



מכון ויצמן למדע

WEIZMANN INSTITUTE OF SCIENCE

Department of Neurobiology

Paz Lab

Neural Mechanisms of Learning

# Behavioral Neuroscience: Fear thou not

Rony Paz



# What is the NeuroPsychological approach?

- **Neuropsychology** is the basic scientific discipline that studies the structure and function of the brain related to specific psychological processes and overt behaviors.
- The use of *artificial* well-controlled tasks.
- Why?
  - Well-controlled
  - Pre-planned quantification
  - We observed something, now lets do it properly
  - Target Human behavior
  - Statistically rigorous (being hypothesis-driven)
- Examples:
  - Sensation and perception
  - Control of movement
  - Learning and memory
  - Decision making
  - Emotions
  - Attention

# Active and Passive approaches

- The active approach manipulates the brain and observes behavior.
  - Stimulation (electrical, optogenetics)
  - Lesions
  - Pharmacological intervention
  - Genetic manipulations
- The passive approach manipulates behavior and observes the brain.
  - Trained behaviors while measuring brain activity (electrophysiology, imaging 1P,2P,MRI)
  - Observing patients
  - Psychophysics / Behavioral experiments
- Correlation and Causation ?

# Reward vs. Punishment

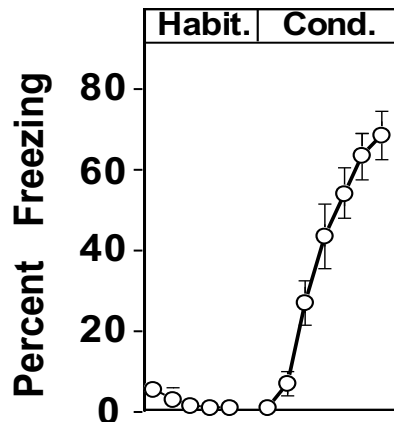
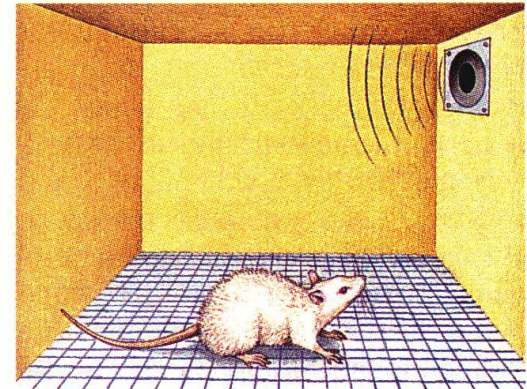
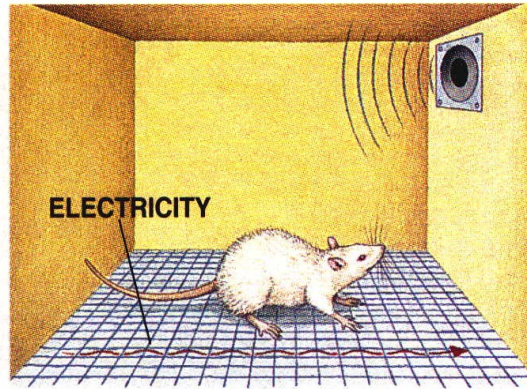
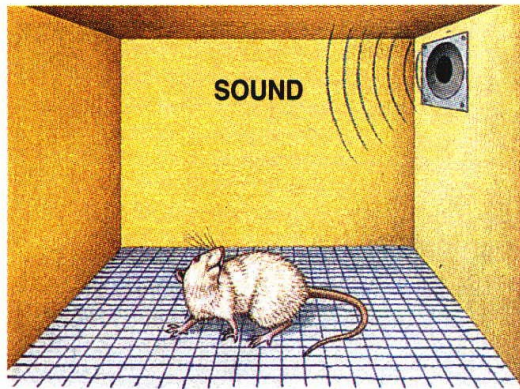
- What is a “reward”?
- Learning is best motivated by threats to survival?
- Threats are much better reinforcers?
- Fear is a prime motivator

	Decreases behavior	Increases behavior
Presented	Positive punishment	Positive reinforcer
Taken away	Negative punishment	Negative reinforcer

Taking drugs?

More fun,  
less withdrawal

# Classical fear conditioning



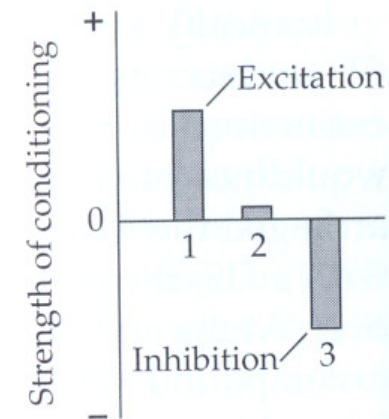
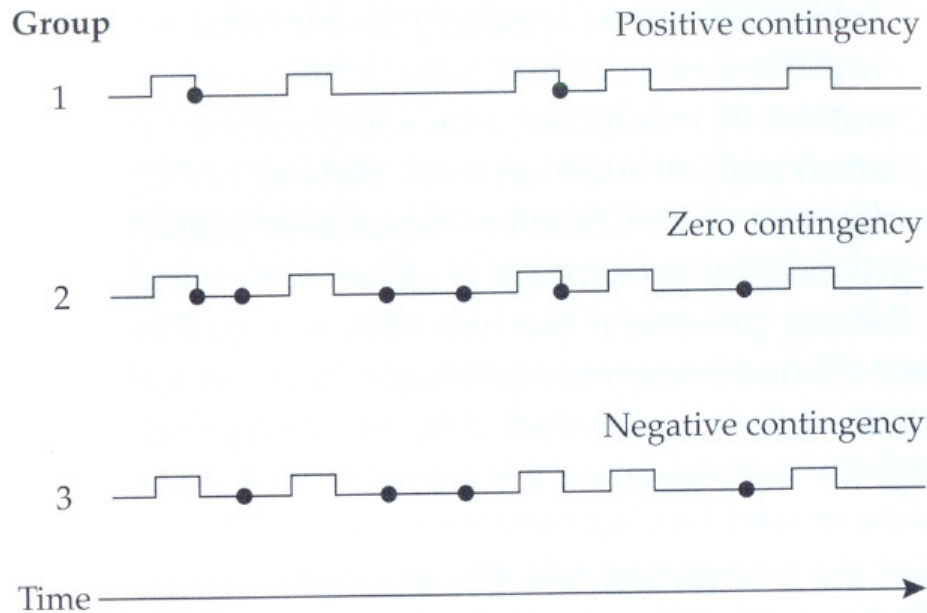
CS-US pairing

Tone = conditioned stimulus (CS)

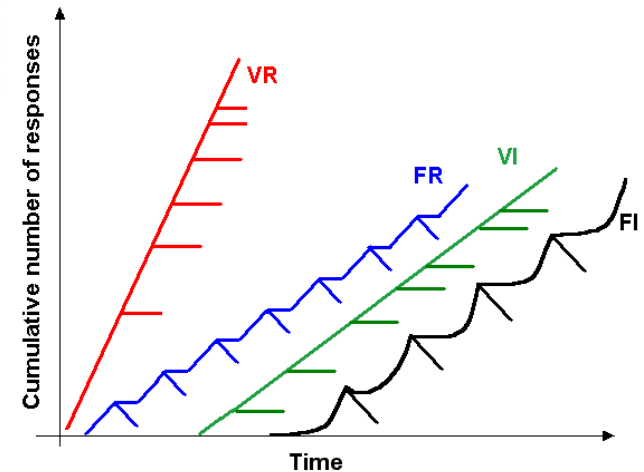
Foot-shock = unconditioned stimulus (US)

Freezing = conditioned response (CR-UR)

