suggestive example of how the evidence a little too far from the standard for the in each of them. to cancel out systematic errors or biases from two procedures might be combined loudness function, and we have here a opposite directions from the average two tendencies result in deviations in high end. As is evident in Fig. 2, these at the low end and a little small at the ard for the ratio 1/4. This tendency has ratio 3/4 and a little too near the standmerical estimates that are a little large to assign to the variable stimuli nuits analogue in an equally slight tendency slight tendency to adjust the variable In the previous experiment we noted

standard is increased (7). small difference. We might also note in instead of flatter as the level of the than the standard, the slope gets steeper numerical estimates to loudnesses greater passing that, when Os' task is to give from 90 to 100 db usually makes only a the standard is increased, but an increase these slopes become flatter as the level of by the numerical estimates. In a nummay have contributed to the slightly tensity was about 10 db higher than it magnitude estimation the standard inber of experiments we have found that flatter slope of the function determined was in the experiment on adjustment The fact that in the experiment on

that loudness is scalable, and that the clearly consistent with the assumption gent circumstances, the judgments were a context, for each O heard only one comthere was no series of stimuli to provide experimental design. In our experiment made to have potent effects, as Garner stimulus of others in the series—can be adaptation level-the influence on one is true that such factors as context or difficult. If given a proper opportunity, parison tone. Even under these strinthat we can minimize such factors in the has demonstrated. But it is also true statements about what they hear. It people can make consistent quantitative ment of loudness is not hopeless-only Figure 2 suggests that the measure-

loudness heard by the typical O in a free situation is a power function of intensity.

SUMMARY

These experiments tested the ability of 65 Os to make consistent quantitative judgments of the relative loudness of tones on their first trials. They also explored some of the biasing factors that enter such experiments. The method of adjustment and the method of magnitude estimation were used.

Conclusions

 In the method of adjustment it is advisable to use a "sone potentiometer" on which the turn of the knob is approximately proportional to the loudness produced.

2. On his first trial an unpracticed O can adjust the intensity of a tone to produce an arbitrary loudness ratio relative to another tone. Each of three groups of Os adjusted the tone to a different loudness ratio in a consistent manner.

3. On their first trial, different groups of Os can consistently make direct numerical estimates of the relative loudnesses produced by different intensities.

4. The results for the method of adjustment corroborate those for the method of magnitude estimation, and both approximate the loudness scale derived from previous investigations.

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hypothesis (10).

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DISCRIMINABILITY AND STIMULUS GENERALIZATION1

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example

stem from similar considerations. straight lines on an equal-appearing logarithmic stimulus plot appears to interval scale. Spence's use of that generalization gradients are Schlosberg and Solomon's proposal tions on a j.n.d. scale, and also in ents are decreasing exponential funcpostulate that generalization gradisumption is manifested in Hull's generalization decrement. This asin the psychophysical sense, and the vexity (Spence, 12) and linearity relationship between discriminability, tacit or explicit assumption of some posals, however, there has been a the formulation of each of these proproposed: concavity (Hull, 6), con-(Schlosberg and Solomon, 10). In lus generalization gradient have been Three different forms for the stimu-

This assumption does not only appear to be intuitively reasonable, but can also be shown to have a rational basis by comparing the dimensions of the difference threshold and the generalization decrement (from which the generalization gradient can be derived by integration). The difference limen (DL) is ordinarily defined by the slope of the psychophysical function. For

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2 Now at University of Missouri.

 $DL = \frac{\Delta S}{[p(R) = .75] - [p(R) = .50]}$ $= \frac{\Delta S}{\Delta p(R)}$

On the other hand, the slope of the generalization gradient, i.e., the generalization decrement, is given by $\frac{\Delta p(R)}{\Delta S}$. This implies that the generalization decrement should be proportional to the reciprocal of the DL. It is a way of saying that the organism generalizes to the extent that it cannot discriminate or that generalization is the inverse of discrimination. In essence, this proposal is a reformulation of Schlosberg and Solomon's

sponding asymmetry. This contintion gradient should show a correcreasing or decreasing, the generalizafixed at a value where $\Delta \lambda$ is either insmall, the gradient should be sharp; of the $\Delta\lambda$ function. Where $\Delta\lambda$ is be relatively flat; and if the CS is where $\Delta\lambda$ is large, the gradient should whose slopes reflect the characteristics possible to produce a set of gradients sion along which to test generalization CS values, therefore, it should be trum. because the DL for wave length length of light was chosen as a dimen-) $(\Delta\lambda)$ is not constant over the spec-For the present experiment, wave discriminability function is known. vestigating a continuum for which the jected to empirical verification by in-The foregoing analysis may be sub-By an appropriate selection of

uum is also interesting because of the

qualitative changes which occur within it and which would lead to the expectation, on the basis of subjective experience, that generalization would occur extensively within a hue but would decrease abruptly as the transitions between spectral hues are approached.

