

Review

Allocation, stress tolerance and carbon transport in plants: how does phloem physiology affect plant ecology?

Jessica A. Savage¹, Michael J. Clearwater², Dustin F. Haines³, Tamir Klein⁴, Maurizio Mencuccini^{5,6}, Sanna Sevanto⁷, Robert Turgeon⁸ & Cankui Zhang⁹

¹Arnold Arboretum of Harvard University, 1300 Centre Street, Boston, MA 02131, USA, ²School of Science, University of Waikato, Hamilton 3240, New Zealand, ³Department of Environmental Conservation, University of Massachusetts, 160 Holdsworth Way, Amherst, MA 01003, USA, ⁴Institute of Botany, University of Basel, Schoenbeinstrasse 6, 4056 Basel, Switzerland, ⁵School of GeoSciences, University of Edinburgh, Crew Building, West Mains Road EH9 3JN Edinburgh, UK, ⁶ICREA at CREA, Campus de UAB, Cerdanyola del Valles, Barcelona 08023, Spain, ⁷Earth and Environmental Sciences Division, Los Alamos National Laboratory, Los Alamos, NM 87545, USA, ⁸Plant Biology Section, School of Integrative Plant Science, Cornell University, Ithaca, NY 14853, USA and ⁹Department of Agronomy, Purdue University, West Lafayette, IN 47907, USA

ABSTRACT

Despite the crucial role of carbon transport in whole plant physiology and its impact on plant–environment interactions and ecosystem function, relatively little research has tried to examine how phloem physiology impacts plant ecology. In this review, we highlight several areas of active research where inquiry into phloem physiology has increased our understanding of whole plant function and ecological processes. We consider how xylem–phloem interactions impact plant drought tolerance and reproduction, how phloem transport influences carbon allocation in trees and carbon cycling in ecosystems and how phloem function mediates plant relations with insects, pests, microbes and symbiotes. We argue that in spite of challenges that exist in studying phloem physiology, it is critical that we consider the role of this dynamic vascular system when examining the relationship between plants and their biotic and abiotic environment.

Key-words: carbon cycle; defense; drought; growth; phloem transport; reproduction; rhizosphere; xylem transport.

INTRODUCTION

Carbon fixed by plants serves as the basis of all life in terrestrial habitats, but there are still many questions that remain about how plants invest carbon during their lifetimes (Körner 2003; Sala *et al.* 2012) and how carbon allocation affects many ecological processes ranging from community assembly to carbon cycling (Grime 2006; Migliavacca *et al.* 2011). The majority of carbon used by vascular plants is not used where it is fixed but is transported to other metabolically active areas. This transport occurs in the phloem, a part of the vascular system that moves carbohydrates from photosynthetic and storage tissue (sources) to areas of active growth and metabolism (sinks). Because carbon transport is influenced by source and sink activity, it can integrate changes that occur throughout the plant,

potentially influencing everything from growth and allocation to defense and reproduction (Fig. 1). The phloem's role in shaping many ecological processes has intrigued scientists for decades, but proving a direct connection between phloem physiology and plant ecology remains challenging.

Carbon transport occurs in a series of stacked cells, sieve elements, which in angiosperms form long continuous conduits called sieve tubes (for details on cell ultrastructure, see Froelich *et al.* 2011). Unlike transport cells in the xylem, sieve elements are under positive pressure and have intact cellular membranes (for recent reviews on phloem physiology, see De Schepper *et al.* 2013; van Bel 2003). In the phloem, there are other cell types, including parenchyma and fibres, and of particular importance are the companion cells in angiosperms, which are often responsible for loading sugar into the phloem and for helping maintain metabolic function of neighbouring sieve tube elements (van Bel & Knoblauch 2000). Carbohydrates enter the phloem using one or a combination of passive and active loading mechanisms (see section on Phloem Loading, a Case Study: What Physiologists can Learn by Thinking About Ecology), which require different sugar concentration gradients in the mesophyll and vary in the amount of symplastic continuity that exists between the vascular and ground tissues.

It is currently believed that phloem transport is driven by a pressure differential between the source and sink generated by local osmotic gradients in each tissue. This idea was first proposed by Ernst Münch (1930) and is the most widely accepted mechanism for phloem transport (for further discussion, see Knoblauch & Peters 2010). This mechanism not only allows for transport to occur in multiple directions but also means that changes in the source and sink tissue, including those triggered by the biotic and abiotic environment (reviewed by Lemoine *et al.* 2013) such as drought (Sevanto 2014), may alter phloem transport. The downstream effects of these changes can influence the movement of carbohydrates (Savage *et al.* 2013) and phloem-mobile informational signals and secondary compounds (for reviews on molecular trafficking, see Turgeon & Wolf 2009; Lucas *et al.* 2013). These effects place the phloem in a central position for mediating plant–environment

Correspondence: J. A. Savage. e-mail: jsavage@fas.harvard.edu

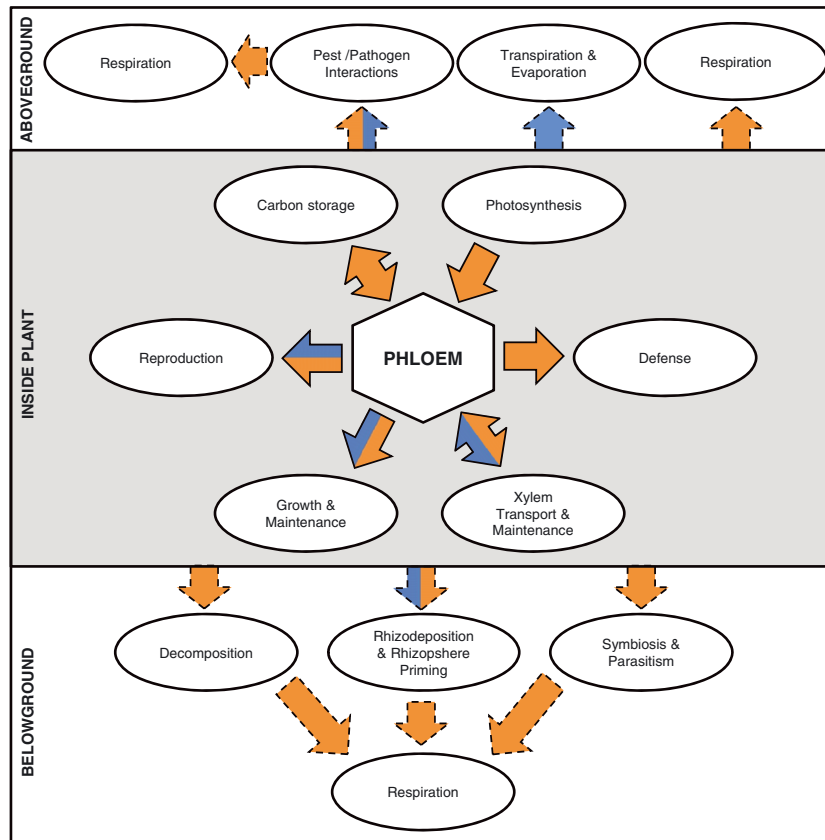


Figure 1. Transport of water and carbon into and out of the phloem. Water and carbon fluxes are noted in blue and orange, respectively, and separated based on where they occur (e.g. within the plant, aboveground and belowground). Dashed arrows are fluxes that occur outside the plant but originate from resources transported in the phloem.

interactions and suggest that phloem structure could have important implications for a variety of processes from growth to reproduction (Fig. 1; Petit & Crivellaro 2014; Savage *et al.* 2015; Woodruff 2014).

In this review, we describe research that provides a foundation for future work considering phloem physiology in an ecological and evolutionary context. We focus on three broader topics: carbon–water interactions, carbon fluxes in plants and ecosystems, and biotic interactions. For each of these topics, we provide discrete examples of how a phloem-focused line of inquiry could or already has enriched the field of physiological ecology. The aim of this review is to demonstrate the breadth of research influenced by phloem physiology and how research on this critical part of the vascular system can enhance our understanding of plant ecology and ecosystem function.

CARBON–WATER INTERACTIONS

Many types of environmental stress including drought and freezing temperatures can jeopardize the integrity of the water transport system. Because the ability of plants to survive these conditions is influenced by aspects of xylem structure and function (Davis *et al.* 1999; Ewers 1985; Hacke & Sperry 2001; Hacke *et al.* 2001), research on this part of the vascular system has become central to the discipline of physiological ecology (e.g. Ackerly 2004; Jacobsen *et al.* 2007; Zanne *et al.* 2014).

