Behavioral Neuroscience: Fear thou not

Rony Paz



What is the NeuroPsychological approach?

- Neuropsychology is the basic scientific discipline that studies the structure and function of the brain related to specific psychological processes and overt behaviors.
- The use of artificial well-controlled tasks.
- Why?
 - Well-controlled
 - Pre-planned quantification
 - We observed something, now lets do it properly
 - Target Human behavior
- For example:
 - Sensation and perception
 - Control of movement
 - Learning and memory
 - Decision making
 - Fmotions
 - Attention

Active and Passive approaches

- The active approach manipulates the brain and observes behavior.
 - Stimulation (electrical, optogenetics)
 - Lesions
 - Pharmacological intervention
 - Genetic manipulations

- The passive approach manipulates behavior and observes the brain.
 - Trained behaviors: electrophysiology, imaging (1P,2P,MRI)
 - Observing patients

Reward vs. Punishment

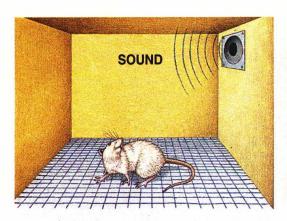
- What is a "reward"?
- Learning is best motivated by threats to survival?
- Threats are much better reinforcers?
- Fear is a prime motivator

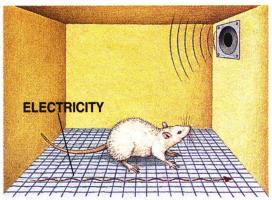
	Decreases behavior	Increases behavior
Presented	Positive punishment	Positive reinforcer
Taken away	Negative punishment	Negative reinforcer

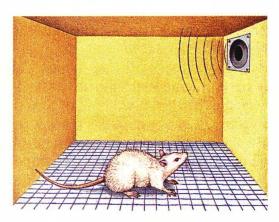
Taking drugs?

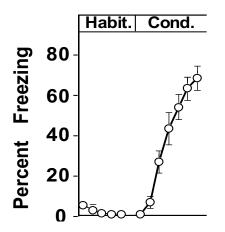
More fun, less withdrawal

Classical fear conditioning









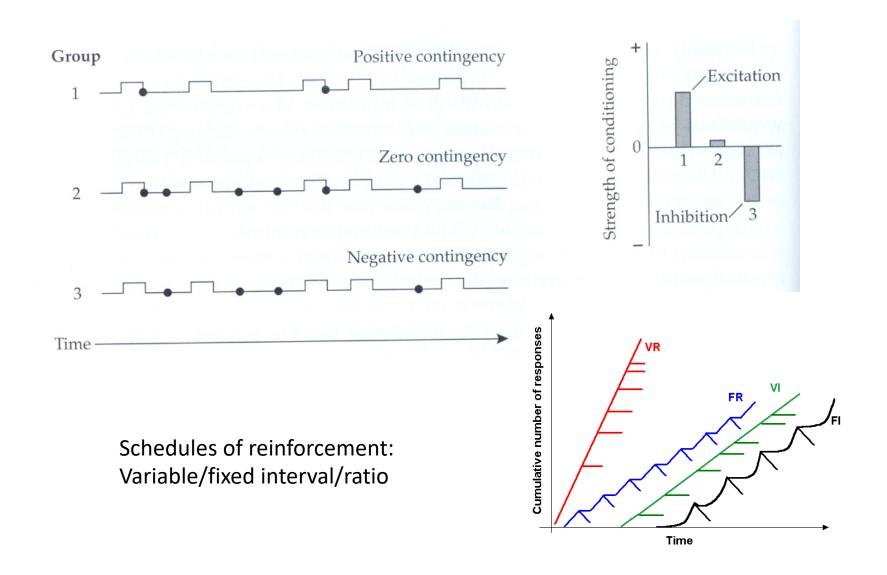
CS-US pairing

Tone = conditioned stimulus (CS)

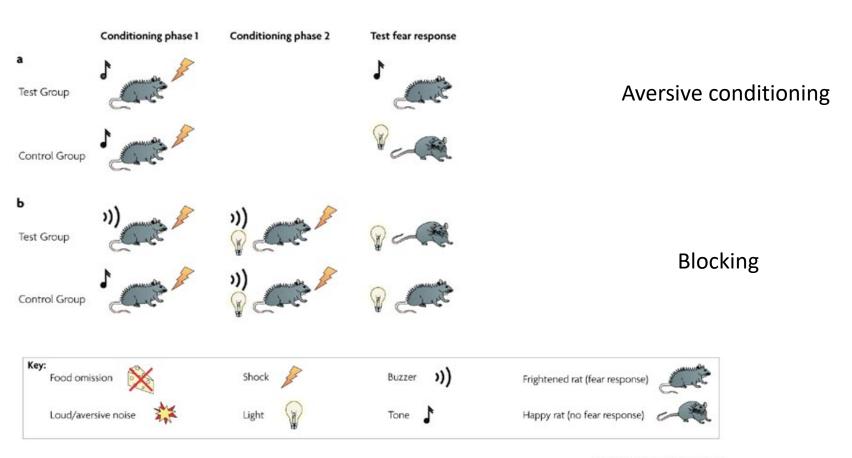
Foot-shock = unconditioned stimulus (US)

