarrow \infty} \frac{1}{n} \sum_{k=1}^{n} I_{\mu}\left(\alpha \mid \alpha_{1}^{k}\right) \circ T^{n-k} \\
& \stackrel{?}{=} \lim _{n \rightarrow \infty} \frac{1}{n} \sum_{k=1}^{n} I_{\mu}\left(\alpha \mid \alpha_{1}^{\infty}\right) \circ T^{n-k} \equiv \lim _{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} I_{\mu}\left(\alpha \mid \alpha_{1}^{\infty}\right) \circ T^{k} \\
& =\int I_{\mu}\left(\alpha \mid \alpha_{1}^{\infty}\right) d \mu \quad(\text { Ergodic Theorem }) \\
& =H_{\mu}\left(\alpha \mid \alpha_{1}^{\infty}\right)=h_{\mu}(T, \alpha) .
\end{aligned}
$$

The point is to justify the question mark. Write $f_{n}:=I_{\mu}\left(\alpha \mid \alpha_{1}^{n}\right)$ and $f_{\infty}=$ $I_{\mu}\left(\alpha \mid \alpha_{1}^{\infty}\right)$. It is enough to show

$$
\begin{equation*}
\int \limsup _{n \rightarrow \infty} \frac{1}{n} \sum_{k=1}^{n}\left|f_{k}-f_{\infty}\right| \circ T^{n-k} d \mu=0 \tag{4.1}
\end{equation*}
$$

(This implies that the limsup is zero almost everywhere.) Set $F_{n}:=\sup _{k>n}\left|f_{k}-f_{\infty}\right|$. Then $F_{n} \rightarrow 0$ almost everywhere. We claim that $F_{n} \rightarrow 0$ in $L^{1}$. This is because of the dominated convergence theorem and the fact that $F_{n} \leq 2 f^{*}:=2 \sup _{m} f_{m} \in L^{1}$ (Chung-Neveu Lemma). Fix some large $N$, then

$$
\begin{aligned}
& \int \limsup _{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1}\left|f_{n-k}-f_{\infty}\right| \circ T^{k} d \mu= \\
& =\int \limsup _{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-N-1}\left|f_{n-k}-f_{\infty}\right| \circ T^{k} d \mu+\int \limsup _{n \rightarrow \infty} \frac{1}{n} \sum_{k=n-N}^{n-1}\left|f_{n-k}-f_{\infty}\right| \circ T^{k} d \mu \\
& \leq \int \lim _{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-N-1} F_{N} \circ T^{k} d \mu+\int\left(\limsup _{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{N-1} 2 f^{*} \circ T^{k}\right) \circ T^{n-N} d \mu
\end{aligned}
$$

$$
=\int F_{N} d \mu+\int\left(\limsup _{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{N-1} 2 f^{*} \circ T^{k}\right) d \mu=\int F_{N} d \mu .
$$

Since $F_{N} \rightarrow 0$ in $L^{1}, \int F_{N} d \mu \rightarrow 0$. So (4.1) holds.

### 4.3.3 Sinai's Generator theorem

Let $\mathscr{F}_{1}, \mathscr{F}_{2}$ be two sub- $\sigma$-algebras of a probability space $(X, \mathscr{B}, \mu)$. We write $\mathscr{F}_{1} \subseteq$ $\mathscr{F}_{2} \bmod \mu$, if $\forall F_{1} \in \mathscr{F}_{1}, \exists F_{2} \in \mathscr{F}_{2}$ s.t. $\mu\left(F_{1} \triangle F_{2}\right)=0$. We write $\mathscr{F}_{1}=\mathscr{F}_{2} \bmod \mu$, if both inclusions hold $\bmod \mu$. For example, $\mathscr{B}(\mathbb{R})=\mathscr{B}_{0}(\mathbb{R}) \bmod$ Lebesgue's measure. For every partition $\alpha$, let $\alpha_{-\infty}^{\infty}=\bigvee_{i=-\infty}^{\infty} T^{-i} \alpha, \alpha_{0}^{\infty}:=\bigvee_{i=0}^{\infty} T^{-i} \alpha$ denote the smallest $\sigma$-algebras generated by, respectively, $\bigcup_{i=-\infty}^{\infty} T^{-i} \alpha$ and $\bigcup_{i=0}^{\infty} T^{-i} \alpha$.

Definition 4.4. A countable measurable partition $\alpha$ is called a generator for an invertible $(X, \mathscr{B}, \mu, T)$ if $\bigvee_{i=-\infty}^{\infty} T^{-i} \alpha=\mathscr{B} \bmod \mu$, and a strong generator, if $\bigvee_{i=0}^{\infty} T^{-i} \alpha=\mathscr{B} \bmod \mu$.
(This latter definition makes sense in the non-invertible case as well)
Example: $\alpha=\left\{\left[0, \frac{1}{2}\right),\left[\frac{1}{2}, 1\right]\right\}$ is a strong generator for $T x=2 x \bmod 1$, because $\bigvee_{i=0}^{\infty} T^{-i} \alpha=\sigma\left(\bigcup_{n} \alpha_{0}^{n-1}\right)$ is the Borel $\sigma$-algebra (it contains all dyadic intervals, whence all open sets).

Theorem 4.4 (Sinai's Generator Theorem). Let $(X, \mathscr{B}, \mu, T)$ be an invertible ppt. If $\alpha$ is a generator of finite entropy, then $h_{\mu}(T)=h_{\mu}(T, \alpha)$. A similar statement holds for non-invertible ppt assuming that $\alpha$ is a strong generator.

Proof. We treat the inverible case only, and leave the non-invertible case as an exercise. Fix a finite measurable partition $\beta$; Must show that $h_{\mu}(T, \beta) \leq h_{\mu}(T, \alpha)$.
Step 1. $h_{\mu}(T, \beta) \leq h_{\mu}(T, \alpha)+H_{\mu}(\beta \mid \alpha)$

$$
\begin{aligned}
& \frac{1}{n} H_{\mu}\left(\beta_{0}^{n-1}\right) \leq \frac{1}{n} H_{\mu}\left(\beta_{0}^{n-1} \vee \alpha_{0}^{n-1}\right)=\frac{1}{n}\left[H_{\mu}\left(\alpha_{0}^{n-1}\right)+H_{\mu}\left(\beta_{0}^{n-1} \mid \alpha_{0}^{n-1}\right)\right] \\
& \leq \frac{1}{n}\left[H_{\mu}\left(\alpha_{0}^{n-1}\right)+\sum_{k=0}^{n-1} H_{\mu}\left(T^{-k} \beta \mid \alpha_{0}^{n-1}\right)\right] \because H_{\mu}(\xi \vee \eta \mid \mathscr{G}) \leq H_{\mu}(\xi \mid \mathscr{G})+H_{\mu}(\eta \mid \mathscr{G}) \\
& \leq \frac{1}{n}\left[H_{\mu}\left(\alpha_{0}^{n-1}\right)+\sum_{k=0}^{n-1} H_{\mu}\left(T^{-k} \beta \mid T^{-k} \alpha\right)\right] \\
& =\frac{1}{n} H_{\mu}\left(\alpha_{0}^{n-1}\right)+H_{\mu}(\beta \mid \alpha) .
\end{aligned}
$$

Now pass to the limit.

Step 2. For every $N, h_{\mu}(T, \beta) \leq h_{\mu}(T, \alpha)+H_{\mu}\left(\beta \mid \alpha_{-N}^{N}\right)$
Repeat the previous step with $\alpha_{-N}^{N}$ instead of $\alpha$, and check that $h_{\mu}\left(T, \alpha_{-N}^{N}\right)=$ $h_{\mu}(T, \alpha)$.
Step 3. $H_{\mu}\left(\beta \mid \alpha_{-N}^{N}\right) \xrightarrow[N \rightarrow \infty]{\longrightarrow} H_{\mu}(\beta \mid \mathscr{B})=0$.

$$
\begin{aligned}
H_{\mu}\left(\beta \mid \alpha_{-N}^{N}\right) & =\int I_{\mu}\left(\beta \mid \alpha_{-N}^{N}\right) d \mu=-\sum_{B \in \beta} \int 1_{B} \log \mu\left(B \mid \alpha_{-N}^{N}\right) d \mu \\
& =-\sum_{B \in \beta} \int \mu\left(B \mid \alpha_{-N}^{N}\right) \log \mu\left(B \mid \alpha_{-N}^{N}\right) d \mu \\
& =\sum_{B \in \beta} \int \varphi\left[\log \mu\left(B \mid \alpha_{-N}^{N}\right)\right] d \mu \underset{N \rightarrow \infty}{\longrightarrow} \sum_{B \in \beta} \int \varphi[\log \mu(B \mid \mathscr{B})] d \mu=0
\end{aligned}
$$

because $\mu(B \mid \mathscr{B})=1_{B}, \varphi\left[1_{B}\right]=0$, and $|\beta|<\infty$
This proves that $h_{\mu}(T, \alpha) \geq \sup \left\{h_{\mu}(T, \beta):|\beta|<\infty\right\}$. Problem 4.9 says that this supremum is equal to $h_{\mu}(T)$, so we are done.

The following variation on Sinai's Generator Theorem is very useful. Suppose $(X, d)$ is a compact metric space. A finite Borel partition of $X$ is finite collection $\alpha=\left\{A_{1}, \ldots, A_{N}\right\}$ of pairwise disjoint Borel sets whose union covers $X$. Let

$$
\operatorname{diam}(\alpha):=\max \{\operatorname{diam}(A): A \in \alpha\}
$$

where $\operatorname{diam}(A):=\sup \{d(x, y): x, y \in A\}$.
Proposition 4.5. Let $T$ be a Borel map on a compact metric space $(X, d)$, and suppose $\alpha_{n}$ is a sequence of finite Borel partitions such that $\operatorname{diam}\left(\alpha_{n}\right) \xrightarrow[n \rightarrow \infty]{\longrightarrow} 0$. Then for every $T$-invariant Borel probability measure $\mu, h_{\mu}(T)=\lim _{n \rightarrow \infty} h_{\mu}\left(T, \alpha_{n}\right)$.

Proof. We begin, as in the proof of Sinai's generator theorem, with the inequality

$$
h_{\mu}(T, \beta) \leq h_{\mu}(T, \alpha)+H_{\mu}(\beta \mid \alpha)
$$

Step 1. For every $\varepsilon$ and $m$ there is a $\delta$ such that if $\beta=\left\{B_{1}, \ldots, B_{m}\right\}$ and $\gamma=$ $\left\{C_{1}, \ldots, C_{m}\right\}$ are partitions such that $\sum \mu\left(B_{i} \triangle C_{i}\right)<\delta$, then $H_{\mu}(\beta \mid \gamma)<\varepsilon$ :

Proof. We prepare a partition $\xi$ with small entropy such that $\beta \vee \gamma=\xi \vee \gamma$ and then write $H_{\mu}(\beta \mid \gamma)=H_{\mu}(\beta \vee \gamma)-H_{\mu}(\gamma)=H_{\mu}(\xi \vee \gamma)-H_{\mu}(\gamma) \leq H_{\mu}(\xi)$.

Here is the partition $\xi: \xi:=\left\{B_{i} \cap C_{j}: i \neq j\right\} \cup\left\{\bigcup B_{i} \cap C_{i}\right\}$. Then:

1. $\beta \vee \xi=\beta \vee \gamma: \beta \vee \xi \leq \beta \vee \gamma$ by construction, and $\beta \vee \xi \geq \beta \vee \gamma$ because $B_{i} \cap C_{j} \in$ $\beta \vee \xi$ for $i \neq j$ and $B_{i} \cap C_{i}=B_{i} \backslash \bigcup_{k \neq \ell} B_{k} \cap C_{\ell}$
2. $\gamma \vee \xi=\beta \vee \gamma$ for the same reason
3. $\xi$ contains $m(m-1)$ elements with total measure $<\delta$ and one element with total measure $>1-\delta$. So $H_{\mu}(\xi) \leq m(m-1) \delta|\log \delta|+(1-\delta)|\log (1-\delta)|$.

Taking $\delta$ sufficiently small gives $H_{\mu}(\xi)<\varepsilon$. So $H_{\mu}(\beta \mid \gamma) \leq H_{\mu}(\xi)<\varepsilon$.
Step 2. Suppose $\operatorname{diam}\left(\alpha_{n}\right) \xrightarrow[n \rightarrow \infty]{\longrightarrow} 0$, then $H_{\mu}\left(\beta \mid \alpha_{n}\right) \xrightarrow[n \rightarrow \infty]{\longrightarrow} 0$.
Proof. Fix $\delta$, to be determined later. Write $\beta=\left\{B_{1}, \ldots, B_{m}\right\}$ and find compact sets $K_{i}$ and open sets $U_{i}$ such that $K_{i} \subset B_{i} \subset U_{i}$ and $\sum \mu\left(U_{i} \backslash K_{i}\right)<\delta$. Find $\delta^{\prime}>0$ so small that $\operatorname{dist}\left(K_{i}, K_{j}\right)>\delta^{\prime}$ for all $i \neq j$, and $N_{\delta^{\prime}}\left(K_{i}\right) \subset U_{i}$.

Fix $N$ so that $n>N \Rightarrow \operatorname{diam}\left(\alpha_{n}\right)<\delta^{\prime} / 2$. By choice of $\delta^{\prime}$, every $A \in \alpha_{n}$ can intersect at most one $K_{i}$. This gives rise to a partition $\gamma=\left\{C_{1}, \ldots, C_{m+1}\right\}$ where

$$
C_{i}:=\bigcup\left\{A \in \alpha_{n}: A \cap K_{i} \neq \varnothing\right\} \quad(i=1, \ldots, m), C_{m+1}:=X \backslash \bigcup_{i=1}^{m} C_{i}
$$

Note that $K_{i} \subset C_{i} \subset U_{i}$, whence $\mu\left(B_{i} \triangle C_{i}\right) \leq \mu\left(U_{i} \backslash K_{i}\right)$. Also

$$
\mu\left(C_{m+1}\right) \leq 1-\sum_{i=1}^{m} \mu\left(K_{i}\right) \leq 1-\sum_{i=1}^{m}\left(\mu\left(B_{i}\right)-\mu\left(U_{i} \backslash K_{i}\right)\right)=\sum_{i=1}^{m} \mu\left(U_{i} \backslash K_{i}\right)<\delta
$$

If we extend $\beta$ to the partition $\left\{B_{1}, \ldots, B_{m+1}\right\}$ where $B_{m+1}=\varnothing$, then we get

$$
\sum_{i=1}^{m+1} \mu\left(B_{i} \triangle C_{i}\right) \leq \sum_{i=1}^{m} \mu\left(U_{i} \backslash K_{i}\right)+\mu\left(C_{m+1}\right)<2 \delta
$$

We now use Claim 2 to choose $\delta$ so that $\sum_{i=1}^{m+1} \mu\left(B_{i} \triangle C_{i}\right)<2 \delta \Rightarrow H_{\mu}(\beta \mid \gamma)<\varepsilon$. Since $\gamma \geq \alpha_{n}, H_{\mu}\left(\beta \mid \alpha_{n}\right)<\varepsilon$ for all $n>N$.

Step 3. Proof of the proposition: Pick $n_{k} \rightarrow \infty$ such that $h_{\mu}\left(T, \alpha_{n_{k}}\right) \rightarrow \liminf h_{\mu}\left(T, \alpha_{n}\right)$. For every finite partition $\beta, h_{\mu}(T, \beta) \leq h_{\mu}\left(T, \alpha_{n_{k}}\right)+H_{\mu}\left(\beta \mid \alpha_{n_{k}}\right)$.

By step $1, H_{\mu}\left(\beta \mid \alpha_{n_{k}}\right) \underset{k \rightarrow \infty}{ } 0$, so $h_{\mu}(T, \beta) \leq \liminf _{n \rightarrow \infty} h_{\mu}\left(T, \alpha_{n}\right)$. Passing to the supremum over all finite partitions $\beta$, we find that

$$
h_{\mu}(T) \leq \liminf _{n \rightarrow \infty} h_{\mu}\left(T, \alpha_{n}\right) \leq \limsup _{n \rightarrow \infty} h_{\mu}\left(T, \alpha_{n}\right) \leq h_{\mu}(T)
$$

which proves the proposition.

### 4.4 Examples

### 4.4.1 Bernoulli schemes

Proposition 4.6. The entropy of the Bernoulli shift with probability vector $\underline{p}$ is $-\sum p_{i} \log p_{i}$. Thus the $\left(\frac{1}{3}, \frac{1}{3}, \frac{1}{3}\right)$-Bernoulli scheme and the $\left(\frac{1}{2}, \frac{1}{2}\right)$-Bernoulli scheme are not isomorphic.