However, in all plants, the xylem and the phloem occur in close proximity, and there is increasing evidence that a tight hydraulic connection (Bull *et al.* 1972; Minchin & Lacombe 2005; Ohya *et al.* 2008; Sevanto *et al.* 2011; van Bel 1978) supports their transport processes (Knoblauch & Peters 2010; van Bel 1990; Zwieniecki *et al.* 2004). Considering this fact, xylem–phloem interactions could significantly impact the nature of hydraulic stress and have large implications for plant function, growth and reproduction.

What happens to phloem transport when xylem water potential changes?

Experiments and modelling studies have revealed that most of the time the xylem acts as a water source for the phloem (Hölttä *et al.* 2006; Windt *et al.* 2006), but in certain situations, for example, close to strong sinks (Sevanto *et al.* 2003), or during drought (Sevanto *et al.* 2005; Zweifel *et al.* 2000), phloem tissue including sieve tubes, parenchyma and fibres may act as an additional water resource for the xylem (Fig. 2). Even if the volume of the phloem is a fraction of the volume of the xylem, it can contribute significantly to the transpiration stream because of its higher elasticity. From simultaneous measurements of phloem and xylem diameter variations, it can be estimated that in a tree with a stem diameter of ~15 cm, phloem

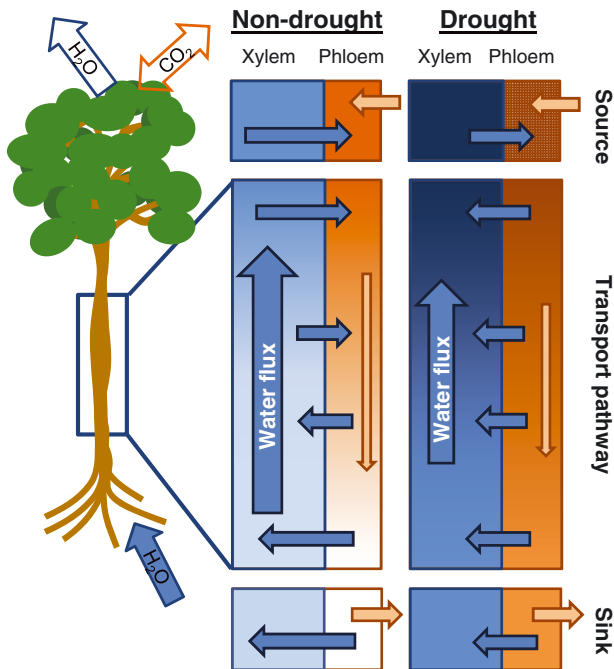


Figure 2. A schematic presentation of water and carbohydrate fluxes between a source leaf and a sink in the stem or roots. Fluxes of water and carbohydrate are represented by blue and orange arrows, respectively, and the length of the arrow indicates the size of the flux. Open arrows are gaseous fluxes. Inside the vascular tissue, darker shades of blue indicate more negative xylem water potentials, and dark shades of orange indicate higher phloem solute concentrations. During non-drought conditions, the phloem pulls water from the xylem to support carbohydrate transport. At sinks, carbohydrates are extracted from the transport stream and water returns to the xylem. During drought, increasing solute concentrations are needed in the phloem to prevent excessive water loss to the xylem and allow for phloem turgor maintenance.

contributes roughly 0.35 dl of water per every metre of tree height (values taken from *Acer rubrum* L., in Sevanto *et al.* 2011), which, in a 10 m tree can contribute to about 6% of its total daily water loss (Sevanto *et al.* 2008).

From the point of view of phloem transport, a tight hydraulic connection with the xylem is beneficial in allowing for easy access to water, but it has a trade-off: xylem water potential may influence phloem transport (Hölttä *et al.* 2009; Hölttä *et al.* 2006; Sala *et al.* 2010). Water exchange between the xylem and the phloem can be described as flow in a porous medium, where the flow rate depends on the water potential gradient and the hydraulic conductivity between the tissues (Hölttä *et al.* 2006; Sevanto *et al.* 2011). As a result, hydraulic conductivity determines the magnitude of flow rates obtained with a certain pressure gradient and how fast xylem water potential changes propagate to the phloem tissue. Because measuring hydraulic conductivity between the xylem and the phloem is very challenging, only an order of magnitude estimate exists (Salleo *et al.* 2004; Sevanto *et al.* 2011; Wan *et al.* 2004). To our knowledge, the estimated conductivity is high enough that at any timescale relevant to the whole plant, the phloem conduits are in hydraulic equilibrium with the surrounding apoplast (Thompson & Holbrook 2003) as well as with the

xylem (Daudet *et al.* 2005; Hölttä *et al.* 2006, see also Hölttä *et al.* 2009), which has clear benefits to plants. Hydraulic equilibrium between the xylem and the phloem, for example, prevents rapid variations in plant water potential from causing changes in phloem turgor and unduly disturbing transport under most conditions (Thompson & Holbrook 2003).

The influence of xylem water potential on phloem transport has recently emerged in connection with drought mortality studies of trees (Fig. 2; McDowell & Sevanto 2010; Sala *et al.* 2010; Sevanto 2014). As described earlier, the lower the xylem tension (less negative the water potential), the easier it is for the phloem to obtain the water needed for transport. Therefore, theoretically, phloem transport should be easiest at night or during wet seasons (Hölttä *et al.* 2009; Hölttä *et al.* 2006). The high solute concentrations needed for osmotic adjustment during high xylem tension, if built up with soluble sugars, may increase the viscosity of phloem sap and potentially block phloem transport (Hölttä *et al.* 2009; Hölttä *et al.* 2006). Such a blockage could have consequences for plant survival (McDowell & Sevanto 2010; Sala *et al.* 2010). However, if the conduits are hydraulically connected to the surrounding tissues and water in the apoplast, any change in osmotic concentration inside a conduit is immediately compensated for by inflow of water balancing the viscosity increase. The little empirical evidence we have on phloem responses to drought suggests that phloem turgor will collapse well before things get too 'sticky' in relatively isohydric plants (Sevanto 2014). This collapse may lead to a temporary increase in water available for the xylem but ultimately promotes hydraulic failure. This way, even well-watered plants that cannot maintain phloem turgor because of depleted carbohydrate reserves can show symptoms of hydraulic failure (O'Brien *et al.* 2014; Sevanto 2014).

The hydraulic connection between the xylem and phloem also necessitates that the structure of both tissues be balanced so that water supply and carbon transport needs match. This has implications for the relative thicknesses of xylem and phloem tissues and relative diameters of conduits (Hölttä *et al.* 2009; Jyske & Hölttä 2015) in relation to photosynthetic capacity and stomatal control (Nikinmaa *et al.* 2013). Phloem transport capacity depends on xylem water potential, which is linked with xylem water transport capacity (conduit number and size). Therefore, large structural investments in the xylem that improve its transport capacity reduce the need to invest in phloem structure (Hölttä *et al.* 2009). This implies that plants with wide xylem conduits or plants that keep their xylem water potential relatively constant (isohydric plants) may function with less phloem than plants that have low xylem conductivity or regularly experience low xylem water potentials (anisohydric plants) (Sevanto unpublished data).

Despite increasingly sophisticated models, greater computing power and an improved biophysical understanding of the processes governing coupled xylem–phloem transport in plants, empirical evidence of how plant stature and growth conditions are related to phloem transport remains limited (see next section on Carbon Fluxes in Plants and Ecosystems). More anatomical and physiological data are needed to better understand the complex interactions that occur between the xylem and phloem from the source to the sink and to truly

reveal the consequences of this interaction for plant ecology and evolution.

How are flowers and fruit hydrated?

