# The Hilbert Schmidt version of the commutator theorem for zero trace matrices

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#### Abstract

Let A be a  $m \times m$  complex matrix with zero trace. Then there are  $m \times m$  matrices B and C such that A = [B, C] and  $\|B\| \|C\|_2 \le (\log m + O(1))^{1/2} \|A\|_2$  where  $\|D\|$  is the norm of D as an operator on  $\ell_2^m$  and  $\|D\|_2$  is the Hilbert–Schmidt norm of D. Moreover, the matrix B can be taken to be normal. Conversely there is a zero trace  $m \times m$  matrix A such that whenever A = [B, C],  $\|B\| \|C\|_2 \ge |\log m - O(1)|^{1/2} \|A\|_2$  for some absolute constant c > 0.

# 1 Introduction

As is well known (or see e.g. [Fi]) a complex  $m \times m$  matrix A is a commutator (i.e., there are matrices B and C of the same dimensions as A such that A = [B, C] = BC - CB) if and only if A has zero trace. Let  $\|\mathbb{E}\|$  denote the operator norm of an  $m \times m$  matrix (as a map  $E : \ell_2^m \to \ell_2^m$ ) and let  $|\cdot|$  be any other norm on the space of  $m \times m$  matrices satisfying  $|EF| \leq \|E\||F|$  and  $|FE| \leq \|E\||F|$  for all  $m \times m$  matrices. In such a situation clearly if A = [B, C] then  $|A| \leq 2\|B\||C|$ .

We are interested in the reverse inequality: If A has zero trace are there  $m \times m$  matrices B and C such that A = [B, C] and  $||B|||C| \leq K||A||$  for

AMS subject classification: 47B47, 15A60. Key words: commutators, zero trace, Hilbert Schmidt norm of matrices

<sup>†</sup>Supprted in part by NSERC, the Isaac Newton Institute and Simons Foundation.

<sup>&</sup>lt;sup>‡</sup>Supported in part by the Israel Science Foundation.

some absolute constant K? If not what is the behavior of the best K as a function on m?

In [JOS] this question was dealt with for  $|\cdot|$  being the operator norm  $||\cdot||$ . An upper bound on K which is smaller than any power of m was given.

Here we deal with  $|\cdot|$  being the Hilbert–Schmidt norm which we denote  $||\cdot||_2$ . We give matching upper and lower bounds (up to a constant factor).

**Theorem 1.** Let A be an  $m \times m$  matrix with zero trace, then there are  $m \times m$  matrices B and C such that A = [B, C] and  $\|B\| \|C\|_2 \le (c + \log m)^{1/2} \|A\|_2$ . Moreover, the matrix B can be taken to be normal. Conversely, for each m there is a zero trace  $m \times m$  matrix A such that for any  $m \times m$  matrices B, C with  $A = [B, C], \|B\| \|C\|_2 \ge \frac{1}{2} (c' + \log m)^{1/2} \|A\|_2$ , where c, c' are some universal constants.

The proof of the upper bound which is done by quite a simple random choice is given in Section 2. The lower bound is a bit more involved and is based on an idea from [DFWW] and in particular on a variation on a lemma of Brown [Br] . The proof is given in Section 3.

## 2 The upper bound

Since both norms  $\|\cdot\|$  and  $\|\cdot\|_2$  are unitarily invariant and since any zero trace matrix is unitarily equivalent to a matrix with zero diagonal, we may and shall assume that A has zero diagonal. In that case we shall find a diagonal matrix  $B = \Delta(b_1, b_2, \ldots, b_m)$  with the desired property. Note that translating back and assuming A has merely zero trace, the resulting B is normal, being unitarily equivalent to a diagonal matrix.

Let m > 1. If A = [B, C] with A with zero diagonal and  $B = \Delta(b_1, b_2, \ldots, b_m)$  with all its diagonal entries distinct, then necessarily  $c_{i,j} = \frac{a_{i,j}}{b_i - b_j}$  for  $i \neq j$ .