Freezing = conditioned response (CR-UR)

Contingency: co-occurence

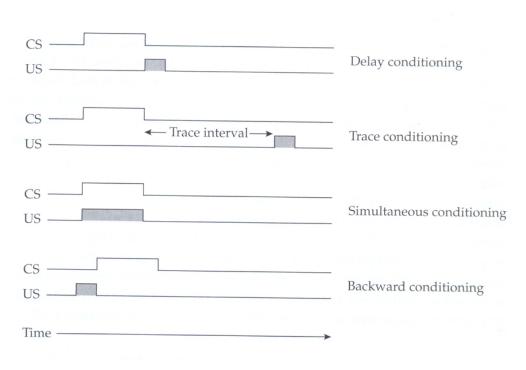


More than contingency: Surprise / added information



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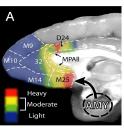
Rules of thumb for conditioning strength

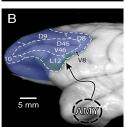


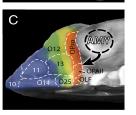
- Backward < simultaneous < trace < delay
- In trace: short interval > long interval
- In delay: short CS > long CS
- Salience of the CS
- Strength of the US
- Spaced trials is better than massed trials (the ratio between inter-trial-interval and the CS)

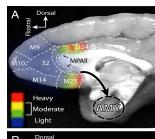
Amygdala

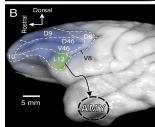
- Evolved in primates
- Correlated with the prefrontal cortex (PFC)
- Amygdala-PFC is a tight 2-way 1-synapse network
- Emotional responses and emotional learning
- Show abnormal activity in most psychiatric conditions, mainly in anxiety and mood disorders

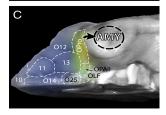


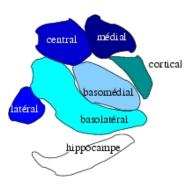


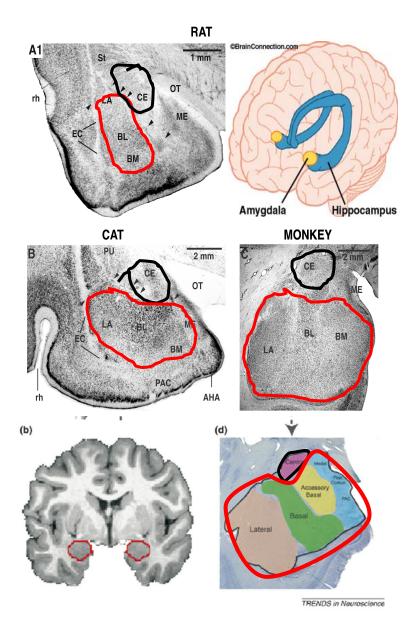








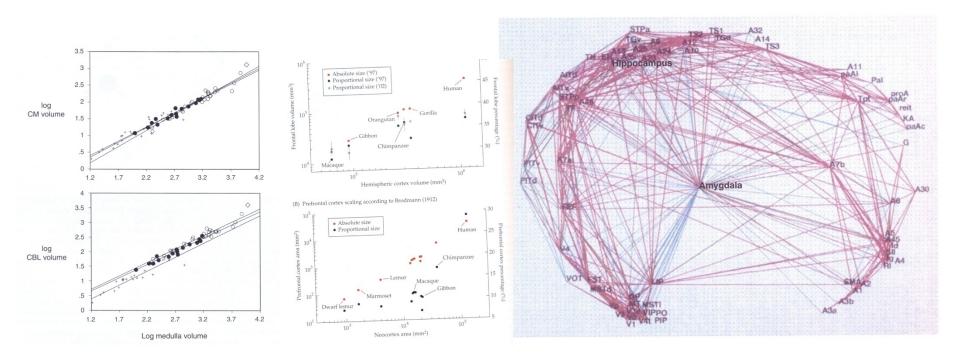




Ghashghaei et al. 2007

Amygdala and its basolateral complex (BLA)

- BLA evolution parallels that of the prefrontal cortex
- BLA cell types are similar to the cortex
- Cortical projections are much more extensive in primates
- Most cortical projections of the amygdala originate from BLA (none from CEA)



Humans and emotions



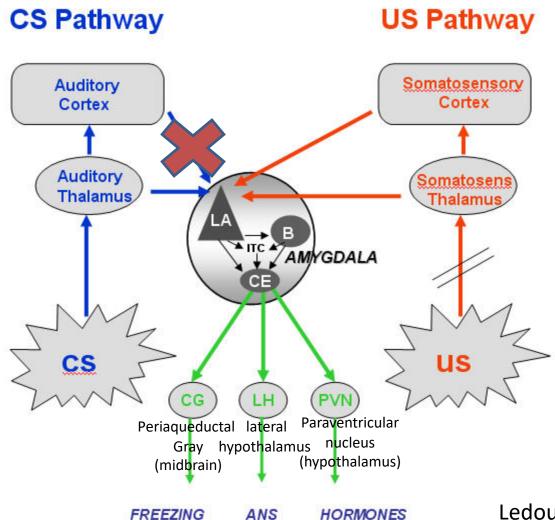
EMOTIONS FACILITATE MEMORY Emotionally arousing events are remembered more vividly.



