Schwann cell spectrins modulate peripheral nerve myelination

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During peripheral nerve development, Schwann cells ensheathe axons and form myelin to enable rapid and efficient action potential propagation. Although myelination requires profound changes in Schwann cell shape, how neuron–glia interactions converge on the Schwann cell cytoskeleton to induce these changes is unknown. Here, we demonstrate that the submembranous cytoskeletal proteins αII and βII spectrin are polarized in Schwann cells and colocalize with signaling molecules known to modulate myelination in vitro. Silencing expression of these spectrins inhibited myelination in vitro, and remyelination in vivo. Furthermore, myelination was disrupted in motor nerves of zebra fish embryos silenced for spectrins. Finally, we demonstrate that loss of spectrin significantly reduces both F-actin in the Schwann cell cytoskeleton and the Nectin-like protein, Necl4, at the contact site between Schwann cells and axons. Therefore, we propose αII and βII spectrin in Schwann cells integrate the neuron–glia interactions mediated by membrane proteins into the actin-dependent cytoskeletal rearrangements necessary for myelination.

Results

αII and βII Spectrin Form a Special Cytoskeleton in Myelinating Schwann Cells. To determine the composition of the submembranous cytoskeleton in mature myelinating Schwann cells, we immunostained teased fibers from adult rat sciatic nerves with antibodies against spectrins (αII, βII, βIII, and βIV), ankyrins (ankB, ankG, and ankR), and four 4.1 proteins (4.1B, 4.1G, and 4.1N). Among these different spectrins, αII and βII spectrin and protein 4.1G were highly enriched in Schwann cell cytoplasmic channels, called bands of Cajal, along the outer surface of myelin (Fig. 1 A and B and Fig. S1 A–E) (8–10). Neither αII spectrin nor βII spectrin staining colocalized with dystrophin-related protein 2 (DRP2) immunoreactivity, which instead is located at the ablaxial surface of the myelin sheath where the cytoplasm is absent (Fig. 1 A). During development, βII spectrin was incorporated into bands of Cajal concomitant with myelin maturation (Fig. S1 B–E) (11). Immunoblot analysis of sciatic nerves and cultured Schwann cells further confirmed the presence of αII and βII spectrin and protein 4.1G (Fig. S1 F and G). As in other cell types (5), coimmunoprecipitation from Schwann cell extracts demonstrate that αII and βII spectrin form a complex (Fig. S1 H). Thus, the submembranous cytoskeleton in myelinating Schwann cells consists mainly of αII spectrin, βII spectrin, and protein 4.1G.

The Spectrin Cytoskeleton Is Polarized in Premyelinating Schwann Cells. Because spectrins coordinate interactions between membrane proteins and actin in most polarized cells, and because in mature myelinating Schwann cells spectrins are highly polarized to bands of Cajal (Fig. 1), we considered whether spectrins also contribute to polarity in Schwann cells. Previous studies demonstrated that myelination is regulated by the polarity protein Par-3 in premyelinating Schwann cells (12). We found that αII spectrin, βII spectrin, and protein 4.1G showed an asymmetric staining pattern that colocalized with Par-3 in premyelinating Schwann cells in embryonic day (E) 18 rat sciatic nerves (Fig. 1 C–E).

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Silencing Spectrin Expression in Schwann Cells Inhibits Myelin Formation in Vitro. Based on the asymmetric localization of spectrins and their colocalization with Par-3 in premyelinating Schwann cells (Fig. 1 C–E), we hypothesized that αII and βII spectrin might have important functions during PNS myelination. To test this possibility, we silenced spectrin expression by RNA interference in Schwann cells, and then examined the consequence during myelination. ShRNAs for βII spectrin (βIIr5, βIIr2) and αII spectrin (αIIr4) were incorporated into adenoviral vectors together with a membrane-bound GFP. As a control, a highly specific and efficient ankG shRNA in the same adenoviral vector (13) was used, because we did not detect ankG in mature myelin. Whereas control shRNA did not alter spectrin expression, shRNAs for αII or βII spectrin markedly reduced each targeted spectrin (Fig. 2 A–C and Fig. S3). Immediately after viral transduction, Schwann cells were harvested, added to cultured DRG neurons, and 1 wk later myelination was induced. Some of the transduced cells were plated in wells without DRG neurons, and the adenovirus infection efficiency was determined to be 81.0, 84.3, 73.8, and 90.7% for control, βIIr5, βIIr2, and αIIr4 shRNAs, respectively (average of three independent experiments). The βII spectrin staining at the axon-glia contact sites was reduced by βII spectrin shRNA (Fig. S3 J and K). Two weeks after inducing myelination, Schwann cells transduced with control shRNA produced myelin sheaths labeled with myelin basic protein (MBP) (Fig. 2D) or DRP2 (Fig. S4). In contrast, Schwann cells with spectrin silencing failed to show MBP or DRP2 staining, although those cells aligned properly with axons (Fig. 2 E and F and Fig. S4B), suggesting that the lack of myelin was not because of altered signaling from axons. Taken together, these results suggest that the spectrin-based submembranous cytoskeleton modulates PNS myelination.