Let  $G \subset \mathbb{Z} + \mathbb{Z}i$  be the points with m smallest absolute values, so that  $\max_{z \in G} \{|z|\} \leq 1 + \sqrt{m/\pi}$ . Let  $\{b_i\}_{i=1}^m$  be a uniformly random permutation of these m points, so that necessarily  $||B|| \leq 1 + \sqrt{m/\pi}$ . We now evaluate the expectation of the resulting  $||C||_2^2$ .

$$\mathbb{E}\|C\|_{2}^{2} = \mathbb{E}\sum_{i\neq j} \frac{|a_{i,j}|^{2}}{|b_{i} - b_{j}|^{2}} = \sum_{i\neq j} |a_{i,j}|^{2} \mathbb{E}\frac{1}{|b_{i} - b_{j}|^{2}} = \|A\|_{2}^{2} \mathbb{E}\frac{1}{|b_{1} - b_{2}|^{2}}.$$
 (1)

To evaluate  $\mathbb{E}_{\frac{1}{|b_1-b_2|^2}}$  fix  $b_1 \in G$ . The expectation conditioned on  $b_1$  is

$$\frac{1}{m-1} \sum_{\substack{b_2 \in G \\ b_2 \neq b_1}} \frac{1}{|b_1 - b_2|^2} \le \frac{1}{m-1} \left[ a_0 + \iint_{1 \le |z - b_1| \le 2\sqrt{m/\pi}} \frac{|dz|^2}{|z - b_1|^2} \right] \\
\le \frac{a_1 + \pi \log m}{m}$$

for some absolute constants  $a_0, a_1$ .

Plugging this into (1) we get that  $\mathbb{E}\|C\|_2^2 \leq \frac{a_1 + \pi \log m}{m} \|A\|_2^2$  and thus there is a realization of the  $b_i$ -s which gives  $\|B\| \|C\|_2 \leq \sqrt{c + \log m} \|A\|_2$ , for some absolute constant c, as desired.

**Remark.** One can clearly replace the m points of G by another set of points in the same disc about zero. Sets minimizing such an energy function are a well studied subject. However, no significant improvement can be gained by replacing G with another set, and in particular our choice of G achieves the optimal leading term  $\pi m \log m$ . See for example [HS] in which tight bounds are given for a related quantity on the two dimensional sphere.

#### 3 The lower bound

We begin with a Lemma which is a variation on a lemma of Brown [Br]

**Lemma 1.** Assume S, T are  $m \times m$  matrices,  $m \leq \infty$ , and M is a finite dimensional subspace of  $\ell_2^m$  (where  $\ell_2^\infty = \ell_2$ ) such that for some  $\lambda \in \mathbb{C}$  ( $[S,T] + \lambda I$ )( $\ell_2^m$ )  $\subseteq M$ . Then there are orthogonal subspaces  $H_n \subseteq \ell_2^m$ ,  $n = 0, 1, \ldots$ , with  $H_0 = M$ , dim $H_n \leq (n+1)$ dimM,  $n = 1, 2, \ldots$ , and  $P_i S P_j = P_i T P_j = 0$  for all i > j+1,  $j = 0, 1, \ldots$  Here  $P_l$  is the orthogonal projection onto  $H_l$ . Moreover,  $\sum_{n=0}^\infty \oplus H_n$  is invariant under S and T.

*Proof.* Let  $V_0 = H_0 = M$  and for  $n \ge 1$  let  $V_n$  be the linear span of  $\{S^kT^lM; k+l \le n\}$ . For  $n \ge 1$  put  $H_n = V_n \ominus V_{n-1}$ . Clearly, dim $H_n \le (n+1)$ dimM and  $\sum_{n=0}^{\infty} \oplus H_n$  is invariant under S and T. To show that  $P_iSP_j = P_iTP_j = 0$  for all i > j+1 it is enough to show that  $TV_n \subseteq V_{n+1}$  and  $SV_n \subseteq V_{n+1}$  for all n.

The second containment is obvious. To prove the first it is enough to show that for all  $k \geq 1$  and  $k + l \leq n$ ,  $TS^kT^lM \subseteq V_{n+1}$ . Now,

$$TS^{k}T^{l} = S^{k}T^{l+1} + \sum_{i < k} S^{i}[T, S]S^{k-i-1}T^{l}$$
$$= S^{k}T^{l+1} - k\lambda S^{k-1}T^{l} + \sum_{i < k} S^{i}([T, S] + \lambda I)S^{k-i-1}T^{l}.$$

Now, the first term here has range in  $V_{n+1}$  and the second in  $V_{n-1} \subseteq V_{n+1}$ . Since  $[T, S] + \lambda I$  has range in M the ith term in the last sum has range in  $S^iM \subseteq V_i \subseteq V_{n+1}$ , and the proof is complete.