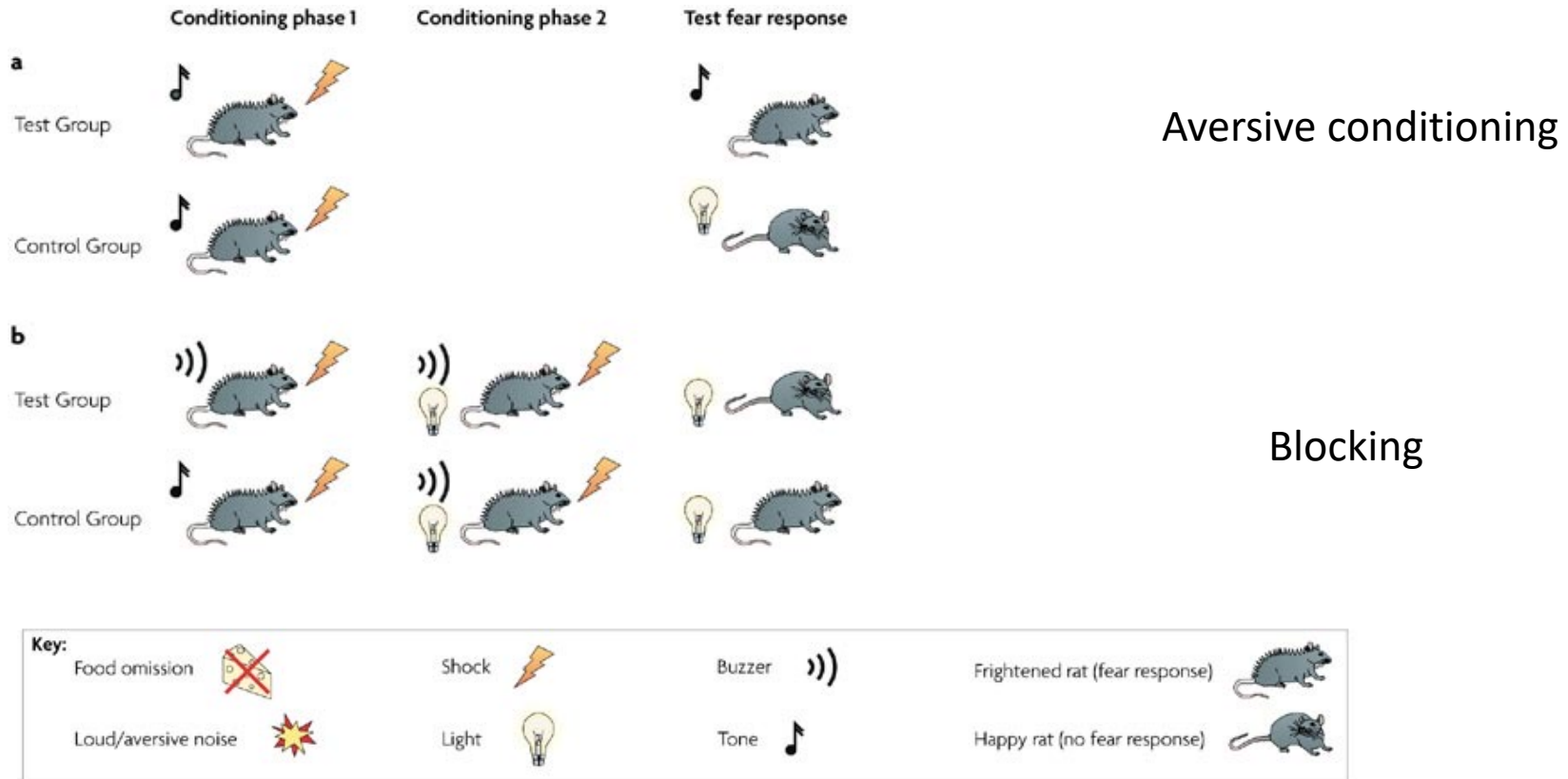
# Contingency: co-occurrence



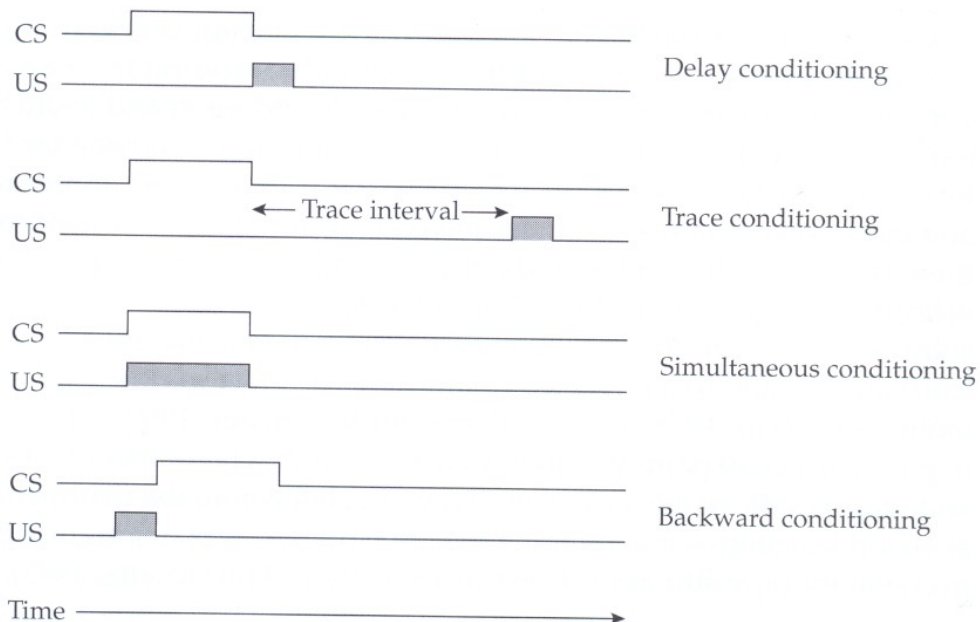
Schedules of reinforcement:  
Variable/fixed interval/ratio



# More than contingency: Surprise / added information



# Rules of thumb for conditioning strength



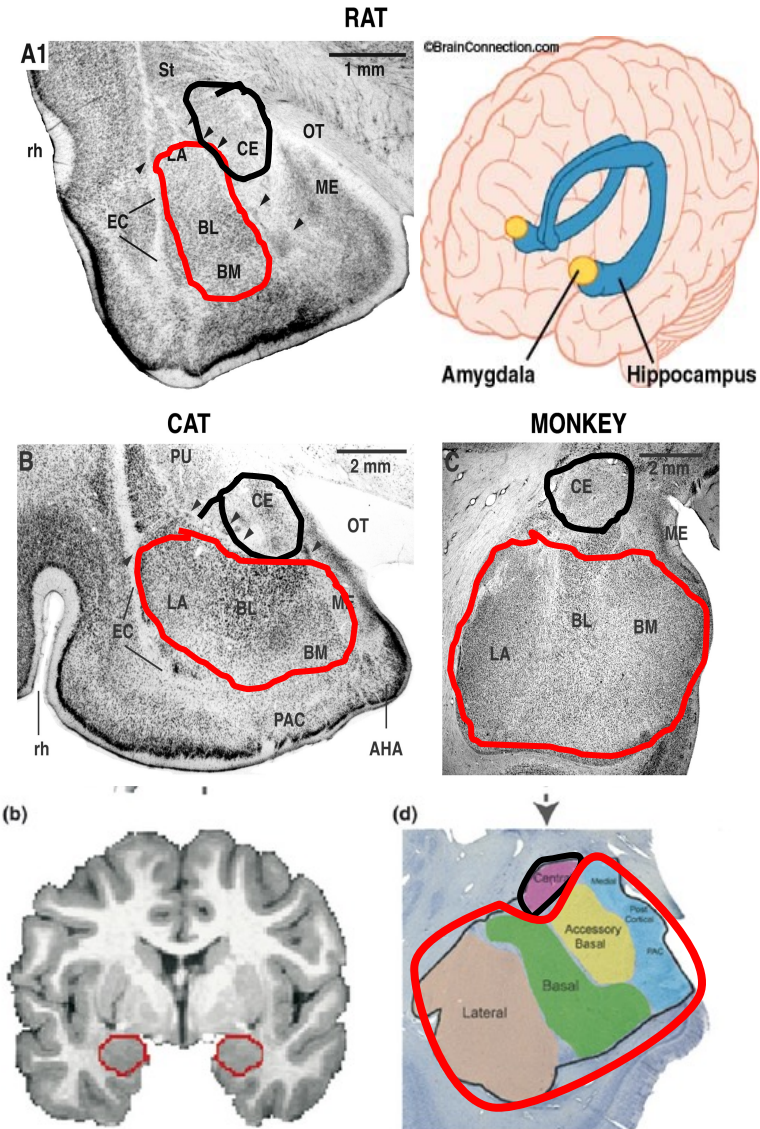
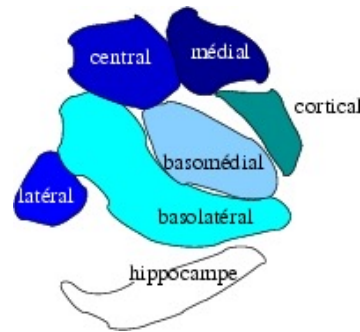
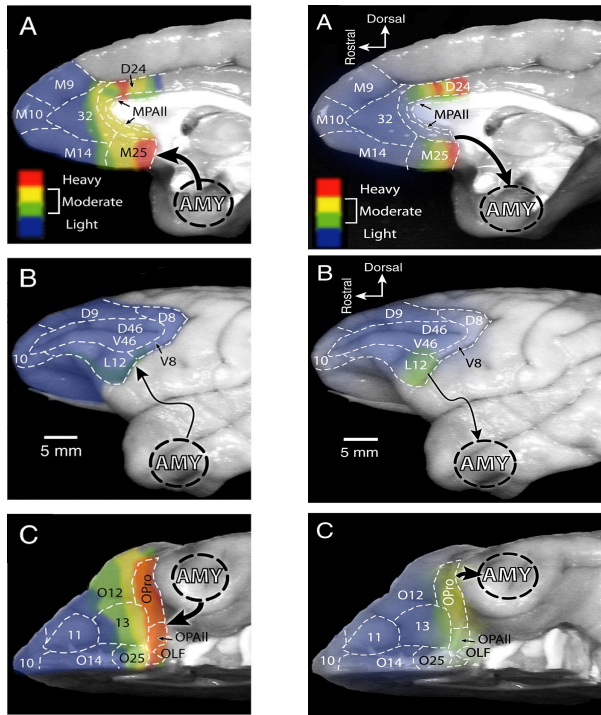
- Backward < simultaneous < trace < delay
- In trace: short interval > long interval
- In delay: short CS > long CS
- Salience of the CS
- Strength of the US
- Spaced trials is better than massed trials (the ratio between inter-trial-interval and the CS)

But notice it is hard to estimate backwards learning



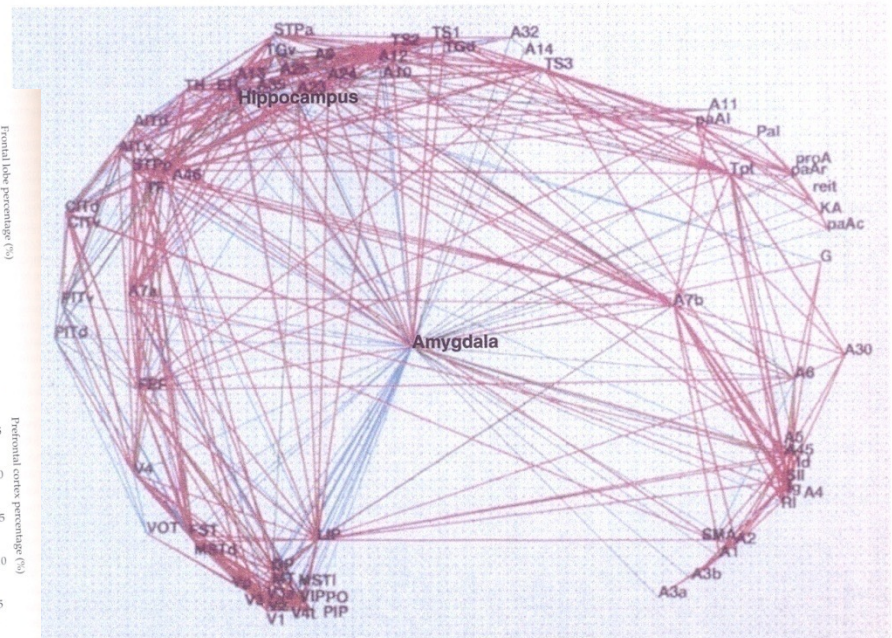
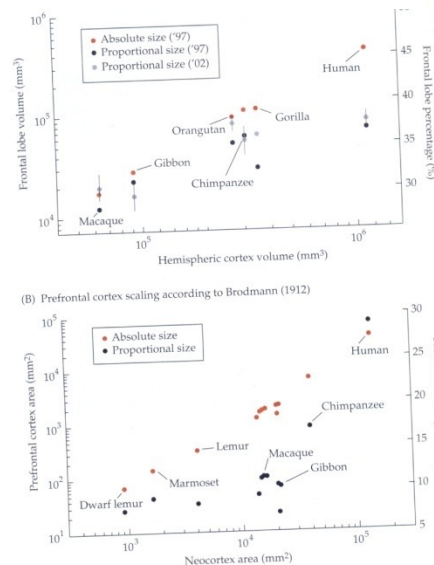
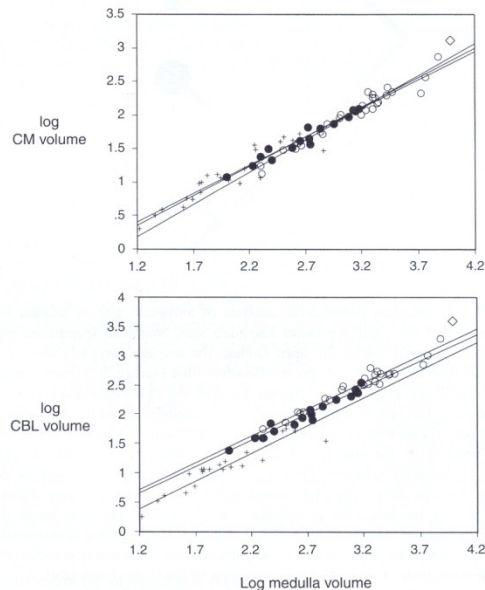
# Amygdala