βII Spectrin Silencing in Vivo Prevents Remyelination. To confirm the in vitro results (Fig. 2), we next examined the consequence of RNA interference in vivo using a sciatic nerve crush injury model characterized by Wallerian degeneration followed by rapid axon regeneration and remyelination (14). We used a remyelination model for two reasons: (i) it is difficult to examine the role of spectrins during developmental myelination because PNS myelination begins immediately after birth, but there is a lag time between adenovirus infection and considerable spectrin reduction, and (ii) the spectrin localization during remyelination after crush injury mimics developmental processes (Fig. S5). We injected the adenovirus with shRNA into the sciatic nerve trunk distal to the injury site 1 d after crush, and the distal segment was allowed to regenerate. Infection of demyelinating Schwann cells, degeneration and regeneration of nerve fibers, and the frequency of

**Fig. 1.** Polarized localization of spectrins in Schwann cells. (A and B) Teased sciatic nerve fibers from adult rats immunostained for αII, αIIr spectrin, or DRP2, as indicated. Arrowheads indicate nodes of Ranvier. (C and D) Teased sciatic nerve fibers from E18 rat immunostained for βII, αIIr spectrin, or Par-3, as indicated, showing asymmetrical localization (arrowheads) of these proteins. (E) DRG neuron and Schwann cell cocultures 2 d after inducing myelination immunostained for βII spectrin (green) and Par-3 (red). [Scale bars, 20 μm (A and B) and 10 μm (C–E).]

**Fig. 2.** Spectrin silencing in Schwann cells inhibits myelination in vitro. (A–C) Cultured rat Schwann cells 7 d after infection with adenovirus containing control (A), βII spectrin (B), or αII spectrin (C) shRNAs. Infected cells are identified by GFP (asterisks). (D–F) Myelinating coculture of rat DRG neurons and Schwann cells with shRNA immunostained for MBP in red. Asterisks indicate infected cells. (G) Frequency of the GFP signal in myelin segments shown in box-and-whisker plots. Data were obtained from six independent experiments (~300 MBP* segments in each experiment). GFP* myelin segments are significantly less frequent in cells transduced with spectrin shRNAs compared with control Schwann cells. There were no significant differences among the three spectrin shRNAs. (Scale bars, 50 μm.)

Schwann cells per adenosivirus-infected cells during regeneration were comparable between control and $\beta$II5 adenovirus-injected nerves (Fig. S6). At 21 d postcrush (dpc), all peroneal branches of sciatic nerves were dissected, teased, and immunostained. Despite the considerable number of GFP+ cells in nerves, we observed only a few axons with GFP signal, indicating the axonal spectrins are intact. To identify remyelinating Schwann cells, we used the paranodal axonal molecule Caspr, which is only associated with myelin segments. In the nerves injected with control shRNA, we found remyelinating Schwann cells with GFP immunoreactivity (Fig. 3A and C). In contrast, very few were found in $\beta$II spectrin shRNA-injected nerves, despite a considerable number of GFP+ cells (Fig. 3B and C). To exclude the possibility that the shRNA alters the demyelination process rather than remyelination per se, we also injected the adenovirus at 5 dpc. Similarly, at 21 dpc, 12 GFP+ remyelinating Schwann cells were found in control nerves, whereas none could be found with the $\beta$II spectrin shRNA (from one animal each). Taken together, these results strongly suggest that spectrins play important roles in PNS myelination in vivo.

Loss of $\alpha$II Spectrin Impairs Myelination in Zebrafish Motor Nerves.