Proof. The partition into 1-cylinders $\alpha=\{[i]\}$ is a strong generator, and $H_{\mu}\left(\alpha_{0}^{n-1}\right)=$ $-\sum_{x_{0}, \ldots, x_{n-1}} p_{x_{0}} \cdots p_{x_{n-1}}\left(\log p_{x_{0}}+\cdots \log p_{x_{n-1}}\right)=-n \sum p_{i} \log p_{i}$.

### 4.4.2 Irrational rotations

Proposition 4.7. The irrational rotation has entropy zero w.r.t. the Haar measure.
Proof. The reason is that it is an invertible transformation with a strong generator. We first explain why any invertible map with a strong generator must have zero entropy. Suppose $\alpha$ is such a strong generator. Then

$$
\begin{aligned}
h_{\mu}(T, \alpha)=H_{\mu}\left(\alpha \mid \alpha_{1}^{\infty}\right)= & H_{\mu}\left(T \alpha \mid T\left(\alpha_{1}^{\infty}\right)\right)= \\
& =H_{\mu}\left(T \alpha \mid \alpha_{0}^{\infty}\right)=H_{\mu}(T \alpha \mid \mathscr{B})=0, \text { because } T \alpha \subset \mathscr{B} .
\end{aligned}
$$

We now claim that $\alpha:=\left\{A_{0}, A_{1}\right\}$ (the two halves of the circle) is a strong generator. It is enough to show that for every $\varepsilon, \bigcup_{n \geq 1} \alpha_{0}^{n-1}$ contains open covers of the circle by open arcs of diameter $<\varepsilon$ (because this forces $\alpha_{0}^{\infty}$ to contain all open sets).

It is enough to manufacture one arc of diameter less than $\varepsilon$, because the translations of this arc by $k \alpha$ will eventually cover the circle.

But such an arc necessarily exits: Choose some $n$ s.t. $n \alpha \bmod 1 \in(0, \varepsilon)$. Then $A_{1} \backslash T^{-n} A_{1}=\left(A_{1} \backslash\left[A_{1}-n \alpha\right]\right.$ is an arc of diameter less than $\varepsilon$.

### 4.4.3 Markov measures

Proposition 4.8. Suppose $\mu$ is a shift invariant Markov measure with transition matrix $P=\left(p_{i j}\right)_{i, j \in S}$ and probability vector $\left(p_{i}\right)_{i \in S}$. Then $h_{\mu}(\sigma)=-\sum p_{i} p_{i j} \log p_{i j}$.

Proof. The natural partition $\alpha=\{[a]: a \in S\}$ is a strong generator.

$$
\begin{aligned}
H_{\mu}\left(\alpha_{0}^{n}\right)= & -\sum_{\xi_{0}, \ldots, \xi_{n} \in S} \mu[\underline{\xi}] \log \mu[\underline{\xi}] \\
= & -\sum_{\xi_{0}, \ldots, \xi_{n} \in S} p_{\xi_{0}} p_{\xi_{0} \xi_{1}} \cdots p_{\xi_{n-1} \xi_{n}}\left(\log p_{\xi_{0}}+\log p_{\xi_{0} \xi_{1}}+\cdots+\log p_{\xi_{n-1} \xi_{n}}\right) \\
=- & \sum_{j=0}^{n-1} \sum_{\xi_{0}, \ldots, \xi_{n} \in S} p_{\xi_{0}} p_{\xi_{0} \xi_{1}} \cdots p_{\xi_{n-1} \xi_{n}} \log p_{\xi_{j} \xi_{j+1}} \\
& \quad-\sum_{\xi_{0}, \ldots, \xi_{n} \in S} p_{\xi_{0}} p_{\xi_{0} \xi_{1}} \cdots p_{\xi_{n-1} \xi_{n}} \log p_{\xi_{0}}
\end{aligned}
$$

$$
\begin{aligned}
&=- \sum_{j=0}^{n-1} \sum_{\xi_{0}, \ldots, \xi_{n} \in S} p_{\xi_{0}} p_{\xi_{0} \xi_{1}} \cdots p_{\xi_{j-1} \xi_{j}} \cdot p_{\xi_{j+1} \xi_{j+2}} \cdots p_{\xi_{n-1} \xi_{n}} p_{\xi_{j} \xi_{j+1}} \log p_{\xi_{j} \xi_{j+1}} \\
&-\sum_{\xi_{0} \in S} p_{\xi_{0}} \log p_{\xi_{0}} \\
&=- \sum_{j=0}^{n-1} \sum_{\xi_{j}, \ldots, \xi_{n} \in S} \mu\left(\sigma^{-j}\left[\xi_{j}\right]\right) \cdot p_{\xi_{j+1} \xi_{j+2}} \cdots p_{\xi_{n-1} \xi_{n}} p_{\xi_{j} \xi_{j+1}} \log p_{\xi_{j} \xi_{j+1}} \\
&-\sum_{\xi_{0} \in S} p_{\xi_{0}} \log p_{\xi_{0}} \\
&=-\sum_{j=0}^{n-1} \sum_{\xi_{j}, \xi_{j+1} \in S} p_{\xi_{j}} p_{\xi_{j} \xi_{j+1} \log p_{\xi_{j} \xi_{j+1}} \sum_{\xi_{j+2}, \ldots, \xi_{n-1} \in S} p_{\xi_{j+1} \xi_{j+2}} \cdots p_{\xi_{n-1} \xi_{n}}}-\sum_{\xi_{0} \in S} p_{\xi_{0}} \log p_{\xi_{0}} \\
&=- \sum_{j=0}^{n-1} \sum_{\xi_{j}, \xi_{j+1} \in S} p_{\xi_{j}} p_{\xi_{j} \xi_{j+1}} \log p_{\xi_{j} \xi_{j+1}}-\sum_{\xi_{0} \in S} p_{\xi_{0}} \log p_{\xi_{0}} \\
&=n\left(-\sum_{i, j} p_{i} p_{i j} \log p_{i j}\right)-\sum_{i} p_{i} \log p_{i}
\end{aligned}
$$

Now divide by $n+1$ and pass to the limit.

### 4.4.4 Expanding Markov Maps of the Interval

Theorem 4.5 (Rokhlin formula). Suppose $T:[0,1] \rightarrow[0,1]$ and $\alpha=\left\{I_{1}, \ldots, I_{N}\right\}$
is a partition into intervals s.t.

1. $\alpha$ is a Markov partition
2. The restriction of $T$ to $\alpha$ is $C^{1}$, monotonic, and $\left|T^{\prime}\right|>\lambda>1$
3. $T$ has an invariant measure $\mu$.

Then $h_{\mu}(T)=-\int \log \frac{d \mu}{d \mu \circ T} d \mu$, where $(\mu \circ T)(E)=\sum_{A \in \alpha} \mu[T(A \cap E)]$.
Proof. One checks that the elements of $\alpha_{0}^{n-1}$ are all intervals of length $O\left(\lambda^{-n}\right)$. Therefore $\alpha$ is a strong generator, whence

$$
h_{\mu}(T)=h_{\mu}(T, \alpha)=H_{\mu}\left(\alpha \mid \alpha_{1}^{\infty}\right)=\int I_{\mu}\left(\alpha \mid \alpha_{1}^{\infty}\right) d \mu
$$

We calculate $I_{\mu}\left(\alpha \mid \alpha_{1}^{\infty}\right)$.
First note that $\alpha_{1}^{\infty}=T^{-1}\left(\alpha_{0}^{\infty}\right)=T^{-1} \mathscr{B}$, thus $I_{\mu}\left(\alpha \mid \alpha_{1}^{\infty}\right)=-\sum_{A \in \alpha} 1_{A} \log \mu\left(A \mid T^{-1} \mathscr{B}\right)$.
We need to calculate $\mathbb{E}\left(\cdot \mid T^{-1} \mathscr{B}\right)$. For this purpose, introduce the operator $\widehat{T}$ : $L^{1} \rightarrow L^{1}$ given by $(\widehat{T} f)(x)=\Sigma_{T y=x} \frac{d \mu}{d \mu \circ T}(y) f(y)$.

Exercise: Verify: $\forall \varphi \in L^{\infty}$ and $f \in L^{1}, \int \varphi \widehat{T} f d \mu=\int \varphi \circ T \cdot f d \mu$.
We claim that $\mathbb{E}\left(f \mid T^{-1} \mathscr{B}\right)=(\widehat{T} f) \circ T$. Indeed, the $T^{-1} \mathscr{B}$-measurable functions are exactly the functions of the form $\varphi \circ T$ with $\varphi \mathscr{B}$-measurable; Therefore $(\widehat{T} f) \circ T$ is $T^{-1} \mathscr{B}$-measurable, and

$$
\int \varphi \circ T \cdot \widehat{T} f \circ T d \mu=\int \varphi \cdot \widehat{T} f d \mu=\int \varphi \circ T \cdot f d \mu
$$

proving the identity.
We can now calculate and see that

$$
\begin{aligned}
I_{\mu}\left(\alpha \mid \alpha_{1}^{\infty}\right) & =-\sum_{A \in \alpha} 1_{A}(x) \log \mathbb{E}\left(1_{A} \mid T^{-1} \mathscr{B}\right)(x) \\
& =-\sum_{A \in \alpha} 1_{A}(x) \log \sum_{T y=T x} \frac{d \mu}{d \mu \circ T}(y) 1_{A}(y) \equiv-\sum_{A \in \alpha} 1_{A}(x) \log \frac{d \mu}{d \mu \circ T}(x) \\
& =-\log \frac{d \mu}{d \mu \circ T}(x) .
\end{aligned}
$$

We conclude that $h_{\mu}(T)=-\int \log \frac{d \mu}{d \mu \circ T}(x) d \mu(x)$.

### 4.5 Abramov's Formula

Suppose $(X, \mathscr{B}, \mu, T)$ is a ppt. A set $A$ is called spanning, if $X=\bigcup_{n=0}^{\infty} T^{-n} A \bmod \mu$. If $T$ is ergodic, then every set of positive measure is spanning.

Theorem 4.6 (Abramov). Suppose $(X, \mathscr{B}, \mu, T)$ is a ppt on a Lebesgue space, let $A$ be a spanning measurable set, and let $\left(A, \mathscr{B}_{A}, \mu_{A}, T_{A}\right)$ be the induced system, then $h_{\mu_{A}}\left(T_{A}\right)=\frac{1}{\mu(A)} h_{\mu}(T)$.

Proof. (Scheller) We prove the theorem in the case when $T$ is invertible. The noninvertible case is handled by passing to the natural extension.

The idea is to show, for as many partitions $\alpha$ as possible, that $h_{\mu}(T, \alpha)=$ $\mu(A) h_{\mu_{A}}\left(T_{A}, \alpha \cap A\right)$, where $\alpha \cap A:=\{E \cap A: E \in \alpha\}$. As it turns out, this is the case for all partitions s.t. (a) $H_{\mu}(\alpha)<\infty$; (b) $A^{c} \in \alpha$; and (c) $\forall n, T_{A}\left[\varphi_{A}=n\right] \in \sigma(\alpha)$. Here, as always, $\varphi_{A}(x):=1_{A}(x) \inf \left\{n \geq 1: T^{n} x \in A\right\}$ (the first return time).

To see that there are such partitions, we let

$$
\xi_{A}:=\left\{A^{c}\right\} \cup T_{A} \eta_{A}, \text { where } \eta_{A}:=\left\{\left[\varphi_{A}=n\right]: n \in \mathbb{N}\right\}
$$

(the coarsest possible) and show that $H_{\mu}\left(\xi_{A}\right)<\infty$. A routine calculation shows that $H_{\mu}\left(\xi_{A}\right)=H_{\mu}\left(\left\{A, A^{c}\right\}\right)+\mu(A) H_{\mu_{A}}\left(T_{A} \eta_{A}\right) \leq 1+H_{\mu_{A}}\left(\eta_{A}\right)$. It is thus enough to show that $-\sum p_{n} \log _{2} p_{n}<\infty$, where $p_{n}:=\mu_{A}\left[\varphi_{A}=n\right]$. This is because $\sum n p_{n}=1 / \mu(A)$
(Kac formula) and the following fact from calculus: probability vectors with finite expectations have finite entropy. ${ }^{2}$

Assume now that $\alpha$ is a partition which satisfies (a)-(c) above. We will use throughout the following fact:

$$
\begin{equation*}
A, A^{c},\left[\varphi_{A}=n\right] \in \alpha_{1}^{\infty} \tag{4.2}
\end{equation*}
$$

Here is why: $\left[\varphi_{A}=n\right]=T^{-n} T_{A}\left[\varphi_{A}=n\right] \in T^{-n} \alpha \subset \alpha_{1}^{\infty}$. Since $A A=\bigcup_{n \geq 1}\left[\varphi_{A}=n\right]$, we automatically have $A, A^{c} \in \alpha_{1}^{\infty}$.

Let $\alpha$ be a finite entropy countable measurable partition of $X$ such that $A^{c}$ is an atom of $\alpha$ and such that $\alpha \geq \xi_{A}$. In what follows we use the notation $A \cap \alpha:=$ $\{B \cap A: B \in \alpha\}, \alpha_{1}^{\infty} \cap A:=\left\{B \cap A: B \in \alpha_{1}^{\infty}\right\}$. Since $H_{\mu}(\alpha)<\infty$,

$$
\begin{aligned}
h_{\mu}(T, \alpha) & =H_{\mu}\left(\alpha \mid \alpha_{1}^{\infty}\right) \\
& =\int \sum_{B \in A \cap \alpha} 1_{B} \log \mu\left(B \mid \alpha_{1}^{\infty}\right) d \mu+\int 1_{A^{c}} \log \mu\left(A^{c} \mid \alpha_{1}^{\infty}\right) d \mu \\
& =\int \sum_{B \in A \cap \alpha} 1_{B} \log \mu\left(B \mid \alpha_{1}^{\infty}\right) d \mu, \text { because } A^{c} \in\left(\xi_{A}\right)_{1}^{\infty} \subseteq \alpha_{1}^{\infty} \\
& =\mu(A) \int_{A_{B \in A \cap \alpha}} \sum_{B} 1_{B} \log \mu_{A}\left(B \mid \alpha_{1}^{\infty}\right) d \mu_{A},
\end{aligned}
$$

because $A \in \alpha_{1}^{\infty}$ and $B \subset A$ imply $\mathbb{E}_{\mu}\left(1_{B} \mid \mathscr{F}\right)=1_{A} \mathbb{E}_{\mu_{A}}\left(1_{B} \mid A \cap \mathscr{F}\right)$.
It follows that $h_{\mu}(T, \alpha)=\mu(A) H_{\mu_{A}}\left(A \cap \alpha \mid A \cap \alpha_{1}^{\infty}\right)$. We will show later that

$$
\begin{equation*}
A \cap \alpha_{1}^{\infty}=\bigvee_{i=1}^{\infty} T_{A}^{-i}(A \cap \alpha) \tag{4.3}
\end{equation*}
$$

This implies that $h_{\mu}(T, \alpha)=\mu(A) h_{\mu_{A}}\left(T_{A}, A \cap \alpha\right)$. Passing to the supremum over all $\alpha$ which contain $A^{c}$ as an atom, we obtain

$$
\begin{aligned}
\mu(A) h_{\mu_{A}}\left(T_{A}\right) & =\sup \left\{h_{\mu}(T, \alpha): \alpha \geq \xi_{A}, A^{c} \in \alpha, H_{\mu}(\alpha)<\infty\right\} \\
& =\text { Entropy of }\left(X, \mathscr{B}^{\prime}, \mu, T\right), \mathscr{B}^{\prime}:=\sigma\left(\bigcup\left\{\alpha_{-\infty}^{\infty}: A^{c} \in \alpha, H_{\mu}(\alpha)<\infty\right\}\right) .
\end{aligned}
$$

(See problem 4.11).
Now $\mathscr{B}^{\prime}=\mathscr{B} \bmod \mu$, because $A$ is spanning, so $\forall E \in \mathscr{B}, E=\bigcup_{n=0}^{\infty} T^{-n}\left(T^{n} E \cap\right.$ A) $\bmod \mu$, whence $E \in \mathscr{B}^{\prime} \bmod \mu$. This shows Abramov's formula, given (4.3).