- Evolved in primates
- Correlated with the prefrontal cortex (PFC)
- Amygdala-PFC is a tight 2-way 1-synapse network
- Emotional responses and emotional learning
- Show abnormal activity in most psychiatric conditions, mainly in anxiety and mood disorders



# Amygdala and its basolateral complex (BLA)

- BLA evolution parallels that of the prefrontal cortex
- BLA cell types are similar to the cortex
- Cortical projections are much more extensive in primates
- Most cortical projections of the amygdala originate from BLA (none from CEA)



# Humans and emotions





# EMOTIONS FACILITATE MEMORY

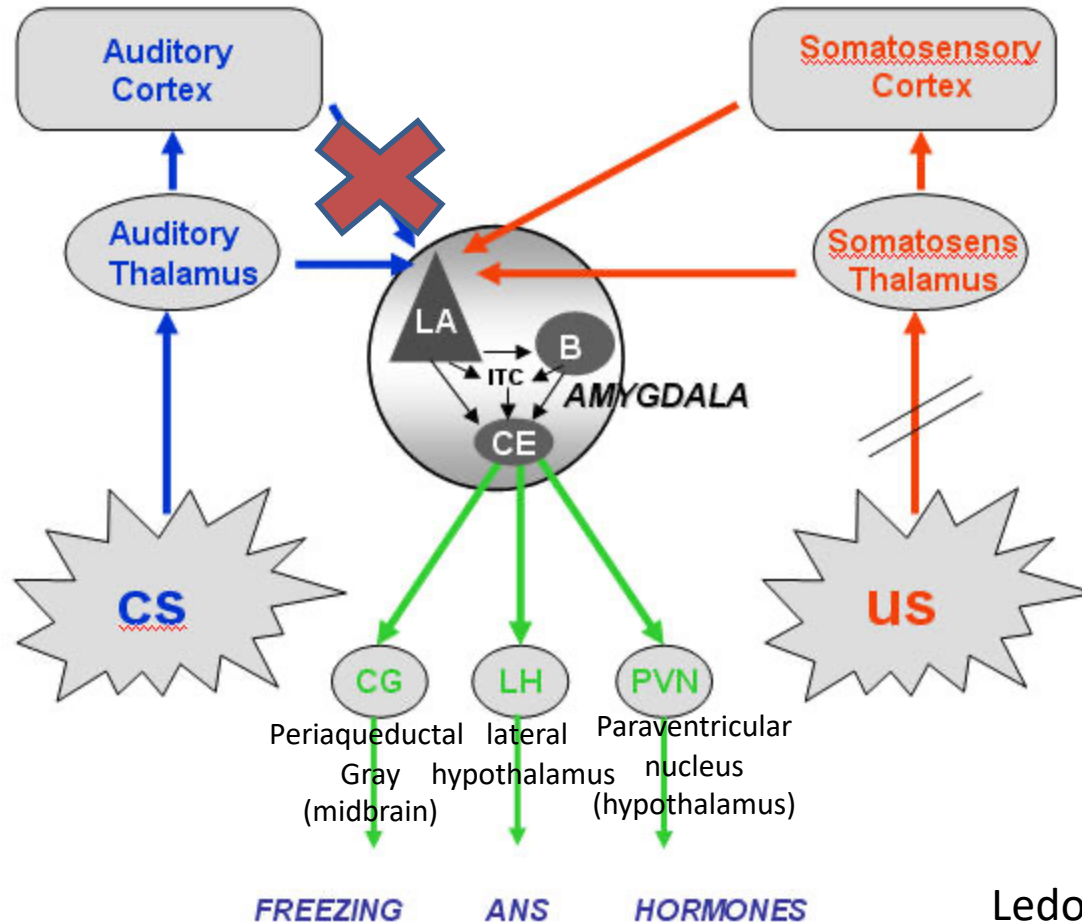
Emotionally arousing events are remembered more vividly.