Because reproductive organs often serve as strong carbon sinks, xylem and phloem interactions can significantly impact water and solute movements into and out of developing flowers and fruit. Münch (1930) hypothesized that the phloem in the pedicel supplies both the water and solute requirements of growing buds and fruit, with transpiration considered negligible and excess water returned to the plant via the xylem (Fig. 3). However, calculations of phloem water flows based on dry weight growth and respiration rates suggest that the potential rate of supply is limited, unless either the phloem sap is very

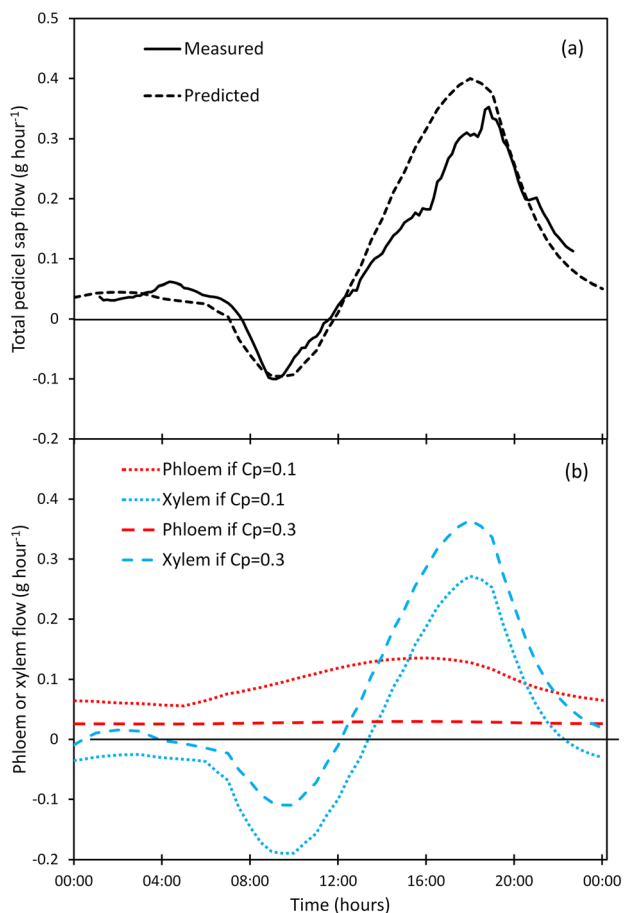


Figure 3. Measured and modelled time course of sap flow in pedicels of kiwifruit over 24 h, 65 d after anthesis. A positive flow indicates flow from plant to fruit. (a) Total flow (the sum of xylem and phloem flows) was measured using sap flow gauges (Clearwater *et al.* 2013) and predicted using a biophysical model of fruit development (Hall *et al.* 2013; Hall, unpublished). (b) Model predicted total flow partitioned into component phloem and xylem flows, with mean phloem sap concentration assumed to be at the low ($C_p=0.1$; sugar mass fraction) or high ($C_p=0.3$) end of likely *in vivo* concentrations (Jensen *et al.* 2013). Xylem flows oscillate between inward and outward flows, and with decreased C_p , the magnitude and duration of xylem outflow increases. Model parameters for (b) were adjusted so that total flow matched predicted flow shown in (a).

dilute, risking loss of turgor (Chapotin *et al.* 2003), or there are large alternative sinks for carbon, such as accelerated respiration, catabolism of carbohydrates (Tarpley & Sassenrath 2006) or copious nectar production (Chapotin *et al.* 2003; De la Barrera & Nobel 2004). For these reasons, phloem-only hydration of flowers must be energetically demanding compared with xylem supply, suggesting that the adaptive benefit of having flowers that are 'hydraulically isolated' from daily and seasonal fluctuations in the xylem may be high (Feild *et al.* 2009; Galen 2005).

While direct measurement of phloem flow is difficult, the relative contributions of the phloem and xylem to floral development have been inferred from water potential gradients. In the small number of species examined, the water potential of the perianth is often higher than the subtending stem, indicating that water cannot be flowing towards the flower in the xylem (Chapotin *et al.* 2003; Lin 1997; Trolinder *et al.* 1993). More recently, it was proposed that dual phloem/xylem hydration is an ancestral trait, while exclusive phloem supply is a more advanced characteristic of the eudicotyledons, selected for as the angiosperms diversified and colonized less mesic habitats (Feild *et al.* 2009). In reality, the concept of a dichotomy between phloem-only and xylem plus phloem hydration is probably overly simplistic (Roddy *et al.* 2013). The number of taxa for which flower water relations have been examined is very low, and there have been no direct observations that separate phloem and xylem flows in pedicels or within floral organs (Windt *et al.* 2009). We expect that continued investigation will reveal a range of variation in the mechanism of floral hydration.

Compared with flowers, the role of the phloem in fruit development is better understood. Generally, both the phloem and xylem contribute to early development, but phloem supply becomes more important during ripening (Matthews & Shackel 2005) because of reduced hydraulic conductance in the xylem (Choat *et al.* 2009; Mazzeo *et al.* 2013) and lower apoplastic water potential gradients (Bondada *et al.* 2005). This transition is typically accompanied by reduced growth and declining fruit surface conductance and transpiration rates (Clearwater *et al.* 2012; Greer & Rogiers 2009), lowering the demand for xylem water. Across species, there may be a correlation between fruit surface conductance, the balance between phloem and xylem supply, and tolerance of water stress. For example, phloem-only supply occurs throughout development of fruits of the desert plant *Opuntia* Mill. (Nobel *et al.* 1994; Nobel & De la Barrera 2000) and the warm climate crop cotton, *Gossypium* L. (Trolinder *et al.* 1993; van Iersel *et al.* 1994; Wullschlegel & Oosterhuis 1990). However, there have been no broad comparisons of fruit transpiration rates and vascular functioning.

Another possibility is that the xylem acts to buffer any imbalances between transpiration, growth and more constant inward flows of phloem water (Choat *et al.* 2009). Continuously circulating or temporally oscillating flows have been measured for several species including kiwifruit, *Actinidia chinensis* Planch. (Clearwater *et al.* 2012; Clearwater *et al.* 2009; Higuchi & Sakuratani 2005; Windt *et al.* 2009; Yamamoto 1983). In this species, models show that the amount of inward flow in the xylem decreases with decreasing assumed phloem sap concentration, but within the likely range of phloem concentrations,

there is always a requirement for some inward xylem flow (Fig. 3). For xylem flow to always be zero or outward, as a 'phloem-only' paradigm suggests, the modelled phloem concentration must be set below known physiological concentrations, and loss of phloem turgor is predicted. The same problem has been raised for phloem-only floral hydration (Chapotin *et al.* 2003). However, it is possible that variation in the overall contribution of the phloem to fruit development is correlated with interspecific differences in phloem sap concentration. For example, in fruits of *Opuntia*, phloem-only supply is supported by dilute phloem sap (Nobel *et al.* 1994; Nobel & De la Barrera 2000).

Another factor that contributes to changes in fruit hydration during development is phloem unloading between sieve elements and sink tissues. The transition to phloem-only supply at the onset of ripening (veraison) in grape is accompanied by a change in unloading mechanism, from symplastic (via plasmodesmata) to one that includes an apoplastic step (Zhang *et al.* 2006). These two unloading types lead to differences in solute accumulation in the apoplasm (Patrick 1997), which may affect sink water status, the flow of water in the xylem and the composition of any xylem sap that returns to the plant (Matthews & Shackel 2005). The transition to apoplastic unloading occurs primarily in sinks that accumulate high concentrations of osmotically active solutes such as ripening grapes and tomatoes (Lalonde *et al.* 2003; Patrick 1997) but has also been observed in some tissues of developing flowers (Werner *et al.* 2011). However, more research is needed to understand whether the form of sugar unloaded in the fruit (e.g. sucrose, sugar alcohols and stachyose, which are tied to different loading strategies) has important implications for fruit development.

By combining our knowledge of flowers and fruit, a model emerges of highly regulated changes in phloem and xylem functioning, coordinated with each stage of reproductive development. The phloem contribution to hydration is expected to increase with decreasing phloem sap concentration, organ transpiration and fresh weight growth, and with increasing carbon requirements for nectar or storage. However, more research is needed to determine whether the balance between the two vascular tissues differs between species, environments and functional groups and whether hydraulic isolation in reproductive organs is favoured in warmer and drier environments or in taxa that accumulate high levels of osmotically active solutes in their petals or ovaries. Just as changes in xylem functioning have had a major role in the evolution of terrestrial plants (Boyce *et al.* 2009; Sperry 2003), the properties of the phloem may have constrained angiosperm reproductive evolution in ways that we have only just begun to understand.