The proof of (4.3):
Proof of $\subseteq$ : Suppose $B$ is an atom of $A \cap \bigvee_{j=1}^{n} T^{-j} \alpha$, then $B$ has the form $A \cap$ $\bigcap_{j=1}^{n} T^{-j} A_{j}$ where $A_{j} \in \alpha$. Let $j_{1}<j_{2}<\cdots<j_{N}$ be an enumeration of the $j$ 's s.t. $A_{j} \subset A$ (possibly an empty list). Since $A^{c}$ is an atom of $\alpha, A_{j}=A^{c}$ for $j$ not in

[^13]this list, and so $B=\bigcap_{k=1}^{N-1} T_{A}^{-k}\left(A_{j_{k}} \cap\left[\varphi_{A}=j_{k+1}-j_{k}\right]\right) \cap T_{A}^{-N}\left[\varphi_{A}>n-j_{N}\right]$. Since $\eta_{A} \leq \alpha \cap A, B \in \bigvee_{i=1}^{\infty} T_{A}^{-1}(\alpha \cap A)$.
Proof of $\supseteq: T_{A}^{-1}(\alpha \cap A) \leq A \cap \bigvee_{i=1}^{\infty} T^{-i} \alpha$, because if $B \in \alpha \cap A$, then
$$
T_{A}^{-1} B=\bigcup_{n=1}^{\infty} T^{-n}\left(B \cap T_{A}\left[\varphi_{A}=n\right]\right) \in \bigvee_{n=1}^{\infty} T^{-n} \alpha\left(\because T_{A} \eta_{A} \leq \xi_{A} \leq A \cap \alpha\right)
$$

The same proof shows that $T_{A}^{-1}\left(T^{-n} \alpha \cap A\right) \leq A \cap \bigvee_{i=1}^{\infty} T^{-i} \alpha$. It follows that

$$
T_{A}^{-2}(\alpha \cap A) \leq T_{A}^{-1}\left(A \cap \bigvee_{i=1}^{\infty} T^{-i} \alpha\right) \subseteq A \cap \bigvee_{i=1}^{\infty} T_{A}^{-1}\left(A \cap T^{-i} \alpha\right) \subseteq A \cap \bigvee_{i=1}^{\infty} T^{-i} \alpha
$$

Iterating this procedure we see that $T_{A}^{-n}(\alpha \cap A) \leq A \cap \bigvee_{i=1}^{\infty} T^{-i} \alpha$ for all $n$, and $\supseteq$ follows.

### 4.6 Topological Entropy

Suppose $T: X \rightarrow X$ is a continuous mapping of a compact topological space $(X, d)$. Such a map can have many different invariant Borel probability measures. For example, the left shift on $\{0,1\}^{\mathbb{N}}$ has an abundance of Bernoulli measures, Markov measures, and there are many others.

Different measures may have different entropies. What is the largest value possible? We study this question in the context of continuous maps on topological spaces which are compact and metric.

### 4.6.1 The Adler-Konheim-McAndrew definition

Let $(X, d)$ be a compact metric space, and $T: X \rightarrow X$ a continuous map. Some terminology and notation:

1. an open cover of $X$ is a collection of open sets $\mathscr{U}=\left\{U_{\alpha}: \alpha \in \Lambda\right\}$ s.t. $X=$ $\bigcup_{\alpha \in \Lambda} U_{\alpha} ;$
2. if $\mathscr{U}=\left\{U_{\alpha}: \alpha \in \Lambda\right\}$ is an open cover, then $T^{-k} \mathscr{U}:=\left\{T^{-k} U_{\alpha}: \alpha \in \Lambda\right\}$. Since $T$ is continuous, this is another open cover.
3. if $\mathscr{U}, \mathscr{V}$ are open covers, then $\mathscr{U} \vee \mathscr{V}:=\{U \cap V: U \in \mathscr{U}, V \in \mathscr{V}\}$.

Since $X$ is compact, every open cover of $X$ has a finite subcover. Define

$$
N(\mathscr{U}):=\min \{\# \mathscr{V}: \mathscr{V} \subseteq \mathscr{U} \text { is finite, and } X=\bigcup \mathscr{V}\}
$$

It easy to check that $N(\cdot)$ is subadditive in the following sense:

$$
N(\mathscr{U} \vee \mathscr{V}) \leq N(\mathscr{U})+N(\mathscr{V})
$$

Definition 4.5. Suppose $T: X \rightarrow X$ is a continuous mapping of a compact metric space $(X, d)$, and let $\mathscr{U}$ be an open cover of $X$. The topological entropy of $\mathscr{U}$ is

$$
h_{\mathrm{top}}(T, \mathscr{U}):=\lim _{n \rightarrow \infty} \frac{1}{n} \log _{2} N\left(\mathscr{U}_{0}^{n-1}\right), \text { where } \mathscr{U}_{0}^{n-1}:=\bigvee_{i=0}^{n-1} T^{-k} \mathscr{U}
$$

The limit exists because of the subadditivity of $N(\cdot): a_{n}:=\log N\left(\mathscr{U}_{0}^{n-1}\right)$ satisfies $a_{m+n} \leq a_{m}+a_{n}$, so $\lim a_{n} / n$ exists.

Definition 4.6. Suppose $T: X \rightarrow X$ is a continuous mapping of a compact metric space ( $X, d$ ), then the topological entropy of $T$ is the (possibly infinite)

$$
h_{\mathrm{top}}(T):=\sup \left\{h_{\mathrm{top}}(T, \mathscr{U}): \mathscr{U} \text { is an open cover of } X\right\} .
$$

The following theorem was first proved by Goodwyn.
Theorem 4.7. Suppose $T$ is a continuous mapping of a compact metric space, then every invariant Borel probability measure $\mu$ satisfies $h_{\mu}(T) \leq h_{\text {top }}(T)$.

Proof. Eventually everything boils down to the following inequality, which can be checked using Lagrange multipliers: For every probability vector $\left(p_{1}, \ldots, p_{k}\right)$,

$$
\begin{equation*}
-\sum_{i=1}^{k} p_{i} \log _{2} p_{i} \leq \log k \tag{4.4}
\end{equation*}
$$

with equality iff $p_{1}=\cdots=p_{k}=1 / k$.
Suppose $\mu$ is an invariant probability measure, and let $\alpha:=\left\{A_{1}, \ldots, A_{k}\right\}$ be a measurable partition.

We approximate $\alpha$ by a partition into sets with better topological properties. Fix $\varepsilon>0$ (to be determined later), and construct compact sets

$$
B_{j} \subset A_{j} \text { s.t. } \mu\left(A_{j} \backslash B_{j}\right)<\varepsilon \quad(j=1, \ldots, k) .
$$

Let $B_{0}:=X \backslash \bigcup_{j=1}^{k} B_{j}$ be the remainder (of measure less than $k \varepsilon$ ), and define $\beta=$ $\left\{B_{0} ; B_{1}, \ldots, B_{k}\right\}$.

Step 1 in the proof of Sinai's theorem says that $h_{\mu}(T, \alpha) \leq h_{\mu}(T, \beta)+H_{\mu}(\alpha \mid \beta)$. We claim that $H_{\mu}(\alpha \mid \beta)$ can be made uniformly bounded by a suitable choice of $\varepsilon=\varepsilon(\alpha):$

$$
\begin{aligned}
H_{\mu}(\alpha \mid \beta) & =-\sum_{A \in \alpha} \sum_{B \in \beta} \mu(A \cap B) \log _{2} \mu(A \mid B) \\
& =-\sum_{B \in \beta \backslash\left\{B_{0}\right\}} \sum_{A \in \alpha} \mu(A \cap B) \log _{2} \mu(A \mid B)-\sum_{A \in \alpha} \mu\left(A \cap B_{0}\right) \log _{2} \mu\left(A \mid B_{0}\right) \\
& =\sum_{i=1}^{k} \mu\left(B_{i}\right) \log _{2} 1-\sum_{A \in \alpha} \mu\left(A \cap B_{0}\right) \log _{2} \mu\left(A \mid B_{0}\right) \\
& =-\mu\left(B_{0}\right) \sum_{A \in \alpha} \mu\left(A \mid B_{0}\right) \log _{2} \mu\left(A \mid B_{0}\right) \leq-\mu\left(B_{0}\right) \log (\# \alpha) \leq k \varepsilon \cdot \log _{2} k
\end{aligned}
$$

If we choose $\varepsilon<1 /\left(k \log _{2} k\right)$, then we get $H_{\mu}(\alpha \mid \beta) \leq 1$, and

$$
\begin{equation*}
h_{\mu}(T, \alpha) \leq h_{\mu}(T, \beta)+1 \tag{4.5}
\end{equation*}
$$

We now create an open cover from $\beta$ by setting $\mathscr{U}:=\left\{B_{0} \cup B_{1}, \ldots, B_{0} \cup B_{k}\right\}$. This is a cover. To see that it is open note that

$$
\begin{aligned}
B_{0} \cup B_{j} & =B_{0} \cup\left(A_{j} \backslash B_{0}\right)\left(\because A_{j} \cap B_{0}=A_{j} \backslash B_{j}\right) \\
& =B_{0} \cup A_{j}=B_{0} \cup\left(X \backslash \bigcup_{i \neq j} A_{i}\right)=B_{0} \cup\left(X \backslash \bigcup_{i \neq j} B_{i}\right) .
\end{aligned}
$$

We compare the number of elements in $\mathscr{U}_{0}^{n-1}$ to the number of elements in $\beta_{0}^{n-1}$. Every element of $\mathscr{U}_{0}^{n-1}$ is of the form

$$
\left(B_{0} \uplus B_{i_{0}}\right) \cap T^{-1}\left(B_{0} \uplus B_{i_{1}}\right) \cap \cdots \cap T^{-(n-1)}\left(B_{0} \uplus B_{i_{n-1}}\right) .
$$

This can be written as a pairwise disjoint union of $2^{n}$ elements of $\beta_{0}^{n-1}$ (some of which may be empty sets). Thus every element of $\mathscr{U}_{0}^{n-1}$ contains at most $2^{n}$ elements of $\beta_{0}^{n-1}$. Forming the union over a sub cover of $\mathscr{U}_{0}^{n-1}$ with cardinality $N\left(\mathscr{U}_{0}^{n-1}\right)$, we get that $\# \beta_{0}^{n-1} \leq 2^{n} N\left(\mathscr{U}_{0}^{n-1}\right)$.

We no appeal to (4.4): $H_{\mu}\left(\beta_{0}^{n-1}\right) \leq \log _{2}\left(\# \beta_{0}^{n-1}\right) \leq H\left(\mathscr{U}_{0}^{n-1}\right)+n$. Dividing by $n$ and passing to the limit as $n \rightarrow \infty$, we see that $h_{\mu}(T, \beta) \leq h_{\text {top }}(\mathscr{U})+1$. By (4.5), $h_{\mu}(T, \alpha) \leq h_{\text {top }}(\mathscr{U})+2 \leq h_{\text {top }}(T)+2$.

Passing to the supremum over all $\alpha$, we get that $h_{\mu}(T) \leq h_{\text {top }}(T)+2$, and this holds for all continuous mappings $T$ and invariant Borel measures $\mu$. In particular, this holds for $T^{n}$ (note that $\left.\mu \circ\left(T^{n}\right)^{-1}=\mu\right): h_{\mu}\left(T^{n}\right) \leq h_{\text {top }}\left(T^{n}\right)+2$. But $h_{\mu}\left(T^{n}\right)=$ $n h_{\mu}(T)$ and $h_{\text {top }}\left(T^{n}\right)=n h_{\text {top }}(T)$ (problems 4.4 and 4.13). Thus we get upon division by $n$ that $h_{\mu}(T) \leq h_{\text {top }}(T)+(2 / n) \underset{n \rightarrow \infty}{\longrightarrow} 0$, which proves the theorem.

In fact, $h_{\text {top }}(T)=\sup \left\{h_{\mu}(T): \mu\right.$ is an invariant Borel probability measure $\}$. But to prove this we need some more preparations. These are done in the next section.

### 4.6.2 Bowen's definition

We assume as usual that $(X, d)$ is a compact metric space, and that $T: X \rightarrow X$ is continuous. For every $n$ we define a new metric $d_{n}$ on $X$ as follows:

$$
d_{n}(x, y):=\max _{0 \leq i \leq n-1} d\left(T^{i} x, T^{i} y\right)
$$

This is called Bowen's metric. It depends on $T$. A set $F \subset X$ is called $(n, \varepsilon)-$ separated, if for every $x, y \in F$ s.t. $x \neq y, d_{n}(x, y)>\varepsilon$.

## Definition 4.7.

1. $s_{n}(\varepsilon, T):=\max \{\#(F): F$ is $(n, \varepsilon)$-separated $\}$.
2. $s(\varepsilon, T):=\limsup _{n \rightarrow \infty} \frac{1}{n} \log s_{n}(\varepsilon, T)$
3. $\bar{h}_{\mathrm{top}}(T):=\lim _{\varepsilon \rightarrow 0^{+}} s(\varepsilon, T)$.

Theorem 4.8 (Bowen). Suppose $T$ is a continuous mapping of a compact metric space $X$, then $h_{\text {top }}(T)=\bar{h}_{\mathrm{top}}(T)$.

Proof. Suppose $\mathscr{U}$ is an open cover all of whose elements have diameters less than $\varepsilon$. We claim that $N\left(\mathscr{U}_{0}^{n-1}\right) \geq s_{n}(\varepsilon, T)$ for all $n$. To see this suppose $F$ is an $(n, \varepsilon)-$ separated set of maximal cardinality. Each $x \in F$ is contained in some $U_{x} \in \mathscr{U}_{0}^{n-1}$. Since the $d$-diameter of every element of $\mathscr{U}$ is less than $\delta$, the $d_{n}$-diameter of every element of $\mathscr{U}_{0}^{n-1}$ is less than $\delta$. Thus the assignment $x \mapsto U_{x}$ is one-to-one, whence

$$
N\left(\mathscr{U}_{0}^{n-1}\right) \geq s_{n}(\varepsilon, T)
$$

It follows that $s(\varepsilon, T) \leq h_{\text {top }}(T, \mathscr{U}) \leq h_{\text {top }}(T)$, whence $\bar{h}_{\text {top }}(T) \leq h_{\text {top }}(T)$.
To see the other inequality we use Lebesgue numbers: a number $\delta$ is called a Lebesgue number for an open cover $\mathscr{U}$, if for every $x \in X$, the ball with radius $\delta$ and center $x$ is contained in some element of $\mathscr{U}$. (Lebesgue numbers exist because of compactness.)

Fix $\varepsilon$ and let $\mathscr{U}$ be an open cover with Lebesgue number bigger than or equal to $\varepsilon$. It is easy to check that for every $n, \varepsilon$ is a Lebesgue number for $\mathscr{U}_{0}^{n-1}$ w.r.t. $d_{n}$.

Let $F$ be an $(n, \varepsilon / 2)$-separated set of maximal cardinality, i.e. $\# F=s_{n}(\varepsilon)$. Then any point $y$ we add to $F$ will break its $(n, \varepsilon)$-separation property, and so

$$
\forall y \in X \exists x \in F \text { s.t. } d_{n}(x, y) \leq \varepsilon / 2 .
$$

It follows that the sets $\overline{B_{n}(x ; \varepsilon / 2)}:=\left\{y: d_{n}(x, y) \leq \varepsilon / 2\right\}(x \in F)$ cover $X$.
Every $\overline{B_{n}(x, \varepsilon / 2)}(x \in F)$ is contained in some element of $\mathscr{U}_{0}^{n-1}$, because $\mathscr{U}_{0}^{n-1}$ has Lebesgue number $\varepsilon$ w.r.t $d_{n}$. The union of these elements covers $X$. We found a sub cover of $\mathscr{U}_{0}^{n-1}$ of cardinality at most $\# F=s_{n}(\varepsilon)$. This shows that

$$
N\left(\mathscr{U}_{0}^{n-1}\right) \leq s_{n}(\varepsilon) .
$$

We just proved that for every open cover $\mathscr{U}$ with Lebesgue number at least $\varepsilon$, $h_{\text {top }}(T, \mathscr{U}) \leq s(\varepsilon)$. It follows that

$$
\sup \left\{h_{\mathrm{top}}(T, \mathscr{U}): \mathscr{U} \text { has Lebesgue number at least } \varepsilon\right\} \leq s(\varepsilon) .
$$

We now pass to the limit $\varepsilon \rightarrow 0^{+}$. The left hand side tends to the supremum over all open covers, which is equal to $h_{\text {top }}(T)$. We obtain $h_{\text {top }}(T) \leq \lim _{\varepsilon \rightarrow 0^{+}} s(\varepsilon)$.

Corollary 4.1. Suppose $T$ is an isometry, then all its invariant probability measures have entropy zero.

Proof. If $T$ is an isometry, then $d_{n}=d$ for all $n$, therefore $s(\varepsilon, T)=0$ for all $\varepsilon>$ 0 , so $\bar{h}_{\text {top }}(T)=0$. The theorem says that $h_{\text {top }}(T)=0$. The corollary follows from Goodwyn's theorem.

### 4.6.3 The variational principle

The following theorem was first proved under additional assumptions by Dinaburg, and then in the general case by Goodman. The proof below is due to Misiurewicz.

Theorem 4.9 (Variational principle). Suppose $T: X \rightarrow X$ is a continuous map of a compact metric space, then $h_{\mathrm{top}}(T)=\sup \left\{h_{\mu}(T): \mu\right.$ is an invariant Borel measure $\}$.

Proof. We have already seen that the topological entropy is an upper bound for the metric entropies. We just need to show that this is the least upper bound.