# Fear circuit

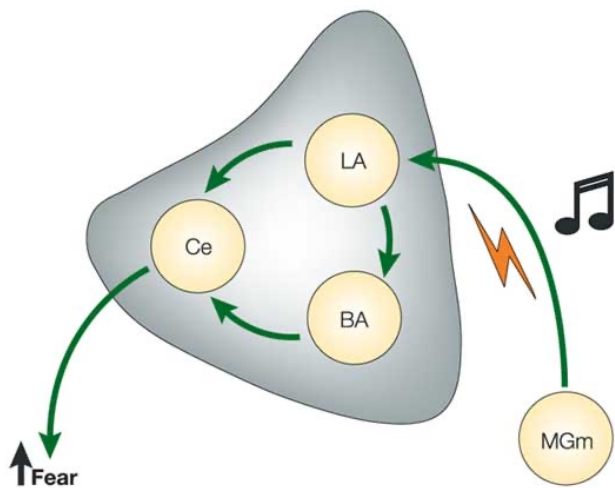
## CS Pathway

## US Pathway

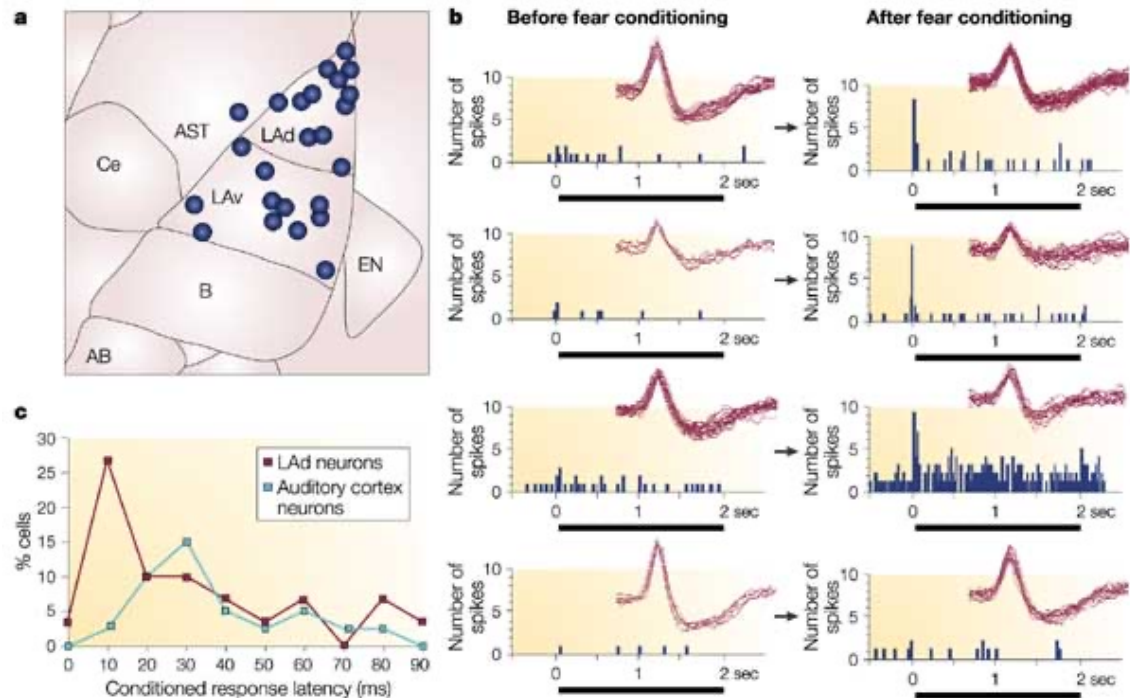


Ledoux, Mcgaugh, Davis

# Neurons acquire tone responses after conditioning



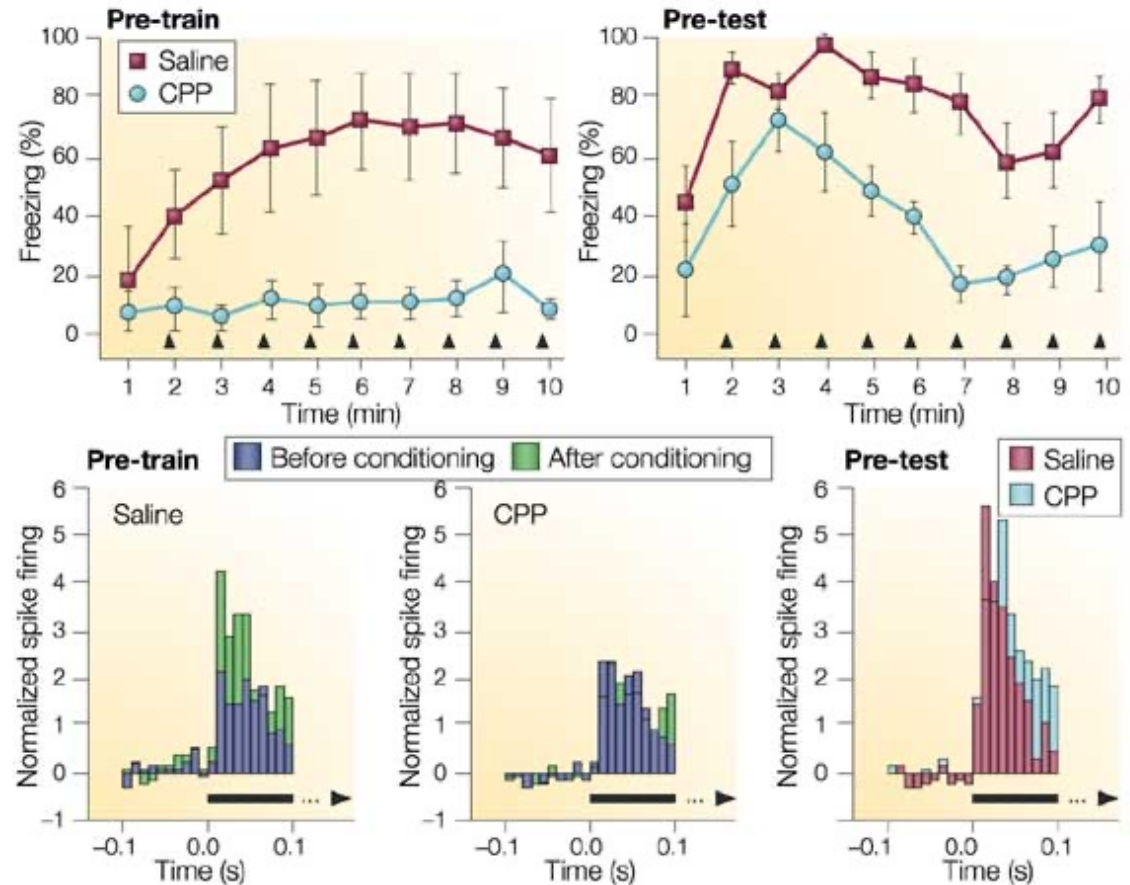
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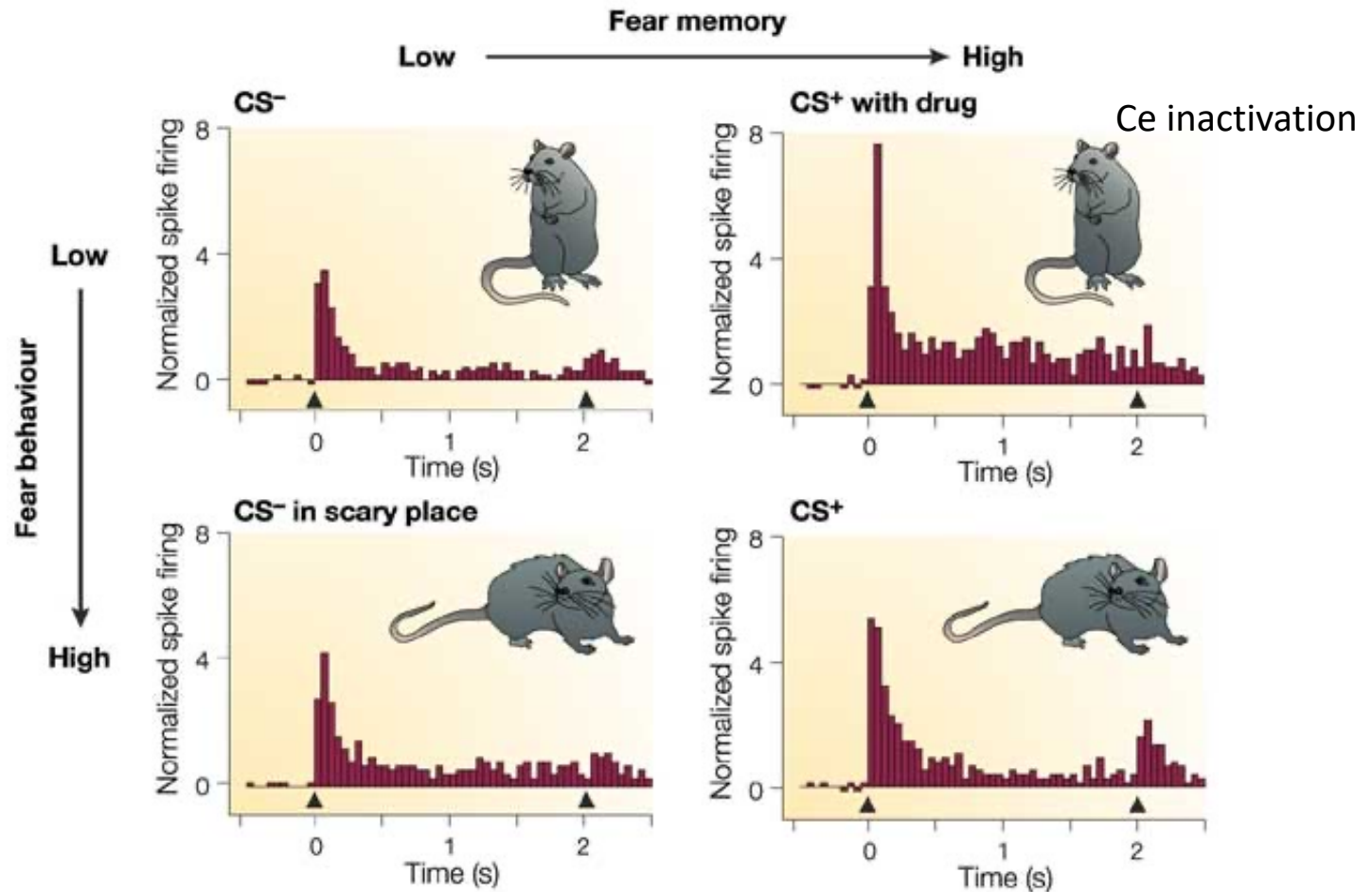
# LTP in the LA is required

NMDA (**N**-methyl-**D**-aspartate, glutamate receptor) is involved in both the acquisition of fear memory and the induction of long-term potentiation (LTP) in the amygdala.

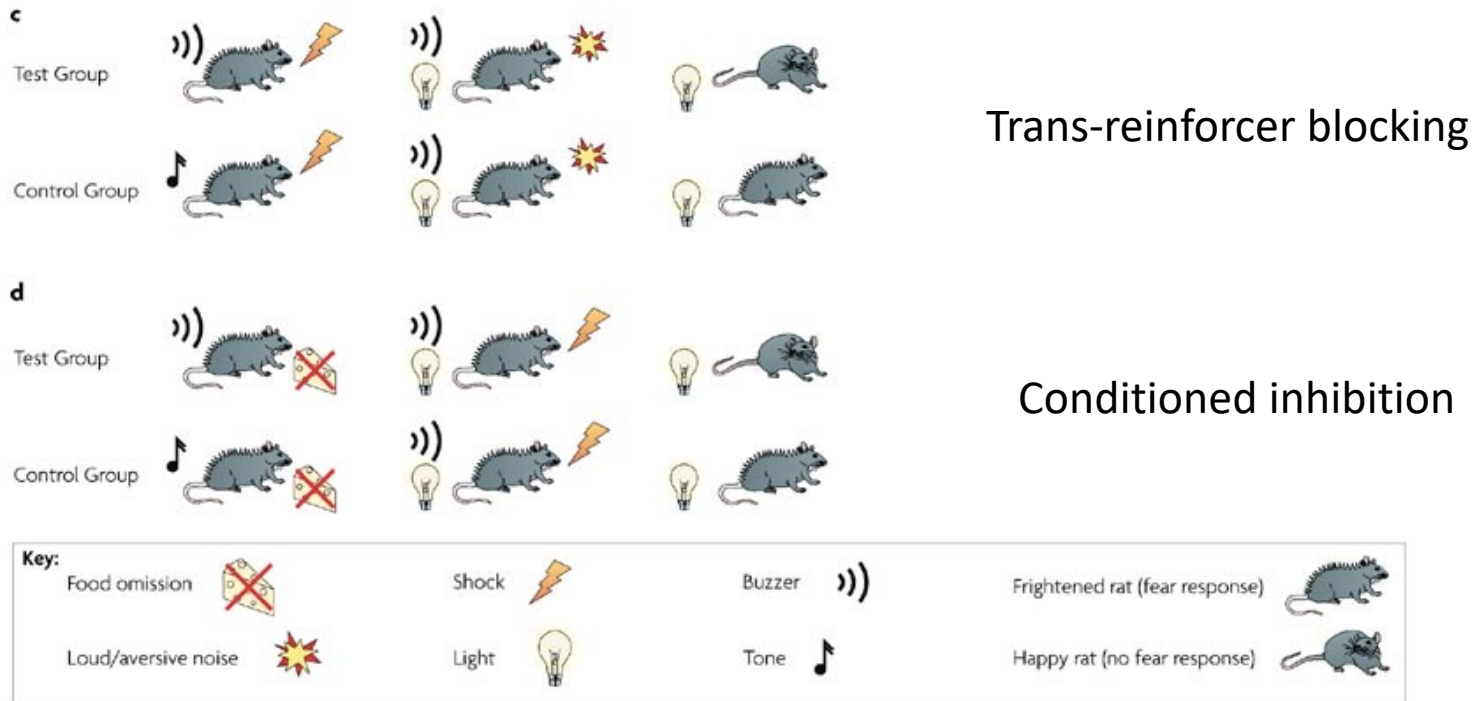


CPP (3-(2-carboxypiperazin-4-yl) propyl-1-phosphonic acid),  
a competitive NMDA-receptor antagonist

# LA encodes memory independent of fear behavior



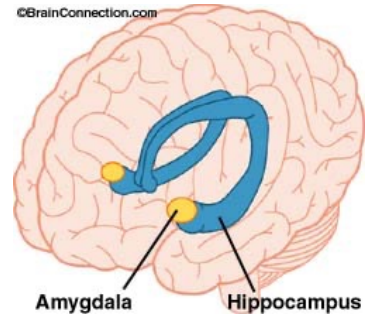




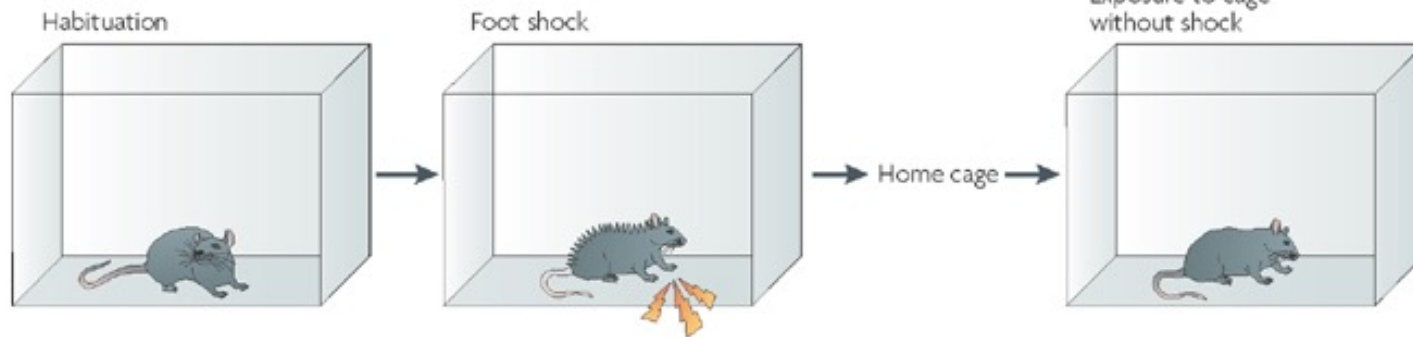
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# Suggests common brain mechanisms