To further confirm that spectrins modulate PNS myelination in vivo, we analyzed PNS myelin in a zebrafish mutant lacking $\alpha$II spectrin (aIIspnst60/st60) (15). In heterozygous siblings (aIIspnst60/+), all motor nerves examined (30 of 30 nerves from four embryos) had one to two myelinated axons at 7 d postfertilization (dpf) (Fig. 3D). In contrast, 58.3% (21 of 36 nerves from four embryos) of homozygous mutant (aIIspnst60/aIIspnst60) motor nerves lacked myelinated axons (Fig. 3E), whereas most mutant large axons were associated with the Schwann cell processes (Fig. 3F). The axons that were myelinated in aIIspnst60/aIIspnst60 mutants appeared normal. Similarly, at 9 dpf all heterozygous motor nerves (36 of 36 nerves from three embryos) contained at least one myelinated axon, whereas 42.3% (11 of 26 nerves from four embryos) of aIIspnst60/aIIspnst60 motor nerves still had no myelinated axons. Surprisingly, myelination in posterior lateral line sensory nerves was comparable between heterozygous siblings and aIIspnst60/aIIspnst60 mutant fish (Fig. S7 and ref. 15). This difference may reflect neuron–glia interactions disrupted in aIIspnst60/aIIspnst60 fish motor nerves that remain intact, or can be compensated for in sensory nerves. Furthermore, normal myelination in the sensory nerves suggests that the myelin reduction in motor nerves is not simply a developmental delay. Taken together, these results further support the important role of Schwann cell spectrins in PNS myelination.

$\beta$II Spectrin Knockdown Reduces the Spectrin–Actin Complex. How do Schwann cell spectrins contribute to PNS myelination? Because spectrins function both as structural elements of the cytoskeleton and as scaffolds to link various proteins to the actin cytoskeleton, we expected that spectrins might participate in many different cell biological pathways that converge on Schwann cell differentiation and myelination. Thus, loss of spectrin might lead to profound changes in the expression levels or stability of many different proteins. To test this possibility, we isolated Schwann cells transduced with $\beta$II spectrin shRNA by FACS, size-fractionated total proteins by SDS/PAGE, and then compared protein amounts with noninfected cells by silver staining (Fig. 4A). Surprisingly, despite robust $\beta$II spectrin knockdown (Fig. 2B and Fig. S3), we did not see any dramatic change in protein expression levels, suggesting that the loss of Schwann cell spectrin disrupts specific signaling pathways in subtle ways rather than causing widespread cellular dysfunction. As an alternative method, we evaluated changes in the expression levels and localization of specific proteins previously reported to interact with spectrins or to play important roles in PNS myelination. For example, aII and $\beta$II spectrin form an obligatory complex with each other and link membrane proteins to the actin cytoskeleton (5). Interestingly, actin in Schwann cells is reported to play two distinct and necessary roles during differentiation and myelination: one in mediating cell shape changes and another regulating myelin gene expression (16). In E18 rat sciatic nerves, F-actin accumulated asymmetrically in premyelinating Schwann cells, colocalizing with $\beta$III spectrin (Fig. 4B). Furthermore, after $\beta$III spectrin silencing, both aII and $\beta$II spectrin and F-actin were remarkably reduced in cultured Schwann cells (Fig. 4C–F), while $\beta$-tubulin was unaffected (Fig. S8A). Surprisingly, we observed no apparent reduction in protein 4.1G in Schwann cells with $\beta$III spectrin silencing (Fig. S8B). These findings suggest the loss of myelination observed here may be related to disruption of the proper actin filament organization necessary for myelination.

Fig. 3. Disruption of spectrins in Schwann cells inhibits myelination in vivo. (A–C) $\beta$II spectrin silencing during sciatic nerve regeneration. The adenoviruses with shRNAs were injected 1 dpc. (A) A myelin segment produced by a Schwann cell with control shRNA at 21 dpc. The nodes (IIV spectrin in blue) and paranodes (Caspr in red) on both sides (arrowheads) are enlarged in lower panels. (B) Considerable GFP expression in cells not producing myelin in sciatic nerves injected with $\beta$II5 at 21 dpc. The boxed area in the upper panel is enlarged in the lower panels. The arrowhead indicates the tip of GFP+ cells with no overlapping nodes or paranodes. (C) The number of remyelinating Schwann cells with GFP signal in peroneal nerves shown in box-and-whisker plots. Remyelinating Schwann cells are significantly fewer in $\beta$II5 injection compared with control. A total of 76 remyelinating segments with GFP was found in five of six control animals, whereas only four were found in one of six animals with $\beta$II5 injection. (D–F) Control and $\alpha$II spectrin mutant zebrafish. Transmission electron microscopy of transverse sections of 7-dpf larval motor nerves. Ax indicates axon, and arrowheads indicate multiple layers of myelin. One of the large primary motor axons in the heterozygous sibling has a myelin sheath (D), whereas the large axons from the mutant do not (E). (F) Quantitation of large motor nerve axons with no associated Schwann cells (SC), associated with SC process, or myelin. Data were obtained from 33 large axons from 21 nerves (four larvae) in heterozygous control or 53 large axons from 35 nerves (three larvae) in the mutant at 7 dpf. Scale bars, 20 µm (A and B, Upper), 5 µm (A, Lower), 10 µm (B, Lower), and 1 µm (D and E).
Regulin-1 receptor ErbB2 (3), Par-3, spectrin knockdown in cultured Schwann cells did not cause any alteration and importance of spectrins, because mice lacking αII spectrin-null mice have not been reported. Although the possibility of “off-target” effects always exists in knockdown experiments using shRNA, we consider this unlikely because all three different constructs—one for αII spectrin and two for βII spectrin—had identical biological effects in Schwann cells: they inhibited myelination in DRG neuron cocultures and reporter activity downstream of these molecules during myelination. In this study, we showed that αII and βII spectrin in Schwann cells inhibits remyelination following sciatic nerve crush injury; (v) myelinated fibers in motor nerves are reduced in αII spectrin mutant zebrafish; and (vi) Necl4 and actin, important regulators of myelination, are reduced after spectrin knockdown.