Fix $\varepsilon$, and let $F_{n}$ be a sequence of $(n, \varepsilon)$-separated sets of maximal cardinality (so \#F $F_{n}=s_{n}(\varepsilon, T)$ ). Let

$$
v_{n}:=\frac{1}{\# F_{n}} \sum_{x \in F_{n}} \delta_{x},
$$

where $\delta_{x}$ denotes the Dirac measure at $x$ (i.e. $\delta_{x}(E)=1_{E}(x)$ ). These measure are not invariant, so we set

$$
\mu_{n}:=\frac{1}{n} \sum_{k=0}^{n-1} v_{n} \circ T^{-k}
$$

Any weak star limit of $\mu_{n}$ will be $T$-invariant (check).
Fix some sequence $n_{k} \rightarrow \infty$ s.t. $\mu_{n_{k}} \xrightarrow[k \rightarrow \infty]{w^{*}} \mu$ and s.t. $\frac{1}{n_{k}} \log s_{n_{k}}(\varepsilon, T) \xrightarrow[n \rightarrow \infty]{\longrightarrow} s(\varepsilon, T)$. We show that the entropy of $\mu$ is at least $s(\varepsilon, T)$. Since $s(\varepsilon, T) \underset{\varepsilon \rightarrow 0^{+}}{\longrightarrow} h_{\text {top }}(T)$, this will prove the theorem.

Let $\alpha=\left\{A_{1}, \ldots, A_{N}\right\}$ be a measurable partition of $X$ s.t. (1) $\operatorname{diam}\left(A_{i}\right)<\varepsilon$; and (2) $\mu\left(\partial A_{i}\right)=0$. (Such a partition can be generated from a cover of $X$ by balls of radius less than $\varepsilon / 2$ and boundary of zero measure.) It is easy to see that the $d_{n}-$ diameter of $\alpha_{0}^{n-1}$ is also less than $\varepsilon$. It is an exercise to see that every element of $\alpha_{0}^{n-1}$ has boundary with measure $\mu$ equal to zero.

We calculate $H_{v_{n}}\left(\alpha_{0}^{n-1}\right)$. Since $F_{n}$ is $(n, \varepsilon)$-separated and every atom of $\alpha$ has $d_{n}$-diameter less than $\varepsilon, \alpha_{0}^{n-1}$ has $\# F_{n}$ elements whose $v_{n}$ measure is $1 / \# F_{n}$, and the other elements of $\alpha_{0}^{n-1}$ have measure zero. Thus

$$
H_{v_{n}}\left(\alpha_{0}^{n-1}\right)=\log _{2} \# F_{n}=\log _{2} s_{n}(\varepsilon, T)
$$

We now "play" with $H_{v_{n}}\left(\alpha_{0}^{n-1}\right)$ with the aim of bounding it by something involving a sum of the form $\sum_{i=0}^{n-1} H_{v_{n} \circ T^{-i}}\left(\alpha_{0}^{q-1}\right)$. Fix $q$, and $j \in\{0, \ldots, q-1\}$, then

$$
\begin{aligned}
\log _{2} s_{n}(\varepsilon, T) & =H_{V_{n}}\left(\alpha_{0}^{n-1}\right) \leq H_{V_{n}}\left(\alpha_{0}^{j-1} \vee \bigvee_{i=0}^{[n / q]-1} T^{-(q i+j)} \alpha_{0}^{q-1} \vee \alpha_{q[(n / q]-1)+j+1}^{n-1}\right) \\
& \leq \sum_{i=0}^{[n / q]-1} H_{V_{n} \circ T^{-(q i+j)}}\left(\alpha_{0}^{q-1}\right)+2 q \log _{2} \# \alpha .
\end{aligned}
$$

Summing over $j=0, \ldots, q-1$, we get

$$
\begin{aligned}
q \log _{2} s_{n}(\varepsilon, T) & \leq n \cdot \frac{1}{n} \sum_{k=0}^{n-1} H_{v_{n} \circ T^{-k}}\left(\alpha_{0}^{q-1}\right)+2 q \log _{2} \# \alpha \\
& \leq n H_{\mu_{n}}\left(\alpha_{0}^{q-1}\right)+2 q \log _{2} \# \alpha
\end{aligned}
$$

because $\mu_{n}=\frac{1}{n} \sum_{i=0}^{n-1} v_{n} \circ T^{-i}$ and $\phi(t)=-t \log _{2} t$ is concave. Thus

$$
\begin{equation*}
\frac{1}{n_{k}} \log _{2} s_{n_{k}}(\varepsilon, T) \leq \frac{1}{q} H_{\mu_{n_{k}}}\left(\alpha_{0}^{q-1}\right)+\frac{2}{n_{k}} \log _{2} \# \alpha \tag{4.6}
\end{equation*}
$$

where $n_{k} \rightarrow \infty$ is the subsequence chosen above.
Since every $A \in \alpha_{0}^{n-1}$ satisfies $\mu(\partial A)=0, \mu_{n_{k}}(A) \xrightarrow[k \rightarrow \infty]{w^{*}} \mu(A)$ for all $A \in \alpha_{0}^{n-1} .^{3}$ It follows that $H_{\mu_{n_{k}}}\left(\alpha_{0}^{q-1}\right) \underset{k \rightarrow \infty}{\longrightarrow} H_{\mu}\left(\alpha_{0}^{q-1}\right)$. Passing to the limit $k \rightarrow \infty$ in (4.6), we have $s(\varepsilon, T) \leq \frac{1}{q} H_{\mu}(\alpha) \underset{q \rightarrow \infty}{\longrightarrow} h_{\mu}(T, \alpha) \leq h_{\mu}(T)$. Thus $h_{\mu}(T) \geq s(\varepsilon, T)$. Since $s(\varepsilon, T) \xrightarrow[\varepsilon \rightarrow 0^{+}]{\longrightarrow} h_{\text {top }}(T)$ the theorem is proved.

### 4.7 Ruelle's inequality

Theorem 4.10 (Ruelle). Let $f$ be a $C^{1}$ diffeomorphism of a compact $C^{2}$ Riemannian manifold $M$ without boundary. Suppose $\mu$ is an $f$-invariant Borel probability

[^14]measure with Lyapunov exponents $\chi_{1}(x) \geq \cdots \geq \chi_{d}(x)$. Then ${ }^{4}$
$$
\int \sum_{\chi_{i}(x)>0} \chi_{i}(x) d \mu \geq \ln 2 \cdot h_{\mu}(f)
$$

Corollary 4.2. Let $\mu$ be an ergodic invariant probability measure for a $C^{1}$ diffeomorphism $f$ on a compact smooth manifold without boundary. If $h_{\mu}(f)>0$, then $\mu$ has at least one positive Lyapunov exponent.

In other words, positive entropy implies exponential sensitivity to initial conditions almost everywhere!

### 4.7.1 Preliminaries on singular values

The singular values of an invertible $d \times d$ matrix $A$ are the eigenvalues $e^{\chi_{1}} \geq \cdots \geq$ $e^{\chi_{d}}$ of the matrix $\sqrt{A^{t} A}$.

Proposition 4.9. Let $e^{\chi_{1}} \geq \cdots \geq e^{\chi_{d}}$ denote the singular values of an invertible matrix $A$ listed with multiplicity. The ellipsoid $\left\{A \underline{v}: \underline{v} \in \mathbb{R}^{d},\|\underline{v}\|_{2} \leq 1\right\}$ can be inscribed in an orthogonal box with sides $2 e^{\chi_{1}}, \ldots, 2 e^{\chi_{d}}$.

Proof. The matrix $\sqrt{A^{t} A}$ is symmetric and positive definite, therefore it can be diagonalized orthogonally. Let $\underline{u}_{1}, \ldots, \underline{u}_{d}$ be an orthonormal basis of eigenvectors so that $A \underline{u}_{i}=e^{\chi_{i}} \underline{u}_{i}$. Using this basis we can represent

$$
\left\{A \underline{v}: \underline{v} \in \mathbb{R}^{d},\|\underline{v}\|_{2} \leq 1\right\} \equiv\left\{\sum_{i=1}^{d} \alpha_{i} A \underline{u}_{i}: \sum \alpha_{i}^{2} \leq 1\right\} \subset\left\{\sum_{i=1}^{d} \alpha_{i} A \underline{u}_{i}:\left|\alpha_{i}\right| \leq 1\right\}
$$

The last set is an orthogonal box as requested, because $A \underline{u}_{i}$ are orthogonal vectors with lengths $e^{\chi_{i}}:\left\langle A \underline{u}_{i}, A \underline{u}_{j}\right\rangle=\left\langle A^{t} A \underline{u}_{i}, \underline{u}_{j}\right\rangle=e^{2 \chi_{i}}\left\langle\underline{u}_{i}, \underline{u}_{j}\right\rangle=\bar{e}^{2 \chi_{i}} \delta_{i j}$.

Proposition 4.10 (Minimax Principle). $e^{\chi_{i}(A)}=\max _{V \subset \mathbb{R}^{d}, \operatorname{dim} V=i} \min _{\underline{v} \in V,\|\underline{\|}\|=1}\|A \underline{v}\|$.
Proof. The matrix $\sqrt{A^{t} A}$ is symmetric and positive definite. Let $\underline{u}_{1}, \ldots, \underline{u}_{d}$ be an orthonomal basis of eigenvectors with eigenvalues $e^{\chi_{1}} \geq \cdots \geq e^{\chi_{d}}$.

Fix $i$. For every subspace $V$ of dimension $i, \operatorname{dim}\left(V \cap \operatorname{span}\left\{\underline{u}_{i}, \ldots, \underline{u}_{d}\right\}\right) \geq 1$ by dimension count. Therefore $\exists \underline{v} \in V$ s.t. $\underline{v}=\sum_{j=i}^{d} \alpha_{j} \underline{u}_{j} \in V$, and $\|\underline{v}\|=\sum_{j=i}^{d} \alpha_{j}^{2}=1$. We have $\|A \underline{v}\|^{2}=\langle A \underline{v}, A \underline{v}\rangle=\left\langle A^{t} A \underline{v}, \underline{v}\right\rangle=\sum_{j \geq i} e^{2 \chi_{j}} \alpha_{j}^{2} \leq e^{2 \chi_{i}}$. This shows that

[^15]$$
\max _{V \subset \mathbb{R}^{d}, \operatorname{dim} V=i} \min _{\underline{v} \in V,\|\underline{v}\|=1}\|A \underline{v}\| \leq \exp \chi_{i}
$$

For the other inequality, consider $V_{0}:=\operatorname{span}\left\{\underline{u}_{1}, \ldots, \underline{u}_{i}\right\}$. Every unit vector $\underline{v} \in V_{0}$ can be put in the form $\underline{v}=\sum_{j=1}^{i} \beta_{j} \underline{u}_{j}$ with $\sum_{j=1}^{i} \beta_{j}^{2}=1$, whence

$$
\|A \underline{v}\|^{2}=\left\langle A^{t} A \underline{v}, \underline{v}\right\rangle=\sum_{j=1}^{i} e^{2 \chi_{j}} \beta_{j}^{2} \geq e^{2 \chi_{i}} \sum_{j=1}^{i} \beta_{j}^{2}=e^{2 \chi_{i}}
$$

The lower bound is achieved for $\underline{v}=\underline{u}_{i}$, so $\min _{\underline{v} \in V_{0},\|\underline{v}\|=1}\|A \underline{v}\|=e^{\chi_{i}}$, proving that $\max _{V \subset \mathbb{R}^{d}, \operatorname{dim} V=i} \min _{\underline{v} \in V,\|\underline{v}\|=1}\|A \underline{v}\| \geq \min _{\underline{v} \in V_{0},\|\underline{v}\|=1}\|A \underline{v}\|=\exp \chi_{i}$.

### 4.7.2 Proof of Ruelle's inequality

Fix $k, n \in \mathbb{N}$ and $\varepsilon>0$, to be determined later.
Step 1. A generating sequence of "nice" partitions.
Proof. Let $E_{k}:=\left\{y_{1}, \ldots, y_{\eta_{k}}\right\}$ denote a maximal $\varepsilon / k$-separated set: " $\varepsilon / k$-separation" means that $i \neq j \Rightarrow d\left(y_{i}, y_{j}\right)>\varepsilon / k$; "maximality" means that $\forall x \in M \exists i$ s.t. $d\left(x, y_{i}\right) \leq$ $\varepsilon / k$. Such a set exists by the compactness of $M$.

Each $y_{i} \in E_{k}$ defines a Dirichlet domain

$$
A_{i}^{\prime}:=\left\{x \in M: d\left(x, y_{i}\right) \leq d\left(x, y_{j}\right) \text { for all } j\right\}
$$

The following properties are easy to verify:

1. $A_{i}^{\prime}$ cover $M$
2. $A_{i}^{\prime}$ have disjoint interiors and contain the pairwise disjoint balls $B\left(y_{i}, \varepsilon / 2 k\right)$
3. $A_{i}^{\prime} \subset \overline{B\left(y_{i}, \varepsilon / k\right)}$, otherwise we can find $x \in A_{i}^{\prime}$ such that for all $j, d\left(x, y_{j}\right) \geq$ $d\left(x, y_{i}\right)>\varepsilon / k$, in contradiction to the maximality of $E_{k}$
4. $\operatorname{diam}\left(A_{i}^{\prime}\right) \leq 2 \varepsilon / k$

Let $A_{1}:=A_{1}^{\prime}, A_{i}^{\prime}:=A_{i} \backslash \bigcup_{j=1}^{i-1} A_{j}^{\prime}$. Then $\alpha_{k}:=\left\{A_{1}, \ldots, A_{\eta_{k}}\right\}$ is a partition of $M$ such that $\operatorname{diam}\left(\alpha_{k}\right) \underset{k \rightarrow \infty}{\longrightarrow} 0$. So $h_{\mu}\left(T, \alpha_{k}\right) \underset{k \rightarrow \infty}{\longrightarrow} h_{\mu}(T, \alpha)$. Note that it is still the case that $B\left(y_{i}, \varepsilon / k\right) \subset A_{i} \subset \overline{B\left(y_{i}, 2 \varepsilon / 2 k\right)}$.
Step 2. $h_{\mu}\left(f, \alpha_{k}\right) \leq \sum_{A \in \alpha_{k}} \mu(A)\left(\frac{1}{n} \log _{2} K_{n}(A, k)\right)$, where

$$
K_{n}(A, k):=\#\left\{A^{\prime} \in \alpha_{k}: A^{\prime} \cap f^{n}(A) \neq \varnothing\right\}
$$

Proof. $h_{\mu}\left(f, \alpha_{k}\right)=\frac{1}{n} h_{\mu}\left(f^{n}, \alpha_{k}\right)=\frac{1}{n} h_{\mu}\left(f^{-n}, \alpha_{k}\right)$, due to exercises 4.4 and 4.5. By Rokhlin's formula,

$$
h_{\mu}\left(f^{-n}, \alpha_{k}\right)=H_{\mu}\left(\alpha_{k} \mid \bigvee_{j=1}^{\infty} f^{+j n} \alpha_{k}\right) \leq H_{\mu}\left(\alpha_{k} \mid f^{n} \alpha_{k}\right)=H_{\mu}\left(f^{-n} \alpha_{k} \mid \alpha_{k}\right)
$$

$H_{\mu}\left(f^{-n} \alpha_{k} \mid \alpha_{k}\right)=-\sum_{A \in A_{k}} \mu(A)\left(\sum_{B \in f^{-n} \alpha_{k}} \mu(B \mid A) \log _{2} \mu(B \mid A)\right)$. The inner sum is bounded by $\log _{2} \#\left\{B \in \alpha_{k}: \mu\left(f^{-n}(B) \cap A\right)>0\right\} \equiv \log K_{n}(A, k)$.
Step 3. There exists a constant $C$ which depends on $M$ but not on $\varepsilon, n, k$ such that for all n large enough, for all k large enough

$$
K_{n}(A, k) \leq C \prod_{i=1}^{d}\left(1+s_{i}\left(D F_{y}^{n}\right)\right)
$$

for all $y \in A$, where $s_{i}\left(D F_{y}^{n}\right)$ denote the singular values of the derivative matrix of $f^{n}$ at $y$, expressed in coordinates.

We first explain the method on the heuristic level, and then develop the rigorous implementation. Suppose $n$ is fixed.