CARBON FLUXES IN PLANTS AND ECOSYSTEMS

Models of carbon allocation in trees and carbon cycling in ecosystems require information about the rate and size of carbon fluxes that occur in plants. Although several ecosystem (e.g. Duursma & Medlyn 2012; Friend 1995; Mackay *et al.* 2012; Ogée *et al.* 2003) and global scale vegetation models (e.g. Bonan *et al.* 2014; Hickler *et al.* 2006; Xu *et al.* 2012) consider the xylem on a mechanistic basis and model the entire soil–plant–atmosphere continuum, these same models rely on

empirical carbon transfer or partitioning schemes to understand carbon fluxes. A more mechanistic understanding of how canopy photosynthesis and transpiration fluxes are coupled to water and carbon use (including plant and soil respiration and phloem transport) and the factors that control changes in carbon allocation within plants would make it easier to model the rates of ecosystem carbon and water exchange and examine how sensitive surface fluxes will be to environmental forcing (McDowell *et al.* 2013; Migliavacca *et al.* 2011).

What assumptions are made about phloem transport in tree carbon budgets?

An annual carbon budget for a tree was first calculated, with limited compartment partitioning, by Tranquillini (1979) and by Ågren *et al.* (1980) using a mass balance approach. Although this type of analysis does not explicitly deal with the phloem, its estimates of carbon flux are based on assumptions about phloem transport. A realistic tree carbon balance needs to account for the dynamic nature of phloem transport and move beyond a simple 'black box' understanding of carbon flux ('black box' versus a new carbon allocation model; Fig. 4). Here, we highlight two critical aspects of phloem transport that have important implications for whole plant carbon balances: the variety of carbon sources that exist in the plant and the possibility of flow in multiple directions (not exclusively from the leaves to the roots).

Carbon supply via photosynthesis is sensitive to multiple factors such as light, temperature and tissue hydration, and hence, the availability of fresh assimilates for various plant processes is often interrupted. Carbon reserves, mainly in the form of non-structural carbohydrates (NSC), have been long recognized as a major tool used by plants to bridge carbon supply interruptions (Hoch *et al.*, 2003, Richards & Caldwell, 1985, Schnyder, 1993). For example, deciduous trees in temperate forests shed their leaves before the dormant season, during which carbon reserves are the sole source for a 'baseline' maintenance respiration. The role of NSC as a carbon source further increases towards spring, when new growth takes place before leaves are fully expanded and active. Similarly, tree species in Mediterranean and semi-arid forests are compelled to close their stomata during a long dry season and hence must rely on NSC as a carbon source (Hoch *et al.*, 2003, Schadel *et al.*, 2009).

An estimate of carbon allocation partitioning that considers NSC as a potential carbon source was recently calculated for mature pines (*Pinus halepensis* Miller) growing in a semi-arid forest (Klein & Hoch, 2015). In those trees, the seasonal dynamics in whole-tree starch content were dominated by large fluctuations in the stem and root starch pools. More than half of each of these pools was degraded and consumed during the transition from wet to dry season, indicating the important role of starch as a carbon source for plant activities outside leaves. When expressing the NSC as pool sizes and accounting for the total foliage biomass compared with that of the woody compartments (aboveground and belowground), it becomes clear that non-leaf tissues play a major role in post-

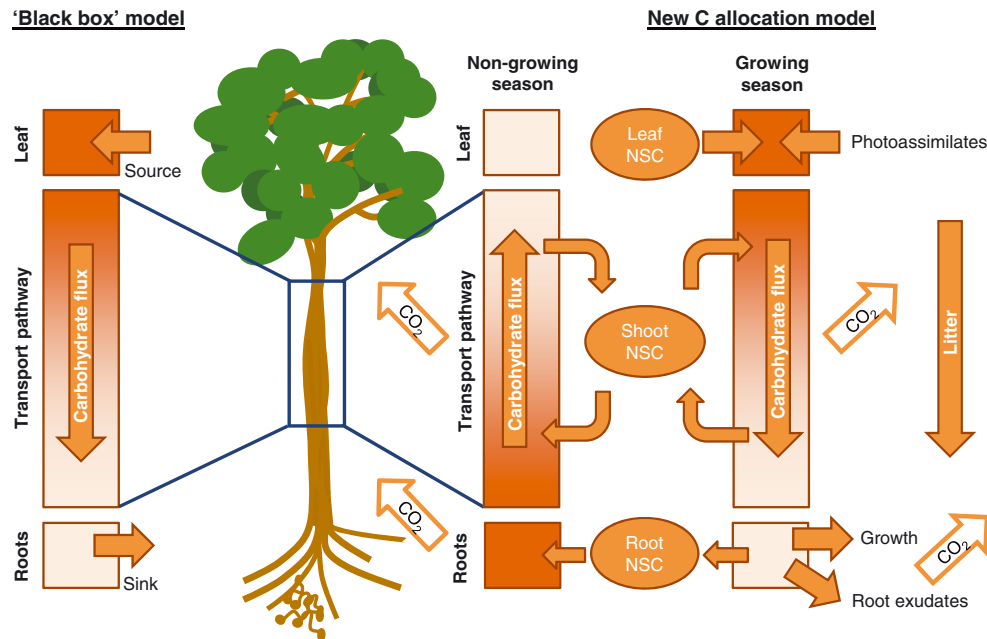


Figure 4. Carbon fluxes in a tree depicted by a simple ‘black box model’ and one with partitioning among internal carbon pools and their individual fluxes. Partitioned model shows changes that occur between the growing season and non-growing season in terms of the direction of phloem transport and predominant sources and sinks in the system. This model is based on data presented in Klein & Hoch (2015). Gaseous fluxes are noted by open arrows. Non-structural carbohydrates in the form of sugars and starch found in the leaves, trunk and roots are noted as NSC.

photosynthetic carbon supply. These results reinforce that fact that carbon loading into the phloem can take place at multiple sites along the transport pathway, depending on the availability of mobile carbon in adjacent cells.

Tree carbon balances also need to consider that the direction of phloem transport can change depending on source and sink activity. This can be seen in the aforementioned study on pines, where Klein & Hoch (2015) demonstrated that there were two relocation flows: carbon transport from roots to the stem and from the stem to the leaves (Fig. 4). These flows were relatively minor in size (ca. 5% of the maximum wet season transport flux) and restricted to the drought months of July and August. The potential carbon relocation to the leaves in July correlated with a minimum in the foliage starch pool, while the stem starch pool was also close to its lowest level. This stem to foliage relocation suggests some low threshold level at which local starch hydrolysis stops and carbon must be imported into leaves, in agreement with Hoch (2005). Root to stem relocation might suggest that carbon transport within the tree is governed by sink activities rather than supply level, as discussed in earlier studies (Farrar & Jones 2000).

Despite growing interest in understanding patterns of carbon allocation within plants, relatively few studies have attempted to make a direct connection between carbon allocation and phloem transport (but see Nikinmaa *et al.* 2013; Schiestl-Aalto *et al.* 2015; Woodruff & Meinzer 2011). However, our view of carbon allocation might change as we learn more about phloem physiology, the significant role of NSC as an intrinsic carbon source, the major role of respiration among the different carbon sinks, the possibility of multi-directional carbon flows and the existence of other carbon transport systems, for example, via the ray and axial parenchymas or the

xylem (Améglio *et al.* 2002; Sauter 1982; Schill *et al.* 1996). Future experiments considering the dynamic nature of phloem transport will allow us to better understand to what extent relocation flows can change (e.g. increase under environmental stress), whether such carbon management changes offer any advantage to tree fitness and drought resistance, and the implications of carbon storage to forest ecology, biomass production and ecosystem function.

How do tall trees transport carbon?

Many aspects of ecosystem function, plant growth and productivity are influenced by plant size including carbon storage, canopy transpiration and plant water usage (e.g. Falster *et al.* 2011; Feldpausch *et al.* 2012; McDowell *et al.* 2011). As a plant grows, it can gain better access to water and light by increasing the footprint of its canopy and root system, but it also has to invest more resources in structural and supportive tissues. At the same time, it experiences more negative water potentials, lower hydraulic conductivity and lower stomatal conductance in its canopy. These and other observations have led to many hypotheses about what limits plant height from hydraulics to the growth of non-photosynthetic tissue (e.g. Givnish 1995; Givnish *et al.* 2014; King 1991; Ryan *et al.* 2006; Ryan & Yoder 1997) and to research on the impact of plant height on vascular transport (e.g. McCulloh *et al.* 2003; Mencuccini 2002; West *et al.* 1999). However, until recently, most of the research concerning height-related constraints on transport has focused on the xylem despite the important implications of plant height on both parts of the vascular system.

