

**Exercise set 4 (covering lectures 6,7 and 8)**  
**Due July 5**  
**Adaptive immunity, Autoimmunity, Inflammation and Fibrosis**

**1. Viral dynamics:**

Consider the model for the concentrations of virus,  $u(t)$ , T-cells,  $T(t)$ , and  $T_{regs}$ ,  $R(t)$ :

$$\begin{aligned}\frac{du}{dt} &= (\alpha_0 - c T)u \\ \frac{dR}{dt} &= u - R \\ \frac{dT}{dt} &= \frac{u}{k + R} - T\end{aligned}$$

- Explain the equations and the parameters  $k$ ,  $c$  and  $\alpha_0$ .
- Calculate the steady-state solution.
- Numerically solve the equations for various values of  $\alpha_0$ . Use  $c = 1$ ,  $k = 1$ ,  $R(0) = T(0) = 0$ , and  $u(0) = 1$ . Explain the meaning of these initial conditions.
- Assume that when the virus concentration goes below a minimal dose,  $u_0 = 0.01$ , it is killed by the innate immune system. What is the maximal value of  $\alpha_0$  for which the virus is killed by the immune system? What happens if  $\alpha_0$  is larger than this value?

**2. Theories for autoimmunity:**

- Read about the hypothesis of ‘molecular mimicry’ for autoimmune diseases.
- Read about the ‘hygiene hypothesis’ for autoimmune diseases.
- Discuss their pros and cons, and compare to the ‘surveillance of hypersecreting mutant’ theory discussed in the lecture (200 words)

**3. Bistability in a simple model for autoimmunity:**

Consider this simple model: The immune system attacks a healthy tissue. This releases auto-antigens, making the immune killing stronger, in a cooperative way, with Hill coefficient  $n=2$ . The variable is the amount of autoantigen  $a(t)$ . The autoantigen is removed at rate  $\gamma$ .

- Explain the equation:

$$\frac{da}{dt} = c \frac{a^n}{k^n + a^n} - \gamma a$$

- Draw a rate plot showing the fixed points. Consider (graphically) different scenarios (different parameters) with different number of fixed points. When is there bistability?
- Which scenario corresponds to an autoimmune disease? Which corresponds to no autoimmune disease?
- Suppose that individuals vary in their genetics in a way that affects the parameters of the equation. Does an increase in the parameter  $c$  increase the risk for autoimmune disease? Repeat for the parameters  $k$  and  $\gamma$ .

**4. Paradoxical effect of macrophage depletion:**

Consider the model for injury repair and fibrosis. Experiments have shown that depleting macrophages (setting  $M$  to  $M=0$ ) at different timepoints after an injury can result in improved healing or excessive fibrosis. Explain this ‘paradoxical’ effect using the phase portrait.