We used an RNA interference approach to elucidate the function and importance of spectrins, because mice lacking βII spectrin have gastrointestinal, liver, neural, and heart defects, and die in utero (21), and αII spectrin-null mice have not been reported. Although the possibility of “off-target” effects always exists in knockdown experiments using shRNA, we consider this unlikely because all three different constructs—one for αII spectrin and two for βII spectrin—had identical biological effects in Schwann cells: they inhibited myelination in DRG neuron cocultures and induced a significant reduction in polarized Necl4 in DRG-Schwann cell cocultures. Furthermore, our complementary results using αII
cell differentiation and myelination (16). Thus, spectrins may organize the Schwann cell actin cytoskeleton and contribute to its reorganization during myelination. Furthermore, loss of αII and βII spectrin caused a significant reduction in the amount of Necl4 found in the Schwann cells at axonal contact sites. Similar to our results (Fig. 2), knockdown of Necl4 by shRNA (18) or expression of a dominant-negative Necl4 (17) in Schwann cells inhibited myelination in vitro. Thus, similar to the role of spectrins to stabilize membrane proteins in specific axonal domains (7), Schwann cell spectrins may function to stabilize Necl4 at the membrane and promote its association with axonal Necl1. How spectrins interact with Necl4 remains unclear. One possibility is that the protein 4.1G links spectrins and Necl4, because 4.1 proteins can associate with both β spectrin (5) and Necl proteins (22). Consistent with this idea, protein 4.1G colocalizes with αII and βII spectrin and Necl4 in premyelinating Schwann cells. However, 4.1G expression in cultured Schwann cells was not altered by βII spectrin knockdown. The protein 4.1G may be stabilized by interacting with other molecules in cells with spectrin silencing. Alternatively, other unknown proteins may facilitate interactions between spectrins and Necl4.

It remains unclear if Necl proteins have critical roles on myelination in vivo. Injection of soluble Necl4 inhibited remyelination after lysolecithin-induced demyelination in rat sciatic nerves, presumably by competing with endogenous Necl4 (17). However, Necl1 mutant mice have normal Schwann cell maturation and myelination of sciatic nerves (23). Chronic loss of Necl proteins in vivo may be compensated for by related Necl molecules or other mechanisms. In contrast, our results in βII spectrin knockdown during nerve repair and zebrafish motor nerves lacking αII spectrin, together with a recent report of hypomyelination caused by an αII spectrin mutation in human disease (4), strongly suggest that spectrins are important molecules in myelination in vivo. Because spectrins are capable of participating in multiple interactions with diverse proteins, it may be difficult for Schwann cells to compensate for their loss. Based on our results, we propose that spectrins function to couple extracellular neuron–glia interactions with actin-dependent cytoskeletal rearrangements necessary for myelination.

In addition to a clearer description of the spectrin-dependent protein–protein interactions that contribute to developmental PNS myelination, our observations raise important questions regarding the cytoskeleton in myelinating glia in health and disease. For example, what roles do spectrins have in mature PNS myelin? In the premyelinating Schwann cells, spectrins are enriched at the contact sites with axons. During the process of myelination, spectrins become concentrated around periaxonal regions and the structures associated with cytoplasm including bands of Cajal, but excluded from compact myelin (8). Spectrins enriched in abaxonal bands of Cajal in mature myelin may have roles distinct from those during development. Loss of β spectrin from axons in the model organism Caenorhabditis elegans results in fragile axons that easily break (24). Similarly, spectrins may contribute to maintenance of mature myelin by mechanical support of the myelin membrane. Finally, there is accumulating evidence that spectrins in myelinating glia play key roles in the pathogenesis of various human nervous system diseases and injuries, such as αII spectrin mutations recently described in patients with West syndrome (4), or spectrin breakdown by calpain, a calcium-dependent cysteine protease, in the CNS demyelinating disease multiple sclerosis (25). It is possible that dysregulation and disruption of the spectrin-based submembranous cytoskeleton in both Schwann cells and oligodendrocytes contributes to demyelination and failure to remyelinate in neurological diseases. Future studies will be needed to determine the role of spectrins in CNS myelination and remyelination.