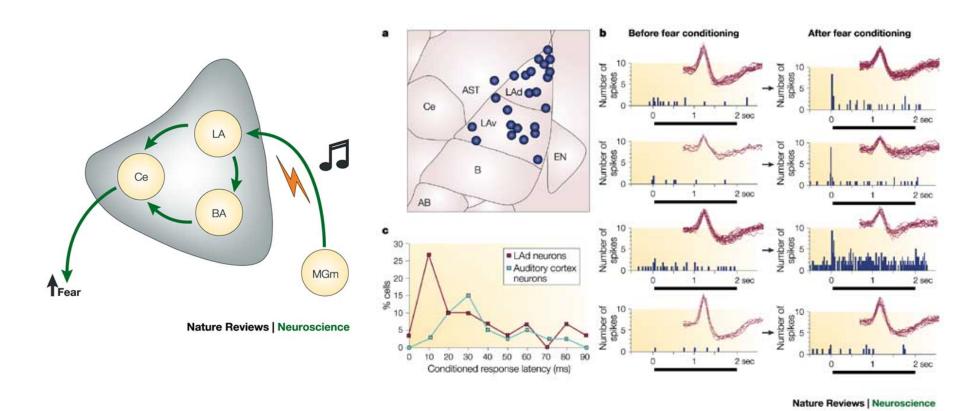




Fear circuit



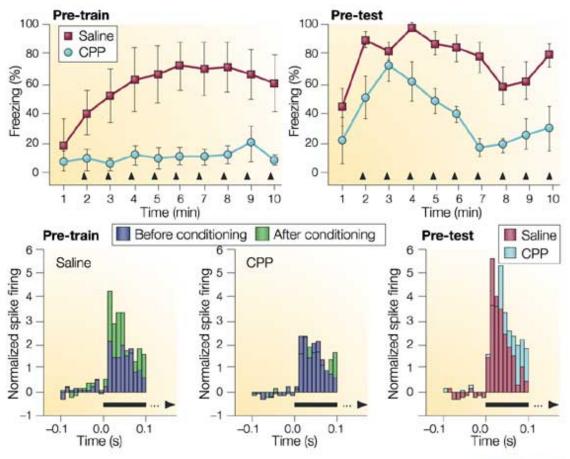
Neurons acquire tone responses after conditioning



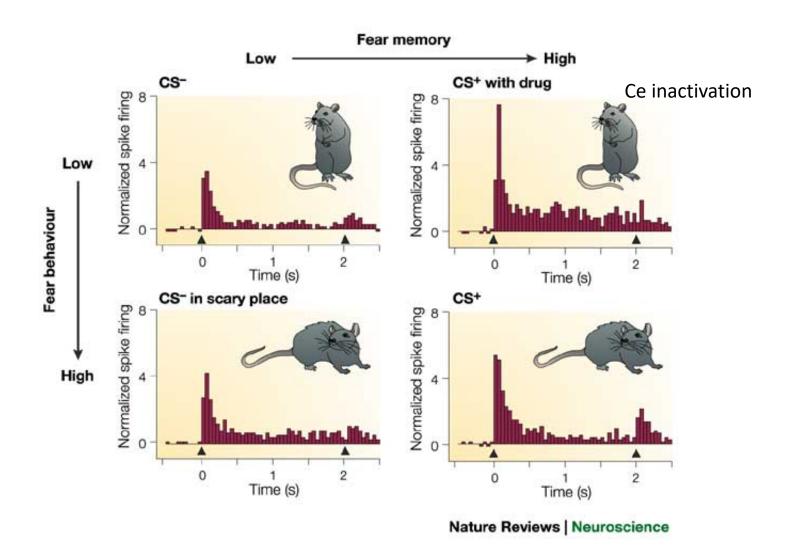
LTP in the LA is required

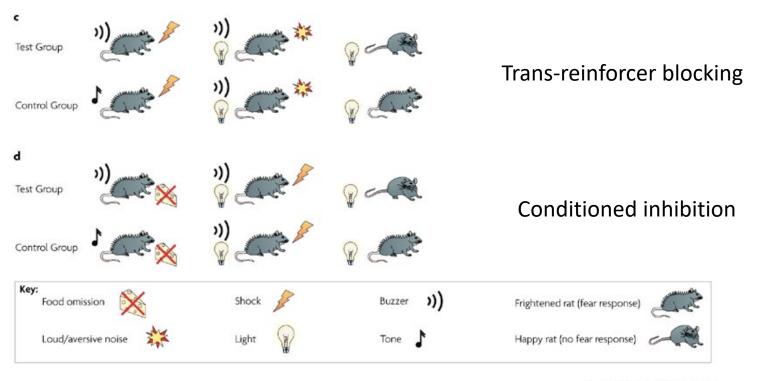
NMDA (**N**-methyl-**D**-aspartate, glutamate receptor) is involved in both the acquisition of fear memory and the induction of long-term potentiation

(LTP) in the amygdala.