Observe that $f^{n}(A)$ has diameter at $\operatorname{most} \operatorname{Lip}\left(f^{n}\right) \operatorname{diam} \alpha_{k} \leq \operatorname{Lip}\left(f^{n}\right) 2 \varepsilon / k$, and therefore $f^{n}(A)$ and all the $A^{\prime}$ which intersect it are included in a ball $B$ of radius $\left.\left(\operatorname{Lip}\left(f^{n}\right)+1\right) \varepsilon / k\right)$. If $\varepsilon$ is very small, this ball lies inside a single coordinate chart $\psi_{1}\left(\mathbb{R}^{d}\right)$. Similarly, $A$ lies inside a ball of radius diam $\alpha_{k} \leq 2 \varepsilon / k$, which for $\varepsilon$ sufficiently small lies inside a coordinate chart $\psi_{2}\left(\mathbb{R}^{d}\right)$. This allows us to express $\left.f^{n}\right|_{f^{-n}(B)}$ in coordinates: $F^{n}:=\psi_{2}^{-1} \circ f^{n} \circ \psi_{1}: \mathbb{R}^{d} \rightarrow \mathbb{R}^{d}$.

If $\varepsilon$ is sufficiently small, $F^{n}$ is very close to its linearization. Suppose for the purpose of the explanation that $F^{n}$ is precisely equal to its linearization on $f^{-n}(B)$. From now on we abuse notation and identify $f^{n}$ with its derivative matrix $D F^{n}$ in coordinates.

Since $A$ is contained in a ball of radius $\varepsilon / k, D F^{n}(A)$ is contained in a box with orthogonal sides whose lengths are $2(\varepsilon / k) \times$ the singular values

$$
e^{\chi_{1}\left(D F^{n}\right)} \geq \cdots \geq e^{\chi_{d}\left(D F^{n}\right)} .
$$

The $A^{\prime}$ which intersect $f^{n}(A)$ are contained in an $\varepsilon / k$-neighborhood of this box, a set whose (Lebesgue) volume is bounded above by

$$
\left(\frac{2 \varepsilon}{k}\right)^{d} \prod_{i=1}^{d}\left(e^{\chi_{i}\left(D F^{n}\right)}+1\right)
$$

By construction, $A_{i}^{\prime}$ contain pairwise disjoint balls of radius $\varepsilon / 2 k$, and volume const. $(\varepsilon / k)^{d}$. Thus their number is at most const. $\prod_{\chi_{i}\left(D F^{n}\right) \geq 0}\left(e^{\chi_{i}\left(D F^{n}\right)}+1\right)$, where the constant comes from the volume of the unit ball in $\mathbb{R}^{d}$.

We now explain how to implement this idea when $f^{n}$ is not linear. The details are tedious, but are all routine.

We begin by recalling some facts from differential topology. Recall that $M$ is a compact smooth Riemannian manifold of dimension $d$. Let $T_{x} M$ denote the tangent space at $x$, and let $T M$ denote the tangent bundle. Since $M$ is a Riemannian manifold,
every $T_{x} M$ comes equipped with an inner product $\langle\cdot, \cdot\rangle_{x}$ and a norm $\|\cdot\|_{x}$. We denote tangent vectors in $T_{x} M$ by $\vec{v}$, and vectors in $\mathbb{R}^{d}$ by $\underline{v}$.

Let $\exp _{x}: T_{x} M \rightarrow M$ denote the exponential map, defined by $\exp _{x}(\overrightarrow{0}):=x$ and

$$
\exp _{x}(\vec{v})=\gamma_{\vec{v}}(\|\vec{v}\|), \text { where } \begin{aligned}
& \gamma_{\vec{v}}(t) \text { is a geodesic with } \\
& \text { beginning } x, \text { direction } \vec{v} \text { and speed } 1 .
\end{aligned}
$$

It is a basic fact in differential topology, that since $M$ is compact and $C^{2}$-smooth, there are constants $\kappa_{1}, \kappa_{2}>0$ s.t. for all $x \in M$,

1. $(x, \vec{v}) \mapsto \exp _{x}(\vec{v})$ is a smooth map $T M \rightarrow M$
2. $\left.\exp _{x}\right|_{B\left(\overrightarrow{0}, \kappa_{1}\right)}$ is a $C^{2}$ diffeomorphism onto its image, and $\left.\exp _{x}\right|_{B\left(\overrightarrow{0}, \kappa_{1}\right)} \supset B\left(x, \kappa_{2}\right)$
3. the derivative of $\exp _{x}$ at $\underline{0}$ is $i d: T_{x} M \rightarrow T_{x} M$
4. for all $\vec{v}_{1}, \vec{v}_{2} \in B\left(\overrightarrow{0}, \kappa_{1}\right), \frac{1}{2}\left\|\vec{v}_{1}-\vec{v}_{2}\right\|_{x} \leq d\left(\exp _{x}\left(\vec{v}_{1}\right), \exp _{x}\left(\vec{v}_{2}\right)\right) \leq 2\left\|\vec{v}_{1}-\vec{v}_{2}\right\|_{x}$

It is also a standard procedure in differential topology to cover $M$ by a finite collection balls $B\left(x_{i}, \kappa_{2}\right) \subset M$ of radius $\kappa_{2}$ together with a continuous map $\Theta: T B\left(x_{i}, \kappa_{2}\right) \rightarrow \mathbb{R}^{d}$ such that $\left.\Theta\right|_{T_{x} M}: T_{x} M \rightarrow \mathbb{R}^{d}$ is a linear isometry. If we glue these identifications we can obtain a measurable (even piecewise continuous) map

$$
\vartheta: T M \rightarrow \mathbb{R}^{d} \text { s.t. } \vartheta_{x}:=\left.\vartheta\right|_{T_{x} M}: T_{x} M \rightarrow \mathbb{R}^{d} \text { is a linear isometry. }
$$

Now fix $n \in \mathbb{N}, x \in M$, and choose $\kappa_{3}<\kappa_{1} /\left(4 \operatorname{Lip}\left(f^{n}\right)\right)$ where $\operatorname{Lip}\left(f^{n}\right)$ is the Lipschitz constant of $f^{n}$. The following map is well defined on $\left\{\underline{t} \in \mathbb{R}^{d}:\|\underline{t}\|<\kappa_{3}\right\}$ :

$$
F_{x}^{n}:=\vartheta_{f^{n}(x)} \circ \exp _{f^{n}(x)}^{-1} \circ f^{n} \circ \exp _{x} \circ \vartheta_{x}^{-1}
$$

Notice that $F_{x}^{n}$ maps a neighborhood of $\underline{0} \in \mathbb{R}^{d}$ onto a neighborhood of $\underline{0} \in \mathbb{R}^{d}$, $F_{x}^{n}(\underline{0})=\underline{0}$, and that the derivative at $\underline{0}$ is

$$
\left(D F_{x}^{n}\right)_{0}=\vartheta_{f^{n}(x)} \circ\left(D f^{n}\right)_{x} \circ \vartheta_{x}^{-1} \in \operatorname{GL}(d, \mathbb{R})
$$

Here we identified the linear maps $\vartheta_{x}: T_{x} M \rightarrow \mathbb{R}^{d}$ with their derivatives at $\overrightarrow{0}$, and $\left(D f^{n}\right)_{x}: T_{x} M \rightarrow T_{f^{n}(x)} M$ is the derivative of $f^{n}$ at $x$.
Claim. For every $\varepsilon>0$ there is a $\kappa<\kappa_{3}$ such that for all $x \in M$ and $\|\underline{t}\|<\kappa$ $d\left(F_{x}^{n}(\underline{t}),\left(D F_{x}^{n}\right)_{\underline{0}} \underline{)}\right)<\varepsilon\|\underline{t}\|$.
Proof. Write $G=F_{x}^{n}$, fix $\underline{t}$, and let $g_{\underline{t}}(s)=G(s \underline{t}) \in \mathbb{R}^{d}$. Since $g_{\underline{t}}(\underline{0})=F_{x}^{n}(\underline{0})=\underline{0}$,

$$
\begin{aligned}
& \left\|G(\underline{t})-D G_{\underline{0} \underline{t}}\right\|=\left\|g_{\underline{t}}(1)-g_{\underline{t}}(0)-g_{\underline{t}}^{\prime}(0)\right\| \leq\left\|\int_{0}^{1} g_{\underline{t}}^{\prime}(s) d s-g_{\underline{t}}^{\prime}(0)\right\| \\
& \leq \int_{0}^{1}\left\|g_{\underline{t}}^{\prime}(s)-g_{\underline{t}}^{\prime}(0)\right\| d s \leq\|\underline{t}\| \sup _{\left\|\underline{s}_{1}-\underline{s}_{2}\right\| \leq\|\underline{t}\|}\left\|\left(D F_{x}^{n}\right)_{\underline{s}_{1}}-\left(D F_{x}^{n}\right)_{\underline{s}_{2}}\right\|
\end{aligned}
$$

Since $f$ is $C^{1}$ and $\vartheta_{f^{n}(x)}, \vartheta_{x}$ are isometries, the supremum can be made smaller than $\varepsilon$ by choosing $\kappa$ sufficiently small.

Claim. Let $s_{i}\left(D f_{x}^{n}\right):=i$-th singular value of $\vartheta_{f^{n}(x)} D f_{x}^{n} \vartheta_{x}^{-1}$, then there exists $\kappa_{4}$ such that $\left|s_{i}\left(D f_{y}^{n}\right)-s_{i}\left(D f_{z}^{n}\right)\right|<1$ for all $d(y, z)<\kappa_{4}$.
Proof. By the minimax theorem the fact that $\vartheta_{x}, \vartheta_{f^{n}(x)}$ are isometries,

$$
s_{i}\left(D f_{x}^{n}\right)=\max _{V \subset T_{x} M, \operatorname{dim} V=i} \min _{\vec{v} \in V,\|\vec{v}\|_{x}=1}\left\|\left(D f_{x}^{n}\right) \vec{v}\right\|
$$

The $C^{1}$-smoothness of $f$ implies that $(x, \vec{v}) \mapsto\left\|\left(D f^{n}\right)_{x} \vec{v}\right\|_{f^{n}(x)}$ is uniformly continuous. From this it is routine to deduce that $s_{i}\left(D f_{x}^{n}\right)$ is uniformly continuous.

We can now begin the estimation of $K_{n}(A, k)$. Recall that $A$ is contained in some ball $B\left(y_{i}, \varepsilon / k\right)$ of radius $\varepsilon / k$. Therefore

$$
f^{n}(A) \subset B\left(f^{n}\left(y_{i}\right), \operatorname{Lip}\left(f^{n}\right) \varepsilon / k\right)
$$

So every $A^{\prime} \in \alpha_{k}$ which intersects $f^{n}(A)$ satisfies

$$
A^{\prime} \subset B\left(f^{n}\left(y_{i}\right),\left(\operatorname{Lip}\left(f^{n}\right)+1\right) \varepsilon / k\right)
$$

Assume $k$ is so large that $\left(\operatorname{Lip}\left(f^{n}\right)+1\right) \varepsilon / k<\kappa_{3}$. Using the bound $\operatorname{Lip}\left(\exp _{x}^{-1}\right) \leq$ 2, we can write $A^{\prime}$ and $A$ in coordinates as follows:

$$
\begin{aligned}
& A=\left(\exp _{y_{i}} \circ \vartheta_{y_{i}}^{-1}\right)(B), \text { where } B \subset B(\underline{0}, 2 \varepsilon / k) \subset \mathbb{R}^{d} \\
& A^{\prime}=\left(\exp _{f^{n}\left(y_{i}\right)} \circ \vartheta_{f^{n}\left(y_{i}\right)}^{-1}\right)\left(B^{\prime}\right), \text { where } \operatorname{diam}\left(B^{\prime}\right) \leq 2 \operatorname{diam}\left(A^{\prime}\right) \leq 4 \varepsilon / k
\end{aligned}
$$

Since $A^{\prime} \cap f^{n}(A) \neq \varnothing$ and $f^{n}(A)=\left(\exp _{f^{n}\left(y_{i}\right)} \circ \vartheta_{f^{n}\left(y_{i}\right)}^{-1}\right)\left(F_{y_{i}}^{n}(B)\right)$, it must be the case that $B^{\prime} \cap F_{y_{i}}^{n}(B) \neq \varnothing$, whence since $\operatorname{diam}\left(B^{\prime}\right) \leq 4 \varepsilon / k$

$$
B^{\prime} \subset N_{\rho}\left(F_{y_{i}}^{n}(B)\right):=\left\{x: d\left(x, F_{y_{i}}^{n}(B)\right)<\rho\right\}
$$

where $\rho:=4 \varepsilon / k$.
Claim. Choose $k$ so large that $10 \varepsilon / k<1$ and $\varepsilon<1 / 2$. Then the Lebesgue volume of $N_{\rho}\left(F_{y_{i}}^{n}(B)\right)$ is less than $100^{d}(\varepsilon / k)^{d} \prod_{i=1}^{d}\left(1+s_{i}\left(\vartheta_{f^{n}\left(y_{i}\right)}^{-1} D f_{y_{i}}^{n} \vartheta_{y_{i}}\right)\right)$.
Proof. $B \subset B(\underline{0}, 2 \varepsilon / k)$, therefore

$$
\left(D F_{y_{i}}^{n}\right)_{\underline{0}}(B) \subset\binom{\text { orthogonal box whose sides }}{\text { have lengths } 2 \cdot(2 \varepsilon / k) \cdot s_{i}\left[\left(D F_{y_{i}}^{n}\right)_{\underline{0}}\right]}=: \text { Box }
$$

Since $d\left(F_{y_{i}}^{n}(\underline{t}),\left(D F_{y_{i}}^{n}\right)_{\underline{\underline{t}}} \underline{)} \leq \varepsilon\|\underline{t}\|<\frac{\varepsilon}{k}\right.$ on $B(\underline{0}, 2 \varepsilon / k), F_{y_{i}}^{n}(B) \subset N_{\varepsilon / k}($ Box $)$. Thus

$$
N_{\rho}\left(F_{y_{i}}^{n}(B)\right) \subset\binom{\text { orthogonal box whose sides }}{\text { have lengths }(100 \varepsilon / k)\left(1+s_{i}\left[\left(D F_{y_{i}}^{n}\right)_{0}\right]\right)}
$$

(100 is an over estimate).
We can now bound $K_{n}(A, k)$ : Each $A^{\prime}$ contains a ball of radius $\varepsilon / 2 k$. Since $\exp _{f^{n}\left(y_{i}\right)}^{-1}$ has Lipschitz constant $\leq 2$, each $B^{\prime}$ contains a ball of radius $\varepsilon / 4 k$. These
balls are disjoint, because the $A^{\prime}$ are disjoint. We find that $K_{n}(A, k)$ is bounded by the maximal number of pairwise disjoint balls of radius $\varepsilon / 4 k$ which can be fit inside a set of volume $100^{d}(\varepsilon / k)^{d} \prod_{i=1}^{d}\left(1+s_{i}\left(\vartheta_{f^{n}\left(y_{i}\right)}^{-1} D f_{y_{i}}^{n} \vartheta_{y_{i}}\right)\right)$. Thus

$$
K_{n}(A, k) \leq C \prod_{i=1}^{d}\left[1+s_{i}\left(D f_{y_{i}}^{n}\right)\right]
$$

where $C$ is independent of $\varepsilon, n, k$ : The $(\varepsilon / k)^{d}$ term cancels out!
Proof of Ruelle's inequality. Steps 2 and 3 give us the inequality

$$
\begin{aligned}
h_{\mu}\left(f, \alpha_{k}\right) & \leq \frac{1}{n} \sum_{A \in \alpha_{k}} \mu(A) \log _{2} K_{n}(A, k) \\
& \leq \sum_{A \in \alpha_{k}} \mu(A) \sum_{i=1}^{d} \frac{1}{n} \log _{2}\left[1+s_{i}\left(D f_{y_{i}}^{n}\right)\right]+\log C \text { for all } k \text { large enough } \\
& \leq \sum_{i=1}^{d} \int \frac{1}{n} \log _{2}\left[1+s_{i}\left(D f_{y}^{n}\right)\right] d \mu(y)+\frac{1}{n} \log C
\end{aligned}
$$

where the last estimate is because $A \subset B\left(y_{i}, \varepsilon / k\right)$ and

$$
\left|s_{i}\left(D f_{y}^{n}\right)-s_{i}\left(D f_{y_{i}}^{n}\right)\right|<\frac{1}{2} \text { for all } y \in A \subset B\left(y_{i}, \varepsilon / k\right)
$$

Passing to the limit $k \rightarrow \infty$ gives us that

$$
h_{\mu}(f) \leq \sum_{i=1}^{d} \int \frac{1}{n} \log _{2}\left[1+s_{i}\left(D f_{y}^{n}\right)\right] d \mu(y)+\frac{1}{n} \log C
$$

whence $h_{\mu}(f) \leq \lim _{n \rightarrow \infty} \sum_{i=1}^{d} \int \frac{1}{n} \log _{2}\left[1+s_{i}\left(D f_{y}^{n}\right)\right] d \mu(y)$.
We analyze the last limit. Let $A(x)=\vartheta_{f(x)} D f_{x} \vartheta_{x}^{-1}$, then

$$
A\left(f^{n-1}(x)\right) \cdots A(f(x)) A(x)=\vartheta_{f^{n}(x)} D f_{x}^{n} \vartheta_{x}^{-1}
$$

and therefore $s_{i}\left(D f_{y}^{n}\right)=i$-th singular value of $A\left(f^{n-1}(x)\right) \cdots A(f(x)) A(x)$. By the multiplicative ergodic theorem, $s_{i}(x)^{1 / n} \underset{n \rightarrow \infty}{\longrightarrow} e^{\chi_{i}(x)}$, where $\chi_{1}(x) \geq \cdots \geq \chi_{d}(x)$ are the Lyapunov exponents of $A(x)$. Necessarily,

$$
\frac{1}{n} \log _{2}\left[1+s_{i}\left(D f_{y}^{n}\right)\right] \underset{n \rightarrow \infty}{\longrightarrow} \begin{cases}\chi_{i}(x) / \ln 2 & \chi_{i}(x)>0 \\ 0 & \chi_{i}(x) \leq 0\end{cases}
$$

where the $\ln 2$ factor is due to the identity $\log _{2}\left(e^{\chi_{i}}\right)=\chi_{i} / \ln 2$.