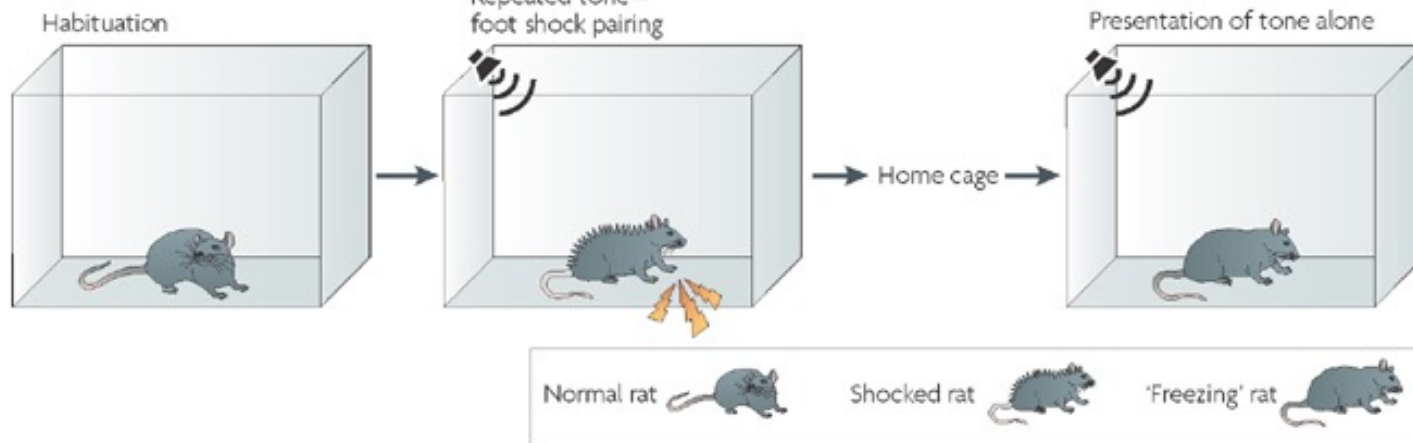
# Contextual fear



## a Contextual fear conditioning

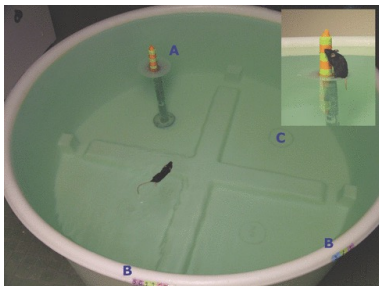
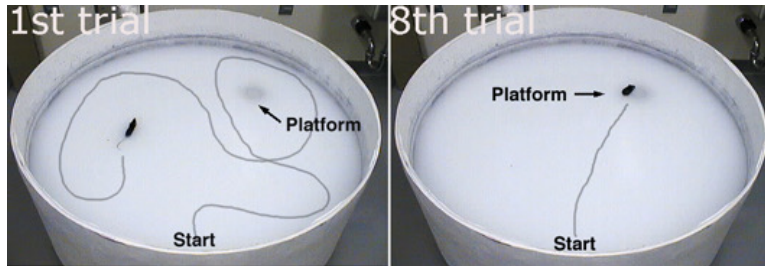


## b Acoustic-cued fear conditioning



# Amygdala modulation of memory

- Hippocampal dependent learning: spatial
- Striatum dependent-learning: cue-related



Neurobiology: Packard *et al.*

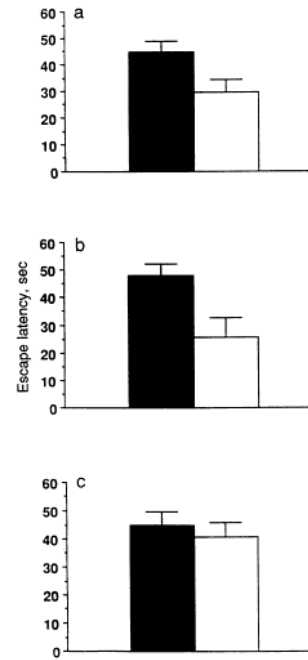


FIG. 1. Mean ( $\pm$ SE) escape latencies of *d*-amphetamine (10  $\mu$ g) (□) and saline-treated (●) rats on the retention test trial in the spatial task. (a) Hippocampal injections. (b) Amygdala injections. (c) Caudate nucleus injections.

posttraining intracaudate and intrahippocampal injections of *d*-amphetamine on retention of cued and spatial learning in

Proc. Natl. Acad. Sci. USA 91 (1994) 8479

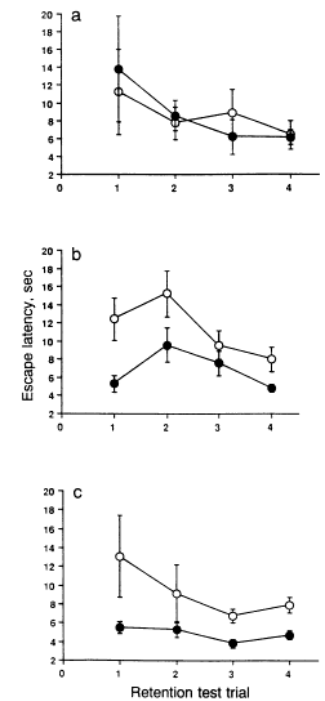


FIG. 2. Mean ( $\pm$ SE) escape latencies of *d*-amphetamine (10  $\mu$ g) (□) and saline-treated (●) rats on the retention test trial in the cued task. (a) Hippocampal injections. (b) Amygdala injections. (c) Caudate nucleus injections.

Injection of *d*-amphetamine into the Amygdala affects both if right after training, but not if pre-testing

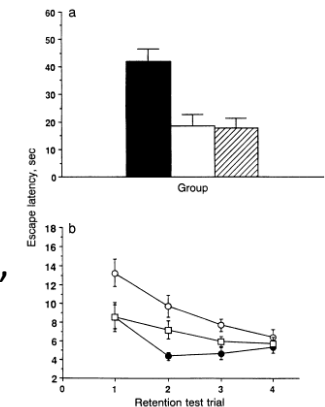


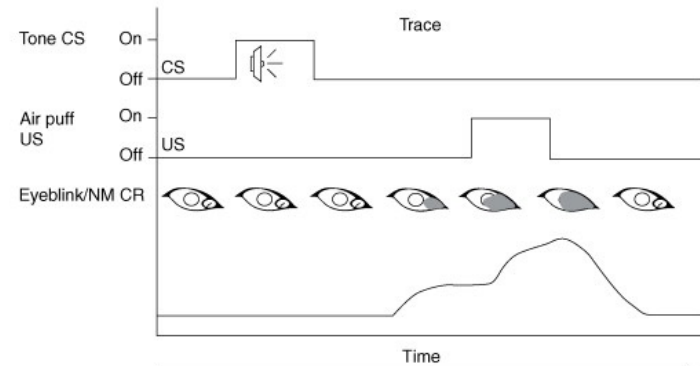
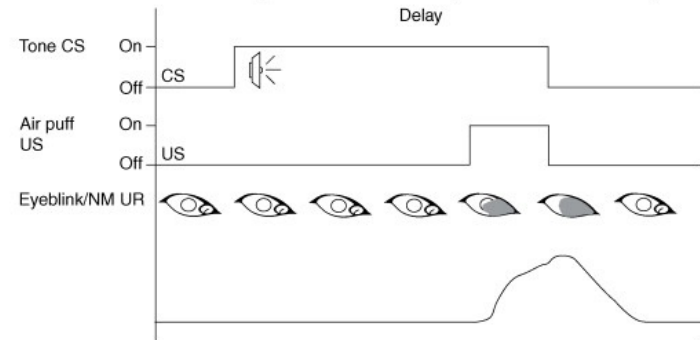
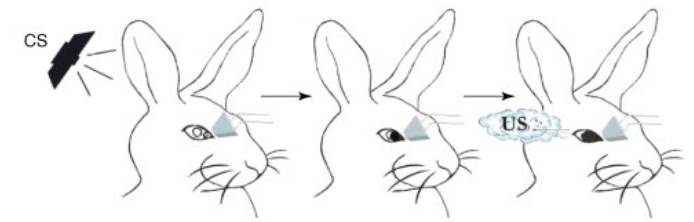
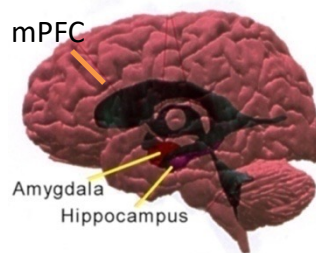
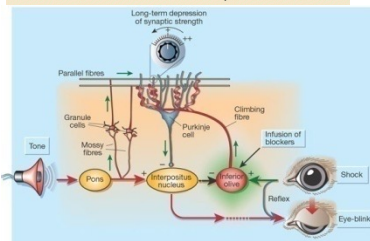
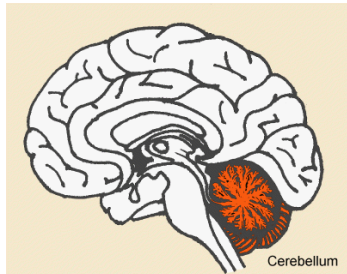
FIG. 3. Mean ( $\pm$ SE) escape latencies of rats receiving intra-amygdala posttraining *d*-amphetamine or saline and rats receiving pretraining test lidocaine or saline on the retention test trial(s) in the spatial task (a) and cued task (b). Posttraining/pretraining: (a) and (b), saline/saline; (a) and (b), *d*-amphetamine/saline; (a) and (b), *d*-amphetamine/lidocaine.