Earlier modelling by Tyree *et al.* (1974) concluded that transport in sieve tubes as long as 50 m was possible in angiosperms,

provided that sieve tube conductivity increased relative to values in shorter tubes and that sap velocity decreased closer to the sink, as a result of sucrose unloading and consumption along the transport path. The main effect of increasing sieve tube conductivity in longer tubes (i.e. taller trees) was to decrease the pressure and concentration gradients required to sustain vertical flow, which in turn required relatively high sucrose concentrations. More recently, Thompson & Holbrook (2003) relaxed several assumptions of earlier models and coupled phloem transport to changes in water potential of the surrounding tissue. They showed that under many conditions, water potential equilibrium between xylem and phloem was satisfied, and carbon transport could occur from sources to sinks in an osmotically regulated fashion (see section on Carbon–Water Interactions). However, in this model, the behaviour of the sieve tube is strongly dependent on tube radius and length, such that in a very long tube (tens of metres) significant declines in phloem turgor are predicted to occur, potentially impairing carbohydrate transfer in tall trees (Thompson 2006).

How do plants cope with the challenge of long-distance transport in the phloem? The system modelled by Thompson & Holbrook (2003) is that of a single untapered and unbranched tube with sieve plates and a semi-permeable membrane. However, similar to the situation for the xylem (e.g. Tyree & Ewers 1991), the conductivity of a single pipe is only one of a number of factors affecting the efficiency of hydraulic transport at the organismal scale. While we still do not have a clear understanding of the relative contribution of all the possible components, one can speculate that many factors influence carbon transfer efficiency and reduce resistance along the transport pathway. Some of these factors include the progressive widening of sieve element diameters, the lengthening of sieve elements, which will increase the mean distance between sieve plates, the decrease in conduit frequency and density and the decrease in phloem area relative to xylem area towards the base of the plant (e.g. Hölttä *et al.* 2009; Jyske & Hölttä 2015; Mencuccini *et al.* 2011; Petit & Crivellaro 2014; Woodruff 2014). Additionally, the ratio of total phloem conducting area to the leaf area of the plant will affect whole plant sugar loading and plant water potential (Hölttä *et al.* 2009; Mencuccini *et al.* 2011).

The effects of gravity on axial phloem transport and on the scaling of phloem anatomy with plant size have generally not been considered carefully in tall plants despite the analytical solutions that exist for both xylem and phloem transport (Jensen *et al.* 2011; McCulloh & Sperry 2005; West *et al.* 1999) and the more complex simulation models of allometric scaling based on optimality principles (e.g. reviewed by Mencuccini *et al.* 2011). Gravity can impact phloem transport in two very different ways, that is, (1) by affecting turgor at the top of tall plants (and therefore the realized cell size as a consequence of the effects of turgor on cell growth) and (2) as an additional force that affects the movement of a solution along a vertical axis. Effect (1) impacts the scaling of both xylem and phloem conductance as a consequence of parallel changes in apical cell diameters. Effect (2) hinders the upward pull in the xylem and phloem but helps transport of carbon towards the roots.

While much progress has been made in elucidating mechanisms of phloem loading and unloading, questions about the

physical organization of this vertical superhighway, and the significance of plant height for phloem transport, have not been explored thoroughly. We still lack a sound understanding of how environmental factors affect these anatomical and morphological traits, how this set of characters relates and trades off against other sets of plant traits and how these strategies combine and vary across evolutionary lineages to affect carbon transfer at the ecosystem scale.

How does phloem physiology influence the rate of carbon transfer to the soil?

Plant carbon use has large scale implications for ecosystem function because of the role that plants serve in carbon sequestration (Barford *et al.* 2001), their role in food webs (Elser *et al.* 2000) and their influence on belowground respiration through root metabolism, interactions with soil microbiota and production of litter (Fig. 1, Cornwell *et al.* 2008; Högberg *et al.* 2001; Jones *et al.* 2009). Plants transfer carbon belowground by two pathways, that is, via the detritus formed by leaf and root litter and by mass transport in the phloem (see next section on Biotic Interactions). The detritus feeds heterotrophic organisms (predominantly fungi and bacteria) and is therefore primarily responsible for the dynamics of carbon stocks present in soils and litter layers (e.g. Malhi *et al.* 1999). Typically, the timescale for the production of this detritus is in the order of years to decades. Conversely, carbon transfer by the plant phloem, which is primarily employed to sustain root growth, carbohydrate storage and ‘autotrophic’ respiration belowground, occurs over shorter timescales (cf., Högberg & Read 2006; Janssens *et al.* 2001) and may change more rapidly in response to environmental conditions.

Continuous measurements of soil CO₂ efflux and vertical soil CO₂ profiles, coupled with measurements of canopy photosynthesis by eddy covariance, have allowed the exploration of the diel and seasonal dynamics of the links between carbohydrate production and consumption by autotrophic and heterotrophic respiration in the field (reviewed by Vargas *et al.* 2011b). For example, Vargas *et al.* (2010) showed that the timing of soil CO₂ production was temporally coherent with changes in soil temperature and photosynthetically active radiation (used as an indicator of photosynthesis). In a second study, they found a significant temporal synchrony between canopy photosynthesis and soil CO₂ efflux at a 1 d timescale or longer, suggesting that these two fluxes were closely coupled and that there is very fast transmission of information about the state of the canopy to the root–soil system (Vargas *et al.* 2011a). This evidence suggests that phloem transfer of carbohydrates belowground is directly linked to canopy photosynthesis, and it is sufficiently fast that diurnal and seasonal changes in weather conditions, which impact ecosystem-scale photosynthesis, are quickly perceived as changes in ecosystem respiration, thereby creating a feedback with the carbon balance of the site.

Another approach used to determine the significance of phloem transfer to carbon cycling has been to curtail this transfer directly, either by root trenching (cf., Hanson *et al.* 2000),

phloem girdling (cf., Andersen *et al.* 2005; Bhupinderpal-Singh *et al.* 2003; Binkley *et al.* 2006; Höglberg *et al.* 2001; Scott-Denton *et al.* 2006; Subke *et al.* 2004) or transient bark chilling (Johnson *et al.* 2002). However, most of the information on the variables controlling the transfer of carbohydrates belowground at seasonal to multi-year timescales has been obtained using isotopic techniques (for reviews, see Kayler *et al.* 2010; Kuzyakov & Gavrichkova 2010; Mencuccini & Hölttä 2010a; Mencuccini & Hölttä 2010b). These approaches have been advanced considerably by the use of new technologies such as fast-response laser absorption spectrometry and cavity ring-down spectroscopy. Using the latter approach, Dannoura *et al.* (2011) found differences among species in their isotopically determined velocities, which were found to depend on the mean air temperature for 24 hours following labelling. In general, isotopic studies have found lags of around 1 to 5 d or longer for the times taken by the isotope peaks to appear as either stem or soil CO₂ efflux, with the lag dependent on plant height following a power law relationship (Mencuccini & Hölttä 2010b). The shape of this relationship is consistent with the occurrence of a reasonably constant phloem turgor gradient across species spanning 50 m of height range, with a positive scaling of mean phloem specific conductivity with plant height (see section on How Do Tall Trees Transport Carbon?). This means that both the transport rate of the phloem and the architecture of trees could have important implications for carbon cycling.

At longer timescales (seasonal to multi-annual), the task of determining the ecological significance of phloem transport is made easier by recognizing that a different set of constraints can be imposed on the problem. In general, the rate of carbohydrate flux must be equivalent to canopy photosynthetic flux, the net of the fluxes going into and coming out of intermediate storage pools and sinks present along the transport pathway (see section on What Assumptions Are Made About Phloem Transport in Tree Carbon Budgets?). This inventory approach can also be extended to incorporate the carbon fluxes to the soil. Giardina & Ryan (2002) devised a simple mass balance approach based on a water tub analogy to work out the total belowground carbon allocation (TBCA) from measurements of aboveground fluxes of detritus, changes in pool sizes belowground and gaseous (CO₂) and liquid (dissolved inorganic and organic carbon) losses by the soil. Using this method over typical intervals of one to several years, one arrives at reasonable estimates of phloem fluxes belowground. This approach is useful for comparisons carried out at yearly to decadal timescales to investigate responses to ecological processes such as nutrient availability, inter-plant competition or stand development. One significant finding of this and similar studies is that TBCA can be a large fraction of gross photosynthesis (up to 60%) and that it can change dramatically as a function of tree size and stand development (Giardina & Ryan 2002; Zerva *et al.* 2005). For example, Giardina *et al.* (2014) looked at a vertical elevation gradient in a tropical montane wet forest and found that stands at lower elevations (higher mean temperatures) circulated carbon belowground faster, both as aboveground detritus and as TBCA via phloem transfer.