Since $\frac{1}{n} \log _{2}\left[1+s_{i}\left(D f_{y}^{n}\right)\right]$ is uniformly bounded $\left(\right.$ by $\left.(\ln 2)^{-1} \sup _{y}\left\|D f_{y}\right\|\right)$, we have by the bounded convergence theorem that

$$
h_{\mu}(f) \leq \sum_{i=1}^{d} \int \lim _{n \rightarrow \infty} \frac{1}{n} \log _{2}\left[1+s_{i}\left(D f_{y}^{n}\right)\right] d \mu(y)=\frac{1}{\ln 2} \int \sum_{i: \chi_{i}(x)>0} \chi_{i}(x) d \mu
$$

and we have Ruelle's inequality.

## Problems

4.1. Prove: $H_{\mu}(\alpha \mid \beta)=-\sum_{B \in \beta} \mu(B) \sum_{A \in \alpha} \mu(A \mid B) \log \mu(A \mid B)$, where $\mu(A \mid B)=\frac{\mu(A \cap B)}{\mu(B)}$.
4.2. Prove: if $H_{\mu}(\alpha \mid \beta)=0$, then $\alpha \subseteq \beta \bmod \mu$.
4.3. Prove that $h_{\mu}(T)$ is an invariant of measure theoretic isomorphism.
4.4. Prove that $h_{\mu}\left(T^{n}\right)=n h_{\mu}(T)$.
4.5. Prove that if $T$ is invertible, then $h_{\mu}\left(T^{-1}\right)=h_{\mu}(T)$.

### 4.6. Entropy is affine

Let $T$ be a measurable map on $X$, and $\mu_{1}, \mu_{2}$ be two $T$-invariant probability measures. Set $\mu=t \mu_{1}+(1-t) \mu_{2}(0 \leq t \leq 1)$. Show: $h_{\mu}(T)=t h_{\mu_{1}}(T)+(1-t) h_{\mu_{2}}(T)$. Guidance: Start by showing that for all $0 \leq x, y, t \leq 1$,

$$
0 \leq \varphi(t x+(1-t) y)-[t \varphi(x)+(1-t) \varphi(y)] \leq-t x \log t-(1-t) y \log (1-t)
$$

4.7. Let $(X, \mathscr{B}, \mu)$ be a probability space. If $\alpha, \beta$ are two measurable partitions of $X$, then we write $\alpha=\beta \bmod \mu$ if $\alpha=\left\{A_{1}, \ldots, A_{n}\right\}$ and $B=\left\{B_{1}, \ldots, B_{n}\right\}$ where $\mu\left(A_{i} \triangle B_{i}\right)=0$ for all $i$. Let $\mathfrak{P}$ denote the set of all countable measurable partitions of $X$, modulo the equivalence relation $\alpha=\beta \bmod \mu$. Show that

$$
\rho(\alpha, \beta):=H_{\mu}(\alpha \mid \beta)+H_{\mu}(\beta \mid \alpha)
$$

induces a metric on $\mathfrak{P}$.
4.8. Let $(X, \mathscr{B}, \mu, T)$ be a ppt. Show that $\left|h_{\mu}(T, \alpha)-h_{\mu}(T, \beta)\right| \leq H_{\mu}(\alpha \mid \beta)+$ $H_{\mu}(\beta \mid \alpha)$.
4.9. Use the previous problem to show that

$$
h_{\mu}(T)=\sup \left\{h_{\mu}(T, \alpha): \alpha \text { finite measurable partition }\right\}
$$

4.10. Suppose $\alpha=\left\{A_{1}, \ldots, A_{n}\right\}$ is a finite measurable partition. Show that for every $\varepsilon$, there exists $\delta=\delta(\varepsilon, n)$ such that if $\beta=\left\{B_{1}, \ldots, B_{n}\right\}$ is measurable partition s.t. $\mu\left(A_{i} \triangle B_{i}\right)<\delta$, then $\rho(\alpha, \beta)<\varepsilon$.

### 4.11. Entropy via generating sequences of partitions

Suppose $(X, \mathscr{B}, \mu)$ is a probability space, and $\mathscr{A}$ is an algebra of $\mathscr{F}$-measurable subsets (namely a collection of sets which contains $\varnothing$ and which is closed under finite unions, finite intersection, and forming complements). Suppose $\mathscr{A}$ generates $\mathscr{B}$ (i.e. $\mathscr{B}$ is the smallest $\sigma$-algebra which contains $\mathscr{A}$ ).

1. For every $F \in \mathscr{F}$ and $\varepsilon>0$, there exists $A \in \mathscr{A}$ s.t. $\mu(A \triangle F)<\varepsilon$.
2. For every $\mathscr{F}$-measurable finite partition $\beta$ and $\varepsilon>0$, there exists an $\mathscr{A}$ measurable finite partition $\alpha$ s.t. $\rho(\alpha, \beta)<\varepsilon$.
3. If $T: X \rightarrow X$ is probability preserving, then

$$
h_{\mu}(T)=\sup \left\{h_{\mu}(T, \alpha): \alpha \text { is an } \mathscr{A} \text {-measurable finite partition }\right\} .
$$

4. Suppose $\alpha_{1} \leq \alpha_{2} \leq \cdots$ is an increasing sequence of finite measurable partitions such that $\sigma\left(\bigcup_{n \geq 1} \alpha_{n}\right)=\mathscr{B} \bmod \mu$, then $h_{\mu}(T)=\lim _{n \rightarrow \infty} h_{\mu}\left(T, \alpha_{n}\right)$.
4.12. Show that the entropy of the product of two ppt is the sum of their two entropies.
4.13. Show that $h_{\text {top }}\left(T^{n}\right)=n h_{\text {top }}(T)$.

## Notes to chapter 4

The notion of entropy as a measure of information is due to Shannon, the father information theory. Kolmogorov had the idea to adapt this notion to the ergodic theoretic context for the purposes of inventing an invariant which is able to distinguish Bernoulli schemes. This became possible once Sinai has proved his generator theorem - which enables the calculation of this invariant for Bernoulli schemes. Later, in the 1970's, Ornstein has proved that entropy is a complete invariant for Bernoulli schemes: they are isomorphic iff they have the same entropy. The maximum of the possible entropies for a topological Markov shift was first calculated by Parry, who also found the maximizing measure. The material in this chapter is mostly classical, [5] and [1] are both excellent references. For an introduction to Ornstein's isomorphism theorem, see [4]. Our proof of Ruelle's inequality is based on [3] and [2].

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## Appendix $A$

# The isomorphism theorem for standard measure spaces 

## A. 1 Polish spaces

Definition A.1. A polish space is a metric space $(X, d)$ which is

1. complete (every Cauchy sequence has a limit);
2. and separable (there is a countable dense subset).

Every compact metric space is polish. But a polish space need not be compact, or even locally compact. For example,

$$
\mathbb{N}^{\mathbb{N}}:=\left\{\underline{x}=\left(x_{1}, x_{2}, x_{3}, \ldots\right): x_{k} \in \mathbb{N}\right\}
$$

equipped with the metric $d(\underline{x}, \underline{y}):=\sum_{k \geq 1} 2^{-k}\left|x_{k}^{-1}-y_{k}^{-1}\right|$ is a non locally compact polish metric space.

Notation: $B(x, r):=\{y \in X: d(x, y)<r\}$ (the open ball with center $x$ and radius $r$ ).
Proposition A.1. Suppose $(X, d)$ is a polish space, then

1. Second axiom of countability: There exists a countable family of open sets $\mathscr{U}$ such that every open set in $X$ is a union of a subfamily of $\mathscr{U}$.
2. Lindelöf property: Every cover of $X$ by open sets has a countable sub-cover.
3. The intersection of any decreasing sequence of closed balls whose radii tend to zero is a single point.

Proof. Since $X$ is separable, it contains a countable dense set $\left\{x_{n}\right\}_{n \geq 1}$. Define

$$
\mathscr{U}:=\left\{B\left(x_{n}, r\right): n \in \mathbb{N}, r \in \mathbb{Q}\right\} .
$$

This is a countable collection, and we claim that it satisfies (1). Take some open set $U$. For every $x \in U$ there are

1. $R>0$ such that $B(x, R) \subset U$ (because $U$ is open);
2. $x_{n} \in B(x, R / 2)$ (because $\left\{x_{n}\right\}$ is dense); and
3. $r \in \mathbb{Q}$ such that $d\left(x, x_{n}\right)<r<R / 2$.

It is easy to check that $x \in B\left(x_{n}, r\right) \subset B(x, 2 r) \subset B(x, R) \subset U$. Thus for every $x \in U$ there is $U_{x} \in \mathscr{U}$ s.t. $x \in U_{x} \subset U$. It follows that $U$ is a union of elements from $\mathscr{U}$ and (1) is proved. (2) is an immediate consequence.

To see (3), suppose $B_{n}:=\overline{B\left(z_{n}, r_{n}\right)}$ is a sequence of closed balls such that $B_{n} \supset$ $B_{n+1}$ and $r_{n} \rightarrow 0$. It is easy to verify that $\left\{z_{n}\right\}$ is a Cauchy sequence. Since $X$ is complete, it converges to a limit $z$. This limit belongs to $B_{n}$ because $z_{k} \in B_{k} \subset B_{n}$ for all $k>n$, and $B_{n}$ is closed. Thus the intersection of $B_{n}$ contains at least one point. It cannot contain more than one point, because its diameter is zero (because it is bounded by $\operatorname{diam}\left[B_{n}\right] \leq r_{n} \rightarrow 0$ ).

## A. 2 Standard probability spaces

Definition A.2. A standard probability space is a probability space $(X, \mathscr{B}, \mu)$ where $X$ is polish, $\mathscr{B}$ is the $\sigma$-algebra of Borel sets of $X$, and $\mu$ is a Borel probability measure.

Theorem A.1. Suppose $(X, \mathscr{B}, \mu)$ is a standard probability space, then

1. Regularity: Suppose $E \in \mathscr{B}$. For every $\varepsilon>0$ there exists an open set $U$ and $a$ closed set $F$ such that $F \subset E \subset U$ and $\mu(U \backslash F)<\varepsilon$.
2. Separability: There exists a countable collection of measurable sets $\left\{E_{n}\right\}_{n \geq 1}$ such that for every $E \in \mathscr{B}$ and $\varepsilon>0$ there exists some $n$ s.t. $\mu\left(E \triangle E_{n}\right)<\varepsilon$. Equivalently, $L^{p}(X, \mathscr{B}, \mu)$ is separable for some (and then for all) $1 \leq p<\infty$.

Proof. Say that a set $E$ satisfies the approximation property if for every $\varepsilon$ there are a closed set $F$ and an open set $U$ s.t. $F \subset E \subset U$ and $\mu(U \backslash E)<\varepsilon$.

Open balls $B(x, r)$ have the approximation property: Take $U=B(x, r)$ and $F=$ $\overline{B\left(x, r-\frac{1}{n}\right)}$ for $n$ sufficiently large (these sets increase to $B(x, r)$ so their measure tends to that of $B(x, r)$ ).

Open sets $U$ have the approximation property. The approximating open set is the set itself. To find the approximating closed set use the second axiom of countability to write the open set as the countable union of balls $B_{n}$, and approximate each $B_{n}$ from within by a closed set $F_{n}$ such that $\mu\left(B_{n} \backslash F_{n}\right)<\varepsilon / 2^{n+1}$. Then $\mu\left(U \backslash \bigcup_{n \geq 1} F_{n}\right)<\varepsilon / 2$. Now take $F:=\bigcup_{i=1}^{N} F_{i}$ for $N$ large enough.

Thus the collection $\mathscr{C}:=\{E \in \mathscr{B}: E$ has the approximation property $\}$ contains the open sets. Since it is a $\sigma$-algebra (check!), it must be equal to $\mathscr{B}$, proving (1).

We prove separability. Polish spaces satisfy the second axiom of countability, so there is a countable family of open balls $\mathscr{U}=\left\{B_{n}: n \in \mathbb{N}\right\}$ such that every open set is the union of a countable subfamily of $\mathscr{U}$. This means that every open set can be approximated by a finite union of elements of $\mathscr{U}$ to arbitrary precision. By the regularity property shown above, every measurable set can be approximated by a finite union of elements of $\mathscr{U}$ to arbitrary precision. It remains to observe that $\mathscr{E}=\{$ finite unions of elements of $\mathscr{U}\}$ is countable.

The separability of $L^{p}$ for $1 \leq p<\infty$ follows from the above and the obvious fact that the collection $\left\{\sum_{i=1}^{N} \alpha_{i} 1_{E_{i}}: N \in \mathbb{N}, \alpha_{i} \in \mathbb{Q}, E_{i} \in \mathscr{E}\right\}$ is dense in $L^{p}$ (prove!). The other direction is left to the reader.

The following statement will be used in the proof of the isomorphism theorem.
Lemma A.1. Suppose $(X, \mathscr{B}, \mu)$ is a standard probability space and $E$ is a measurable set of positive measure, then there is a point $x \in X$ such that $\mu[E \cap B(x, r)] \neq 0$ for all $r>0$.

Proof. Fix $\varepsilon_{n} \downarrow 0$. Write $X$ as a countable union of open balls of radius $\varepsilon_{1}$ (second axiom of countability). At least one of these, $B_{1}$, satisfies $\mu\left(E \cap B_{1}\right) \neq 0$. Write $B_{1}$ as a countable union of open balls of radius $\varepsilon_{2}$. At least one of these, $B_{2}$, satisfies $\mu\left[E \cap B_{1} \cap B_{2}\right] \neq 0$. Continue in this manner. The result is a decreasing sequence of open balls with shrinking diameters $B_{1} \supset B_{2} \supset \cdots$ which intersect $E$ at a set of positive measure.

The sequence of centers of these balls is a Cauchy sequence. Since $X$ is polish, it converges to a limit $x \in X$. This $x$ belongs to the closure of each $B_{n}$.

For every $r$ find $n$ so large that $\varepsilon_{n}<r / 2$. Since $x \in \overline{B_{n}}, d\left(x, x_{n}\right) \leq \varepsilon_{n}$, and this implies that $B(x, r) \supseteq B\left(x_{n}, \varepsilon_{n}\right)=B_{n}$. Since $B_{n}$ intersects $E$ with positive measure, $B(x, r)$ intersects $E$ with positive measure.

## A. 3 Atoms

Definition A.3. An atom of a measure space $(X, \mathscr{B}, \mu)$ is a measurable set $A$ of nonzero measure with the property that for all other measurable sets $B$ contained in $A$, either $\mu(B)=\mu(A)$ or $\mu(B)=0$. A measure space is called non-atomic, if it has no atoms.

Proposition A.2. For standard spaces $(X, \mathscr{B}, \mu)$, every atom is of the form $\{x\} \cup$ null set for some $x$ s.t. $\mu\{x\} \neq 0$.

Proof. Suppose $A$ is an atom. Since $X$ can be covered by a countable collection of open balls of radius $r_{1}:=1, A=\bigcup_{i \geq 1} A_{i}$ where $A_{i}$ are measurable subsets of $A$ of diameter at most $r_{1}$. One of those sets, $A_{i_{1}}$, has non-zero measure. Since $A$ is an atom, $\mu\left(A_{i_{1}}\right)=\mu(A)$. Setting $A^{(1)}:=A_{i_{1}}$, we see that

$$
A^{(1)} \subset A, \operatorname{diam}\left(A^{(1)}\right) \leq r_{1}, \mu\left(A^{(1)}\right)=\mu(A)
$$

Of course $A^{(1)}$ is an atom.
Now repeat this argument with $A^{(1)}$ replacing $A$ and $r_{2}:=1 / 2$ replacing $r_{1}$. We obtain an atom $A^{(2)}$ s.t.

$$
A^{(2)} \subset A, \operatorname{diam}\left(A^{(2)}\right) \leq r_{2}, \mu\left(A^{(2)}\right)=\mu(A)
$$

We continue in this manner, to obtain a sequence of atoms $A \supset A^{(1)} \supset A^{(2)} \supset \cdots$ of the same measure, with diameters $r_{k}=1 / k \rightarrow 0$. The intersection $\bigcap A^{(k)}$ is nonempty, because its measure is $\lim \mu\left(A^{(k)}\right)=\mu(A) \neq 0$. But its diameter is zero. Therefore it is a single point $x$, and by construction $x \in A$ and $\mu\{x\}=\mu(A)$.