Packard, Mcgaugh

So, does it encode the memory or just modulates it?

- It depends.

# Eyelid (blink) reflex conditioning

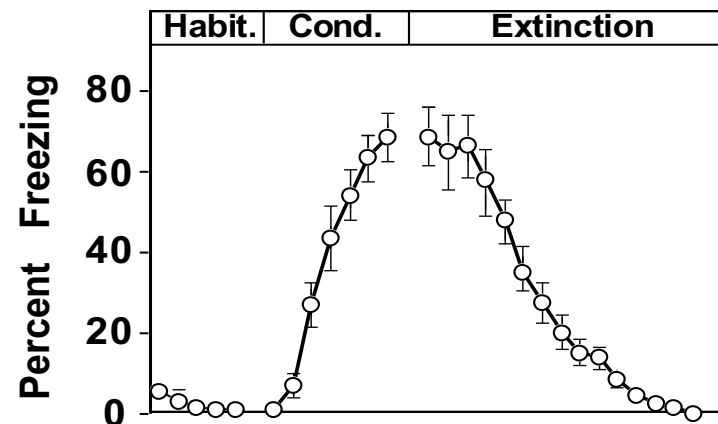
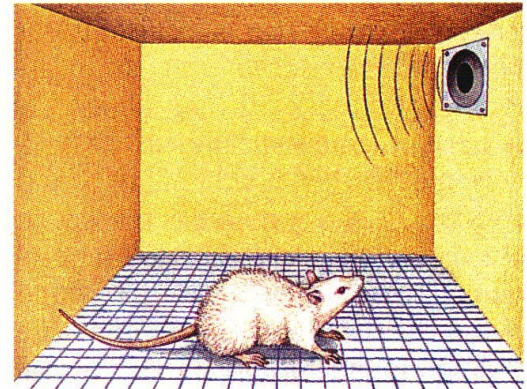
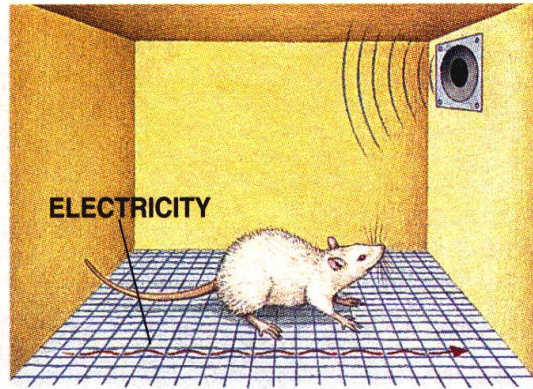
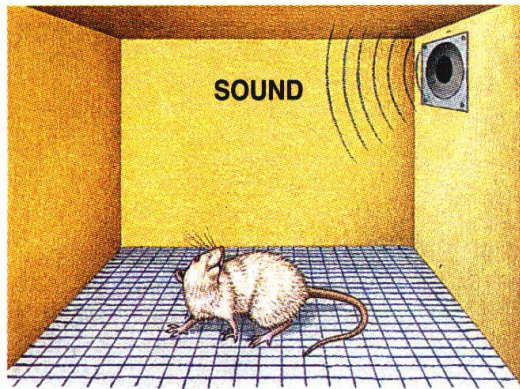


TRENDS in Neurosciences

- Why is trace hippocampal-dependent?
- Maintaining the CS? Timing the trace? Harder?
- Eyelid requires ~0.3sec, and hippocampus is required when 0.5-1sec.
- In tone-shock, trace can be 3sec, and hippocampus is required for ~20sec
- This suggest context-conditioning

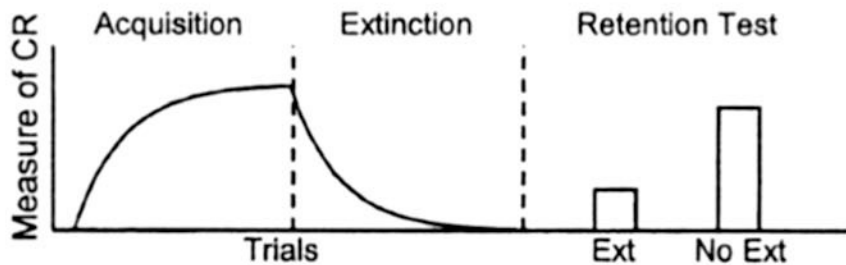


# Extinction of fear-conditioning

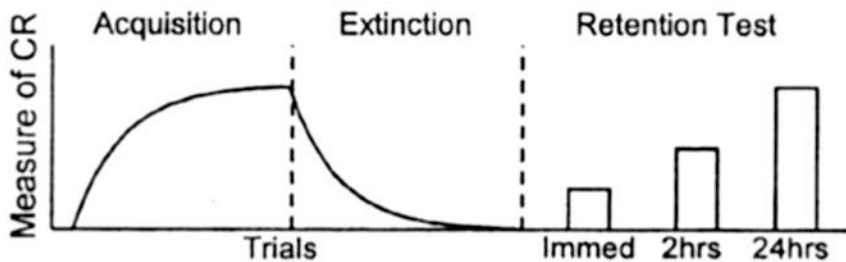


# Extinction: a new learning

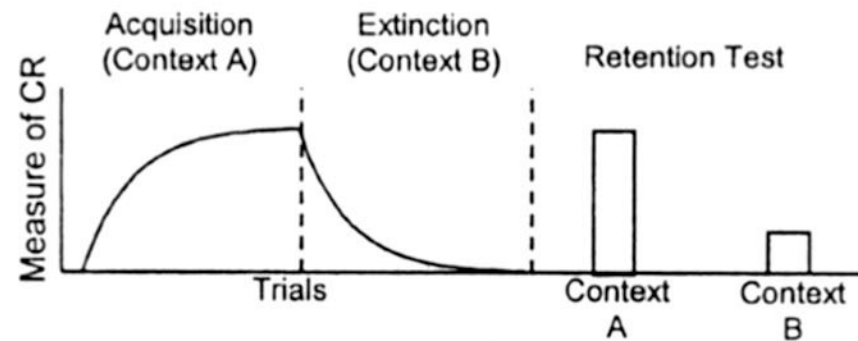
## A Extinction is not the same as forgetting



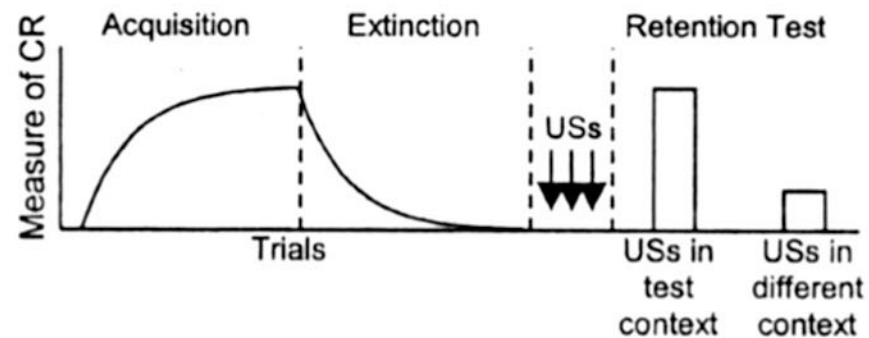
## B Spontaneous recovery



## C Renewal



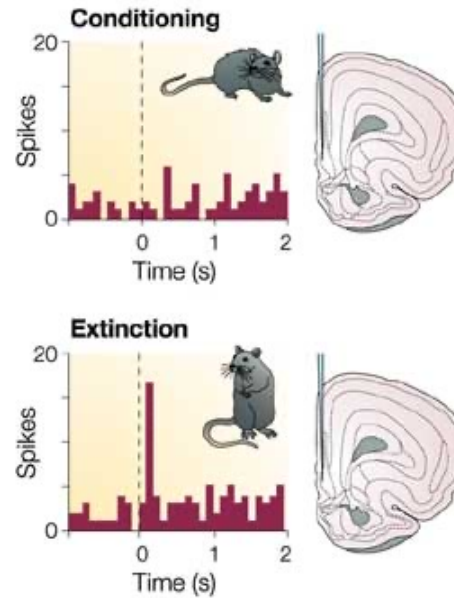
## D Reinstatement



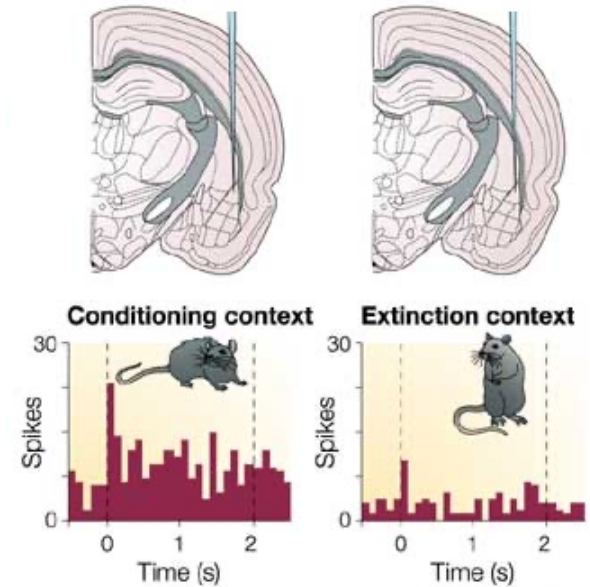
Faster re-learning

# Extinction: brain mechanisms

**a Prefrontal cortex (safety memory)**

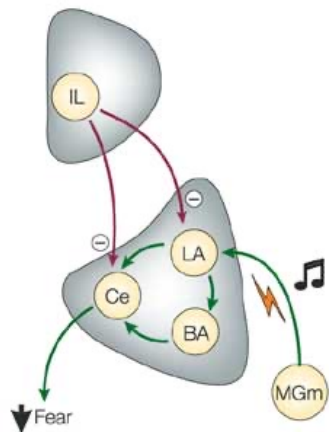


**b Lateral amygdala (fear memory)**

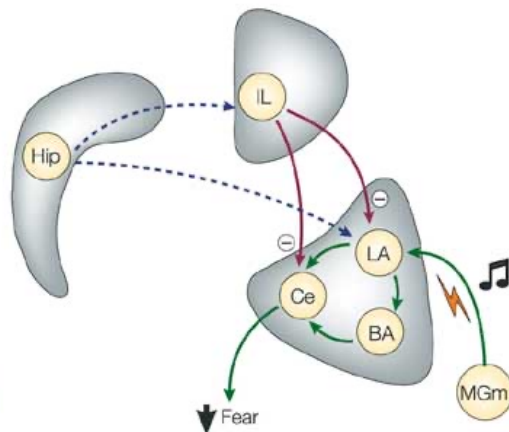


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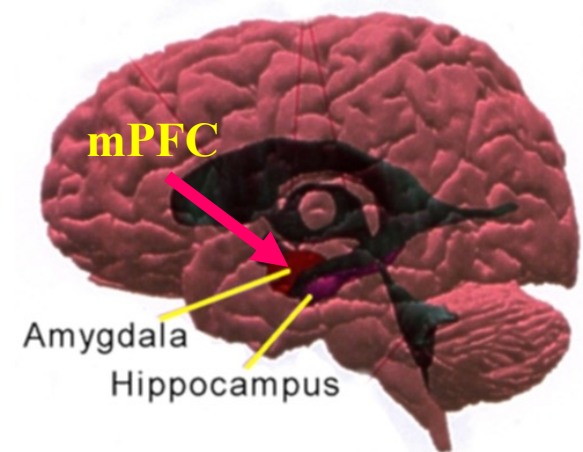
**a Expression of extinction**