over, this technique makes it possible gradients for individual Ss. of its total extent, e.g., in a 30-sec. experimental extinction reduces the greatly increases resistance to extinceralization gradient attributable to tion, as well as variations in the genstrength during the course of extincents at different levels of response to investigate the generalization gradian examination of the generalization forced key-pecking response, permits which utilizes the aperiodically reinresponse strength by a small fraction tion, such that the introduction of a the fact that aperiodic reinforcement this experiment of an outcome of ization gradients for individual Ss in individual test, 50 responses may be subtracted test stimulus for a brief interval during from a "reserve" of several thousand The technique of the present study, The obtaining of generaldifferences in response More-

METHO

Subjects.—The Ss were 24 experimentally naive pigeons maintained by restricted feeding to 80% of their body weight under ad libitum feeding.

Apparatus.—A modified version of the Skinner automatic key-pecking apparatus was used. The S's compartment consisted of a plywood box 14 in. high, 12 in. wide, and 12 in. long and was situated in an air-conditioned, darkened, soundproof chamber. The roof of S's box was clear Lucite and the floor was a perforated metal grating covered with a sheet of translucent plastic. The upper half of one of the walls was made of aluminum with a \(\frac{x}{2}\)-in. round aperture at the center 6.5 in. above the floor of the box. The S's key, a rectangle of translucent plastic (Insurok) lightly sprung against the wall of the box, was exposed through this opening and con-

trolled counting and reinforcing circuits.

minance of <1.00 ft.-candle on the vertica

In the stimulus-off condition, similar to

the translucent plastic floor, resulting in an illu-

The magazine was situated directly below the key and consisted of a metal door hinged at the top. This door was actuated by a cam on a constant-speed motor which completed a cycle in 5 sec. When a reinforcement was presented, the cam allowed the door to open abruptly, exposing the food and switching on a 7.5-w. lamp behind the food tray. The door remained open for 3.5 sec. and then closed gradually, turning off the light as it shut.

a true monochromator, it produces a stimulus wave lengths to produce dispersion of the specential rotation of quartz crystals for various by a 6-v., 18-amp. ribbon filament lamp whose tings from 450 to 640 M μ . patch of high apparent purity for the human obsetting consists of a centroid of high relative trum. (Model B). slightly out of focus on the key. transmission of incident light is approximately server. The band width of the centroid increases Although the instrument may not be considered intensity flanked symmetrically by a series of Cambridge Thermionic Corp. Monochromator length filter and whose filament image was cast beam was directed through a tunable wavetrum lights in terms of the visibility function. spectrum or alternatively to equate the spec-No attempt was made to produce an equal energy flat over this range, varying between 2 and 4%linearly from 14 to 24 M_{\mu} over the range of setperiodically spaced bands of lower intensity The external side of the key was illuminated Procedure.—The procedure used in the pres-Its transmission spectrum at a given This instrument utilizes the differ-The percentage The filter was a

and the key was illuminated with colored light. administered, using a mean inter-reinforcement ditional sessions of aperiodic reinforcement were given on each of two days. Following this, ad $600M_{\mu}$. Fifty consecutive reinforcements were the key. The 24 Ss were divided into groups of 6, and each group was trained on a given CS. method of successive approximation to peck at lib. weight, they were trained to eat from the When the Ss were reduced to 80% of their ad and Ferster (3), and is similar to that used by ent study derives from the work of Skinner (11) light path of the monochromator was opened 60-sec. stimulus-on intervals were alternated with interval of approximately 1 min. During APR The CS wave lengths were 530, 550, 580, and food magazine and were conditioned Brush, Bush, Jenkins, Johns, and Whiting (2) illuminated by a 25-w. lamp reflected through At the same time, the interior of S's box was During the stimulus-on interval a shutter in the intervals constituted each daily training session. 10-sec. stimulus-off intervals, and 30 stimulus-on by the