Lemma A.2. Suppose $(X, \mathscr{B}, \mu)$ is a non-atomic standard probability space, and $r>0$. Every $\mathscr{B}$-measurable set $E$ can be written in the form $E=\biguplus_{i=1}^{\infty} F_{i} \uplus N$ where $\mu(N)=0, F_{i}$ are closed, $\operatorname{diam}\left(F_{i}\right)<r$, and $\mu\left(F_{i}\right) \neq 0$.

Proof. Since every measurable set is a finite or countable disjoint union of sets of diameter less than $r$ (prove!), it is enough to treat sets $E$ such that $\operatorname{diam}(E)<r$.

Standard spaces are regular, so we can find a closed set $F_{1} \subset E$ such that $\mu(E \backslash$ $\left.F_{1}\right)<\frac{1}{2}$. If $\mu\left(E \backslash F_{1}\right)=0$, then stop. Otherwise apply the argument to $E \backslash F_{1}$ to find a closed set $F_{2} \subset E \backslash F_{1}$ of positive measure such that $\mu\left[E \backslash\left(F_{1} \cup F_{2}\right)\right]<\frac{1}{2^{2}}$. Continuing in this manner we obtain pairwise disjoint closed sets $F_{i} \subset E$ such that $\mu\left(E \backslash \bigcup_{i=1}^{n} F_{i}\right)<2^{-n}$ for all $n$, or until we get to an $n$ such that $\mu\left(E \backslash \biguplus_{i=1}^{n} F_{n}\right)=0$.

If the procedure did not stop at any stage, then the lemma follows with $N:=$ $E \backslash \bigcup_{i \geq 1} F_{i}$.

We show what to do in case the procedure stops after $n$ steps. Set $F=F_{n}$, the last closed set. The idea is to split $F$ into countably many disjoint closed sets, plus a set of measure zero.

Find an $x$ such that $\mu[F \cap B(x, r)] \neq 0$ for all $r>0$ (previous lemma). Since $X$ is non-atomic, $\mu\{x\}=0$. Since $B(x, r) \downarrow\{x\}, \mu[F \cap B(x, r)] \underset{n \rightarrow \infty}{\longrightarrow} 0$. Choose $r_{n} \downarrow 0$ for which $\mu\left[F \cap B\left(x, r_{n}\right)\right]$ is strictly decreasing. Define

$$
C_{1}:=F \cap \overline{B\left(x, r_{1}\right)} \backslash B\left(x, r_{2}\right), C_{2}:=F \cap \overline{B\left(x, r_{2}\right)} \backslash B\left(x, r_{3}\right) \text { and so on. }
$$

This is an infinite sequence of closed pairwise disjoint sets of positive measure inside $F$. By the construction of $F$ they are disjoint from $F_{1}, \ldots, F_{n-1}$ and they are contained in $E$.

Now consider $E^{\prime}:=E \backslash\left(\bigcup_{i=0}^{n-1} F_{i} \cup \bigcup_{i} C_{i}\right)$. Applying the argument in the first paragraph to $E^{\prime}$, we write it as a finite or countable disjoint union of closed sets plus a null set. Adding these sets to the collection $\left\{F_{1}, \ldots, F_{n-1}\right\} \cup\left\{C_{i}: i \geq 1\right\}$ gives us the required decomposition of $E$.

## A. 4 The isomorphism theorem

Definition A.4. Two measure spaces $\left(X_{i}, \mathscr{B}_{i}, \mu_{i}\right)(i=1,2)$ are called isomorphic if there are measurable subsets of full measure $X_{i}^{\prime} \subset X_{i}$ and a measurable bijection $\pi: X_{1}^{\prime} \rightarrow X_{2}^{\prime}$ with measurable inverse such that $\mu_{2}=\mu_{1} \circ \pi^{-1}$.

Theorem A. 2 (Isomorphism theorem). Every non-atomic standard probability space is isomorphic to the unit interval equipped with the Lebesgue measure.

Proof. Fix a decreasing sequence of positive numbers $\varepsilon_{n}$ which tend to zero. Using lemma A.2, decompose $X=\biguplus_{j=1}^{\infty} F(j) \uplus N$ where $F(j)$ are pairwise disjoint closed sets of positive measure and diameter less than $\varepsilon_{1}$, and $N_{1}$ is a null set.

Applying lemma A. 2 to each $F(j)$, decompose $F(j)=\biguplus_{k=1}^{\infty} F(j, k) \uplus N(j)$ where $F(j, k)$ are pairwise disjoint closed sets of positive measure and diameter less than $\varepsilon_{2}$, and $N(j)$ is a null set.

Continuing in this way we obtain a family of sets $F\left(x_{1}, \ldots, x_{n}\right), N\left(x_{1}, \ldots, x_{n}\right)$, $\left(n, x_{1}, \ldots, x_{n} \in \mathbb{N}\right)$ such that

1. $F\left(x_{1}, \ldots, x_{n}\right)$ are closed, have positive measure, and $\operatorname{diam}\left[F\left(x_{1}, \ldots, x_{n}\right)\right]<\varepsilon_{n}$;
2. $F\left(x_{1}, \ldots, x_{n-1}\right)=\biguplus_{y \in \mathbb{N}} F\left(x_{1}, \ldots, x_{n-1}, y\right) \uplus N\left(x_{1}, \ldots, x_{n-1}\right)$;
3. $\mu\left[N\left(x_{1}, \ldots, x_{n}\right)\right]=0$.

Set $X^{\prime}:=\bigcap_{n \geq 1} \biguplus_{x_{1}, \ldots, x_{n} \in \mathbb{N}} F\left(x_{1}, \ldots, x_{n}\right)$. It is a calculation to see that $\mu\left(X \backslash X^{\prime}\right)=$ 0 . The set $X^{\prime}$ has tree-like structure: every $x \in X^{\prime}$ determines a unique sequence $\left(x_{1}, x_{2}, \ldots\right) \in \mathbb{N}^{\mathbb{N}}$ such that $x \in F\left(x_{1}, \ldots, x_{n}\right)$ for all $n$. Define $\pi: X^{\prime} \rightarrow[0,1]$ by

$$
\pi(x)=\frac{1}{x_{1}+\frac{1}{x_{2}+\cdots}}
$$

This map is one-to-one on $X^{\prime}$, because if $\pi(x)=\pi(y)$, then $1 /\left(x_{1}+1 /\left(x_{2}+\right.\right.$ $\cdots))=1 /\left(y_{2}+1 /\left(y_{2}+\cdots\right)\right)$ whence $x_{k}=y_{k}$ for all $k ;{ }^{1}$ this means that $x, y \in$ $F\left(x_{1}, \ldots x_{n}\right)$ for all $n$, whence $d(x, y) \leq \varepsilon_{n} \xrightarrow[n \rightarrow \infty]{ } 0$.

This map is onto $[0,1] \backslash \mathbb{Q}$, because every irrational $t \in[0,1]$ has an infinite continued fraction expansion $1 /\left(a_{1}+1 /\left(a_{2}+\cdots\right)\right)$, so $t=\pi(x)$ for the unique $x$ in $\bigcap_{n \geq 1} F\left(a_{1}, \ldots, a_{n}\right)$. (This intersection is non-empty because it is the decreasing intersection of closed sets of shrinking diameters in a complete metric space.)

We claim that $\pi: X^{\prime} \rightarrow[0,1] \backslash \mathbb{Q}$ is Borel measurable. Let $\left[a_{1}, \ldots, a_{n}\right]$ denote the collection of all irrationals in $[0,1]$ whose continued fraction expansion starts with $\left(a_{1}, \ldots, a_{n}\right)$. We call such sets "cylinders." We have $\pi^{-1}\left[a_{1}, \ldots, a_{n}\right]=$ $F\left(a_{1}, \ldots, a_{n}\right) \cap X^{\prime}$, a Borel set. Thus

$$
\mathscr{C}:=\left\{E \in \mathscr{B}([0,1] \backslash \mathbb{Q}): \pi^{-1}(E) \in \mathscr{B}\right\}
$$

contains the cylinders. It is easy to check that $\mathscr{C}$ is a $\sigma$-algebra. The cylinders generate $\mathscr{B}([0,1] \backslash \mathbb{Q})$ (these are intervals whose length tends to zero as $n \rightarrow \infty$ ). It follows that $\mathscr{C}=\mathscr{B}([0,1] \backslash \mathbb{Q})$ and the measurability of $\pi$ is proved.

Next we observe that $\pi\left[F\left(a_{1}, \ldots, a_{n}\right) \cap X^{\prime}\right]=\left[a_{1}, \ldots, a_{n}\right]$, so $\pi^{-1}:[0,1] \backslash \mathbb{Q} \rightarrow X^{\prime}$ is Borel measurable by an argument similar to the one in the previous paragraph.

It follows that $\pi:(X, \mathscr{B}, \mu) \rightarrow\left([0,1] \backslash \mathbb{Q}, \mathscr{B}([0,1] \backslash \mathbb{Q}), \mu \circ \pi^{-1}\right)$ is an isomorphism of measure spaces. There is an obvious extension of $\mu \circ \pi^{-1}$ to $\mathscr{B}([0,1])$ obtained by declaring $\mu(\mathbb{Q}):=0$. Let $m$ denote this extension. Then we get an isomorphism between $(X, \mathscr{B}, \mu)$ to $([0,1], \mathscr{B}([0,1]), m)$ where is $m$ is some Borel probability measure on $[0,1]$. Since $\mu$ is non-atomic, $m$ is non-atomic.

[^16]We now claim that $([0,1], \mathscr{B}([0,1]), m)$ is isomorphic to $([0,1], \mathscr{B}([0,1]), \lambda)$, where $\lambda$ is the Lebesgue measure.

Consider first the distribution function of $m, s \mapsto m[0, s)$. This is a monotone increasing function (in the weak sense). We claim that it is continuous. Otherwise it has a jump $J$ at some point $x_{0}$ :

$$
m\left[0, x_{0}+\varepsilon\right)-m\left[0, x_{0}\right)>J \text { for all } \varepsilon>0
$$

This means that $m\left\{x_{0}\right\} \geq J$, which cannot be the case since $m$ is non-atomic.
Since $F_{m}(s)=m([0, s))$ is continuous, and $F_{m}(0)=0, F_{m}(1)=m([0,1])-m\{1\}=$ $1, F_{m}(s)$ attains any real value $0 \leq t \leq 1$. So the following definition makes sense:

$$
\vartheta(t):=\min \{s \geq 0: m([0, s))=t\} \quad(0 \leq t \leq 1)
$$

Notice that $F_{m}(\vartheta(t))=t$. We will show that $\vartheta:([0,1], \mathscr{B}, m) \rightarrow([0,1], \mathscr{B}, \lambda)$ is an isomorphism of measure spaces.

Step 1. $m([0,1] \backslash \vartheta[0,1])=0$.
Proof. $s \in \vartheta[0,1]$ iff $s=\vartheta\left(F_{m}(s)\right)$ iff $\forall s^{\prime}<s, m\left[s^{\prime}, s\right]>0$.
Conversely, $s \notin \vartheta[0,1]$, iff $s$ belongs to an interval with positive length and zero $m$ measure. Let $I(s)$ denote the union of all such intervals. This is a closed interval (because $m$ is non-atomic), $m(I(s))=0, \lambda(I(s))>0$, and for any $s_{1}, s_{2} \in[0,1] \backslash$ $\vartheta[0,1]$, either $I\left(s_{1}\right)=I\left(s_{2}\right)$ or $I\left(s_{1}\right) \cap I\left(s_{2}\right)=\varnothing$.

There can be at most countably many different intervals $I(s)$. It follows that $[0,1] \backslash \vartheta[0,1]$ is a finite or countable union of closed intervals with zero $m$-measure. In particular, $m([0,1] \backslash \vartheta[0,1])=0$.

Step 2. $\vartheta$ is one-to-one on $[0,1]$.
Proof: $F_{m} \circ \vartheta=i d$
Step 3. $\vartheta$ is measurable, with measurable inverse.
Proof. $\vartheta$ is measurable, because for every interval $(a, b), \vartheta^{-1}(a, b)=\{t: t=$ $\left.F_{m}(\vartheta(t)) \in F_{m}(a, b)\right\}=\left(F_{m}(a), F_{m}(b)\right)$, a Borel set.

To see that $\vartheta^{-1}$ is measurable, note that $\vartheta$ is strictly increasing, therefore $\vartheta(a, b)=(\vartheta(a), \vartheta(b)) \cap \vartheta([0,1])$. This set is Borel, because as we saw in the proof of step $1, \vartheta([0,1])$ is the complement of a countable collection of intervals.

Step 4. $m \circ \vartheta=\lambda$.
Proof. By construction, $m[0, \vartheta(t))=t$. So $m[\vartheta(s), \vartheta(t))=t-s$ for all $0<s<t<1$. This the semi-algera of half-open intervals generates the Borel $\sigma$-algebra of the interval, $m \circ \vartheta=\lambda$.

Steps $1-4$ show that $\vartheta:([0,1], \mathscr{B}([0,1]), m) \rightarrow([0,1], \mathscr{B}([0,1]), \lambda)$ is an isomorphism. Composing this with $\pi$, we get an isomorphism between $(X, \mathscr{B}, \mu)$ and the unit interval equipped with Lebesgue's measure.

We comment on the atomic case. A standard probability space $(X, \mathscr{B}, \mu)$ can have at most countably many atoms (otherwise it will contain an uncountable collection of pairwise disjoint sets of positive measure, which cannot be the case). Let $\left\{x_{i}: i \in\right.$ $\Lambda\}$ be a list of the atoms, where $\Lambda \subset \mathbb{N}$. Then

$$
\mu=\mu^{\prime}+\sum_{i \in \Lambda} \mu\left\{x_{i}\right\} \delta_{x_{i}} \quad\left(\delta_{x}=\text { Dirac measure }\right)
$$

where $\mu^{\prime}$ is non-atomic.
Suppose w.l.o.g that $X \cap \mathbb{N}=\varnothing$. The map

$$
\pi: X \rightarrow X \cup \Lambda, \pi(x)= \begin{cases}x & x \notin\left\{x_{i}: i \in \Lambda\right\} \\ i & x=x_{i}\end{cases}
$$

is an isomorphism between $X$ and the measure space obtained by adding to ( $X, \mathscr{B}, \mu^{\prime}$ ) atoms with right mass at points of $\Lambda$. The space $\left(X, \mathscr{B}, \mu^{\prime}\right)$ is non-atomic, so it is isomorphic to $\left[0, \mu^{\prime}(X)\right]$ equipped with the Lebesgue measure. We obtain the following generalization of the isomorphism theorem: Every standard probability space is isomorphic to the measure space consisting of a finite interval equipped with Lebesgue's measure, and a finite or countable collection of atoms.

Definition A.5. A measure space is called a Lebesgue space, if it is isomorphic to the measure space consisting of a finite interval equipped with the Lebesgue measurable sets and Lebesgue's measure, and a finite or countable collection of atoms.

Note that the $\sigma$-algebra in the definition is the Lebesgue $\sigma$-algebra, not the Borel $\sigma$-algebra. (The Lebesgue $\sigma$-algebra is the completion of the Borel $\sigma$-algebra with respect to the Lebesgue measure, see problem 1.2.) The isomorphism theorem and the discussion above say that the completion of a standard space is a Lebesgue space. So the class of Lebesgue probability spaces is enormous!

## Appendix A

 The Monotone Class TheoremDefinition A.1. A sequence of sets $\left\{A_{n}\right\}$ is called increasing (resp. decreasing) if $A_{n} \subseteq A_{n+1}$ for all $n$ (resp. $A_{n} \supseteq A_{n+1}$ for all $n$ ).

Notation: $A_{n} \uparrow A$ means that $\left\{A_{n}\right\}$ is an increasing sequence of sets, and $A=\bigcup A_{n}$. $A_{n} \downarrow A$ means that $\left\{A_{n}\right\}$ is a decreasing sequence of sets, and $A=\bigcap A_{n}$.

Proposition A.1. Suppose $(X, \mathscr{B}, \mu)$ is a measure space, and $A_{n} \in \mathscr{B}$.