LA encodes memory independent of fear behavior

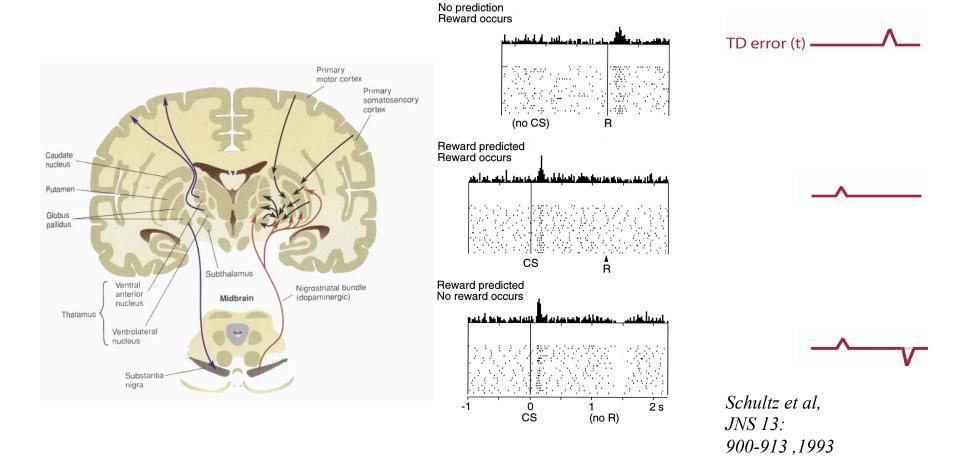




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Suggests common brain mechanisms

The dopamine system



Pearce-hall and rescorla-wagner

the change (Δ) in the associative strength (symbolized V) of a CS

$$\Delta V=S.\alpha.\lambda$$

S is intensity of the CS and λ of the US. α represents the associability of the CS

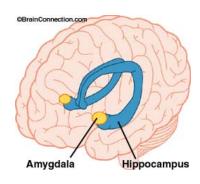
$$\alpha_n = |\lambda - \Sigma V|_{n-1}$$

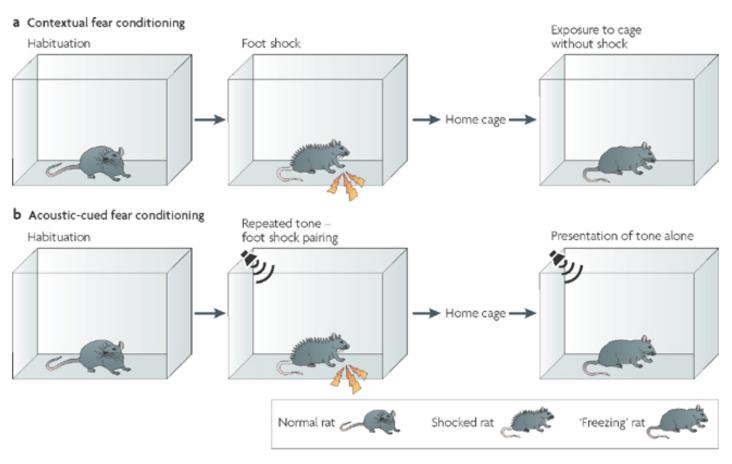
prediction V of the reward:

And learn to change ω :

$$\Delta \omega = \epsilon (R-V)U$$

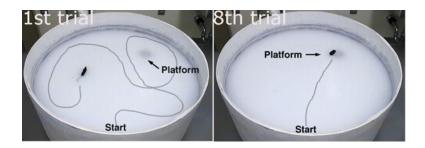
Contextual fear

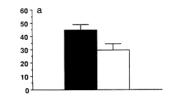




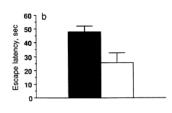
Amygdala modulation of memory

- Hippocampal dependent learning: spatial
- Striatum dependent-learning: cue-related





Neurobiology: Packard et al.



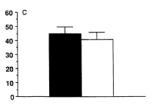
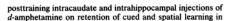
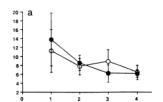
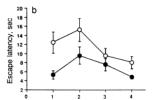


Fig. 1. Mean (\pm SE) escape latencies of d-amphetamine (10 μ g) (\Box) and saline-treated (\blacksquare) rats on the retention test trial in the spatial task. (d) Hippocampai injections. (b) Amygdala injections. (c) Caudate nucleus injections







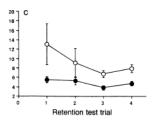


Fig. 2. Mean (±SE) escape latencies of d-amphetamine (10 μg) (•) and saline-treated (ο) rats on the retention test trial in the cued task. (a) Hippocampal injections. (b) Amygdala injections. (c) Caudate nucleus injections.