Taken together, our results support a model where αII and βII spectrin function as key regulators of PNS myelination to link spectrin mutant zebrafish strongly support the conclusion that Schwann cell spectrins play important roles in PNS myelination. At present, this mutant fish is the only animal model available to investigate myelin formation following loss of spectrins. However, we cannot exclude the possibility that the loss of axonal spectrins affects myelination in zebrafish motor nerves. It will be important to elucidate the role of axonal spectrins on myelination, especially to understand the mechanism of West syndrome caused by αII spectrin mutations (4).

How do Schwann cell spectrins contribute to PNS myelination? Our results suggest that spectrins regulate both the actin cytoskeleton and axon–glia interactions mediated by Necl proteins. Loss of Schwann cell spectrin decreased F-actin, which regulates cell shape and myelin gene expression during Schwann cell differentiation and myelination (16). Thus, spectrins may organize the Schwann cell actin cytoskeleton and contribute to its reorganization during myelination.
signals between axons and Schwann cells to actin cytoskeleton rearrangement.

Materials and Methods

Animals. Adult Sprague-Dawley rats were obtained from Harlan Sprague-Dawley Inc. All animal procedures were approved by the Institutional Animal Care Committee at the University of Connecticut Health Center or Baylor College of Medicine, and conformed to the United States Public Health Service Policy on Human Care and Use of Laboratory Animals.

Antibodies. The list of primary and secondary antibodies used in this study is provided in SI Materials and Methods.

Constructs for shRNA and Adenovirus. SHRNAs and adenovirus were prepared as described elsewhere (13). A 19-nucleotide sequence corresponding to the targeted gene was selected: jllr5, 5′-GGAUGAGAAUGAAGGUCCUA-3′; jllr2, 5′-GCAUGUCAGGAUGUCAA-3′; and allr4, 5′-AGCAUGAUGUCAACCU-3′. The H1 promoter driving shRNA expression and the shRNA sequence were incorporated into an adenovirus. The pENTR11 plasmids were recombined with pAd/PL-DEST using ViraPower Adenoviral Promoterless Gateway Expression kit (Invitrogen). Adenovirus was produced using HEK 293 cells. Production of Necl1-Fc is described elsewhere (17).

Cell Cultures. Primary culture of Schwann cells were obtained from sciatic nerves of P2 Sprague-Dawley rats. Binding assays of Necl1-Fc were performed as described previously (17). Purified DRG neuron cultures were obtained from E18 Sprague-Dawley rat embryos. The purified Schwann cells were infected with adenovirus containing shRNAs, then mixed with DRG neuron culture for myelinating coculture. The detailed methods are described in SI Materials and Methods.

Nerve Crush and Intraneural Adenovirus Injection. Adult rats were anesthetized with ketamine (80 mg/kg body weight) and xylazine (16 mg/kg body weight). For peripheral nerve-crush injury, the left sciatic nerve was exposed and crushed for 10 s periods at the level of the sciatic notch using forceps (No. 5). The next day or 5 dpc, intraneural injection of adenovirus was performed as described previously (17, 28), with modifications. The peroneal and talib branches of sciatic nerve were each injected with 2 μL of adenovirus (1 × 10⁶ pfu) in sterile Locke’s solution (pH 7.4) by using a glass micropipette.

Immunofluorescence Studies. Immunostaining of sciatic nerves and cultured cells was performed as described previously (27, 28). For teased fiber preparation, sciatic nerves were teased apart gently and spread on gelatin-coated coverslips after fixation, and air-dried.

Immunoblotting and Immunoprecipitation. Adult rat brains, sciatic nerves, and neonatal rat sciatic nerves (collected from 10 P1 pups), or cultured rat Schwann cells were homogenized, then immunoblotting was performed as described (28). Coimmunoprecipitation was done as described previously (28) using monoclonal IgG1 antibodies to all or jllr spectrin, and control monoclonal IgG1 that does not react with any antigen in animal cells (Abcam).

FACS. Noninfected (GFP−) or infected with adenovirus with jllr5 (GFP+) cultured Schwann cells (85,000 each) were collected in the Baylor College of Medicine Cytometry and Cell Sorting Facility.

Transmission Electron Microscopy. Identification of the αII spectrin mutant has been described (15). For transmission electron microscopy, utgαII(spectrinmut) mutants and heterozygous siblings were identified by PCR-based genotype assay before embryaging. Embryos were fixed and processed as described (29). Motor nerves were imaged at the level of the middle of the notochord where two primary motor axons and a larger number of smaller secondary motor axons are present. Images were collected with a JEOL12300.