TABLE 1 Generalization Test Stimuli in M_{μ}

| 530 550 580 600 | Group |
|--------------------------|-------|
| 530 | -70 |
| 470 490 520 | -60 |
| 550 | -50 |
| 490 510 540 560 | -40 |
| 500 520 550 570 | -30 |
| 510 530 560 580 | -20 |
| 520 540 570 590 | -10 |
| 530 550 580 600 | cs |
| 540 560 590 610 | +10 |
| 550 570 600 620 | +20 |
| 560 580 610 630 | +30 |
| 570 590 620 640 | +40 |
| | +50 |
| 590 610 640 | +60 |

the "blackout" situation used by Ferster (4), both the key and box illumination were terminated. The blackout condition was introduced to facilitate the changing of the key color during the stimulus generalization tests.

Generalization testing was carried out under extinction and was preceded by six 30-sec. intervals of responding to the CS during which three reinforcements were administered. The wave lengths used in the generalization tests are given in Table 1. The 11 different stimuli were randomized within a series and 12 different random series were presented to each S resulting in a schedule of 132 stimulus presentations. Twelve different schedules were constructed for Ss given the 550 and 580 M $_{\mu}$ CS's and the same 12 schedules were subsequently used for Ss given the 530 and 600 M $_{\mu}$ CS's. Each stimulus presentation was 30 sec. and was followed by a 10-

Following generalization testing, three additional APR sessions were given using the original CS. After this a second generalization test identical to the first was administered. During both testings, the number of key pecks for each 30-sec. test stimulus presentation was recorded.

sec. stimulus-off interval.

NESCEIS

Characteristics of the generalization gradient.—The mean generalization gradients obtained in the first test are shown in the upper portion of Fig. 1. For each CS group (530, 550, 580, and 600 M μ), the gradient was obtained by plotting the mean total number of responses for each test stimulus against wave length in arithmetic units.

It will be seen that the various generalization gradients have highly comparable forms. On either side of the CS, the rate of responding declines first in a nearly linear fashion, and as the rate approaches zero, the curves become negatively accelerated. The differences among the curves for

in terms of vertical displacement, i.e., total level of responding. The slopes of the generalization gradients, on the other hand, are very similar over the major portions of the curves and do not appear to conform to the expectation of marked changes corresponding to the transitions between spectral hues. The most conspicuous illustration of this point is the left half of the curve for 600 Mµ which passes from orange through yellow to green. It

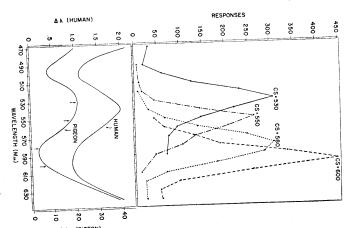


Fig. 1. Upper: Mean generalization gradients, first test. Lower: Hue discrimination as a function of wave length for pigeons (adapted from [5]), and humans (adapted from [1]).

which do not pass through as many changes in slope as the other curves exhibits approximately The similarity among the slopes of the same

ences on the right side were not statis-580 M_{μ} CS groups (F = 5.10; 4, 40tically significant. df; P < .005). The other slope differslope difference between the 600 and previously obtained resulted from a ther analysis of the differences in slope right side revealed that the interaction between pairs of gradients on the action was significant beyond the .1% from the CS to +40 M μ , the interparallel slope cannot be rejected over df), indicating that the hypothesis of level (F = 3.84; 12, 80 df). A furthis range. was not significant (F = 1.02; 12, 80 length of test stimuli and CS groups $M\mu$, the interaction between wavestimulus range from the CS to -40of the gradients separately. ance [7]) for the right and left halves left half of all gradients, over the tests of trend (Type I analysis of varithe curves is further substantiated by over the stimulus range For the right side of these For the

mean differences on the right side are presumably reduced by the interaction corresponding F for the right sides is significant beyond the 1% level. The involving the 600 and 580 M $_{\mu}$ CS between the 5 and 10% levels. The 2.80 (3, 20 df) which is significant the gradient is 5.55 (3, 20 df) which is rate of responding for the left sides of obtained for the mean differences in variance used to test slope. The F displacement of the gradients was also furnished by the Type I analysis of Evidence for differences in vertical

proximate ordinates. humans (1) adjusted to the same ap- $= f(\lambda)$) for both pigeons the spectral difference threshold $(\Delta\lambda)$ The lower portion of Fig. 1 presents The functions (**5**) and