Injection of d-amphetamine into the Amygdala affects both if right after training, but not if pre-testing

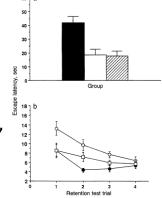
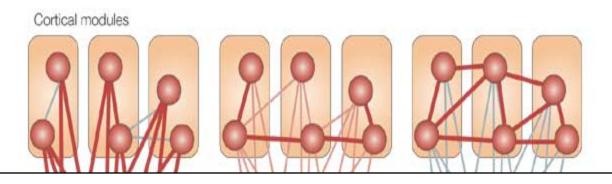
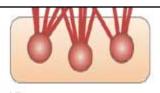


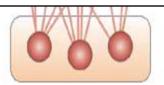
Fig. 3. Mean (\pm SE) secape latencies of rats receiving intranspelan posturaining A-amphetamine or saline and rats receiving peretention test lidocaine or saline on the retention test trials) in the spatial task (α) and core task (β). Posttraining/peretention: α (α) and α (β), saline/saline: α (α) and α (β), α -amphetamine/saline: α (α) and α).

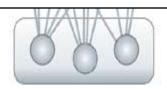
Formation and consolidation of Declarative/episodic memories



The rhinal cortices





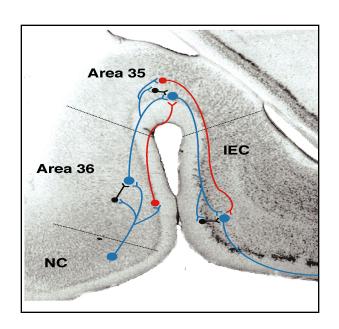


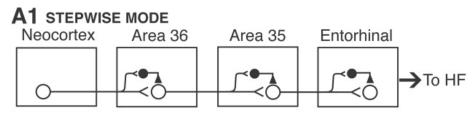
Hippocampus

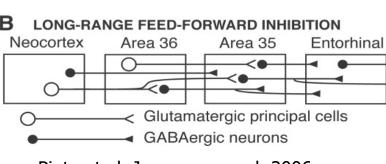
Time

Squire et al, 2004; Buzsaki, 1989; Sutherland&McNaughton, 2000; Kim&Fanselow, 1992; Frankland&Bontempi, 2005.

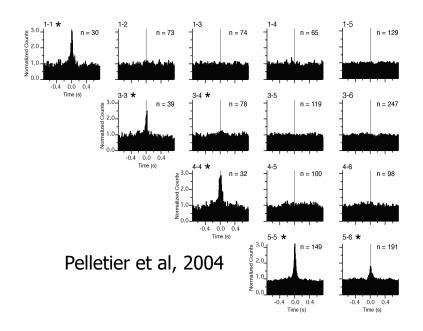
The rhinal cortices: the interface to the Hippocampus

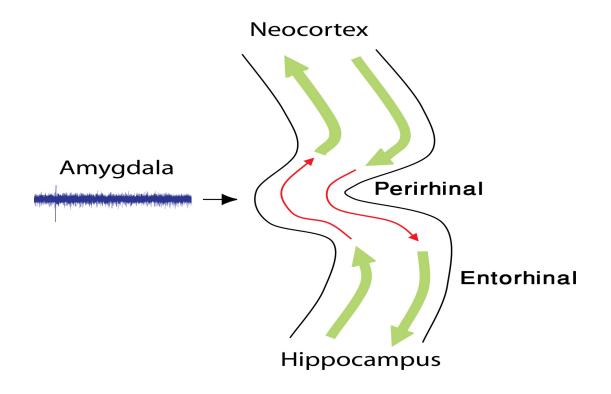






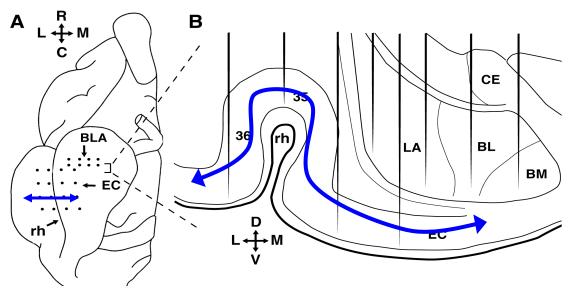
Pinto et al, J. comp. neurol. 2006

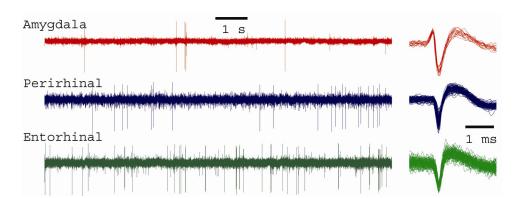


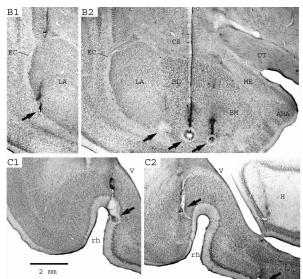


Hypothesis: Amygdala projections to the rhinal cortices facilitate memory by promoting bidirectional impulse transfer between the Neocortex and Hippocampus.

Simultaneous extracellular recordings of BLA, Perirhinal, and Entorhinal.