1. if $A_{n} \uparrow A$, then $\mu\left(A_{n}\right) \xrightarrow[n \rightarrow \infty]{\longrightarrow} \mu(A)$;
2. if $A_{n} \downarrow A$ and $\mu\left(A_{n}\right)<\infty$ for some $n$, then $\mu\left(A_{n}\right) \xrightarrow[n \rightarrow \infty]{\longrightarrow} \mu(A)$.

Proof. For (1), observe that $A=\biguplus_{n \geq 1} A_{n+1} \backslash A_{n}$ and use $\sigma$-additivity. For (2), fix $n_{0}$ s.t. $\mu\left(A_{n_{0}}\right)<\infty$, and observe that $\bar{A}_{n} \downarrow A$ implies that $\left(A_{n_{0}} \backslash A_{n}\right) \uparrow\left(A_{n_{0}} \backslash A\right)$.

The example $A_{n}=(n, \infty), \mu=$ Lebesgue measure on $\mathbb{R}$, shows that the condition in (2) cannot be removed.

Definition A.2. Let $X$ be a set. A monotone class of subsets of $X$ is a collection $\mathscr{M}$ of subsets of $X$ which contains the empty set, and such that if $A_{n} \in \mathscr{M}$ and $A_{n} \uparrow A$ or $A_{n} \downarrow A$, then $A \in \mathscr{M}$.

Recall that an algebra of subsets of a set $X$ is a collection of subsets of $X$ which contains the empty set, and which is closed under finite unions, finite intersections, and forming the complement.

Theorem A. 1 (Monotone Class Theorem). A monotone class which contains an algebra, also contains the sigma-algebra generated by this algebra.

Proof. Let $\mathscr{M}$ be a monotone class which contains an algebra $\mathscr{A}$. Let $\mathscr{M}(\mathscr{A})$ denote the intersection of all the collections $\mathscr{M}^{\prime} \subset \mathscr{M}$ such that (a) $\mathscr{M}^{\prime}$ is a monotone class, and (b) $\mathscr{M}^{\prime} \supseteq \mathscr{A}$. This is a monotone class (check!). In fact it is the minimal monotone class which contains $\mathscr{A}$. We prove that it is a $\sigma$-algebra. Since $\mathscr{M}(\mathscr{A}) \subset \mathscr{M}$, this completes the proof.

We begin by claiming that $\mathscr{M}(\mathscr{A})$ is closed under forming complements. Suppose $E \in \mathscr{M}(\mathscr{A})$. The set

$$
\mathscr{M}^{\prime}:=\left\{E^{\prime} \in \mathscr{M}(\mathscr{A}):\left(E^{\prime}\right)^{c} \in \mathscr{M}(\mathscr{A})\right\}
$$

contains $\mathscr{A}$ (because $\mathscr{A}$ is an algebra), and it is a monotone class (check!). But $\mathscr{M}(\mathscr{A})$ is the minimal monotone class which contains $\mathscr{A}$, so $\mathscr{M}^{\prime} \supset \mathscr{M}(\mathscr{A})$. It follows that $E \in \mathscr{M}^{\prime}$, whence $E^{c} \in \mathscr{M}(\mathscr{A})$.

Next we claim that $\mathscr{M}(\mathscr{A})$ has the following property:

$$
E \in \mathscr{M}(\mathscr{A}), A \in \mathscr{A} \Longrightarrow E \cup A \in \mathscr{M}(\mathscr{A})
$$

Again, the reason is that the collection $\mathscr{M}^{\prime}$ of sets with this property contains $\mathscr{A}$, and is a monotone class.

Now fix $E \in \mathscr{M}(\mathscr{A})$, and consider the collection

$$
\mathscr{M}^{\prime}:=\{F \in \mathscr{M}(\mathscr{A}): E \cup F \in \mathscr{M}(\mathscr{A})\} .
$$

By the previous paragraph, $\mathscr{M}^{\prime}$ contains $\mathscr{A}$. It is clear that $\mathscr{M}^{\prime}$ is a monotone class. Thus $\mathscr{M}(\mathscr{A}) \subseteq \mathscr{M}^{\prime}$, and as a result $E \cup F \in \mathscr{M}(\mathscr{A})$ for all $F \in \mathscr{M}(\mathscr{A})$. But $E \in$ $\mathscr{M}(\mathscr{A})$ was arbitrary, so this means that $\mathscr{M}(\mathscr{A})$ is closed under finite unions.

Since $\mathscr{M}(\mathscr{A})$ is closed under finite unions, and countable increasing unions, it is closed under general countable unions.

Since $\mathscr{M}(\mathscr{A})$ is closed under forming complements and taking countable unions, it is a sigma algebra. By definition this sigma algebra contains $\mathscr{A}$ and is contained in $\mathscr{M}$.

## Index

| Abramov formula, 116 | eigenvalue, 90 |
| :---: | :---: |
| Action, 1 | Entropy |
| action, 45 | Ruelle inequality, 123 |
| adding machine, 32,85 | entropy |
| algebra, 130 | conditional, 104 |
| Alt, 53 | of a measure, 107 |
| arithmeticity, 22 | of a partition, 103 |
| atom, 135 | topological, 118, 119 ergodic, 5 |
| Bernoulli scheme, 9, 95 entropy of, 113 | decomposition, 43 hypothesis, 3 |
| Bowen's metric, 121 <br> box, 45 | ergodicity and countable Lebesgue spectrum, 99 |
|  | ergodicity and extremality, 85 |
| Carathéodory Extension Theorem, 10 | ergodicity and mixing, 85 |
| CAT(0) space, 71 | flows, 18, 32 |
| Chacon's example, 99 | theory, 1 |
| Chung-Neveu Lemma, 108 | Ergodic Theorem |
| coboundary, 35 | Mean, 35, 84 |
| Commuting transformations, 44 | Multiplicative, 57 |
| comparison triangle, 71 | Pointwise, 37 |
| complete | Ratio, 87 |
| measure space, 31 | Subadditive, 49 |
| Riemannian surface, 18 | ergodicity and mixing, 36 |
| conditional | extension, 23 |
| entropy, 104 | exterior product, 54 |
| expectation, 40 | and angles, 56 |
| probabilities, 41 | of linear operators, 55 |
| configuration, 1 | extremal measure, 85 |
| conservative mpt, 32 |  |
| covariance, 7 | factor, 22 |
| cutting and stacking, 99 | factor map, 23 |
| cylinders, 9 | flow, 1 |
|  | Fourier Walsh system, 95 |
| Dynamical system, 1 | Furstenberg-Kesten theorem, 52 |
| eigenfunction, 90 | generalized intervals |

regular family, 85
generator, 111
geodesic flow, 17
geodesic metric space, 70
geodesic path, 69
geodesic ray, 70
geodesic triangle, 71
$\mathrm{GL}(d, \mathbb{R}), 81$
Goodwyn's theorem, 119

Herglotz theorem, 93
horofunction compactification, 71
horofunctions, 71
hyperbolic
plane, 17
surface, 18
independence, 6
for partitions, 106
induced transformation, 28
Abramov formula, 116
entropy of, 116
for infinite mpt, 33
Kac formula, 28
Kakutani skyscraper, 30
information
conditional, 104
content, 103
function, 103
invariant set, 5
invertibility, 23
isometry, 77
isomorphism, 4
measure theoretic, 4
of measure spaces, 136
spectral, 89
isomorphism theorem for measure spaces, 136
iterates, 1
K automorphism, 96
Kac formula, 28, 33
Kakutani skyscraper, 30

Lebesgue number, 121
Liouville's theorem, 2

Markov measure, 13
ergodicity and mixing, 13
Markov measures
Entropy, 114
Martingale convergence theorem, 86
measure, 3
measure preserving transformation, 4
measure space, 3

Lebesgue, 4, 139
non-atomic, 135
sigma finite, 32
standard, 3
mixing
and countable Lebesgue spectrum, 99
weak, 91
mixing and ergodicity, 36
monotone class, 141
mpt, 4
multilinear function, 52
alternating, 53
natural extension, 23
$\mathrm{O}_{d}(\mathbb{R}), 81$
orbit, 1
partition
finer or coarser, 104
wedge product of, 104
periodicity, 22
Perron-Frobenius Theorem, 31
Phase space, 1
Poincaré Recurrence Theorem, 3
Poincaré section, 30
Polish, 21
polish space, 21, 133
$\operatorname{Pos}_{d}(\mathbb{R}), 81$
positive definite, 81,93
probability
preserving transformation, 4
stationary probability vector, 12
measure, 3
space, 3
vector, 12
product
of measure spaces, 20
of mpt, 20
proper metric space, 69
$\operatorname{PSL}(2, \mathbb{R}), 17$
rectifiable curve, 69
regular family
generalized intervals, 85
regularity (of a measure space), 134
Rokhlin formula, 115
rotation, 8
Rotations, 32
Entropy of, 114
Ruelle's inequality, 123
section map, 30
semi algebra, 10
semi-flow, 1
Shannon-McMillan-Breiman Theorem, 109
sigma algebra, 3
sigma finiteness, 32
Sinai's Generator Theorem, 111
skew product, 21
spanning set, 116
spectral
invariant, 89
isomorphism, 89
measure, 93
spectrum
and the K property, 96
continuous, 90, 93
countable Lebesgue, 95
discrete, 90
Lebesgue, 99
mixed, 90
point, 90
pure point, 90
standard
probability space, 134
stationary
probability vector, 12
stationary stochastic process, 5
stochastic matrix, 12
stochastic process, 5
subadditive
cocycle, 49
ergodic theorem, 49
subshift of finite type, 12
suspension, 30
$\operatorname{Sym}(d, \mathbb{R}), 81$
tail events, 96
tensor product, 52
time one map, 32
Topological entropy, 118
definition using separated sets, 121
of isometries, 122
variational principle, 122
topological entropy, 119
transition matrix
aperiodic, 13
irreducible, 13
period, 13
unitary equivalence, 89
variational principle, 122
wandering set, 32
wedge product
of $\sigma$-algebras, 104
of multilinear forms, 54
of partitions, 111
Zero one law, 96


[^0]:    ${ }^{1}$ Proof: The collection of sets $E$ satisfying this approximation property is a $\sigma$-algebra which contains all cylinders, therefore it is equal to $\mathscr{B}$.

[^1]:    ${ }^{2}$ Begin by proving that if $A$ is irreducible and aperiodic, then for every $a$ there is an $N_{a}$ s.t. $a \xrightarrow{n} a$ for all $n>N_{a}$. Use this to show that for all $a, b$ there is an $N_{a b}$ s.t. $a \xrightarrow{n} b$ for all $n>N_{a b}$. Take $m=\max \left\{N_{a b}\right\}$.

[^2]:    3 "Polish"=has a topology which makes it a complete separable metric space.

[^3]:    ${ }^{4}$ Such a $\sigma$-algebra exists: take the intersection of all sub- $\sigma$-algebras which make $f \circ T^{n}$ all measurable, and note that this intersection is not empty because it contains $\mathscr{B}$.

[^4]:    ${ }^{5}$ Perron first proved this in the aperiodic case. Frobenius later treated the periodic irreducible case.

[^5]:    ${ }^{6}$ A measure space is called $\sigma$-finite, if its sample space is the countable union of finite measure sets.

[^6]:    ${ }^{1}$ Proof: Suppose $f_{n} \xrightarrow[n \rightarrow \infty]{L^{2}} f$. Pick a subsequence $n_{k}$ s.t. $\left\|f_{n_{k}}-f\right\|_{2}<2^{-k}$. Then $\sum_{k \geq 1}\left\|f_{n_{k}}-f\right\|_{2}<$ $\infty$. This means that $\left\|\sum\left|f_{n_{k}}-f\right|\right\|_{2}<\infty$, whence $\sum\left(f_{n_{k}}-f\right)$ converges absolutely almost surely. It follows that $f_{n_{k}}-f \rightarrow 0$ a.e.

[^7]:    ${ }^{2}$ Proof: Compact metric space are separable because they have finite covers by balls of radius $1 / n$. Let $\left\{x_{n}\right\}$ be a countable dense set of points, then $\varphi_{n}(\cdot):=\operatorname{dist}\left(x_{n}, \cdot\right)$ is a countable family of continuous functions, which separates points in $X$. The algebra which is generated over $\mathbb{Q}$ by $\left\{\varphi_{n}\right\} \cup\left\{1_{X}\right\}$ is countable. By the Stone-Weierstrass Theorem, it is dense in $C(X)$.

[^8]:    ${ }^{3}$ applied to the each coordinate of the vector valued function $f=\left(f^{1}, \ldots, f^{d}\right)$.

[^9]:    ${ }^{4}$ Suppose $0 \leq f_{n} \leq 1$ and $f_{n} \downarrow 0$. The conditional expectation is monotone, so $\mathbb{E}\left(f_{n} \mid \mathscr{F}\right)$ is decreasing at almost every point. Let $\varphi$ be its almost sure limit, then $0 \leq \varphi \leq 1$ a.s., and by the BCT, $\mathbb{E}(\varphi)=\mathbb{E}\left(\lim \mathbb{E}\left(f_{n} \mid \mathscr{F}\right)\right)=\lim \mathbb{E}\left(\mathbb{E}\left(f_{n} \mid \mathscr{F}\right)\right)=\lim \mathbb{E}\left(f_{n}\right)=\mathbb{E}\left(\lim f_{n}\right)=0$, whence $\varphi=0$ almost everywhere.

[^10]:    ${ }^{5}$ Proof: Let $v$ be an eigenvector of $\lambda$ with norm one, then $|\lambda|=\|B v\| \leq\|B\|$ and $1=\left\|B^{-1} B v\right\| \leq$ $\left\|B^{-1}\right\|\|B v\|=\left\|B^{-1}\right\||\lambda|$.

[^11]:    ${ }^{6}$ This can be easily deduced from the singular decomposition: $A=O_{1} \operatorname{diag}\left(\lambda_{1}, \ldots, \lambda_{d}\right) O_{2}^{t}$ where $O_{1}, O_{2} \in O_{d}(\mathbb{R})$.

[^12]:    ${ }^{1} \mathscr{F}_{1} \subset \mathscr{F}_{2} \bmod \mu$ is for all $F_{1} \in \mathscr{F}_{2}$ there is a set $F_{2} \in \mathscr{F}_{2}$ s.t. $\mu\left(F_{1} \triangle F_{2}\right)=0$, and $\mathscr{F}_{1}=\mathscr{F}_{2}$ $\bmod \mu \operatorname{iff} \mathscr{F}_{1} \subset \mathscr{F}_{2} \bmod \mu$ and $\mathscr{F}_{2} \subset \mathscr{F}_{1} \bmod \mu$.
    ${ }^{2}$ Probabilists call the elements of this intersection tail events. The fact that every tail event for a sequence of independent identically distributed random variables has probability zero or one is called "Kolmogorov's zero-one law."

[^13]:    ${ }^{2}$ Proof: Enumerate $\left(p_{n}\right)$ in a decreasing order: $p_{n_{1}} \geq p_{n_{2}} \geq \cdots$. If $C=\sum n p_{n}$, then $C \geq \sum_{i=1}^{k} n_{i} p_{n_{i}} \geq$ $p_{n_{k}}(1+\cdots+k)$, whence $p_{n_{k}}=O\left(k^{-2}\right)$. Since $-x \log x=O\left(x^{1-\varepsilon}\right)$ as $x \rightarrow 0^{+}$, this means that $-p_{n_{k}} \log p_{n_{k}}=O\left(k^{-(2-\varepsilon)}\right)$, and so $-\sum p_{n} \log p_{n}=-\sum p_{n_{k}} \log p_{n_{k}}<\infty$.

[^14]:    ${ }^{3}$ Fix $\delta$ and sandwich $u \leq 1_{A \backslash \partial A} \leq 1_{A} \leq 1_{A \cup \partial A} \leq v$ with $u, v$ continuous s.t. $\left|\int u d \mu-\mu(E)\right|<\delta$ and $\left|\int v d \mu-\mu(E)\right|<\delta$. This is possible because $A \backslash \partial A$ is open, $A \cup \partial A$ is open, and $\mu(\partial A)=0$. Then $\mu(A)-\delta \leq \int u d \mu=\lim \int u d \mu_{n_{k}} \leq \liminf \mu_{n_{k}}(E) \leq \limsup \mu_{n_{k}}(E) \leq \lim \int v d \mu_{n_{k}}=\int v d \mu \leq$ $\mu(A)+\delta$. Since $\delta$ is arbitrary, $\mu_{n_{k}}(E) \underset{k \rightarrow \infty}{\longrightarrow} \mu(E)$.

[^15]:    ${ }^{4}$ The $\ln 2$ is because we followed the tradition in ergodic theory to use base two logarithms to define the entropy, and we followed the tradition is dynamical systems to use natural base logarithms to define Lyapunov exponents. In literature on dynamical systems, it is customary to use natural logarithms also for the definition of the entropy, and then no such factor is necessary.

[^16]:    ${ }^{1}$ Hint: apply the transformation $x \mapsto[1 / x]$ to both sides.