> value of $\Delta\lambda$. be concerned mainly with the absolute pose of the present analysis, we shall change of curvature. For the purwhich might be related to rate of derivatives of $\Delta\lambda$ with respect to λ characteristics are the first and second any two values on the continuum, slope of the gradient. The other two and hence might be related to the determines the jnd interval between generalization gradients. is the absolute value of $\Delta\lambda$ which $\Delta\lambda$ function might be reflected in the lengths. Three characteristics of the ima at approximately the same wave highly similar with minima and maxfor the two species appear to be The first

contrary to the hypothesis based on of which features are in the direction ness of the 580 $M\mu$ gradient, both of the 600 M_{μ} gradient and the flatof slope are the relative steepness The major exceptions to uniformity part the gradients are of uniform slope. differences suggest that for the most ceding statistical analyses of slope not borne out. Figure 1 and the predirection of increasing wave length, with 550 M_{μ} being steeper in the and 600 M_{μ} should be asymmetrical, should be steeper than for any other and vice versa in the case of 600 M μ . however, the gradient for 580 M metrical. and 580 M_{μ} should be relatively symization gradients for CS values of 530 function for the pigeon, the general-In general, these expectations are In terms of the discriminability The gradients centered at 550 For values near the CS

test of trend difference was obtained from the A × B (Right-Left Sides superimposed on the other and a effect, one side of the gradient was $B \times S$ [7]) for each CS group. In separate analyses of variance (A X gradients was examined by means of The bidirectional symmetry of the

the $\Delta\lambda$ function.

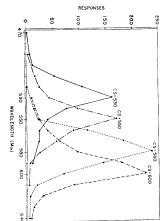


FIG. Mean generalization gradients, second test.

which is significant beyond the .1% and 600 M_{μ} groups. The interaction in the analyses of variance for the 550 cated by the $\Delta\lambda$ function are revealed metries contrary to the direction indito the $\Delta\lambda$ hypothesis. On the other than 1.00. This appears to conform the interaction F in each case was less for the 530 and 580 gradients, since sis of symmetry could not be rejected sponse rate at the CS. The hypothefor each test stimulus from the reobtained by subtracting response rate values entering into this analysis were F for the 550 M μ gradient is 8.39. X Test Stimuli) interaction. however, significant asym-

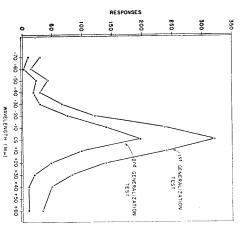


Fig. 3. Mean generalization gradients, first and second test, for all CS groups combined.

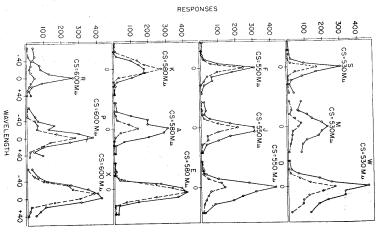


Fig. 4. Individual generations CS groups and for 12 Ss representing various CS groups and levels of response strength. Solid lines designed the second test.

cant beyond the 1% level for 3, 15 level for 4, 20 df; the F for the 600 $M\mu$ gradient is 5.85, which is signifi-

similar to those obtained in the first since F = 3.44 (3, 15 df; .025 < P attenuated. Neither the F for vertireduced in height and the differences rejected only for the 600 Mµ gradient, difference is significant $(P \ge .20)$ cal displacement nor the F for slope in vertical displacement and slope are test. In general, all gradients are tion test, shown in Fig. 2, are highly The hypothesis of symmetry can be The results of the second generaliza-The relationships among the

group because only four points to the right of the CS were available for analysis. ³ The number of df is reduced for the 600 M_{μ}

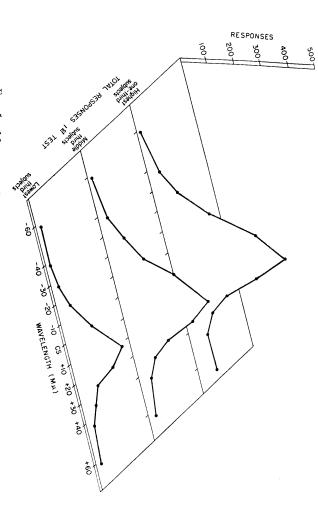


Fig. 5. Mean generalization gradients for groups of eight Ss differing in total number of responses, first test.

gradients for the second generalization test are such that the curves can be nearly superimposed by translating them along the wave-length axis to a common CS point.