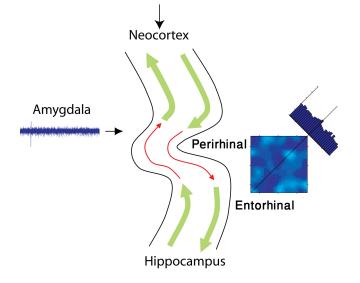


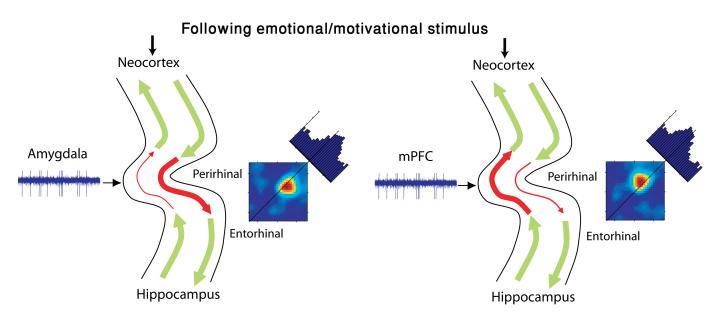




Spontaneous activity and standard sensory input

Facilitation of information transfer





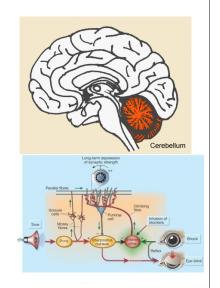
Fast storage for consolidation

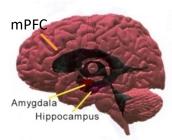
So, does it encode the memory or just modulates it?

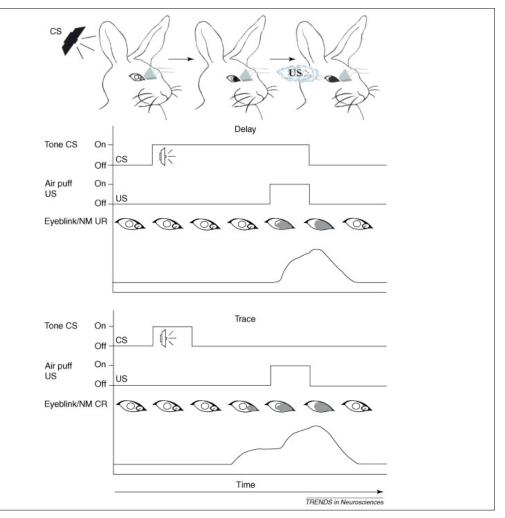
• It depends.

Eyelid (blink) reflex conditioning



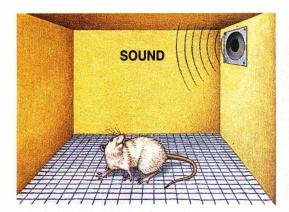


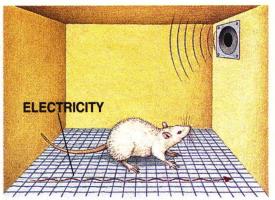


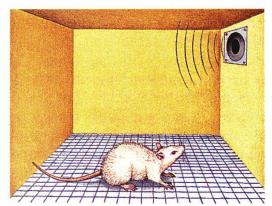


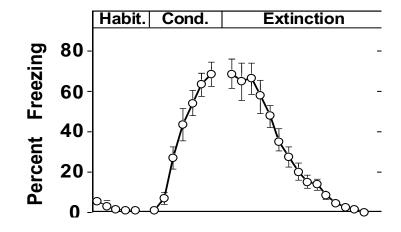
- Why is trace hippocampal-dependent?
- Maintaining the CS? Timing the trace? Harder?
- Eyelid requires ~0.3sec, and hippocampus is required when 0.5-1sec.
- In tone-shock, trace can be 3sec, and hippocampus is required for ~20sec
- This suggest context-conditioning