Statistical Analysis. For knockdown experiments in DRG neuron-rat Schwann cell coculture, differences were compared using Kruskal-Wallis test followed by Scheffé’s post hoc test. For in vivo knockdown experiments, the Mann-Whitney test was used. Differences are considered significant at P < 0.05.

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Supporting Information

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SI Materials and Methods

Antibodies. The following primary antibodies were used: mouse monoclonal antibodies against αII spectrin (Millipore), βII spectrin (BD Transduction), ankyrinG (N106/17; NeuroMab), myelin basic protein (MBP) (Covance), Necl4 (N244/5.1; NeuroMab), N-cadherin (BD Transduction), β-catenin (BD Transduction), Caspr (K65/35; NeuroMab), rabbit antibodies against βIII spectrin (1); βIII spectrin (2); βIV spectrin SD (3), ankyrin B (kindly provided by Vann Bennett, Duke University Medical Center, Durham, NC), ankyrinR (4), protein 4.1G and 4.1N (kindly provided by Ilya Bezprozvanny, University of Texas Southwestern, Dallas, TX), protein 4.1B (5), dystrophin-related protein 2 (DRP2) (kindly provided by Peter J. Brophy, Centre for Neuroscience Research, University of Edinburgh, Scotland), Par-3 (Millipore), S-100 (DakoCytomation), Krox-20 (Covance), neurofilament M (Millipore), GFA (Invitrogen), chicken anti-βIV spectrin against the previously reported peptide (3), and rat anti-GFP (Nacalai USA). HRP-conjugated secondary antibodies, and AMCA-conjugated goat anti-chicken IgY were from Jackson ImmunoResearch Laboratories. Other fluorescent dye-conjugated secondary antibodies, Alexa 594 Phalloidin, and Hoechst were from Invitrogen.

Primary Culture of Rat Schwann Cells. Primary culture of rat Schwann cells and adenovirus infection was done as described previously (7), with modifications. Briefly, Schwann cells were collected from sciatic nerves from P2 Sprague-Dawley rats, and cultured in DMEM (Invitrogen) containing 10% HyClone Fetal clone III. The cells were further expanded, and used for the experiments between the third and seventh passages. For adenovirus infection, Schwann cells were incubated with DMEM containing adenovirus (1.2 × 10⁶–⁷ pfu) for 2 h. After washing with DMEM, the cells were collected and used for dorsal root ganglion (DRG) coculture immediately, or cultured for an additional 7 d to evaluate protein expression.

Myelinating Coculture. DRG neuron coculture with Schwann cells was performed as previously described (8), with modifications. Briefly, DRG neurons were taken from E18 Sprague-Dawley rat embryos, and plated on 24-well dishes with 12-mm coverslips coated with Matrigel (BD Biosciences) at ~60,000 cells per well in Neurobasal medium (Invitrogen) containing 2% B27 supplement (Invitrogen), 1% penicillin/streptomycin, 1% glutamax, and 100 ng/mL recombinant rat β-NGF (R&D Systems). Nonneuronal cells were eliminated by two cycles of antimitotic treatment [10 μM uridine (Sigma) and 10 μM 5′-Fluoro-2′-deoxyuridine (Sigma) for 2 d]. After the neurons were cultured for additional 7 d, Schwann cells (60,000–80,000 per well) were added, and the medium was replaced with minimum essential medium (Invitrogen) with 10% Fetal clone III, 1% glutamax, 1% penicillin/streptomycin, 0.4% glucose, and 100 ng/mL recombinant rat β-NGF. After 7 d, 50 μg/mL ascorbic acid was added to induce myelination and cells were maintained for an additional 14 d.

Morphological Analyses. Rats were perfused with 2.5% glutaraldehyde and 2.0% paraformaldehyde in 0.1 M cacodylate buffer, pH 7.4. Sciatic nerves were dissected out and postfixed in the same fixative for overnight. Then, the nerves were postfixed in 1% osmium tetroxide solution in 0.1 M cacodylate buffer, pH 7.4, for 2 h. After washing, nerves were dehydrated through a graded ethanol series and embedded in low-viscosity resin (Electron Microscopy Sciences). Cross-sections of 1 μm were cut and stained with Toluidine blue.