The relationships between the mean generalization gradient for all groups in the first test and the mean for all groups in the second test are shown in Fig. 3.

Individual generalization gradients. representation gradients of individual generals phe ization gradients for the first and secsom ond tests are shown in Fig. 4. These gradients are arranged in order of other ascending response rate, and for each exact CS group the Ss presented are the lowest, the highest, and the S nearest the group median. Perhaps the most the group median. Perhaps the most the salient aspect of these curves is the orderliness and reproducibility of the curve generalization process within the individual S. Although these gradients ties are summed over the individual's It

tional gradient may be obtained from any one series of 11 stimulus presentations. A second interesting feature of these curves is the extent to which each S produces a gradient in the second test which is almost a replica of the first.

over the central range of the averaged of a random distribution of concavicurve (Fig. 3) may well be the resulothers, concave on one side and consome Ss the curves are bilaterally ties and convexities. the gradient. The linearity observed hibit linearity over a major portion of Animal E (Fig. 4, second test), exvex on the other. Certain Ss, such as convex, for some, concave, and for phenomenon for the single S. For representative of the generalization gradients in Fig. 3 are not entirely gradients suggests that the averaged An examination of the individua

It may also be noted in Fig. 4 that certain Ss show maximum responding at a point either $\pm 10 \text{ M}_{\mu}$ from the CS.

schedule of 132 stimulus presentations,

it is interesting that a similar bidirec-

In some instances this contributes to the departure from symmetry of the averaged group curves (Fig. 1).

side, the interaction F = 22.4 (8, 84 groups in terms of total responses for df; P < .001) while F for vertical discurves are parallel. On the right jection of the hypothesis that the ences over the right and left halves of generalization gradient becomes uniwe shall analyze in greater detail the 21 df; P < .001). vertical displacement F = 19.5 (2) the gradients separately permit retotal response level is reduced, the the first generalization test. As the into three relatively homogeneous sub-24 Ss (without respect to CS group) strength.—The averaged gradients in nature of these interactions. placement is 19.8 (2, 21 df; P < .001). formly flatter. Fig. 5 were obtained by dividing the tunction The interaction F for the left halves is The generalization gradient as 84 df; P < .001), while the of differences in response Tests of trend differ-In a later section

beyond the .1% level for 12, 276 df. of extinction (Fig. 6) display a desubgroups in Fig. 5. ents for the succeeding quarters beseries is relatively steep, and the gradichanges in the generalization gradient ents are 8.22 and 6.40, both significant changes bear a strong resemblance to come progressively flatter. These are based upon the total responses of curring during the generalization test. analysis of the extinction process ocresponding may be obtained from an the right and left halves of the gradiparture from parallelism on both sides the gradients for the successive stages those shown by the response-strength for the first quarter of the extinction stimulus presentations. formance for successive blocks of 33 all Ss and represent the average per-The generalization gradients in Fig. 6 associated with changes in level Additional information concerning The interaction F's for Furthermore, The gradient

The similarities between the changes in the form of the generalization

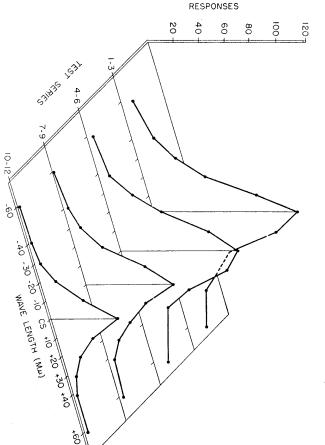


Fig. 6. Mean generalization gradients for successive fourths of first test

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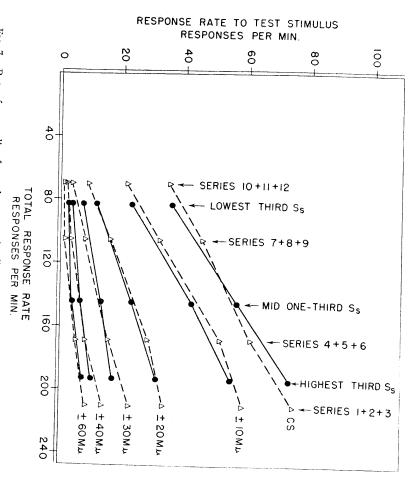