Accurate models of belowground carbon transfer rely on a clear mechanistic understanding of the extent that phloem

transport dominates carbon flux into the soil and how coupled carbon transport is to changes in environmental conditions. However, at larger spatio-temporal scales, some of the processes and trade-offs that relate to the short-term dynamics of phloem loading, transport and unloading lose their relevance, while others continue to maintain their significance. A more thorough understanding of phloem physiological ecology will help identify which traits should be explored in more detail to evaluate their long-term ecosystem-scale significance.

BIOTIC INTERACTIONS

Where and when plants allocate carbon to different organs can influence their interactions with other organisms (e.g. Elzinga *et al.* 2007; Tiffin 2000), but the role of carbon transport in mediating biotic interactions involves more than structural investment. Many carbon-rich compounds from nectar to secondary compounds help plants attract beneficial and deter detrimental organisms (Bekaert *et al.* 2012; De la Barrera & Nobel 2004; Gershenzon 1994; Pichersky & Gershenzon 2002). Some of these compounds are transported in the phloem, while others are made from nutrients or their production is regulated by signals delivered by this vascular tissue (Heil & Ton 2008; Turgeon & Wolf 2009). In fact, approximately 40% of the net carbon fixed by plants is transported in the phloem to roots (Jones *et al.* 2009) where a large portion is exuded into the soil and supports many soil organisms (Hartmann *et al.* 2009). In this section, we discuss how the phloem influences plant interactions with a few important components of their biotic environment: pests, pathogens and soil microorganisms.

How does phloem physiology shape plant–pest interactions?

Plants live under a continuous threat from insects, herbivores and pathogens and have evolved mechanisms to minimize the negative impact of these organisms, including the development of physical and chemical defenses (Futuyma & Agrawal 2009). Because these defenses require energy and resources for their production, maintenance and, in the case of some compounds, their transport (Bekaert *et al.* 2012; Gershenzon 1994), many researchers have proposed that investing in defense can come at the expense of other types of growth (Bazzaz 1987; Coley *et al.* 1985; Herms & Mattson 1992). This ‘cost’ is the basis of multiple plant defense theories that are used to explain the diversification of secondary metabolites and the relationship between fitness, defense and resource availability (for review, see Stamp 2003). However, when defense is considered in the context of phloem transport (Fig. 1), the situation becomes more complicated because of constraints that vascular architecture and source–sink relationships place on plant defense responses (Arnold *et al.* 2004; Honkanen *et al.* 1999; Jones *et al.* 1993; Larson & Whitham 1991; Orians 2005; Schultz *et al.* 2013).

The phloem is responsible for transporting many secondary metabolites, including alkaloids, flavonoids and glucosinolates, along with resources and informational signals required for the biosynthesis of these and other defense compounds (for

reviews, see Heil & Ton 2008; Turgeon & Wolf 2009). In the case of constitutive defenses, those which are not activated by wounding or infection, the phloem primarily serves as a transport system for establishing pools of secondary metabolites. However, in the case of inducible defenses, source–sink relationships can determine the intensity and location of a defense response (for reviews, see Orians 2005; Schultz *et al.* 2013). Wounded and infected tissues often receive an influx of carbon from the phloem, a response that appears stimulated by enzymatic breakdown of sugars (Arnold & Schultz 2002; Berger *et al.* 2007; Rosenkranz *et al.* 2001; Zhang *et al.* 1996) and/or changes in sucrose transporter activity (Meyer *et al.* 2004). This response can be triggered by herbivory, infection and plant defense elicitors, including jasmonic acid (Arnold & Schultz 2002; Walters & McRoberts 2006) and can be linked with the production of phenolics in leaves, including condensed tannins (Arnold *et al.* 2004; Ferrieri *et al.* 2012). Because the induction of these defenses is tied to phloem transport, young leaves that are active sinks accumulate higher levels of phenolics than adjacent source leaves (Appel *et al.* 2012; Arnold *et al.* 2004), and root herbivory can induce a defense response in both aboveground and belowground sinks (Kaplan *et al.* 2008).

Plants employ many strategies to resist pests in addition to chemical defenses, some of which are tied to whole plant shifts in resource allocation (Tiffin 2000). For example, many species exhibit compensatory growth in response to herbivory, that is, faster growth, higher rates of photosynthesis in unattacked leaves and/or dormant meristem activation (Lebon *et al.* 2014; McNaughton 1983; Nowak & Caldwell 1984). Research also suggests that some plants may increase carbon and nitrogen transport into their roots in response to aboveground herbivory, a process often referred to as ‘sequestering’ or ‘bunkering’ that relies directly on phloem transport (Babst *et al.* 2005; Gómez *et al.* 2010; Holland *et al.* 1996; Schwachtje *et al.* 2006). This response could be advantageous if stored resources aid in refoliation and resprouting (Orians *et al.* 2011). Considering the challenges that exist in comparing different defense and tolerance strategies, it is not surprising that there is debate about whether changes in carbon allocation are always adaptive (Tiffin 2000). Regardless of this point, research on growth responses to herbivory demonstrates the extent that source and sink relationships in plants can be altered by pests.

The majority of pests that attack plants do not directly interact with the phloem, but there are three important exceptions: phloem-feeders (e.g. aphids, leafhoppers and whiteflies), parasitic plants (e.g. *Cuscuta* L.) and phloem-mobile pathogens. Central to the success of phloem feeders is their ability to insert their stylets into living sieve elements without triggering a wound response in the penetrated cell. Some have argued that this is a result of calcium binding proteins in their watery saliva (Will *et al.* 2009; Will & van Bel 2006), but the evidence for this is still under debate (Knoblauch *et al.* 2014). Once these insects have established a connection with their host, they begin to consume phloem sap and can readily transfer phloem-mobile diseases. Diseases can also be transferred by parasitic plants that establish symplastic connections with their host’s phloem (Birschwilks *et al.* 2006). Because phloem-feeders and parasitic plants create phloem sinks (Peel & Ho 1970), their access to

resources is influenced by vascular connectivity and the presence of other pest-based and plant-based sinks. For example, Larson & Whitham (1991, 1997) showed that galling aphids are less successful at establishing near flowers, which are strong carbon sinks, and on plants with a lower source-to-sink ratio (e.g. lower ratio of stem volume to buds). There is also evidence that adjacent galls can either have negative or positive effects on each other depending on the carbon requirements of each structure and their arrangement on a leaf (Heard & Buchanan 1998; Inbar *et al.* 1995).

There is growing evidence that plant community assembly and larger patterns of diversity are impacted by herbivores and pathogens (Connell 1971; Fine *et al.* 2004; Janzen 1970; Webb *et al.* 2006). However, the literature on plant–pest interactions and defense trade-offs is full of conflicting observations, both in terms of where carbon moves in response to wounding and whether there are ‘costs’ associated with different defense responses. Critical to sorting out these discrepancies is research examining source–sink relationships and vascular architecture, which will help us understand the costs to and constraints of different defense strategies (Appel *et al.* 2012; Kaplan & Denno 2007; Schultz *et al.* 2013). This type of research will inform our understanding of plant defense and the role of phloem physiology in mediating different aspects of plant–pest interactions.

What is the phloem’s role in rhizosphere interactions?

Belowground ecological processes are critical to all stages of the lives of plants. Many of these processes, including root interactions with soils and soil biota, are controlled or influenced by photosynthates transported to root tissues. When analysed in terms of carbon products, rhizodeposition, the releasing of organic compounds by roots into the soil, may account for 30–90% of root carbon allocation (Nguyen 2003; Whipps 1990). This occurs by different mechanisms, such as releasing mucilage, exudates, secretions and border cells, through cell death (senescence) and by direct carbon flow to mycorrhizal and bacterial mutualists (Jones *et al.* 2009). Rhizodeposition also elicits changes in soil organic matter decomposition, an effect known as rhizosphere priming, which is highly influential in soil carbon dynamics and affects the supply of nutrients to plants (Dijkstra *et al.* 2013) along with stimulating growth in the rhizosphere (Meier *et al.* 2013). With such large quantities of carbon being allocated to plant roots and the strong links that exist between plant phenology, changes in carbon allocation and soil respiration (Cardon *et al.* 2002; Davidson & Holbrook 2009), the role of phloem in root carbon dynamics cannot be understated (Fig. 1).