**b Modulation of extinction**



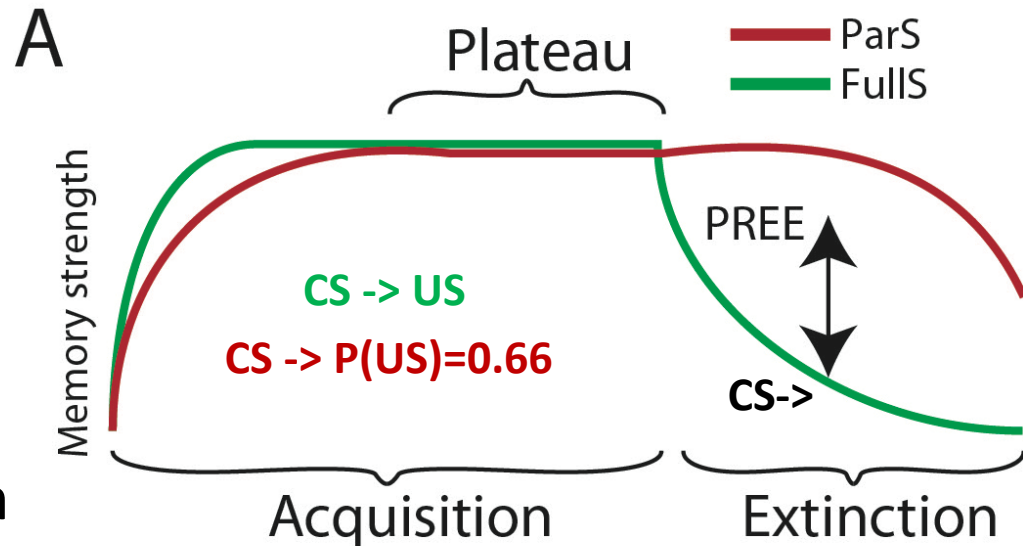
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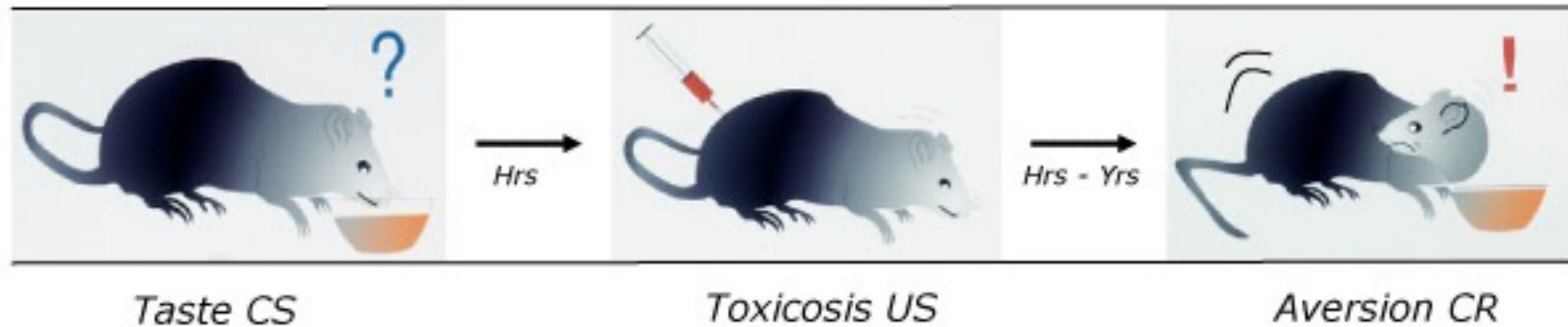
# Partial reinforcement extinction effect

- Partial reinforcement
  - Fixed/variable ratio
  - Fixed/variable schedule
- Results in longer extinction

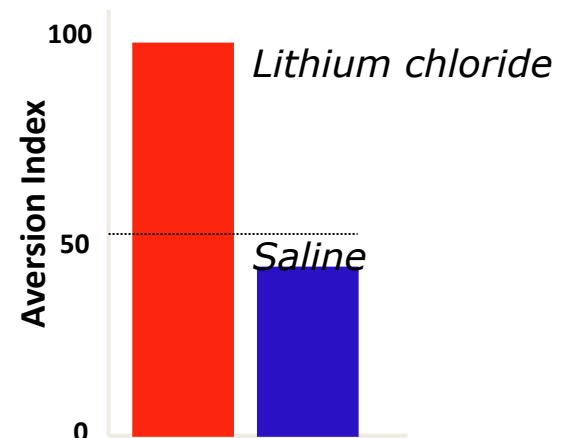


- Frustration theory (Amsel): The omission of the US induces frustration. Therefore, during extinction, the frustration predicts the US.
- Sequential theory (Capaldi): conditioning to strings of NNNRNNNR

# Conditioned Taste Aversion



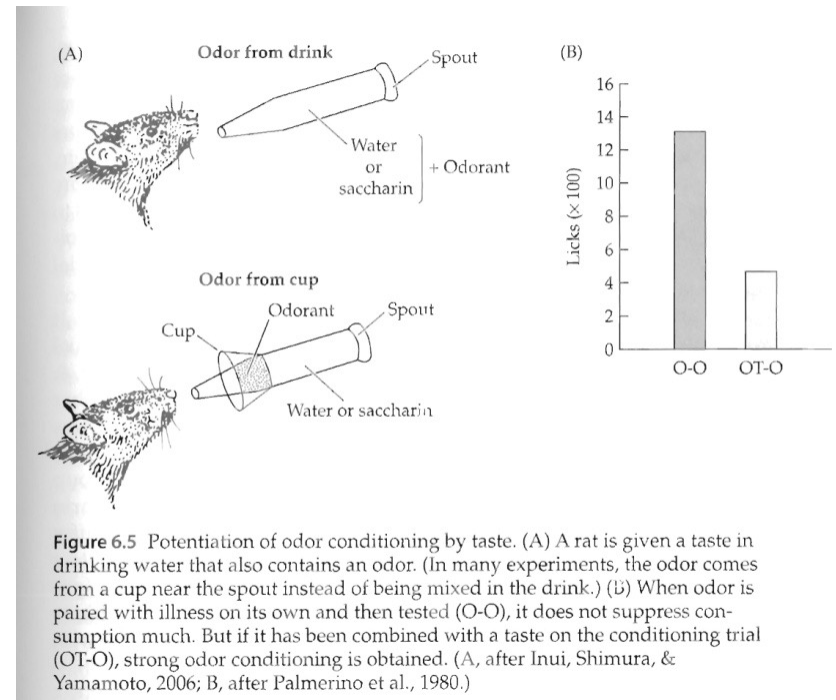
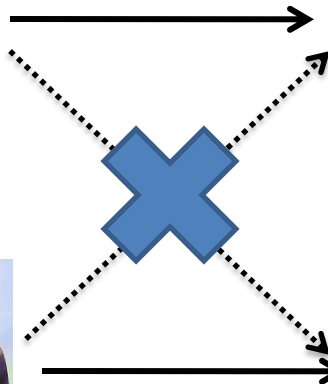
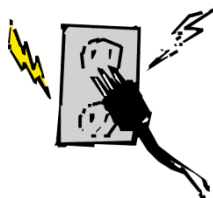
- One-trial learning
- Long-delay learning (few hours)
  - A [lack of] interference effect?
  - Still a problem for neuroscientists