4. Morrow JS, Cianci CD, Ardito T, Mann AS, Kashgarian M (1989) Ankyrin links fodrin to spectrin (BD Transduction), ankyrinG (N106/65; University of California Davis/National Institutes of Health NeuroMab Facility), ankyrin B (N105/17; NeuroMab), myelin basic protein (MBP) (Covance), Necl4 (N244/5.1; NeuroMab), N-cadherin (BD Transduction), β-catenin (BD Transduction), Caspr (K65/35; NeuroMab), rabbit antibodies against βIII spectrin (1); βIII spectrin (2); βIV spectrin SD (3), ankyrin B (kindly provided by Vann Bennett, Duke University Medical Center, Durham, NC), ankyrinR (4), protein 4.1G and 4.1N (kindly provided by Ilya Bezprozvanny, University of Texas Southwestern, Dallas, TX), protein 4.1B (5), dystrophin-related protein 2 (DRP2) (kindly provided by Peter J. Brophy, Centre for Neuroscience Research, University of Edinburgh, Scotland), Par-3 (Millipore), S-100 (DakoCytomation), Krox-20 (Covance), neurofilament M (Millipore), GFA (Invitrogen), chicken anti-βIV spectrin against the previously reported peptide (3), and rat anti-GFP (Nacalai USA). HRP-conjugated secondary antibodies, and AMCA-conjugated goat anti-chicken IgY were from Jackson ImmunoResearch Laboratories. Other fluorescent dye-conjugated secondary antibodies, Alexa 594 Phalloidin, and Hoechst were from Invitrogen.
Fig. S1. Submembranous cytoskeletal proteins in myelinating Schwann cells. (A) Teased fibers of adult rat sciatic nerve labeled with rabbit antiserum to protein 4.1G (green) and monoclonal antibody to βII spectrin (red). Staining of 4.1G shows a characteristic pattern of cytoplasmic bands in mature myelin. (B) Teased sciatic nerve fibers from P2, P5, P17, and P28 rats immunolabeled with antibodies against βII spectrin. βII Spectrin is homogeneously present at P2. Band-like staining appears near the node (P5, bracket), extends into the internode (P17, bracket), and is finally formed throughout entire internode (P28). (C) A histogram indicating the developmental process of βII spectrin localization in Schwann cell cytoplasmic bands. Myelinating Schwann cells were observed over their entire length and scored as shown in the cartoon: grade 0, no band-like staining; grade 1, band-like staining only near nodes on either sides; grade 2, band-like staining extending toward internodal region but not complete; grade 3, bands of Cajal formation on full length. In each time period, Schwann cells from three animals were examined: P2, 74 cells; P5, 81 cells; P10, 82 cells; P17, 81 cells; P28, 75 cells; and adults, 82 cells. At P10, two of 82 Schwann cells were unclassified: band-like staining was seen in internodes but not apparent near nodes. (D) Teased sciatic nerve fiber from P12 rat. F-actin staining by Phalloidin shows similar pattern to bands-like staining of βII spectrin (bracket), although they do not completely colocalize. (E) Teased sciatic nerve fiber from P10 rat. DRP2 staining appears to be expressed near paranodes, where βII spectrin shows a band-like pattern (bracket) but never colocalizes with βII spectrin. (F) Immunoblots show spectrins in the homogenates of rat brain (lane 1), neonatal rat sciatic nerves (lane 2), adult rat sciatic nerves (lane 3), and cultured rat Schwann cells (lane 4). (G) Immunoblot showing protein 4.1G in the homogenates of rat brain (lane 1), adult rat sciatic nerves (lane 2), and cultured rat Schwann cells (lane 3). (H) Immunoblot analysis of coimmunoprecipitation reactions using monoclonal antibodies against αII spectrin, βII spectrin, and control IgG1. SC, proteins from cultured rat Schwann cells as starting material; DS, depleted supernatant; IP, immunoprecipitation; IB, immunoblotting. The arrowheads indicate the node of Ranvier. (Scale bars, 10 μm.)
Fig. S2. Submembranous cytoskeletal proteins at the axon-glial contact sites in premyelinating Schwann cells. (A and B) Teased sciatic nerve fibers from E18 rat. (A) βII spectrin localizes asymmetrically (arrowheads) in premyelinating Schwann cells, whereas S-100 staining labels the whole Schwann cell shape. (B) The staining of 4.1G (green) shows asymmetrical localization (arrows), colocalizing with βII spectrin (red). (C and D) DRG neuron and Schwann cell coculture 2 d after inducing myelination immunostained with antibodies against αII spectrin (red), and neurofilament-M (green) (C) or 4.1G (green) and βII spectrin (red) (D). Staining of αII and βII spectrin; 4.1G shows an asymmetric pattern along the axon (arrowheads). (Scale bars, 10 μm.)