Extinction of fear-conditioning

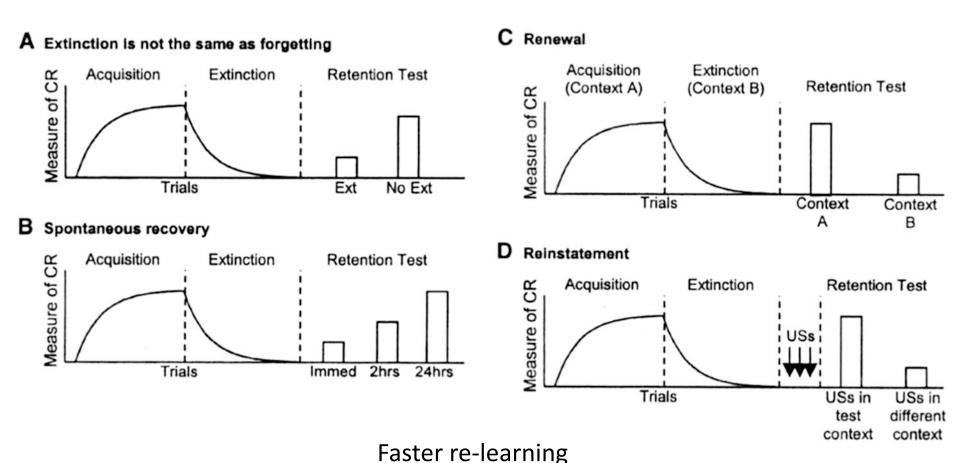




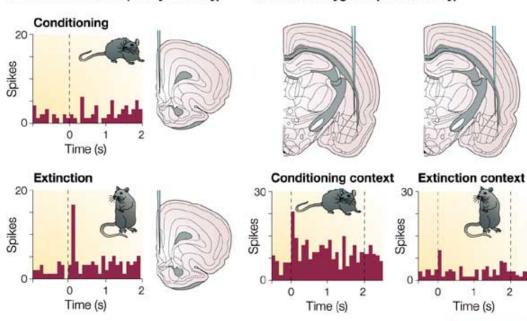




Extinction: a new learning



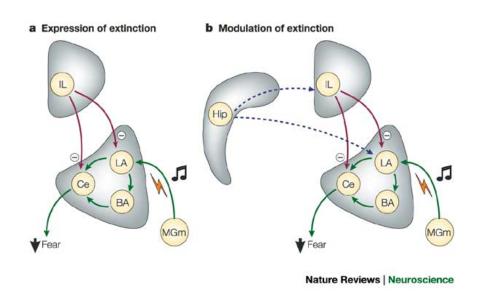
Extinction: brain mechanisms

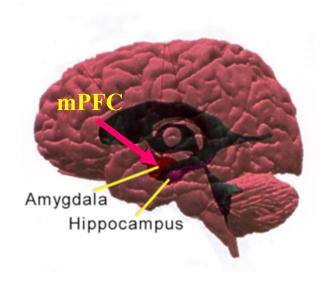


b Lateral amygdala (fear memory)

a Prefrontal cortex (safety memory)

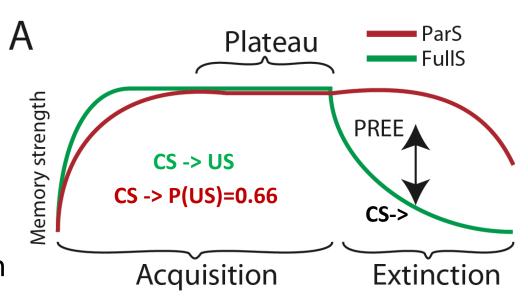
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Partial reinforcement extinction effect

- Partial reinforcement
 - Fixed/variable ratio
 - Fixed/variable schedule
- Results in longer extinction

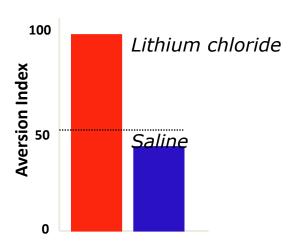


- Frustration theory (Amsel): The omission of the US induces frustration. Therefore, during extinction, the frustration predicts the US.
- Sequential theory (Capaldi): conditioning to strings of NNNRNNNR

Conditioned Taste Aversion



- One-trial learning
- Long-delay learning (few hours)
 - A [lack of] interference effect?
 - Still a problem for neuroscientists



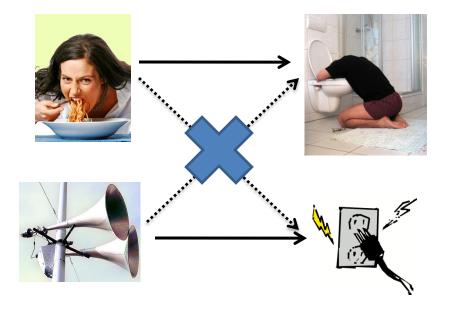


CTA

Compound potentiation: odor + taste increase

response to odor

• Preparedness:



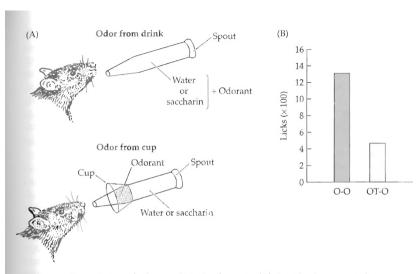
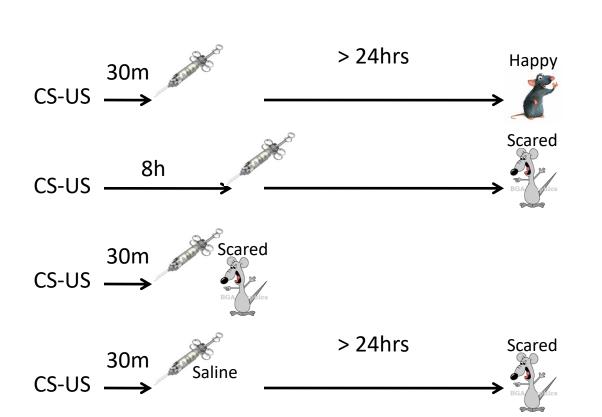
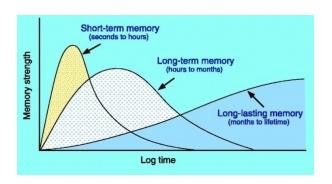


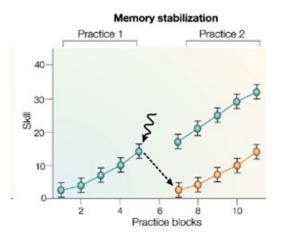
Figure 6.5 Potentiation of odor conditioning by taste. (A) A rat is given a taste in drinking water that also contains an odor. (In many experiments, the odor comes from a cup near the spout instead of being mixed in the drink.) (B) When odor is paired with illness on its own and then tested (O-O), it does not suppress consumption much. But if it has been combined with a taste on the conditioning trial (OT-O), strong odor conditioning is obtained. (A, after Inui, Shimura, & Yamamoto, 2006; B, after Palmerino et al., 1980.)