The rhizosphere is inhabited by large populations of bacteria and fungi that form a broad array of associations with plants, from mutualistic to pathogenic. These organisms typically rely on plants for carbon and other resources, which they access using different methods. For example, some organisms directly modify plant phloem, including rhizobacteria that produce hormones such as auxins and cytokinins (Costacurta &

Vanderleyden 1995), which are critical in controlling root vascular patterning, or enzymes that decrease ethylene production leading to higher fluxes of nutrients and carbon to the roots (Jiang *et al.* 2012). In contrast, nematodes cause the formation of new cells (feeding cells) adjacent to phloem and which are highly vascularized subsequent to formation (Absmanner *et al.* 2013). In the case of cyst nematodes, these feeding cells are symplastically connected to adjacent sieve elements and companion cells by plasmodesmata (Absmanner *et al.* 2013; Bartlem *et al.* 2013).

A wide range of interactions also occur between mutualistic bacteria and mycorrhizal fungi, and their plant hosts. These symbiotes rely on plants for carbohydrates and protection, and in exchange, they enhance plant nutrient acquisition or, in the case of nitrogen-fixing bacteria (rhizobia), provide biologically available nitrogen to the host. With mycorrhizal associations, the fungi do not access carbon by directly tapping into the phloem; instead, the hyphae either extend into cortical cells or are confined to the root epidermis, as observed in arbuscular mycorrhizae and ectomycorrhizal and ericoid hyphae, respectively (Peterson & Massicotte 2004). While there has been significant research into how plants modify their cells and membranes to accommodate and exchange resources with hyphae, it remains unclear if fungi impact plant vasculature and phloem unloading.

In the case of rhizobia, carbon is transferred to the symbiotes from the phloem through transfer cells and companion cells in the nodule that symplastically connect sieve elements to infected tissues (Joshi *et al.* 1993; Peiter & Schubert 2003). Because the phloem helps hydrate nodules, it has been hypothesized that changes in phloem turgor may impact nodule gas permeability and thus provide a mechanism for plants to limit resource delivery to rhizobia during periods of drought (Walsh 1990; Walsh 1995). Other work suggests that feedback mechanisms may lower nodule activity when water limits nitrogen export (Serraj *et al.* 1999) or that phloem-mobile signals regulate these processes (Parsons *et al.* 1993; Sulieman & Schulze 2010; Sulieman & Tran 2013), but the exact nature of these feedbacks remains unresolved.

Soil microbes and organisms interact with plants both directly by modifying phloem structure and function, as described earlier, and also indirectly through other organisms that rely on the same hosts. For example, rhizobacteria can influence phloem-feeding insect performance on the same plant (Shavit *et al.* 2013), and phloem feeding insects can attract rhizobacteria to plant roots (Lee *et al.* 2013). Recent work also demonstrates that soil microbes and symbiotes like rhizobia can influence organisms aboveground by reducing extrafloral nectary production (Godschalx *et al.* 2014). Connections like these demonstrate that the phloem could have a role in facilitating communication and resource competition between aboveground and belowground organisms (Griffiths *et al.* 2007).

The phloem mediates bidirectional interactions between soil biota and plants: soil organisms impact carbon allocation by changing plant vascular structure and acting as sinks, and plant rhizodeposition exhibits a large degree of control over rhizosphere microbial populations. Both of these processes can have

downstream effects on food webs (Way 1963) and carbon cycling (see previous section on Carbon Fluxes in Plants and Ecosystems). Despite the importance of phloem in these and other belowground processes, fundamental knowledge gaps in areas such as signalling and the control of apoplastic versus symplastic flow in plant-organism symbioses will keep the mechanisms behind these processes in a black box until their secrets are revealed.

PHLOEM LOADING, A CASE STUDY: WHAT PHYSIOLOGISTS CAN LEARN BY THINKING ABOUT ECOLOGY

In this review, we have discussed the importance of considering phloem transport when studying plant physiological ecology, but research on phloem physiology can also benefit from examining differences in plant function in the context of evolution. This type of research can help us consider the costs and benefits of different physiological strategies, a point that is well demonstrated by recent work considering the ecological implications of phloem loading type in angiosperms.

In the source tissue, carbon is loaded into the phloem by one or a combination of three mechanisms (Fig. 5). In passive loading, sucrose migrates symplastically from mesophyll cells to

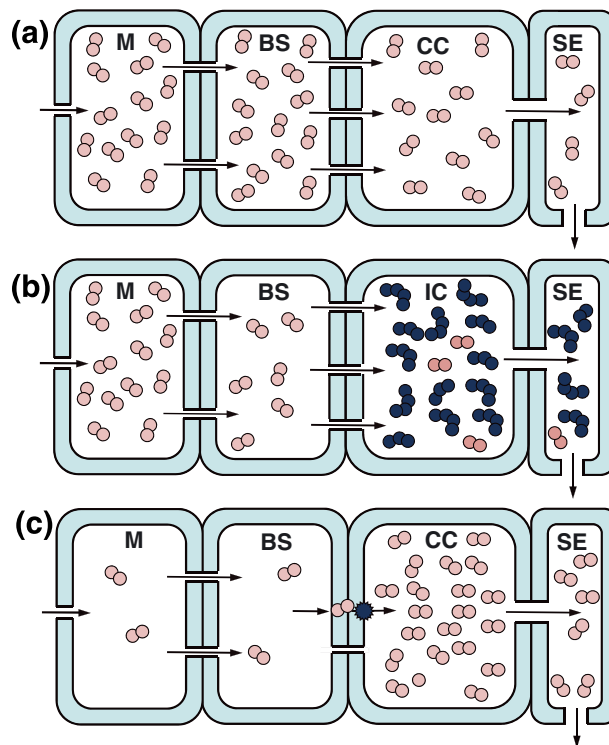


Figure 5. (a) Passive, (b) polymer trap and (c) apoplastic phloem loading mechanisms. In (a), sucrose (pink) passes through plasmodesmata (arrows) from mesophyll cells (M) to bundle sheath cells (BS) and into companion cells (CC) and sieve elements (SE) down its concentration gradient. In (b), sucrose is converted to raffinose and stachyose (blue) in intermediary cells (IC). In (c), sucrose is loaded into CC and/or SE by sucrose- H^+ co-transporters (blue star). Plasmodesmata at the BS-CC interface in apoplastic loaders are present but may be too narrow for sucrose passage.

sieve tubes down a concentration gradient (Reidel *et al.* 2009; Rennie & Turgeon 2009; Turgeon & Medville 1998; Zhang *et al.* 2014). A less common symplastic mechanism involves synthesis of raffinose and stachyose in specialized companion cells (intermediary cells) and is termed polymer trapping because it 'traps' sugar in the phloem on the basis of molecular size (Dölger *et al.* 2014; Zhang *et al.* 2014). The third mechanism, apoplastic loading, was the first to be discovered (Geiger *et al.* 1971) and is the most common strategy in crop plants. Apoplastic loading involves efflux of sucrose into the cell wall space and subsequent active uptake into the phloem by symport with protons (Braun *et al.* 2014).

It is currently believed that gymnosperms load passively (Liesche *et al.* 2011) and that passive phloem loading is ancestral in angiosperms (Turgeon *et al.* 2001). Passive loading is, with few exceptions, used primarily by trees (Rennie & Turgeon 2009), and active loading is more common in herbs and a restricted number of woody species. Recent work suggests that trees may not require an active loading step because they often maintain high concentrations of leaf sugars to offset low whole-plant hydraulic conductance in the xylem (Fu *et al.* 2011). The elevated sugar content in the leaves apparently provides enough foliar sucrose to drive phloem transport by Münch pressure flow and removes the need for thermodynamically active loading. It has also been suggested that loading strategies are correlated with climate (Gamalei 1989), but this appears to be due to the virtual absence of trees, and therefore, passive loading, in very cold climates, and is not a direct effect of temperature on loading (Davidson *et al.* 2011).