Fig. S3. Validation of shRNA for spectrin knockdown. (A–H) Cultured rat Schwann cells 7 d after infection with adenovirus containing control (A and B), αIIr4 (C and D), βIIr5 (E and F), or βIIr2 (G and H) shRNAs. Both αII and βII spectrin staining (red) is reduced by all three shRNAs for spectrins, but not perturbed by control shRNA. Asterisks indicate infected cells with GFP signal. (I) Western blotting showing the expression of αII, βII spectrin, and GFP in cultured rat Schwann cells 7 d after infection with adenovirus containing each shRNA. Each well is loaded with 1.5 μg of proteins. (J and K) DRG neurons cocultured with Schwann cells with control (J) or βIIr5 shRNA (K) 2 d after inducing myelination. (Right) Higher magnification images of boxed areas. βII spectrin staining is reduced at the axon-Schwann cell interface (arrowheads) in the Schwann cell with βII spectrin shRNA (K). (Scale bars, 50 μm (A–H) and 10 μm (J and K).)
**Fig. S4.** Inhibited formation of DRP2+ myelin segments by spectrin silencing. Myelinating coculture of rat DRG neurons and Schwann cells with control shRNA (A) or βII spectrin shRNA (B) immunostained with DRP2 in red. Asterisks show infected cells with GFP signal. The larger magnification of the boxed area (Inset in A) shows the characteristic cobblestone-like pattern of DRP2 staining (see Fig. 1A). (Scale bars, 50 μm.)

**Fig. S5.** Spectrin localization during remyelination. (A) Cryosections of sciatic nerve at 10 d postcrush (dpc) showing asymmetrical localization (arrowheads) of βII spectrin (red) and Par-3 (green). (B) Teased sciatic nerve fibers from the crush model. Arrowheads indicate the nodes of Ranvier. The band-like βII spectrin staining is not apparent at 14 dpc, appears near the node (bracket) at 20 dpc, and extends toward the internode at 30 dpc. (C) A histogram indicating formation of band-like staining of βII spectrin during regeneration after nerve crush injury. At each time period, Schwann cells from two animals were examined: 14 dpc, 66 cells; 20 dpc, 73 cells; 30 dpc, 72 cells; and 40 dpc, 79 cells. Remyelinating Schwann cells are scored as in Fig. S1C. At 20 dpc, one of 73 Schwann cells was unclassified: band-like staining was present in internodes but not apparent near nodes. (Scale bars, 10 μm.)

**Fig. S6.** In vivo knockdown of βII spectrin after crush injury. (A and B) Teased rat sciatic nerves injected 1 d after nerve crush with the adenoviruses containing shRNA. GFP+ demyelinating Schwann cells in control (A) or jllr5 shRNA (B) at 5 dpc. (C–G) Semithin Toluidine blue stained cross-sections of sciatic nerves at 5 dpc (C and D) or 21 dpc (F and G), injected with control (C and F) or jllr5 (D and G); or normal nerve (E). Degenerating nerves at 5 dpc and thinly myelinated regenerating axons at 21 dpc are comparable between control and jll spectrin shRNA injected nerves. (H and I) Longitudinal sections of tibial nerves injected with control (H) or jllr5 (I) shRNAs at 21 dpc. The arrowheads indicate cells with GFP signal and Krox-20 expression. (J) The frequency of Krox-20+ cells per total GFP+ cells is comparable between control (99 of 218, 45.4%) and jllr5 (98 of 187, 52.4%) shRNAs. Data were collected from three animals in each group. [Scale bars, 10 μm (A and B), 20 μm (C–I).]
Fig. S7. Sensory nerve myelin in mutant zebrafish lacking αII spectrin. (A and B) Transmission electron microscopy images of transverse sections from 7 d postfertilization larvae posterior lateral line nerves. Compared with heterozygous control (A), no apparent myelin defects were seen in αII spectrin mutant fish (B). Ax indicates axon, and arrowheads indicate multiple layers of myelin. (Scale bars, 0.5 μm.)
Fig. S8. Molecules which are not affected by spectrin silencing. (A–F) Cultured rat Schwann cells infected by adenovirus containing control (Left) or βIIr5 shRNA (Right). The infected cells are identified by GFP signal in green (asterisks). No apparent change is seen in staining of β-Tubulin (A), protein 4.1G (B), ErbB2 (C), Par-3 (D), N-cadherin (E), or β-catenin (F) after silencing of βII spectrin expression. (G–I) DRG neurons cocultured with Schwann cells infected by adenovirus containing control (Left) or βIIr5 shRNA (Center) 2 d after inducing myelination. Axons are stained with antibodies to neurofilament-M (NF-M). Polarized localization of Par-3 (G), N-cadherin (H), or β-catenin (I) is not altered by βII spectrin silencing. (Right) The frequency of polarized Par-3 (G) or N-cadherin (H) localization in Schwann cells at the contact sites with axons. Data were collected from two independent experiments. [Scale bars, 50 μm (A–F) and 10 μm (G–I).]