Consolidation

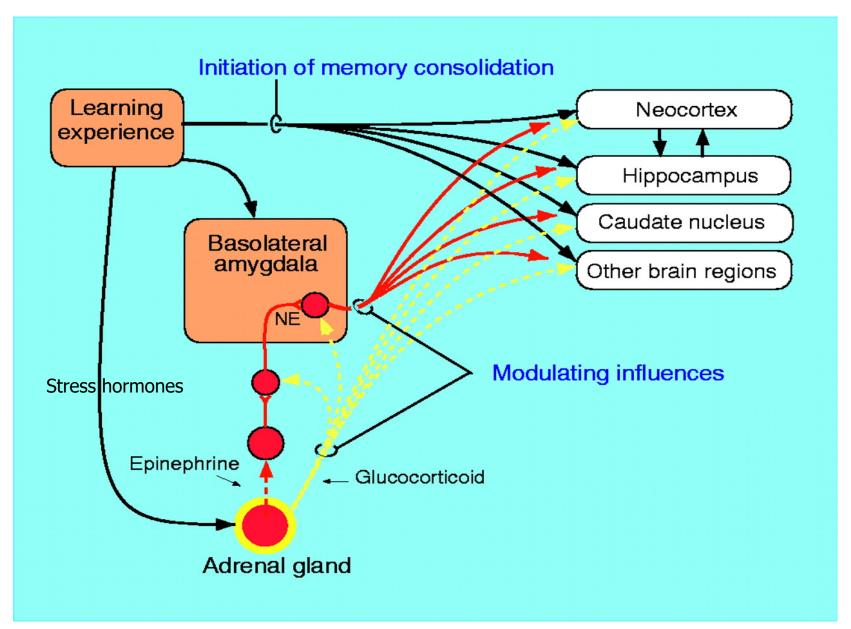
- Anisomycin, a protein synthesis inhibitor, into the Basolateral complex of the amygdala (BLA)
 - No effect on short-term-memory
 - No effect after XX time (rule of thumb is 6hrs)
 - But harms long-term memory below that.





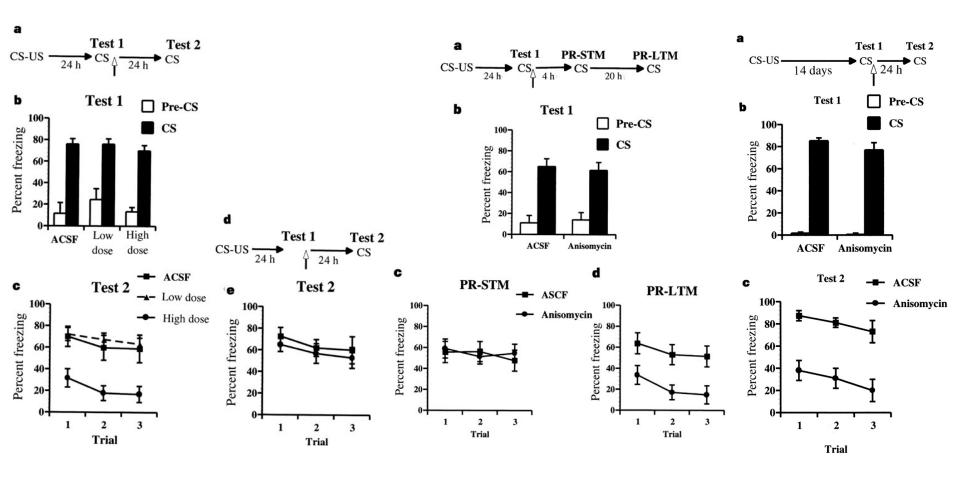


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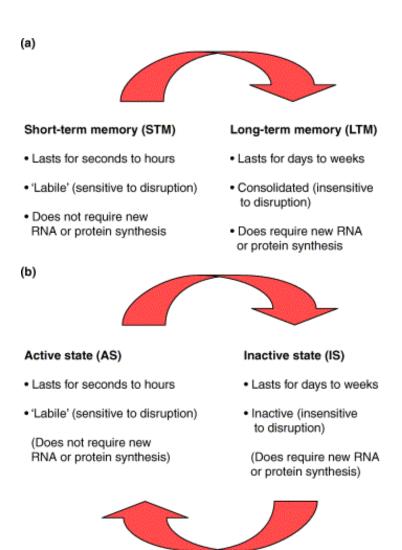


Reconsolidation

No effect on STM



An updated view of memories



Stay safe, be fearless