Given the almost complete absence of passive loading in herbs and the fact that active loading is an evolutionarily derived trait, what are the advantages of active loading? It is difficult to argue that energy must be expended in the loading step to drive long-distance transport efficiently because many trees, with much longer transport distances than herbs, seem to do without it (Turgeon 2010b). Even so, high solute concentration in the phloem, and the elevated hydrostatic pressure it generates, could be advantageous for other reasons, including coordinated regulation of loading and unloading at distant sites (Fisher 2000; Patrick 2013), wound healing (Knoblauch & Mullendore 2012), discouraging phloem feeders, which cannot tolerate high osmotic potentials (Turgeon 2010a) and optimizing viscosity for transport (Jensen *et al.* 2013). Another advantage is that active loading allows the plant to reduce overall sucrose levels in leaves and still generate the phloem pressure needed to drive long-distance transport (Turgeon 2010b). Reducing sucrose inventory frees up carbohydrates, which are needed to foster growth of new leaves. Following the compound interest law, the more efficiently new leaves are produced, the faster the overall relative growth rate of the plant. As a result, it is possible that phloem loading explains part of the variation observed in the leaf economic spectrum and has larger implications for plant growth strategies and species distributions (Reich 2014; Wright *et al.* 2004).

Although this could help explain the widespread adoption by active loading in herbs, it does not explain why some species accomplish this by polymer trapping while others load through the apoplast. One explanation for the evolution of polymer

trapping could be that it allows other important compound(s) besides sucrose to enter the phloem symplastically. For example, in certain families that load by polymer trapping, iridoid glycosides, anti-microbial and anti-herbivore compounds are phloem mobile and are approximately the same molecular size as sucrose (Gowan *et al.* 1995; Lohaus & Schwerdtfeger 2014; Turgeon & Medville 2004; Voitsekhojskaja *et al.* 2009).

The concept of symplastic loading in general has been criticized on the grounds that a continuous plasmodesmatal pathway would allow ions and small molecules to enter the phloem from the mesophyll non-selectively (Lucas *et al.* 2013). However, selectivity is not as fundamental a property of phloem transport as is often assumed. Sieve tubes transport a wide range of ions and compounds in concentrations similar to those of other plant cells (Winter *et al.* 1992). Indeed, ions and small molecules continuously leak into the sieve tubes through the plasmodesmata that connect companion cells to their adjacent sieve tubes. Another limitation imposed by polymer trapping and passive loading is that up-regulation of loading capacity requires the placement of additional plasmodesmata, which does not occur in mature leaves, thus restricting the response to increased light availability (Amiard *et al.* 2005). Instead, these plants acclimate to high light by growing new leaves with higher vein densities.

Understanding the adaptive advantages and disadvantages conferred by different loading mechanisms will shed light on the complex role that phloem transport plays in growth and plant responses to the biotic and abiotic environments. Because of the impact of loading type on both the osmotic potential of leaf mesophyll cells and the form of sugar transported in the phloem, it could also have important implications for other aspects of plant physiology ranging from leaf hydraulics to fruit development (see earlier section on Carbon–Water Interactions) that have yet to be explored. Further research testing the hypotheses laid out in this section will help us better understand the complex evolutionary processes that have shaped the diversification of phloem loading and other aspects of phloem physiology.

CONCLUSIONS AND FUTURE DIRECTIONS

As the primary delivery system for carbon inside the plant, the phloem serves a critical role in mediating shifts in carbon allocation and growth that influence how plants interact with the environment and how they impact local food webs and carbon cycling (Fig. 1). However, this is only one of the many ways that phloem physiology influences plant ecology. Because of its tight hydraulic connection with the xylem, the phloem can influence drought tolerance and reproduction in ways we are only starting to understand. However, despite the often central role the phloem plays in many plant–environment interactions, there is limited research considering its role in plant physiological ecology.

In this review, we highlight research that integrates phloem physiology and plant ecology by focusing on carbon–water interactions, carbon fluxes in plants and ecosystems, and biotic interactions. The material presented is by no means comprehensive, and there are many other ecologically important

aspects of plant physiology that could be influenced by the phloem including phenological changes that occur in response to phloem-mobile signals (Haywood *et al.* 2005; Turck *et al.* 2008; Turnbull 2011), production of isoprene and other organic volatile compounds (Kerstiens & Possell 2001; Logan *et al.* 2000) and the transport of nitrogen and amino acids (Tegeeder 2014). However, the goal of this review is not to address all of the pertinent literature but to draw attention to the critical nature of research that lies at the interface between phloem physiology and ecology. Going forward, it is crucial that we increase our understanding of phloem function and develop a robust framework for considering the ecological and evolutionary implications of phloem physiology. To achieve these goals, there are four critical areas of research that we believe need to be pursued in the future.

- 1 *Trade-offs in the phloem* – A central pursuit of physiological ecology is to understand the costs and benefits of different physiological strategies and determine how trade-offs impact plant performance. Unfortunately, many of the trade-offs that influence phloem structure and function are poorly understood. For example, a high level of symplastic continuity in the leaf is considered advantageous because it would minimize the need to actively transport secondary compounds and informational signals across membranes. However, as pointed out earlier, many species use active loading mechanisms (Turgeon 2010b). Is there a trade-off between fast growth strategies associated with active loading and efficient long-distance communication? Within a flower, there is variation in how symplastically connected individual organs are with the phloem (Werner *et al.* 2011). Are there costs and benefits of these differences? Research aimed at answering these questions and clarifying the relationship between phloem structure and function will help advance our understanding of different physiological strategies and thus provide a more robust framework for thinking about phloem evolution.
- 2 *Xylem–phloem coupling* – There is a large body of work linking plant hydraulics and xylem function to species distributions and investigating the ecological implications of xylem form and function (e.g. Hacke & Sperry 2001; Jacobsen *et al.* 2007; Preston *et al.* 2006). Less attention has been paid to phloem, but the structural and physiological connections that exist between these two tissues, some of which may be governed by critical trade-offs, suggest that it could be equally influential in defining plant–environment relationships. Interactions between the xylem and phloem are especially important in sink tissue (e.g. flowers and fruit) where high osmotic gradients can alter the water balance of these two tissues (e.g. backflow in the xylem). Further investigation focusing on the interaction between the two vascular systems is likely to yield novel insights into the integration of plant functional properties and their significance for plant ecology by providing a unique perspective on plant structure and function that is not found if the two systems are studied separately.
- 3 *Environmental plasticity* – Climate change and increasing levels of CO₂ appear to have a significant effect on the growth and survival of many species (Nemani *et al.* 2003), but little research has tried to investigate the impact of these

conditions on phloem transport or vascular architecture. Considering that phloem integrates changes that happen in both source and sink tissues, could changes in the phloem partially explain shifts in carbon allocation that are observed in CO₂ addition experiments? Do plants with different loading types exhibit altered responses to elevated CO₂? How do seasonal changes in the phloem impact plant phenology and broader sets of traits that impact species distributions? Research on these and related questions will allow us to better understand phloem plasticity and how it might impact plant carbon allocation and stress tolerance.

- 4 *Ecosystem scale significance of phloem transport* – Do physiological properties of phloem transport have importance at higher levels of organization, especially in relation to ecosystem-scale fluxes of carbohydrates and plant–soil interactions? Some authors (Kayler *et al.* 2010; Kuzyakov & Gavrichkova 2010) have proposed that phloem transport may be a bottleneck in the link between photosynthesis and belowground respiratory fluxes and that the observed ecosystem-scale relationships between photosynthesis and respiration are mediated by phloem-dependent traits. To what degree does the mass flux of sucrose in the phloem vary as a function of time of day, environmental conditions and seasonality? Can the changes in phloem physiology alter carbon supply and demand at the whole organismal scale? These questions have implications for understanding and predicting the controls not only of autotrophic plants but also of the heterotrophic organisms that depend on this flux.

The phloem serves as part of an integrative vascular network that allows plants, as modular organisms, to respond on a larger scale to their environment through processes that we are only beginning to understand (Knoblauch & Oparka 2012; Turgeon 2010a; van Bel 2003). One of the main challenges for physiologists going forward is to develop methods that will allow us to better characterize the phloem and facilitate the collection of data on a larger variety of species. Although this has been a major limiting factor in the field of phloem physiology in the past, there have been many promising advances in recent years (Cayla *et al.* 2015; Knoblauch *et al.* 2014; Mullendore *et al.* 2010; Savage *et al.* 2013; Windt 2007). With continued work in this area, we can open new opportunities to examine the evolution of phloem anatomy and consider phloem in a more rigorous ecological and evolutionary framework.

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