Fig. Rate of responding for various test stimuli as a function of total response strength.

scale of responses per minute. etc., and converting to a common an index4 of the total rate directional gradient by averaging the changes, each bidirectional gradient a common function. In order to obresponse rates for $\pm 10 \text{ M}\mu$, $\pm 20 \text{ M}\mu$, for the first generalization test in Fig. tain a graphical comparison of these sets of changes may be represented by vidual differences in response strength and the changes associated with indigradient during extinction (Fig. 6) (Fig. 5) strongly suggest that both and 6 was first converted to a uni-4 The index used was of re-Next,

 $[R_{+60\,\mathrm{M}\mu} + R_{-60\,\mathrm{M}\mu}]$ tinction curve on a response strength axis.

 $R_{CS} + \sum_{n=1}^{\infty}$

 $LR_{+10\,\mathrm{M}\mu} + R_{-10\,\mathrm{M}\mu}$

visualized as the contours of the surpair of lines connect the values for gradients in Fig. 5 and 6, the next lines connect the CS values for the ents. stimulus values for the various gradiin this figure connect the same test strength for that gradient. The lines responding to the total response on ordinates erected at points corfaces in Fig. 5 and 6. unidirectional gradient are plotted ± 10 M μ , etc. was determined for each gradient In Fig. 7 the values from each sponding (in responses per minute Thus, the uppermost pair of These lines may be The high de-

cept, and permits a rescaling of the total exfor the CS will lie along a line with a 0,0 interwhere R = rate of responding in responses perThis index provides that the values

> strength considered as a parameter charactertion, or whether response strength is ization as a function gree of correspondence between these izing the differences between indiindividual, as in the course of extincresponse strength varies within the lines indicates that changes in generalare the same whether the of response

near the CS, but the multiplicative tive relation appears to hold for values scription of the situation. The addisis alone provides a sufficient deresults indicate that neither hypotheparallel to each other. The present all the lines in this figure should be if the additive relation obtains, then should pass through the point 0, 0, but tion holds, then all the lines in Fig. 7 gradient. changes on the gradient, that the condiscussion of the effect of motivational multiplication by a constant. Miller mathematical operation necessary to ing a constant at every point on the response strength given the generalpredict generalization at one level of relation must be invoked for values version can be accomplished by add-The operation proposed by Hull (6) is ization function at a different level the form shown in Fig. 7 suggests the (9) has suggested, in the context of a The transformation of the data to If the multiplicative rela-

Discussion

turther removed from the CS.

exist, because during generalization testplace, the relationship may not, in number of possibilities. must be interpreted in the light of a Since some relationship is reasonable on ability function for wave length of light correspondence between the discrimindo not appear to provide evidence for a logical and intuitive grounds, our results $(\Delta \lambda \text{ vs. } \lambda)$ and the generalization process. The results of the present experiment In the fact, hrst

p(R) in one situation refers to a simple conditioned response, while in the psyresponses. ated with a complex of discriminatory chophysical experiment, p(R) is associence limen may be misleading, because generalization decrement and the differanalogy we have suggested between the judgment. In more formal terms, the

same results were obtained in the dark method of minimal changes. The $\Delta\lambda$ function obtained was not appreciably differences in our situation are attenuand in the presence of dim light. differences on the order of 5:1. regions, a maximum in the green, and showed minima in the blue and yellow different from that generally reported; it performed on four human Ss using the a crude psychophysical experiment was light. As a check on the latter possibility ated because the pigeon works in a dim may also be that the discriminability much flatter than has been reported (5), flatter in fact than that for humans. It criminability function for the pigeon is with the notion that the wave-length disthe present experiment has failed to disthat a relationship does exist and that fall far short of excluding the possibility The foregoing considerations, however, Our results are compatible

wave length. between changes in response rate can be invoked as a variable is inversely tınuum. gradients plotted on a wave-length conhigh degree of similarity among the all, it would be difficult to account for the gradient for 600 M μ . If, might account for the asymmetry of the into regions of lower visibility, and creasing the slope of gradients passing This might have the consequence of instimuli for brightness or incident energy. no attempt was made to equate the test relationship is brightness variation, since which might act to distort the expected proportional to the degree of relationship brightness were an important factor over Another factor in our experiment The extent to which brightness however,

ship between given to the possibility that the relationcrimination is much more complex than Finally, serious consideration must be generalization and

ing the S is not making a comparative

we have supposed. Before any general statement can be made concerning the independence of discriminability and stimulus generalization, the problems raised by the present experiment must be explored with other continua, species, and techniques.

