Disable Sleep on the Mac

How to

Summary:
In order to connect to a Mac computer from another Mac on the network, the other Mac should not be in sleep/hibernate mode.
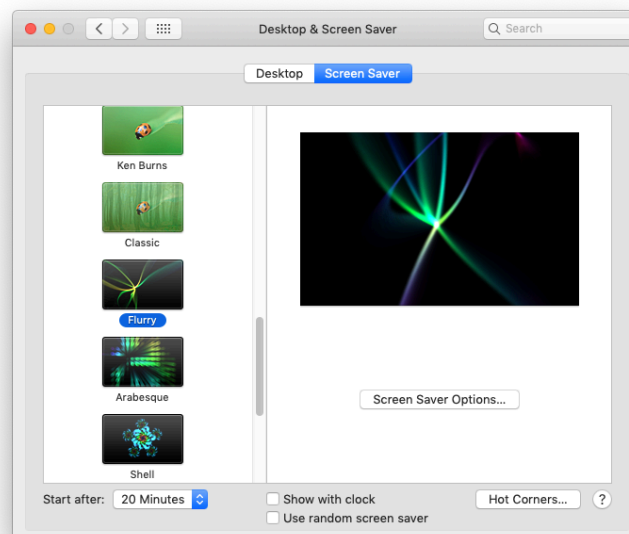Screen saver with password should be enabled if sleep is off.

Disable sleep:
1. Open "System Preferences" from the Apple Menu.
2. Click the "Energy Saver" preferences pane.
3. Move the "Turn display off after" to "Never".
4. Uncheck the "Put hard disks to sleep…" checkbox.

Enable Screen Saver:
1. Open "System Preferences" from the Apple Menu.
2. Click the "Desktop and Screen Saver" preferences pane.
3. Select the "Screen Saver" tab.
4. Select you favorite screen saver, and set up a time for the screen saver to start after.

Enable Screen Saver password:
1. Open "System Preferences" from the Apple Menu.
2. Click the "Security and Provacy" preferences pane.
3. Select the "General" tab.
4. Make sure the checkbox for "Require Password…" is checked.