# CTA

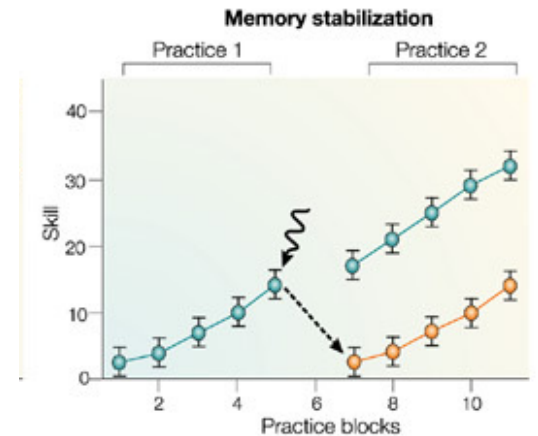
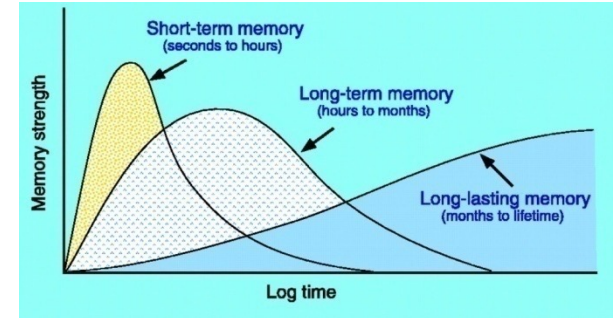
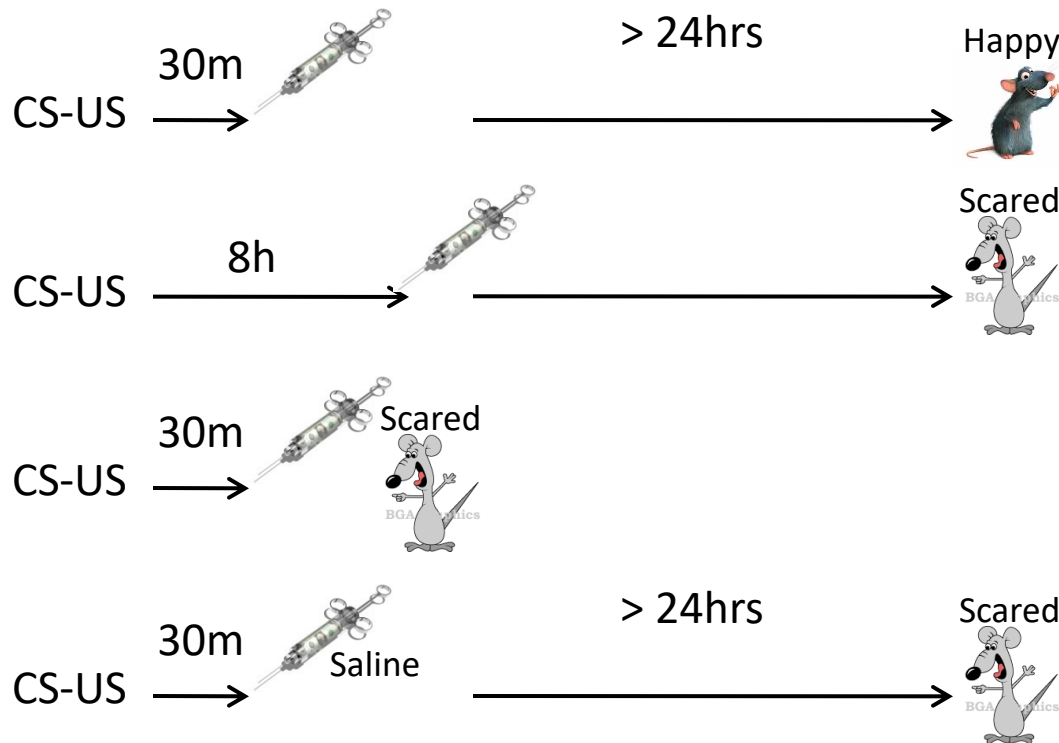
- Compound potentiation: odor + taste increase response to odor

- Preparedness:

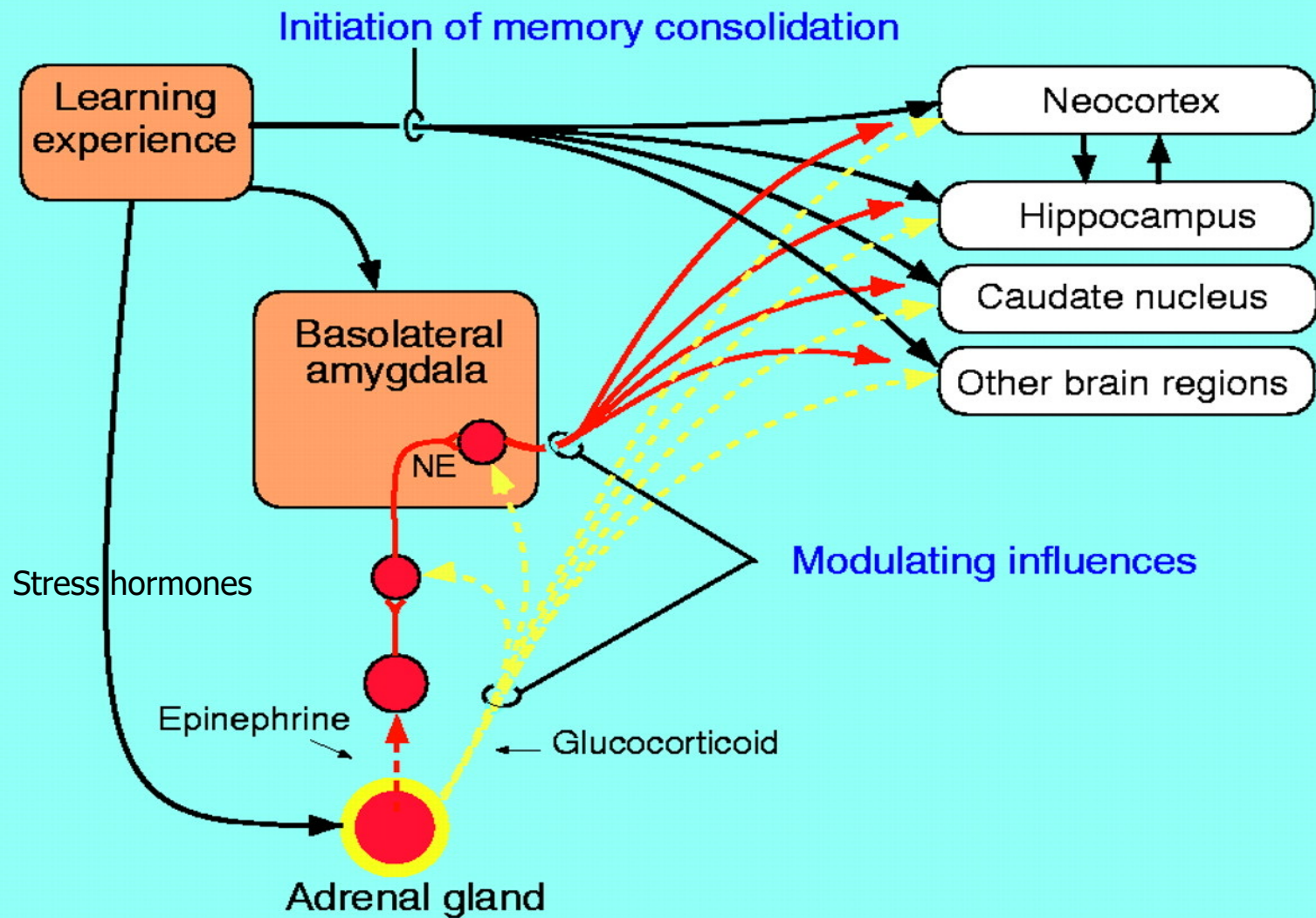


# Consolidation

- Anisomycin, a protein synthesis inhibitor, into the Basolateral complex of the amygdala (BLA)
  - No effect on short-term-memory
  - No effect after XX time (rule of thumb is 6hrs)
  - But harms long-term memory below that.

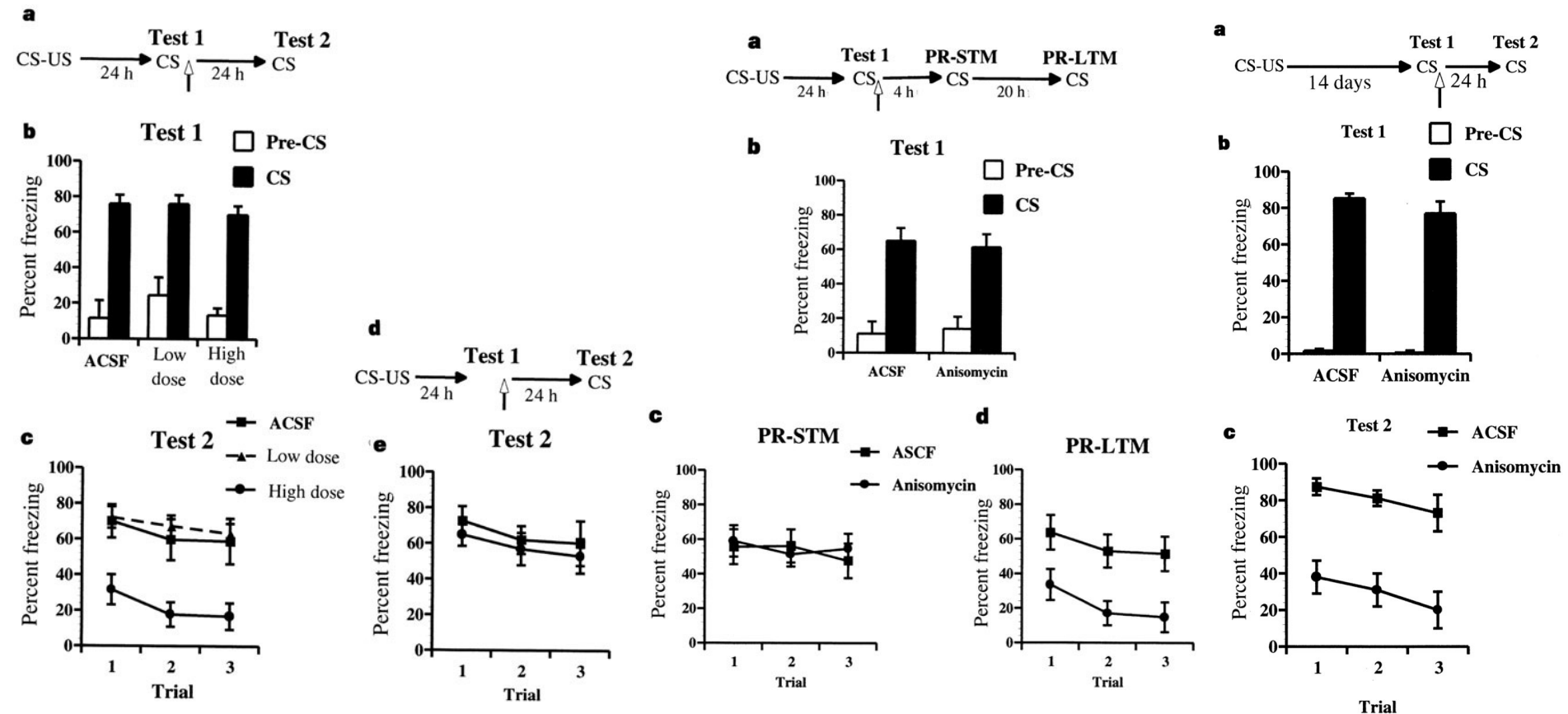


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# Reconsolidation

No effect on STM





# An updated view of memories

(a)



## Short-term memory (STM)

- Lasts for seconds to hours
- 'Labile' (sensitive to disruption)
- Does not require new RNA or protein synthesis

## Long-term memory (LTM)

- Lasts for days to weeks
- Consolidated (insensitive to disruption)
- Does require new RNA or protein synthesis

(b)



## Active state (AS)

- Lasts for seconds to hours
  - 'Labile' (sensitive to disruption)
- (Does not require new RNA or protein synthesis)

## Inactive state (IS)

- Lasts for days to weeks
  - Inactive (insensitive to disruption)
- (Does require new RNA or protein synthesis)