and another which is curvilinear and components, one which is linear on a present results, the additive hypothesis trials increased. Margolius' interpretacally, the additive relation would become duced, either experimentally or analyticomponents implies that if the contribubeginning of a trial. This separation of extraneous stimuli accompanying the by random responding and responding to changes multiplicatively. It may be wave-length scale and changes additively, empirical gradient is comprised of two This suggests the possibility that the strengths the additive relation fails. values of the stimuli and for low response high response strengths, but for remote curve including values near the CS, and was tenable for the major area of the tion. It will be recalled that for the we have designated as the additive relation of his findings is equivalent to what eralization as the number of training absolute and relative amounts of genure, Margolius found increases in the gated changes in generalization as a funcwith changes in response strength, our the form of the generalization gradient tion of the second component was rethat the second component is contributed In terms of the rate of responding meastion of number of conditioning trials. with those of Margolius (8), who investifindings may be compared most directly With respect to the issue of changes in

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SUMMARY

An experiment was performed to test the hypothesis of a relationship between the discriminability of spectrum colors and stimulus generalization along the wave-length continuum. Four groups of six pigeons were trained to peck at a disc illuminated by monochromatic lights corresponding to 530, 550, 580, and 600 M_{μ} . Bidirectional generalization gradients were obtained from measures of response rate during extinction. These gradients were of highly com-

parable forms for the various spectral regions tested. The results open the possibility of an independence between the generalization decrement and the discriminability of stimuli.

Changes in the generalization gradient accompanying changes in response strength were investigated. A close correspondence was found between changes in the form of the gradient during extinction and changes associated with individual differences in response strength. In both cases the changes appear to be describable by means of a combined additive and multiplicative relationship.

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RESPONSES TO MATERIAL PRESENTED DURING VARIOUS LEVELS OF SLEEP

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Recently, there has been an increased interest in the possibility of learning during sleep. A critical review of the few scientific studies in this field to date lead to the conclusion that the evidence supporting claims of learning during actual sleep is inconclusive. The chief criticism against the existing studies is their failure to continuously determine the sleep state of Ss during the stimulus input period (16).

After considerable exploratory work (15), the present experiment was designed to study the effect of presenting material at different levels between wakefulness and deep sleep on the ability of Ss (a) to respond to it immediately, and (b) to recall it later upon awakening. It was hypothesized that learning during sleep was improbable.

Метног

Subjects

Twenty-one male experimental Ss were used. In order to facilitate the detection of gradual

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changes which occur in the EEG between wakefulness and light sleep, it was necessary to use only S having a persistent occipital alpha rhythm when awake and relaxed with their eyes closed. Ten Ss were junior college students, nine were scientists, and two were policemen. Results from students and policemen were combined since they were similar on critical variables. Means and SD's of descriptive variables for the experimental subgroups were determined. For the scientist group, these values were: age, 30.6 yr. ±5.0; IQ, 122.6 ± 6.0; items correct on pretest, 11.7 ± 3.4. For the college men and policemen combined, these values were: age, 23.2 yr. ± 6.3; IQ, 108.6 ± 4.7; items correct on pretest, 6.8 ± 3.0.

by chance. This control group was first given a select their answers to unknown questions solely since it seemed unlikely that educated Ss would answers being chosen on a multiple-choice test, obtain an estimate of the probability of correct for their alpha rhythm. These Ss were used to entists acted as a control group without regard pretest were removed, the pretest significantly multiple-choice alternatives. With no interknown without training and before seeing the pretest to determine the number of test questions when IQ or age was added in a multiple-regrespredicted scores on the multiple-choice test vening training and after items correct on the This prediction was not significantly improved Forty junior college males and 24 male sci-

Control and experimental subgroups were matched on means and variances of their IQ age, and pretest scores. Only the variances of the age and IQ of the college subgroups were unmatched.²

² Supporting and additional statistics along with data by S have been deposited with the