Let P be the rank one orthogonal projection onto the first coordinate in  $\ell_2^m$ ,  $m < \infty$ , given by the matrix

$$P = \begin{pmatrix} 1 & 0 & \dots & 0 \\ 0 & 0 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & 0 \end{pmatrix}$$

and let  $A = P - \frac{1}{m}I$ . Obviously A has zero trace and Hilbert–Schmidt norm  $\sqrt{1 - \frac{1}{m}}$ . We now show that this A gives the lower bound of Theorem 1. Moreover, our argument gives bounds on the leading singular values of C, based on the proof of Theorem 7.3 in [DFWW], which also gives a lower bound on  $||C||_2$ . Specifically, we get the following:

**Theorem 2.** Assume A = [B, C] with A as above, and the operator norm of B equals 1. Denote the singular values of C as  $s_1, s_2, \ldots, s_m$ , arranged in non-increasing order. Then for all  $l \leq m$ ,

$$\sum_{i=1}^{l} s_i \ge \sqrt{l}/6.$$

In particular the Hilbert–Schmidt norm of C is at least  $c\sqrt{\log m}$  for some absolute constant c > 0.

Proof of the lower bound in Theorem 1. Let M be the one dimensional subspace of  $\ell_2^m$  spanned by the first coordinate. Applying Lemma 1 to this

subspace with S=B, T=C and  $\lambda=1/m$  we get orthogonal subspaces  $M=H_0,H_1,\ldots$  (which of course are eventually the zero subspace) with  $\dim H_n \leq n+1$ , so that  $\sum_{n=0}^{\infty} \oplus H_n$  is invariant under B and C and  $P_iBP_j=P_iCP_j=0$  for all i>j+1>0, where  $P_l$  is the orthogonal projection onto  $H_l$ .

Note that  $P_0 = P$ . Note also that  $\sum_{n=0}^{\infty} \oplus H_n$  is  $\mathbb{R}^m$ . Indeed, a proper subspace of  $\mathbb{R}^m$  containing  $H_0$  which is invariant under B and C is also invariant under A, and the restriction of A to such a subspace has zero trace which clearly can't hold.

Now, on  $H_0$ , A is just  $(1-\frac{1}{m})$ , so

$$\left(1 - \frac{1}{m}\right) P_0 = P_0[B, C] P_0$$

$$= P_0 B P_0 P_0 C P_0 - P_0 C P_0 P_0 B P_0$$

$$+ P_0 B P_1 P_1 C P_0 - P_0 C P_1 P_1 B P_0.$$

Similarly, for k > 0, since  $A_{|H_k} = \frac{-1}{m} I_{H_k}$ , and using  $P_i B P_j = P_i C P_j = 0$  for other i, j,

$$\begin{split} \frac{-1}{m}P_k &= P_k[B,C]P_k \\ &= P_kBP_{k-1}P_{k-1}CP_k - P_kCP_{k-1}P_{k-1}BP_k \\ &+ P_kBP_kP_kCP_k - P_kCP_kP_kBP_k \\ &+ P_kBP_{k+1}P_{k+1}CP_k - P_kCP_{k+1}P_{k+1}BP_k. \end{split}$$

Using the trace property (e.g.,  $\text{Tr}(P_kBP_{k-1}P_{k-1}CP_k) = \text{Tr}(P_{k-1}CP_kP_kBP_{k-1})$ ), we get that for all n,

$$1 - \frac{1}{m} \sum_{k=0}^{n} \operatorname{rank} P_{k} = \sum_{k=0}^{n} \operatorname{Tr}(P_{k}[B, C]P_{k})$$
$$= \operatorname{Tr}(P_{n}BP_{n+1}CP_{n}) - \operatorname{Tr}(P_{n}CP_{n+1}BP_{n}).$$

So, since ||B|| = 1,

$$1 - \frac{1}{m} \sum_{k=0}^{n} \operatorname{rank} P_k \le ||P_{n+1}CP_n||_1 + ||P_nCP_{n+1}||_1.$$
 (2)

Since rank  $P_k \leq k+1$ , this gives a lower bound on the norms of  $P_n C P_{n+1}$  and  $P_{n+1} C P_n$ :

$$||P_{n+1}CP_n||_1 + ||P_nCP_{n+1}||_1 \ge 1 - \frac{1}{m} \binom{n+2}{2}.$$
 (3)

The matrices  $P_{n+1}CP_n$  and  $P_nCP_{n+1}$  have rank at most n+1, so changing to other norms is not too costly, which allows us to bound from below the Hilbert–Schmidt norm of C.

To complete the proof of the lower bound of Theorem 1, note that for a matrix M of rank r we have  $||M||_2^2 \ge \frac{1}{r} ||M||_1^2$ , so

$$||C||_{2}^{2} \ge \sum_{n} ||P_{n}CP_{n+1}||_{2}^{2} + ||P_{n+1}CP_{n}||_{2}^{2}$$

$$\ge \sum_{n} \frac{1}{n+1} \left( ||P_{n}CP_{n+1}||_{1}^{2} + ||P_{n+1}CP_{n}||_{1}^{2} \right)$$

$$\ge \sum_{n} \frac{1}{2(n+1)} \left( ||P_{n}CP_{n+1}||_{1} + ||P_{n+1}CP_{n}||_{1} \right)^{2}$$

$$\ge \sum_{n} \frac{1}{2(n+1)} \left( 1 - \frac{1}{m} \binom{n+2}{2} \right)^{2}.$$

We take the sum over n with  $\binom{n+2}{2} < m$ . It is straightforward to see that the last sum is  $\frac{1}{4} \log m + O(1)$ , giving the claimed lower bound.

Proof of Theorem 2. Lemma 7.9 in [DFWW] (whose proof is simple, based on polar decomposition) says that there are partial isometries V, W on  $\ell_2^m$  such that

$$P_n V C P_n = |P_{n+1} C P_n|$$
 and  $P_n W C^* P_n = |P_{n+1} C^* P_n|$ .

Consequently,

$$P_n(VC + WC^*)P_n = |P_{n+1}CP_n| + |P_{n+1}C^*P_n|$$

and by (2),

$$\operatorname{Tr}(P_n(VC + WC^*)P_n) \ge 1 - \frac{1}{m} \sum_{k=0}^n \operatorname{rank} P_k.$$

Fix a positive integer k and let  $E_k = \sum_{i=0}^k P_i$  and  $r_k = \operatorname{rank} E_k \leq (k+1)(k+2)/2$ . Denoting by  $s_i(R)$  the singular values of the operator R, we get that as long as  $(k+1)(k+2) \leq m$ ,

$$\sum_{i=1}^{(k+1)(k+2)/2} s_i(VC + WC^*) \ge \sum_{i=1}^{r_k} s_i(E_k(VC + WC^*)E_k)$$

$$\ge \sum_{n=0}^k \text{Tr}(P_n(VC + WC^*)P_n) \ge \frac{k+1}{2}.$$

Where we have used Weyl's inequality to deduce the second inequality. It follows that for all k as above  $\sum_{i=1}^{(k+1)(k+2)/2} s_i(C) \ge \frac{k+1}{4}$ . The main assertion of the theorem follows easily from that.

As for the last assertion, it is well known that it follows from the first. Indeed, the non-increasing sequence  $s_1, s_2, \ldots, s_m$  majorizes a sequence equivalent (with universal constants) to  $1, 2/\sqrt{2}, 1/\sqrt{3}, \ldots, 1/\sqrt{m}$ . Consequently,

$$\left(\sum_{i=1}^{m} s_i^2\right)^{1/2} \ge c\left(\sum_{i=1}^{m} 1/i\right)^{1/2} \ge c'(\log m)^{1/2}.$$

**Acknowledgement.** We benefitted a lot from discussions with Bill Johnson concerning the material of this note. In particular, he is the one who pointed [DFWW] to us.

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